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13-19 JUNE 2026

TV&Streaming week

NEW

HARLAN COBEN'S
I WILL FIND YOU
Sam Worthington plays a fugitive father trying to locate his missing son

LIVE

WORLD CUP 2026
Scotland and England kick off their campaigns

LIVE

ISLE OF WIGHT FESTIVAL
Lewis Capaldi takes to the stage

NEW

Sugar

Colin Farrell is back as the alien private eye

HotList This week's 28

Saturday 13

Trooping the Colour

***FACTUAL** BBC1, 10.30am*

Coverage of the King's Birthday Parade in London, which will feature a fly-past by the Red Arrows and the Royal Family (above) making their traditional appearance on the balcony of Buckingham Palace.

Capital's Summertime Ball

***MUSIC** ITV1, 4.15pm*

ITV1 marks the start of summer with highlights of the music party at Wembley Stadium, with performances from acts including Take That (above), Raye and One Direction's Niall Horan.

Two Weeks in August

***DRAMA** BBC1, 9.25pm*

As the holidaymakers wake feeling worse for wear, Zoe is regretting her night of passion. Things don't improve either as, later that day, Zoe, Solomon and Jacob are involved in an horrific car accident...

World Cup

***FOOTBALL** BBC1 & ITV1*

Andy Robertson (above) leads Scotland out for their opening game as they take on Group C rivals Haiti (BBC1, k-o 2am), who are currently 40 places below them in the world rankings. *See feature, page 6*

■ Full listings start on **p35**

Sunday 14

My Adventures with Superman

***ANIMATION** HBO Max*

As the third run of the hit animation kicks off, we find Superman (Jack Quaid) taking on the evil Cyborg Superman (above). *See Your Watchlist, page 16*

F1: Barcelona-Catalunya Grand Prix

***MOTORSPORT** Sky Sports Main Event & Sky Sports F1, race starts 2pm*

Round seven from Barcelona, where last year McClaren's Oscar Piastri (above) crossed the line ahead of Lando Norris.

Free Nelson Mandela

***DOCUMENTARY** C4, 9pm*

Four-part docuseries telling the story of the most famous political prisoner in modern history (above), who, following his 27 years in captivity, became the first Black president of South Africa.

Little Disasters

***DRAMA** 5, 9pm*

Jo Joyner and Diane Kruger star in a drama about a group of friends whose relationships implode when one is accused of injuring her baby. Continues to Tuesday.

• *Previously shown on Paramount+*

■ Full listings start on **p45**

Monday 15

Green Eyed Killers

***DOCUMENTARY** Crime + Investigation, 2pm*

The fifth season of the series that examines murders committed as a result of jealousy includes the case of Jillian Angner (above), who was killed on the school run in front of her young son. Continues to Friday.

Invasion of the Parakeets

***DOCUMENTARY** C4, 8pm*

Chris Packham (above) examines the population growth of ringneck parakeets in the wilds and parks of the UK, learning whether the exotic birds are putting native species in danger. *See Documentaries, p20*

OnlyFans: Inside the Machine

***DOCUMENTARY** BBC3, 9pm*

Reporter Amber Haque investigates allegations of exploitation, coercion and the potential for modern slavery levelled at the controversial platform OnlyFans.

Dolly: The World's Most Famous Sheep

***DOCUMENTARY** C4, 10pm*

In 1996, scientists made a breakthrough when they cloned a sheep. Here, we learn about the event that ignited major ethical debates. *See Documentaries, page 21*

■ Full listings start on **p55**

Tuesday 16

Royal Ascot

***HORSE RACING** ITV1 & ITV4, from 1.30pm*

The opening day of the five-day festival sees the Royal Procession arriving at 2pm, followed by races including the Queen Anne Stakes. The Gold Cup is on Thu at 4.15pm. Continues all week.

Women's T20 World Cup

***CRICKET** Sky Sports Main Event, Sky Mix & Sky Sports Cricket, play starts 6.30pm*

Hosts England come up against Ireland at the Utilita Bowl in Southampton, for both team's second group match of the tournament.

The Light in the Hall

***DRAMA** C4, 9pm (box set, Channel 4 Streaming)*

Series 2 of the drama stars Sian Reese-Williams as a journalist looking into a decades-old case. Continues tomorrow. *See feature, page 12*

• *Previously shown on BBC iPlayer*

Rosa Elettrica

***THRILLER** Sky Atlantic, 9pm & 10.05pm (box set, Sky Box Sets & NOW)*

Italian thriller following an undercover agent who is assigned to protect a young man looking to escape his life of crime, which puts both their lives in danger. *See feature, p12*

■ Full listings start on **p65**

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Wednesday 17

Your Fault: London

***DRAMA** Prime Video*

The sequel to *My Fault: London* sees Noah (Asha Banks) studying in Oxford while Nick (Matthew Broome) focuses on his career – but their separation leads to trust issues. *See Your Watchlist, page 17*

England v New Zealand: 2nd Test

***CRICKET** Sky Sports Main Event & Sky Sports Cricket, play starts 11am*

The second Test at The Oval. It's the first time the Black Caps have played a Test match at the venue since 1999. Continues all week.

Inside the Tower of London

***DOCUMENTARY** 5, 8pm*

Historian Tracy Borman (above) heads from London to Portsmouth this week to investigate the remains of the wreck of the *Mary Rose*, the flagship of Tudor monarch Henry VIII.

World Cup

***FOOTBALL** BBC1 & ITV1*

England open their tournament against Croatia (ITV1, k-o 9pm). Also tonight: Portugal v DR Congo (BBC1, 6pm); Ghana v Panama (ITV1, 12m't); Uzbekistan v Colombia (BBC1, 3am). *See feature, p6*

■ Full listings start on **p75**

Thursday 18

Harlan Coben's I Will Find You

***THRILLER** Netflix*

A man (Sam Worthington, above) wrongfully jailed for the murder of his son breaks out when he learns that his boy may still be alive. *See Your Watchlist, p14*

US Open Championship

***GOLF** Sky Sports Main Event & Sky Sports Golf, coverage starts 12.30pm*

The 126th US Open tees off at Shinnecock Hills, where Scottie Scheffler (above) will be chasing the one Major title that eludes him. Continues tomorrow. *See Sport Week, p28*

Queen James

***DOCUMENTARY** BBC2, 9pm*

Historian Gareth Russell (above) looks at the reign of James I, the first monarch to rule over England, Ireland and Scotland, whose time on the throne from 1603 to 1625 encompassed significant events.

The Accused: Beyond Reasonable Doubt?

***DOCUMENTARY** C4, 10pm (box set, Channel 4 Streaming)*

This four-part series follows individuals fighting convictions they believe to be a miscarriage of justice.

■ Full listings start on **p85**

Friday 19

Sugar

***SCI-FI** Apple TV*

Colin Farrell returns as private detective John Sugar, who has taken on a new case involving the missing brother of a local boxer – which soon unravels into a city-wide conspiracy. *See feature, page 4*

Isle of Wight Festival

***MUSIC** Sky Arts, Sky One & Sky Mix, coverage from 7pm*

Coverage of the festival at Seaclose Park, where today's acts include Wet Leg, Two Door Cinema Club, Ash and headliner Lewis Capaldi (above). *See feature, p8*

Funboys

***COMEDY** BBC3, 9pm, 9.25pm, 9.50pm & 10.15pm (box set, BBC iPlayer)*

The lads from Ballymacnoose are back for a second series of the Northern Irish comedy, with Steve Coogan joining the cast in a guest role. *See feature, page 11*

World Cup

***FOOTBALL** BBC1 & ITV1*

Scotland take on Morocco in their second group game (ITV1, k-o 11pm). Also today: USA v Australia (BBC1, k-o 8pm), Brazil v Haiti (ITV1, k-o 1.30am) and Turkey v Paraguay (ITV1, k-o 4am). *See feature, p6*

■ Full listings start on **p95**

Welcome to this week's issue of *TV&Streaming Week*. The World Cup is now in full swing, with Scotland playing their first game against Haiti very late on Saturday night (BBC1, k-o 2am), while England start their bid for the trophy on Wednesday against Croatia (ITV1, k-o 9pm).

Colin Farrell is our cover star for Season 2 of *Sugar* (from Friday 19 June, Apple TV). After the shock revelation in the first series, the LA private eye is back chasing bad guys. And if there is too much sport for you, turn to page 15 to discover what the *TVSW* team is currently enjoying, including Netflix's candid docuseries *Kylie*.

Enjoy your TV week.

Claire Ruck, Editor-in-Chief

4 Cover story
Colin Farrell returns as the movie-obsessed private detective in Season 2 of Apple TV's crime noir *Sugar*

6 TV Week
There's coverage of the Isle of Wight Festival on Sky, Steve Coogan guest-stars in Northern Irish comedy *Funboys*, and England and Scotland begin their World Cup campaigns

9 Soap diary
This week's top stories

14 Your Watchlist
Including Sam Worthington in *Harlan Coben's I Will Find You*

20 Documentaries
Invasion of the Parakeets and *Dolly: The World's Most Famous Sheep*

22 Films
Ethan Hawke is back in *Black Phone 2*

28 Sport
US Open golf

35 TV guide
Day-by-day TV listings

105 Next week, Puzzle

106 Coming Soon

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Colin Farrell as Sugar

UNDERCOVER ALIEN

Colin Farrell is back as sharp-dressed LA private eye John Sugar, who hails from another planet

Season 1 revealed Sugar's true form

NEW SCI-FI

Sugar

From Friday 19 June, Apple TV (released weekly)

Colin Farrell is without doubt one of Hollywood's most versatile actors. Last seen completely unrecognisable under heavy prosthetics as the brutal, power-hungry mobster Oz Cobb in *The Penguin*, the Irish actor returns this week in his sharp, tailored suits – and behind the wheel of his vintage blue Corvette – as morally grounded private investigator John Sugar for Season 2 of Apple TV's neo-noir sci-fi thriller *Sugar*.

'I just love playing this character,' Farrell enthuses about the movie-obsessed private eye he portrays in the eight-part season. 'We have a lot of new players in Season 2 and the story opens up to a different direction, but Sugar's still the same guy figuring out who he is in relation to the world around him. As we learnt in Season 1, he doesn't hail from these shores…'

Indeed, after Sugar was dramatically revealed to be an alien, and part of a covert community of extraterrestrials living on Earth, we saw his handler Ruby (Kirby Howell-Baptiste) and the surviving members of the Cosmopolitan Polyglot Society returning to their home planet due to their fear of being exposed.

Sugar, though, has decided to stay in Los Angeles, and he's now a lone-wolf investigator on a personal mission: to continue searching for his beloved missing sister, Djen (Maeve Whalen), who he discovered was kidnapped by his alien friend turned traitor Henry Thorpe (Jason Butler Harner), who also remained behind on Earth.

MYSTERY TO SOLVE

While tracking down Henry and saving his sister remains Sugar's top priority, he soon takes on a new missing-persons case – the hunt for Ji Moon (Raymond Lee), the older brother of up-and-coming local boxer Danny (Jin Ha). As the investigation expands into a sinister, city-wide conspiracy involving corrupt law enforcement and gang violence, how much will our isolated alien sacrifice for humanity?

'Sugar is a being from a distant land who comes to experience what it is to be human – all the rage, all the anger, all the stuff that we see that is horrifying – and he gets involved in violence,' explains Farrell. 'That's one of the things he questions about himself. The questioning is pretty heavy this season but, evermore, Sugar believes in the fundamental decency of human beings. Even if he questions his own goodness from time to time, that belief is always front and centre.'

This second season sees Sugar surrounded by a fresh batch of humans, including Farrell's long-term friend Shea Whigham (*Boardwalk Empire*) as a government-agency employee, who assists Sugar with his inquiries; Sasha Calle (*The Flash*) as street-smart hustler Val, who helps Sugar navigate LA's criminal underworld; Tony Dalton (*Better Call Saul*) as Ray Vega, a lieutenant in the Los Angeles County Sheriff's Department; and Laura Donnelly (*Outlander*) as the enigmatic Charlotte Fischer, a woman described as being 'immune to Sugar's charms'.

> 'We had all these different actors coming in and I learnt so much'
> COLIN FARRELL

'We have a bunch of extraordinary actors,' enthuses Farrell, whose credits include movies *The Banshees of Inisherin*, *In Bruges* and *The Lobster*. 'I was spoilt. We had all these different actors coming in and I learnt so much because of what the others brought to the set every day. It was a constant journey of exploration. It was a blast.'

Farrell says he particularly enjoyed filming on the streets of Los Angeles, a city that is now home to the Dublin-born star.

'It took me a while to fall in love with LA, but over the last 23 years of living here, I have grown to love it more and more,' he says. 'Most shows and films that are set in LA are actually filmed elsewhere. So to shoot on the streets of LA and have it as a character in the show was something that drew me back.'

FIGHTING FIT

The actor's next project will be playing an all-action priest in comic-book thriller *Ordained*, penned by *John Wick* writer Derek Kolstad and produced by the Russo brothers, who've helmed a host of Avengers movies.

And Farrell reckons he still has what it takes to be a big-screen action hero – despite turning 50 last month.

'My spirit doesn't feel what a 50-year-old should feel like – but my hips don't lie!' he smiles.

Farrell and co-star Shea Whigham

Sugar and the mysterious Charlotte

Can Sugar help Danny find his brother?

WORDS: VICTORIA WILSON. PHOTOS: APPLE TV

World at

As England and Scotland begin their World Cup campaigns, football legend **Sir Geoff Hurst** and BBC presenter **Kelly Cates** set the scene for the nations' opening matches...

LIVE FOOTBALL

England v Croatia

Wednesday, kick-off 9pm, ITV1

It's been 60 years since Sir Geoff Hurst smashed home the winning goal as England won the World Cup against West Germany at Wembley. But does Thomas Tuchel's Class of 26 have what it takes to emulate Alf Ramsey's legendary triumph?

'I get asked if England can win it all the time,' former West Ham striker Hurst tells *TV&Streaming Week*. 'I feel positive and I think we can do well. Realistically I'd be very disappointed if England don't get to the semi-finals at the very least.'

After coming so close to a major trophy under Sir Gareth Southgate, the Three Lions begin their 17th World Cup campaign – and eighth in succession – with a tough test against Group L opponents Croatia in Dallas on Wednesday evening.

The sides' last World Cup meeting came in the semi-final of the 2018 tournament, where goals from Ivan Perišić and Mario Mandžukić fired the Croats to victory.

Now, England will be looking for revenge, and with a squad featuring top stars Harry Kane, Jude Bellingham and Bukayo Saka, most Three Lions fans will be expecting the team to go deep into the tournament.

'Declan Rice and Jude Bellingham are fantastic players and will form a powerful midfield, but I'd like to see them both score more goals,' says Hurst. 'It's important we get some goals from the middle of the park, as we did in 1966. You can't just rely on your front players.'

England can take confidence from qualifying for the tournament without losing a match or conceding a goal. Croatia were also unbeaten as veteran 40-year-old midfielder Luka Modric – now of Italian club AC Milan – guided them to North America for a seventh appearance in a World Cup, having also reached the semi-finals four years ago in Qatar, losing to eventual winners Argentina.

Geoff Hurst (inset) scored three goals in the 1966 final

HEATING UP

This year, the event has been expanded to 48 teams for the first time, and with the inclusion of an extra knockout round, squad depth will be of vital importance – especially with heat and humidity expected to play a big factor.

'Ahead of the World Cup in Mexico in 1970, we played in hot climates against some tough teams before the competition,' says Hurst.

WORDS: NATASHA HOLT, SEAN MARLAND. PHOTOS: ALAMY, BBC, GETTY, ADOBE STOCK

their feet

EXCLUSIVE!

Scott McTominay (centre) celebrates qualification

England's Bukayo Saka, Jude Bellingham and Harry Kane

Croatia's Luka Modric

'This time, we have a strong bench, so if players are suffering from heat exhaustion, we've got some good subs to come on.'

Now aged 84, Hurst believes that back-up strikers like Ollie Watkins and Ivan Toney could get the chance to make an impact on the world stage, and squad rotation will be necessary as the players come off the back of a gruelling Premier League season.

'In 1966, our strikers were Jimmy Greaves, Roger Hunt and myself,' he recalls. 'I was the new kid on the block and didn't think I'd get a look in, but fortuitously for me, Jimmy Greaves got injured.'

LIVE FOOTBALL

Scotland v Haiti

Saturday, kick-off 2am (Sunday morning), BBC1

Scotland v Morocco

Friday, kick-off 11pm, ITV1

Kelly Cates

An entire nation will be staying up to the early hours of Sunday morning when Scotland play their first World Cup match for 28 years.

The historic occasion in Boston will see coach Steve Clarke's side aim to get off to a winning start against Haiti in a group that also features Morocco – who the Scots face on Friday, again in Boston.

With five-time winners Brazil the other team in Group C, it will be vital for Scotland to begin with a win over a Haiti side – featuring star striker Duckens Nazon – who are appearing in only their second World Cup after the troubled Caribbean nation qualified for the tournament despite being unable to host home matches.

Friday's match should be a much sterner test against African champions Morocco, whose best-known player, right back Achraf Hakimi, has just won back-to-back Champions League titles with Paris Saint-Germain.

Morocco's Achraf Hakimi

Since naming his 26-man squad, Clarke has drafted in Manchester United's teenage midfielder Tyler Fletcher after Billy Gilmour was forced to withdraw following a knee injury in the warm-up win over Curaçao.

We caught up with BBC presenter Kelly Cates, 50, daughter of Scotland legend Sir Kenny Dalglish, to get her views…

How do you expect Scotland to fare in this week's matches? All the group fixtures are huge games in different ways. There's a lot of expectation of victory against Haiti, but managing those expectations can be tricky. The match against Morocco will be really difficult – and next week's match against Brazil will be extremely difficult!

Can the team make the knockout stage? Scotland have never got out of the group stage before, but there is a lot of talent. There are also a lot of experienced players – that experience is one of the most important things they have going for them.

Kenny Dalglish (right) with fellow player Joe Jordan in 1978

Will they be affected by the extreme heat? The match against Brazil kicks off in Miami at 6pm local time and that kind of heat and the humidity might not suit the Scottish temperament. But the two sets of fans get on really well, and whatever happens in that game, it's going to be incredible.

Which players could provide the inspiration? Captain Andy Robertson will be hugely influential, not just on the pitch but in terms of what he brings to the dressing room. Fellow defender Grant Hanley is the squad's oldest outfield player at 34, so his experience will be vital.

What are your earliest World Cup memories? My dad played in three World Cups, in 1974, 1978 and 1982. We used to have memorabilia around the house but not anything glamorous! We used to have an old towel that had 'Argentina 78' on it – all these random things. Spain 82 is his only World Cup I remember watching. It was the tournament where Scotland went 1-0 up against Brazil but ended up losing – which is fair enough when it's Brazil!

TURN TO PAGE 33 FOR OUR PICK OF THE WEEK'S OTHER BEST MATCHES AT WORLD CUP 2026

Island vibes

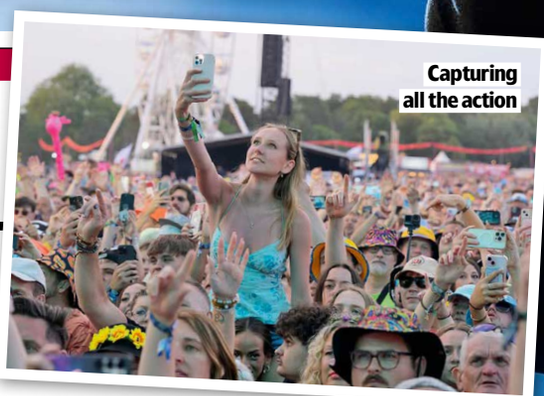
Forget the tents... Settle on the sofa for wall-to-wall coverage of the **Isle of Wight music festival**

Power-ballad king Lewis Capaldi

LIVE MUSIC

Isle of Wight Festival

Friday, from 7pm, Sky Arts, Sky One & Sky Mix



Capturing all the action

There's no Glastonbury this year, but don't despair – festival season kicks off this week as thousands of music lovers catch the ferry to the Isle of Wight Festival in Seaclose Park, Newport.

As usual, Sky Arts will be bringing us all the big performances from the sold-out event (19-21 June), with presenters Edith Bowman and Shaun Keaveny introducing the best of the festival from this Friday.

Here are six acts we're looking forward to hearing…

LEWIS CAPALDI

Having scored a whopping six No 1 singles and two No 1 albums, Scottish singer-songwriter Lewis Capaldi is bringing his own particular brand of power ballad to the Main Stage, where he's headlining on Friday night (11pm). After a two-year hiatus due to mental-health issues, the 29-year-old Glaswegian played a storming set at last year's Glastonbury Festival and will no doubt thrill the Isle of Wight crowd with hits such as *Someone You Loved*, *Before You Go*, *Bruises* and *Survive*.

Indie rocker Rhian Teasdale

WET LEG

Hailing from the Isle of Wight, local heroes Wet Leg burst on to the music scene in 2021 with their debut single *Chaise Longue*. Led by singer Rhian Teasdale and guitarist Hester Chambers, the indie rock band has gone on to scoop Grammy Awards and BRIT Awards and made a name with songs such as *Wet Dream*, *Angelica* and *Ur Mum*. Wet Leg will play on the Main Stage on Friday night (9pm).

DJ superstar Calvin Harris

Let's get the party started

CALVIN HARRIS

DJ and record producer Calvin Harris is the mastermind behind some of the biggest songs on the planet, including *We Found Love* with Rihanna, *Miracle* with Ellie Goulding and *One Kiss* with Dua Lipa. The Scot has had 11 No 1 singles and is a regular on the festival circuit. He first played in the Isle of Wight Festival's Big Top stage in 2009, and now he's back for yet another appearance, headlining the Main Stage with his DJ set on Saturday 20 June.

WORDS: NATASHA HOLT, GRACE MORRIS. PHOTOS: BBC, GETTY, ITV

SEX PISTOLS

Unfiltered and unashamedly chaotic, the punk-rock band changed the face of music – and scandalised the nation – in the 1970s. Back then, the band was fronted by Johnny Rotten (John Lydon) and included Sid Vicious (John Simon Ritchie), who died in 1979, but it now consists of original members Steve Jones, Paul Cook and Glen Matlock plus new frontman Frank Carter. The Sex Pistols will bring anarchy to the Big Top on Saturday 20 June.

The Sex Pistols with Frank Carter (centre)

SUZANNE VEGA

If you're looking for a more chilled vibe, check out the Main Stage afternoon set on Sunday 21 June from US singer-songwriter Suzanne Vega, whose 1980s hits included *Luka* and *Tom's Diner*. The New Yorker is currently in the middle of a UK tour on the back of her latest album, *Flying with Angels*, more than 40 years after she found success with debut single *Marlene on the Wall*.

Folk-pop legend Suzanne Vega

THE CURE

Known for melancholy anthems including *Boys Don't Cry*, *Just Like Heaven* and *Friday I'm in Love*, atmospheric goth-rock band The Cure are now into their fifth decade and will headline the Main Stage on Sunday 21 June. The band have found a new generation of fans, with frontman Robert Smith duetting with Olivia Rodrigo at Glastonbury last year and the group releasing a remix album featuring collaborations with artists including Four Tet, Orbital and Paul Oakenfold.

Robert Smith (left)

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Carl's gunning for trouble

CORONATION STREET

Carl and Kevin have a gun showdown

» **Carl's near-death** experience of being crushed by a car at Websters' has made the mechanic rethink his bad-boy ways.

However, after Kevin refuses to give Carl a reference for his potential new employers at another garage, he's soon drawn back to the dark side when Fiona offers him more dodgy work.

As Kevin watches a video of Ruby on Tyrone's phone, he inadvertently sees the footage of Carl tampering with the brakes on his car and confronts his nephew over trying to kill him. Tyrone and Ronnie rush over, and the truth comes out that they knew all about it. When Kev arms himself with a wrench, Carl retaliates by pulling out a gun from the package he picked up from Fiona.

Carl is confronted by Kevin

Kevin is convinced the weapon is fake, so he picks it up and aims it at Carl. As a horrified Ronnie tries to wrestle it from him, the gun goes off. But has the bullet struck someone?

» **PLUS** Nick is horrified to realise the extent of Sam's suffering, Maria confides in Izzy that she suspects Gary and Sarah are having an affair, and Brody is rescued from a gang by some unexpected residents.

ALSO IN THE SOAPS THIS WEEK...

EMMERDALE

» Charity lies to Manpreet that her breakdown is postnatal depression (above), Cain is devastated to hear that his cancer has spread, Caleb sets up an illegal side hustle, and Lewis rushes to catch Vinny at the airport when a van screeches to a halt.

EASTENDERS

» Libby returns to support mum Denise through her cancer battle (below), Chelsea calls Gray's nan Sheila for help as she becomes overwhelmed caring for Jordan, and Ian asks Kathy for money to hire a top solicitor.

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Preston, PR2 6NY
Sheffield, S6 2HH
Stockton-on-Tees, TS18 2LR
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York, YO30 4AB

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Southampton, SO16 9GJ

SOUTH WEST
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Fun on the farm

Steve Coogan joins the gang from Ballymacnoose as the Northern Irish comedy returns

NEW COMEDY

Funboys

Friday, 9pm, 9.25pm, 9.50pm & 10.15pm, BBC3 (box set, BBC iPlayer)

As *TV&Streaming Week* joins the stars and creators of *Funboys*, Rian Lennon and Ryan Dylan, to discuss the second series of their quirky Northern Irish comedy, the opening question naturally focuses on how Steve Coogan came to feature in the first episode of their new four-parter.

'We got sent a clip of him watching *Funboys* by Jamie Demetriou [a guest star in the previous series], who knows him,' recalls Lennon. 'We thought that there was a tiny chance he would do it, and wrote the episode with him in mind, but when it happened it was surreal.'

The episode in question sees soft-hearted Lorcan (Lee R James) and naive Jordan (Lennon) delighted that their hapless pal Callum (Dylan) has managed to land himself a job role-playing a peasant at the Ulster Folk Museum in County Down.

THESPIAN TENSION

However, a frustrated actor called Phillip (Coogan) is also working at the museum, portraying a cruel landowner during the potato famine. And he soon pushes Callum to breaking point when his method acting becomes increasingly unhinged and violent.

'I was terrified, but when Steve and I got into the physical altercations as our characters, it completely broke the ice,' laughs Dylan. 'Steve definitely lived up to all our expectations. He takes it very seriously, but is very light-hearted and funny.'

> 'Steve takes it very seriously, but is very light-hearted and funny'
> RYAN DYLAN

Other hair-raising adventures in the fictional small town of Ballymacnoose include chronically luckless Callum getting a perm and dating disturbed Gwen (Saorlaoith Brady), loved-up farmer Lorcan embarking on a journey of sexual discovery with his girlfriend – and honorary 'funboy' – Gemma (Ele McKenzie), and Jordan acquiring a 50-year-old girlfriend called Grainne (Nicky Harley).

'Previously, Jordan acted like a brattish 12-year-old. This time he's more like a 14-year-old who discovers empathy, gets his first girlfriend and comes close to losing his virginity. If we get another season, who knows?' grins Lennon.

Steve Coogan as Phillip (right)

STAR POWER

But after Coogan's appearance on the show, who is on the wish list for future series?

'We'd love to get Rihanna and Harry Styles if we go to a third series,' smiles Dylan.

'And Cillian Murphy, but only in a scene where he walks past the characters and then is gone,' quips Lennon. 'We'd put it in the trailer to make it seem like he has a big role.'

WORDS: ELAINE REILLY PHOTOS: BBC

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Liz Carr

Death Valley

Sunday, 9.15pm, BBC1

Born in Merseyside in 1972, Liz Carr played forensic examiner Clarissa Mullery (inset) in BBC1 crime drama *Silent Witness* from 2013 until 2020. She has also starred as archangel Saraqael in the Prime Video fantasy series *Good Omens*, played Judge Gamble in Marvel's *Loki* on Disney+, and guested in Netflix's *The Witcher*. In 2024, she presented the BBC1 documentary *Better Off Dead?*, in which she advocated against assisted suicide.

HER NEW ROLE

Carr joins Timothy Spall and Gwyneth Keyworth's crime-solvers John and Janie in this week's episode of *Death Valley*. She plays Fiona Challoner, head of the police's professional standards, who is attending a rehabilitation course that Janie is running for rule-breaking officers. But after DCI Barry Clarke (Steffan Rhodri) finds the dead body of his beloved mentor in the toilets, Janie puts the entire station in lockdown so she and John can try to catch his killer.

Carr as Fiona Challoner

Maria Chiara Giannetta as Rosa and Francesco Di Napoli as Cociss

Running scared

A cop and her informant are **hunted by the Mafia**

Working together to survive

Sian Reese-Williams and Mark Lewis Jones

NEW DRAMA

The Light in the Hall: Still Waters

Tuesday & Wednesday, 9pm, C4 (box set, Channel 4 Streaming)

Innocent man?

Can a **troubled former prisoner** clear his name?

First seen on BBC iPlayer last year in its Welsh-language version, the second season of crime thriller *The Light in the Hall* comes to C4 this week for another intriguing murder mystery featuring a brand-new cast.

The sequel stars Mark Lewis Jones as Rhys Owen, who was jailed 30 years ago for the murder of his cousin, Llyr. Now back in his home town of Llanemlyn, Rhys' case comes to the attention of student journalist Caryl Huws (Sian Reese-Williams), who has doubts about his conviction.

WORDS: HANNAH DAVIES, NATASHA HOLT, TESS LAMACRAFT, RICHARD MCCLURE. PHOTOS: BBC, C4, GETTY, SKY

NEW THRILLER

Rosa Elettrica

Tue, 9pm & 10.05pm, Sky Atlantic (box set, Sky Box Sets & NOW)

A novice undercover cop finds herself in peril when she's tasked with protecting a young Mafia boss in Sky Atlantic's six-part Italian-language crime thriller.

Maria Chiara Giannetta takes the lead role as agent Rosa Valera, who has recently been transferred to work in the witness-protection unit. However, she immediately feels out of her depth when her first assignment sees her protecting Cocìss (Francesco Di Napoli), a police informant who had previously headed up a branch of the Mafia's Camorra clan and is now seeking a way out.

HIDING OUT

The action begins with Rosa and Cocìss laying low in a monastery, where they must both assume new identities.

'Rosa is determined to protect Cocìss at all costs,' explains Giannetta. 'However, she's a woman with her own fragilities. She is pretending to be confident, but behind the mask there's actually enormous insecurity.'

At the monastery, things take a dangerous turn when Rosa becomes suspicious that something is amiss. Fearing her own life is in terrible danger, she breaks the chain of command from her police superiors and goes on the run with Cocìss across Italy.

DANGEROUS TIMES

'Cocìss has lived his whole life surrounded by crime and corruption, but he has hopes of building a different life from the one he came from,' says Di Napoli. 'He's suspicious of everyone and constantly on guard. When he goes on the run with Rosa, his bravado gives way to fear and vulnerability.'

Elena Lietti plays Antonella Reja, head of the witness-protection unit where Rosa works, while Antonia Truppo plays powerful and fearsome crime boss Nunzia Serafino, nicknamed 'Mamma Camorra', who runs the gang to which Cocìss belongs.

'Rosa is an accidental heroine,' adds Giannetta. 'Her journey with Cocìss triggers an inner journey that will force her to confront her own fragility and a part of herself that's been left hanging. This story is about two people who meet in extreme circumstances and must find common ground. Only by listening to each other can they save themselves.'

Elena Lietti as Antonella

With Rhys still protesting his innocence, Caryl is convinced the potential miscarriage of justice is connected to the controversial 1995 expansion of a local reservoir – and the secrets it buried.

'Rhys is incredibly lonely. He spent a long time in prison and doesn't have anyone in his life,' says Lewis Jones. 'When he comes back, he has no intention of raking up the past, but then he meets Caryl and they form an alliance.'

Robert Glenister

MURKY WATERS

'His reappearance in the town is awful for many people because there's this secret the community had hoped would stay hidden. But with Rhys' return, it slowly gets revealed, like peeling an onion.'

With the simmering tensions in Llanemlyn reignited following news of another controversial reservoir expansion plan, the drama also stars Robert Glenister as the boss of the local water company. And it doesn't take long for a complex web of family betrayal to unravel with dangerous consequences.

'The idea of opening up the community of Llanemlyn for a whole new story is brilliant,' says Lewis Jones. 'It's an ordinary town with ordinary people going about their everyday lives and yet there's something much darker going on beneath the surface. Every character has something they're not disclosing.'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW

Capital's Summertime Ball

Saturday, 4.15pm, ITV1

Some of the world's biggest music stars take to the stage for this year's big summer concert at Wembley Stadium, with ITV1 broadcasting the most memorable highlights. A sparkling line-up includes Raye (left), Niall Horan, Fatboy Slim, Robyn, Lola Young, Sienna Spiro and Jason Derulo – plus some rumoured special guests. Your hosts for the evening are Jordan North, Siân Welby and Chris Stark.

NEW

Outrageous

Sunday, 10.30pm, BBC1 (box set, BBC iPlayer)

This six-part drama follows the lives of the aristocratic Mitford sisters, who caused a stir in 1930s high society. While novelist Nancy (Bessie Carter) navigates love and heartache, Unity (Shannon Watson) becomes part of Adolf Hitler's inner circle and Diana (Joanna Vanderham) is drawn to British fascist leader Oswald Mosley.

● ***Previously shown on U&Drama***

Later... with Jools Holland

Sunday, 10pm, BBC2

There's a North American flavour to this week's edition as Jools Holland is joined by former Beastie Boy Mike D (right), who performs two new songs and chats about his career. Also appearing are Grammy-winning neo-soul singer Baby Rose, singer-songwriter Beverly Glenn-Copeland and indie folk star Will Oldham, better known as Bonnie Prince Billy.

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PLUS US-drama guide – discover which American series are on which day, channel and season!

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YOUR WATCHLIST

NETFLIX

prime

BBC iPLAYER

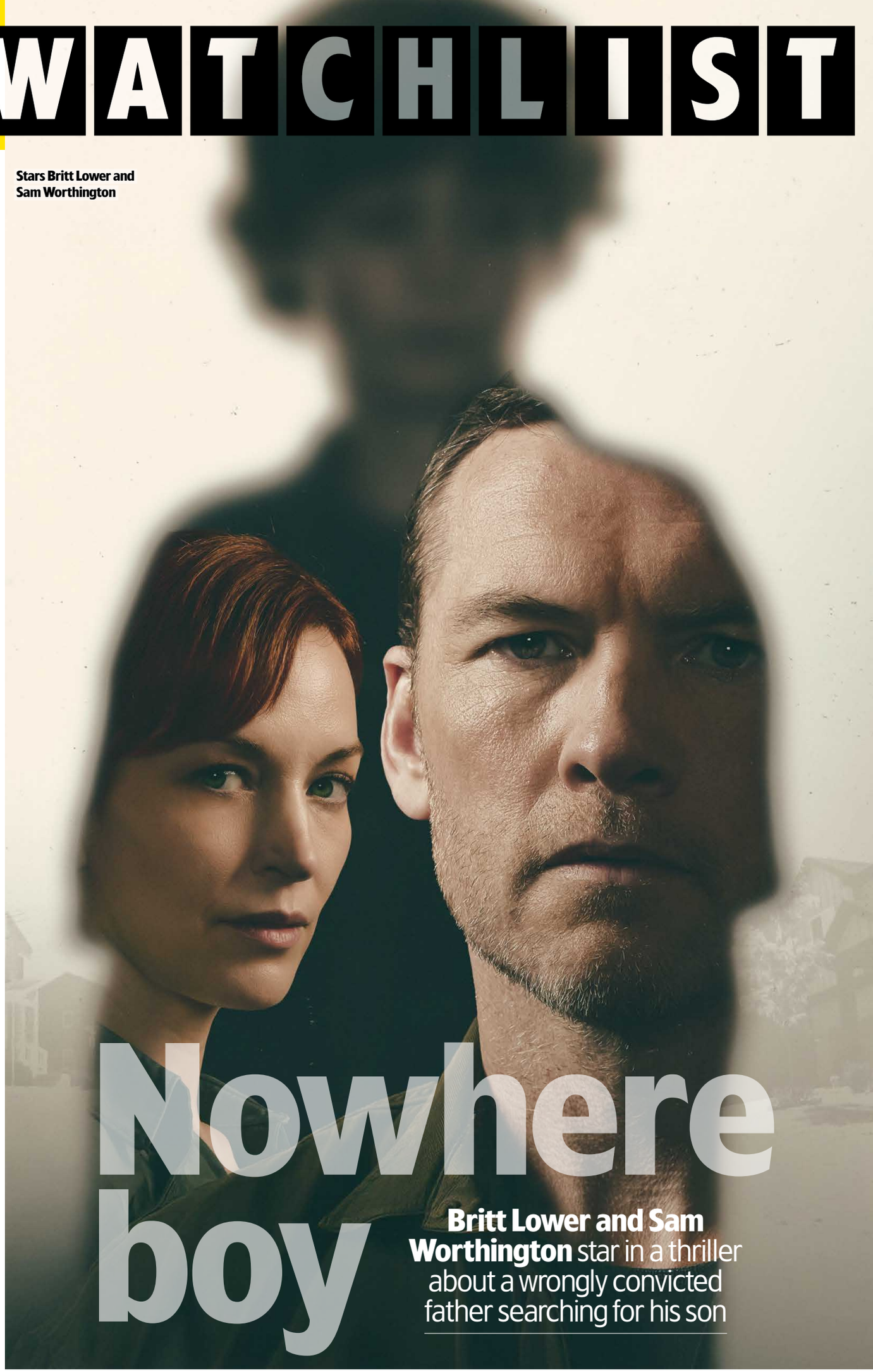
Disney+

4

Paramount+

HBO max

tv



Stars Britt Lower and Sam Worthington

Nowhere boy

Britt Lower and Sam Worthington star in a thriller about a wrongly convicted father searching for his son

The best of **Netflix, Prime Video, Disney+** and more...

NETFLIX Harlan Coben's I Will Find You

NEW *Available: Thursday 18 June*
Genre: Thriller Season: 1 Episodes: 8

Master of suspense Harlan Coben is back with a new thriller about a wrongfully imprisoned man on a mission to clear his name and reunite with his family.

David Burroughs (*Avatar* favourite Sam Worthington) is serving a life sentence for the murder of his young son Matthew. In the aftermath of his conviction, his ex-wife Cheryl (*Mudtown*'s Erin Richards) and the rest of his family ceased all contact, but David has always maintained his innocence.

One day, however, his journalist sister-in-law Rachel (*Severance* star Britt Lower) visits him in prison, claiming to have evidence that Matthew is still alive.

'Rachel has a strong gut instinct when she sees a photograph of a little boy who might be her nephew,' explains Lower, 40. 'She has never believed that David was guilty of the crime he's imprisoned for, and her curiosity about what actually happened is what sends her on this path.'

FRAMED FOR MURDER

The pair become increasingly convinced that David is the victim of a powerful conspiracy, framing him for a murder that never happened. As Rachel teams up with her ex-partner Hayden (*This Is Us* star Milo Ventimiglia) to investigate, David attempts an audacious prison break to search for his son – although things do not go to plan.

'It was the twists and turns of the story that appealed to me most,' says Worthington, 49. 'David's journey is one of healing and hope. He and Rachel end up joining forces to solve the crime; they rely on each other.'

Although many of Coben's novels have already been successfully adapted for TV, the process behind this one was a little different.

'I came to [showrunner] Robert Hull with this idea, and we brought it to Netflix as a possible TV show while I was writing the novel, which I've never done before,' explains Coben, 64.

Lower believes the series is set to delight viewers who have enjoyed the other recent hit Netflix adaptations of Coben's books such as *Fool Me Once* and *Run Away*.

'His novels are so beloved – whenever you tell someone you're working on a show based on one of his books, people just light up,' she says. 'His work taps into the very primal need to uncover the truth, and protect our loved ones at all costs.'

● Harlan Coben presents a series of true-crime investigations this week in five-part series ***Harlan Coben's Final Twist*** (from Tuesday 16 June, ITVX). It begins with the case of a Tennessee couple murdered in their home in 2012. Did their conflict with a neighbouring family lead to their demise?

What we're watching...

The shows being enjoyed by the *TVSW* team

NETFLIX The Boroughs

Genre: Sci-fi Season: 1 Episodes: 8

Things do more than go bump in the night at a seemingly idyllic retirement community in a compelling supernatural drama from the makers of *Stranger Things*. Former engineer Sam Cooper (Alfred Molina) reluctantly moves into the community in Albuquerque, New Mexico, following the death of his wife. After meeting some of the other quirky retirees (played by a standout ensemble cast), Sam starts to fit in. Then, one night, a terrible event convinces him that there's an other-worldly threat in the cul-de-sac.

NETFLIX Kylie

Genre: Documentary
Season: 1 Episodes: 3

In an intimate docuseries, the pop princess (right) reflects on her life and career including her relationship with INXS' Michael Hutchence, the media intrusion following her cancer diagnosis, and wowing Glastonbury.

NETFLIX Ladies First

Genre: Comedy
Episodes: One-off

Comedy starring Sacha Baron Cohen (right) as a misogynistic ad executive who accidentally knocks himself out and wakes up in a world where women are in charge and men are undervalued and objectified.

Now in production...

Three upcoming shows to look out for soon

tv Protective Custody

Ben Stiller (above) is in line to star in Apple TV's comedy, co-created and directed by Mike Judge, which centres on a financier accused of fraud. As he waits to go on trial, he is placed in protective custody in jail, where he must deal with a range of inmates.

NETFLIX Steps

In Netflix's animated reimagining of the Cinderella story, Bette Midler (above) will provide the voice of Fairy Godmother, whose magic wand is stolen by Lilith (Ali Wong), the stepsister of Cinderella (Amanda Seyfried), which leads a cruel new ruler to take over the kingdom.

prime Sex Criminals

Prime Video's eight-part adaptation of the racy comic book will see Imogen Poots (above) and John Reynolds star as Suze and Jon, who have the secret power to stop time when they sleep together, and they decide to use their ability to carry out bank heists.

WORDS: STEVEN PERKINS, CAREN CLARK, JUDY EWENS. PHOTOS: GETTY, NETFLIX

The real deal? Wes and Jill

A grief-stricken sister finds **love over the phone**

Mixed messages

NETFLIX Voicemails for Isabelle

NEW *Available: Friday 19 June*
Genre: Romcom

If you enjoyed 1999 romantic-comedy classic *You've Got Mail*, you shouldn't miss Netflix romcom movie *Voicemails for Isabelle*, the tale of how a young woman's hilariously confessional voice messages to her late sister are redirected to a stranger, who quietly falls in love with her.

Written and directed by Leah McKendrick, the film centres on aspiring pastry chef Jill (Zoey Deutch), who copes with the death of her sister Isabelle (Ciara Bravo) by continuing to leave her daily voicemails, revealing all about her chaotic life in San Francisco – from dating disasters to run-ins with her tyrannical boss (Nick Offerman).

Wes (Nick Robinson) and Jill (Zoey Deutch)

DESTINY CALLING

Unbeknown to Jill, however, Isabelle's phone number gets reassigned to Wes (Nick Robinson), an estate agent from Austin, Texas. Inspired by what he hears, Wes travels to San Francisco, where he meets Jill in person, having orchestrated a seemingly chance encounter based on clues from her messages.

But as romance blossoms, Wes must navigate his feelings for Jill while keeping the secret of how he really got to know her...

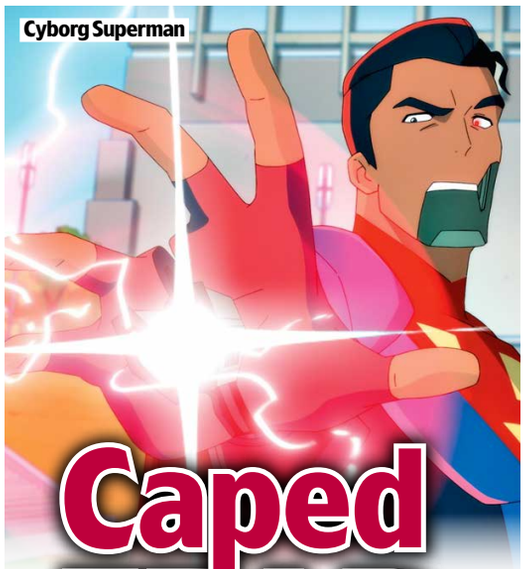
'Grief and love are not opposites. They say that grief is just love with nowhere to go,' says Robinson, 31, best known for starring in Netflix thriller *Maid*. 'Jill's capacity for one informs her capacity for the other. This is just as much of a love story between Jill and Isabelle as it is of a love story between Jill and Wes.'

ULTIMATE MATCH

'It's a love story between sisters,' agrees Deutch, 31, star of 2018 Netflix romcom *Set It Up*. 'For all the fluttery romance and comedic high jinks, Jill recognises true love with Wes because she's already experienced it with her sister Isabelle.'

For film-maker McKendrick, the story has a very personal resonance.

'My real-life sister, Olivia, has always been the safest place in the world for me – the person who has always believed in my wildest dreams,' says the writer. 'I learnt early on that boys will come and go, but sisterhood is for ever.'



Cyborg Superman

Caped FEAR

Superman has a **familiar-looking foe** to fight

HBO max My Adventures with Superman

NEW *Available: Sunday 14 June Genre: Animation*
Season: 3 Episodes: 10 (released weekly)

Superman must contend with an evil cyborg in Metropolis when popular animation *My Adventures with Superman* returns for a third season.

The show has previously seen a young Clark Kent explore his origins and discover his superpowers while also harbouring a crush on Lois Lane, who's worked her way up to become a star reporter.

The Boys favourite Jack Quaid, the son of Hollywood A-listers Meg Ryan and Dennis Quaid, returns as the voice of Clark Kent, AKA Superman, along with co-star Alice Lee (*People We Meet on Vacation*), who is back voicing Lois.

Superman and Lois Lane

EVIL ROBOT

As the new season gets under way, Clark is ready to settle down and build a future with Lois, although she is worried she may lose her status at the *Daily Planet* if they do.

Jeopardy arrives in the shape of the robot Cyborg Superman, the alter ego of Hank Henshaw (Max Mittelman), who was introduced in Season 2 and is one of Superman's most formidable foes, alongside returning fan favourites Lex Luthor and Deathstroke.

Elsewhere, *Glee* star Darren Criss voices new character Superboy, while Jimmy (Ishmel Sahid), the young photojournalist at the paper, is still intimidated by the romantic attention of newly arrived Kara Zor-El (Kiana Madeira).

'It's a really great season,' says Quaid, 34. 'It's very funny, but the stakes are also so much higher.'

WORDS: REBECCA MAHONEY, CAREN CLARK, TESS LAMACRAFT, VICTORIA WILSON. PHOTOS: 5, BBC, C4, ITV, NETFLIX, PRIME VIDEO, HBO MAX

Noah and Nick face trust issues

Driven by desire

Noah and Nick gear up for **new beginnings** in the street-racing drama

prime Your Fault: London

NEW *Available:* ***Wednesday 17 June***
Genre: ***Drama***

The racy romantic saga of Noah and Nick shifts into overdrive as life sends the street-racing couple in different directions in this sequel to 2025 film *My Fault: London*.

A British remake of Spanish movie *Culpa Tuya*, this next chapter finds Noah Morgan (Asha Banks) heading to the University of Oxford, where she makes a friend – and an admirer – in fellow student Michael (Joel Nankervis).

Meanwhile, Noah's stepbrother and secret boyfriend, Nick Leister (Matthew Broome), is working at his father's company, where he grows closer to new recruit Sophia (Louisa Binder). But as trust issues infiltrate their relationship, will their love story crash and burn?

'Nick and Noah really go through it and have a lot of turbulence in their relationship,' says *A Good Girl's Guide to Murder* star Banks, 22. 'As soon as they move away from each other, when Noah goes to university and Nick moves into his apartment, their line of communication is thrown off-kilter, so there's a gap for that special person in their lives.

'Audiences can expect some amazing locations. Oxford is so picturesque and beautiful, and there are some amazing races, too. It's also sad, so have some tissues ready.'

Noah and Michael

ROLLERCOASTER

The film also introduces Cruz (Orlando Norman), Nick's rival in the underground world of illegal street racing when Nick agrees to one more race, which he hides from Noah.

'Nick is trying to protect Noah,' says *The Buccaneers* star Broome, 25, who shot scenes at London's Canary Wharf.

'Playing Nick is heartbreaking because he's trying so hard to do the right thing, but when I pulled up in an Aston Martin in Canary Wharf, I was like, "This is awesome!" Nick's office was up on the 35th floor and we were overlooking all of London. It was epic.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

5 The Fortune

Cafe worker Amanda Blakefield (Eleanor Tomlinson) gets a shock in 5's thriller when she inherits an estate from the mysterious Martin Worrall (Denis Lawson). Can her mother (Paula Wilcox) reveal what the connection might be?

4 Tip Toe

Russell T Davies' C4 drama sees two Manchester neighbours – electrician Clive (David Morrissey) and bar owner Leo (Alan Cumming) – embark on a feud after Leo locks himself out of his house. The consequences prove deadly...

BBC iPLAYER Emma Barnett: Fighting Endometriosis

In BBC2's documentary, the broadcaster discusses her struggles with the condition, and she asks the then Health Secretary, Wes Streeting, why there is no set NHS care pathway for endometriosis.

itvX The Twelve: Cape Rock Killer

The ITV1 legal drama finds barrister Brett Colby (Sam Neill) representing his friend Alan Chaplin (William Zappa), who is accused of murder, but as the case plays out in court, another mystery is exposed.

TRAVEL OFFERS
RIVER CRUISE

RIVIERA TRAVEL

TV&Streaming week

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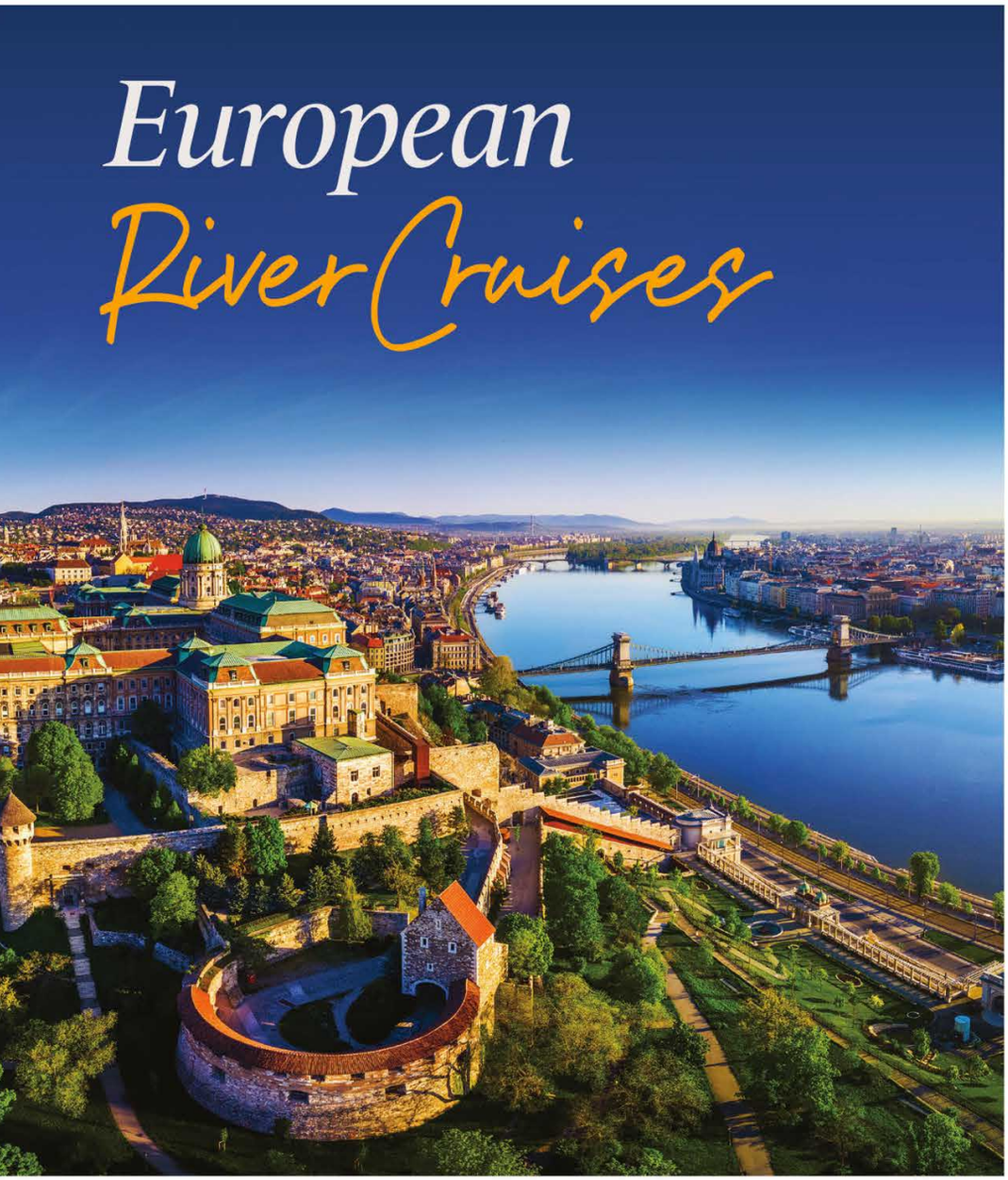

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ABTA ABTA No. V4744

Pick of the new releases

The best new shows to enjoy this week on streaming services...

Power Book III: Raising Kanan

Saturday 13 June

In the fifth season of the prequel to crime drama *Power*, ruthless Kanan Stark (Mekai Curtis) will stop at nothing to reach the top of the drug business in New York's Queens district in the 1990s.

My Adventures with Superman

Sunday 14 June

The third season of the animated superhero adventure follows Clark Kent (voiced by Jack Quaid) as he continues to build his secret identity as Superman and explore his origins. See feature, page 16.

America's Sweethearts: Dallas Cowboys Cheerleaders

Tuesday 16 June

The third season of the docuseries about the official cheer squad of the NFL's Dallas Cowboys. With the latest auditions complete, the newly formed 2025-2026 squad is ready for the next season.

Did You Kill Emma?

Sunday 14 June

Docuseries about the brutal murder of 27-year-old Emma Caldwell in Glasgow in 2005, which was one of Scotland's longest-running unsolved cases. In 2015, a newspaper named Iain Packer as a suspect and when he approached investigative journalist Samantha Poling to clear his name in 2018, she agreed to meet him and then started digging.

Taskmaster Australia

Monday 15 June

Comedian Tom Gleeson, accompanied by his assistant, fellow comic Tom Cashman, referred to as 'Lesser Tom', hosts the first season of the Australian version of the comedy game show.

Taskmaster New Zealand

Monday 15 June

Host Jeremy Wells gets five comedians to compete in a series of strange and unusual tasks in three seasons of the New Zealand version of the show. He is assisted by comedian Paul Williams.

Harlan Coben's Final Twist

Tuesday 16 June

True-crime docuseries hosted by the best-selling thriller writer. It begins with the so-called 2012 'Facebook murders' of a young Tennessee couple, Billie Jean Hayworth and Billy Clay Payne Jr, who were killed in their home – the culmination of a bitter social media feud.

Your Fault: London

Wednesday 17 June

Asha Banks and Matthew Broome return as Noah and Nick in the sequel to romantic drama *My Fault: London*. The step-siblings are more in love than ever, but their lives are pulled in different directions. See feature, page 17.

Baki-Dou: The Invincible Samurai

Thursday 18 June

The second part of the Japanese martial arts anime series. Baki and his fellow underground fighters face more battles with the resurrected clone of Japan's greatest swordsman from the Edo period, Musashi Miyamoto.

Project Hail Mary

Thursday 18 June

Sci-fi action comedy starring Ryan Gosling as an amnesiac science teacher and former molecular biologist who wakes up on a spaceship light-years from Earth. He slowly pieces together that he has been sent on a one-way mission to stop astrophage – an alien microbe that is causing the sun to dim, leading to catastrophic global cooling on Earth.

Sidemen Presents: Sidemenu

Thursday 18 June

In this four-part cooking contest, the Sidemen are joined by guest contestants as they battle it out across a series of starter, main and dessert challenges.

Harlan Coben's I Will Find You

Thursday 18 June

Thriller adapted from Harlan Coben's 2023 novel of the same name. Five years after he was wrongfully convicted of murdering his three-year-old son, David Burroughs (*Avatar*'s Sam Worthington) discovers that the boy might still be alive and escapes from prison to find out the truth. See feature, page 14.

Sugar

Friday 19 June

Colin Farrell reprises his role of Los Angeles private detective and film connoisseur John Sugar in the second season of the mystery thriller. Sugar is hired to find the missing older brother of an up-and-coming young boxer, and the investigation pulls him into a dangerous city-wide conspiracy. See feature, page 4.

Voicemails for Isabelle

Friday 19 June

Romantic comedy. Jill (Zoey Deutch) copes with her sister's death by leaving her voicemails. But, unbeknownst to Jill, her late sister's phone number has been reassigned to Wes (Nick Robinson), a real-estate agent in Austin, Texas. See feature, page 16.

Polar Park

Friday 19 June

French comedy thriller from Walter Presents. David Rousseau (Jean-Paul Rouve), a Parisian crime writer with writer's block, travels to the remote mountain village of Mouthe, where he becomes involved in investigating a series of gruesome murders.

Color Book

Friday 19 June

Poignant drama filmed in black and white. A newly widowed father (Will Catlett) goes to incredible lengths to take his young son, who has Down's syndrome, to his first baseball game.

Husbands in Action

Friday 19 June

Korean action comedy. A detective teams up with his ex-wife's new husband to track down the kidnappers who have abducted her and his daughter.

Train-ing It with Joe Wilkinson

Friday 19 June

Comedian Joe Wilkinson interviews celebrities while travelling the country by train, including actors Michael Sheen and Nick Mohammed. Previously available on YouTube.

Oasis

Friday 19 June

Spanish mystery thriller. When a young woman vanishes while holidaying at a luxury resort, both staff and guests become suspects, and the police won't let anyone leave until they discover what happened to her.

WORDS: JUDY EWENS. PHOTOS: NETFLIX

Documentaries

Presenter
Chris Packham

NEW WILDLIFE

Invasion of the Parakeets

Monday, 8pm, C4

With their distinctive green plumage and ear-piercing call, ringneck parakeets have become a familiar feature of Britain's towns and cities. But while many welcome these colourful birds, which originate from Asia and Africa and now number around 32,000 across the UK, others believe they are eating crops and displacing our native birds. Now, wildlife presenter Chris Packham, 65, is investigating the issue to determine whether parakeets should be considered an invasive species and culled – or if we should learn to love these

Chris Packham investigates the impact parakeets are having on Britain's wildlife...

Going green

Free Nelson Mandela

Sunday, 9pm, C4

Nelson Mandela's granddaughter Ndileka Mandela reflects on her grandfather's 27 years in jail and the global campaign to free him in this three-parter. Contributors include South African politicians and anti-apartheid activists, plus there's a look at the 70th-birthday concert at Wembley in 1988, which featured Stevie Wonder and George Michael.

Bear Grylls Is Running Wild

Tuesday, 9pm, Sky One

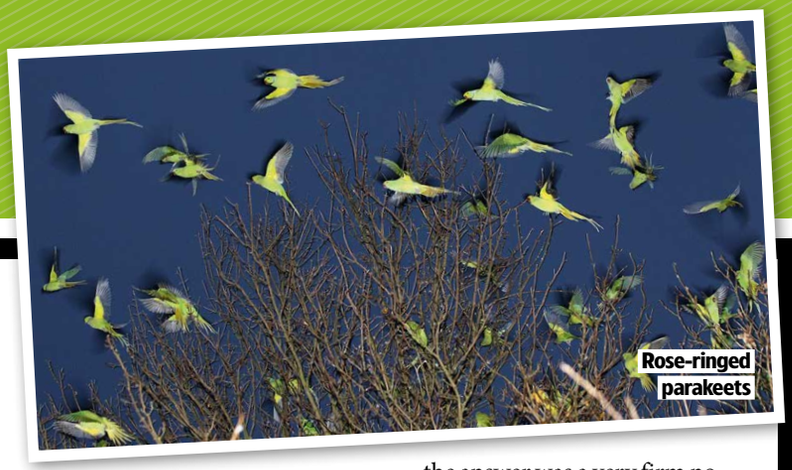
This week, *Flight of the Conchords* and *Our Flag Means Death* star Rhys Darby joins survival expert Bear Grylls in Utah, where they trek into the region's desert landscape. They rappel, climb out of canyons, and even do a Tyrolean traverse – a chasm-crossing rope technique – before being helicoptered back to civilisation.

The American Revolution

Tuesday, 10pm & 11pm, BBC4 (box set, BBC iPlayer)

Acclaimed film-maker Ken Burns marks 250 years of American self-rule by turning his lens on the War of Independence in a six-part series. In the opening episode, King George III imposes new taxes on the colonies, leading to violent protest and the war's first shots being fired in Massachusetts.

WORDS: NATASHA HOLT. IAN MACEWAN. PHOTOS: ALAMY, C4, GETTY, BBC, NATIONAL GEOGRAPHIC, SKY. ©2026 PROPAGATE ENTERTAINMENT LLC



Rose-ringed parakeets

noisy additions to our wildlife.

Here, he tells us all about it…

Why did you make this programme? We wanted to ask very pragmatically: are these animals at this point having a negative impact on our ecology or any human interests? As we see within human communities when it comes to migration, there is a certain 'them and us' attitude, and it's not something I subscribe to.

Why are parakeets so divisive? They are colourful, loud, brash and noisy, and very much in your face. If they were a shy, brown bird that hardly anyone saw, they probably wouldn't stir so much interest and emotion.

Are they causing problems for British birds? At this point in time, there is no scientific evidence that parakeets are harming UK bird populations. Furthermore, we reached out to berry growers and fruit growers in the UK and asked them if they had problems with parakeets, and the answer was a very firm no.

Do you have a soft spot for parakeets? I rather like them. In areas where there's not much wildlife for people to see, they are a great way for people to engage with nature.

In the programme, you dispel the myths that parakeets are in the UK because they escaped from the film set of *The African Queen* or because guitarist Jimi Hendrix's girlfriend released them. Are you sad about that? I feel like a spoilsport, but laying to rest the legend of Jimi Hendrix's girlfriend releasing them in Carnaby Street at some psychedelic moment in the 60s is healthy – even if I might be a killjoy.

Do you think we need to learn to love parakeets? Yes! We don't live in a utopian paradise where everything that grows or lives in the UK is native. How we think about animals like parakeets and grey squirrels needs to change because nature is dynamic and it's always changing.

Red Sea: Evolution's Magic Garden

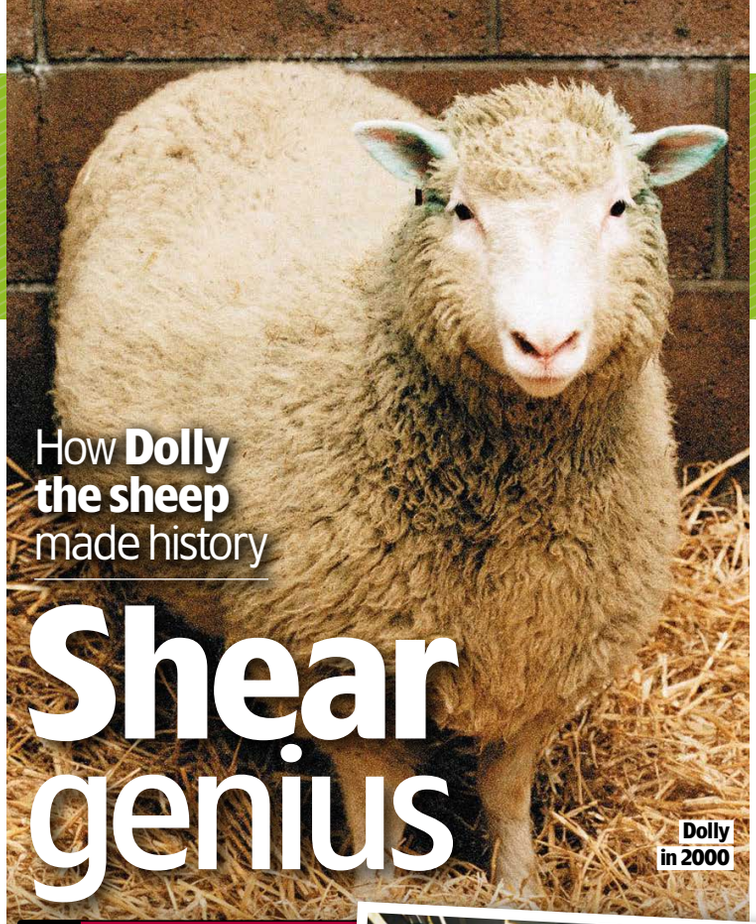
Sunday, 7pm, National Geographic WILD

A look at the abundance of marine life in the Red Sea, home to one of the largest continuous coral reefs on Earth. Viewers meet hawksbill sea turtles, mudskipper fish and dugongs, plus Indo-Pacific bottlenose dolphins that rub up against a type of soft coral because of its antibacterial properties.

Queen James

Thursday, 9pm (not Wales), BBC2

Best known as the monarch who survived the 1605 Gunpowder Plot, King James I, nicknamed 'Queen James', was involved in a liaison with a Scottish nobleman that almost brought down the monarchy. This documentary reveals how his sexuality shaped his personal life, and how his involvement in a murder trial threatened his reign.



Dolly in 2000

How **Dolly the sheep** made history

Shear genius

NEW FACTUAL

Dolly: The World's Most Famous Sheep

Monday, 10pm, C4

Being unveiled to the media

Thirty years ago, Dolly the sheep became the most famous animal on the planet – and the centre of a huge media storm.

Dolly was the first mammal cloned from an adult cell and her birth changed the face of science. To mark the occasion, a new documentary reveals how a team of Scottish scientists at the Roslin Institute near Edinburgh created Dolly almost by accident.

Previously, it was believed that once a cell had a function – for example, as a kidney cell or liver cell – it couldn't be reprogrammed. But the scientists gave it a shot, using a cell from an older sheep because other cells had failed.

The technique involved using DNA to create an embryo, then implanting the embryo into the womb of a sheep, with the hope that it would grow into an exact genetic copy of the sheep from which the cell was taken.

REVOLUTIONARY

No one believed it would work, but on 5 July 1996, Dolly – named after Dolly Parton because she was cloned from a mammary cell – was born. And when the story broke seven months later, the Institute was the subject of a media frenzy.

'Dolly was like the Naomi Campbell of the sheep world,' recalls embryologist Karen Walker, who worked on the project.

But while scientists celebrated Dolly's birth, not everyone was so pleased. As the Vatican and then US President Bill Clinton raised ethical concerns, others speculated about what this 'Frankenstein science' would mean for society.

FEARS

Critics believed it would lead to human beings being cloned to achieve 'immortality' or bring a beloved relative back from the dead. There were protests outside the lab and at one point Dolly was even at the centre of a failed kidnapping attempt.

Dolly died in February 2003, but although her creation has not yet yielded the huge breakthroughs that scientists expected, there is still hope that it can lead to better treatment of conditions like heart diseases and dementia.

'For me, I do feel disappointed that Dolly's birth hasn't led to the amazing cures I hoped it would,' says Walker. 'But she still changed the face of science and her legacy means there will always be hope.'

Films Our pick of this

MOVIE OF THE WEEK

Black Phone 2

Ethan Hawke's masked killer dials up more icy horror

HORROR

Friday, 9.45pm, Sky Premiere ★★★★

Despite the wild success of director Scott Derrickson's chiller *The Black Phone*, a sequel seemed highly unlikely. Child-murdering villain the Grabber (wonderfully played by Ethan Hawke) was killed, after all, by his latest quarry, Finn (Mason Thames). Although the boy was helped by the ghosts of past victims heard through a defunct phone, the Grabber himself was flesh and blood. For this follow-up, Derrickson and writer C Robert Cargill come up with a clever way to extend the tale while revisiting the characters.

Although Finn was the chief protagonist in the first film, it was his younger sister Gwen (a break-out performance by Madeleine McGraw) who stole the show with her sass and predictive visions. And for *Black Phone 2* she's on level pegging with her brother, as her dreams lead her, Finn (now 17) and doting boy Ernesto (Miguel Mora) to a snowbound retreat, where the Grabber's story started – with the killer now essentially becoming *A Nightmare on Elm Street*'s Freddy Krueger.

Aided by strong visuals, the 'he can kill you in your dreams' scenario opens a plethora of possibilities. McGraw is excellent once again as she and Thames anchor the plot, with Hawke popping up to bring the chills (and the rather gnarly gore) in a movie that's both effective and absorbing. 2025, 18, 114MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, LIZ MILROY, NIGEL PIZEY PICTURES: ALAMY

More premieres and Day by Day planner ›››

week's Best Movies

ANIMATION

Hoppers

Available now, Disney+ ★★★★

Pixar's eco-friendly animated action comedy *Hoppers* features a fantastically contrived set-up – a teenage animal-rights activist (voiced by Piper Curda) rallies the local animals to save the forest glade she loves from an oily local mayor (Jon Hamm) with the help of a robot beaver created by her university professor (Kathy Najimy)– that somehow manages to work. The plot just gets crazier, reaching peak daffiness with the sight of our beaver-hero and the mayor careering along a mountain pass in a car, trying to evade being 'squished' by a flying great white shark named Diane. Thanks to lively animation, good gags and plenty of laughs and heart from the voice cast (listen out, too, for Meryl Streep as an imperious insect queen), *Hoppers* stays on the road. 2026, PG, 104MIN

Forest friends unite!

Checking out! Zazie

HORROR THRILLER

They Will Kill You

Saturday, 9.30am & 6.15pm, Sky Premiere ★★★

Zazie Beetz turns up to take a job as a cleaner at a hotel run by Patricia Arquette. It's soon clear that this is no ordinary hotel, but then Beetz is not entirely who she appears to be either when, on her first night, the guests (including Heather Graham and Tom Felton) try to kill her. And, despite ending up in little bloody pieces all over the floor, they won't stay lying down. The whole building is part of a satanic cult and Beetz is there to try to rescue her sister (Myha'la), if she can stay alive long enough to find her... There are stabbings, slashings and decapitations galore, but the film does become quite repetitive and an awful lot sillier as it goes along. Still, a wandering disembodied eyeball is amusing and Beetz's no-holds-barred turn helps make for an entertaining hour and a half. 2025, 15, 94MIN

Rap raiders: James, Samuel, Seamus & Lucy

COMEDY DRAMA

California Schemin'

Available now, buy or rent from digital stores ★★★

James McAvoy's directorial debut is a rambunctious music biopic with a far-fetched story that just happens to be true. Its heroes are a pair of working-class lads from Dundee (Seamus McLean Ross and Samuel Bottomley) with dreams of making it big as hip-hop MCs, but when the best friends pitch their act to a major London record label the executives sneer at their Scottish accents. Undaunted, the duo decide to pose as rappers from California and end up getting signed. McAvoy's comedy drama hits some familiar story beats but the performances are solid, especially when things get darker. 2025, 15, 107MIN

CRIME DRAMA

No Ordinary Heist

Sunday, 7.05am & 8pm, Sky Premiere ★★★

It may take a moment to get used to Eddie Marsan's Ulster accent, but once you have you can enjoy his superb performance in this tale based on a real-life bank robbery that took place in 2004 Belfast. He play's a buttoned-up bank manager who, along with vault key holder Éanna Hardwicke, are forced into robbing their own bank because a criminal outfit has taken Marsan's wife (Eva Birthistle) and Hardwicke's mum (Andrea Irvine) hostage... This well-acted drama doesn't contain big set pieces, but is a controlled exercise in how to build tension. 2026, 15, 99MIN

Hostage drama: Éanna , Eddie and co

Films

A killer in sheep's clothing: Glenn

COMEDY THRILLER

How to Make a Killing

Available now, buy or rent from digital stores including Sky Store and Prime Video ★★★

Classic Ealing Studios black comedy *Kind Hearts and Coronets* is the obvious inspiration for this darkly funny thriller starring Glen Powell as a man who decides to 'prune a few branches' from the family tree of the obscenely wealthy clan that rejected him at birth.

Writer-director John Patton Ford (maker of *Emily the Criminal*) transplants the basic premise from Edwardian England to modern-day America and has its protagonist, Powell's Becket Redfellow, grow up in blue-collar New Jersey after his pregnant mother's blue-blooded family disowned her. However, he is still in line to inherit his grandfather's billions. Egged on by his scheming childhood friend Julia (Margaret Qualley) he sets about killing his entitled relatives.

The film doesn't have the expected satirical sting, and having Becket's victims played by different actors (including Raff Law, Zach Woods, Topher Grace and Ed Harris) rather than one (Alec Guiness played all the victims in the original) loses the fun, but the likeable Powell has us rooting for his murderous underdog, while Qualley oozes wicked duplicity as the femme fatale. 2025, 15, 105MIN

Hidden gems Great movies you might have missed...

POLITICAL DRAMA

The Ides of March

Netflix ★★★★

For his fourth film as director, George Clooney plunges into the murky world of US politics and reveals some of its dirty tricks. Set during the race to choose the Democratic Party's presidential candidate, this intricately plotted tale revolves around Ryan Gosling's ambitious young press secretary, who loses his naive idealism as he discovers the grubby wheeling and dealing and vicious backstabbing that is needed to win the contest. 2011, 15, 101MIN

PSYCHOLOGICAL THRILLER

Swimming Pool

STUDIOCANAL Presents ★★★★

Charlotte Rampling plays a haughty writer, whose publisher (Charles Dance) sends her off to his French holiday home where things start to get pretty hot when Rampling is liberated by Dance's sexually precocious daughter, Ludivine Sagnier. Director François Ozon's film is a splendidly enjoyable, teasing arty-style thriller, with a deliciously unsettling atmosphere, but the real triumph is the stylish acting of Rampling. Partially subtitled. 2002, 15, 103MIN

PERIOD CHILLER

The Witch

Prime Video ★★★★

Blurring psychological and supernatural chills to spine-tingling effect, this terrific movie finds a Puritan settler family tearing itself apart in 1630 New England, gripped by suspicion and paranoia after their baby goes missing from their homestead. The cast deliver tremendous performances, with Anya Taylor-Joy especially impressive as the 15-year-old girl who is blamed by her parents (Ralph Ineson and Kate Dickie) for her brother's disappearance. 2015, 15, 93MIN

Saturday 13 June

COMEDY DRAMA

Jojo Rabbit

11.20pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A young boy (Roman Griffin Davis) in World War Two Germany has a buffoonish Adolf Hitler (played with madcap humour by Taika Waititi, who also directs) as an imaginary best friend. Meanwhile, Davis' mum (Scarlett Johansson) is hiding a Jewish girl (Thomasin McKenzie) in their attic. This irreverent satire may sound in bad taste but is a surprisingly touching parable about good and evil, hate and love. Waititi pulls off his film's exuberantly absurd humour without losing sight of the real horrors of the war, helped immensely by the terrific Davis. Sam Rockwell, Stephen Merchant and Rebel Wilson also star. 2019, 12, 108MIN

Balancing act: Roman and Taika

ANIMATION

Dog Man

7.30am, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

With its inventive, frenetic animation style, non-stop gags and hilarious all-round silliness, this movie is a delight. When a smart police dog's head is put on top of his cop buddy's body, he becomes a supercop (his barks voiced by director Peter Hastings), easily nabbing bad puss villain Petey (Pete Davidson). So the cunning feline decides to clone himself in order to share the criminal load, with unexpected results. Not just for the kids, this utterly daft hoot has enough cheek and humour to delight the whole family. 2025, PG, 89MIN

CLASSIC WESTERN

The Magnificent Seven

3.15pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Yul Brynner, Steve McQueen, a knife-wielding James Coburn and Charles Bronson are the four heroes everyone remembers and Robert Vaughn, Horst Buchholz and Brad Dexter are the three you're liable to have forgotten. They're gunslingers hired by a group of Mexican villagers to save them from bandit Eli Wallach ('If God did not want them sheared, he would not have made them sheep!'). It is a magnificent cast and, by way of the 1954 Japanese movie *Seven Samurai*, a magnificent plot, too, while Elmer Bernstein's music is the icing on the cake. 1960, PG, 138MIN

COMEDY DRAMA

Instant Family

8pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Mark Wahlberg and Rose Byrne deliver a winning mix of heart and humour in this comedy drama about a couple who agree to foster three children. But Wahlberg and Byrne's middle-class Atlanta spouses are quickly over their heads after they take on feisty 15-year-old Isabela Moner and her younger siblings Julianna Gamiz and Gustavo Quiroz. But the couple's efforts to cope prove both funny and feel-good. The fact that the film is inspired by real events from the life of writer-director Sean Anders only makes it more touching. 2018, 12, 118MIN

COMEDY HORROR

The Parenting

3.50am, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

When couple Nik Dodani and Brandon Flynn rent a mansion to have their parents meet each other, they don't count on adding a demonic entity to an already awkward weekend. But what starts as a fairly lame comedy of manners kicks off into a wild hell ride, which is brought to life by the superb cast – including Parker Posey, along with Brian Cox, Edie Falco, Lisa Kudrow and Dean Norris as the parents – and reaches a hilarious nadir when Cox is possessed. 2025, 15, 94MIN

■ Full listings start on p35

Sunday 14 June

BLACK COMEDY

Eddington

2.35am, Sky Directors ★★★★

Sex ●●● Violence ●●● Language ●●●

New Mexico sheriff Joaquin Phoenix and town mayor Pedro Pascal clash over Covid measures in this black-as-soot comedy of errors. Phoenix doesn't like the mandated mask wearing and has conspiracy theories thrown at him by his relentless mother-in-law (Deirdre O'Connell), who's taken over his house after being invited to stay by his traumatised wife (Emma Stone). Meanwhile, the seemingly more logical, sensible Pascal has not-so-innocent plans of his own… Director Ari Aster's brilliantly acted, superbly realised film leads to a bizarre, but beautifully shot shoot-out and an ending that's about as comically bleak as you can get. 2025, 15, 148MIN

No half measures: Joaquin and Pedro

CLASSIC THRILLER

Strangers on a Train

12.25pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Robert Walker meets Farley Granger on a train and plots to 'swap' murders. Granger thinks it's a joke – until he finds himself with a dead wife and no alibi... Alfred Hitchcock's thriller (co-scripted by Raymond Chandler from the Patricia Highsmith novel) is one of his best. The fairground murder reflected in the victim's glasses and all heads but one swinging from side to side at the tennis match are key scenes, but also essential is the winning line in black comedy, with a garrulous old lady's neck and a child's balloon providing two especially choice moments. 1951, PG, 101MIN

THRILLER

Children of Men

10.45pm, BBC2 (not NI) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Alfonso Cuarón's stunning thriller offers a chilling, all-too-plausible vision of a bleak future. In 2027 Britain, terrorist action is rife, draconian immigration laws are brutally enforced and it's 18 years since a human child was born. So it's a bit of an event that refugee Clare-Hope Ashitey is pregnant. Clive Owen is superb as a jaded former activist roped in on the dangerous mission to get this valuable commodity to safety, while Michael Caine and Julianne Moore are also involved in their nightmarish and haunting journey. 2006, 15, 109MIN

DRAMA

Boiling Point

12m't, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Stephen Graham cooks up a storm as head chef of a high-brow London restaurant on a big night who, even before customers arrive with their nut allergies, off-menu requests and racist proclivities, is poised to explode, supply issues and hygiene inspectors among the problems on his plate. Some plot twists are forced, but writer-director Philip Barantini's bracingly sharp one-shot drama has to be admired and, from starter to disaster, Graham keeps us glued – as does a magnificent Vinette Robinson's sous chef. 2021, 15, 92MIN

DRAMA

BlacKkKlansman

12.25am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

A bizarre, gob-smacking true tale about a 1970s black undercover cop, Ron Stallworth (John David Washington), who infiltrated the Ku Klux Klan. He fools them into believing he's white over the phone, even bamboozling Grand Wizard David Duke (Topher Grace), then Jewish colleague Flip Zimmerman (Adam Driver) takes his place in the flesh. Director Spike Lee skilfully balances intrigue and suspense with mocking comedy and scorching satire. 2018, 15, 135MIN

■ Full listings start on p45

Weekday movies over page

Films Weekday movies

Monday 15 June

CRIME COMEDY

Caught Stealing

11.25pm, Sky Directors ★★★★

Sex ●●○ Violence ●●● Language ●●○

A darkly witty and wildly entertaining adventure set in a grungy New York circa 1998. Director Darren Aronofsky engineers a series of escalating disasters that take in shocking tragedy, hilarious comedy and nail-shredding action after barman Austin Butler is asked by his British punk neighbour Matt Smith to look after his cat. Zoë Kravitz, Regina King, Liev Schreiber, Vincent D'Onofrio and Griffin Dunne add lots of colour but it is the reckless, impulsive and at times dumb Butler who holds it all together. 2025, 15, 107MIN

Cat-ching up: Austin

WORLD CINEMA

Cries and Whispers

1.15pm, Sky Directors ★★★★★

Sex ●●● Violence ●○○ Language ●●○

The lingering death of a terminally ill woman (Harriet Andersson) after her two sisters (Liv Ullmann and Ingrid Thulin) return to look after her is the forbidding subject of this masterpiece from the Swedish maestro of misery, Ingmar Bergman. Faultlessly acted, the film touchingly explores the human need to draw comfort from the past. Sven Nykvist's cinematography won an Oscar. Subtitled. 1972, 18, 106MIN

WESTERN

The Power of the Dog

12.05am, BBC2 ★★★★

Sex ●○○ Violence ●○○ Language ●○○

In 1920s Montana, rancher George (Jesse Plemons) marries Rose (Kirsten Dunst), which sends his rough-hewn brother Phil (an excellent Benedict Cumberbatch) into a rage. Soon, he's brutally haranguing Rose – but there's much more to this story than jealousy in director Jane Campion's elegant drama. It's a subtle spin on sibling rivalry, repressed emotions and rural living. 2021, 12, 126MIN

COMEDY MYSTERY

A Simple Favour

11.55pm, BBC1 ★★★★

Sex ●●○ Violence ●○○ Language ●●○

Anna Kendrick is a hoot as nerdy vlogger Stephanie and Blake Lively is drop-dead cool as her glamorous 'best' friend Emily, whose sudden disappearance from their small Connecticut town turns Stephanie into an unlikely amateur sleuth, while gettng close to Emily's husband (Henry Golding). This chic comedy mystery drips with deadpan hilarity and keeps us hooked with its surprise twists and turns. 2018, 15, 117MIN

HORROR

Die Alone

1.50am, Sky Sci-Fi/Horror ★★★★

Sex ●○○ Violence ●●● Language ●○○

This smart, affecting drama has Douglas Smith searching for his girlfriend while a zombie-like plague has hit the world. But he has cyclical amnesia, so every time he sleeps his memory goes. Luckily, he stumbles across Carrie-Anne Moss' stoic survivalist. What starts routinely morphs into something surprising, mining a deep emotional core. 2024, 15, 90MIN

■ Full listings start on p55

Tuesday 16 June

FANTASY DRAMA

A Big Bold Beautiful Journey

11.50am & 10pm, Sky Drama ★★★

Sex ●○○ Violence ●○○ Language ●●○

Meeting at a mutual friend's wedding, singletons Colin Farrell and Margot Robbie end up taking the journey back to the city together. As they do, they come across doors in the landscape, openings that lead into past memories for each of them. Whimsical and slightly amorphous, this film contains lots of fascinating ideas, but cannot seem to commit to any of them. What it does have, however, is Farrell and Robbie, and they are a wonderfully watchable couple who steer this into intriguing waters. 2025, 15, 109MIN

Trip of their lives: Margot and Colin

COMEDY

Wonka

Starts today, Netflix ★★★★

Sex ●○○ Violence ●○○ Language ●○○

A sweet confection in which young Willy Wonka (Timothée Chalamet) is hungry to share his fabulous chocolate creations then ends up in hard labour, befriends orphan Calah Lane and clashes with bad guys Paterson Joseph, Matt Lucas and Matthew Baynton. Resisting Gene Wilder and Johnny Depp mimicry, Chalamet whisks up his own gentle Wonka, while Lane and Hugh Grant's grumpy Oompa Loompa are winners. 2023, PG, 116MIN

ANIMATION

The Lego Movie

12.35pm, Sky Family ★★★★★

Sex ●○○ Violence ●○○ Language ●○○

Utilising top-notch animation, this is a joyous, beguilingly bonkers and utterly irresistible comedy that slots together childhood innocence, adult irreverence and brazen product placement. In a world made entirely from Lego bricks, Chris Pratt's Minifigure everyman hero takes on Liam Neeson's good cop/bad cop and Will Ferrell's tyrant. The film's snarky jokes are tempered with real sweetness. 2014, U, 100MIN

COMEDY

One of Them Days

10.45am & 3.40am, Sky Cinema Comedy ★★★★

Sex ●●○ Violence ●○○ Language ●●●

Roommates and besties Keke Palmer and SZA find their friendship, home and even their lives on the line after their rent money is squandered by SZA's boyfriend (Joshua David Neal). With nine hours to go before they're evicted, they face a series of disasters in a race across LA to raise the cash. This breezy comedy occasionally veers off course, but for the most part barrels along entertainingly. 2025, 15, 97MIN

WHODUNNIT

Knives Out

11.40pm, Film4 ★★★★★

Sex ●○○ Violence ●○○ Language ●○○

In the first of writer-director Rian Johnson's funny and self-aware whodunnits, Daniel Craig is delightful as Benoit Blanc, 'the last of the gentleman sleuths'. He's investigating the apparent suicide of a famous author (Christopher Plummer) and revels in his theatrical methods as he quizzes the man's family, including Chris Evans, Toni Collette and Jamie Lee Curtis. 2019, 12, 130MIN

■ Full listings start on p65

Wednesday

CRIME COMEDY

Roofman

5pm, Sky Directors ★★★★

Sex ●●○ Violence ●○○ Language ●●○

Channing Tatum is a hoot in this hugely entertaining stranger-than-fiction true-story film. His divorced dad wants his beloved daughter to want for nothing so takes to robbing McDonald's restaurants, going in through the roofs which gave him

Great escape: Channing

SCI-FI

Mickey 17

10pm, Sky Sci-Fi/Horror ★★★

Sex ●●○ Violence ●●○ Language ●●●

Robert Pattinson is terrific playing multiple clones in this bizarre sci-fi satire. Pattinson's ill-fated Mickey Barnes signs up for a reckless space mission led by a buffoon (Mark Ruffalo), little realising his job is that of an expendable worker put into deadly jobs and then cloned when he dies. But Mickey 17 survives, only to realise Mickey 18 has already been created... Pattinson is wonderfully funny and surprisingly touching as well. 2024, 15, 137MIN

ROMCOM

The Idea of You

10.40pm, BBC1 (not N Ireland) ★★★★

Sex ●○○ Violence ●○○ Language ●○○

Anne Hathaway lights up the screen as a 40-year-old divorcee who has a surprise fling with the 24-year-old lead singer (Nicholas Galitzine, also ideal) of a famous boy band. At a music festival with her teen daughter (Ella Rubin), Hathaway meets him when she mistakes his trailer for the toilet. Sparks fly, and the stars' chemistry and charisma make their affair sparkle. The songs aren't bad, either. 2024, 12, 115MIN

17 June

his nickname. Finally, he's caught and jailed, but even more outlandish is that he escapes and hides in a Toys R Us store – for six months! Tatum is brilliant, Kirsten Dunst is lovely as a single mum he gets to know and co-writer and director Derek Cianfrance deftly balances comedy elements with surprisingly heartfelt ones. 2025, 15, 126MIN

HORROR COMEDY

Happy Death Day 2U

2.05am, C4 ★★★★

Sex ●○○ Violence ●●○ Language ●○○

This sequel to 2017's *Happy Death Day* is equally quirky and even more inventive. This time, writer-director Christopher Landon adds some quantum jiggery-pokery to explain why luckless sorority girl Jessica Rothe has been dying over and over; she's apparently caught in an inadvertently created time loop! The tone here is more sci-fi than horror, but there are twists, blackly funny deaths and more creepy masks to enjoy. 2019, 15, 98MIN

MYSTERY

All the Devils Are Here

4.35am, Sky Thriller ★★★★

Sex ○○○ Violence ●●● Language ●●●

After a heist goes awry, four criminals (Eddie Marsan, Sam Claflin, Burn Gorman and Tienne Simon) are sent away to a decrepit house in the middle of nowhere with express orders not to leave. As the days pass, the group of strangers start to crack, unable to put up with one another... A smart, sharp, nasty little drama. 2025, 15, 87MIN

■ Full listings start on p75

Thursday 18 June

COMEDY DRAMA

The Phantom of the Open

12.05am, BBC2 ★★★★

Sex ○○○ Violence ○○○ Language ●●○

This gentle comedy hits the feel-good spot in the mid-1970s true-story tale of Maurice Flitcroft (Mark Rylance), a middle-aged crane operator who responds to redundancy by entering the golfing Open. A hapless dreamer and doting family man (Sally Hawkins plays his wife), Flitcroft's optimism refuses to be grounded. Tone and plot veer off in the end, but Rylance keeps a sure grip in director Craig Roberts' mix of workaday reality, heartwarming family detail and cartoonish comedy. 2021, 12, 106MIN

Long shot: Mark

FAMILY COMEDY

MouseHunt

7.30am & 3.15am, Sky Family ★★★★

Sex ○○○ Violence ○○○ Language ○○○

Pitched somewhere between pure old-fashioned slapstick and black comedy, this is an imaginative and appealingly grotesque comic fantasy about two impoverished brothers (Nathan Lane and Lee Evans) whose plans to renovate and sell a mansion are constantly being scuppered by the resident rodent (and you won't be able to tell where the real mouse ends and animatronics begin). 1997, PG, 98MIN

CRIME DRAMA

Boyz N the Hood

11.40am & 3.35am, Sky Directors ★★★★★

Sex ●●○ Violence ●●○ Language ●●○

Director John Singleton earned an Oscar nomination for this, his debut film. It is a portrait of life in inner-city LA for teens Ice Cube, Morris Chestnut and Cuba Gooding Jr, whose athletic prowess offers him the chance to escape the gangland culture that surrounds them. Gooding Jr has great energy and charisma, but it is Larry Fishburne, as his father, around whom the whole film turns. 1991, 15, 111MIN

ACTION

Hard Target

9pm, GREAT! action ★★★

Sex ○○○ Violence ●●● Language ●●○

Louisiana Cajun (explaining his Belgian accent) Jean-Claude Van Damme is hired by Yancy Butler to find her missing dad, which pits him against a bunch of hunters specialising in human prey. The plot is lame, but director John Woo makes up for that with some extraordinary stunts in which Van Damme's fists and feet connect with everything and anything, from a platoon of motorbike hitmen to a warehouse full of huge Mardi Gras masks. 1993, 18, 95MIN

MONSTER MOVIE

Crawl

2.55am, C4 ★★★★

Sex ○○○ Violence ●●● Language ●○○

Kaya Scodelario's swimmer is up to her neck in peril in this enjoyably toothsome thriller. A hurricane has hit her Florida home town and her stubborn divorced father (Barry Pepper) has gone missing. Undaunted, she ignores evacuation orders to look for him, only to find very hungry alligators amid the rising floodwaters. Director Alexandre Aja delivers superior B-movie thrills. 2019, 15, 87MIN

■ Full listings start on p85

Friday 19 June

HORROR

The Invitation

12.10am, C4 ★★★

Sex ●○○ Violence ●○○ Language ●●○

A slick and entertaining chiller in which broke New Yorker Nathalie Emmanuel discovers she has some seriously posh British relatives, and is invited to England by Hugh Skinner for a wedding to meet her new-found family. She's swept off her feet by lord Thomas Doherty, but all is not what it seems… Emmanuel is a fine lead and carries the film with ease, even if there are some cheesy impediments in her way, while the rest of the cast, including Sean Pertwee's brusque butler, put on a good show, too. 2022, 15, 105MIN

Family ties: Thomas and Nathalie

THRILLER

Promising Young Woman

8.10am, Sky Thriller ★★★★

Sex ●○○ Violence ●●○ Language ●●○

Carey Mulligan plays medical school drop-out Cassie in this darkly twisty, debate-stirring thriller. She spends evenings in bars, feigning inebriation until a guy picks her up. How far he goes is up to him, but consent is never given and if he ignores her protests, well, that would be telling... Writer-director Emerald Fennell challenges expectations at every turn and an Oscar-nominated Mulligan is superb. 2020, 15, 113MIN

COMEDY

Spinal Tap II: The End Continues

9.45am, Sky Cinema Comedy ★★★

Sex ○○○ Violence ○○○ Language ●●○

Ageing rockers Christopher Guest, Michael McKean and Harry Shearer and co-star-director Rob Reiner are back for a chucklesome reunion 41 years after their classic spoof documentary *This Is Spinal Tap*. Like so many ageing bands going on reunion tours, this is a film trading on past glories and on the nostalgic affection of its long-standing fans. 2025, 15, 83MIN

DRAMA

A Good Person

5.45pm, Sky Drama ★★★★

Sex ●○○ Violence ○○○ Language ●●○

Florence Pugh delivers a heart-wrenching performance as Alice, a woman whose life falls apart after she's the driver in a fatal car accident and becomes hooked on painkillers. Morgan Freeman also gives a standout turn in this bruising character study fuelled by themes of redemption and recovery. Writer-director Zach Braff's drama is a tough watch at times, but it is a gripping, compelling film you can't turn away from. 2022, 15, 129MIN

ACTION

Road House

11.55pm, BBC1 ★★★

Sex ●●○ Violence ●●● Language ●●●

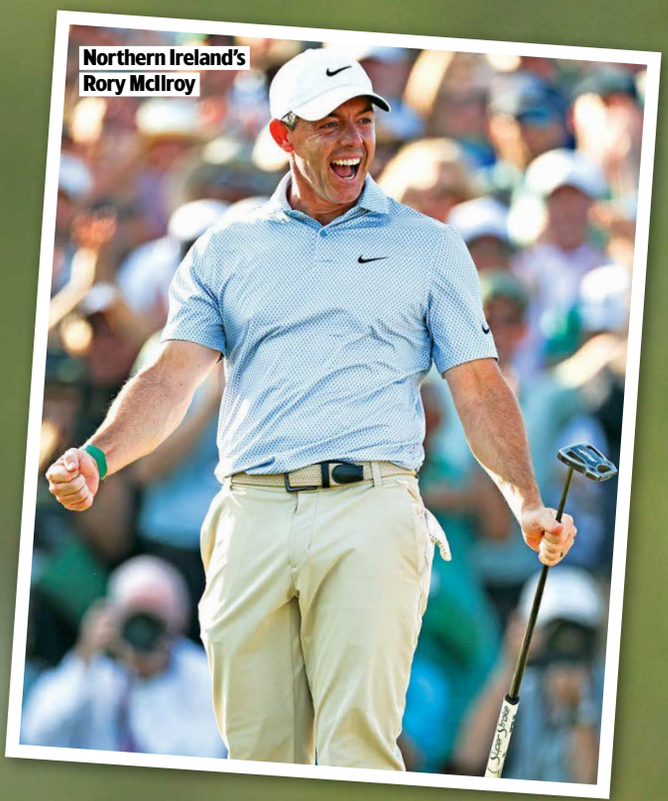
Jake Gyllenhaal's ex-UFC fighter is haunted by his past and at rock bottom – until Florida Keys bar owner Jessica Williams implores him to clean up the violent thugs who are ruining her business. In this remake of the 1989 Patrick Swayze punch-up, director Doug Liman delivers a brash, loud, knockabout slice of fun with a fighting-fit Gyllenhaal. 2024, 15, 114MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** t the week's live action

Shinnecock Hills Golf Club, with the US Open trophy on display



Northern Ireland's Rory McIlroy

PGA Championship winner Aaron Rai

THE MAIN EVENT

US Open

Can UK golfers **continue to dominate** the 2026 majors?

LIVE GOLF

From Thursday, Sky Sports Golf & Sky Sports Main Event

Following Rory McIlroy's victory at the Masters in April and Aaron Rai's sensational win at the PGA Championship last month, UK golfers are on a roll – and will be targeting a third major of the season at the US Open in Shinnecock Hills, New York.

While Northern Ireland's McIlroy is aiming to win the US Open for a second time, following his triumph in 2011, Englishman Rai admits he is still coming to terms with his maiden Slam after he sealed victory at the PGA Championship with a superb final round to win by three strokes.

The triumph was only a second title on the PGA Tour for the 31-year-old from Wolverhampton who is married to Gaurika Bishnoi Rai, a professional golfer in her own right.

'I don't think I have fully got my head around it,' he says. 'The reception and the warmth has been a little overwhelming. The Royal Family posted on Twitter [about his win] which was a real surprise.'

Matthew Fitzpatrick of England

JJ Spaun

BRITISH CHALLENGE

Rai will be playing in his third US Open and is part of a formidable UK contingent that includes Matt Fitzpatrick, champion in 2022, Robert MacIntyre, runner-up 12 months ago, Tommy Fleetwood, runner-up in 2018, and Justin Rose, who won the event in 2013.

Other contenders include the in-form Cameron Young, who will be playing in his home state, plus defending champion JJ Spaun. The event also gives world No 1 Scottie Scheffler his first chance to achieve a career slam of all four majors.

After claiming the Masters in 2022 and 2024 and the PGA Championship in 2025, Scheffler won his maiden Claret Jug at the Open Championship at Portrush in July, and will want to lift the US Open trophy on Sunday 21 June – the day he turns 30 years old.

'This is something that I have always dreamed of doing,' says Scheffler. 'The US Open is a tournament I love and I am excited to go to Shinnecock this year and hopefully get it done.'

WORDS: RICHARD MCCLURE. PHOTOS: GETTY

THE COURSE

There's a British feel to the historic, links-style Shinnecock Hills on Long Island in New York. The club hosted its first US Open in 1896 and will be staging the event for a sixth time this week. Previous winners include Brooks Koepka (2018) and Retief Goosen (2004).

Set up at 7,434 yards and playing to a par 70, the course includes the par-four 10th hole, regarded as one of the most challenging in US golf, with its severely sloping green making for a hazardous approach shot.

The USA's Scottie Scheffler

Trawlerman ridden by William Buick won The Gold Cup in 2025

LIVE HORSE RACING

Royal Ascot

From Tuesday, ITV1 & ITV4

Ed Chamberlin and the award-winning ITV Racing team is covering all 35 races from the five-day festival, along with the royal procession at 2pm every day. The highlight of Tuesday's opening day is the St James's Palace Stakes (4.20pm), which could feature trainer Charlie Appleby's highly fancied Talk of New York up against 2,000 Guineas winner Bow Echo, trained by George Boughey, and Irish 2,000 Guineas champions Gstaad, trained by Aidan O'Brien. Thursday is the famous Ladies Day and features the Gold Cup (4.20pm), won last year by Trawlerman in a track-record ride by jockey William Buick.

King Charles III and Queen Camilla

England's Shoaib Bashir

LIVE CRICKET

England v New Zealand: Second Test

From Wednesday, play starts 11am, Sky Sports Cricket & Sky Sports Main Event

The Oval is the venue for the second Test after England spinner Shoaib Bashir was recalled for the first match at Lord's. Meanwhile, the women's T20 World Cup gets into full swing on Sky Sports, including Scotland v Ireland at Old Trafford on Saturday (10.30am), India v Pakistan at Edgbaston on Sunday (2.30pm), and England v Ireland at the Rose Bowl in a night game on Tuesday (6.30pm).

Serena Williams of the USA

LIVE TENNIS

Queen's Club

From Saturday, BBC1 & BBC2

Forty-four-year-old legend Serena Williams will hope to have made the women's doubles final with teenage partner Victoria Mboko on Sunday having returned to competitive action in west London after an absence of almost four years. The women's competitions are followed on Monday by the start of the men's event, with Australia's Alex de Minaur the No 1 seed in the singles in the absence of reigning champion Carlos Alcaraz. The field also includes Czech Republic's Jiri Lehecka, runner-up last year, 2024 winner Tommy Paul of USA, and Britain's Cameron Norrie.

Top seed Alex de Minaur

Oscar Piastri

LIVE MOTORSPORT

F1: Barcelona-Catalunya Grand Prix

Sun, race starts 2pm, Sky Sports F1 & Sky Sports Main Event

With the Spanish Grand Prix switching to a new street circuit in Madrid in September, the Barcelona-Catalunya circuit stages the first of two races in the country this season. The track will remain on the F1 calendar until 2032, in a yearly rotation with the Belgian Grand Prix. Last year, McLaren's Oscar Piastri took the win at this venue.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

AUSTRALIAN RULES

LIVE North Melbourne Kangaroos v West Coast Eagles
Sat 7am TNT Sports 1

LIVE Port Adelaide Power v Sydney Swans
Sat 10.30am TNT Sports 4

LIVE Richmond Tigers v Brisbane Lions
Sat 4am TNT Sports 4

LIVE St Kilda v GWS Giants
Sun 6am TNT Sports 2

LIVE Fremantle v Geelong Cats
Thu 11am TNT Sports 1

LIVE Gold Coast Suns v Hawthorn
Fri 10.30am TNT Sports 4

LIVE Adelaide Crows v Melbourne
Fri 4am TNT Sports 3

BASEBALL

LIVE Toronto Blue Jays v New York Yankees
Sat 8pm TNT Sports 2

LIVE Milwaukee Brewers v Philadelphia Phillies
Sat 12m't TNT Sports 2

LIVE Pittsburgh Pirates v Miami Marlins
Sun 5pm TNT Sports 3

LIVE San Francisco Giants v Chicago Cubs
Sun 8pm TNT Sports 1

LIVE Boston Red Sox v Texas Rangers
Sun 12m't TNT Sports 3

LIVE Los Angeles Dodgers v Tampa Bay Rays
Mon 3am TNT Sports 1; Wed 8pm TNT Sports 2 & 8.30pm TNT Sports 1

LIVE St Louis Cardinals v San Diego Padres
Tue 12.30am TNT Sports 1

LIVE Cincinnati Reds v New York Mets
Wed 5.30pm TNT Sports 1

LIVE Boston Red Sox v Toronto Blue Jays

LIVE Philadelphia Phillies v New York Mets
Thu 11.30pm TNT Sports 1

LIVE Chicago Cubs v Toronto Blue Jays
Fri 7pm TNT Sports 1

LIVE Houston Astros v Cleveland Guardians
Fri 1am TNT Sports 1

Rugby league
Jake Connor and the Leeds Rhinos face Warrington Wolves on Thursday evening

BASKETBALL

LIVE Connecticut Sun v Indiana Fever
Sat 11pm Sky Sports Action & Sky Sports+

LIVE Dallas Wings v Las Vegas Aces
Mon 1am Sky Sports Main Event & Sky Sports Action

LIVE Golden State Valkyries v Los Angeles Sparks
Mon 3am Sky Sports+; 3.30am Sky Sports Main Event & Sky Sports Action

LIVE Indiana Fever v Toronto Tempo
Tue 12m't Sky Sports Main Event & Sky Sports Action

LIVE Chicago Sky v New York Liberty
Wed 1am Sky Sports Main Event & Sky Sports Action

LIVE Phoenix Mercury vLas Vegas Aces
Wed 3am Sky Sports Main Event & Sky Sports Action

COMBAT SPORTS

LIVE UFC Freedom 250
Sun 1am TNT Sports 1

CRICKET

LIVE Ireland v Scotland
Sat 10am Sky Sports Main Event, Sky Sports Cricket, Sky Sports Mix & Sky Mix
Women's T20 World Cup in Manchester.

LIVE EUT20 Belgium
Sat 11.15am Premier Sports 2
Sixth play-off match.

LIVE Australia v South Africa
Sat 2pm Sky Sports Cricket & 4pm Sky Sports Main Event
Women's T20 World Cup match.

LIVE EUT20 Belgium
Sat 3pm Premier Sports 2

LIVE West Indies v New Zealand
Sat 6pm Sky Sports Main Event & Sky Sports Cricket
Women's T20 World Cup match.

LIVE West Indies v Sri Lanka
Sat 1.15am TNT Sports 1
The second T20 match in the three-game series in Kingston, Jamaica.

LIVE Bangladesh v Australia
Sat 5.45am TNT Sports 1
The third and final ODI in Dhaka.

LIVE Bangladesh v Netherlands
Sun 10am Sky Sports Main Event & Sky Sports Cricket
Women's T20 World Cup at Edgbaston.

LIVE India v Pakistan
Sun 2pm Sky Sports Cricket & 4pm Sky Sports Main Event
Women's T20 World Cup game.

LIVE EUT20 Belgium
Sun 3pm Premier Sports 2.

LIVE West Indies v Sri Lanka
Sun 1.15am TNT Sports 2
Third and final T20 in Jamaica.

LIVE New Zealand v Sri Lanka
Tue 2pm Sky Sports Main Event & Sky Sports Cricket
Women's T20 World Cup match.

LIVE England v Ireland
Tue 6pm Sky Sports Main Event, Sky Sports Cricket, Sky Sports Mix & Sky Mix
The Women's T20 World Cup match at the Rose Bowl in Southampton.

LIVE India v Afghanistan
Wed 8.45am TNT Sports 1
ODI at Ekana Cricket Stadium.

LIVE Bangladesh v Australia
Wed & Fri 8.45am TNT Sports 3
Games one and two in the three-match T20 series in Chittagong.

LIVE England v New Zealand
Wed 10am, Thu & Fri 10.15am Sky Sports Main Event & Sky Sports Cricket
Days one to three of the second Test at The Oval in London. See p29.

LIVE Australia v Bangladesh
Wed 10am Sky Sports+
Women's T20 World Cup match.

LIVE Netherlands v India
Wed 2pm Sky Sports+
The Women's T20 World Cup game.

LIVE South Africa v Pakistan
Wed 6pm Sky Sports Mix, 6.30pm Sky Sports Main Event & 7pm Sky Sports Cricket
Women's T20 World Cup match.

LIVE West Indies v Scotland
Thu 6pm Sky Sports Mix & 7pm Sky Sports Cricket
Women's T20 World Cup in Leeds.

LIVE Ireland v New Zealand
Fri 6pm Sky Sports Mix & 7pm Sky Sports Cricket
Women's T20 World Cup match at Hampshire Bowl in Southampton.

CYCLING

LIVE UCI Mountain Bike World Series
Sat 11am & Fri 5.30pm TNT Sports 1; Sun 10.30am TNT Sports 4; Fri 4.30pm TNT Sports 2

LIVE Tour Auvergne Rhone Alpes
Sat 1.30pm & Sun 2.45pm TNT Sports 4
Men's race stages seven and eight.

LIVE Copenhagen Sprint
Sat 3.15pm TNT Sports 4

LIVE London Nocturne Criterium
Sat 8pm TNT Sports 1

LIVE Tour of Switzerland
Wed & Thu 9am TNT Sports 2; Fri 9am TNT Sports 1
Women's race stages one to three.

LIVE Tour of Slovenia
Wed & Thu 12.30pm TNT Sports 2; Fri 12noon TNT Sports 1
Stages one to three of the men's race.

LIVE Tour of Switzerland
Wed & Thu 3pm TNT Sports 2; Fri 2.30pm TNT Sports 1
Stages one to three of the men's race.

LIVE Tour of Catalunya
Fri 3.30pm TNT Sports 3

DARTS

LIVE World Cup of Darts
Sat & Sun 12noon & 6pm Sky Sports Action & Sky Sports+

LIVE Six Nations Cup of Darts
Fri 8pm S4C

EQUESTRIAN

LIVE Global Champions Tour
Sat 4.15pm TNT Sports 2

LIVE League of Nations
Fri 6pm TNT Sports 3

FENCING

LIVE European Championship
Tue & Thu 6.15pm TNT Sports 2; Wed 6.15pm TNT Sports 3; Fri 4.15pm TNT Sports 4

GOLF

LIVE Canadian Open
Sat & Sun 12.45pm Sky Sports Golf & 10pm Sky Sports Main Event
Days three and four in Ontario.

LIVE Curtis Cup
Sat 6.30pm & 12m't, Sun 11pm Sky Sports Mix; Sat 12m't & Sun 11pm Sky Sports Main Event & Sky Sports Golf
Days two and three in Los Angeles.

LIVE Dow Championship
Sun 5pm Sky Sports+ & Sky Sports Mix
Days three and four in Michigan.

LIVE US Open
Thu & Fri 12.30pm Sky Sports Golf & 6.30pm Sky Sports Main Event
Days one and two of the Major at Shinnecock Hills Golf Club. See p28.

LIVE R&A Men's Amateur Championship
Fri 8am Sky Sports Main Event, Sky Sports Golf & Sky Sports Mix

HORSE RACING

LIVE York, Sandown Park & Chester
Sat 1.15pm ITV1

LIVE Royal Ascot
Tue-Fri 1.30pm ITV1 & 5.50pm ITV4
Days one to four. See p29.

ICE HOCKEY

LIVE Vegas Golden Knights v Carolina Hurricanes
Sun 1am Premier Sports 2
Game six of the Stanley Cup Finals.

MINORITY SPORTS

LIVE Climbing World Series
Tue 3.30pm TNT Sports 1; Thu 12noon & 6.30pm TNT Sports 3; Fri 6.30pm TNT Sports 4

MOTORCYCLING

LIVE Lejonen v Smederna
Tue 5.55pm Premier Sports 1

LIVE MotoGP
Fri 8am & 2.15pm TNT Sports 2
Grand Prix of Czechia practices.

MOTORSPORT

LIVE Ferrari Challenge
Sat 8am Sky Sports F1

LIVE World Superbikes
Sat 8.30am, 10am & 11.45am, Sun 9.45am & Sun 11.30am TNT Sports 2

LIVE Formula 3
Sat 9am & Sun 7.35am Sky Sports F1
Barcelona-Catalunya Grand Prix.

LIVE Women's Circuit Racing
Sat & Sun 10.45am TNT Sports 2

LIVE FIA World Endurance Championship
Sat 10.45am & 2pm, Sun 6am TNT Sports 3

LIVE Formula 1
Sat 11.15am Sky Sports F1
The Barcelona-Catalunya Grand Prix third practice session.

LIVE Formula 2
Sat 1.10pm Sky Sports F1 & Sky Sports Main Event; Sun 10.20am Sky Sports F1
Barcelona-Catalunya Grand Prix.

LIVE Formula 1
Sat 2.10pm Sky Sports Main Event & Sky Sports F1
Barcelona-Catalunya Grand Prix qualifying session from Spain.

LIVE Porsche Supercup
Sun 9.05am Sky Sports F1

LIVE Formula 1
Sun 12.30pm Sky Sports Main Event & Sky Sports F1
The Barcelona-Catalunya Grand Prix from Spain. See p29.

LIVE NASCAR
Sun 7pm Premier Sports 2

LIVE V8 Supercars
Fri 8.15am TNT Sports 4

LIVE Formula E
Fri 9.30am, 1.30am & 3.30am TNT Sports 4

LIVE Indycar
Fri 9pm Sky Sports F1

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HOW TO STREAM TV

Everything you need to know about all the channels available to stream...

BBC iPlayer

A free video-on-demand service from the BBC, featuring BBC dramas including *Luther*, *Doctor Who* and *Line of Duty*, as well as hits including *The Responder* and *This City Is Ours*. There are many comedies, too, from *Not Going Out* to *Ghosts* and *Mrs. Brown's Boys*, plus all episodes of *The Traitors* and *Race Across the World*. You can also watch BBC channels live. It's available online and on devices including mobile phones, tablets and smart TVs.

ITVX

This free streaming channel is the home for all ITV shows, films and much more – from drama box sets such as *Trigger Point* to *Love Island* episodes and James Bond movies. It can be accessed on smart TVs and an app to download. You can upgrade to ITVX Premium for an extra fee for even more content and ad-free viewing.

Free to watch

Channel 4 Streaming

A free streaming channel for all C4 content, this is home to shows from *Location, Location, Location* to *Celebrity Gogglebox*, plus a huge selection of true-crime series and documentaries, including *24 Hours in A&E*, as well as box-set comedies such as *Friday Night Dinner*, *Peep Show* and *Derry Girls*. You can access online via channel4.com, your smart TV or an app download. An upgrade to Channel 4+ for an extra fee also gives you more shows, early access and ad-free viewing.

5 Streaming

A free video-on-demand service from 5 that features bingeable box sets of American shows such as *Dexter* and *The Good Wife*, plus top British dramas including *All Creatures Great & Small*. There's also a huge selection of police documentaries, from *Traffic Cops* to *Police Interceptors*, plus kids' shows from *Peppa Pig* to *Paw Patrol*. The service is available on smart TVs and streaming devices via channel5.com and the app.

U

The free streaming service offers drama, comedy and entertainment, from recent shows like *The Marlow Murder Club* and *Bergerac* to classic series such as *Pride and Prejudice*. There are also American box sets, plus lots of true-crime documentaries and favourites such as *Canal Boat Diaries*. It can be accessed via an app and on smart TVs.

Subscription services

Netflix

This paid-for streaming channel features plenty of original content, with shows from *The Four Seasons* and *Toxic Town* to *Con Mum* and *The Real Fatal Attraction*. There are also new and classic films such as *I Swear* and *Mean Girls*. You can access Netflix via smart TVs, the website and an app to download.

Prime Video

The paid-for subscription channel features plenty of original TV shows like *Clarkson's Farm* and *Nine Perfect Strangers*. There are also comedy shows such as *Last One Laughing*, plus plenty of newly released films available to stream, buy or rent including BAFTA-winner *Conclave*. Prime Video can be accessed on TVs, mobiles, tablets and more.

Disney+

The home of most Disney content is a paid-for streaming channel that has classic movies such as *Mary Poppins* and *Dumbo*, recent films including *A Complete Unknown*, top dramas like *A Thousand Blows*, plus a large selection of National Geographic documentaries such as *Ocean with David Attenborough*. There's every Star Wars film and spin-off series such as *Andor*, plus the Muppets' catalogue of films and shows. It's available on smart TVs, an app download and online.

Apple TV

There's a selection of high-quality, exclusive, original-production films and TV series called Apple Originals. Content includes top dramas *Slow Horses*, *Smoke* and *Severance*, comedies like *Ted Lasso* and *Bad Sisters*, plus films *Napoleon* and *Blitz*. This paid-for streaming channel is available on smart TVs and the Apple TV app.

Paramount+

This is the home to blockbuster Paramount movies, new originals and hit shows, primarily from the libraries of US TV station CBS, with TV series including *Yellowstone* and *Star Trek: Discovery*. There's also a huge selection of Smithsonian documentaries and Nickelodeon shows including *SpongeBob SquarePants*. The paid-for streaming service is available on desktop, smart TVs and an app, and is also available free for Sky Cinema subscribers.

Discovery+

This is a paid-for streaming service that focuses on factual programming and original series. There's a library of real-life entertainment with eye-opening docuseries such as *Celebrity Help! My House Is Haunted*.

Sky Store

This paid-for streaming service is home to the latest blockbuster movies straight from the cinema, either to buy or rent, as well as TV shows to buy and keep including *The White Lotus* and *The Last of Us*. It's independent from Sky's TV service, meaning a Sky TV subscription isn't required, but you must create an account to access products and services.

MGM+

This is a paid-for streaming service that features a variety of content including titles from Lionsgate and US network Starz as well as original MGM+ series. Shows and films include *Godfather of Harlem* and *Legally Blonde*, plus the James Bond movies. Subscribe to MGM+ via Prime Video for a monthly fee.

Acorn TV

Many favourite dramas, murder mysteries and comedies from around the world appear here first. Current hit series include *Whitstable Pearl*, *Harry Wild*, *Darby and Joan*, *Signora Volpe* and *Recipes for Love & Murder*. The paid-for streaming service is available on smart TVs and via a mobile app.

NOW

There is a host of Sky TV shows and box sets to watch on this paid-for streaming service including *The Day of the Jackal*, *Brassic*, *Gangs of London* and *The White Lotus*. A choice of plans means that you can also stream Sky Sports to enjoy Formula One and other sporting events, and even watch the latest movies and Sky Original films. It's available to stream via your smart TV.

DAZN

This paid-for streaming sports service features boxing, NFL, kick-boxing, LIV Golf and women's football. It broadcasts both live and on-demand. You can access it via its mobile app and on smart TVs. It's also available as a Prime Video channel at an additional subscription cost.

HBO MAX

This new streaming giant is a paid-for service that offers access to the vast library of new and past HBO shows including some huge series such as *The Pitt*, *The White Lotus*, *Game of Thrones*, *House of the Dragon*, *The Comeback*, *Euphoria* and *Hacks*. It's also the new home of all seasons of *Friends* and (for extra) TNT Sports, which includes football, cricket, French Open tennis and Premiership rugby union. The service is available on smart TVs, plus on a downloadable app and online.

WORDS: NICK CANNON, HANNAH DAVIES. PHOTO: NIJAT/STOCK.ADOBE.COM

Football planner

NETBALL

LIVE Super League
Sat 3.30pm Sky Sports Mix & 4pm Sky Sports Action
The preliminary final.

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 1

POWERLIFTING

LIVE World Classic Championship
Tue 5pm TNT Sports 3

RUGBY LEAGUE

LIVE New Zealand Warriors v Cronulla-Sutherland Sharks
Sat 8.35am Sky Sports Action

LIVE West Tigers v Gold Coast Titans
Sun 7.05am Sky Sports Action & Sky Sports+

LIVE New South Wales Blues v Queensland Maroons
Wed 10am Sky Sports Action

LIVE Warrington Wolves v Leeds Rhinos
Thu 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm)
The Super League match staged at Halliwell Jones Stadium.

LIVE Hull Kingston Rovers v Leigh Leopards
Fri 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm)
The Super League match staged at Sewell Group Craven Park Stadium.

RUGBY UNION

LIVE Super Rugby
Sat 8am Sky Sports+
A match from the semi-finals.

LIVE Prem
Sat 2.30pm TNT Sports 1
A match from the play-offs.

LIVE Top 14
Sat 7.55pm Premier Sports 2 & Sun 7.55pm Premier Sports 1
Matches from the play-off stage.

LIVE Women's Premiership
Sun 1.30pm & 4.15pm TNT Sports 1
The two semi-final matches.

LIVE Top 14
Fri 7.55pm Premier Sports 1
The first semi-final match.

TENNIS

LIVE ATP Stuttgart Open, ATP S-Hertogenbosch Open & WTA S-Hertogenbosch Open
Sat 10am Sky Sports Tennis

LIVE Queen's
Sat 1.25pm & Sun 1.15pm BBC1
Days five and six of the women's grass-court tournament. See p29.

LIVE S-Hertogenbosch Open
Sat 3pm Sky Sports Tennis
ATP 250 event in the Netherlands.

LIVE S-Hertogenbosch Open
Sun 11am Sky Sports Tennis
The final of the WTA 250 event.

LIVE WTA & ATP Tours
Sun 1pm Sky Sports Tennis; Fri 10am Sky Sports+

LIVE ATP Halle Open & WTA Berlin Open
Mon, Tue & Thu 10am Sky Sports+; Mon-Fri 10am Sky Sports Tennis

LIVE Queen's
Mon-Fri 1pm BBC2
Days one to five of the men's event.

Saturday 13

LIVE Qatar v Switzerland
7pm ITV1 (kick-off 8pm)
The World Cup Group B match staged at San Francisco Bay Area Stadium in Santa Clara, USA.

LIVE Brazil v Morocco
10.30pm BBC1 (kick-off 11pm)
The World Cup Group C match at New York New Jersey Stadium in the USA. Morocco finished with an unblemished record in their qualifying campaign, winning all eight matches, while scoring 22 goals and conceding just two.

LIVE Haiti v Scotland
1.10am BBC1 (kick-off 2am)
The World Cup Group C match held at Boston Stadium. Scotland are appearing at a World Cup finals for the first time since France '98, and their eighth overall. This will be their first-ever meeting with Haiti, who are appearing in the finals for the second time in their history.

LIVE Australia v Turkey
4.30am ITV1 (kick-off 5am)
The World Cup Group D match at BC Place Vancouver in Canada. The Socceroos are appearing at their sixth consecutive finals, while Turkey are playing in their first World Cup since 2002.

Sunday 14

LIVE Germany v Curaçao
5pm ITV1 (kick-off 6pm)
The World Cup Group E match at Houston Stadium in the USA, with four-time winners Germany facing a side making their first-ever appearance in a World Cup.

LIVE Netherlands v Japan
8.15pm ITV1 (kick-off 9pm)
The World Cup Group F match staged at Dallas Stadium in the USA. These nations also met in a group stage match at the 2010 World Cup, which the Dutch won 1-0.

LIVE Ivory Coast v Ecuador
11.15pm BBC1 (kick-off 12m't)
The World Cup Group E match held at Philadelphia Stadium in the USA, in what is the first-ever meeting between these two nations.

LIVE Sweden v Tunisia
2.30am ITV1 (kick-off 3am)
The World Cup Group F match at Monterrey Stadium in Mexico.

Monday 15

LIVE Spain v Cape Verde
4pm ITV1 (kick-off 5pm)
The World Cup Group H game at Atlanta Stadium in the USA. The 2010 winners Spain are among the favourites to win the trophy, while Cape Verde are rank outsiders but were still impressive in qualifying.

LIVE Belgium v Egypt
7.30pm BBC1 (kick-off 8pm)
The World Cup Group G game held at Seattle Stadium in the USA, between two sides who will expect to progress to the knockout stages.

LIVE Saudi Arabia v Uruguay
10.15pm ITV1 (kick-off 11pm)
The World Cup Group H fixture staged at Miami Stadium in the USA. The sides previously met in the group stage of the 2018 tournament, won by Uruguay 1-0.

LIVE Iran v New Zealand
1.50am BBC1 (kick-off 2am)
The World Cup Group G game at Los Angeles Stadium in Inglewood, USA.

Tuesday 16

LIVE France v Senegal
7.30pm BBC1 (kick-off 8pm)
The World Cup Group I fixture staged at New York New Jersey Stadium in the USA.

LIVE Iraq v Norway
10.45pm BBC1 (kick-off 11pm)
The World Cup Group I match held at Boston Stadium in the USA.

LIVE Argentina v Algeria
1.15am ITV1 (kick-off 2am)
The World Cup Group J match at Kansas City Stadium in the USA.

LIVE Austria v Jordan
4.50am BBC1 (kick-off 5am)
The World Cup Group J match staged at San Francisco Bay Area Stadium in the USA.

Wednesday 17

LIVE Portugal v DR Congo
5.30pm BBC1 (kick-off 6pm)
The World Cup Group K match staged at Houston Stadium in the USA, as Nations League holders Portugal begin their campaign.

LIVE England v Croatia
8pm ITV1 (kick-off 9pm)
The World Cup Group L match at Dallas Stadium in the USA, as England get their campaign under way. These two teams last met at the European Championship held in 2021, with England winning a group-stage game 1-0 at Wembley.

LIVE Ghana v Panama
11.40pm ITV1 (kick-off 12m't)
The World Cup Group L game at Toronto Stadium in Canada, as these two sides meet each other in a match for the first time ever.

LIVE Uzbekistan v Colombia
2.50am BBC1 (kick-off 3am)
The World Cup Group K game staged at Mexico City Stadium.

Thursday 18

LIVE Czech Republic v South Africa
4.30pm BBC1 (kick-off 5pm)
The World Cup Group A match from Atlanta Stadium in the USA.

LIVE Switzerland v Bosnia and Herzegovina
7pm ITV1 (kick-off 8pm)
The World Cup Group B match staged at Los Angeles Stadium in Inglewood, USA.

LIVE Canada v Qatar
10.30pm ITV1 (kick-off 11pm)
The World Cup Group B fixture staged at BC Place Vancouver British Columbia, Canada.

LIVE Mexico v South Korea
1.50am BBC2 (kick-off 2am)
The World Cup Group A match at Guadalajara Stadium in Mexico.

Friday 19

LIVE USA v Australia
7.30pm BBC1 (kick-off 8pm)
The World Cup Group D match from Seattle Stadium in the USA.

LIVE Scotland v Morocco
10pm ITV1 (kick-off 11pm)
The World Cup Group C match at Boston Stadium in the USA. This is the second World Cup meeting between these nations, with the previous being at France '98, where the Africans were 3-0 winners.

LIVE Brazil v Haiti
1.15am ITV1 (kick-off 1.30am)
The World Cup Group C match at Philadelphia Stadium in the USA.

LIVE Turkey v Paraguay
3.50am ITV1 (kick-off 4am)
The World Cup Group D match staged at San Francisco Bay Area Stadium in Santa Clara, USA.

WORLD CUP 2026

Our pick of this week's most unmissable group games...

Brazil v Morocco
Saturday, kick-off 11pm, BBC1
Five-time winners Brazil face a tricky Group C opener against African champions Morocco at the New York New Jersey stadium. Carlo Ancelotti's men were less than impressive in qualifying, but still feature Raphinha (above) and Vinícius Júnior leading the attack.

Netherlands v Japan
Sunday, kick-off 9pm, ITV1
This encounter in Dallas looks to be one of the most well-matched ties this week, with Japan's slick passing and silky skills pitted against a steadfast Netherlands defence marshalled by Virgil van Dijk (above). Both Group F nations are capable of going deep into the tournament.

Spain v Cape Verde
Monday, kick-off 5pm, ITV1
The European champions take on the tiny nation of Cape Verde in Group H in what could be one of the biggest World Cup mismatches. Spain are on a long undefeated run and striker Mikel Oyarzabal (above) will be relishing the chance to get amongst the goals in Atlanta.

Iran v New Zealand
Monday, kick-off 2am, BBC1
Only diehard fans will stay up until the early hours of Tuesday morning for this Group G game in LA. But how will Iran fare after their participation was put in doubt due to the ongoing war with the US? New Zealand features Nottingham Forest's Chris Wood (above).

France v Senegal
Tuesday, kick-off 8pm, BBC1
Arguably the pick of the opening matches, this Group I clash in New Jersey features an array of attacking flair – including France's Kylian Mbappé (above) and Senegal's Ismaïla Sarr. Can the African nation repeat their famous victory over France at the 2002 finals?

Argentina v Algeria
Tuesday, kick-off 2am, ITV1
Kansas City is the venue as the holders begin the defence of their title with their first Group J fixture in the early hours of Wednesday morning. Lionel Messi (above) and co will be looking to avoid a repeat of their shock defeat to Saudi Arabia in their opening match in 2022.

PHOTOS: ADOBE STOCK, GETTY

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Saturday

13 June

Planner

Two Weeks in August

***DRAMA** BBC1, 9.25pm*

As the holiday veers from bad to worse, Zoe (Jessica Raine), Solomon (Nicholas Pinnock) and Jacob are involved in an accident on their way to an ancient temple, which puts their lives at risk...

World Cup

***FOOTBALL** BBC1 & ITV1*

Having qualified for their first World Cup since France '98, Scotland get their tournament underway late tonight (BBC1, kick-off 2am) with their opening Group B game against Haiti, which takes place at Boston's Gillette Stadium, home to NFL's New England Patriots. Also tonight: Qatar v Switzerland (ITV1, k-o 8pm) and Brazil v Morocco (BBC1, k-o 11pm).

Capital's Summertime Ball

***MUSIC** ITV1, 4.15pm*

Highlights of the music event from London's Wembley Stadium, where acts included Calvin Harris, Raye, Take That, Fatboy Slim, Jason Derulo and former One Direction singer Niall Horan (right).

Trooping the Colour

***FACTUAL** BBC1, 10.30am*

Coverage of the ceremony marking the King's official birthday from central London, where the regiment taking centre stage this year is the 1st Battalion Grenadier Guards, who are known as the King's Company.

Saturday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Pointless Celebrities		7.50 The Weakest Link	8.35 Casualty		9.25 Two Weeks in August	10.10 News	10.30 Football...
	102 BBC2		7.05 Trooping the Colour Highlights		8.35 40 Originals at the BBC: Volume 2				
	103 ITV1	7.00 Football: World Cup – Live: Qatar v Switzerland (Kick-off 8.00)							10.35 News
	104 CHANNEL 4	◂ 6.30 F1: Barcelona-Catalunya Grand Prix...		8.00 Yorkshire by the Sea		9.00 Film: Where the Crawdads Sing			
	105 5	◂ 6.30 Cornwall...	7.30 William & Harry: The Unseen Photos		8.35 Harry & Meghan: Has America Had Enough?			10.05 ABBA vs Queen: Who Is the...	
	106 SKY ONE	◂ 5.30 F1: Barcelona...	7.30 Ted's Notebook	8.00 Agatha Raisin				10.00 Film: Beverly Hills Cop	
ENTERTAINMENT	115 BBC3	7.00 Doctor Who			8.45 Miranda		9.45 Mrs Brown's Boys New Year Special		
	116 BBC4	7.00 Hurricanes and Heatwaves: The Highs...		8.00 Heatwave			9.30 1976: The Summer of – Heat		10.30 The Year of...
	118 ITV2	◂ 6.55 Film: Legally Blonde 2: Red, White & Blonde				9.00 The 1% Club		10.00 Love Island: Unseen Bits	
	136 MORE4	◂ 6.55 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	◂ 6.15 Film: The Simpsons Movie		8.00 Supercruising: Life at Sea		9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Blue Bloods		10.00 Doc	
	108 SKY ATLANTIC		7.10 The Miniature Wife					10.00 True Detective: Night Country	
	110 U&GOLD	◂ 6.50 Only Fools and Horses			8.50 Red Dwarf				
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Would I Lie to You?	9.00 QI			
	119 ITV3	◂ 6.10 Midsomer Murders		8.05 Midsomer Murders				10.05 Vera	
	120 ITV4	◂ 5.55 Sharpe						10.10 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's Christmas Wheel		9.00 The Best of Mr Bean		10.05 8 Out of 10 Cats Uncut	
	145 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 The Walking Dead			
	143 U&DRAMA	◂ 6.55 The Brokenwood Mysteries				9.00 The Count of Monte Cristo		10.10 The Boy That Never Was	
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Allegiance		9.00 Death in Paradise		10.00 Father Brown	
	122 SKY ARTS	◂ 6.10 Jerry Lee...	7.30 Ray Charles: Live at Montreux			9.00 Ella Fitzgerald: Just One of Those Things			
	132 U&W	7.00 First Responders				9.00 Ghosts			
DOCUMENTARY	125 DISCOVERY	7.00 The Woodland Workshop		8.00 Maine Cabin Masters		9.00 Naked and Afraid		10.00 In the Eye of the Storm: Chasers	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Man-Eating Super Squid		9.00 Edge of Alaska		10.00 Tanked	
	129 NAT GEO	7.00 Seconds from Disaster		8.00 Tut's Toxic Tomb				10.00 Witches: Truth Behind the Trials	
	123 SKY HISTORY	7.00 Digging for Britain				9.00 The Other 300: Army of Lovers			
	155 U&YESTERDAY	7.00 The Lakes with Simon Reeve		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash		10.00 Train Truckers	
	114 SKY DOCS	◂ 6.00 Brazil 2002		8.00 I Am Patrick Swayze			9.50 Val		

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

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6.00 AM **Breakfast** (S)
9.00 **Saturday Kitchen** New edition With chefs Max Halley and Adam Byatt, and guest Joanna Page. (S)
10.30 LIVE **Trooping the Colour: The King's Birthday Parade** Coverage of the pageantry and spectacle of the ceremony. (S)
1.10 PM **BBC News** (S)
1.25 LIVE **Tennis: Queen's** The HSBC Championships: Coverage of day five of the women's grass-court tournament at Queen's Club, featuring the singles semi-finals. (S)
5.20 **BBC News** (S)
5.30 **Local News** (S)
5.40 **Celebrity Bridge of Lies** New edition 9/10. Scarlett Moffatt, Owain Wyn Evans, Rickie Haywood-Williams and Michaela Strachan take part in the quiz. (S)

9.25 Two Weeks in August

6 PM
6.25 **Blankety Blank** New edition 8/9. With Stephen Mangan, Kimberley Walsh, Jonathan Ross, Craig Revel Horwood, Fatiha El-Ghorri and Nella Rose. (S)
7 PM
7.00 **Pointless Celebrities** Steve Backley, Roger Black, Kelly Sotherton, Sally Gunnell, Ashia Hansen, Jo Pavey, Martin Offiah and Gareth Chilcott take part in the quiz show. (S)(R)
7.50 **The Weakest Link** With Gok Wan, Kate Humble, Asim Chaudhry, Katie Piper, Dermot Murnaghan, Andy Day and Susie McCabe. (S)(R)
8 PM
8.35 **Casualty** Dylan discovers the truth about Stevie and Matty's relationship as they work to save the members of a stag party. (S)(AD)
9 PM
9.25 **Two Weeks in August** New episode 5/8. Accusations fly when the housekeeper reveals she saw Jon desecrating her local chapel. (S1) (S)(AD)
■ Entire series on BBC iPlayer
10 PM
10.10 **BBC News** (S)
10.30 LIVE **Football: World Cup** Brazil v Morocco: Kelly Cates presents coverage of the Group C match at New York/New Jersey Stadium. With analysis from Joe Hart and Hassan Kachloul. Kick-off at 11.00. (S)
1.10 AM LIVE **Football: World Cup Haiti v Scotland:** Kelly Cates presents coverage of the Group C match at Boston Stadium in the USA. With analysis from Joe Hart and Scott Brown. Kick-off is at 2.00. *See feature, page 6.* (S)
HOME NATION!
4.35 **Weather for the Week Ahead** (S)
4.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.10 AM **Children's Programmes**
8.05 **Countryfile** (S)(R)
9.00 **Gardeners' World** (S)(R)
10.00 FILM **The Great Caruso** Musical biopic starring Mario Lanza. (S) (1950, U, 110min) ★★★
11.50 FILM **The Importance of Being Earnest** Oscar Wilde's comedy starring Rupert Everett and Colin Firth. (S) (2002, U, 85min) ★★
1.15 PM **Homes Under the Hammer** Properties in Leicestershire, London and Kent. (S)(R)(AD)
2.15 **Bargain Hunt** (S)(R)
3.15 FILM **The Magnificent Seven** Classic western starring Yul Brynner as the leader of a group of gunmen hired to protect a Mexican village from bandits. (S) (1960, PG, 125min) ★★★★★
5.20 **Flog It!** From Port Talbot. (S)(R)

8.35 40 Originals at the BBC: Vol 2

6.20 **Natural World: Killer Bees of Africa** The truth about the Africanised honey bee, more commonly known as the killer bee, one of the most successful invaders in the natural world. (S)(R)
7.05 **Trooping the Colour Highlights** Clare Balding introduces highlights of this morning's military display from Horse Guards Parade in London, where the Colour of the King's Company, 1st Battalion Grenadier Guards, marked the King's official birthday. (S)
8.35 NEW **40 Originals at the BBC: Volume 2** Another compilation of songs that became bigger hits for the artists who covered them, including Mick Jackson – who was the first to perform *Blame it on the Boogie* before his near namesake Michael and his brothers got hold of the song – and Liza Minnelli, who got to *New York, New York* before Frank Sinatra. Other artists featured include the Osmonds, Red Hot Chili Peppers, Randy Newman, Randy Crawford and David Bowie. (S)
11.00 **40 Originals at the BBC** Featuring John Fogerty, Nine Inch Nails, Dolly Parton and the Zutons. (S)(R)
1.20 AM FILM **Nostalgia** Italian drama starring Pierfrancesco Favino. Subtitled. (2022, 12, 115min) ★★★
3.15 **Sign Zone: Death Valley** 4/6. John and Janie investigate a murder at a commune. (S2) (S)(R)(AD)
4.00 **Sign Zone: Football's New Generation** Documentary. (S)(R)
5.10 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Dermot's Taste of Ireland** (R)
6.25 FILM **Dr No** Spy adventure starring Sean Connery. (S)(AD) (1962, PG, 120min) ★★★★
8.25 **Ainsley's Fantastic Flavours** New edition Citrusy recipes. (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** With Kelvin and Liz Fletcher. (S)(R)
12.00 NOON **Dermot's Taste of Ireland** New edition Dermot heads to the west of Co Donegal. (S)
12.30 PM **James Martin's Islands to Highlands** Peak District. (S)(R)(AD)
1.00 **ITV News** (S)
1.15 LIVE **Racing** Coverage from York, Sandown Park and Chester. (S)
4.15 NEW **Capital's Summertime Ball** Featuring Raye, Calvin Harris, Jason Derulo and Fatboy Slim. (S)(AD)
5.55 **In for a Penny** (S)(R)(AD)

12.00 Dermot's Taste of Ireland

6.35 **ITV News** (S)
6.45 **Local News** (S)
7.00 LIVE **Football: World Cup** Qatar v Switzerland: Mark Pougatch presents coverage of the Group B match at San Francisco Bay Area Stadium in Santa Clara, USA. There has only ever been one previous meeting between these nations, and Qatar will hope to replicate the outcome of that friendly in 2018, in which they claimed a 1-0 victory. With analysis from Gary Neville, Ian Wright and Duncan Ferguson, and commentary by Sam Matterface and Lee Dixon. Kick-off is at 8.00. (S)
10.35 **ITV News** (S)
10.50 FILM **Taken 3** Director Olivier Megaton's action thriller sequel starring Liam Neeson. Ex-CIA agent Bryan Mills fights to clear his own name after being framed for his ex-wife's murder. With Forest Whitaker, Maggie Grace and Dougray Scott. (S)(AD) (2015, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **Teleshopping**
3.00 **Unwind with ITV** (S)
3.40 **to 4.30** AM **Bradley & Barney Walsh: Breaking Dad** The actor and his son begin their latest challenge in Sydney. (S)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.15 AM **The King of Queens** 12-15/22. (S7) (S)(R)(AD)
7.55 **Everybody Loves Raymond** 3-5/22. (S1) (S)(R)(AD)
9.20 **Frasier** 15-18/24. (S7) (S)(R)(AD)
11.20 **The Simpsons** (S)(R)(AD)
12.50 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.25 **A Place in the Sun** Danni Menzies helps Sandy and Andy find their perfect new home in the lakes and mountains of Lazio. (S)(R)
3.55 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help two couples search for a new home in Edinburgh. (S)(R)
4.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp catches up with a couple who renovated their four-bedroom Newcastle home in 2016. (S)(R)(AD)

9.00 Where the Crawdads Sing

6.00 **News** (S)
6.30 **F1: Barcelona-Catalunya Grand Prix Qualifying Highlights** Lee McKenzie presents action from the battle for grid positions for the seventh round of the season at Circuit de Barcelona-Catalunya in Spain. With analysis from David Coulthard and Billy Monger. (S)
8.00 **Yorkshire by the Sea** 4/4. In Hornsea, new recruit Liam joins an independent lifeboat. Plus, a look at the remains of an ocean giant that were washed up in Burton Constable. (S)(R)(AD)
9.00 FILM **Where the Crawdads Sing** Drama adapted from Delia Owens' bestseller, starring Daisy Edgar-Jones, David Strathairn and Taylor John Smith. A young woman is accused of murder in the marshlands of North Carolina. With Harris Dickinson. (S) (2022, 15, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.20 FILM **Jojo Rabbit** Comedy starring Roman Griffin Davis. (S)(AD) (2019, 12, 120min) ★★★★
1.20 AM NEW **Iris Prize Best British Shorts** Short film. (S)(AD)
1.35 **Ramsay's Kitchen Nightmares USA** In Baltimore. (S)(SL)(R)
2.25 **Make That Movie** (S)(SL)(R)(AD)
3.20 **Travel Man: 48 Hours in Prague** With Adam Buxton. (S)(SL)(R)
3.30 **Couples Come Dine with Me** (R)
4.40 **to 5.55** AM **The Simpsons** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

6.00 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.10 **Walking Victorian Britain** The history of Liverpool. (S)(R)
9.35 **Secrets of the Royal Palaces** Double bill of editions. (S)(R)
11.30 **Catching Up with the Royals with Rev Richard Coles & Emily Andrews** New edition (S)
12.30 PM **Carol Klein's Summer Gardening** Double bill. (S)(R)
2.25 **Loch Lomond: A Year in the Wild** Double bill. (S)(R)
4.30 **Yorkshire Great and Small with Dan and Helen** Helen Skelton and Dan Walker explore the North York Moors, starting in the village of Hawnby. (S)(R) **5.25** Helen Skelton and Dan Walker visit Brontë Country in West Yorkshire. (S)(R)

8.35 Has America Had Enough?

6.25 **News** (S)
6.30 **Cornwall: A Year by the Sea** In the harbour town of Padstow, local fisherman Johnny Murt heads out to sea as dawn breaks, in search of the prized catch of lobster. (S)(R)
7.30 **William & Harry: The Unseen Photos** The story of the brothers told through the archives of royal photographers and picture editors, portraying a different perspective of the lives of Princes William and Harry with unseen photos from the past 40 years. (S)(R)
8.35 NEW **Harry & Meghan: Has America Had Enough?** The US media were enthralled by Harry and Meghan when they moved to the States, but the mood towards them has cooled. This documentary examines what has gone wrong for the couple. (S)
10.05 **ABBA vs Queen: Who Is the Greatest?** A panel of musicians, composers, critics and industry insiders analyse the relative merits of two of the biggest bands in history to see who truly reigns supreme. (S)(R)
11.30 **ABBA, the Carpenters & Dolly Parton: The Unseen Tapes** (R)
1.00 AM **Teleshopping** (S)(R)
2.30 **Shoplifters: Catch Me If You Can** Paige and Corey keep a close eye on a toy store. (S)(R)
3.20 **Friends** 3-5/24. (S9) (S)(R)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Hawaii Five-0** (S)(R)
9.00 **The Simpsons** (S)(R)
11.30 **Deep Dive North America** Double bill of editions. (S)(R)
1.30 PM **La Brea** 3/10. Gavin puts his faith in the hands of an old friend. (S)(R)(AD)
2.30 **La Brea** 4/10. The sight of a plane spreads a wave of unexpected hope. (S1) (S)(R)
3.30 FILM **Eddie the Eagle** Biopic of British underdog ski jumper Eddie Edwards, who became a sensation during the 1988 Winter Olympics. Stars Taron Egerton and Hugh Jackman. (S) (2016, PG, 120min) ★★★
5.30 **F1: Barcelona-Catalunya Grand Prix Qualifying Session** From Circuit de Barcelona-Catalunya in Spain. (R)

10.00 Beverly Hills Cop

F1: Barcelona-Catalunya Grand Prix Qualifying Session (started at 5.30pm)

7.30 **Ted's Notebook** Ted Kravitz reviews the Barcelona-Catalunya Grand Prix qualifying session. (R)

8.00 **Agatha Raisin** *The Haunted House:* 1/4. Mystery drama starring Ashley Jensen. The detective opens her own agency, but potential clients aren't exactly breaking down the door. In search of new business, Agatha and James visit Ivy Hall, a house said to be haunted since the English Civil War. (S3) (S)(R)(AD)

10.00 FILM **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills. With Judge Reinhold and John Ashton. (S) (1984, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **Movie Megastars: Made in the 80s** The biggest film stars of the decade, including Tom Cruise, Arnold Schwarzenegger, Julia Roberts and Nicole Kidman. (S)(R)(AD)
2.00 AM **The Force: North East** A trail of blood leaves police officers puzzled. (S)(R)
3.00 **Road Wars** Double bill. (S)(R)
5.00 **to 6.00** AM **Highway Patrol**

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
2.15pm Weatherman Walking: The Welsh Coast (S)(R) **2.45-3.15pm** Springwatch in Wales (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Deian a Loli **10.15** Garddio a Mwy **10.45** Dan Do **11.15** Cais Quinnell (AD) **11.45** Ffermio **12.15pm** Ffasiwn Drefn (AD) **12.45** Gwyliau Gartref (AD) **1.15** Iolo: Natur Bregus Cymru (AD) **2.15** Colleen Ramsey: Bywyd a Bwyd **2.45** 3Cân **3.15** Y Wal (AD) **4.15** Sgwrs Dan y Lloer **4.45** Cymry ar Gynfas **5.15** Sean Fletcher: Cyfrinachau'r Llong **6.15** Cynefin **7.15** Newyddion a'r Tywydd **7.30** Ciao! Colleen Ag Owain (AD) **8.00** Dyma Mynediad am Ddim **9.00** Noson Lawen **10.00** Amour & Mynydd **11.00-11.50pm** 24 Awr Newidiodd Gymru (AD)

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Doctor Who** *Dark Water:* 11/13. A tragedy drives the Doctor into a showdown with old foes. Guest stars Michelle Gomez. **7.45** *Death in Heaven:* 12/13. The world is overrun with Cybermen. (S8)
8.45 **Miranda** 1/6. Penny threatens to cancel Miranda's Christmas if she fails to get her life in order. **9.15** 2/6. Gary decides to join the dating scene. (S3)
9.45 **Mrs Brown's Boys New Year Special 2023** Buster and Dermot suspect Cathy's boyfriend is a vampire.
10.15 **Mrs Brown's Boys New Year Special 2024** Agnes and the gang attempt a tough new fitness regime.
10.45 **Funboys** 1/4. Life is good for the funboys until Callum gets his first girlfriend. (S1)
11.10 **Funboys** 2-4/4. (S1)
12.25 AM **Two Pints of Lager and a Packet of Crisps**
1.55 **Disclosure: Should I Delete Instagram?**
2.15 **to 4.00** AM **Doctor Who**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Hurricanes and Heatwaves: The Highs and Lows of British Weather** The evolution of the weather forecast.
8.00 **Heatwave** Fictionalised scenario of the hottest summer on record.
9.30 **1976: The Summer of – Heat** Recollections of the summer that saw the country swelter during the longest dry spell on record.
10.30 **The Year of the Ladybirds – The World About Us** Documentary looking at the crisis facing British wildlife during the summer of 1976.
11.20 **The Great British Drought – Horizon Special**
12.00 M'T **Summer of 76 – Away from It All**
12.50 AM **Keeping Up Appearances** Double bill.
1.50 **The Year of the Ladybirds – The World About Us** As 10.30pm.
2.40 **to 3.25** AM **The Great British Drought – Horizon Special**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
11.35 **A Place in the Sun** Four editions, including at: **2.40** PM A recently retired couple looking to relocate to Axarquía, Andalucía.
3.45 PM **Come Dine with Me** Five editions of the culinary contest from Cardiff.
6.25 **Four in a Bed** The competition kicks off at The Art Bank in Dalbeattie. **6.55** The second visit is to the Tithe Barn Hotel in Cockermouth, Cumbria.
7.25 **Four in a Bed** The third visit of the week is to The Sanderling in Morecambe. **7.55** The week's final visit is to the Curious Fox in Skipton, North Yorkshire. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** A man comes in having severed three of his fingers, a patient with motor neurone disease is rushed to St George's with sepsis, and a teenager struggles to come to terms with the impact of injuries he sustained in a car crash.
10.00 **24 Hours in A&E** An elderly woman is admitted with two severe leg fractures, while a man appears with an injured finger that he caught in a kebab slicer.
11.05 **999: On the Front Line**
1.10 AM **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Lego Masters Australia**
7.25 **The Great Australian Bake Off** Cake Week.
8.50 **Modern Family**
9.20 **Ramsay's Kitchen Nightmares USA**
10.15 **Ramsay's Hotel Hell**
1.15 PM **The Simpsons** Ten episodes, including at: **5.15** *Co-Dependent's Day:* Homer crashes the car but lets Marge take the blame. **5.45** *Wandering Juvie:* Bart is sent to a juvenile detention centre.
6.15 FILM **The Simpsons Movie** Animated comedy featuring the voices of Dan Castellaneta, Julie Kavner, Nancy Cartwright and Yeardley Smith. Homer Simpson must save Springfield after he single-handedly causes a disaster. (2007, PG, 83min) ★★★★★
8.00 **Supercruising: Life at Sea** Documentary following life on luxury cruise ships.
9.00 **Celebrity Gogglebox** Opinions on *American Pie, Love Island* and *Killing Eve.*
10.00 **Gogglebox** *The Masked Singer, Love is Blind* and *Gladiators* are appraised. **11.05** Appraisals on *Britain's Got Talent* and *The Heat.*
12.05 AM **First Dates**
2.15 **The Simpsons**
2.40 **Gogglebox** Double bill.
4.30 **Ramsay's Hotel Hell**
5.15 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

Saturday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
8.00 **A1: Britain's Longest Road**
9.00 **UK Border Force**
10.00 **Caught on Dashcam**
12.00 NOON **Caught Red Handed**
2.00 PM **Nothing to Declare** Ten editions, including at: **5.00** Border Force investigate two young female passengers. **5.30** Officers suspect a Brazilian man is lying to them. **6.00** Drugs are found in a young man's baggage. **6.30** A nervous passenger attracts attention.

9.00 Blue Bloods

7 PM

7.00 **Nothing to Declare** Two brothers claiming to be tourists are caught out. **7.30** A nervous passenger is found out.

8 PM

8.00 **Caught on Dashcam** Outrageous road disasters, captured in video form by drivers' in-vehicle cameras.

9 PM

9.00 **Blue Bloods** *Silver Linings:* 20/20. Jamie and Joe look for an undocumented teenage girl who has been sex-trafficked. (S12)

10 PM

10.00 **Doc** *Next:* 19/22. Joan chooses a successor on her last day at Westside, while Gina steps in to help TJ's patient. (S2)
11.00 **The Equalizer** 11/18. (S2)
12.00 M'T **The Good Doctor** (S6)
1.00 AM **Caught on Dashcam**
2.00 **Watson** New episode 18/20. John goes on leave. (S2)
3.00 **Brit Cops: Rapid Response**
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Billions** 1-4/12. (S3)
12.30 PM **The Miniature Wife** Seven episodes, including at: **3.15** 4/10. RPW takes Lindy on a romantic date. **4.15** 5/10. Lindy's plagiarised story is published in the New Yorker to great critical acclaim. **5.15** 6/10. Les is forced to fake his regrowth technology. **6.15** 7/10. Lulu discovers how the internet can turn someone from hero to villain. (S1)

9.00 The Miniature Wife

7 PM

7.10 **The Miniature Wife** *Gone into the Heart of Darkness:* 8/10. Lulu must make a decision about her future.

8 PM

8.00 **The Miniature Wife** *Janet Reno:* 9/10. Time rewinds to look back on the wedding day of Les and Lindy 20 years earlier.

9 PM

9.00 **The Miniature Wife** *A Tiny Big Idea:* 10/10. Les must break back into the lab to save his wife. (S1)

10 PM

10.00 **True Detective: Night Country** 6/6. Navarro and Danvers each confront the demons from their past. (S4)
11.30 **A Knight of the Seven Kingdoms** 4/6. Dunk requests a trial by combat. **12.10** AM 5&6/6. (S1)
1.35 **Deadwood** 1&2/12. (S1)
3.45 **The Guest Wing**
4.35 **Sort Of** (S3)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Deal or No Deal**
7.00 **Backyard Builds**
7.30 **Dress to Impress**
8.25 **Million Dollar Listing: LA**
11.20 **Deal or No Deal**
1.20 PM **Wheel of Fortune**
2.25 **Celebrity Catchphrase**
3.25 FILM **Charlotte's Web** Drama starring Dakota Fanning. (2006, U, 97min) ★★★
5.15 FILM **Ice Age** Animated adventure featuring the voices of Ray Romano, John Leguizamo and Denis Leary. (2002, U, 81min) ★★★★

6.55 Legally Blonde 2

7 PM

6.55 FILM **Legally Blonde 2: Red, White & Blonde** Comedy sequel starring Reese Witherspoon. Dizzy, fashion-conscious blonde Elle Woods tackles Washington's political elite to win support for animal rights. (2003, PG, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9 PM

9.00 **The 1% Club** Quiz game show hosted by Lee Mack in which the questions are all about logic and common sense.

10 PM

10.00 **Love Island: Unseen Bits** New edition Iain Stirling shares exclusive content from an action-packed first week in the villa.
11.05 **Family Guy** 13/21. Brian and Stewie hide on a train. (S2) **11.35** 15/30. Animation. (S4)
12.05 AM **American Dad!** (S1)
1.05 **G'wed** 1/7. (S3)
1.40 **Plebs** 6/9. (S5)
2.05 **Piglets** 1/6. (S1)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Inspector Morse**
10.25 **Endeavour** *Zenana.*
12.20 PM **Agatha Christie's Marple** *Nemesis:* The spinster sleuth is sent on a mysterious mission.
2.20 **Midsomer Murders** *The Scarecrow Murders:* The annual Scarecrow Festival takes a grisly turn as bodies begin appearing on poles. **4.15** *For Death Prepare:* A body is found in a theatre. **6.10** *The Witches of Angel's Rise:* A body is discovered surrounded by ritual symbols.

8.05 Midsomer Murders

7 PM

Midsomer Murders (started at 6.10pm)

8 PM

8.05 **Midsomer Murders** *Death of a Hollow Man:* The discovery of an elderly villager's body in the river leads Barnaby to intrigue at an amateur dramatics group, where one of the actors is tricked into killing himself on stage.

9 PM

10 PM

10.05 **Vera** *Little Lazarus:* DCI Vera Stanhope finds a kindred spirit in the son of a murdered woman and comes to realise the key to the case is hidden deep in his memory.
11.55 **Inspector Morse** *The Settling of the Sun:* The detective experiences the pangs of unrequited love while looking into a murder at a college.
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 70s**
6.20 **The Big Match Revisited**
8.20 **The Saint**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **The Adventures of Sherlock Holmes** Mystery drama.
1.45 PM **Sharpe** *Sharpe's Battle:* 2/3. The officer takes charge of an unprepared unit. **3.50** *Sharpe's Sword:* 3/3. Munro orders Sharpe to kill a French colonel. (S3) **5.55** *Sharpe's Regiment:* 1/3. Stars Julian Fellowes. (S4)

8.00 Sharpe

7 PM

Sharpe (started at 5.55pm)

8 PM

8.00 **Sharpe** *Sharpe's Siege:* 2/3. Having finally recovered from the death of his beloved Teresa, Sharpe marries Jane Gibbons – then rushes off to capture a fort behind French lines. Sean Bean stars. (S4)

9 PM

10 PM

10.10 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling. The roster features world-class talent including Jon Moxley, Bryan Danielson and Claudio Castagnoli.
12.15 AM **The Saint**
1.15 **Two and a Half Men** (S3)
2.10 **Auto Mundial**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Repair Shop on the Road** Preserving the artwork on the walls of Nairn Museum from World War Two.
8.00 **Highland Cops** Police race to a major tragic accident on the A9.
9.00 **The Chief** 1/4. Miekelson embraces a new government scheme that offers ex-offenders a job in the police force. (S1)
9.30 **Only Child** 6/6. The diggers move in at the allotments. (S2)
10.00 **Highland Cops** Police raid a house in Skye suspected of being used as a cannabis farm.
11.00 PM **to 12.00** M'T **Paul Black: Nostalgia** A stand-up show by the comedian at the Music Hall in Aberdeen.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S3)
10.30 **Avenue 5** 5-9/9. (S1)
1.30 PM **Community** (S2)
4.00 **Will & Grace** (S10)
6.30 **The Office (US)** 11/25. Dwight and Clark pose as father and son. **7.00** 12/25. Jim loses a major investor. **7.30** 13/25. Pam tries to find out which employee will be sharing her desk. **8.00** 14/25. Someone vandalises Pam's warehouse mural. **8.30** 15/25. Erin decides that she is going to break up with Andy so she can be with Pete. (S9)
9.00 **Tom Davis: Underdog** Comedian Tom Davis performs stand-up in front of a live audience.
10.15 **Josh Widdicombe: Bit Much...** Stand-up show at the London Palladium.
11.30 **Flo & Joan: Sweet Release** Comedy.
12.45 AM **Upright** 5-8/8. (S1)
3.25 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **LSO: Rattle Conducts Brahms and Shostakovich**
7.55 **Tales of the Unexpected**
10.25 **Alfred Hitchcock Hour**
12.25 PM **Discovering**
1.25 **Pavarotti in Central Park** With the Boys Choir of Harlem.
3.40 **Eric Clapton: Concert by the Lake – Band du Lac** From 2005.
6.10 **Jerry Lee Lewis & Friends** From 1989.
7.30 **Ray Charles: Live at Montreux**
9.00 **Ella Fitzgerald: Just One of Those Things**
11.00 **Amy Winehouse: I Told You I Was Trouble**
12.15 AM **Nina Simone: The Lost Album**
1.45 **Nina Simone: Live at Montreux 1976**
3.00 **Women Who Rock**
4.15 **Discovering**
4.45 **to 6.00** AM **Classic Albums**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: Canada's Front Line**
9.30 **Border Security: America's Front Line**
10.00 LIVE **Cricket: Women's ICC T20 World Cup** Ireland v Scotland: Coverage of the Group B match held at Old Trafford in Manchester.
2.00 PM **Caught Red Handed**
4.00 **Deep Dive Australia**
5.00 **Deep Dive North America** Documentary.
6.00 **Reef Wrecks**
7.00 **Coral City** Supersize sea snails try to fend off coral-hungry starfish.
8.00 **Caught on Dashcam**
9.00 FILM **Ferrari** Drama with Adam Driver and Jack O'Connell. (2023, 15, 130min) ★★★
11.30 **Caught on Dashcam**
1.30 AM **Killer in My Village**
2.30 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **The Celebrity Chase**
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order.
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Celebrity Catchphrase** Natalie Cassidy, Sam Aston and Lou Sanders play for their charity.
9.00 **The Celebrity Chase** Celebrity charity edition of the quiz show, hosted by Bradley Walsh.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Come Dine with Me**
2.00 PM **Couples Come Dine with Me** Double bill.
4.00 **A Place in the Sun**
8.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer catch up with couples they helped in Edinburgh and Derbyshire.
9.00 **Grand Designs** A couple building a Viking-inspired home in the Surrey Hills.
10.00 **Britain's Most Expensive Houses** Jeremy Fine sells a £20 million mansion on north London's Billionaires' Row.
11.05 **Taskmaster – The Final** Joanna Page lays waste to Little Alex Horne.
12.05 AM **Gogglebox**
1.05 **Celebrity Gogglebox**
2.10 **First Dates**
3.10 **Taskmaster – The Final**
4.10 **to 5.10** AM **Dispatches: Hunting the Debt Predators**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** Five episodes, including at: **3.00** PM 2/26. T'Pol recalls her family's history. (S2)
4.00 **Star Trek: Voyager** 1/26. The crew encounter a species in danger of extinction. **5.00** 2/26. A deadly new species of Borg develops. **6.00** 3/26. The crew race against the Malon to build a vessel able to withstand the atmosphere of a gas giant. (S5)

9.00 The Walking Dead

7.00 **Star Trek: Voyager** *In the Flesh:* 4/26. The crew make a disturbing discovery. Guest stars Tucker Smallwood.
8.00 **Star Trek: Voyager** *Once Upon a Time:* 5/26. Neelix helps a girl come to terms with the prospect of life without her mother. (S5)
9.00 **The Walking Dead** *No Sanctuary:* 1/16. Rick and the group find themselves in a vulnerable situation.
10.00 **The Walking Dead** *Strangers:* 2/16. Rick leads a risky mission to a food bank as their supplies run low. (S5)
11.00 **The Walking Dead** 3/16. The group come up against the Terminans once again. (S5)
12.00 M'T **Grimm** 2/22. Renard is saved by a mysterious woman. **1.00** AM 3/22. Nick and Hank investigate a Wesen local boxing gym. (S4)
2.00 **Britannia** 2-4/8. (S3)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
10.00 **Miss Scarlet and the Duke**
12.00 NOON **Death in Paradise**
1.00 PM **Father Brown** Four episodes, including at: **3.00** *The Chedworth Cyclone:* Suspicious circumstances surround the death of a fighter. **4.00** *The Hand of Lucia:* A local writer is murdered.
5.00 **Death in Paradise** 3/9. Guest stars Jason Manford. (S10)
6.00 **Saint-Pierre** 8/10. The severed finger of a handyman mysteriously turns up. (S1)

10.00 Father Brown

7.00 **Hudson & Rex** *Fortitude Newfoundland:* 5/8. A death on a survival show's live broadcast uncovers a murder. (S8)
8.00 **Allegiance** *Dawn to Dawn:* 10/10. Sabrina helps a troubled teen caught in a bloody gang conflict. (S1)
9.00 **Death in Paradise** *Chain Reaction:* 4/9. Neville tries to solve the strange death of a nurse from his hospital bed. (S10)
10.00 **Father Brown** *The Lepidopterist's Companion:* The priest discovers a shocking secret within the mobile library.
11.00 **Father Brown** *The Labyrinth of the Minotaur:* Lady Felicia's niece is suspected of murder. **12.00** M'T *The Eve of St John:* The priest investigates a death involving pagans.
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **The Green Green Grass**
7.50 **dinnerladies diaries**
8.50 **Only Fools and Horses**
12.10 PM **Only Fools and Horses** Eleven episodes, including at: **4.50** Rodney tires of being dogsbody to his wheeler-dealing brother Del Boy and decides to move out. **5.30** Del and Rodney celebrate a used-car deal. **6.10** Del gets his hands on a statue of a Hindu god. **6.50** One of Del's old flames turns up out of the blue.

8.50 Red Dwarf

7.30 **Only Fools and Horses** Del spots another sure-fire winner and decides to enter the highly profitable tourist trade. **8.10** Del Boy acquires a nuclear fallout shelter.
8.50 **Red Dwarf** Lister and Rimmer finally arrive back on Earth, only to discover everything occurs backwards. **9.25** The ship is on a collision course with five black holes.
10.00 **Red Dwarf** A grotesque, salivating genetic mutant goes on the rampage aboard the ship. **10.35** Lister accidentally triggers off the ship's self-destruct sequence.
11.10 **Harry Enfield and Chums**
11.50 **Bottom Live** Stage version of the comedy series from 1993.
2.20 AM **Hi-de-Hi!**
2.55 **Harry Enfield and Chums**
3.25 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **James May's Cars of the People** An amphibious car.
8.20 **Would I Lie to You?**
12.20 PM **Would I Lie to You? At Christmas** With Lily Allen.
1.00 **Would I Lie to You?**
2.20 **Would I Lie to You? The Unseen Bits**
3.00 **Would I Lie to You? The Best Bits** Series highlights.
3.40 **Would I Lie to You?** Five editions, including at: **6.20** With Prue Leith, Scarlett Moffatt, Big Narstie and Tomasz Schafernaker.

8.20 Would I Lie to You?

7.00 **Would I Lie to You?** With Jo Brand, Emma Bunton, Jonnie Peacock and Shaun Williamson. **7.40** With Diane Morgan, Richard Osman, Rory Reid and Daisy May Cooper.
8.20 **Would I Lie to You? At Christmas** With James Acaster and Lily Allen.
9.00 **QI** Comedy panel show with guests Sean Lock, Jo Brand and Jimmy Carr. **9.40** Stephen Fry hosts, with Vic Reeves, Arthur Smith and Clive Anderson. **10.20** Comedy panel show, with guests Liza Tarbuck, Jeremy Clarkson and Neil Mullarkey.
11.00 **Not Going Out** Triple bill.
1.10 AM **Have I Got a Bit More News for You** With Ignacio Lopez and Steph McGovern.
2.25 **Dave Gorman: Modern Life Is Goodish** Light bulbs.
3.10 **to 4.00** AM **Comedians Giving Lectures**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **Birds of a Feather**
9.00 **Lovejoy** Triple bill.
12.00 NOON **Father Brown**
1.00 PM **New Tricks** *The Sins of the Father:* Brian believes his days with Ucos are numbered. **2.20** *The Little Brother:* Brian helps Esther's friend find her missing brother.
3.40 **Miss Marple** *The Body in the Library:* A couple wake up to find a strangled corpse on the hearthrug in their library, and turn to neighbour Miss Marple to investigate.

9.00 The Count of Monte Cristo

6.55 **The Brokenwood Mysteries** *The End of the Line:* 5/6. A school camp takes a deadly turn when a teacher is found swinging lifelessly from a zipline – poisoned before the ride began. (S11)
9.00 **The Count of Monte Cristo** Adaptation of Alexandre Dumas' adventure starring Sam Claflin. After returning from sea, a sailor is falsely imprisoned for treason.
10.10 **The Boy That Never Was** A couple's world is turned upside down when they spot a boy in Dublin who looks like their lost son.
11.10 **The Last Detective** 1/4. A former lottery winner is burned to death. (S2)
12.45 AM **New Tricks**
2.05 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

Saturday

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Documentary.
10.10 **Blue Bloods** (S10)
1.05 PM **Bull** Eight episodes of the series, including at: **6.00** *The Ground Beneath Their Feet:* 1/22. An insurance company is sued by a dying mother. (S3) **7.00** *Labour Days:* 1/20. Jason prepares himself for fatherhood. **8.00** *Fantastica Voyage:* 2/20. Jason defends an entrepreneur who is accused of fraud. (S4)
9.00 **NCIS** *Out of Control:* A murder is connected with a car that begins driving on its own. (S22)
10.00 **Law & Order: Special Victims Unit** *Zebras:* 22/22. Guest stars Nick Stahl. (S10)
11.00 **Law & Order: Special Victims Unit** (S11 & 10)
1.50 AM **Bull** 17 & 18/22. (S3)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S5&6)
10.00 **Car Pound Cops**
12.00 NOON **Dirty Home Rescue** Documentary.
1.00 PM **Nightmare Tenants, Slum Landlords**
6.00 **Call the Bailiffs: Time to Pay Up** KC and Alex visit a shop to chase a debt owed to a supplier. **7.00** Agents search for a woman who owes nearly £6,000 in legal fees. **8.00** Alex pays a visit to a mother and daughter over their rent arrears. **9.00** The search for an elusive debtor. **10.00** Sherry and Alex try to serve a High-Court writ to a delivery driver.
11.00 **Piers Morgan: Uncensored**
12.35 AM **Making a Serial Killer** Double bill.
2.20 **Scam City**
3.10 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Winter Road Rescue**
9.40 **Police Interceptors**
11.40 **Motorway Cops: Catching Britain's Speeders** Triple bill.
2.45 PM **FILM Springfield Rifle** Western starring Gary Cooper. (1952, U, 92min) ★★★
4.40 **FILM Alvarez Kelly** Western starring William Holden. (1966, PG, 116min) ★★
6.55 **FILM Shanghai Noon** Martial-arts western with Jackie Chan. (2000, 12, 109min) ★★★
9.00 **FILM Armageddon** Adventure with Bruce Willis. An oil driller and his team of roughnecks try to intercept and destroy a giant asteroid that is on a collision course with Earth. (1998, 12, 151min) ★★★
12.00 M'T **The X-Files** (S3)
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
1.00 PM **999 Rescue Squad**
7.00 **First Responders** Paramedics save a person having a heart attack, and a cyclist is winched to safety. **8.00** A routine job becomes a life-and-death situation on the Queen Charlotte Track.
9.00 **Ghosts** A documentary team come to film at Button House. **9.40** A mysterious visitor has a revelation that leaves Alison reeling. **10.15** Alison and Mike camp in the grounds while the house is being fumigated.
10.55 **The Catherine Tate Show** Triple bill.
12.50 AM **The Gentle Art of Swedish Death Cleaning**
1.50 **Aaron Hernandez Uncovered**
2.35 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Our Guy in Colombia** Documentary.
7.10 **Our Guy in China**
8.00 **Flipping Bangers**
12.00 NOON **Citizen Smith**
2.00 PM **Canal Boat Diaries**
5.00 **The Lakes with Simon Reeve** Triple bill of the series, including at: **7.00** Exploring the rugged coast of Cumbria.
8.00 **Bangers & Cash: Restoring Classics** The team take on an Austin A35, but its age ensures some hefty bills.
9.00 **Bangers & Cash** Paul hits the road to collect an old navy ambulance that served its time as a holiday camper.
10.00 **Train Truckers** The A4 LNER Pacific Locomotive, Sir Nigel Gresley, must be hauled 46 miles at 30mph to Bridgnorth.
11.00 PM **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Ibiza.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **Money for Nothing** A cabinet and some vintage coat hangers. **7.00** A collection of glass bottles are upcycled. **8.00** Including a collection of slate tiles.
9.00 **My Lottery Dream Home** Double bill.
10.00 **100 Day Dream Home** New edition Brian helps a couple that have been waiting two years for their dream home.
11.00 **Celebrity Help! My House Is Haunted**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SATURDAY Entertainment

Great! TV

157 167 170 34 32

8.10 AM **A Fine Romance**
8.40 **Little House on the Prairie** (S7&8)
1.40 PM **Little House on the Prairie** 4&5/24. (S8)
3.40 **FILM A Passage to India** Period drama with Judy Davis. (1984, PG, 163min) ★★★★
7.00 **FILM A Caribbean Mystery** Crime drama starring Helen Hayes. (1983, PG, 101min) ★★
9.00 **Ruth Rendell Mysteries: A Case of Coincidence** Drama starring Keith Barron. Inspector Masters investigates when a girl's body is found.
11.15 **FILM No Way Out** Espionage thriller with Kevin Costner. (1987, 15, 116min) ★★★★
1.40 AM **Man About the House** 1/7. (S3)
2.20 **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Around the World in 80 Days**
11.00 **FILM Four Fast Guns** Western drama. (1960, b/w, U, 72min) ★★
12.35 PM **FILM The Immortal Sergeant** Drama with Henry Fonda. (1943, b/w, PG, 91min) ★★
2.30 **FILM Run Silent, Run Deep** War drama. (1958, b/w, U, 90min) ★★★
4.30 **FILM Pearl Harbor** World War Two drama. (2001, 12, 183min) ★
8.00 **FILM Battle for the Skies** War drama. (2013, 15, 98min) ★★
10.10 **FILM The Transporter Refuelled** Action thriller sequel with Ed Skrein. (2015, 15, 96min) ★★
12.15 AM **FILM Trigger Point** Thriller with Barry Pepper. (2021, 12, 85min) ★★
2.05 **Dragon Ball Super**
3.15 **to 5.50** AM **Coast Guard Alaska**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.00 AM **Air Rescue**
8.30 **Sue Thomas: F.B.Eye**
11.30 **FILM Lost Letter Mysteries: Impossible Dream** (2015, PG) ★★
1.20 PM **FILM Garage Sale Mystery** (2013) ★★★
3.15 **FILM Garage Sale Mysteries: All That Glitters** (2014, PG) ★★
5.10 **FILM Garage Sale Mysteries: The Deadly Room** (2015, PG) ★★
7.05 **FILM Garage Sale Mysteries: The Wedding Dress** (2015, PG) ★★
9.00 **FILM True Justice: Eye for An Eye** Mystery. (2024, PG, 89min) ★★
10.55 **FILM An Inheritance to Die For: A Teagarden Mystery** (2019, PG) ★★
12.50 AM **FILM Wish You Were Dead** (2017, PG) ★★
2.35 **FILM Lies and Deception** Thriller. (2005, PG) ★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM **FILM Christmas Ever After** Drama. (2020, PG, 87min) ★★
10.05 **FILM Puppy Love for Christmas** Drama. (2021, PG, 87min) ★★
12.00 NOON **FILM 12 Toys of Christmas** Comedy. (2025, U, 89min) ★★
2.10 PM **FILM The Christmas Break** Festive drama. (2023, PG, 100min) ★★
4.15 **FILM Rocky Mountain Christmas** Drama. (2017, PG, 90min) ★
6.10 **FILM Christmas in the Caribbean** Comedy. (2022, PG, 90min) ★★
8.05 **FILM Christmas in Paris** Drama. (2019, PG) ★★
10.05 **FILM Reunited at Christmas** Drama. (2018, PG, 84min) ★★
12.00 M'T **FILM A Winter Princess** (2019) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Christmas Break**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **Our Dream Farm with Matt Baker**
2.00 **Love Your Garden**
3.00 **Great British Food**
3.30 **Country House Auction**
4.30 **FILM Mrs Ratcliffe's Revolution** Comedy. (2007, 12, 102min) ★
6.45 **FILM Rogue Male** Thriller with Peter O'Toole and John Standing. (1976, 135min) ★★★
9.00 **Garden Rescue** Charlie Dimmock and Lee Burkhill create a seaside-inspired garden.
10.00 **FILM Hussy** Drama starring Helen Mirren. (1979, 18, 94min) ★★
12.00 M'T **FILM I'm Not Feeling Myself Tonight** Comedy. (1976, 18, 84min) ★★
1.45 AM **Musketeer**
2.00 **FILM Die Screaming Marianne** Thriller. (1971, 15, 99min) ★★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **Agony** 4-6/6. (S1)
8.30 **The Top Secret Life...**
9.00 **Doctor at Large**
10.30 **Bubblegum & Cheese**
11.30 **Rewind Time Machine**
11.35 **Two's Company**
12.35 PM **Mother's Ruin**
1.05 **Second Thoughts** (S5)
1.35 **The Fenn Street Gang**
2.35 **The Top Secret Life of Edgar Briggs** 9/13. (S1)
3.05 **Father Brown**
4.05 **Agony** 4-6/6. (S1)
5.35 **Mother's Ruin** (S1)
6.05 **Doctor at Large** (S1)
7.35 **Second Thoughts** (S5)
8.05 **Only When I Laugh** (S1)
9.05 **The Man Who Made Husbands Jealous**
10.10 **FILM Secrets of Sex** Comedy. (1970, 18) ★
12.00 M'T **FILM Carnival of Souls** (1962, 15) ★★★
1.30 AM **Stereo Underground**
2.30 **Michael Hordern**
3.00 **The Champions** (S1)
4.00 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Outback Crystal Hunters** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Hoarding: Buried Alive** A woman clears a decade's worth of clutter. **8.00** A woman who discovered hundreds of mice in her kitchen.
9.00 **Unexplained: Caught on Camera** A museum claims to house the most possessed doll in the UK.
10.00 **Ghosts off Grid** An off-grid investigation of Fort la Reine, a museum with paranormal activity in multiple locations. **11.00** Exploring a vintage arcade in cottage country.
12.00 M'T **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
11.00 **Prue Leith's Cotswold Kitchen** As 8.00pm.
12.00 NOON **Jamie's Great Britain** East London.
1.00 PM **James Martin's Islands to Highlands**
3.00 **Rick Stein's Food Heroes: Another Helping**
8.00 **Prue Leith's Cotswold Kitchen** With musician YolanDa Brown.
9.00 **Diners, Drive-Ins and Dives** A take on pork tacos in San Antonio. **9.30** Exploring an entire world of barbecue. **10.00** Guy Fieri tries falafels in San Diego. **10.30** Guy gets a taste of international flavours. **11.00** Eateries in New Orleans, Washington and Minnesota.
11.30 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **Six Million Dollar Man** 6-10/22. (S3)
12.00 NOON **FILM Polar Storm** Action thriller. (2009, PG, 92min) ★★
2.00 PM **FILM Distant Drums** Western adventure. (1951, U, 99min) ★★
4.00 **FILM Arrowhead** Western. (1953, U) ★★
6.05 **FILM The Appaloosa** Western. (1966, PG, 98min) ★★★
8.00 **The Twilight Zone** (S2)
9.00 **FILM Texas Rangers** Action western starring James Van Der Beek. (2001, 12, 86min) ★★
10.55 **FILM The Mask of Zorro** Adventure with Antonio Banderas. (1998, PG, 137min) ★★★★
1.35 AM **FILM How I Spent My Summer Vacation** Crime thriller. (2012, 15, 92min) ★★★★
3.30 **to 5.15** AM **FILM The Internecine Project** Thriller. (1974, 15) ★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **Andromeda** (S2)
3.00 PM **FILM Magma: Volcanic Disaster** Disaster movie. (2006, PG, 87min) ★★
5.00 **FILM The Blood Beast Terror** Period chiller starring Peter Cushing. (1967, 12, 88min) ★
7.00 **FILM Boot Hill** Comedy Western with Terence Hill and Bud Spencer. (1969, PG, 91min) ★★
9.00 **FILM The Bank Job** Crime thriller starring Jason Statham and Saffron Burrows. (2008, 15, 107min) ★★★★
11.15 **FILM The Hatton Garden Job** Drama starring Stephen Moyer. (2017, 15, 93min) ★★★
1.10 AM **FILM The Bank Job**
3.20 **Jules Verne's Mysterious Island**
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Storage Wars Canada** Six editions.
8.20 **The UnXplained with William Shatner**
10.10 **World's Most Unexplained**
12.05 PM **The Proof Is Out There** Triple bill.
3.05 **What on Earth?**
6.00 **Ghost Ships** Double bill.
8.00 **Hazardous History with Henry Winkler** Featuring a feast of food horrors from the past.
9.00 **Hitler's Handmaidens** Conspiracy theories surrounding the lovers of Adolf Hitler.
10.00 **Hitler's Secret Sex Life** Rumours, theories and disputed historical accounts of Hitler's sexual psychology.
11.00 **Weird Britain**
1.00 AM **Proof Is Out There**
2.00 **Evidence of the Unexplained**
3.00 **to 6.00** AM **UFOs: The Lost Evidence**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes, including at: **4.00** *The Error of Her Ways:* A property developer is murdered. **5.00** *Jack and Bill:* A private eye recruits a bizarre new partner. **6.00** *Dead Letter:* A volunteer firefighter is found dead in a burnt-out furniture store.
7.00 **Strictly Come Dancing: Secrets & Scandals** The BBC series' highs and occasional lows.
9.00 **Claudia Winkleman: Behind the Fringe** A profile of the host of *The Traitors*.
10.30 **Noel Edmonds: The Rise & Fall of Mr Saturday Night** A profile of the TV and radio presenter.
12.00 M'T **Wentworth Prison**
2.05 **to 4.00** AM **Wentworth: The Final Sentence**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable** Quiz show.
2.00 **Bridge of Lies**
3.00 **The Family Chase**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Josie Long, Colin Jackson, Anne Diamond and Nicky Campbell take part for charity. **6.00** With Tim Lovejoy, Kay Burley, Eni Aluko and Richard Herring.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Kaye Adams, Mark Bright, Jayne Torvill and Richard Arnold play for good causes.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase** Quiz.
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **Georgie and Mandy's First Marriage**
11.00 **The Big Bang Theory**
8.00 PM **The Big Bang Theory** 20/23. Penny begins dating comic-book shopkeeper Stuart. **8.30** 21/23. Leonard and Raj take Howard to Las Vegas. (S2)
9.00 **Dr Pimple Popper** Brittney has hundreds of tiny bumps over her chest that have destroyed her confidence. **10.00** Tyler's hands are so cracked and painful that he considers getting them amputated. **11.00** Patients include Paula, who has oozing, and odoriferous legs.
12.00 M'T **Mike & Molly**
1.00 AM **Young Sheldon**
3.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends** (S6)
2.00 PM **FILM 3 Men and a Baby** Comedy starring Tom Selleck. (1987, PG, 98min) ★★★★
4.00 **Bradley & Barney Walsh: Breaking Dad**
4.30 **Friends** (S6&7)
8.00 **Michael McIntyre's Christmas Wheel**
9.00 **The Best of Mr Bean**
10.05 **8 Out of 10 Cats**
11.45 **Whose Line Is It Anyway? USA**
12.15 AM **Alan Carr Live: Spexy Beast** Stand-up.
1.15 **Dara O Briain Talks Funny: Live in London**
2.20 **Jack Dee Live at the Apollo** Stand-up show.
3.15 **Fat Chat with Desiree Burch** With Sofie Hagen.
3.25 **Impractical Jokers**
3.50 **Utopia** 3/8. (S5)
4.15 **to 5.00** AM **Michael McIntyre's Christmas Wheel**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 1&2/24. (S4)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 5.00pm.
10.00 **Most Ridiculous**
2.00 PM **Friends** (S6)
4.00 **Most Ridiculous**
5.00 **Michael McIntyre's Big Show** With Danny Dyer, Gary Barlow, Russell Kane and Clean Bandit.
6.00 **Everybody Loves Raymond** 14-19/24. (S4)
9.00 **Friends** 1/24. Monica accues Rachel of trying to steal her thunder. **9.30** 2/24. Monica excitedly makes plans for her big day. (S7)
10.00 **Friends** 3-10/24. (S7)
2.00 AM **New Girl** (S1)
3.00 **Mike Judge's Beavis and Butt-Head**
3.45 **South Park** (S5)
4.30 **Jimmy Carr's Am I the A**hole?**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s – Best Music Live!**
8.20 **On the Buses** 6/6. (S2)
8.55 **Man About the House**
11.25 **Are You Being Served? Again!** 1-3/6. (S2)
1.15 PM **Steptoe and Son**
4.20 **Rising Damp** 7/8. (S2)
4.55 **Rising Damp Xmas 1975** 8/8. (S2)
5.20 **Rising Damp** (S3)
7.55 **Minder** 4/8. (S6)
9.00 **Benidorm** 3/9. The Dawsons speculate about Cyd's motives. (S10)
9.55 **Shameless** 14/14. (S11)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.05 AM **Benidorm** (S10)
1.05 **Minder** 9/10. (S10)
2.05 **Duty Free** 5/7. (S3)
2.25 **Man About the House**
2.50 **The Kenny Everett Video Show**
3.20 **That's 60s – Best Music Live!**
4.00 **to 5.00** AM **Nearest and Dearest**

MTV

126/127 137 134 351 366

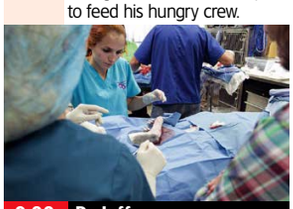
6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Teen Mom UK: Next Generation** Triple bill.
1.00 PM **Judge Judy**
6.00 **Catfish: The TV Show** Nique receives help to find her Tumblr love. **7.00** A dancer decides to meet a man she has been speaking to online. **8.00** Dylan has fallen for a model with a secret.
9.00 **Skin A&E** Help for an aspiring model with seborrheic keratosis.
10.00 **FILM Shade** Thriller starring Sylvester Stallone and Jamie Foxx. (2003, 15, 101min) ★
12.00 M'T **Dating Naked UK**
1.00 AM **Bar Rescue**
2.45 **Ink Master**
3.35 **to 4.00** AM **Queerpiphany**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do Animals Do That?**
9.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Alaskan Bush People** Five editions, including at: **4.00** PM A hungry bear breaks into Noah's tent and terrifies the livestock.
5.00 **Sara Price: Chasing Dakar** Following Sara Price's quest to become the first American woman to win the Dakar Rally.
6.00 **Deadliest Catch** John makes an emergency trip to St. George Island in an attempt to feed his hungry crew.



9.00 Dr Jeff

7.00 **The Woodland Workshop** Ciarán Brennan creates a gothic-style bookshelf with secret compartments.
8.00 **Maine Cabin Masters** Chase Morrill and his team rebuild an old oyster shack for a working farm on a $25,000 budget.
9.00 **Naked and Afraid** A South African ranger and a Texan wilderness guide try to survive 21 days in a Thai jungle.
10.00 **In the Eye of the Storm: Chasers** An Oklahoma warm front unleashes tornadoes that are able to grow to EF-3 strength.
11.00 **Expedition Files** Exploring a secret Cold War base and the ghost ship *Mary Celeste*.
12.00 M'T **Bigfoot Took Her** An investigation into Theresa Bier's disappearance in 1987.
1.00 AM **How the Universe Works**
3.00 **to 5.00** AM **American Chopper**

+1hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A Bengal is spraying every piece of furniture in the house. **4.00** A mother and daughter whose cats are having a territorial spraying match.
5.00 **Treehouse Masters** A project to build a treehouse B&B.
6.00 **Preposterous Pets** A couple who share a home with hippos.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How anteaters are able to eat so quickly. **7.30** A look at how ostriches can run so fast.
8.00 **Man-Eating Super Squid** The truth behind the kraken, a squid allegedly responsible for the deaths of fishermen at sea.
9.00 **Edge of Alaska** Neil develops his mine tour, and tragedy leaves one McCarthy resident fighting for their life.
10.00 **Tanked** The duo attempt to combine comedian Gabriel Iglesias' love of vintage buses into a unique pair of tanks.
11.00 **Tanked** A call from NBA star Dwight Howard sends the duo to Houston to build a new home for his pet snakes.
12.00 M'T **Edge of Alaska**
2.00 AM **The Haunted**
3.00 **Man-Eating Super Squid**
4.00 **to 5.00** AM **My Extreme Animal Phobia**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Inside Sydney Airport**
12.00 NOON **Engineering by Catastrophe** Documentary.
1.00 PM **Air Crash Investigation**
3.00 **Construction Fails** Tunnel cave-ins and a bridge collapse. **4.00** When a power station reached the end of the road, it took all the power with it.
5.00 **Seconds from Disaster** The Chernobyl catastrophe.
6.00 **Air Crash Investigation** British Airways Flight 38's crash-landing in 2008.

11.00 Tucci in Italy

7.00 **Seconds from Disaster** The Concorde tragedy in 2000, when one of the aircraft burst into flames just after taking off.
8.00 **Tut's Toxic Tomb** The extraordinary truth behind the legend of Tutankhamun.
9.00 **Tut's Toxic Tomb** Ella Al-Shamahi dives deeper into the truth behind Tutankhamun's curse.
10.00 **Witches: Truth Behind the Trials** Documentary re-creating witch trials from Europe and America.
11.00 **Tucci in Italy** The region of Veneto in northwestern Italy.
12.00 M'T **Amsterdam Central 24/7** Field workers help the homeless people staying.
1.00 AM **World War II: Secrets from Above** Triple bill.
4.00 **to 5.00** AM **Air Crash Investigation**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **History's Greatest Aircraft** Double bill.
8.00 **Kevin Costner's The West**
10.00 **The Curse of Oak Island**
11.00 **Storage Wars** Double bill.
1.00 PM **Hazardous History with Henry Winkler** Four editions of the series, including at: **4.00** Bone-crushing football and deadly baseball games.
5.00 **Gold Wars Downunder** Three mining teams battle it out to unearth the most gold. **6.00** The pressure is on with nine weeks left in the season.

5.00 Gold Wars Downunder

7.00 **Digging for Britain** A look at the work that is being carried out at archaeological digs in the east of England.
8.00 **Digging for Britain** Finds from archaeological digs across the west of Britain are seen at the Dorset Country Museum.
9.00 **The Other 300: Army of Lovers** Documentary about the elite ancient Greek army the Sacred Band, which was formed by the city of Thebesin 379BCE to defend itself from the forces of Sparta.
11.00 **Secrets Declassified with David Duchovny** The actor takes a look at secret spaces where history was shaped.
12.00 M'T **Strange Evidence** A huge plane landing on the surface of the Sea of Azov. **1.00** AM A van spotted hurtling out of control.
2.00 **to 6.00** AM **Hazardous History with Henry Winkler**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Christopher Plummer**
7.00 **Discovering: Jeff Bridges**
8.00 **The Directors** Double bill.
10.00 **Pee-wee as Himself**
2.00 PM **I Am Bruce Lee** The life and career of the actor.
4.00 **Spitfire** The story of British single-seat fighter plane the Supermarine Spitfire.
6.00 **Brazil 2002** Following the Brazilian national team through the 2002 World Cup, which culminated in the country's fifth victory in the tournament.

8.00 I Am Patrick Swayze

7.50 **My Icon: Chris Hughton** The football manager speaks about the people that inspired his career.
8.00 **I Am Patrick Swayze** A tribute to the American actor, known for his roles in hits like *Dirty Dancing*, *Ghost* and *The Outsiders*. With contributions by Demi Moore and Rob Lowe among others.
9.50 **Val** Documentary focusing on the daily life of Val Kilmer, featuring never-before-seen footage spanning 40 years.
12.00 M'T **Busby** A profile of former Manchester United manager Matt Busby.
2.00 AM **Lennox: The Untold Story** The life story of former boxer Lennox Lewis.
4.00 **to 6.00** AM **FILM Man on Wire** Oscar-winning documentary about French tightrope walker Philippe Petit. (2007, 12, 93min) ★★★★

Saturday

7 PM 8 PM 9 PM 10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars** Four editions.
8.00 **Wheeler Dealers**
2.00 PM **LIVE Motorsport: Le Mans 24 Hours** Coverage from the third round of the FIA World Endurance Championship season.
5.00 **Shed and Buried: Classic Cars**
6.00 **Shed and Buried**
7.00 **Shed and Buried** An ex-pilot with two hangars' worth of stuff. **7.30** Sheds full of tractors in Wiltshire. **8.00** Henry Cole restores a classic Suzuki. **8.30** A rare petrol pump and fuel cans.
9.00 **The Repair Shop** A horseracing game.
10.00 PM **to 5.00** AM **LIVE Motorsport: Le Mans 24 Hours** Further coverage from Circuit de la Sarthe in France.

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Forensic Detectives**
11.00 **The Killer in My Family**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **On the Case with Paula Zahn**
7.00 **On the Case with Paula Zahn** A body is found the Iowa countryside. **8.00** The case of an ambush-style shooting.
9.00 **American Detective with Lt Joe Kenda** New edition A couple attacked in their home.
10.00 **On the Case with Paula Zahn** New edition A man is killed during a brazen home invasion.
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Deadly Taxi Driver** The death of Catherine McChord.
8.00 **UK Crime Files: The Murder of an Author** Helen Bailey's murder.
9.00 **UK Crime Files: Double Murders** A case involving an apparent suicide plot in Co Derry.
10.00 **UK Crime Files: The Most Evil Woman in Britain** The case of the Moors Murders.
11.00 **UK Crime Files: Child Killers** A look at the murder of James Bulger.
12.00 M'T **UK Crime Files: Dog Walker Murder**
1.00 AM **Donal MacIntyre's UK Killer Evidence**
2.00 **Bloodline Detectives**
3.00 **When Death Comes Knocking** Maria Muñoz.
4.00 **to 5.45** AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
2.00 PM **48 Hours** Police investigate the death of star Natalie Wood.
3.00 **UK Crime Files: The Head on the Beach** Revisiting the crimes of Lithuanian ex-soldier Vitas Plytnikas.
4.00 **UK Crime Files: Murder – The Tattoo Clue** The body of a woman is discovered at a pumping station in Hull.
5.00 **UK Crime Files: Serial Killer in the Making?** The case of Alun Kyte – the Midlands Ripper.
6.00 **UK Crime Files: The Cliff Top Killer** Exploring the story of John Cooper, who murdered four people.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **UK Border Force**
8.00 **Road Wars**
9.00 **Caught on Dashcam**
10.00 **Caught Red Handed**
12.00 NOON **Police 24/7**
1.00 PM **The Cult of the Family** Triple bill.
4.30 **The Murderer & Me**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **Forensics: Catching the Killer** Evidence that pieced together what happened to a 15-year-old murder victim.
9.00 **Gilgo Beach Killer: House of Secrets**
12.00 M'T **World's Most Evil Killers** Robert Lee Yates.
1.00 AM **How I Caught the Killer** Documentary.
2.00 **Gilgo Beach Killer: House of Secrets**
3.30 **Road Wars**
4.00 **to 6.00** AM **Caught Red Handed**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Women Under Hitler's Flag** Double bill.
10.45 **France: The Post War Recovery** Double bill.
1.00 PM **Grand Tours of the Scottish Islands**
1.35 **Full Steam Ahead**
5.30 **Women Under Hitler's Flag** Double bill.
7.35 **France: The Post War Recovery** 1/2. The rebuilding of the French countryside and the growth of industry in the wake of World War Two. **8.50** 2/2. How division hindered France's post-war recovery.
9.55 **Women Under Hitler's Flag** 1&2/2. A look at Female participants in the Nazi regime.
12.00 M'T **Plunderer: The Life and Times of a Nazi Art Thief** Documentary.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Animal Empires**
8.00 **Battle of the Alphas**
10.00 **Coral City** Double bill.
12.00 NOON **High Life in the Dead Mountains** Documentary.
1.00 PM **Wild Science**
2.00 **Life's Journey** Triple bill.
5.00 **Secret World of Sound with David Attenborough**
7.00 **Secret World of Sound with David Attenborough** How baby animals communicate in their quest for survival.
8.00 **Jaguar Journals** A mother teaches her cub to climb.
9.00 **Shark Squad** The work of a team trying to unlock shark secrets in the Bahamas.
10.00 **Wild Philippines** The landscape of the Philippines. **11.00** Cameras follow turtles and tiger sharks roaming volcanic reefs.
12.00 M'T **Jaguar Journals**
1.00 AM **Shark Squad** As 9.00pm.
2.00 **The Secret Life of the Hermit Crab** Documentary.
3.00 **to 6.00** AM **Wild Pacific Rescue**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
10.00 **Greatest Escapes of WWII**
11.00 **Digging for Britain**
1.00 PM **Al Murray: Why Do the Brits Win Every War?**
2.00 **Ancient Aliens**
4.00 **Rome: Rise and Fall of an Empire** Double bill of editions.
6.00 **Colosseum** Documentary.
7.00 **Crimes That Shook Britain**
8.00 **Colosseum** How exotic beasts were brought back to entertain the Colosseum crowds.
9.00 **Mysteries Unearthed with Danny Trejo** Treasures recovered from chambers, tunnels, caves and burial sites.
10.00 **The UnXplained: Mysteries of the Universe** The ancient mysteries of the Sun.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Crimes That Shook Britain**
2.00 **The Abyss: Rise & Fall of the Nazis** Documentary.
3.00 **Combat Ships**
4.00 **Instruments of Death**
5.00 **to 6.00** AM **Mysteries from Above**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **Truth Behind the Moon Landing** Double bill.
4.00 **Alien Highway**
6.00 **How It's Made** Four editions of the documentary, including at: **7.00** Angle grinders and omnidirectional speakers. **7.30** Making chocolate banana loaves and cartridge blades.
8.00 **Paranormal Declassified** Paul Beban treks deep into the woods of the Midwest. **9.00** Paul investigates a surge in demonic activity in America.
10.00 **Curse of the Bermuda Triangle** Experts investigate the disappearance of Navy planes. **11.00** Theories surrounding a long-lost ship that disappeared in the Bermuda Triangle.
12.00 M'T **In Search of Monsters**
2.00 AM **Expedition X** Double bill.
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** True crime.
3.40 PM **My Strange Arrest**
5.00 **Snapped Behind Bars**
6.00 **The Real Murders of Atlanta** An Atlanta-area horse trainer vanishes from his ranch.
7.00 **The Real Murders of Orange County** The murder of a student takes nine years to solve.
8.00 **Staged: Deadly Deception** A police shooting sparks a Blue Alert and a frantic manhunt.
9.00 **Murder in the 21st** An attack on two shop employees leaves one dead and one injured.
10.00 **Crime in Progress** A postal worker is killed in daylight.
11.00 **Interview with a Killer** Tyler Hadley discusses how he bludgeoned his parents to death.
12.00 M'T **Predator Hunters**
1.00 AM **Interrogation Raw**
2.00 **I Met My Murderer Online**
3.00 **to 6.00** AM **On the Case with Paula Zahn**

+1hour 256 333

WILD

165 145 182

8.00 AM **Animal Fight Club**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Birth of Europe**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Heartland Docs** The Schroeders reel in an unexpected catch during a family boating trip when they rescue two black Labradors stranded on a sandbar.
8.00 **National Parks: USA** The annual journey of brown bears, wolves and salmon within Katmai National Park. **9.00** Exploring the Everglades, the first national park founded to protect ecological richness.
10.00 **Saving the Alps** Exploring solutions for the impact of climate change on the Alps.
11.00 **Snakes in the City** Mbali's training shifts up a gear.
12.00 M'T **Lawless Island**
2.00 AM **When Sharks Attack**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill of editions.
6.00 **How the Universe Works** Exploring the limits of human knowledge and the science behind the rules of the universe. **7.00** Experts and scientists explain how the planet journeys through the Milky Way. **8.00** Exploring the problems with proving or disproving the existence of aliens.
9.00 **Treasure Quest: Snake Island** The team are placed in danger trying to cross South America's Andes mountains. **10.00** The team find the entrance to a secret underground tunnel system. **11.00** The team find themselves trapped in an ancient underground tunnel.
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering** Exploring Old Byron Hot Springs in the Californian desert. **2.00** Exploring a symbol of national pride that became a symbol of excess in Ankara. **3.00** Exploring Yongma Land – a South Korean dreamland. **4.00** Exploring Old Joliet Prison, a battered facility near Chicago that descended into open war.
5.00 **Whatever Happened to the Likely Lads?** 10/13. Bob and Terry chat up a couple of girls. **5.40** 11/13. Mrs Chambers plans her daughter's wedding. **6.20** 12/13. Bob flouts tradition. **7.00** 13/13. Terry wreaks havoc on his neighbours. (S1) **7.40** 1/14. Bob and Thelma escape from Terry's influence as they begin married life with a honeymoon in Norway. (S2)
8.20 **Whatever Happened to the Likely Lads?** Sitcom.
5.35 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Murder in the Heartland**
12.00 NOON **Homicide City**
3.00 PM **Homicide City: Charlotte**
4.00 **American Monster** A look into the murder of US Air Force sergeant Nathan Paet. **5.00** The case of Joan Dawley, who was killed by an intruder. **6.00** The murder of Lanny Horwitz by his ex-wife Donna. **7.00** The case of Terry Thrift.
8.00 **Murder Comes to Town** The disappearance of Zilpha Lowery, who vanished in July 1993.
9.00 **Love, Honor, Betray** Barbra and Michael Mastromarino's life seems perfect, but when a shocking discovery unearths a gruesome secret, the family realise their life is built on a lie.
10.00 **Seduced to Slay** Growing family tensions take a brutal turn in Lafayette, Colorado.
11.00 **Who the (Bleep) Did I Marry?**
12.00 M'T **Deadly Sins** Double bill.
2.00 AM **Mean Girl Murders**
4.00 **to 6.00** AM **The Lies That Bind**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Wrench'd** Triple bill.
10.00 **Extreme RVs**
11.00 **Extreme Car Hoarders**
12.00 NOON **Incredible Engineering Blunders: Fixed** Five editions.
5.00 PM **Goblin Works Garage**
8.00 **Shed and Buried** Henry Cole and Fuzz Townshend rummage through sheds near Newark. **8.30** In Bournemouth, Henry Cole and Fuzz Townshend look through Max's car collection. **9.00** In Derbyshire, Henry Cole and Fuzz Townshend visit Rob's haven of bikes. **9.30** In Lincolnshire, Henry Cole and Fuzz Townshend trawl through some eclectic items.
10.00 **Richard Hammond's Workshop** The Cogs go international, restoring an iconic 1970s motorbike. **11.00** Richard redesigns his horsebox into an RV for the Cog racing team. **12.00** M'T The Cogs restore a new car for a live audience.
1.00 **to 4.00** AM **Wrench'd**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.45 AM **Gabby's Dollhouse: The Movie** Comedy adventure. (2025, U, 99min)
9.30 **They Will Kill You** As 6.15pm.
11.15 **Fuze** As shown at 10.00pm.
1.00 PM **Sisu: Road to Revenge** Finnish action sequel starring Jorma Tommila. Partly subtitled. (2025, 15, 89min) ★★★★
2.35 **The Choral** As 8.00pm.
4.35 **Fuze** As shown at 10.00pm.
6.15 **They Will Kill You** Comedy. (2025, 15, 94min) ★★★

6.15 They Will Kill You

8.00 **The Choral** Comedy drama starring Ralph Fiennes. A choral society's male members enlist in World War One, leaving a doctor to recruit teenagers in their place. With Mark Addy and Alun Armstrong. (2025, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Fuze** Thriller starring Aaron Taylor-Johnson. An unexploded bomb is discovered on a construction site in the centre of London, leading to a mass evacuation. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Bride!** Comedy horror. (2025, 15, 126min) ★★★★
2.00 AM **Him** Supernatural horror. (2025, 18, 96min) ★★★
3.45 **The Internship** Thriller. (2026, 15, 87min) ★★★
5.30 **to 7.05** AM **Tafiti: Across the Desert** Animated adventure. (2025, PG, 81min)

Sky Cinema The Hangover

303 303 403 503 517

6.00 AM **The Hangover** (2009)
7.45 **The Hangover Part II** (2011)
9.30 **The Hangover Part III** (2013)
11.15 **The Hangover** As 9.45pm.
1.00 PM **The Hangover Part II**
2.45 **The Hangover Part III** (2013)
4.30 **The Hangover** As 9.45pm.
6.15 **The Hangover Part II** Comedy sequel with Bradley Cooper. A bachelor party in Bangkok leaves three friends looking for the bride's vanished brother. (2011, 15, 101min) ★★

9.45 The Hangover

8.00 **The Hangover Part III** Dark comedy sequel starring Bradley Cooper, Ed Helms and Zach Galifianakis. The friends go in search of a Chinese criminal after they are captured by his rival. (2013, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Hangover** Dark comedy starring Bradley Cooper, Ed Helms and Zach Galifianakis. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. With Justin Bartha and Heather Graham. (2009, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Hangover Part II** (2011)
1.25 AM **The Hangover Part III**
3.20 **The Hangover** As 9.45pm.
5.15 **to 7.10** AM **The Hangover Part II** As shown at 6.15pm.

Sky Cinema Drama

310 310 410 510 524

6.05 AM **Peggy Sue Got Married**
7.55 **The Room Next Door** (2024)
9.50 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
11.30 **Girl You Know It's True** Drama. (2023, 15, 124min) ★★★
1.45 PM **Erin Brockovich** Drama. (2000, 15, 133min) ★★★★
4.00 **Lost in Translation** Romantic comedy starring Bill Murray. (2003, 15, 102min) ★★★★★
5.45 **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
8.00 **Moneyball** Sports drama starring Brad Pitt and Jonah Hill. A baseball manager discovers an unexpected method of turning around the fortunes of his losing team. (2011, 12, 133min) ★★★★
10.15 **The Blind Side** Drama starring Sandra Bullock. A wealthy white southerner adopts a homeless black teenager and spurs him on to sporting success. (2009, 12, 129min) ★★★
12.35 AM **Peggy Sue Got Married** Romantic fantasy comedy. (1986, 15, 104min) ★★★★
2.30 **The Room Next Door** Drama. (2024, 12, 102min) ★★★★
4.30 **Sky Cinema Preview**
5.25 **to 7.15** AM **Cicada** Drama. (2020, 15, 96min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.20 AM **After Earth** Adventure. (2013, 12, 98min) ★★
9.10 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
10.55 **Men in Black: International** Sci-fi comedy fantasy sequel. (2019, 12, 110min) ★★★
1.00 PM **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
3.05 **Interstellar** Sci-fi drama starring Matthew McConaughey. (2014, 12, 166min) ★★★★
6.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
8.00 **The Shining** Horror with Jack Nicholson and Shelley Duvall. (1980, 15, 119min) ★★★★★
10.25 **Smile 2** Horror sequel starring Naomi Scott. A pop sensation faces increasingly terrifying events, leading her down a dark path. (2024, 18, 127min) ★★★★
12.35 AM **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
2.05 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
3.50 **The Parenting** Horror comedy. (2025, 15, 94min) ★★★
5.30 **to 6.50** AM **Friendship's Death** Drama. (1987, 15, 78min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.30 AM **Dog Man** (2025) ★★★★
9.05 **The Secret Life of Pets 2** Animation. (2019, U) ★★★
10.40 **Teenage Mutant Ninja Turtles: Out of the Shadows**
12.35 PM **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
2.25 **Paddington** Family comedy. (2014, PG, 95min) ★★★★★
4.10 **Paddington 2** Adventure. (2017, PG, 104min) ★★★★★
6.00 **Ghostbusters: Afterlife** Comedy. (2021, 12) ★★★★

2.25 Paddington

8.15 **Transformers One** Animated sci-fi adventure with the voices of Chris Hemsworth, Brian Tyree Henry and Scarlett Johansson. The origin story of Optimus Prime and Megatron's friendship on Cybertron. (2024, PG, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Teenage Mutant Ninja Turtles: Out of the Shadows** Adventure sequel starring Megan Fox and Will Arnett. (2016, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Wild Robot** Family animation with the voices of Lupita Nyong'o and Kit Connor. (2024, U, 102min) ★★★★
2.05 **The Wiz** Musical with Diana Ross and Michael Jackson. (1978, U, 133min) ★★
4.30 **to 6.30** AM **The Last Airbender** Fantasy adventure starring Noah Ringer and Dev Patel. (2010, PG, 103min) ★★

Sky Cinema Action

306 306 407 507 521

6.00 AM **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
7.50 **Red Right Hand** Thriller. (2023, 15, 111min) ★★★
9.50 **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★
11.40 **Demolition Man** Sci-fi thriller. (1993, 15, 114min) ★★★
1.45 PM **Days of Thunder** Drama. (1990, 15, 107min) ★★★
3.35 **Superman** (2025, 12) ★★★★
5.45 **The Running Man** Action. (2025, 15, 133min) ★★★

5.45 The Running Man

8.00 **Twisters** Standalone disaster sequel starring Daisy Edgar-Jones, Glen Powell, Anthony Ramos and Maura Tierney. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Fuze** Thriller starring Aaron Taylor-Johnson. An unexploded bomb is discovered on a London construction site. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **300** Adventure with Gerard Butler and Lena Headey. (2006, 15, 116min) ★★★★
2.00 AM **The Warriors** Thriller. (1979, 15, 94min) ★★★
3.45 **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
5.35 **The Cinema List: Remakes**
5.50 **to 7.40** AM **Streetfighter** Martial arts action drama. (1994, 12, 102min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **Ace Ventura Pet Detective**
9.00 **Ace Ventura: When Nature Calls** As shown at 11.45pm.
10.45 **Yesterday** (2019, 12) ★★★
12.50 PM **Bridget Jones: The Edge of Reason** (2004, 15) ★★★
2.40 **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
4.25 **Dumb and Dumberer: When Harry Met Lloyd** Comedy prequel. (2003, 12, 85min) ★
6.00 **Eddie the Eagle** Sports biopic. (2016, PG, 103min) ★★★

6.00 Eddie the Eagle

8.00 **Instant Family** Comedy starring Mark Wahlberg, Rose Byrne, Isabela Merced and Tig Notaro. A couple decide to adopt, but get more than they bargained for when they take in a rebellious teen and her two siblings. (2018, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

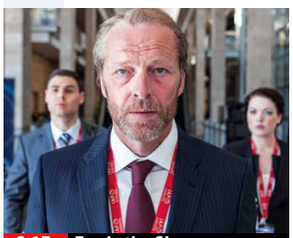
10.10 **Ace Ventura Pet Detective** Hit comedy starring Jim Carrey, Sean Young and Courteney Cox. (1993, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey and Ian McNeice. (1995, PG, 89min) ★★★
1.35 AM **Sausage Party** Animation. (2016, 15, 89min) ★★★
3.10 **The 4:30 Movie** Comedy. (2024, 15, 88min) ★★★
4.50 **The Cinema List: Bingeable**
5.20 **to 7.05** AM **Running on Empty** Comedy drama. (2024, 15, 91min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Trap** (2024, 15) ★★★★
7.50 **The Girl on the Train** Thriller. (2016, 15, 107min) ★★★★
9.50 **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★
12.00 NOON **The Equalizer** Thriller. (2014, 15, 132min) ★★★
2.15 PM **The Equalizer 2** Thriller. (2018, 15, 121min) ★★★
4.20 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
6.15 **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★


6.15 Eye in the Sky

8.00 **Black Bag** Thriller with Michael Fassbender, Cate Blanchett and Regé-Jean Page. When a spy is suspected of treason, her husband faces the ultimate test. (2024, 15, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

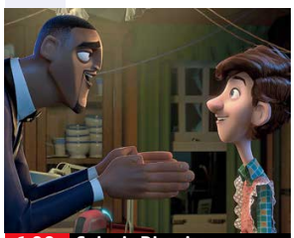
9.45 **One Last Deal** Drama starring Danny Dyer. A sports agent scrambles to land one last high-stakes deal for his star client with both their futures on the line. (2026, 18, 89min)

11.25 **The Krays** Crime drama starring Martin and Gary Kemp. (1990, 18, 119min) ★★★
1.35 AM **Safe House** Crime action thriller starring Ryan Reynolds and Denzel Washington. (2012, 15, 110min) ★★★
3.40 **Eye in the Sky** As 6.15pm.
5.30 **to 7.20** AM **Maggie Moore(s)** Comedy thriller starring Jon Hamm and Nick Mohammed. (2023, 15, 99min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Frogmen** Adventure. (1951, b/w, U, 96min) ★★★
1.00 PM **Spies in Disguise** Animation. (2019, PG) ★★★★
3.05 **The Lavender Hill Mob** Classic Ealing comedy. (1951, b/w, U, 81min) ★★★★★
4.45 **Sister Act** Musical comedy. (1992, PG, 102min) ★★★★
6.50 **Sister Act 2: Back in the Habit** Comedy sequel. (1993, PG, 107min) ★★


1.00 Spies in Disguise

Sister Act 2: Back in the Habit (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Braveheart** Oscar-winning epic historical drama directed by and starring Mel Gibson as 13th-century Scottish warrior William Wallace, who led a ragged but courageous army against the English enemy. With Sophie Marceau, Patrick McGoohan and Catherine McCormack. (1995, 15, 177min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 **to 3.15** AM **Benedetta** Historical drama starring Virginie Efira and Charlotte Rampling. A 17th-century nun in Italy who has disturbing visions develops a romantic affair with another woman. (2021, 18, 131min) ★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Directors

302 302 402 502 516

6.00 AM **MouseHunt** Comedy. (1997, PG, 98min) ★★★★
7.45 **Corpse Bride** As 5.05am.
9.10 **Hook** Steven Spielberg's fantasy. (1991, U, 140min) ★★★
11.35 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★
1.35 PM **Jurassic Park** Steven Spielberg's blockbuster monster thriller starring Sam Neill. (1993, PG, 127min) ★★★★★

3.45 **The Lost World: Jurassic Park** Steven Spielberg's adventure sequel starring Jeff Goldblum. (1997, PG, 129min) ★★★
6.00 **E.T. The Extra Terrestrial** Sci-fi fantasy starring Henry Thomas. (1982, U, 114min) ★★★★★
8.00 **Jaws** Steven Spielberg's thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. (1975, 12, 125min) ★★★★★
10.10 **Catch Me If You Can** Adventure starring Leonardo DiCaprio. (2002, 12, 141min) ★★★★★

12.30 AM **Empire of the Sun** Drama. (1987, PG, 152min) ★★★★
3.15 **Presence** Horror thriller. (2024, 15, 84min) ★★★★
4.45 **The Cinema List: Spielberg**
5.05 **to 6.35** AM **Corpse Bride** Stop-motion animated fantasy. (2005, PG, 74min) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.20 AM **Trading Places** As 4.10pm.
9.20 **A League of Their Own** Drama. (1992, PG, 124min) ★★★★
11.30 **Terms of Endearment** Comedy. (1983, 15, 132min) ★★★★★
1.45 PM **The Shawshank Redemption** Prison drama. (1994, 15, 142min) ★★★★★
4.10 **Trading Places** Satirical comedy starring Dan Aykroyd. (1983, 15, 116min) ★★★★★

6.10 **Uncle Buck** Comedy starring John Candy and Amy Madigan. (1989, 12, 94min) ★★★
8.00 **Planes, Trains and Automobiles** Comedy starring Steve Martin, John Candy, Laila Robbins and Kevin Bacon. (1987, 15, 92min) ★★★★★
9.35 **Caddyshack** Comedy starring Chevy Chase, Bill Murray and Rodney Dangerfield. The caddies at a posh golf club try to get the better of their employers. (1980, 15, 95min) ★★★

11.15 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
1.00 AM **Blazing Saddles** Western spoof. (1974, 12, 90min) ★★★★
2.35 **Tootsie** Comedy drama. (1982, 15, 116min) ★★★★
4.35 **to 6.15** AM **Arthur** Comedy. (1981, 15, 93min) ★★★★

Disney+ Cinema

305 305

6.00 AM **Cars 2** As shown at 4.15am.
7.55 **Big Hero 6** Animated adventure. (2014, PG, 102min) ★★★★
9.40 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
11.25 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
1.50 PM **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★

3.25 **The Sorcerer's Apprentice** Fantasy starring Nicolas Cage. (2010, PG, 109min) ★★★★
5.15 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
7.10 **Percy Jackson: Sea of Monsters** Fantasy adventure sequel starring Logan Lerman. (2013, PG, 102min) ★★★
9.00 **Guardians of the Galaxy Vol. 2** Fantasy adventure sequel. (2017, 12, 136min) ★★★
11.15 **Hitman: Agent 47** Action thriller. (2015, 15, 92min) ★★

12.55 AM **Veronica Guerin** Biopic. (2003, 18, 98min) ★★★
2.35 **The Grand Budapest Hotel** Wes Anderson's comedy drama. (2014, 15, 99min) ★★★★★
4.15 **to 6.00** AM **Cars 2** Animated comedy adventure sequel. (2011, U, 102min) ★★★

Movies 24

312 313 419

7.00 AM **Savoring Paris** Romantic drama. (2024, PG, 90min) ★★
9.00 **Catch of the Day** Romantic drama. (2025, PG, 84min) ★★
11.00 **Love in Wolf Creek** Romantic drama. (2022, PG, 85min) ★★
1.00 PM **Kentucky Roses** Romantic drama. (2026, PG, 90min) ★★
3.00 **The Magic of Lemon Drops** Fantasy with Lyndsy Fonseca. (2024, PG, 84min) ★★

5.00 **Love and Penguins** Romantic comedy. (2022, PG, 90min) ★★
7.00 **Love for Starters** Romantic comedy starring Stephanie Bennett and Jonathan Cherry. (2022, PG, 85min) ★★
9.00 **Blind Date Book Club** Romantic drama starring Erin Krakow and Robert Buckley. A Nantucket bookshop owner known for matchmaking others finds love with a bestselling author who visits her store. (2024, PG, 90min) ★★

11.00 **An Ice Palace Romance** Drama. (2023, PG, 90min) ★★
1.00 AM **Love Served Here** Drama. (2023, PG, 84min) ★★
3.00 **to 5.00** AM **Love & Jane** Fantasy. (2024, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **The Hi-Jackers** (1963) ★★
7.20 **Runaround** Game show.
7.50 **Legend of the Hidden City**
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 13/26. (S3)
9.30 **Hawkeye & the Last of the Mohicans** 7/39. (S1)
10.00 **Captain Scarlet and the Mysterons** 16/32. (S1)
10.30 **Champion the Wonder Horse**
11.00 **The Buccaneers** 27/39. (S1)

11.30 **The Adventures of Robin Hood**
12.00 NOON **Target Earth** Thriller. (1954, b/w, PG, 75min) ★★
1.35 PM **Look at Life** Documentary.
1.45 **Malta Story** (1953, b/w, U) ★★★
3.50 **Whiplash** 21/34. (S1)
4.25 **The Long Arm** Crime thriller. (1956, b/w, U, 100min) ★★★★
6.25 **Dick Turpin** 2/13. (S1)
7.00 **Maigret** 12/13. (S4)
8.00 **The Duchess of Duke Street**
9.05 **Honest, Decent and True**
11.10 **Fortean TV**
11.45 **One Step Beyond** 9/22. (S1)

12.20 AM **Eurotrash**
12.55 **Brides of Blood** (1968, 15) ★★
2.50 **Look at Life** Documentary.
3.00 **The Veil** 7/12. (S1)
3.30 **A Little of What You Fancy**
4.35 **Green Hornet Strikes Again!**
5.00 **The Adventures of Sir Lancelot**
5.30 **to 6.00** AM **Honey West**

Saturday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
10.00 LIVE **Women's T20 Cricket World Cup** Ireland v Scotland. Coverage of the Group B game at Old Trafford.
1.30 PM LIVE **Formula 2** Barcelona-Catalunya Grand Prix sprint race.
2.10 LIVE **Formula 1** Coverage of the Barcelona-Catalunya Grand Prix qualifying session.
4.00 LIVE **Women's T20 Cricket World Cup** Australia v South Africa. Coverage of the Group A match from Old Trafford in Manchester.
6.00 LIVE **Women's T20 Cricket World Cup** West Indies v New Zealand. Coverage of both teams' opening Group B match at Utilita Bowl.
10.00 LIVE **PGA Tour Golf** Coverage of day three of the RBC Canadian Open from TPC Toronto at Osprey Valley in Caledon, Ontario.
11.00 **World Cup Report**
12.00 M'T LIVE **Curtis Cup Golf** Coverage of the fourballs on day two at Bel-Air Country Club.
3.00 **to 6.00** AM **World Cup Report**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years** A look back at the 2023/24 season.
9.00 **Premier League Review**
2.00 PM **Netbusters** Fast-paced Premier League highlights using alternative angles, featuring every goal from every game.
4.30 **Premier League Stories** A look at Mauricio Pochettino's Tottenham Hotspur team.
5.00 **Transfer 360** Delving into the transfers of Alan Shearer. **5.30** John Hartson to Celtic.
6.00 **Premier League Review** Action from the 11th round of fixtures. **7.00** The 12th round of games. **8.00** Highlights from the 13th round of top-flight fixtures. **9.00** The 14th round of games. **10.00** Action from the 15th round of top-flight matches.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from the 2004/05 season, all set to a specially selected soundtrack.
1.00 AM **PL Retro** Chelsea v Tottenham Hotspur in 2015/16.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup** The 2011 final.
8.00 **Best Scottish Premiership Goals 2014/15**
8.30 **Best Scottish Premiership Goals 2021/22**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Rivalries** East Midlands.
11.30 **Jimmy Glass: The Great Escape**
12.00 NOON **SPFL Greatest Games**
2.00 PM **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Best Goals: EFL Cup 23/24**
5.30 **EFL Trophy** Peterborough v Wycombe in the 2023/24 final.
6.00 **EFL Cup Retro** Swansea City v Bradford City in the 2013 final.
8.00 **Best Scottish Premiership Goals 2022/23**
8.30 **Best Scottish Premiership Goals 2023/24**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Cup Highlights**
11.30 **EFL Best Goals 2017/18**
12.00 M'T **EFL Cup Retro** Manchester City v Liverpool in the 2016 final.
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2021/22**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **ICC Women's World Cup**
10.00 LIVE **Women's T20 Cricket World Cup** Ireland v Scotland. Coverage of the Group B match staged at Old Trafford in Manchester.
2.00 PM LIVE **Women's T20 Cricket World Cup** Australia v South Africa. Coverage of the Group A match from Old Trafford in Manchester.
6.00 LIVE **Women's T20 Cricket World Cup** West Indies v New Zealand. Coverage of both teams' opening Group B match staged at Utilita Bowl in Southampton. These teams met in a semi-final when the tournament was last staged in 2024 in the United Arab Emirates, with New Zealand prevailing by eight runs and going on to defeat South Africa in the final.
10.00 **Best of ICC WT20**
10.30 **Women's World Cup**
1.30 AM **Women's World Cup 2017**
2.00 **Women's T20 World Cup**
3.00 **ICC Women's World Cup 2017**
3.30 **Women's T20 World Cup**
5.30 **to 6.00** AM **ICC Women's World Cup 2017**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Champions**
7.00 **Rose Ladies Series**
7.30 **PGA Tour Champions**
8.00 **HotelPlanner Tour Golf**
8.30 **PGA Tour Golf** Canadian Open.
11.00 **My Ryder Cup**
11.15 **DP World Tour Golf**
11.45 **Women's Golf** Curtis Cup.
12.45 PM LIVE **PGA Tour Golf** Day three of the RBC Canadian Open.
11.00 **Women's Golf** Curtis Cup.
12.00 M'T LIVE **Curtis Cup Golf** The fourballs on day two in California.
3.00 AM **PGA Tour Golf**
4.00 **US Open Official Films**
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** ATP Stuttgart Open, plus the ATP and WTA S-Hertogenbosch Open.
3.00 PM LIVE **ATP Tennis** Day six of the ATP S-Hertogenbosch Open.
6.00 **WTA All Access**
6.30 **ATP Tennis** Geneva Open final.
7.30 **WTA All Access**
8.00 **WTA & ATP Tennis**
1.00 AM **ATP & WTA Tour Classics**
2.00 **WTA & ATP Tennis**
3.00 **WTA All Access**
3.30 **WTA & ATP Tennis**
5.30 **to 6.00** AM **WTA All Access**

TNT Sports 1

410 413 521 408 430

7.00 AM LIVE **AFL** North Melbourne Kangaroos v West Coast Eagles. Coverage of the match held at Optus Stadium in Perth. Bounce-up 7.15am.
10.00 **Sign Up – Into Football**
11.00 LIVE **UCI Mountain Bike World Series** The men's elite downhill in Leogang, Austria.
1.15 PM LIVE **UCI Mountain Bike World Series** The women's elite downhill from Leogang, Austria.
2.30 LIVE **The Gallagher PREM** Coverage from a play-off match.
5.30 **The Gallagher PREM**
6.30 **Lomu: The Lost Tapes**
8.00 LIVE **Cycling Pro Series** Coverage from the London Nocturne Criterium elite races.
10.00 **The Gallagher PREM**
11.00 **UEFA Champions League**
11.15 **One-Day International Cricket**
12.15 AM **International T20 Cricket**
1.15 LIVE **International T20 Cricket** West Indies v Sri Lanka. The second match in the three-game series at Sabina Park in Kingston.
5.15 **What Went Down** Dana White.
5.30 **to 5.45** AM **MotoGP Rewind**

TNT Sports 2

411 414 522 409 431

6.00 AM **The Gallagher PREM**
7.00 **Discovery Golf**
7.30 **Superbike World Championship**
8.30 LIVE **World Superbikes** Italy.
9.00 **World Superbike Highlights**
10.00 LIVE **World Superbikes** Italy.
10.45 LIVE **Women's Circuit Racing** The first race in Emilia-Romagna.
11.45 LIVE **World Superbikes** From Misano World Circuit in Italy.
3.15 PM **It's a Numbers Game**
3.45 **MotoGP Rewind**
4.00 **TNT Sports Cricket Reload**
4.15 LIVE **Longines Global Champions Tour** In Saint Tropez.
7.00 **MLB Highlights**
8.00 LIVE **MLB** Toronto Blue Jays v New York Yankees. Start-time 8.07pm.
11.00 **UFC Breakdown**
11.15 **What Went Down**
11.30 **World Superbikes**
12.00 M'T LIVE **MLB** Milwaukee Brewers v Philadelphia Phillies. National League game. Start-time 12.15am.
3.00 AM **MLB Plays of the Week**
3.30 **World Superbikes**
4.00 **The Gallagher PREM**
5.00 **to 6.00** AM **Giro d'Italia**

Sky Sports Action

412 410 510 426 446

6.00 AM **State of Origin**
7.00 **Boxing** Billam-Smith v Rozicki.
8.00 **NBA on Fire** The latest news.
8.35 LIVE **NRL** New Zealand Warriors v Cronulla-Sutherland Sharks. Coverage of the match from the 15th round of fixtures at Go Media Stadium. Kick-off 8.35am.
10.35 **Rugby League Highlights**
12.00 NOON LIVE **World Cup of Darts** Coverage of the afternoon session on day three staged at Eissporthalle in Frankfurt.
4.00 PM LIVE **Netball Super League** The preliminary final.
6.00 LIVE **World Cup of Darts** Coverage of the evening session on day three, featuring four matches from the round of 16 held at Eissporthalle in Frankfurt.
10.00 **NFL Bitesize Highlights**
11.00 LIVE **WNBA** Connecticut Sun v Indiana Fever. Coverage of the Eastern Conference match at Mohegan Sun Arena. Tip-off 11.00pm.
1.30 AM **World Club Challenge**
1.45 **Super League Highlights**
5.00 **Women's Super League**
5.15 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 LIVE **Super Rugby** Coverage from a semi-final.
10.00 **World Cup Matchday**
12.00 NOON LIVE **World Cup of Darts** Coverage of the afternoon session on day three, featuring four matches from the round of 16 at Eissporthalle in Frankfurt.
4.00 PM **World Cup Matchday**
6.00 LIVE **World Cup of Darts** Coverage of the evening session on day three of the tournament, featuring four matches from the round of 16 held at Eissporthalle in Frankfurt, Germany.
10.00 **World Cup Report** In-depth analysis and discussion on the latest World Cup matches.
11.00 LIVE **WNBA** Connecticut Sun v Indiana Fever. Coverage of the Eastern Conference match at Mohegan Sun Arena. Tip-off 11.00pm.
1.30 AM **EFL Greatest Games**
3.00 **Super League** A replay of York Knights v Toulouse Olympique from LNER Community Stadium.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **US Women's Open Golf**
7.00 **PGA Tour Golf**
8.00 **Formula 1** Monaco Grand Prix.
9.00 **HotelPlanner Tour Golf**
9.30 **Women's T20 World Cup**
10.00 LIVE **Women's T20 Cricket World Cup** Ireland v Scotland. Coverage of the Group B game at Old Trafford.
2.00 PM **Formula 1** From Monaco.
3.00 **HotelPlanner Tour Golf**
3.30 LIVE **Netball Super League** Coverage of the preliminary final.
6.00 **HotelPlanner Tour Golf**
6.30 LIVE **Curtis Cup Golf** Coverage of the foursomes on day two at Bel-Air Country Club in California.
9.30 **DP World Tour Golf**
10.00 **US Women's Open Golf**
11.00 **PGA Tour Champions**
12.00 M'T LIVE **Curtis Cup Golf** Coverage of the fourballs on day two from Bel-Air Country Club.
3.00 AM **Rugby League Highlights**
3.45 **PL Greatest Games**
4.00 **WTA Tennis** Madrid Open final.
5.00 **to 6.00** AM **Super League**

TNT Sports 3

413 415 523 410 432

6.00 AM **Tennis: French Open**
7.00 **UCI Mountain Bike World Series**
8.00 **Men's Cycling** Highlights.
9.00 **UEFA Champions League**
10.00 **UEFA Europa League Goals**
10.15 **Endurance Uncovered: Racing for Excellence**
10.45 LIVE **FIA World Endurance Championship** Coverage from the warm-up session for the 24 Hours of Le Mans ahead of the third round of the season at Circuit de la Sarthe in Le Mans, France.
11.30 **One-Day International Cricket**
12.30 PM **MLB Highlights**
2.00 LIVE **FIA World Endurance Championship** Coverage from the 24 Hours of Le Mans, as the third round of the season at Circuit de la Sarthe in Le Mans, France.
10.00 PM **to 6.00** AM LIVE **FIA World Endurance Championship** Coverage from the 24 Hours of Le Mans, as the third round of the season at Circuit de la Sarthe.

TNT Sports 4

414 416 524 411 434

6.00 AM **Ultimate Pool**
7.30 **Test Cricket Highlights**
9.30 **The Gallagher PREM**
10.30 LIVE **AFL** Port Adelaide Power v Sydney Swans. Coverage from Adelaide Oval. Bounce-up 10.35am.
1.30 PM LIVE **Cycling** The seventh stage of the men's Tour Auvergne Rhone Alpes, a route from La Bridoire to Grand Colombier.
3.15 LIVE **Cycling** The Copenhagen Sprint women's one-day race.
5.30 **AFL** A replay of Melbourne Demons v Essendon Bombers. **7.00** North Melbourne Kangaroos v West Coast Eagles. **8.30** A chance to see Port Adelaide Power v Sydney Swans.
10.00 **UCI Mountain Bike World Series**
11.00 **Cycling** Event highlights.
4.00 **to 7.00** AM LIVE **AFL** Richmond Tigers v Brisbane Lions. Coverage from Ninja Stadium. Bounce-up 4.10am.

Premier Sports 1

419 APP 528

6.00 AM **Swedish Speedway**
8.00 **FIM Quadcross Championship**
9.30 **Top 14 Rugby Union**
11.30 **Sporting Countdowns**
12.00 NOON **World Surf League** The Bonsoy Gold Coast Pro event.
1.00 PM **Motorsport** Drew Gibson.
2.00 **NHL Tonight** Play-offs.
3.00 **FIM Quadcross Championship**
4.00 **NASCAR Highlights**
5.00 **The Final Duel** Documentary.
6.00 **German Cup** Bayern Munich v VfB Stuttgart in the final.
8.00 **Sporting Greats**
8.30 **Challenge Cup** A replay of Montpellier v Ulster in the final.
10.30 **Champions Cup Show**
11.00 **NASCAR Highlights** Action from the FireKeepers Casino 400.
12.00 M'T **Top 14 Rugby Union** Action from a play-off match.
2.00 AM **Sporting Countdowns**
2.30 **Scottish Cup Football**
4.30 **Sporting Countdowns**
5.00 **to 6.00** AM **NASCAR**

Premier Sports 2

420 APP 529

6.00 AM **Temples of Sport**
7.00 **EUT20 Belgium** The fifth play-off match from Stars Arena.
11.00 **Africa Eco Race**
11.15 LIVE **EUT20 Belgium** Coverage of the sixth play-off match in the T20 cricket competition from Stars Arena.
3.00 PM LIVE **EUT20 Belgium** Coverage of the seventh play-off match in the T20 cricket competition from Stars Arena.
7.00 **Temples of Sport** Iconic sporting venues from around the globe.
7.30 **LaLiga Match Highlights**
7.55 LIVE **Top 14 Rugby Union** Coverage of a play-off match.
10.30 **Temples of Sport** Iconic sporting venues from around the globe.
11.00 **EUT20 Belgium** Action from the sixth play-off match in the T20 cricket competition staged at Stars Arena in Hofstade, Belgium.
3.00 **to 6.00** AM **Abu Dhabi T10 Cricket**

Sky Sports F1

407 407 507 424 444

6.00 AM **GB3 Championship**
7.00 **The F1 Show** Race preview.
8.00 LIVE **Ferrari Challenge** Race two from Circuit de la Sarthe.
9.00 LIVE **Formula 3** Barcelona-Catalunya Grand Prix sprint race.
10.00 **F1 Features**
11.15 LIVE **Formula 1** Barcelona-Catalunya Grand Prix third practice.
1.10 PM LIVE **Formula 2** Barcelona-Catalunya Grand Prix sprint race.
2.10 LIVE **Formula 1** Barcelona-Catalunya Grand Prix qualifying.
5.00 **Ted's Notebook**
5.30 **Formula 1** Highlights from Spain.
7.30 **Ted's Notebook**
8.00 **Formula 1** Action from Spain.
10.00 **Ted's Notebook**
10.30 **Formula 2** Highlights.
11.35 **McLaren Show Run in Miami**
11.45 **Formula 3** Action from Spain.
12.45 AM **Ferrari Challenge Europe**
1.45 **Golf with Sergio Perez**
2.00 **to 6.00** AM **The Best of F1**

Sunday

14 June

Planner

Little Disasters

DRAMA 5, 9pm (box set, 5 streaming)
First shown on Paramount+, this thriller starring Diane Kruger and Jo Joyner follows the fallout between two friends when one, a doctor, accuses the other of hurting her baby. Continues to Tue.

Free Nelson Mandela

DOCUMENTARY
C4, 9pm
This three-part documentary charts the story of the world's most famous political prisoner. In the opening episode, we learn about the events that led to Mandela being imprisoned for life in 1964

F1: Barcelona-Catalunya Grand Prix

MOTORSPORT Sky Sports Main Event & Sky Sports F1, race starts 2pm
Championship leader Kimi Antonelli of Team Mercedes will be looking to stretch his lead in the drivers' standings in Barcelona this afternoon.

My Adventures with Superman

ANIMATION HBO Max
The third season of the comic-book animation sees the Man of Steel (voiced by *The Boys*' Jack Quaid) battling the evil Cyborg Superman, while the newly arrived Kara Zor-El is trying to find her place on Earth.

Sunday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Tiger Island	8.15 Antiques Roadshow		9.15 Death Valley		10.00 News	10.30 Outrageous
	102 BBC2		7.15 Hidden Treasures of the National Trust	8.15 Expedition with Steve...		9.00 The Mother of All Cons		10.00 Later... with Jools Holland	
	103 ITV1	‹ 5.00 Football: World Cup – Live: Germany v Curaçao (Kick-off 6.00); Netherlands v Japan (Kick-off 9.00)							
	104 CHANNEL 4	‹ 6.30 F1: Barcelona-Catalunya Grand Prix Highlights				9.00 Free Nelson Mandela		10.00 Celebrity Gogglebox	
	105 5	‹ 6.35 Secrets of Your Favourite Chocolate...		8.00 Rich House, Poor House		9.00 Little Disasters		10.00 Murder Suspect No 1	
	106 SKY ONE	7.00 The Simpsons			8.30 La Brea				10.30 Film: Riddick
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 A Good Girl's Guide to Murder			10.30 Film: Wedding...
	116 BBC4		7.15 The Modern Age of the Coach		8.30 Michael Palin's Hemingway Adventure			10.05 Windrush: Portraits of a Generation	
	118 ITV2	‹ 6.50 Film: Dirty Dancing				9.00 Love Island		10.00 Love Island: Aftersun	
	136 MORE4	‹ 6.55 Four in a Bed				9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Venom			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Watson		10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.50 The Gilded Age				9.00 Task			10.15 The Fear Index
	110 U&GOLD	‹ 6.50 The Vicar of Dibley		8.10 Dad's Army	8.50 Red Dwarf				
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Special Ops: Crime Squad UK		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	‹ 6.05 Midsomer Murders						10.00 Vera	
	120 ITV4	‹ 6.50 Hornblower				9.00 Film: Force 10 from Navarone			
	112 COMEDY CENTRAL	‹ 6.55 Film: 3 Men and a Little Lady				9.00 Mr Bean		10.00 Jimmy Carr: Comedy Central Live	
	145 SKY SCI-FI	7.00 Stargate Atlantis				9.00 The Walking Dead			
	143 U&DRAMA	7.00 Hetty Wainthropp Investigates		8.00 Sister Boniface Mysteries		9.00 Silent Witness			
	109 U&ALIBI	7.00 Allegiance		8.00 Hudson & Rex		9.00 Death in Paradise		10.00 Father Brown	
	122 SKY ARTS	7.00 The Shadows: The Final Tour						10.00 Classic Albums	
	132 U&W	7.00 Inside the Ambulance		8.00 Inside the Operating Theatre				10.00 The Catherine Tate Show	
DOCUMENTARY	125 DISCOVERY	7.00 Alaska: Homestead Rescue				9.00 Barnwood Builders		10.00 Deadliest Catch	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 Edge of Alaska		10.00 Tanked	
	129 NAT GEO	7.00 Hidden Beneath the Cities		8.00 Engineering by Catastrophe		9.00 Inside the CIA: Secrets and Spies		10.00 Unmasking the Killers of the Third...	
	123 SKY HISTORY	7.00 The Abyss: Rise & Fall of the Nazis						10.00 World War II with Tom Hanks	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Some Mothers Do 'Ave 'Em				10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	‹ 6.00 My Mom Jayne		8.00 The Alien Autopsy Scandal		9.00 Bowie: The Man Who Changed the World			

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Prayer and Reflection** (S)(R)
11.00 **Homes Under the Hammer** (S)(R)
11.30 **Bargain Hunt** (S)(R)(AD)
12.10 PM **Songs of Praise** New edition From Liverpool Olympia. (S)
12.45 **Points of View** New edition (S)
1.00 **BBC News** (S)
1.15 LIVE **Tennis: Queen's** The HSBC Championships: Coverage of day six of the women's grass-court tournament at Queen's Club, featuring the singles final. (S)
3.45 **The Americas** (S)(R)(AD)
4.25 FILM **Shrek Forever After** Animated adventure sequel with the voice of Mike Myers. (S)(AD) (2010, U, 85min) ★★★★
5.50 **BBC News** (S)

7.15 Tiger Island

6 PM
6.05 **Local News** (S)
6.15 **Countryfile** New edition John Craven and Vick Hope are in the Cotswolds discovering the skills and craftsmanship preserving the region's distinctive character. (S)

7 PM
7.15 **Tiger Island** Series finale 2/2. As monsoon storms loom, the big cats become more active at night, while the arrival of a huge dominant male presents a rare opportunity to study tiger family dynamics. (S)(AD)
■ Entire series on BBC iPlayer

8 PM
8.15 **Antiques Roadshow** Fiona Bruce presents the show from Thirlestane Castle, where items include an ice axe signed by famous mountaineers. (S)(R)

9 PM
9.15 **Death Valley** New episode 5/6. Janie is forced to lock down CID to find a killer and struggles to find time for her relationship with her father. (S2) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 NEW TO BBC1 **Outrageous** 1/6. Drama starring Bessie Carter. While Nancy lives in vain hope that her boyfriend Hamish will propose, her sister Diana has it all. (S1) (S)(R)
■ Entire series on BBC iPlayer
11.15 LIVE **Football: World Cup** Ivory Coast v Ecuador: Mark Chapman presents coverage of the Group E match at Philadelphia Stadium in the USA. With analysis from Benni McCarthy and Ellen White. Kick-off is at 12.00m't. (S)
2.15 AM **Weather for the Week Ahead** Seven-day forecast. (S)
2.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Beechgrove Garden** (S)(R)
7.00 **Landward** New edition (S)
7.30 **MOTD: World Cup Highlights** A replay of Haiti v Scotland. (S)
10.55 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
12.25 PM FILM **Strangers on a Train** Alfred Hitchcock's suspense thriller starring Farley Granger. (S) (1951, b/w, PG, 95min) ★★★★★
2.00 FILM **Dial M for Murder** Hitchcock suspense thriller starring Ray Milland and Grace Kelly. (S) (1954, PG, 105min) ★★★★
3.45 **Alfred Hitchcock: Talking Pictures** A look at the TV appearances made by the film director. (S)(R)
4.25 **Flog It!** (S)(R)
5.15 **This Farming Life** The autumn sales are over and preparations are being made for winter. (S)(R)

10.00 Later... with Jools Holland

6 PM
6.15 **Expedition Killer Whale** Documentary taking a look at the hunting behaviours of killer whales in Antarctica, as a team of scientists and filmmakers travel across freezing waters to find out more about these animals. (S)(R)(AD)

7 PM
7.15 **Hidden Treasures of the National Trust** Exploring workers' lives in the Industrial Revolution, a rare contract of a boy tied to a cotton mill is conserved, and final touches are made to Kinver Edge's rock houses. (S)(R)(AD)

8 PM
8.15 **Expedition with Steve Backshall** Steve teams up with shark scientist Mauricio Hoyos in the Eastern Pacific to discover where shark mothers give birth. (S)(R)

9 PM
9.00 **The Mother of All Cons** Series finale 3/3. Megan's funeral service is suddenly cancelled as the authorities want to carry out another post-mortem. (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **Later... with Jools Holland** New edition 5/6. Featuring Mike D, Lola Young, Baby Rose, Wasia Project and Bonnie 'Prince' Billy. (S)
10.45 FILM **Children of Men** Sci-fi thriller starring Clive Owen and Julianne Moore. (S) (2006, 15, 100min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.25 AM FILM **BlacKkKlansman** Fact-based drama with John David Washington and Adam Driver. (S) (AD) (2018, 15, 130min) ★★★★
2.35 **Sign Zone: Southbank at 75 – You Are Here** (S)(R)(AD)
3.25 **Sign Zone: Expedition with Steve Backshall** (S)(R)(AD)
4.10 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

4.30 AM LIVE **Football: World Cup** Australia v Turkey: Coverage of the Group D match at BC Place Vancouver. Kick-off is at 5.00. (S)
7.35 **James Martin's French Adventure**
8.25 **Ainsley's Fantastic Flavours** New edition Sunny vibes. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** (S)(R)
11.25 **Prue Leith's Cotswold Kitchen** (R)
12.20 PM **ITV News** (S)
12.30 FILM **From Russia with Love** Spy adventure with Sean Connery. (S) (AD) (1963, PG, 125min) ★★★★
2.35 **Tipping Point: Lucky Stars** (S)(R)
3.35 **The Chase Celebrity Special** With Richard Bacon, Daisy Arwen Campbell and Gary Wilmot. (S)(R)
4.35 **ITV News** (S)
4.45 **Local News** (S)

12.30 From Russia with Love

6 PM
5.00 LIVE **Football: World Cup** Germany v Curaçao: Mark Pougatch presents coverage of the Group E match at Houston Stadium in the USA. With analysis from Emma Hayes, Juan Mata and Ian Wright, and commentary by Seb Hutchinson and Andros Townsend. Kick-off is at 6.00. (S)

8 PM
8.15 LIVE **Football: World Cup** Netherlands v Japan: Laura Woods presents coverage of the Group F match at Dallas Stadium in the USA. Both teams were present at the previous World Cup in Qatar, and both topped their respective groups, with the Dutch leading Group A ahead of Senegal, Ecuador, and the host nation, while Samurai Blue bested Spain, Germany and Costa Rica. The most recent clash between tonight's opponents was a friendly match in 2013 that took place in Belgium, which saw Japan salvage a 2-2 draw after being 2-0 down. With analysis from Roy Keane and Gary Neville, and commentary by Jon Champion and Ally McCoist. Kick-off is at 9.00. (S)
11.35 **ITV News** (S)
11.55 **Romesh Ranganathan's Parents' Evening** With Joel Dommett, Tony Bellew and Vicky Pattison. (S)(R)
12.45 AM **Unwind with ITV** (S)
2.00 **Celebrity Lingo** (S)(R)
2.30 LIVE **Football: World Cup** Sweden v Tunisia: Coverage of the Group F match at Monterrey Stadium in Mexico. Kick-off is at 3.00. (S)
5.35 **to 6.00** AM **Goals of the 1990s**

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

5.55 AM **The King of Queens** (S)(R)
7.10 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** (S7) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With Bradley Riches, Dawn O'Porter, Adam Lambert, Louise Redknapp and Leila Farzad. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.00 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
4.30 **Kirstie and Phil's Love It or List It: Brilliant Builds** Kirstie Allsopp and Phil Spencer tackle future-proofing. (S)(R)(AD)
5.00 **George Clarke's Amazing Spaces** The architect meets a pair converting a rusty ship's wheelhouse into head-turning accommodation for their Welsh glampsite, then shows off his own amazing space. (S)(R)(AD)

6.30 F1: Grand Prix Highlights

6 PM
6.00 **News** (S)
6.30 **F1: Barcelona-Catalunya Grand Prix Highlights** Lee McKenzie presents action from the seventh round of the season at Circuit de Barcelona-Catalunya in Spain. This is an inaugural grand prix by name, but the Spanish Grand Prix, which has now moved to Madrid, was held here last year. Oscar Piastri took the honours in that race 12 months ago, with his Mercedes teammate Lando Norris taking second. With analysis from David Coulthard and Billy Monger. (S)

9 PM
9.00 NEW SERIES **Free Nelson Mandela** 1/3. The South African leader's 27-year imprisonment during the apartheid era, and how he led his country to democracy from inside a cell. (S)(AD)

10 PM
10.00 **Celebrity Gogglebox** A cast of famous faces, including Vernon Kay and Paddy McGuinness, and Denise Van Outen and Johnny Vaughan give their thought on the week's TV. (S)(R)(AD)
11.00 **Gogglebox** (S)(R)(AD)
12.00 M'T FILM **Boiling Point** Drama starring Stephen Graham. (S) (2021, 15, 105min) ★★★★
1.45 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.35 **The Dog House** (S)(R)(AD)
3.30 **The Simpsons** (S)(R)(AD)
4.50 **Sarah Beeny's New Life in the Country** Documentary. (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.10 **Cruising with Jane McDonald** Highlights from Alaska. (S)(R)
9.20 **Happy Campers: The Caravan Park** Double bill. (S)(R)
11.10 **Cruising the Med with Susan Calman** (S)(R)
1.05 PM **Inside the Tower of London** Double bill. (S)(R)
3.00 **7 Wonders of the World with Bettany Hughes** The historian visits the Great Pyramid of Giza and Alexandria. (S)(R) **4.00** Exploring the stories behind the Colossus of Rhodes and the Statue of Zeus at Olympia. (S)(R)
5.00 **Julie Andrews at 90: In Her Own Words** A profile of the singer and actor. (S)(R)

9.00 Little Disasters

6.30 **News** (S)
6.35 **Secrets of Your Favourite Chocolate Bars** Exploring the history of chocolate and looking at how the nation's favourite confectionery is made, taking illuminating tours of some of the factories. (S)(R)
8.00 **Rich House, Poor House** Struggling mum Laura and partner Rob swap homes and lives for a week with millionaire builder William Langton and discover a life of luxury. (S)(R)
9.00 NEW SERIES **Little Disasters** *The Perfect Mother:* 1/6. Thriller starring Diane Kruger and Jo Joyner. (S1) (S)(AD) *Previously on Paramount+.* ■ Continues tomorrow
10.00 **Murder Suspect No 1** Documentary following homicide investigations, beginning with the case of a man beaten to death in a basement squat in the early hours of the morning. (S)(R)
11.00 FILM **The Commuter** Thriller starring Liam Neeson, Vera Farmiga and Patrick Wilson. (S) (2018, 15, 120min) ★★★
1.00 AM **Teleshopping** (S)(R)
2.30 **Shoplifters: Catch Me If You Can** Documentary. (S)(R)
3.15 **Friends** (S8&9) (S)(R)
4.45 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **S.W.A.T.** (S4) (S)(R)(AD)
9.00 **F1: Barcelona-Catalunya Grand Prix Qualifying Session** From Circuit de Barcelona-Catalunya in Spain. (R)
11.00 **Micro Monsters with David Attenborough** (S)(R)(AD)
2.00 PM **The Simpsons** Triple bill of the animated comedy. (S)(R)
3.30 **Best Medicine** 1/13. A surgeon abruptly leaves his career in Boston to become the doctor in a quaint fishing village. (S)(R) **4.30** 2/13. Martin encounters his bully and identifies a contagious disease. (S1) (S)(R)
5.30 **F1: Barcelona-Catalunya Grand Prix Highlights** Action from the seventh round of the season at Circuit de Barcelona-Catalunya in Spain. (R)

8.30 La Brea

6.30 **Ted's Notebook** Ted Kravitz shares his thoughts on the Barcelona-Catalunya Grand Prix. (R)
7.00 **The Simpsons** *The Nightmare After Krustmas:* A spooky toy haunts Maggie. (S)(R) **7.30** *Pork and Burns:* A book inspires Marge to adapt to a new way of living. (S)(R)
8.00 **The Simpsons** *Fatzcarraldo:* Lisa tries to find a special story to save her school radio station. (S)(R)
8.30 **La Brea** *The Fort:* 5/10. Eve, Levi and the rest of the search party explore a mysterious fort that raises more questions than answers. (S)(R) **9.30** *The Way Home:* 6/10. The survivors hatch a final escape attempt, but they receive a stark warning from Gavin. (S1) (S)(R)
10.30 FILM **Riddick** Sci-fi thriller sequel starring Vin Diesel, Jordi Mollà and Matt Nables. Space fugitive Riddick combats bounty hunters and fearsome monsters on a desert planet. (S) (2013, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **Evil** 4/10. The team meet a truck driver whose wife thinks he is possessed. (S3) (S)(R)
1.45 **The Force: North East** Northumbria Police answer a flood of 999 calls. (S)(R) **2.40** The cells fill up during a busy Saturday night. (S)(R)
3.35 **Road Wars** Double bill. (S)(R)
5.00 **to 6.00** AM **Highway Patrol**

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S) **11.00-11.30am** Landward (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics Northern Ireland (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S) **4.25pm** A to Z of TV Gardening (S)(R) **4.50** Wales' Home of the Year (S)(R) **5.20-5.50pm** 21st Century TV with Lucy Owen (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
7.15pm The Game – The Story of Hurling (S)(R) **8.05-8.15** Chronicles of the Sperrins (S)(R) **10.45** Sunday Politics Northern Ireland (S)(R) **11.15** Surgeons: At the Edge of Life (S)(R) **12.15-12.25am** Weather Watchers with Barra Best (S)(R)

WALES
Sky 968, Freesat 968
4.25pm Weatherman Walking: The Welsh Coast (S)(R) **4.55-5.15pm** Flog It! (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Y Fets (AD) **10.00** Gwesty Aduniad **11.00** Garddio a Mwy **11.30** Dechrau Canu Dechrau Canmol **12.30pm** Y Sioe Fwyd **1.00** Cynefin **2.00** Dylan ar Daith **3.00** Busnes Bwyd **4.00** Y Castell **5.05** Nol o'r Dibyn gyda Iolo Williams (AD) **5.40** Gwlad Moc (AD) **6.10** Ffermio **6.40** Pobol y Cwm Omnibws (AD) **7.45** Newyddion a'r Tywydd **8.00** Y Wal (AD) **9.00** Marw Gyda Kris **10.00** Y Stiwdio Grefftau (AD) **11.00-11.35pm** Sain Ffagan (AD)

TV&Streaming week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** George spars in the boxing gym but things take a turn. **7.30** Jack attempts to get through to Denise. **8.00** Ian seeks redemption. **8.30** Chelsea's world is turned upside down.
9.00 **A Good Girl's Guide to Murder** 5/6. A daring night mission causes group tension and isolates Pip. **9.50** 6/6. Pip and Ravi form a plan to bring their hunt for Jamie to an end. (S2)
10.30 FILM **Wedding Crashers** Romantic comedy starring Vince Vaughn and Owen Wilson as a pair of scheming lawyers who spend their lives gatecrashing weddings. With Rachel McAdams and Christopher Walken. (2005, 15, 119min) ★★★★
12.25 AM NEW **Disclosure: Do I have ADHD?** A woman who believes she has ADHD.
12.40 **Gaia: A Death on Dancing Ledge**
2.55 **to 3.55** AM **The Idaho Murders: Trial by TikTok**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Afoot Again in the Past** Exploring London's oldest wallpaper factory.
7.15 **The Modern Age of the Coach** Exploring Britons' love of coach journeys in recent years.
8.15 NEW **Michael Palin Remembers... Michael Palin's Hemingway Adventure** The actor reflects on his travelogue.
8.30 **Michael Palin's Hemingway Adventure** The *Monty Python* star follows in the footsteps of one of his favourite writers. **9.15** Michael's travels from the author's birthplace in the American Midwest to northern Michigan.
10.05 **Windrush: Portraits of a Generation** Artists create portraits of 10 members of the Windrush Generation.
11.20 **Michael Palin's Hemingway Adventure**
1.00 AM **Windrush: Portraits of a Generation**
2.15 **to 3.15** AM **The Modern Age of the Coach**

MORE4

136/137 127 147 18 124 15

8.55 AM **Come Dine with Me**
11.35 **A Place in the Sun**
2.05 PM **George Clarke's Old House, New Home**
3.10 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer visit the Payne-Durkins on the rural outskirts of Leeds.
4.15 **A Place in the Sun** A woman seeks a home in the countryside of Umbria. **5.20** A couple search for a holiday home in Oliva on the Valencia coastline.
6.20 **Four in a Bed** This week's contest kicks off at The Red Lion in Charing Heath, Kent. **6.55** The second visit of the week is at Glamp in Style in Battle, East Sussex. **7.25** Best friends Helen and Phil host the week's third visit at Tottington Manor. **7.55** Sam and Claudia host the week's final visit at Lakeview Studios in Dorset. **8.30** Payment Day promises to be a fiery affair.
9.00 **The Emergency Ward** A patient deteriorates with a suspected brain bleed.
10.00 **24 Hours in A&E** A man is rushed to A&E after a head-on collision with his car windscreen. **11.05** A man is rushed in after a head-on collision.
12.05 AM **The Emergency Ward**
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Rude(ish) Tube Shorts**
7.30 **Modern Family**
8.55 **Don't Tell the Bride**
10.20 **Ramsay's 24 Hours to Hell and Back**
2.20 PM **The Simpsons**
3.50 FILM **Dante's Peak** Disaster movie with Pierce Brosnan and Linda Hamilton. (1997, 12, 108min) ★★★
5.50 **The Great Australian Bake Off** New edition The 11 remaining bakers take on Bread Week.
7.00 **The Simpsons** *Marge the Meanie:* There is a surprise from Marge's past. **7.30** *Meat Is Murder:* Grampa's past comes back to haunt him. **8.00** *Treehouse of Horror XXIII:* Another trilogy of Halloween-inspired stories. **8.30** *Adventures in Baby-Getting:* Marge is forced to replace the family car.
9.00 FILM **Venom** Adventure starring Tom Hardy and Riz Ahmed. A journalist gains superhuman strength and power when his body merges with an alien organism. With Scott Haze. (2018, 15, 112min) ★★★
11.05 **Naked Attraction**
12.15 AM **Gogglebox**
2.20 **Naked Attraction**
3.10 **The Goldbergs**
4.25 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
8.00 **A1: Britain's Longest Road**
9.00 **Send in the Dogs**
10.00 **Border Patrol** Four editions.
12.00 NOON **Border Security USA**
1.00 PM **Stop, Search, Seize**
2.00 **Nothing to Declare** Ten editions, including at: **5.30** Drug detector dog Vulcan makes an amazing find. **6.00** Border Force zero in on two men attempting to avoid luggage checks. **6.30** Officers uncover a backpack filled with drugs.

9.00 Watson

7 PM
7.00 **Nothing to Declare** A deadly parcel turns up at the Mail Centre. **7.30** A container from Lebanon hides illicit items.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Watson** New episode *Sic Semper Tyrannis:* 18/20. John goes on medical leave, with Mary in charge of the Holmes Clinic. (S2)

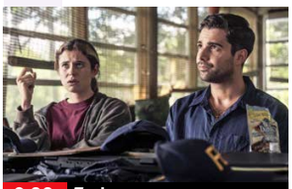
10 PM
10.00 **The Rookie** *Dead Ringer:* 17/18. Nolan and Harper attempt to help a desperate woman protect her child. (S8)
11.00 **Law & Order: Criminal Intent**
12.00 M'T **FBI** 20/22. (S5)
1.00 AM **Fire Country** 22/22. (S1)
2.00 **Law & Order: Special Victims Unit** New episode 4/21. (S27)
3.00 **Brit Cops: Frontline Crime UK**
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Billions** 5&6/12. (S3)
10.15 **The Gilded Age** Nine episodes, including at: **3.35** PM 6/8. Bannister tries to retrieve an incriminating letter from the Russell house. **4.40** 7/8. Bertha begins to rethink her loyalty to the Metropolitan Opera. **5.45** 8/8. The opera war reaches its climax. (S2) **6.50** 1/8. Peggy falls ill after a sudden snowstorm. (S3)



9.00 Task

7.55 **The Gilded Age** *What the Papers Say:* 2/8. Agnes and Ada are concerned about Peggy's worsening condition, while Gladys suffers a heartbreaking disappointment. (S3)

9.00 **Task** *Crossings:* 1/7. An FBI agent heads up a task force to tackle a string of drug-house robberies in Philadelphia. (S1)

10.15 **The Fear Index** 2/4. Alex harbours his own concerns when he finds terrorist websites open on his computer. (S1)
11.15 **Under Salt Marsh** 2/6. Old accusations resurface as Jackie and Bull must put aside years of mistrust before the town's tensions ignite into violence. (S1)
12.20 AM **Deadwood** 3-6/12. (S1)
4.20 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Deal or No Deal**
7.00 **Backyard Builds**
7.30 **Totally Bonkers Guinness World Records**
7.50 **Dress to Impress**
8.50 **Million Dollar Listing: LA**
10.35 **Deal or No Deal**
1.40 PM **Celebrity Catchphrase**
2.45 FILM **Sonic the Hedgehog 2** Adventure comedy sequel. (2022, PG, 122min) ★★★
5.05 FILM **Ice Age 2: The Meltdown** Animated sequel with the voice of Ray Romano. (2006, U, 90min) ★★

6.50 Dirty Dancing

6.50 FILM **Dirty Dancing** Romantic musical drama starring Patrick Swayze as a dance instructor at a stuffy Catskills resort who teaches an idealistic teenager about life and love. With Jennifer Grey. (1987, 12, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Love Island** New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.00 **Love Island: Aftersun** New edition Companion programme to the dating show, featuring the latest gossip from the villa.
11.05 **Family Guy** 14/21. Peter pretends to be a student. (S2) **11.35** 5/7. Animation. (S1)
12.05 AM **American Dad!** (S1)
1.05 **Plebs** 7/9. (S5)
1.35 **Transaction** 1/6. (S1)
2.05 **Piglets** 2/6. (S1)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.35 **Inspector Morse**
8.50 **Agatha Christie's Poirot**
12.05 PM **Agatha Christie's Marple**
2.05 **Midsomer Murders** *The Killings at Badger's Drift:* A woman dies suspiciously during a walk in the woods. **4.00** *Faithful Unto Death:* The wife of the businessman behind a failed craft centre project goes missing. **6.05** *The Devil's Work:* The death of an ancient estate's patriarch leads to murder.

10.00 Vera

Midsomer Murders (started at 6.05pm)

8.00 **Midsomer Murders** *Book of the Dead:* When the author of a book that sparked a nationwide treasure hunt is found dead, Barnaby and Winter try to find the killer among a group of dedicated seekers.

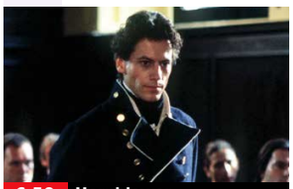
10.00 **Vera** *The Ghost Position:* The detective investigates a petrol-bomb attack on a former colleague and his daughter in their home.
11.50 **Protection** 5/6. The conspiracy takes an unexpected twist as Liz makes an alarming discovery. **12.50** AM 6/6. Liz sets out to unravel the conspiracy. (S1)
1.50 **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.25 **Motorsport Mundial**
7.00 **Auto Mundial**
7.30 **British Touring Car Championship Highlights**
9.00 **Ninja Warrior UK**
10.00 **Sharpe** Four episodes of the drama, including at: **2.20** PM *Sharpe's Regiment:* 1/3. Harper and Sharpe fake their own deaths. **4.30** *Sharpe's Siege:* 2/3. The hero is sent to capture a fort behind French lines. Sean Bean stars. (S4)



6.50 Hornblower

6.50 **Hornblower** *Loyalty:* 1/2. Drama starring Ioan Gruffudd and Robert Lindsay. Newly promoted Captain Hornblower sets out to make his mark – but the end of the war leaves him down and out. (S3)

9.00 FILM **Force 10 from Navarone** Adventure sequel starring Robert Shaw. A band of Allied soldiers embark on a mission to destroy a bridge in German-occupied Yugoslavia, but a traitor is in their midst. (1978, 12, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.35 **Snatch** New episode 8/10. Vic and Hate 'Em use brutish tactics to track down the location of the gold. (S1)
12.25 AM **The Sweeney**
1.20 **Minder**
2.10 **to 3.00** AM **Two and a Half Men**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

11.00 AM **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Gold Town** The delays in building the processing plant for the gold mine continue.
8.15 **The Repair Shop on the Road** Rescuing a slide for a community centre in Dunblane.
9.00 **Lover, Liar, Predator** Following four women who discovered they had each been coercively controlled by the same man, and joined forces to bring him to justice.
10.25 **Still Game** 2/6. Jack and Victor suffer a freezing winter. (S1)
10.55 **Scot Squad** 1/5. Officers Singh and McKirdy receive a rude awakening. (S3)
11.25 PM **to 12.00** M'T **The Sunday Show** Exploring the main issues from the world of politics.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace**
10.30 **Avenue 5** (S2)
1.30 PM **Community** (S2&3)
4.00 **Will & Grace** (S10)
6.15 **The Office (US)** 16/25. Pam has an interview in Philadelphia. **7.00** 17/25. Oscar attends the funeral of Dwight's Aunt Shirley. **7.30** 18/25. The staff get hold of promos for the documentary. **8.00** 19/25. Dwight shoots Stanley with a bull tranquiliser. **8.30** 20/25. Dwight and Angela compete to build the best paper aeroplane. (S9)
9.00 **Jack Dee: Small World** A stand-up show.
10.30 **Ania Magliano: I Can't Believe You've Done This** Stand-up show.
11.30 FILM **Funny Cow** Drama with Maxine Peake. (2017, 15, 102min) ★★★★
1.25 AM **Avenue 5** (S1)
4.30 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Messiah**
8.15 **Tales of the Unexpected**
10.45 **The Alfred Hitchcock Hour** Double bill.
12.45 PM **Bagpipes: A Celebration**
1.45 **Tina Turner – Live in Barcelona** From 1990.
3.55 **Dolly Parton: America Reunited**
5.10 **Freddie Mercury: The Tribute Concert**
7.00 **The Shadows: The Final Tour** A 2004 concert by the instrumental rock band.
10.00 **Classic Albums** The making of the Doors' debut album.
11.00 **Opry Live**
12.00 M'T **Luther: Never Too Much** The life of singer.
2.00 AM **Luther Vandross: Live at Wembley Arena**
3.45 **Brendan Gleeson's Farewell to Hughes's**
5.00 **to 6.00** AM **Classic Albums**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
7.00 **Nothing to Declare**
9.00 **UK Border Force**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM FILM **Love Is a Dog's Best Friend** Romantic comedy starring Arielle Kebbel. (2025, PG, 90min) ★★
4.00 **Ocean Parks**
5.00 **Super Shark Highway**
6.00 **Secrets of the Enchanted Waters**
7.00 **Caught Red Handed**
9.00 **Rob & Romesh vs West End Musicals** Rob Beckett and Romesh Ranganathan try to crack the world of musicals.
10.00 FILM **Chaplin** Biopic of Charlie Chaplin. (1992, 15, 145min) ★★★
12.40 AM **Caught on Dashcam**
1.35 **Killer in My Village**
2.30 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Celebrity Catchphrase** With Natalie Cassidy, Sam Aston and Lou Sanders.
2.00 **Tenable** Quiz show.
3.00 **The Celebrity Chase**
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Celebrity Catchphrase** Joe Swash, Joanna Page and Angellica Bell take part for their charity.
9.00 **The Celebrity Chase** Celebrity version of the quiz show, hosted by Bradley Walsh.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **A Place in the Sun**
4.00 **Location, Location, Location** Property show.
5.00 **Kirstie and Phil's Love It or List It** In Newcastle.
6.00 **Yorkshire by the Sea**
7.00 **A Place in the Sun** Eileen from Birmingham searches for a holiday home in Mar Menor.
8.00 **The Dog House** Poodle-cross Lola has to melt the heart of five-year-old Violet.
9.00 **Celebrity Gogglebox**
10.00 FILM **Where the Crawdads Sing** Drama starring Daisy Edgar-Jones. (2022, 15, 123min) ★★★
12.25 AM **Grand Designs**
1.25 **Britain's Most Expensive Houses**
2.25 **Gogglebox**
3.30 **Location, Location, Location** Property show.
4.25 **to 4.55** AM **Travel Man: 48 Hours in Prague**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Stargate SG-1** Five episodes of the series, including at: **2.00** PM 6/22. Colonel O'Neill is taken prisoner. **3.00** 7/22. Jonas begs the Pentagon for help. (S6)
4.00 **Stargate Atlantis** 4/20. McKay is rescued from a Wraith ship with a security officer. **5.00** 5/20. The team discover a remote planet. **6.00** 6/20. McKay discovers a potent source of energy. (S2)

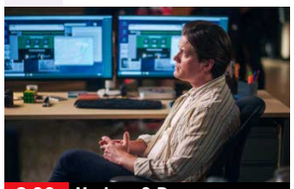
7.00 Stargate Atlantis

7.00 **Stargate Atlantis** *Instinct:* 7/20. Beckett creates a potion designed to convert Wraiths back to human form.
8.00 **Stargate Atlantis** *Conversion:* 8/20. Sheppard starts displaying enhanced physical strength. (S2)
9.00 **The Walking Dead** *Slabtown:* 4/16. Beth starts to work off her debt, but plots her escape with Noah.
10.00 **The Walking Dead** *Self Help:* 5/16. Abraham and some of the group head to Washington, DC. (S5)
11.00 **Grimm** 4/22. Nick battles a creature made of living clay. **11.50** 5/22. A suspect claims to have been driven mad by visions of a wolf. **12.40** AM 6/22. Nick and Juliette undergo a ritual to restore his powers. (S4)
1.30 **Britannia** 5-8/8. (S3)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
10.00 **Death in Paradise** (S10)
12.00 NOON **Father Brown**
4.00 PM **Shakespeare & Hathaway: Private Investigators** 3/10. Frank receives an invitation to a murder mystery party. **5.00** 4/10. Lu arrives home to find that a stranger legally owns her home. (S5)
6.00 **Death in Paradise** 4/9. Neville tries to solve the mysterious death of a nurse from his hospital bed. (S10)


8.00 Hudson & Rex

7.00 **Allegiance** *Mad About You:* 2/10. Sabrina and her new partner investigate when a pop star receives a death threat. (S2)
8.00 **Hudson & Rex** New episode *Conspiracy Theory:* 6/8. The duo investigate the murder of a podcaster. (S8)
9.00 **Death in Paradise** *Music to My Ears:* 5/9. A renowned concert pianist is shot dead during an apparent burglary. (S10)
10.00 **Father Brown** *The Labyrinth of the Minotaur:* The priest is asked to look after Lady Felicia's wayward niece Bunty.
11.00 **Shakespeare & Hathaway: Private Investigators** (S5)
1.00 AM **Murdoch Mysteries** *The Ministry of Virtue:* Watts is unnerved by the public's reaction to his liaison with Jack.
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.35 AM **dinnerladies diaries**
8.30 **The Vicar of Dibley**
12.25 PM **The Vicar of Dibley** Eleven episodes, including at: **4.55** The *Songs of Praise* crew visits to record a programme in the village church. **5.30** Geraldine is keen to find a celebrity to open the autumn fair in style. **6.10** Geraldine tries her hand at fundraising to replace the stained glass window. **6.50** Geraldine finds she is popular in the local election.

12.25 The Vicar of Dibley

7.30 **The Vicar of Dibley** Geraldine transforms the church into an ark and holds a service for the animals of the village.
8.10 **Dad's Army** Mainwaring receives a summons to appear in court.
8.50 **Red Dwarf** A grotesque, salivating genetic mutant goes on the rampage aboard the ship. **9.25** Lister accidentally triggers off the ship's self-destruct sequence.
10.00 **Red Dwarf** Kryten discovers a mutated photo-developing fluid. **10.35** Kryten discovers he is due to die in less than 24 hours.
11.15 **Harry Enfield and Chums** Featuring the Camp Jockeys and Kevin the teenager.
11.55 **Bottom Live: The Big Number 2 Tour** Stage show.
2.25 AM **Harry Enfield and Chums**
2.55 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Storage Hunters UK**
9.00 **Top Gear** Double bill.
11.00 **Motorhoming with Merton & Webster** In Somerset.
12.00 NOON **Simon Reeve's South America** A trip through Brazil.
1.00 PM **Mortimer & Whitehouse: Gone Fishing** Six editions.
5.00 **Simon Reeve's South America** The adventurer travels through the continent, beginning in the north-east. **6.00** Visiting a neglected indigenous neighbourhood.

1.00 Mortimer & Whitehouse

7.00 **Border Force: America's Gatekeepers** New edition Officers find $6.5 million of cocaine in a secret compartment of a bus.
8.00 **Special Ops: Crime Squad UK** Special police task forces tackle a brutal stabbing of a 16-year-old boy in Preston.
9.00 **Have I Got a Bit More News for You** Martin Lewis hosts the quiz, with guests Ignacio Lopez and Steph McGovern.
10.00 **QI** With Liza Tarbuck, Jeremy Clarkson and Neil Mullarkey.
10.40 **Mock the Week** With guests Catherine Bohart, Ed Byrne, Darren Harriott, Rhys James and Felicity Ward.
11.20 **Mock the Week**
12.00 M'T **Live at the Apollo**
2.00 AM **QI XL** With Katy Brand.
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **The Bill** Five episodes.
12.00 NOON **Call the Midwife**
2.40 PM **Catherine Cookson's The Secret** Feature-length dramatisation of the writer's only thriller, set in 19th-century Tyneside. A successful businessman is haunted by his past actions.
5.55 **Home Fires** 4/6. Steph hides a secret that threatens the farm, and Erica tries to save Bob and Pat's marriage, while Miriam fears that David will learn the truth. (S1)

8.00 Sister Boniface Mysteries

7.00 **Hetty Wainthropp Investigates** *A High Profile:* The elderly sleuth is hired to find a woman's missing son.
8.00 **Sister Boniface Mysteries** *The It Girl:* 3/12. Sister Boniface investigates a locked room mystery. (S2)
9.00 **Silent Witness** *One Day:* A woman is killed in a car crash and the forensic evidence suggests it may not have been an accident and that the victim's son could be involved in the death.
11.05 **New Tricks** *Into the Woods:* The detectives investigate why five years earlier a man disappeared during his run.
12.25 AM **Call the Midwife**
1.45 **2point4 Children**
2.30 **The Boy That Never Was**
3.25 **to 4.00** AM **2point4 Children**

+1 hour 243 316 60 260

Sunday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Cops** Documentary.
9.35 **Blue Bloods** (S10)
2.20 PM **Columbo** Five episodes, including at: **5.30** *Mind Over Mayhem:* A scientist turns to murder to protect his son from a scandal. **7.00** *How to Dial a Murder:* A psychologist uses his unique mind-control powers to commit a bizarre murder. **8.30** *Short Fuse:* The dishevelled detective suspects that the heir to a chemicals company has murdered his uncle.
10.00 **Law & Order: Special Victims Unit** *Sugar:* 2/24. An ex-financier is questioned about a murder. (S11)
11.00 **Law & Order: Special Victims Unit** (S11 & 10)
1.50 AM **Bull** 19&20/22. (S3)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S6)
10.00 **Car Pound Cops**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions of the series, including at: **7.00** Dan Brigginshaw is in hot pursuit of a two-wheeled tearaway. **8.00** Dog handler Martyn finds himself in the firing line when a suspect lashes out.
9.00 **The Surgeon** Following consultant brain surgeon Omar Pathmanaban.
10.00 **Casualty 24/7: Every Second Counts** A woman is brought in with a swollen knee.
11.00 **A&E After Dark**
12.00 M'T **#Text Me When You Get Home**
12.55 AM **My Lover, My Killer**
1.55 **Skin A&E**
2.45 **Babies 24/7: The Maternity Ward**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
11.00 **Outback Truckers**
3.55 PM FILM **North to Alaska** Western adventure starring John Wayne. Two gold prospectors encounter a gold-digging honky-tonk girl. (1960, U, 122min) ★★★
6.25 FILM **El Dorado** Classic Howard Hawks western starring John Wayne and Robert Mitchum as a pair of ageing gunmen caught up in a range war. (1966, PG, 126min) ★★★★
9.00 FILM **High Plains Drifter** Western directed by and starring Clint Eastwood. A mysterious gunslinger is hired to protect a remote frontier town from three vengeful outlaws. (1972, 18, 105min) ★★★★
11.05 PM **to 4.00** AM **Seconds from Death: Caught on Camera**

U&W

132/133 131/133 125 25 156 28

6.20 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet**
6.00 **Inside the Ambulance** The paramedics race to a lorry driver with a branch through his windscreen and help a family faced with a heart-breaking decision. **7.00** Paramedics treat a woman trapped in her car after a crash.
8.00 **Inside the Operating Theatre** Seven-year-old Nancy has an operation to straighten her squint. **9.00** Anne needs an operation to remove a lump from her foot.
10.00 **The Catherine Tate Show** Triple bill.
12.00 M'T **Stacey Dooley Sleeps Over USA**
1.00 AM **The Gentle Art of Swedish Death Cleaning**
2.00 **to 3.00** AM **Aaron Hernandez Uncovered**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Our Guy in China**
8.00 **Great American Railroad Journeys**
11.00 **Canal Boat Diaries**
2.00 PM **Tropic of Cancer with Simon Reeve**
6.00 **Canal Boat Diaries** Robbie helps rescue a runaway narrowboat on the scenic Macclesfield Canal and cruises through autumn scenery toward Congleton to see a shipwreck up for sale. **7.00** Fallen trees block Robbie's journey on the Peak Forest Canal.
8.00 **Some Mothers Do 'Ave 'Em** Triple bill.
10.00 **Bangers & Cash: Restoring Classics** The team take on one of Derek's favourites – an Austin A35 – but its age ensures some hefty bills.
11.00 **Bangers & Cash**
1.00 **to 3.00** AM **Flipping Bangers**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In Devon.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Derelict Rescue**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** A woman abandoned as a baby visits Hong Kong in search of information about her origins.
10.00 **Rich House, Poor House** Adam and his father Ian live in a mansion in Essex, swap with Kiptieu, who lives in a small council flat in Abbey Wood, London.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **A Fine Romance**
8.30 **The Waltons** (S1)
1.30 PM **The Waltons** (S1)
5.30 **FILM The Horse Whisperer** Romantic drama starring Robert Redford and Kristin Scott Thomas. A magazine editor falls for the cowboy she hired to cure her daughter's injured horse. (1998, PG, 169min) ★★★★
9.00 **The Ruth Rendell Mysteries** 5/8. *Bribery and Corruption – Part One:* A nightmare turns into reality when a man sees a murdered woman from his dreams and exposure of an affair threatens to tear his own family apart. (S3)
11.15 **M*A*S*H** 14-17/24. (S2)
1.15 AM **Robin's Nest**
2.25 **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.10 AM **FILM Johnson County War – Part 1** Western adventure. (2002, 12, 115min) ★★
11.05 **FILM Johnson County War – Part 2** Western. (2002, 12, 89min) ★★
1.00 PM **FILM Khartoum** Drama. (1966) ★★★
3.40 **FILM Hercules** Mythological adventure. (2014, 12, 98min) ★★★
5.45 **FILM The Ice Road** Action thriller. (2021, 12, 108min) ★★★
8.00 **FILM Parker** Thriller. (2013, 15, 114min) ★★★
10.30 **FILM Acts of Violence** Crime drama. (2018, 15, 86min) ★★
12.30 AM **Dragon Ball Super**
1.30 **Coast Guard Alaska**
2.25 **Air Rescue**
3.05 **FILM The Pledge** Western. (2008) ★★★
4.30 **Coast Guard Alaska**
5.15 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **Diagnosis Murder**
9.10 **FILM Ruby Herring Mysteries: Prediction Murder** Crime mystery. (2020, PG, 89min) ★★
11.00 **Murder, She Wrote** Ten episodes of the drama.
9.00 PM **Hailey Dean Mysteries** *A Marriage Made for Murder:* An art dealer has a heart attack and his wife finds him dead at their gallery, but after cremation the ashes reveal arsenic.
10.55 **FILM The Gourmet Detective** Mystery starring Dylan Neal. (2015, PG, 90min) ★★
12.50 AM **FILM Til Ex Do Us Part** Thriller with Kelly Sullivan and Dan Payne. (2018, 12, 89min) ★★
2.30 **FILM The Daughter Stalker** Crime thriller. (2020, PG, 86min) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM **FILM Christmas with a Prince** Drama. (2018, PG, 90min) ★★
10.05 **FILM Christmas at Plumhill Manor** Drama. (2024, PG, 85min) ★★
12.00 NOON **FILM Christmas with a Crown** Drama. (2020, PG, 89min) ★★
2.00 PM **FILM Royal Christmas Crush** Drama. (2023, U, 90min) ★★
3.50 **FILM Once Upon a Holiday** (2015, PG) ★★
5.45 **FILM A Winter Princess** Drama. (2019, PG) ★★
7.35 **FILM Royal New Year's Eve** Romantic drama. (2017, U, 84min) ★★
9.30 **FILM A Christmas Exchange** Drama. (2020, PG, 87min) ★★
11.35 **FILM Laughing All the Way** Romantic comedy. (2023, PG, 87min) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Royal Christmas Crush** (2023)

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **Country House Auction** Triple bill.
4.00 **FILM Biggles: Adventure in Time** Time-travel adventure. (1986, PG, 108min) ★
6.00 **FILM The Inglorious Bastards** War thriller. (1978, 15, 99min) ★★★
8.00 **Garden Rescue** Designing a Victorian garden in Coalville. **9.00** A Majorca-inspired garden in Yate.
10.00 **FILM Let's Get Laid!** Spy comedy starring Robin Askwith. (1977, 15, 90min) ★★
12.00 M'T **FILM Loving Feeling** Comedy with Georgina Ward and Simon Brent. (1968, 15, 82min) ★
1.45 AM **FILM The Magnificent Seven Deadly Sins** Comedy. (1971, PG, 104min) ★★★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **Hank the Cowboy**
7.30 **Agony** 1&2/7. (S2)
8.30 **The Top Secret Life...**
9.00 **Doctor at Large**
10.00 **Bubblegum & Cheese**
11.00 **Two's Company** (S2)
12.30 PM **Mother's Ruin**
1.00 **The Fenn Street Gang**
2.00 **Frederick Forsyth Presents** Drama.
4.00 **The Top Secret Life of Edgar Briggs** 10/13. (S1)
4.30 **Agony** 1&2/7. (S2)
5.30 **Mother's Ruin**
6.00 **Doctor at Large** (S1)
7.00 **Only When I Laugh**
8.00 **Carrott Del Sol**
9.05 **The Man Who Made Husbands Jealous**
11.15 **FILM Sex and the Other Woman** (1972, 18) ★★
1.00 AM **FILM A Clock Work Blue** (1972, 18) ★★
2.45 **Stereo Underground**
3.45 **Hank the Cowboy**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo...**

DMAX

159 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Chasing Classic Cars**
2.00 PM **Kindig Customs**
5.00 **Wheeler Dealers**
7.00 **Expedition Bigfoot** Russell tracks an unknown creature to a mysterious lake. **8.00** The team find evidence that could prove Bigfoot exists.
9.00 **UFO Witness** Bright lights over Phoenix. **10.00** Investigating alleged extraterrestrial encounters in the US.
11.00 **Expedition X** Footage of a supersonic craft flying above California. **12.00** M'T Investigating unidentified objects off Catalina Island. **1.00** AM Ghostly sightings coming from an abandoned canal.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food**
1.00 PM **James Martin's Islands to Highlands**
3.00 **The Great British Bake Off** Semi-final of the 2019 baking contest. **4.30** The final of the 2019 competition. **6.00** The 2020 series starts with Cake Week. **7.30** Biscuit Week.
9.00 **James Martin's Spanish Adventure** In Bilbao, James visits a huge indoor food market and a steak restaurant.
10.00 **Man v Food** Adam Richman tries to eat 17 hot dogs in 30 minutes. **10.30** An attempt to eat a metre of bratwurst and sauerkraut.
11.00 **James Martin's Great British Adventure**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 **FILM Babylon 5: The Gathering** Sci-fi drama. (1993, PG, 92min) ★★
10.00 **Babylon 5** 2-5/23. (S1)
2.00 PM **FILM George and the Dragon** Fantasy action adventure. (2004, PG, 93min) ★★★
3.50 **FILM Mammoth** Sci-fi action thriller. (2006, 12, 90min) ★★★
5.40 **FILM Moby Dick** Adventure starring Gregory Peck. (1956, PG, 116min) ★★★★
8.00 **The Twilight Zone** (S2)
9.00 **FILM A Time to Kill** Courtroom drama starring Matthew McConaughey and Samuel L Jackson. (1996, 15, 149min) ★★★
12.05 AM **FILM Basic Instinct** Erotic thriller. (1992, 18, 128min) ★★★★
2.35 **to 4.40** AM **FILM Street Kings** Thriller. (2008, 15, 105min) ★★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **The A-Team** (S1)
3.00 PM **FILM Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
5.00 **FILM Riddles of the Sphinx** Action adventure starring Dina Meyer. (2008, 12, 89min) ★★
7.00 **FILM 40 Days and Nights** Disaster thriller starring Monica Keena. (2012, 15, 86min) ★
9.00 **FILM Papillon** Drama starring Charlie Hunnam and Rami Malek. (2017, 15, 133min) ★★★
11.40 **FILM The Resident** Horror with Hilary Swank. (2011, 15, 91min) ★★
1.35 AM **FILM Acceleration** Action adventure starring Dolph Lundgren. (2019, 15, 85min) ★★
3.20 **Jules Verne's Mysterious Island**
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Pawn Stars**
12.05 PM **Pawn Stars**
7.00 **History's Greatest Mysteries** Examining the fate of TWA Flight 800 in July 1996.
8.00 **Curse of Skinwalker Ranch** Examining the phenomena discovered on the ranch.
9.00 **Hazardous History with Henry Winkler** The everyday items that many people use without realising how dangerous they can be.
10.00 **Medieval Murder Mysteries** Exploring the death of Elizabethan noblewoman Amy Dudley.
11.00 **What on Earth?** Double bill exploring anomalies appearing on satellite images.
1.00 AM **World's Most Unexplained**
3.00 **Discovered by Disaster**
4.00 **to 6.00** AM **Walking Through History**

5SELECT

153 166 138 46 133 30

9.00 AM **Drain the Oceans**
12.00 NOON **Endurance: Race to the Pole with Ben Fogle**
3.00 PM **The Good Ship Murder** 3&4/7. (S2)
5.00 **The Madame Blanc Mysteries** 4&5/7. (S2)
7.00 **Comedy Legends** Barry Cryer pays tribute to comedy acts he has worked with, beginning with Tommy Cooper.
8.00 **Comedy Legends: Alastair Sim** Barry Cryer and Tony Hawks celebrate actor Alastair Sim with highlights from his comedy career.
9.00 **Ken Dodd: 60 Years of Laughter** A celebration of the comedian's career.
11.00 **Taggart** 3/3. (S12)
1.45 AM **Spain with Michael Portillo** The presenter travels to Mallorca.
2.45 **I Escaped a Murderer**
3.35 **to 4.00** AM **Walking Wartime Britain**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable** Quiz show.
2.00 **Bridge of Lies**
3.00 **The Family Chase**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Contestants include Gareth Malone and Louise Minchin. **6.00** AJ Pritchard, Hollie Arnold, Giovanna Fletcher and Russell Watson play for charity.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Jimi Mistry, Gemma Atkinson, Nadia Sawalha and James Cosmo play for charity.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
7.00 PM **The Big Bang Theory** 18/23. Sheldon receives a prize. **7.30** 19/23. Sheldon competes against actor Wil Wheaton again. (S3)
8.00 **Georgie and Mandy's First Marriage** New episodes 20/22. A financial windfall leads Georgie to make a questionable purchase. **8.30** 21/22. Mandy and Jim butt heads. (S2)
9.00 **Mock the Week: Summer Specials** New edition Topical comedy panel show hosted by Dara O Briain.
10.00 **Mock the Week: Summer Specials**
12.00 M'T **Zero Stars**
1.00 AM **Young Sheldon**
3.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Christmas Wheel**
9.00 **Friends** Sitcom.
5.25 PM **Bradley & Barney Walsh: Breaking Dad**
5.55 **Michael McIntyre's Christmas Wheel**
6.55 **FILM 3 Men and a Little Lady** Comedy sequel starring Tom Selleck. (1990, PG, 103min) ★★
9.00 **Mr Bean** 1&2/14. (S1)
10.00 **Comedy Central Live**
11.00 **8 Out of 10 Cats Uncut**
11.50 **8 Out of 10 Cats: Best Bits** Compilation.
12.40 AM **Whose Line Is It Anyway? USA**
1.10 **Lee Evans: The Ultimate Experience**
2.55 **Iain Stirling: Comedy Central Live**
3.20 **The Pep Talk**
3.25 **Utopia** 3/8. (S5)
3.50 **Teachers** 15/20. (S3)
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 5&6/24. (S4)
7.00 **Teleshopping**
9.00 **Utopia** (S4&1)
11.00 **Criminally Funny**
7.00 PM **Friends** 11/24. Monica is angry at not being invited to her cousin's wedding. **7.30** 12/24. Ross and Joey get trapped on the roof of the building. **8.00** 13/24. Phoebe has a surreal day at work. **8.30** 14/24. Rachel celebrates her 30th. (S7) **9.00** 22/25. Elizabeth sneaks away with Ross to her grandmother's cabin for the weekend. **9.30** 23/25. Phoebe tries to help Chandler choose an engagement ring for Monica. (S6)
10.00 **Friends** (S6,4&7)
3.00 AM **The Daily Show**
4.55 **South Park** 5/14. (S5)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Man About the House** 2-6/6. (S4)
10.40 **Are You Being Served? Again!** 4-6/6. (S2)
12.30 PM **Steptoe and Son**
4.20 **Rising Damp** (S3&4)
7.55 **Minder** 5/8. Arthur causes a diplomatic incident. (S6)
9.00 **Benidorm** 4/9. Joyce is furious with Monty after a chaotic evening. (S10)
9.55 **Shameless** 1/7. The ceremonial burning of a stolen car marks the end of summer. (S1)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.05 AM **Benidorm** (S10)
1.00 **Minder** 10/10. (S10)
2.05 **Duty Free** 6/7. (S3)
2.30 **Man About the House**
2.50 **The Kenny Everett Video Show**
3.20 **That's 60s – Best Music Live!**
4.00 **to 5.00** AM **Nearest and Dearest**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Teen Mom UK: Next Generation**
1.00 PM **Judge Judy** Real-life small-claims cases.
6.00 **Catfish: The TV Show** Genesis hopes for a new beginning with Jersion. **7.00** Aaliyah is blindsided by a huge realization. **8.00** Ray is determined to meet his online love.
9.00 **Skin A&E** Dr Adil is not sure what two lumps on a patient's back are.
10.00 **Tattoo Fixers** A dancer's body art is covered over. **11.00** A woman has an offensive tattoo fixed.
12.00 M'T **Bar Rescue**
2.45 AM **Jersey Shore Family Vacation**
3.35 **to 4.00** AM **Queerpiphany**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Building Off the Grid**
2.00 PM **Alaska: Homestead Rescue** Marty and Misty help a couple whose homestead lies in a flash flood zone. **3.00** The Raneys help an Oregon homestead under constant threat of fire. **4.00** A North Carolina couple mend their ramshackle cabin. **5.00** Arctic temperatures wreak havoc on a homestead. **6.00** The Raneys help out at a homestead threatened by the heat and by coyotes.

7.00 Alaska: Homestead Rescue

7.00 Alaska: Homestead Rescue New edition In their highest altitude rescue yet, the Raneys help a Colorado family secure water and shelter before winter cuts them off from the world.

9.00 Barnwood Builders The team attempt to save a barn that once housed mules in the iron-mining town of Low Moor, Virginia.

10.00 Deadliest Catch John makes an emergency trip to St. George Island in order to feed his hungry crew.

11.00 Supercar Showroom Dean looks to grow his collection of superbikes, and invites superbike rider Dean Harrison to the airport for a speed challenge on the runway.
12.00 M'T **Kindig Customs**
3.00 **to 5.00** AM **American Chopper**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Treehouse Masters** Pete Nelson and the gang look back at builds from the past.
6.00 **Meet the Penguins** A wild penguin is brought in with a life-threatening wound. **6.30** A wild penguin receives treatment for a life-threatening wound.

8.00 Little Giants

7.00 How Do Animals Do That? A look at what lions say when they roar. **7.30** Why kiwi birds lay monster-sized eggs.

8.00 Little Giants A search for the panther chameleon on the island of Madagascar. **8.30** A search for the spiny-tailed iguana.

9.00 Edge of Alaska Neil is on the brink of reopening the Motherlode mine for tourism, but a new arrival puts his empire at risk.

10.00 Tanked Comedian and actor Sherri Shepherd asks Wayde to build her a simple but elegant aquarium for her home.

11.00 Tanked Marshawn Lynch enlists Brett and Wayde.
12.00 M'T **Fish or Die** The anglers try to hook a giant trevally.
1.00 AM **Ninja Sharks**
2.00 **The Haunted**
3.00 **Treetop Cat Rescue**
4.00 **to 5.00** AM **My Extreme Animal Phobia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
10.00 **Air Crash Investigation**
12.00 NOON **Ancient Structures: Secrets Revealed**
1.00 PM **Shipwrecked: Ghost Ships of the Great Lakes**
2.00 **Titanic: The Final Secret**
3.00 **Titanic: The Digital Resurrection** Documentary.
4.30 **Abandoned** A Chrysler barn.
5.00 **Air Crash Investigation** The case of a US military jet that crashed in Croatia in 1996. **6.00** A Boeing 727's near-fatal nosedive over Michigan.

9.00 Inside the CIA

7.00 Hidden Beneath the Cities New edition Poland's salt mine, a Cold War bunker and China's Longyou Caves.

8.00 Engineering by Catastrophe New edition How the destruction of the World Trade Center changed building design.

9.00 Inside the CIA: Secrets and Spies New edition A CIA officer must choose whether to rescue a missing ally.

10.00 Unmasking the Killers of the Third Reich The radicalisation of a group in the Nazi concentration camp system.

11.00 Air Crash Investigation
12.00 M'T **Amsterdam Central 24/7**
1.00 AM **Car S.O.S** Fuzz Townshend and Tim Shaw restore a Citroën SM. **2.00** Fuzz Townshend and Tim Shaw head to Norfolk to take on a 1962 TVR Grantura.
3.00 **to 5.00** AM **Megafactories**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **What on Earth?**
9.00 **Storage Wars** Double bill.
11.00 **Storage Hunters**
1.00 PM **Pawn Stars** Triple bill of the series, including at: **3.00** Rick takes a stab at a 19th-century knife pistol.
4.00 **The UnBelievable with Dan Aykroyd** The host examines some extraordinary journeys. **5.00** The presenter explores the strangest crimes in history. **6.00** The host reflects on how some discoveries are anything but ordinary.

7.00 The Abyss

7.00 The Abyss: Rise & Fall of the Nazis How discrimination against Jews was evident in Nazi Germany in 1934.

8.00 The Abyss: Rise & Fall of the Nazis A look at the invasion of Poland by the German army in September 1939.

9.00 The Abyss: Rise & Fall of the Nazis Hitler's invasion of the Soviet Union in 1941, intended to weaken Britain.

10.00 World War II with Tom Hanks Japanese forces sweep through Asia. **10.55** Hitler's power spreads across Europe.

11.50 Mysteries Unearthed with Danny Trejo A look at people who uncover long-lost weapons from the past.
12.45 AM **The UnBelievable with Dan Aykroyd** A look at some unconventional weapons. **1.45** The strangest and most ghastly jobs in history.
2.40 **Pawn Stars** Double bill.
4.30 **to 6.00** AM **Storage Hunters**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Sean Connery** The actor's life.
7.00 **Discovering: Susan Sarandon**
8.00 **The Directors** Double bill.
10.00 **On the Line: The Richard Williams Story**
11.50 **My Icon: Heather Watson**
12.00 NOON **Rise of the Superheroes** The domination of cinema by comic book films.
2.15 PM **I Am Luke Perry**
4.00 **Benetton Formula**
6.00 **My Mom Jayne** Mariska Hargitay explores the life of her mother Jayne Mansfield.

9.00 Bowie: The Man Who...

My Mom Jayne (started at 6.00pm)

8.00 The Alien Autopsy Scandal Two music entrepreneurs claim to have unearthed footage showing an alien corpse.

9.00 Bowie: The Man Who Changed the World Documentary celebrating the life and career of the musician, combining footage from interviews with the man himself and contributions from those who knew him personally.

11.00 One to One: John & Yoko The story of the time John Lennon and Yoko Ono spent living in Greenwich Village.
1.00 AM **Hitsville: The Making of Motown** The history and origins of the Motown record label.
3.00 **Dave Not Coming Back** Two divers' efforts to retrieve a body from a freshwater cave.
5.00 **to 6.00** AM **The Directors**

Sunday

7 PM 8 PM 9 PM 10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Combat Dealers**
8.00 **Money for Nothing**
9.00 **Celebrity Yorkshire Auction House**
11.00 **The Repair Shop**
1.00 PM **LIVE Motorsport: Le Mans 24 Hours** From Circuit de la Sarthe in Le Mans.
4.00 **The Repair Shop**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Angus Ashworth: Yorkshire Heritage Hero**
8.00 **The Repair Shop** Restoring a camel saddle. **9.00** An unusual necklace is restored. **10.00** A project to restore a coffee table.
11.00 **The Repair Shop**
1.00 AM **Ant Anstead: Born Mechanic** Double bill.
3.00 **Wheeler Dealers World Tour**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Forensic Detectives**
11.00 **The Killer in My Family**
12.00 NOON **FBI Files**
3.00 PM **Til Death Do Us Part** Four editions.
7.00 **Til Death Do Us Part** Insight into the murder of Kathy Wangler. **8.00** The death of Robert McElrath.
9.00 **A Killer's Mistake** How serial killer Bruce McArthur was caught.
10.00 **The Killer in My Family** A look at the impact of serial killer Robert Maudsley's crimes.
11.00 **Lethally Blonde**
12.00 M'T **Faking It: Tears of a Crime** Aram Kurd.
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Eastbourne's Dr Death** The case of Eastbourne GP John Bodkin Adams.
8.00 **UK Crime Files: Murder Without Motive** A murder in Derbyshire.
9.00 **UK Crime Files: Unravelling the Murder of Janet Commins**
10.00 **UK Crime Files: Saturday Night Strangler** The crimes of Joseph Kappen.
11.00 **UK Crime Files: The Twilight Killers**
12.00 M'T **UK Crime Files: Family Murders**
1.00 AM **Britain's Countryside Killers**
2.00 **Killers: Caught on Camera** Documentary.
3.00 **When Death Comes Knocking**
4.00 **to 5.45** AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
2.00 PM **UK Crime Files: Evil Walks the Streets** Exploring the crimes of Graham Fisher.
3.00 **UK Crime Files: Tracking a Serial Killer** A look into the case of two men's bodies being found in Derby.
4.00 **UK Crime Files: Murder Without a Body** The case of Mitchell Quy, who murdered his wife.
5.00 **UK Crime Files: Murder on the Rocks** The case of the discovery of a body on an island.
6.00 **UK Crime Files: Seaside Lady Macbeth** Exploring a scandalous love triangle in 1930s Bournemouth.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Send in the Dogs**
7.00 **Britain's Longest Road**
8.00 **Road Wars**
9.00 **Caught on Dashcam**
11.00 **Caught Red Handed**
2.00 PM **Forensics: Catching the Killer** Double bill.
4.00 **Murder Uncut**
5.00 **What the Killer Did Next** Michael Ryan.
6.00 **Killer in My Village**
7.00 **Forensics: Catching the Killer** How bloody footprints caught a killer. **8.00** A killer caught by bite marks in cheese.
9.00 **Gilgo Beach Killer: House of Secrets**
10.40 **Dahmer on Dahmer: A Serial Killer Speaks**
12.20 AM **Murder Uncut**
1.15 **Murdered at First Sight**
2.10 **What the Killer Did Next** Documentary.
3.05 **Britain's Most Evil Killers**
4.00 **to 6.00** AM **Caught Red Handed**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Battlefield America**
11.50 **The Civil War's Lost Massacre**
1.00 PM **Grand Tours of the Scottish Islands**
1.35 **Full Steam Ahead**
5.20 **Constantine the Great**
7.35 **Battlefield America** Battles of the American Civil War, including the battle of Shiloh. **8.40** A look at the strategic decisions made during battles at Vicksburg and Gettysburg. **9.40** Showcasing the strategic errors in the Battle of Chickamauga.
10.50 **The Civil War's Lost Massacre** Searching for remains of murdered Black Union soldiers.
12.00 M'T **Plunderer: The Life and Times of a Nazi Art Thief** Bruno Lohse.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Extraordinary Animals**
8.00 **Bugs That Ruled the World**
10.00 **13 Hours To Survive**
12.00 NOON **Airborne**
2.00 PM **Bears of the Karawank Mountains** Documentary.
3.00 **Alien Abyss** Triple bill.
6.00 **Wild Science** New edition Revealing how animals survive, tracing their evolution and future.
7.00 **Attenborough at 100: Behind the Lens** A portrait of David Attenborough to mark his 100th birthday.
8.00 **David Attenborough's Conquest of the Skies** The veteran naturalist examines creatures capable of flight. **9.00** Focusing on creatures that glide, including the planet's largest species of bat. **10.00** Creatures that dominate today's skies, from scavenging vultures and predatory falcons to hummingbirds and bats.
11.00 **Wild Science** As 6.00pm.
12.00 M'T **Seasons of the Wild**
2.00 AM **Undiscovered Vistas**
4.00 **to 6.00** AM **The Wild Wild East**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
10.00 **WWII's Most Daring Raids**
12.00 NOON **Digging for Britain**
2.00 PM **Ancient Aliens**
4.00 **Rome: Rise and Fall of an Empire** Double bill of editions.
6.00 **Colosseum** Commodus risks his life in the arena.
7.00 **Crimes That Shook Britain** The Omagh bombing in 1998.
8.00 **Colosseum** Emperor Trajan throws his great games.
9.00 **Killer Kings** Emperor Nero, whose reign endured for 14 years until a rebellion was orchestrated against his rule.
10.00 **Nazi Murder Mysteries** The theories surrounding the death of Hermann Goering, who managed to cheat the hangman.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Crimes That Shook Britain** As shown at 7.00pm.
2.00 **The Secret Nazi Expeditions**
3.00 **Combat Ships** Metal warships.
4.00 **Bone Detectives: Britain's Buried Secrets**
5.00 **to 6.00** AM **River Hunters**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **Savage Builds**
4.00 **How the Universe Works**
6.00 **How It's Made** Four editions.
8.00 **Legendary Locations** Locations where stone labyrinths hide something incredible. **8.30** Josh explores great walls in India, England and Taiwan. **9.00** Exploring places where unusual heroes rule the day. **9.30** Josh examines places darkened by the past in Madagascar, India and Mexico.
10.00 **American Titans** William Clark and Marcus Daly's fight to control Montana's copper mines.
11.00 **Tesla's Death Ray: A Murder Declassified** An exploration of Nikola Tesla's work.
12.00 M'T **Truth Behind the Moon Landing** Double bill of editions.
2.00 AM **Alien Highway**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Killer Britain with Dermot Murnaghan** Double bill.
8.00 **Cops Gone Bad with Will Mellor** Double bill of editions.
10.00 **#Dead2Me** Documentary.
12.00 NOON **When Missing Turns to Murder** Double bill.
2.00 PM **Crimes That Shook Britain**
3.00 **The Murder of Sally Anne Bowman: Crimes That Shook Britain** Documentary.
4.00 **Interrogation Raw**
7.00 **Meet, Marry, Murder**
8.00 **Cold Case Files: Dead West**
9.00 **The Death Investigator with Barbara Butcher**
10.00 **Cold Case Files** A cold case is solved 42 years after a 23-year-old teacher vanished.
11.00 **Crime in Progress**
12.00 M'T **Staged: Deadly Deception**
1.00 AM **Cold Case Files: DNA Speaks** Documentary.
2.00 **Rob Rinder: The Crime I Can't Forget** Documentary.
3.00 **Accident, Suicide or Murder?**
4.00 **to 6.00** AM **Killer in Plain Sight**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
10.00 **Frozen Islands**
12.00 NOON **Nature's Glow Sticks**
1.00 PM **Nilgiris: A Shared Wilderness** India's very first UNESCO Biosphere Reserve.
2.00 **Wild Vietnam**
4.00 **Secrets of the Zoo: Tampa**
6.00 **Heartland Docs** New edition The vets deal with a blocked cat, a St Bernard with a painful tongue infection, and a cow facing deadly bloat.
7.00 NEW **Red Sea: Evolution's Magic Garden** Documentary exploring the Red Sea's vibrant reefs, teeming with marine life.
8.00 **Hunters of the Reef** Exploring life in a tropical reef.
9.00 **The Flood** Part one of two. The impact of flooding on the wildlife of the Okavango Delta. **10.00** Part two of two. The flood leaves animals constrained to small islands.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **When Sharks Attack**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Treasure Quest: Snake Island**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** Experts investigate the buried secrets of the lost city of Kish, Iraq. **7.00** Experts gain access to investigate forgotten rituals. **8.00** The construction of iconic megastructures created by bygone civilisations.
9.00 **Salvage Hunters: The Restorers** Metalworker Ted works his magic on a rusty old mining cart, while Steve and Gill save a broken antique table. **10.00** Julia restores a broken peacock head from a festival float, and Steve rescues a pair of worn antique tables from a Suffolk stately home. **11.00** Automata experts Michael and Maria restore a rare mechanical pig.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **New Zealand: Earth's Mythical Islands**
10.00 **Wild Metropolis** Triple bill.
1.00 PM **New Zealand: Earth's Mythical Islands**
2.00 **Wild Metropolis** Triple bill.
5.00 **New Zealand: Earth's Mythical Islands**
6.00 **Wild Metropolis** The ways in which wildlife makes itself at home in cities, from pythons in Bangkok to otters in Singapore. **7.00** Examining animals that travel in and out of cities. **8.00** Animals displaced from habitats by human expansion, including elephants in Sri Lanka.
9.00 **New Zealand: Earth's Mythical Islands** A look into the nation's pre-human past.
10.00 **Wild Metropolis** Triple bill.
1.00 AM **New Zealand: Earth's Mythical Islands** As 9.00pm.
2.00 **Wild Metropolis** Triple bill.
4.40 **Sue Perkins: Along the US-Mexico Border**
5.25 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **I'd Kill for You**
10.00 **The Killer Beside Me**
12.00 NOON **Feuds Turned Fatal** A simmering feud explodes in Newport News, Virginia. **1.00** PM Two men come face to face over a woman. **2.00** A feud between a man and his stepfather boils over. **3.00** Two men start a business, but a bitter feud erupts.
4.00 **American Monster** The disappearance of a father. **5.00** Exploring the murder of a video blogger's husband. **6.00** Beverly Thompson. **7.00** Investigating the murder of Cassie Cotta in 2011.
8.00 **Evil Lives Here** Exploring the case of Melissa Holland. **9.00** A man doesn't know the scope of his father's crimes.
10.00 **The Real Murders on Elm Street** Documentary.
11.00 **American Monster**
12.00 M'T **A Body in the Basement**
2.00 AM **Where Murder Lies**
4.00 **to 6.00** AM **Dead of Night**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **World's Biggest Shipbuilders** Triple bill.
10.00 **Extreme RVs**
11.00 **Extreme Car Hoarders**
12.00 NOON **Iron Resurrection**
5.00 PM **Shed and Buried** Four editions, including at: **6.00** Henry and Fuzz visit a haven of bikes in Derbyshire. **6.30** In Lincolnshire, Henry Cole and Fuzz Townshend trawl through some eclectic items.
7.00 **Wheeler Dealers** The boys fix up a BMW 335i estate. **8.00** Mike and Elvis take a gamble on a TVR Griffith. **9.00** Mike gets his hands on a rare 1999 BMW Z3 M Coupe. **10.00** Mike and the team work on a 2002 Mercedes Benz E55 AMG, a car considered to be the pinnacle of luxury. **11.00** Mike finds a BMW six-cylinder modern classic. **12.00** M'T Restoring a Mercedes-Benz SLK.
1.00 **to 4.00** AM **World's Biggest Shipbuilders**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.05 AM **PREMIERE No Ordinary Heist** As shown at 8.00pm.
8.50 **The Internship** As 4.25am.
10.40 **The Choral** As 6.00pm.
12.35 PM **They Will Kill You** (2025)
2.25 **Fuze** As shown at 9.45pm.
4.10 **Dead Man's Wire** Thriller with Bill Skarsgård and Al Pacino. (2025, 15, 104min) ★★★★
6.00 **The Choral** Comedy drama starring Ralph Fiennes, Mark Addy and Taylor Uttley. (2025, 15, 113min) ★★★★

8.00 No Ordinary Heist

8.00 PREMIERE **No Ordinary Heist** Thriller with Eddie Marsan. Two feuding bank employees are forced to execute Ireland's biggest heist after criminals kidnap their families. (2026, 15, 99min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Fuze** Thriller starring Aaron Taylor-Johnson. An unexploded bomb is discovered on a construction site in the centre of London, leading to a mass evacuation. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **They Will Kill You** Comedy horror starring Zazie Beetz. (2025, 15, 94min) ★★★
1.10 AM **One Last Deal** Drama starring Danny Dyer and Elliott Rogers. (2026, 18, 89min)
2.45 **Him** Supernatural horror. (2025, 18, 96min)
4.25 **to 6.15** AM **The Internship** Thriller. (2026, 15, 87min)

Sky Cinema The Hangover

303 303 403 503 517

7.10 AM **The Hangover Part III**
9.00 **The Hangover** As 8.00pm.
10.50 **The Hangover Part II** (2011)
12.40 PM **The Hangover Part III**
2.30 **The Hangover** As 8.00pm.
4.20 **The Hangover Part II** (2011)
6.10 **The Hangover Part III** Dark comedy sequel with Bradley Cooper and Ed Helms. The friends go in search of a Chinese criminal after they are captured by his mobster rival. (2013, 15, 100min) ★★

9.45 The Hangover Part II

8.00 **The Hangover** Comedy starring Bradley Cooper, Ed Helms and Zach Galifianakis. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. With Justin Bartha. (2009, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Hangover Part II** Dark comedy sequel starring Bradley Cooper, Ed Helms and Zach Galifianakis. A drug-fuelled bachelor party in Bangkok leaves three friends looking for the bride's vanished brother despite severe memory loss. With Ken Jeong. (2011, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Hangover Part III** (2013)
1.15 AM **The Hangover** (2009)
3.05 **The Hangover Part II** (2011)
4.55 **The Cinema List: Bingeable**
5.25 **to 7.15** AM **The Hangover Part III** As shown at 6.10pm.

Sky Cinema Drama

310 310 410 510 524

7.15 AM **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
8.55 **Miss You Already** As 12.30am.
11.00 **Nuremberg** Legal thriller. (2025, 15, 148min) ★★★★★
1.35 PM **Moneyball** Sports drama starring Brad Pitt and Jonah Hill. (2011, 12, 133min) ★★★★
3.50 **Terms of Endearment** Drama starring Shirley MacLaine. (1983, 15, 132min) ★★★★★
6.10 **Lost in Translation** Comedy starring Scarlett Johansson. (2003, 15, 102min) ★★★★★
8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper. A fading music star falls in love with a club singer-songwriter. (2018, 15, 136min) ★★★★★
10.25 **Chicago** Musical starring Renée Zellweger and Richard Gere. In 1920s Chicago, a showgirl and a wannabe musical star become celebrities on Murderess Row. (2002, 12, 112min) ★★★★
12.30 AM **Miss You Already** Comedy drama. (2015, 12, 112min) ★★★
2.30 **Cicada** Drama with Matthew Fifer. (2020, 15, 96min) ★★★★
4.15 **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
5.40 **to 7.30** AM **A Mistake** Thriller. (2024, 15, 101min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

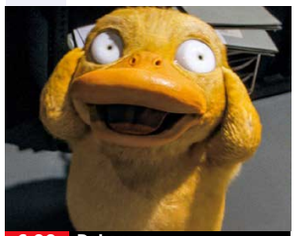
6.50 AM **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
8.30 **Aeon Flux** As 3.25am.
10.10 **Paycheck** Sci-fi action thriller. (2003, 12, 119min) ★★★★
12.10 PM **After Earth** Adventure. (2013, 12, 98min) ★★
1.55 **Flash Gordon** Sci-fi adventure romp. (1980, PG, 115min) ★★★
3.50 **The Shining** Horror chiller. (1980, 15, 119min) ★★★★★
6.15 **The Craft** Supernatural horror fantasy starring Robin Tunney. (1996, 15, 101min) ★★★
8.00 **The Crazies** Horror thriller starring Timothy Olyphant. (2010, 15, 101min) ★★★★
9.45 **Pitch Black** Sci-fi horror chiller starring Vin Diesel and Radha Mitchell. A space transport ship crash-lands on a planet populated by voracious monsters that can only come out at night. With Cole Hauser. (1999, 15, 108min) ★★★★
11.35 **47 Metres Down** Horror thriller. (2017, 15, 89min) ★★★
1.15 AM **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
3.25 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
5.10 **to 6.45** AM **Gator Creek** Horror. (2025, 15, 87min) ★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.30 AM **Transformers One** Animation. (2024, PG) ★★★★
8.30 **Bad Guys 2** (2025) ★★★★
10.25 **Ghostbusters: Afterlife** Comedy. (2021, 12) ★★★★
12.40 PM **Paddington** Comedy. (2014, PG, 95min) ★★★★★
2.20 **Paddington 2** Adventure. (2017, PG, 104min) ★★★★★
4.10 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
6.00 **Pokemon: Detective Pikachu** Fantasy. (2019, PG) ★★★★


6.00 Pokemon

7.50 **Cats & Dogs** Comedy fantasy featuring the voices of Tobey Maguire, Alec Baldwin, Sean Hayes and Susan Sarandon. (2001, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 **Monster Trucks** Fantasy adventure starring Lucas Till. A teenager befriends a monster which feeds on oil, which bonds with the monster truck he is building from scrap. (2016, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Daddy Day Care** Family comedy with Eddie Murphy. (2003, PG, 92min) ★★★
12.45 AM **Paulie** Comedy with Gena Rowlands and Tony Shalhoub. (1998, U, 92min) ★★★
2.20 **Free Willy** Adventure starring Jason James Richter and Lori Petty. (1993, U, 112min) ★★★★
4.15 **to 6.00** AM **Buffalo Kids** Animated adventure featuring the voice of Gemma Arterton. (2024, PG, 79min) ★★★

Sky Cinema Action

306 306 407 507 521

7.40 AM **Days of Thunder** Drama. (1990, 15, 107min) ★★★
9.40 **Olympus Has Fallen** Thriller. (2011, 15, 119min) ★★★
11.55 **Kraven the Hunter** (2024)
2.05 PM **Twisters** Adventure sequel. (2024, 12, 122min) ★★★★
4.15 **Fuze** Thriller starring Aaron Taylor-Johnson and Theo James. (2026, 15, 97min) ★★★
5.55 **300** Adventure with Gerard Butler and Lena Headey. (2006, 15, 116min) ★★★★

8.00 Troy

8.00 **Troy** Adventure starring Brad Pitt, Eric Bana and Orlando Bloom. When Trojan prince Paris elopes with Greek royal consort Helen, Greek king Agamemnon conspires to retrieve her as a pretext for invading and conquering Troy. With Diane Kruger, Brian Cox and Sean Bean. (2004, 15, 163min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **The Warriors** Thriller starring Michael Beck. A street gang have to fight their way across New York to reach the safety of their own turf. (1979, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Kraven the Hunter** Fantasy action adventure. (2024, 15, 127min) ★★★
2.45 **William Tell** Historical drama. (2025, 15, 133min) ★★★
5.00 **The Cinema List: Remakes**
5.15 **to 7.10** AM **Bloodshot** Thriller. (2020, 12, 109min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Honey Don't!** (2025) ★★★
8.45 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
10.40 **Dumb and Dumberer: When Harry Met Lloyd** (2003, 12) ★
12.20 PM **Police Academy** Comedy. (1984, 15, 95min) ★★★
2.00 **Just Go With It** Romantic comedy. (2011, 12, 117min) ★
4.00 **Instant Family** Comedy. (2018, 12, 118min) ★★★★
6.10 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★

6.10 Little Fockers

8.00 **The Wedding Singer** Offbeat romantic comedy starring Adam Sandler and Drew Barrymore. A perky waiter saves a singer from despair after he is jilted at the altar. With Christine Taylor. (1998, 12, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Mean Girls** Teen comedy starring Lindsay Lohan as girl who moves from Africa to America and must learn a new law of the jungle when she enrols in a high school. (2004, 12, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Risky Business** Comedy. (1983, 18, 98min) ★★★★
1.25 AM **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
3.10 **Gremlins 2: The New Batch** Horror comedy sequel. (1990, 12, 107min) ★★★
5.10 **Cinema List: Risky Romance**
5.40 **to 7.30** AM **Adult Life Skills** Comedy. (2016, 15) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.20 AM **The Surfer** Crime thriller. (2024, 15, 100min) ★★★★
9.15 **Black Bag** Espionage thriller. (2024, 15, 94min) ★★★★
10.55 **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
12.55 PM **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
3.15 **The Firm** John Grisham legal thriller starring Tom Cruise. (1993, 15, 155min) ★★★
5.55 **Safe House** Action thriller. (2012, 15, 110min) ★★★

5.55 Safe House

8.00 **Red Dragon** Crime thriller starring Edward Norton, Ralph Fiennes and Anthony Hopkins. A troubled former FBI agent is brought out of retirement to hunt down a serial killer and is forced to turn to his old nemesis for advice. (2002, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Hannibal** Horror sequel starring Anthony Hopkins and Julianne Moore. FBI agent Clarice Starling becomes an unwitting pawn in a perverse billionaire's plot to trap Hannibal Lecter. (2001, 18, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Equalizer** Thriller starring Denzel Washington. (2014, 15, 132min) ★★★
2.50 **The Equalizer 2** Thriller. (2018, 15, 121min) ★★★
5.00 **to 6.40** AM **Drop** Thriller. (2025, 15, 95min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Kid Who Would Be King** Fantasy adventure. (2019, PG, 120min) ★★★
1.25 PM **Tolkien** JRR Tolkien biopic. (2019, 12, 112min) ★★★★
3.45 **Anzio** World War Two drama starring Robert Mitchum. (1967, PG, 117min) ★★★
6.15 **Bridge of Spies** Steven Spielberg's fact-based Cold War drama with Tom Hanks. (2015, 12, 142min) ★★★★

9.00 The Great Wall

Bridge of Spies (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. With Jing Tian and Willem Dafoe. (2016, 12, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 **Warlock** Horror starring Julian Sands. A warlock escapes execution in the 16th century by travelling to Los Angeles in 1988. (1988, 15, 102min) ★★
1.10 **to 3.05** AM **The Mustang** Drama starring Matthias Schoenaerts and Bruce Dern. A violent convict takes part in the training of wild mustangs. (2019, 15, 96min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Directors

302 302 402 502 516

6.35 AM **Hook** Fantasy adventure. (1991, U, 140min) ★★★
9.00 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★
11.00 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy. (1982, U, 114min) ★★★★★
1.00 PM **Jaws** Monster thriller. (1975, 12, 125min) ★★★★★
3.05 **Empire of the Sun** Drama. (1987, PG, 152min) ★★★★

5.40 **Catch Me If You Can** Steven Spielberg's crime adventure. (2002, 12, 141min) ★★★★★
8.00 **The Post** Drama starring Meryl Streep. American newspapers race to expose a government cover-up of Vietnam War secrets. (2017, 12, 113min) ★★★★
10.00 **Erin Brockovich** Legal drama starring Julia Roberts as a single mother who takes a job in a law firm and becomes an unlikely environmental crusader. (2000, 15, 133min) ★★★★

12.15 AM **Anora** Romantic comedy starring Mikey Madison. (2024, 18, 139min) ★★★★★
2.35 **Eddington** Western with Emma Stone and Joaquin Phoenix. (2025, 15, 148min) ★★★★
5.05 **to 6.45** AM **Black Bag** Thriller. (2024, 15, 94min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.15 AM **See No Evil, Hear No Evil**
8.05 **Tootsie** Comedy starring Dustin Hoffman and Jessica Lange. (1982, 15, 116min) ★★★★
10.05 **Planes, Trains and Automobiles** Comedy adventure. (1987, 15, 92min) ★★★★★
11.40 **Caddyshack** Comedy with Chevy Chase. (1980, 15, 95min) ★★★
1.20 PM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★

3.05 **Blazing Saddles** Western spoof. (1974, 12, 90min) ★★★★
4.40 **The Man with Two Brains** Comedy starring Steve Martin. (1983, 15, 93min) ★★★★
6.15 **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder and Richard Pryor. (1989, 15, 107min) ★★★
8.00 **Annie** Musical starring Albert Finney. (1982, U, 128min) ★★★
10.10 **The Big Chill** Comedy starring Tom Berenger and Glenn Close. (1983, 15, 115min) ★★★★

12.00 M'T **'About Last Night...'** Drama. (1986, 18, 113min) ★
1.55 AM **Arthur** (1981, 15) ★★★★
3.35 **Fools Rush In** Romantic comedy. (1997, 12, 109min) ★★
5.25 **to 7.00** AM **This Is Spinal Tap** Spoof music documentary. (1983, 15, 83min) ★★★★★

Disney+ Cinema

305 305

6.00 AM **Mufasa: The Lion King** Animated adventure prequel. (2024, PG, 118min) ★★★
8.00 **Hercules** Animated adventure. (1997, U, 92min) ★★★★
9.35 **Bambi** As shown at 4.45am.
10.45 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Family fantasy adventure with Tilda Swinton. (2005, PG, 140min) ★★★★

1.10 PM **Alice in Wonderland** Animated fantasy adventure. (1951, U, 75min) ★★★★
2.30 **Big Hero 6** Animated adventure. (2014, PG, 102min) ★★★★
4.15 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
6.00 **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★
7.30 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
9.00 **The Wild** Animation with the voice of Kiefer Sutherland. (2005, U, 82min) ★★

10.55 **Conan the Barbarian** Action fantasy. (1981, 15, 129min) ★★★
1.05 AM **The East** Political thriller. (2013, 15, 111min) ★★★★
3.05 **Flightplan** Crime thriller. (2005, 12, 98min) ★★★★
4.45 **to 6.00** AM **Bambi** Animation. (1942, U, 69min) ★★★★★

Movies 24

312 313 419

7.00 AM **The Reluctant Royal** Comedy. (2025, PG, 84min) ★★
9.00 **Autumn at Apple Hill** Comedy. (2024, PG, 84min) ★★
11.00 **Love Under the Lemon Tree** Comedy. (2022, PG, 88min) ★★
1.00 PM **Paging Mr Darcy** Romantic drama. (2024, PG, 84min) ★★
3.00 **PREMIERE** **The Greek Aisle** Drama starring Nikki DeLoach. (2026, PG, 90min) ★★

5.00 **Royal-Ish** Romantic drama. (2025, PG, 84min) ★★
7.00 **CrimeTime: Freefall** Mystery starring Lyndie Greenwood. The leading actor in a crime series helps a real-life detective to solve a murder in her home town. (2024, PG, 90min) ★★
9.00 **Mystery Island: Winner Takes All** Drama starring Elizabeth Henstridge and Charlie Weber. Winners of a contest compete to solve a fake murder at a luxury hotel. (2025, PG, 90min) ★★

11.00 **Making Waves** Romantic comedy. (2023, PG, 84min) ★★
1.00 AM **The Love Hunt** Romantic comedy. (2023, PG, 89min) ★★
3.00 **to 5.00** AM **Catch of the Day** Drama. (2025, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **The Fabulous Dorseys** Musical. (1947, b/w, U, 91min) ★★
7.45 **First Man into Space** Sci-fi chiller. (1959, PG, 77min) ★★
9.20 **Look at Life** Documentary.
9.30 **The Pied Piper of Hamelin** Fantasy. (1957, U, 89min) ★★
11.15 **The Beverly Hillbillies** (S2)
11.45 **Batman** 8/26. (S3)
12.15 PM **Faces in the Dark** Thriller. (1960, b/w, PG, 85min) ★★★

1.55 **Sherlock Holmes: The Sign of Four** Feature-length drama.
4.00 **The Man from UNCLE** (S1)
5.00 **The Footage Detectives**
6.00 **The Directors** John Ford.
7.00 **That's My Boy** 5/7. (S3)
7.30 **The Vise** 10/26. (S2)
8.00 **Sergeant Cork** 3/4. (S5)
9.05 **The Hound of the Baskervilles** Drama with Richard Roxburgh. (2002, 15, 100min) ★★★
11.05 **The Heritage Chart Show**
12.10 AM **We Were Strangers** Drama. (1949, b/w, PG, 106min) ★★

2.20 **How to Undress in Public Without Undue Embarrassment**
3.20 **What's On TPTV with Noel**
3.30 **The Rogues** 20/30. (S1)
4.30 **The Adventures of Robin Hood**
5.00 **The Buccaneers** 24/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

Sunday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
10.00 LIVE **Women's T20 Cricket World Cup** **Bangladesh v Netherlands.** Coverage of both teams' opening Group A match from Edgbaston.
12.30 PM LIVE **Formula 1** The Barcelona-Catalunya Grand Prix, the seventh round of the season at Circuit de Barcelona-Catalunya in Spain. Start-time **2.00pm**.
4.00 LIVE **Women's T20 Cricket World Cup** **India v Pakistan.** Coverage of both teams' first Group A match at Edgbaston in Birmingham.
6.00 LIVE **World Cup of Darts** Coverage of the evening session on day four of the tournament, featuring the semi-finals and final at Eissporthalle in Frankfurt.
10.00 LIVE **PGA Tour Golf** The fourth and final day of the RBC Canadian Open from TPC Toronto at Osprey Valley in Caledon, Ontario.
11.00 LIVE **Curtis Cup Golf** The singles matches on the third and final day at Bel-Air Country Club.
3.00 **to 6.00** AM **World Cup Report**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years** A look back at the 2024/25 season.
9.00 **Premier League Review**
2.00 PM **Netbusters** Fast-paced highlights using alternative angles.
4.30 **Transfer 360** Michael Carrick and Dimitar Berbatov.
5.00 John Obi Mikel to Chelsea.
5.30 **Premier League Stories** A look at Mauricio Pochettino's Tottenham Hotspur team.
6.00 **Premier League Review** Action from the 16th round of fixtures.
7.00 The 17th round of games.
8.00 Highlights from the 18th round of top-flight fixtures.
9.00 The 19th round of games.
10.00 Action from the 20th round of top-flight matches.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from the 2005/06 season, all set to a specially selected soundtrack.
1.00 AM **PL Retro** A replay of Leeds United v Liverpool from 2000.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Best Premier League Goals: Volleys**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup** The 2012 final.
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Rivalries** Double bill.
12.00 NOON **EFL** Play-off finals.
3.00 PM **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Best Goals: EFL Cup 24/25**
5.30 **EFL Trophy** Birmingham City v Peterborough United in 2024/25.
6.00 **EFL Cup Retro** Manchester City v Sunderland in the 2014 final.
8.00 **Old Firm Derby Best Goals**
8.30 **Edinburgh Derby Best Goals**
9.00 **EFL Greatest Games** Highlights of Nottingham Forest v Newcastle United from 2016/17.
9.15 Leeds United v Aston Villa.
9.30 Huddersfield Town v Leeds United from the 2016/17 season.
9.45 Sheffield Wednesday v Newcastle United from 2016/17.
10.00 **Championship Season Review**
11.00 **EFL Cup Highlights**
11.30 **EFL Trophy** Highlights.
12.00 M'T **EFL Cup Retro**
2.00 AM **There's Only One Sauzee**
2.30 **Dundee United: Champions 83**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2022/23**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **ICC Women's World Cup**
10.00 LIVE **Women's T20 Cricket World Cup** **Bangladesh v Netherlands.** Coverage of both teams' opening Group A match from Edgbaston.
2.00 PM LIVE **Women's T20 Cricket World Cup** **India v Pakistan.** Coverage of both teams' opening Group A match at Edgbaston, Birmingham. The teams also met in the group stage of the 2024 tournament in the United Arab Emirates, with India claiming a six-wicket victory, but both teams failed to qualify for the knockout rounds.
6.00 **Best of ICC WT20**
6.30 **Women's T20 Cricket World Cup** Bangladesh v Netherlands.
7.00 England v Sri Lanka staged at Edgbaston in Birmingham.
7.30 **ICC Women's World Cup 2017**
8.00 **Women's Cricket World Cup**
11.30 **ICC Women's World Cup 2017**
12.00 M'T **Women's T20 Cricket World Cup** Recent highlights.
3.30 AM **ICC Women's World Cup 2017** England v South Africa.
4.00 **to 6.00** AM **Women's T20 Cricket World Cup**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
11.00 **US Open Official Films**
12.00 NOON **My Ryder Cup**
12.15 PM **PGA Tour Champions Learning Centre** Golf tips.
12.45 LIVE **PGA Tour Golf** Coverage of the fourth and final day of the RBC Canadian Open from TPC Toronto at Osprey Valley, Ontario.
11.00 LIVE **Curtis Cup Golf** The singles matches on the third and final day at Bel-Air Country Club.
3.00 AM **PGA Tour Golf**
4.00 **US Open Official Films**
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
8.00 **WTA All Access**
8.30 **ATP Tour This Week**
9.00 **WTA & ATP Tennis**
11.00 LIVE **WTA Tennis** Coverage of the WTA S-Hertogenbosch Open final, a grass-court tournament held in the Netherlands.
1.00 PM LIVE **WTA & ATP Tennis** Coverage from the latest events on the WTA and ATP Tours.
3.30 **ATP Tour This Week**
4.00 **ATP Tennis** Italian Open.
5.00 **WTA & ATP Tennis** Action from the S-Hertogenbosch Open finals.
9.00 **ATP Tennis** Stuttgart Open final.
11.00 **WTA Tennis** Action from the S-Hertogenbosch Open final.
1.00 AM **ATP & WTA Tour Classics**
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

5.45 AM LIVE **One-Day International Cricket** **Bangladesh v Australia.** Coverage of the third and final ODI in the series from Sher-E-Bangla National Cricket Stadium.
1.30 PM LIVE **Premiership Women's Rugby** Coverage from the opening semi-final.
4.15 LIVE **Premiership Women's Rugby** The second semi-final.
6.45 **She Who Dares** The story of five of Team GB's pioneering female ski and snowboarding stars.
7.45 **TNT Sports Reload**
8.00 LIVE **MLB** **San Francisco Giants v Chicago Cubs.** Coverage of the National League match staged at Oracle Park. Start-time is at **8.10pm**.
11.00 **TNT Sports Cricket Reload**
11.15 **The Topuria's** Documentary.
12.15 AM **What Went Down**
12.30 **UFC Breakdown**
1.00 **to 6.00** AM LIVE **UFC** Coverage of UFC Freedom 250 held on the South Lawn of the White House, which is headlined by the light-heavyweight title fight between Ilia Topuria and Justin Gaethje.

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **AFL** **St Kilda v GWS Giants.** Coverage of the match from the 14th round of fixtures at Marvel Stadium in Melbourne. Bounce-up **6.15am**.
9.00 **World Superbikes**
9.45 LIVE **World Superbikes** Coverage from Misano World Circuit in Emilia-Romagna, Italy.
10.45 LIVE **Women's Circuit Racing** Race two at Misano World Circuit.
11.30 LIVE **World Superbikes** Coverage of races from Misano World Circuit in Emilia-Romagna, Italy, where the seventh round of the season takes place.
3.15 PM **UEFA Champions League**
3.30 **Test Cricket Highlights**
5.30 **AFL** Two match replays.
8.30 **Tennis: French Open**
9.30 **What Went Down**
9.45 **No Filter Football**
10.00 **Premiership Women's Rugby**
12.00 M'T **TNT Sports Cricket Reload**
12.15 AM **International T20 Cricket**
1.15 LIVE **International T20 Cricket** **West Indies v Sri Lanka.** The final match in the three-game series at Kingston Park, Jamaica.
5.15 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

412 410 510 426 446

6.00 AM **NFL Highlights**
6.55 **My Icon** Shaun Gayle.
7.05 LIVE **NRL** **West Tigers v Gold Coast Titans.** Coverage of the match in the 15th round of fixtures held at Leichhardt Oval. Kick-off **7.05am**.
9.05 **My Icon** Shaun Gayle.
9.15 **Super League Highlights**
9.30 **NBA on Fire** The latest news.
10.00 **NBA Basketball**
12.00 NOON LIVE **World Cup of Darts** Coverage of the afternoon session on day four, featuring the quarter-finals from Eissporthalle in Frankfurt, Germany.
4.00 PM **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NFL Highlights**
6.00 LIVE **World Cup of Darts** Coverage of the evening session on day four, featuring the semi-finals and final from Eissporthalle in Frankfurt, Germany.
10.00 **NBA Basketball** A replay of San Antonio Spurs v New York Knicks in game five of the NBA Finals.
12.30 AM **NFL Bitesize Highlights**
1.00 **Women's Super League**
1.30 **World Club Challenge**
1.45 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.05 LIVE **NRL** **West Tigers v Gold Coast Titans.** Coverage of the match in the 15th round of fixtures held at Leichhardt Oval. Kick-off **7.05am**.
9.05 **My Icon** Shaun Gayle
9.15 **Super League** A replay of Leigh Leopards v Hull Kingston Rovers.
12.00 NOON LIVE **World Cup of Darts** Coverage of the afternoon session on day four, featuring the quarter-finals from Eissporthalle in Frankfurt, Germany.
4.00 PM **World Cup Matchday**
5.00 LIVE **LPGA Tour Golf** Coverage of the fourth and final day of the Dow Championship at Midland Country Club in Michigan.
8.00 **World Cup Report**
12.00 M'T **EFL Greatest Games**
1.00 AM **WTA Tennis** The Stuttgart Open final held at Porsche-Arena.
2.00 **ATP Tennis** The Munich Open final at MTTC Iphitos Complex.
3.00 **Super League** Warrington Wolves v Wigan Warriors staged at Halliwell Jones Stadium.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **DP World Tour Golf**
6.30 **PGA Tour Champions**
7.30 **Women's T20 World Cup**
10.00 **Super League** A match replay.
12.45 PM **PL Greatest Games**
1.00 **Super League** A chance to see Wakefield Trinity v Wigan Warriors.
3.45 **PL Greatest Games**
4.00 **Women's T20 World Cup**
4.30 **HotelPlanner Tour Golf**
5.00 LIVE **LPGA Tour Golf** Coverage of the fourth and final day of the Dow Championship at Midland Country Club in Michigan.
8.00 **Women's T20 World Cup**
8.30 **DP World Tour Golf**
9.00 **Formula 1** Recent highlights.
11.00 LIVE **Curtis Cup Golf** The singles matches on the third and final day at Bel-Air Country Club.
3.00 AM **Super League Highlights**
3.30 **PL Greatest Games**
4.00 **ATP Tennis** Hamburg Open final.
5.00 **to 6.00** AM **Super League**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **FIA World Endurance Championship** Coverage from the 24 Hours of Le Mans, as the third round of the season at Circuit de la Sarthe.
4.00 PM **MLB Highlights**
5.00 LIVE **MLB** **Pittsburgh Pirates v Miami Marlins.** Coverage of the National League match staged at PNC Park. Start-time is at **5.15pm**.
8.00 **International T20 Cricket**
9.00 **UCI Mountain Bike World Series** The women's elite cross-country Olympic race in Leogang, Austria.
9.30 Highlights from the men's elite cross-country Olympic race in Leogang, Austria.
10.00 **Men's Cycling** Highlights.
12.00 M'T LIVE **MLB** **Boston Red Sox v Texas Rangers.** Coverage of the American League match at Fenway Park. Start-time **12.20am**.
3.00 **to 6.00** AM **AFL**

TNT Sports 4

414 416 524 411 434

7.00 AM **Cycling** Highlights.
10.00 **The Cycling Show**
10.30 LIVE **UCI Mountain Bike World Series** The elite cross-country Olympic races in Leogang.
2.45 PM LIVE **Cycling** Coverage of the eighth and final stage of the men's Tour Auvergne Rhone Alpes.
4.15 **Cycling Pro Series**
6.15 **TNT Sports Cricket Reload**
6.30 **Ultimate Pool** Pairs Cup.
8.00 **Longines Global Champions Tour** Action from France.
9.00 **Endurance Uncovered: Racing for Excellence**
9.30 **It's a Numbers Game**
10.00 **FIM Speedway Grand Prix**
11.00 **One-Day International Cricket**
12.00 M'T **UIM F1H2O World Championship Highlights**
12.30 AM **UCI Mountain Bikes**
1.30 **World Superbikes**
2.30 **MotoGP Highlights**
3.30 **FIM Speedway Grand Prix**
4.30 **to 6.00** AM **Ultimate Pool**

Premier Sports 1

419 APP 528

6.00 AM **FIM Quadcross Championship** From Gdansk.
7.00 **Champions Cup** A replay of Leinster v Bordeaux in the final.
9.00 **Sporting Greats**
10.00 **The Final Duel** Documentary.
11.00 **Top 14 Rugby Union**
1.00 PM **Sporting Greats**
2.00 **NHL Tonight** Highlights from the previous evening's NHL action.
3.00 **NASCAR Highlights**
4.00 **FIM Quadcross Championship** The GP Poland from Gdansk.
5.00 **World Surf League** Action from the Bonsoy Gold Coast Pro event.
6.00 **Top 14 Rugby Union** Another chance to see a play-off match.
7.55 LIVE **Top 14 Rugby Union** Coverage of a play-off match.
10.30 **Sporting Greats**
11.00 **FIM Quadcross Championship** The GP Poland from Gdansk.
12.00 M'T **Top 14 Rugby Union**
4.00 AM **Sporting Countdowns**
5.00 **to 6.00** AM **Motorsport**

Premier Sports 2

420 APP 529

6.00 AM **Football's Greatest**
7.00 **Top 14 Rugby Union**
9.00 **Temples of Sport**
9.30 **EUT20 Belgium**
1.30 PM **Temples of Sport**
2.00 **NHL Tonight** Play-offs.
3.00 LIVE **EUT20 Belgium** Coverage of the final of the T20 cricket competition from Stars Arena in Hofstade, Belgium.
7.00 LIVE **NASCAR** The Great American Getaway 400 at Pocono Raceway in Long Pond.
11.30 **Bike World** Magazine.
12.00 M'T **Motorsport** Valentino Rossi.
12.30 AM **NHL: This is Hockey**
1.00 LIVE **NHL Ice Hockey** **Vegas Golden Knights v Carolina Hurricanes.** Game six of the Stanley Cup Finals from T-Mobile Arena. Face-off **1.00am**.
4.00 **NHL: This is Hockey**
4.30 **Michelin Le Mans Cup**
5.00 **to 6.00** AM **Indikart Championship**

Sky Sports F1

407 407 507 424 444

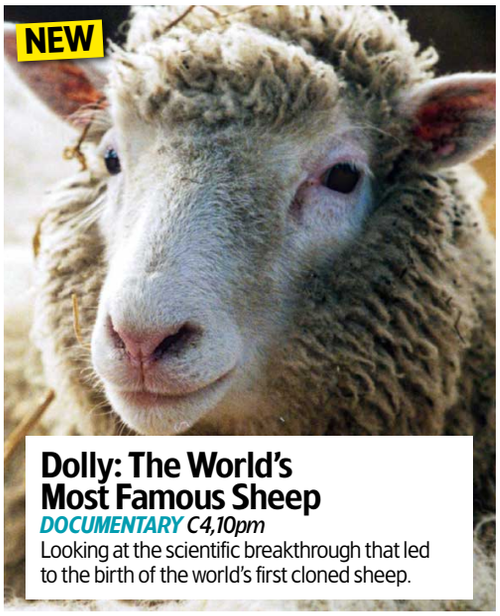
6.00 AM **Ferrari Challenge UK**
6.30 **F1 Features**
7.35 LIVE **Formula 3** Barcelona-Catalunya Grand Prix feature race.
8.40 **F1 Features**
9.05 LIVE **Porsche Supercup** Round two of the season in Spain.
9.55 **F1 Features**
10.20 LIVE **Formula 2** Barcelona-Catalunya Grand Prix feature race.
11.40 **F1 Features**
12.30 PM LIVE **Formula 1** The Barcelona-Catalunya Grand Prix in Spain. Start-time **2.00pm**.
5.00 **Ted's Notebook**
5.30 **Formula 1** From Barcelona.
9.00 **Ted's Notebook**
9.30 **Formula 1** Highlights from Spain.
10.30 **Formula 2** From Barcelona.
11.50 **Gianpiero Lambiase's Move**
12.00 M'T **Formula 1** Highlights.
1.00 AM **Formula 3** From Barcelona.
2.00 **F1 Explained**
3.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

15 June

Planner



Dolly: The World's Most Famous Sheep

DOCUMENTARY C4,10pm

Looking at the scientific breakthrough that led to the birth of the world's first cloned sheep.

Invasion of the Parakeets

DOCUMENTARY C4, 8pm

Chris Packham looks at the burgeoning UK population of ring-necked parakeets, which are becoming a familiar sight in London and the South East. He follows a parakeet family as they grow and asks if the exotic birds are a threat to Britain's native species.

Green-Eyed Killers

DOCUMENTARY Crime + Investigation, 2pm

The true-crime series that examines murders committed as a result of jealousy returns. Cases investigated include the killing of Jillian Angner (right), who was shot while on the school run.

OnlyFans: Inside the Machine

DOCUMENTARY BBC3, 9pm & BBC1, 10.55pm

Reporter Amber Haque investigates allegations of exploitation, coercion and the potential for modern slavery levelled at the content-sharing website platform OnlyFans.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Football: World Cup – Live: Belgium v Egypt (Kick-off 8.00)					10.15 News; Local News	
	102 BBC2	7.00 Villages by the...	7.30 EastEnders	8.00 Marcus Wareing Simply Provence		9.00 Brexit: A Very British Civil War		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	‹ 4.00 Football: World...	7.35 News	8.00 Emmerdale		9.00 Coronation Street		10.15 Football: World Cup – Live	
	104 CHANNEL 4	7.00 News		8.00 Invasion of the Parakeets		9.00 24 Hours in A&E		10.00 Dolly: The World's Most Famous Sheep	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Police Interceptors		9.00 Little Disasters		10.00 Police: Suspect No 1	
	106 SKY ONE		7.10 The Simpsons	8.00 David Attenborough's Galapagos		9.00 Never Mind the Buzzcocks		10.00 Last Week Tonight with John Oliver	
ENTERTAINMENT	115 BBC3		7.10 Walking with Dinosaurs	8.00 Sort Your Life Out with Stacey Solomon		9.00 OnlyFans: Inside the Machine		10.00 Dating Apps: The Inside Story	
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Stonehenge: The Lost Circle Revealed		9.00 Art of America		10.00 American Visions	
	118 ITV2	7.00 The Floor USA		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Love Island...	10.35 G'wed
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Britain's Railway Empire in Colour		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Law & Order: Special Victims Unit		10.00 Law & Order: Criminal Intent	
	108 SKY ATLANTIC	‹ 6.45 The Gilded Age				9.00 A Knight of the Seven Kingdoms			
	110 U&GOLD	‹ 6.50 Keeping Up...	7.30 Dad's Army	8.05 Red Dwarf			9.20 Not Going Out	10.00 Red Dwarf	
	111 U&DAVE	7.00 Mortimer &...	7.35 Would I Lie to You?			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Law & Order: UK	
	120 ITV4	7.00 American Pickers		8.00 The Motorbike Show		9.00 Film: Red Heat			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre: Showtime		10.00 Impractical Jokers	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Brokenwood Mysteries				10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise		9.00 Return to Paradise			10.20 Death in Paradise
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Painting Birds with Jim and Nancy...		9.00 André Rieu: World Tour		10.00 André Rieu: Live in Dublin	
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 The Woodland Workshop		9.00 Maine Cabin Masters		10.00 Expedition X	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Ninja Sharks		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Amsterdam Central 24/7		9.00 Air Crash Investigation		10.00 To Catch a Smuggler	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Secrets in the Ice		9.00 Secrets Declassified with David...		10.00 The Proof Is Out There: Unexplained...	
	155 U&YESTERDAY	7.00 Canal Boat Diaries				9.00 Operation Gold Rush with Dan Snow		10.00 Bangers & Cash	
	114 SKY DOCS	‹ 6.00 The Wimbledon Kidnapping		8.00 Film: Tales of the Grim Sleeper				10.00 Kurt Cobain: Montage of Heck	

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Doorbell Detectives** New edition
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition PC Holly Lavigne Smith goes on patrol as a newly qualified driver. (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** New edition In rural Suffolk. (S)
3.45 **Garden Rescue** New edition (S)
4.30 NEW SERIES **The Travelling Auctioneers** 1/25. Briony Harford and JJ Chalmers visit Woking. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 Football: World Cup

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 LIVE **Football: World Cup** Belgium v Egypt: Mark Chapman presents as Group G gets under way with this fixture at Seattle Stadium in the USA, between two sides who will expect to progress to the knockout stages of the expanded competition. With analysis from Micah Richards, Theo Walcott and Olivier Giroud. Kick-off is at 8.00. (S)

8 PM

9 PM

10 PM

10.15 **BBC News** (S)
10.45 **Local News** (S)
10.55 **OnlyFans: Inside the Machine** Documentary on the content-sharing website OnlyFans. Amber Haque uncovers allegations of exploitation, violence, and the potential for modern slavery. (S)(R)(AD)
11.55 FILM **A Simple Favour** Comedy thriller starring Anna Kendrick, Blake Lively and Henry Golding. (S)(AD) (2018, 15, 115min) ★★★★
1.50 AM LIVE **Football: World Cup** Iran v New Zealand: Coverage of the opening Group G fixture for both sides, which takes place at Los Angeles Stadium in Inglewood, USA. Kick-off is at 2.00. (S)
4.10 **Weather for the Week Ahead** (S)
4.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** In Wiltshire and Margate. (S)(R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Making Life on Earth: Attenborough's Greatest Adventure** (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 LIVE **Tennis: Queen's** The HSBC Championships: Coverage of day one of the men's grass-court tournament at Queen's Club, with matches from the first round of the singles competition. (S)
6.00 **Richard Osman's House of Games** With Robin Ince, Lara Ricote and Helen Skelton. (S)(R)
6.30 **Great Continental Railway Journeys** Michael embarks on a Scandinavian railway adventure from Bergen to Copenhagen. (S)(R)

9.00 Brexit: A Very British Civil War

7.00 **Villages by the Sea** Archaeologist Ben Robinson explores St Margaret's on the Kent coast. (S)(R)
7.30 **EastEnders** Jack tries to find a way to get through to Denise, and Oscar must break bad news. (S)(AD)
8.00 **Marcus Wareing Simply Provence** The chef celebrates the south of France, unlocking the secrets of simple cuisine. (S)(R)
9.00 **Brexit: A Very British Civil War** Series finale 2/2. Vote Leave sends Boris Johnson around the country on a bus that claims Britain sends the EU £350 million a week. (S)(AD) ■ Entire series on BBC iPlayer
10.00 **Mortimer & Whitehouse: Gone Fishing** Bob Mortimer and Paul Whitehouse head to North Uist in the Outer Hebrides. (S)(R)
10.30 **Newsnight** (S)
11.05 **The Mother of All Cons** 3/3. Megan's funeral service is suddenly cancelled. (S)(R)(AD)
12.05 AM FILM **The Power of the Dog** Jane Campion's western starring Benedict Cumberbatch, Kirsten Dunst and Jesse Plemons. (S) (2021, 12, 120min) ★★★★
2.05 **Sign Zone: Countryfile** (S)(R)
3.00 **Sign Zone: Springwatch** Wildlife thriving in London. (S)(R)
4.00 **Sign Zone: Just One Thing** (S)(R)
4.30 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** The Tropicana in Weston-super-Mare plays host to the dealers, with Michael Hogben hoping to buy Harry Potter paraphernalia and Alison Chapman in the market for a painting. (S)(R)(AD)
3.00 **Deal or No Deal** Game show with Stephen Mulhern. (S)(R)(AD)
4.00 LIVE **Football: World Cup** Spain v Cape Verde: Mark Pougatch presents coverage of the opening match in Group H held at Atlanta Stadium in the USA. Kick-off is at 5.00. (S)

8.00 Emmerdale

7.35 **Local News** (S)
7.45 **ITV News** (S)
8.00 **Emmerdale** Kerry and Archie use 'AI Steph' to attempt another scam on Caleb, while Cain tells Kyle he is proud of him, and asks to come to the army cadet swearing-in ceremony. (S)(AD)
9.00 **Coronation Street** Nick is rocked by the extent of Sam's plight, Ronnie puts his scheme into action, while Maria suspects Gary and Sarah of conducting an affair. (S)(AD)
10.00 **ITV News** (S)
10.05 **Local News** (S)
10.15 LIVE **Football: World Cup** Saudi Arabia v Uruguay: Laura Woods presents all the action from both teams' first match in Group H staged at Miami Stadium in the USA. With analysis from Duncan Ferguson, Karen Carney and Jobi McAnuff, and commentary by Joe Speight and Lucy Ward. Kick-off is at 11.00. (S)
1.35 AM **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling. (S)
3.25 **The Chase** Quiz show. (S)(R)
4.20 **Unwind with ITV** (S)
5.35 **to 6.00** AM **James Martin's American Adventure** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 4-6/26. (S8) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21-24/24. (S7) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Laura Hamilton helps a couple find an apartment in Mar Menor, Spain. (S)(R)
4.00 **Narrow Escapes** New edition On the Chesterfield Canal, a stained-glass artist works on a floating workshop. (S)(AD)
5.00 **Chateau DIY** Donna and Paul restore a dilapidated five-storey Normandy water mill. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** A Bedfordshire couple search for a party pad in Almería. (S)(R)

8.00 Invasion of the Parakeets

7.00 **News** (S)
8.00 NEW **Invasion of the Parakeets** Chris Packham follows a family of parakeets as they grow, investigating whether they are ecological villains or unfairly targeted outsiders. *See feature, page 20.* (S)(AD)
9.00 NEW SERIES **24 Hours in A&E** At Queen's Medical Centre in Nottingham, a patient is rushed to Resus with multiple stab wounds, while 87-year-old Eunice is coughing up large amounts of blood. (S)(AD)
10.00 NEW **Dolly: The World's Most Famous Sheep** A look into the story of the cloned sheep that was the first mammal to be created from an adult cell, and the lab that changed scientific history. *See feature, page 21.* (S)(AD)
11.00 **999: On the Front Line** (S)(R)
12.05 AM **Emergency Helicopter Medics** Documentary. (S)(R)(AD)
1.00 **Gypsy Rose: Life After Lock Up** 6&7/11. Double bill. (S)(AD)
2.40 **Ramsay's Kitchen Nightmares USA** Gordon revisits restaurants he previously tried to save. (S)(SL)(R)
3.30 **Couples Come Dine with Me** (R)
4.25 **Find It, Fix It, Flog It** (S)(R)
4.35 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)(R)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Swan Song:* 7/24. Documentary-makers filming follow the team when a member of a rock band is killed. (S)(R) **3.55** *After Hours:* 8/24. The author and Beckett try to get a witness to safety. (S5) (S)(R)
4.50 **Love Nature** A look at the Portaferry seal sanctuary. (S)(R)
5.00 **5 News with Dan Walker** (S)
6.00 **Norfolk and Suffolk: Country & Coast** Steam-train passengers are served high tea on the Mid-Norfolk Railway. (S)(R)
6.55 **News** (S)

8.00 Police Interceptors

7.00 **Motorway Cops: Catching Britain's Speeders** PCs Marc Crammond and Andy Clarke witness what looks like a drug deal through a car window. (S)(R)(AD)
7.55 **News** (S)

8.00 **Police Interceptors** New edition Officer from roads policing, firearms and the dog section unite to stop a high-performance getaway car reportedly being used by a burglary gang. (S)

9.00 **Little Disasters** New episode *You Think You Know Someone:* 2/6. Police and social services jointly investigate the Carrisfords, while Liz agonises over her decision. (S1) (S)(AD)
■ Continues tomorrow

10.00 **Police: Suspect No 1** Hull detectives investigate when people are terrorised at home by a knife-wielding intruder, before the same victims are targeted again less than 24 hours later. (S)(R)

11.05 **Police: Night Shift 999** Sgt Gladwin stops a car that is being driven dangerously in a built-up area. (S)(R)
12.05 AM **Traffic Cops** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **The Hotel Inspector** (S)(R)
3.15 **Friends** 7-9/24. (S9) (S)(R)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S7) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Wildlife ER** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *There Will Be Buds:* Homer ends up coaching the kids' lacrosse team. (S)(R) **5.30** *Havana Wild Weekend:* The family take a trip to Cuba. (S)(R)
6.00 **The Office (US)** 20/25. Dwight and Angela compete to build the best paper aeroplane. (S)(R) **6.25** 21/25. Part one of two. Dwight finally gets his black belt in karate. (S9) (S)(R)

10.00 Last Week Tonight

7.10 **The Simpsons** *The Cad and the Hat:* Bart's guilt gets the better of him after he betrays Lisa. (S)(R) **7.35** *Kamp Krustier:* A traumatic incident forces Bart and Lisa to return early from camp. (S)(R)

8.00 **David Attenborough's Galapagos** 2/3. The broadcaster reveals how life learned to adapt in an ever-changing volcanic landscape, resulting in species that exist nowhere else in the world. (S)(R)

9.00 **Never Mind the Buzzcocks** Greg Davies returns with the quiz as Courtney Love, Joel Dommett, Abi Harding and Glen Matlock join regulars Noel Fielding and Jamali Maddix. (S)(R)(AD)

10.00 **Last Week Tonight with John Oliver** New edition Talk show in which the comedian takes a satirical look at a range of news and pop culture topics.

10.45 **Lucy Beaumont: Live from the Royal Court Theatre** A stand-up performance by the comedian, featuring offbeat stories. (S)(R)

11.45 **Grimm** 14/22. (S4)(S)(R)
12.40 AM **Road Wars** (S)(R)
2.00 **Best Medicine** New episode 3/13. The locals are furious when Martin breaks the arm of a baseball team's star player. (S1)
3.00 **Bear Grylls Is Running Wild** New edition 7/8. With actor and comedian Rhys Darby.
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
No variations

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.55pm NEW SERIES Funboys (S) **11.50** FILM A Simple Favour (S)(AD) (2018, 15, 115min) ★★★★ **1.45-1.50am** Chronicles of the Sperrins (S)(R)

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm Giorraíonn Beirt Bóthar: Documentary. (S)(R)

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Straeon Harri Parri **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Codi Hwyl (AD) **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Byd ar Bedwar New edition **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Ffermio New edition **9.33** Y Tywydd **9.35** Ceffylau, Sheikhs a Chowbois **10.05** Y Cyfweliad **10.40** Cartrefi Cymru **11.10-11.45pm** Pysgod i Bawb

TV&Streaming week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Raising Sancho: Natural World** A giant otter cub.
7.10 **Walking with Dinosaurs** Focusing on the evolution of the prehistoric giants.
8.00 **Sort Your Life Out with Stacey Solomon** The team help a couple declutter and transform their office into a workspace of dreams.
9.00 NEW **OnlyFans: Inside the Machine** Documentary looking at the content-sharing website OnlyFans. Reporter Amber Haque uncovers allegations of exploitation, coercion, violence and the potential for modern slavery.
10.00 **Dating Apps: The Inside Story** The corporation behind some of the world's biggest online dating apps.
11.00 **Confessions of a Teenage Fraudster** Triple bill.
1.15 AM **OnlyFans: Inside the Machine** As 9.00pm.
2.15 **Santa Claus the Serial Killer** Triple bill.
3.40 **to 3.55** AM **Rocket Fuel**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The first of the quarter-final matches in the quiz show.
7.30 **Only Connect** The Polymaths compete against the Strategists.
8.00 **Stonehenge: The Lost Circle Revealed** Alice Roberts follows a decade-long quest by a dedicated team of archaeologists to reveal a hidden secret of the bluestones of Stonehenge.
9.00 **Art of America** How artists challenged the status quo of post-war America.
10.00 **American Visions** Reflecting on the profound influence of the Civil War on American culture.
11.00 **Vienna: Empire, Dynasty and Dream** The transformation of Vienna into a great cultural capital.
12.00 M'T **Hurricanes and Heatwaves: The Highs and Lows of British Weather**
1.00 AM **Summer of 76 – Away from It All**
1.50 **Only Connect** Quiz show.
2.20 **to 3.20** AM **Art of America**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
9.55 **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The competition begins at the Bowling Green in Chorlton-cum-Hardy, Manchester. **4.50** A visit to Redhill Holidays near Worcester. **5.20** A visit to the Mode Lytham Hotel in Lytham. **5.50** The final visit is to Villa Farm Cottage in Lincolnshire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help two sets of buyers in Kent.
7.55 **PopMaster TV** With contestants from Milton Keynes, Bristol, Crewe, Leconfield and London.
9.00 **Britain's Railway Empire in Colour** 1/2. To mark the 200th anniversary of the birth of rail, this series reveals the story of how Britain gave railways to the world.
10.00 **24 Hours in A&E** Focusing on the stories of two motorcyclists reveal how bonds can be strengthened through adversity.
11.05 **The Emergency Ward**
12.05 AM **Britain's Railway Empire in Colour**
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped's Nordic Adventure**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From east London.
8.00 **Ramsay's Hotel Hell**
10.00 **Below Deck: Mediterranean**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons** Triple bill.
6.30 **Hollyoaks** Things look up for the Keanes and Osbornes.
7.00 **Hollyoaks** Jenson is left with a big decision to make.
7.30 **The Simpsons** *The Day the Earth Stood Cool:* Homer befriends his new neighbours.
8.00 **Below Deck: Mediterranean** New edition The dynamic in the crew shifts when one member takes on a new role.
9.00 **Gogglebox** The households' opinions on shows including *Banged Up: Stars Behind Bars.* **10.00** Appraisals of *Survivor* and *The Crown.*
11.05 **Naked Attraction**
12.10 AM **Dating Naked UK**
1.10 **Gogglebox**
2.15 **Below Deck: Mediterranean**
3.00 **The Simpsons**
3.55 **Abbott Elementary**
4.20 **Don't Tell the Bride: Revisited** Reality series.
5.10 **to 6.00** AM **Ramsay's Hotel Hell**

+1 hr 235/236 306 30 123 256

Monday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

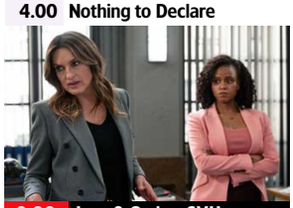
MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **Motorway Patrol**
10.00 **Brit Cops: Rapid Response**
11.00 **Chicago Fire** 6/22. (S13)
12.00 NOON **FBI** 3&4/13. (S6)
2.00 PM **The Rookie** 4/14. Officer Jackson West is having issues with a new training officer. (S3)
3.00 **Law & Order: Criminal Intent** 20/22. A billionaire's stepson dies in mysterious circumstances. (S6)
4.00 **Nothing to Declare**



9.00 Law & Order: SVU

7 PM — **7.00** **Police 24/7** Focusing on items that law enforcement finds while searching suspects.

8 PM — **8.00** **Caught on Dashcam** Outrageous road disasters, captured in video form by drivers' in-vehicle cameras.

9 PM — **9.00** **Law & Order: Special Victims Unit** New episode *Clickbait:* 4/21. A tween suffers a life-threatening miscarriage. (S27)

10 PM — **10.00** **Law & Order: Criminal Intent** *The Insider:* 13/22. A wealthy girl becomes embroiled in a murder case. (S1)

11.00 **The Rookie** 20/20. (S2)
12.00 M'T **FBI** 21&22/22. (S5)
2.00 AM **The Rookie** Series finale 18/18. Crime drama. (S8)
3.00 **Road Wars** Double bill.
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 3&4/9. (S3)
11.15 **Westworld** 7/8. (S4)
12.15 PM **Deadwood** 11&12/12. (S1)
2.25 **Mussolini: Son of the Century** 1/8. Drama. (S1)
3.35 **Westworld** 7/8. (S4)
4.35 **Deadwood** 11/12. Jewel visits Doc Cochran for help.
5.40 12/12. Seth appoints himself sheriff. (S1)
6.45 **The Gilded Age** 3/8. Negotiations with the duke start to disintegrate. (S3)

9.00 A Knight of the Seven...

7.50 **The Gilded Age** *Marriage Is a Gamble:* 4/8. A grieving Ada attempts a new way to communicate with Luke, and Borden learns more about Mrs Bruce's past. (S3)

9.00 **A Knight of the Seven Kingdoms** *Seven:* 4/6. Dunk exercises his right to request a trial by combat. **9.40** *In the Name of the Mother:* 5/6. Dunk's mettle is put to the test. **10.20** *The Morrow:* 6/6. Dunk considers his next move. (S1)

11.00 **Task** 1/7. (S1)
12.15 AM **Hacks** 3/9. (S3)
12.50 **The Gilded Age** (S3)
2.00 NEW SERIES **Rosa Elettrica** 1&2/6. Thriller with Maria Chiara Giannetta. Subtitled. (S1)
4.05 **Homicide: Life on the Street**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.25 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Salt...**
11.15 **Real Housewives of Orange...**
12.10 PM **Real Housewives of Cheshire** Reality series.
1.10 **Celebrity Catchphrase**
2.10 **The Floor USA**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**

6.00 Celebrity Catchphrase

7.00 **The Floor USA** New edition Rob Lowe hosts as the trivia battle turns up the heat with only 42 players remaining.

8.00 **Million Dollar Listing: LA** Los Angeles wildfires have a devastating impact on the market.

9.00 **Love Island** New edition Relationship-based reality show in which singletons seeking a romance compete to find love.

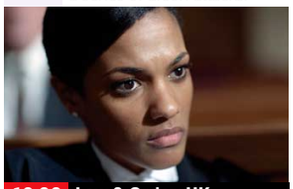
10.05 **Love Island: The Debrief** New edition Daily *Love Island* reactions.
10.35 **G'wed** New episode *Be Secure, Be Safe, Be Semi:* 2/7. Reece's driving lesson descends into chaos. (S3)
11.10 **Family Guy** Double bill of the animated comedy. (S2&1)
12.15 AM **American Dad!** (S1)
1.15 **Bob's Burgers** 5&2/22. (S13)
2.05 **Plebs** 8/9. (S5)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Inspector Morse**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *The Sicilian Defence:* Members of a chess club are targeted by a deranged killer.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Fire and Ashes:* The rural bobbies have their work cut out investigating a series of arson attacks.



10.00 Law & Order: UK

6.55 **Heartbeat** *All in the Mind:* An eccentric elderly lady reports an abduction, presenting the coppers with a fresh mystery.

8.00 **Midsomer Murders** *Death in Disguise:* Barnaby visits a new age commune, where a man with a connection to the leader's shady past has fallen to his death – just as a vast inheritance might be coming the group's way.

10.00 **Law & Order: UK** *Sacrifice:* 4/6. A man is attacked and his kidney is surgically removed. Guest stars Denis Lawson. (S2)
11.00 **Law & Order: UK** 5/6. Brooks and Devlin investigate the death of a teenager who was working as a drugs mule. (S2)
11.50 **Shetland** 1/6. A teenage girl is discovered murdered.
1.05 AM 2/6. Drama. (S2)
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Nijinsky's Triple Crown**
6.05 **Magnum, PI**
8.05 **The Saint**
9.10 **Boon**
10.10 **River Monsters**
10.40 **The Sweeney**
11.45 **BattleBots**
12.50 PM **Magnum, PI**
2.50 **The Saint**
3.55 **Boon**
4.55 **The Sweeney**
6.00 **Minder** *For a Few Dollars More:* Arthur and Ray's dreams of riches Down Under fall apart.

6.00 Minder

7.00 **American Pickers** After suffering from slow sales, Mike Wolfe and Frank Fritz are led to a heavily overgrown property.

8.00 **The Motorbike Show** Henry Cole goes on a ride through Snowdonia to meet round-the-world biker Steph Jeavons.

9.00 FILM **Red Heat** Action thriller starring Arnold Schwarzenegger and James Belushi. A tough Soviet policeman and a wisecracking Chicago cop team up to track down a ruthless drug dealer. (1988, 18, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Star Trek: Strange New Worlds** 1/10. Sci-fi prequel starring Anson Mount. (S1)
12.10 AM **Lost** 1/24. The survivors enter the hatch. (S2)
1.00 **Motorsport UK**
2.00 **BattleBots**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Landward**
3.30 **Sign Zone: Beechgrove Garden**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **The Great Food Guys**
8.00 **The Harbour**
9.00 NEW SERIES **The Agency: Unfiltered** 1/6. An accusation against one of the candidates shakes everyone. **9.30** New edition 2/6. Kirsten and Amy film a wedding in Ibiza.
10.00 **Two Doors Down** 6/6. Michelle and Alan host a housewarming party. (S4)
10.30 **Surgeons: At the Edge of Life** A surgeon has one chance to tackle a life-threatening tumour.
11.30 PM **to 12.00** M'T **Scotcast** Scotland's biggest news stories.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S10)
9.00 **Sort Of** 3&4/8. (S2)
10.00 **Avenue 5** 5&6/8. (S2)
11.15 **Will & Grace** (S4)
12.15 PM **Upright** 7&8/8. (S2)
1.25 **Avenue 5** 5&6/8. (S2)
2.30 **Will & Grace** (S3)
3.30 **Upright** 7&8/8. (S2)
4.45 **Community** (S3)
5.45 **Will & Grace** (S4)
6.45 **The Office (US)** (S9)
8.00 **Resident Alien** 8/8. Harry and Asta team up with an unlikely ally. (S3)
9.00 **Real Time with Bill Maher** New edition
10.10 NEW SERIES **The Office Movers** 1/8. It's the start of a new work season. **10.40** New episode 2/8. Ricky's recklessness jeopardises Shazam's Telegen deal. (S2)
11.10 **John Kearns: The Varnishing Days**
12.20 AM **Avenue 5** (S1&2)
1.30 **Resident Alien** (S3)
2.30 **Community** (S3)
3.30 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Darbar Festival 2024**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering:**
12.00 NOON **Classic Movies: The Story of The Third Man** Documentary.
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Discovering**
5.00 **Portrait Artist 2019**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Painting Birds with Jim and Nancy Moir: Kids Special**
9.00 **André Rieu: World Tour**
10.00 **André Rieu: Live in Dublin**
11.45 **Classic FM Live**
1.45 AM **Matisse: The Last Masterpiece**
3.00 **The Pilgrimage of Gilbert & George**
5.00 **to 6.00** AM **Classic Movies: The Story of The Third Man**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 14/26. (S4)
5.00 **Stargate SG-1** (S6)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: The Next Generation** 19/26. (S3)
8.00 **Star Trek: Voyager** *Tuvix:* 24/26. Tuvok and Neelix merge into a composite being. (S2)
9.00 **FBI: Most Wanted** (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S4)
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Celebrity Catchphrase** Quiz.
2.00 **Tenable** Warwick Davis hosts the quiz show as five friends take part.
3.00 **The Celebrity Chase** Bradley Walsh hosts a celebrity version of the general knowledge quiz.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Celebrity Chase** Bradley Walsh hosts a celebrity version of the general knowledge quiz.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **American Pickers**
11.00 **Narrow Escapes**
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **Chateau DIY: Australia**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **George Clarke's Amazing Spaces**
8.00 **George Clarke's Beautiful Builds** A couple renovate their awkward abode in Greater Manchester.
9.00 **Grand Designs** A couple building a Viking-inspired home in the Surrey Hills.
10.00 **First Dates**
11.05 **24 Hours in A&E**
12.10 AM **Celebrity Gogglebox**
1.15 FILM **Boiling Point** Drama starring Stephen Graham. (2021, 15, 92min) ★★★★
3.10 **Emergency**
4.10 **to 5.10** AM **24 Hours in A&E**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **Primeval** 5&6/7. (S2)
4.00 **Stargate SG-1** 8/22. The Goa'uld capture the team. (S6)
5.00 **Star Trek: Voyager** 6/26. Fifteen years after *Voyager* crashed, Chakotay tries to change the past. (S5)
6.00 **Star Trek: Enterprise** 3/26. The ship becomes trapped in a Romulan minefield. (S2)

2.00 Primeval

7.00 **Stargate Atlantis** *Aurora:* 9/20. The crew find an ancient race of people who are frozen in suspended animation. (S2)
8.00 **Stargate SG-1** *The Other Guys:* 8/22. The Goa'uld capture the team members while at an archaeological dig. (S6)
9.00 **Grimm** *The Grimm Who Stole Christmas:* 7/22. Three Wesen wreak havoc during the 12 days of the festive season. (S4)
10.00 **The Walking Dead** *Consumed:* 6/16. Daryl and Carol go in search of Beth and her kidnappers. (S5)
11.00 **Westworld** 1/8. Seven years after the demise of Rehoboam, events are set in motion that reunite allies and enemies. (S4)
12.00 M'T **Primeval** 3/7. The team's anomaly detector fails. (S2)
1.00 AM **Primeval** 4&5/7. (S2)
3.00 **The Walking Dead** (S5)
4.00 **Westworld** 1/8. (S4)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S2)
9.00 **Father Brown**
10.00 **The Mentalist** 1/24. (S4)
11.00 **Hudson & Rex** 10/16. (S4)
12.00 NOON **Unforgettable** (S2)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S2)
4.00 **The Mentalist** 1/24. (S4)
5.00 **Hudson & Rex** 10/16. A raw diamond is uncover a dark secret at Helmsley House.
6.00 **Father Brown** *The Tower of Lost Souls:* Efforts are made to uncover a dark secret at Helmsley House.

9.00 Return to Paradise

7.00 **Unforgettable** *Maps and Legends:* 7/13. Carrie investigates the death of an urban explorer in New York City. (S2)
8.00 **Death in Paradise** *Murder on the Day of the Dead:* 5/8. A man gets a strange voicemail from his wife. (S7)
9.00 **Return to Paradise** *Curl Up and Dye:* 3/6. A hairdresser is found strangled in her locked salon with no evidence of a break-in. (S1)
10.20 **Death in Paradise** *Fake or Fortune:* 6/9. Neville probes a concert pianist's murder. (S10)
11.40 **Death in Paradise** 5/8. (S7)
1.00 AM **Hudson & Rex** (S4)
1.55 **Murdoch Mysteries** 2/13. An investigator arrives from Scotland Yard on the trail of serial killer Jack the Ripper. (S2)
2.45 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.45 AM **Highlights**
9.15 **The Green Green Grass**
9.55 **Are You Being Served?**
10.30 **Last of the Summer Wine**
11.50 **Porridge**
12.30 PM **Keeping Up Appearances**
1.05 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Ever Decreasing Circles**
3.00 **Are You Being Served?**
3.40 **Red Dwarf**
4.55 **Dad's Army**
5.30 **Last of the Summer Wine**
6.50 **Keeping Up Appearances**

5.30 Last of the Summer Wine

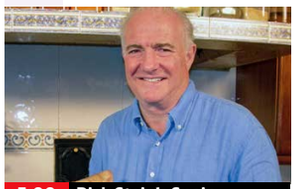
7.30 **Dad's Army** A secret weapon goes haywire and threatens Walmington-on-Sea.
8.05 **Red Dwarf** Kryten discovers a mutated photo-developing fluid. **8.40** Kryten discovers his expiry date is less than 24 hours away.
9.20 **Not Going Out** Lee feels stressed after agreeing to give Kate driving lessons, so he tries out yoga.
10.00 **Red Dwarf** Kryten falls in love with Camille. **10.35** The crew discover a miraculous machine.
11.15 **Harry Enfield and Chums**
11.55 **Not Going Out** As 9.20pm.
12.30 AM **Men Behaving Badly**
1.05 **Harry Enfield and Chums**
1.45 **Men Behaving Badly**
2.25 **Ghosts**
2.55 **Hi-de-Hi!**
3.25 **to 4.00** AM **Ever Decreasing Circles**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.30 AM **Pointless** Quiz show.
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's Spain**
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** From Enniskillen.
3.00 **Simon Reeve's South America**
4.00 **The Hairy Bikers' Asian Adventure** From Kyoto.
5.00 **Rick Stein's Spain** The chef embarks on a culinary tour, beginning in Galicia. **6.00** The chef travels toward the Mediterranean coast.


5.00 Rick Stein's Spain

7.00 **Mortimer & Whitehouse: Gone Fishing** The duo visit Enniskillen to fish for pike.
7.35 **Would I Lie to You?** With Bob Mortimer, Samantha Morton, Miles Jupp and Sarah Hadland. **8.20** Guests include Sara Barron, the Rev Kate Bottley and Ed Gamble.
9.00 **Have I Got a Bit More News for You** Martin Clunes hosts the quiz, with guests Lyse Doucet and Chloe Petts.
10.00 **QI XL** Stephen Fry hosts the quiz show, with Katy Brand, Sue Perkins, David Mitchell and Alan Davies.
11.00 **8 Out of 10 Cats Best Bits**
11.50 **Mock the Week** With Maisie Adam and Milton Jones.
12.30 AM **Would I Lie to You?**
1.50 **QI XL** With Sandi Toksvig, Bill Bailey and Susan Calman.
2.50 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Classic Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Tenko**
3.20 **Pie in the Sky**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** The trio meet a mystic. **6.40** A sighting of Nora Batty's new legwear proves too much for Compo.

8.00 The Brokenwood Mysteries

7.20 **Last of the Summer Wine** As preparations get under way for Compo's funeral, Clegg is given a letter written by the rascal.
8.00 **The Brokenwood Mysteries** New episode *No Return Ticket:* 4/6. The grand reopening of a vintage railway in Brokenwood comes to a halt when a bride is found dead on the tracks on her wedding day. (S12)
10.00 **New Tricks** *Into the Woods:* The detectives investigate why five years earlier, a man vanished during his morning run.
11.20 **Silent Witness** *Lost:* A preserved female body is found buried in a Sheffield peat moor, and Leo suspects there is a link to a serial killer.
1.40 AM **Lovejoy** As 4.20pm.
2.25 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

Monday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 12–14/24. (S16)
12.05 PM **Law & Order**
6.00 **NCIS** *Going Mobile:* 3/20. The body of a marine lieutenant is found hidden under a lorry. **7.00** *Someone Else's Shoes:* 4/20. The team investigate attacks on homeless veterans. **8.00** *Wide Awake:* 5/20. The team investigate a US Marine corporal after evidence suggests she killed her neighbour. (S17)
9.00 **NCIS: Hawaii** New episode *Crash And Burn:* 2/10. The team search for the escaped convicts of the crashed prisoner transport plane. (S3)
10.00 **Law & Order: Special Victims Unit** (S11&10)
1.50 AM **Blue Bloods** (S11)
2.45 **to 3.50** AM **Criminal Minds: Evolution**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Barnsley Hospital faces a record-breaking number of patients.
9.00 **Ambulance: Code Red** A tree surgeon impales himself on metal railings.
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Traffic Cops**
10.35 **Police Interceptors**
12.30 PM **FILM The Cimarron Kid** Western with Audie Murphy. (1951, U) ★★
2.15 **FILM Man without a Star** Western. (1955, PG, 89min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** A driver rams a police car.
9.00 **Police Interceptors: Taking Down the Shoplifting Gangs** Two brothers on a shoplifting campaign.
10.00 **Highway Thru Hell**
11.00 **The X-Files** 22/24. (S3)
12.00 M'T **Seconds from Death: Caught on Camera** Documentary.
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Antiques Road Trip**
3.00 **Tipping Point**
4.00 **The Supervet: Noel Fitzpatrick**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete helps rescue six Chihuahuas from the home of a hoarder.
9.00 **999 Rescue Squad** The crew deal with a suspected acid attack on the streets of Bradford. **10.00** A police chase ends with a spectacular crash and five trapped teens in the wreckage.
11.00 **The Supervet**
12.00 M'T **Antiques Road Trip**
1.00 AM **The Gentle Art of Swedish Death Cleaning** Documentary.
2.05 **to 3.00** AM **Aaron Hernandez Uncovered**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Our Guy in India**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow** Fiona Bruce and the team visit Tatton Park.
7.00 **Canal Boat Diaries** New edition Robbie struggles with constant challenges on the Rochdale Canal. **8.00** Series finale Robbie examines a UFO legend in Todmorden.
9.00 **Operation Gold Rush with Dan Snow** The team mine for gold using 19th-century methods.
10.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Our Guy in India**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In Boca Raton.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **The Yorkshire Auction House** A couple of *Sherlock Holmes* fans sell costumes and books.
8.00 **Antiques Road Trip** Raj Bisram and Irita Marriott start in north Wales.
9.00 **The Yorkshire Auction House** A widower sells nautical treasures. **10.00** A widow discovers her late husband's collection.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

MONDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Hart to Hart** (S1)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 8&9/24. (S8)
1.00 PM **The Waltons** (S1)
4.00 **Little House on the Prairie** 10&11/24. (S8)
6.00 **Ballykissangel** (S4)
7.00 **M*A*S*H** 8/24. Father Mulcahy presides over a circumcision. **7.30** 9/24. Frank declares the 4077th a dry camp. **8.00** 10/24. The nurses are evacuated. **8.30** 11/24. Hawkeye improves his diet. **9.00** 12/24. The 4077th lose a corpse. **9.30** 13/24. Radar is bitten by a dog. (S3)
10.00 **M*A*S*H** (S3)
1.00 **Rising Damp** 3/8. (S2)
1.30 **Man About the House**
2.00 **Air Rescue** Double bill.
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **FILM Rage at Dawn** Western adventure. (1955, U, 87min) ★★
11.00 **Tombstone Territory**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **Wanted: Dead or Alive** 1/36. (S1)
2.30 **FILM Captain from Castile** Adventure. (1947, b/w, U, 140min) ★★★
5.30 **Monuments Men**
6.30 **FILM Bunraku** Fantasy. (2010, 15, 119min) ★★★
9.00 **FILM Judge Dredd** Sci-fi action thriller with Sylvester Stallone. (1995, 15, 95min) ★★
11.05 **FILM Contract to Kill** Action adventure. (2016, 15, 90min) ★★
1.05 AM **Dragon Ball Super**
2.05 **Coast Guard Alaska**
3.05 **FILM Asteroid: Final Impact** Disaster thriller. (2015, PG, 86min) ★
4.30 **Coast Guard Alaska**
5.25 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **FILM Garage Sale Mysteries: The Beach Murders** (2017, PG) ★★
10.05 **In Plain Sight** 9/12. (S1)
11.05 **Castle** 3/24. (S3)
12.05 PM **FILM An Aurora Teagarden Mystery: A Game of Cat and Mouse** (2019, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 4/24. (S3)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 10/12. (S1)
10.00 **FILM Ruby Herring Mysteries: Her Last Breath** Crime thriller. (2019, PG, 84min) ★★
11.55 **FILM Aurora Teagarden Mysteries: How to Con a Con** (2020, PG) ★★
1.50 AM **FILM Grandma Dearest** Crime thriller. (2020, PG, 87min) ★★
3.20 **to 5.00** AM **FILM Amber Alert** Thriller. (2016, PG, 90min) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM **FILM Snowbound for Christmas** Drama. (2019, PG, 93min) ★★
10.10 **FILM The Christmas Chalet** (2019, PG) ★★
12.10 PM **FILM A Winter Princess** (2019) ★★
2.00 **FILM Christmas at Graceland** (2018) ★★
3.55 **FILM Christmas at Graceland: Home for the Holidays** Comedy. (2019, U, 84min) ★★
5.50 **FILM A Song for Christmas** Festive drama. (2017, PG, 90min) ★★
7.50 **FILM Our Christmas Love Song** Comedy. (2019, U, 100min) ★★
9.40 **FILM Dancing Through Christmas** Drama. (2021, PG, 90min) ★★
11.45 **FILM Memories of Christmas** Drama. (2018, PG, 90min) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas at Graceland**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Garden Rescue Revisited** As 8.00pm.
1.00 PM **Our Dream Farm**
2.00 **Highland Fling**
3.00 **New Home DIY**
4.00 **The Greatest Auction**
5.00 **Celebrity Coach Trip**
6.00 **Love Your Garden**
7.00 **LumoTV: DeSign**
7.30 **New Home DIY**
8.00 **Garden Rescue Revisited** In Fareham, Leicester and Shefford.
9.00 **Our Dream Farm with Matt Baker** One pair of hopefuls spend a night in the farmhouse.
10.00 **LumoTV: DeSign**
10.30 **FILM Strip Poker** Thriller. (1968, 18, 80min) ★★
12.00 M'T **FILM House of Whipcord** Horror. (1974, 18, 101min) ★★
2.00 AM **FILM Girl on a Motorcycle** Drama. (1968, 15, 91min) ★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **Doctor at Large** (S1)
10.30 **Two's Company** (S2)
11.00 **The Fenn Street Gang**
11.30 **Agony** 3/7. (S2)
12.00 NOON **Randall and...**
1.00 PM **The Lovers** (S2)
1.30 **The Dustbinmen** (S2)
2.00 **Father Brown**
3.00 **Rewind Time Machine**
3.05 **Hank the Cowboy**
3.20 **Rewind Time Machine**
3.25 **Boon** 6/13. (S3)
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S2)
6.30 **Only When I Laugh**
7.00 **Two's Company** (S2)
7.30 **Doctor at Large** (S1)
8.00 **Randall and Hopkirk (Deceased)** 8/26. (S1)
9.00 **Drop the Dead Donkey**
10.00 **FILM Come Play with Me** (1977, 18) ★★
12.00 M'T **FILM Secrets of Sex** (1970, 18) ★★
1.50 AM **Stereo Underground**
2.45 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **The Snake Catcher**
10.00 **Deadliest Catch**
12.00 NOON **Curse of the Bermuda Triangle**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Sig ventures to waters he hasn't fished in 17 years. **8.00** The work of Alaskan crab fisherman.
9.00 **Crikey! It's the Irwins** A pregnant Bindi continues to work saving animals at the Wildlife Hospital.
10.00 **The Zoo** Documentary.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **River Cottage Road Trip** From Yorkshire.
7.00 **Classic Mary Berry**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Be My Guest with Ina Garten** Salmon burgers.
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin's Great British Adventure**
2.00 **James Martin: Sweet**
3.00 **Classic Mary Berry**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Be My Guest with Ina Garten** Nathan Lane.
7.00 **Great British Bake Off**
8.30 **Rachel Allen: Bake!** The Irish chef makes poppy-seed cake.
9.00 **James Martin's Spanish Adventure** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 18/24. (S8)
9.00 **T.J. Hooker** 12/23. (S4)
10.00 **Babylon 5** 5/23. (S1)
11.00 **FILM Earthstorm** Sci-fi action drama. (2006, PG, 90min) ★★
1.00 PM **FILM Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
3.00 **FILM The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
5.00 **Star Trek** 22/26. (S2)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 6/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Survivor** Thriller starring Milla Jovovich. (2015, 12, 96min) ★★
11.00 **FILM Lawless** Drama with Shia LaBeouf. (2012, 18, 111min) ★★★★
1.20 AM **FILM Unthinkable** Psychological thriller. (2010, 18, 97min) ★★★
3.15 **to 5.00** AM **FILM The Trust** (2016, 15) ★★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **Jules Verne's Mysterious Island**
11.00 **Andromeda** 19/22. (S2)
12.00 NOON **FILM Tornado Warning** Action thriller. (2012, PG, 90min) ★★
2.00 PM **FILM Collision Earth** Sci-fi thriller. (2011, 12, 95min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
7.00 **Andromeda** (S2)
8.00 **The A-Team** 7/14. (S1)
9.00 **FILM The Way of the Gun** Crime thriller starring Ryan Phillippe. (2000, 18, 119min) ★★
11.30 **FILM London Heist** Gangster thriller starring Craig Fairbrass. (2016, 15, 95min) ★★
1.30 AM **FILM Fugitives** Thriller. (2015, 15) ★★
3.20 **FILM Island of Terror** Horror. (1966, PG) ★★★
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.45 **Pawn Stars**
7.30 **Money for Nothing**
8.25 **Junk & Disorderly**
9.20 **Storage Hunters**
1.05 PM **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Money for Nothing**
4.05 **Ancient Aliens**
5.00 **Craig Charles: UFO Conspiracies**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **History's Greatest Mysteries** Double bill.
11.00 **Hazardous History with Henry Winkler** Risky household products.
12.00 M'T **Discovered by Disaster** A shipwreck.
1.00 AM **Craig Charles: UFO Conspiracies**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Yorkshire Great and Small with Dan and Helen** Yorkshire Wolds.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo** Crime drama.
4.30 **Around the World by Train with Tony Robinson** The Himalayan Mountain Railway.
5.00 **World's Most Scenic Railway Journeys**
6.00 **Drain the Oceans**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Spain with Michael Portillo** In Andalucia.
10.00 **An Unsuitable Job for a Woman** 1/6. (S1)
11.05 **I Escaped a Murderer**
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Yorkshire Great and...**
3.00 **World's Most Scenic Railway Journeys**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **Crystal Maze**
1.00 PM **Dale's Supermarket Sweep** Game show.
2.00 **The Chase** Quiz show.
3.00 **Celebrity Catchphrase**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** With Alex Scott, Michael Parr, Bill Turnbull and Jennifer Metcalfe.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Alex Horne, Dani Harmer, Eddie Hall and Chemmy Alcott.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Georgie and Mandy's First Marriage**
8.00 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Georgie and Mandy's First Marriage**
3.00 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the series, including at: **7.30** 2/24. Sheldon tries to extend his lifespan. **8.00** 3/24. Sheldon looks for an alternative to human companionship. **8.30** 4/24. Howard attempts to win back Bernadette. (S4)
9.00 **Mock the Week: Summer Specials**
10.00 **FILM Blades of Glory** Slapstick sports comedy. (2007, 12, 93min) ★★★
12.00 M'T **Mike & Molly**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends** (S3&5)
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 8-13/25. (S5)
1.00 PM **Friends** (S7&8)
9.00 **Michael McIntyre: Showtime** Stand-up.
10.00 **Impractical Jokers: Couples Therapy** New edtion Sal and Murr air out their dirty laundry.
10.30 **Impractical Jokers: Recut Gems** New edition
11.00 **Utopia** New episode 4/8. Nat is infuriated by her new assistant. (S5)
11.35 **Whose Line Is It Anyway? USA**
12.35 AM **Most Ridiculous**
1.35 **South Park** (S1&2)
2.35 **Fat Chat with Desiree Burch** With Evelyn Mok.
2.45 **Jack Dee Live at the Apollo** Stand-up.
3.30 **Alan Carr Live: Spexy Beast** Stand-up show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 6&7/25. (S5)
6.50 **Modern Horror Stories**
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** Variety show.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** Four episodes.
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 4/8. (S1)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's Big Show** With AJ Odudu.
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** Four episodes of the series, including at: **8.30** 11/25. Ray tries to bribe Debra. (S5)
9.00 **Friends** (S3,5&7)
2.00 **Michael McIntyre's Big Show** Variety show.
3.00 **Most Ridiculous**
3.45 **New Girl** 3-6/25. (S2)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 6/7. (S3)
10.50 **Steptoe and Son** (S4)
11.25 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.30 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 12/13. Drama. (S1)
2.40 **Minder** 5/11. (S1)
3.45 **Whatever Happened...**
4.20 **Man About the House**
4.55 **Bread** 6/7. (S3)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 5/6. (S4)
6.40 **Steptoe and Son** (S5)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 6/8. (S6)
9.00 **Benidorm** 5/9. (S10)
9.55 **Shameless** 2/7. (S1)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.05 AM **Benidorm** (S10)
1.00 **Minder** 1/11. (S1)
2.00 **Duty Free** 7/7. (S3)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.00 **Bar Rescue**
1.00 PM **Catfish: TV Show**
2.00 **Catfish: Troublemakers**
3.00 **Catfish: The TV Show**
4.00 **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!**
7.00 **Beauty and the Geek Australia** Reality series.
9.00 **Bar Rescue** New edition Jon Taffer helps a bar owner in Wisconsin.
10.00 **Tattoo Fixers** A Norwich City FC tattoo creates a challenge.
11.00 **Geordie Shore Turns 21!** Vicki and Ricci go their separate ways.
12.00 M'T **Ridiculousness**
1.00 **Ink Master**
2.00 **Help I Sexted My Boss**
2.45 **Caught in the Act: Double Life**
3.35 **to 4.00** AM **Queerpiphany**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush: White Water**
11.00 **Scrapyard Dynasty**
1.00 PM **Crikey! It's the Irwins**
3.00 **How Do They Do It?** How pizza is made on the frontline. **3.30** Making modern violins. **4.00** Building super-yachts. **4.30** How London Underground signs are made.
5.00 **The Last Alaskans** Heimo is still in search of a moose. **6.00** Heimo and Edna say goodbye to their oldest cabin.

7.00 Wheeler Dealers World...

7.00 **Wheeler Dealers World Tour** Mike and Elvis travel to Turin and set about trying to rescue a rundown Fiat Barchetta.

8.00 **The Woodland Workshop** Ella and Rich tackle a hedgehog-themed birdbath that is a tribute to Brian May.

9.00 **Maine Cabin Masters** Chase Morrill and his crew renovate a historic shack in Bunganuc Creek.

10.00 **Expedition X** The mystery of a swamp monster that has terrorised a small town for over a century.

11.00 **Expedition X** Heather and Phil's quest takes them deep into the wilderness.
12.00 M'T **Wild & Weird America**
1.00 AM **Maine Cabin Masters** Renovating a historic shack.
2.00 **Expedition X** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Preposterous Pets**
10.00 **Tanked** An octopus tank.
11.00 **Animal Cops Phoenix**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A cat's uncontrollable spraying. **4.00** A cat who is holding all the female felines hostage.
5.00 **Lone Star Law**
6.00 **Dr Jeff: Rocky Mountain Vet** A dog goes into cardiac arrest after arriving at the clinic.

11.00 Mountain Monsters

7.00 **Treehouse Masters** Pete and crew channel Frank Lloyd Wright for a triple-decker treehouse by Lake Barkley in Kentucky.

8.00 **Ninja Sharks** When fish huddle together for protection, a hungry shark needs to get creative to catch food.

9.00 **Alaska: The Last Frontier** Otto and Charlotte defend against the homestead's first predator attacks.

10.00 **Alaskan Bush People** Billy makes a decision that could change everyone's lives forever.

11.00 **Mountain Monsters**
12.00 M'T **Alaska: Homestead Rescue** A homestead in Hawaii destroyed by lava.
1.00 AM **100 Days Wild**
2.00 **Treehouse Masters: Out on a Limb** An Alpine-style build.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation: Special Report** Double bill.
10.00 **Colossal Machines**
11.00 **Car S.O.S** A MINI Mayfair.
12.00 NOON **Seconds from Disaster**
1.00 PM **Air Crash Investigation**
2.00 **Nazi Megastructures: Battle Ready** Documentary.
3.00 **Engineering by Catastrophe**
4.00 **Best of the World with Antoni Porowski** New edition Mexico City's travel experiences.
5.00 **Inside Sydney Airport**
6.00 **Hitler's Last Stand: Seize and Hold** Documentary.

10.00 To Catch a Smuggler

7.00 **Air Crash Investigation** Investigating find the cause of a collision between a passenger plane and a small private aircraft.

8.00 **Amsterdam Central 24/7** New edition Menno and Baran are busy dealing with many unwell and aggressive visitors.

9.00 **Air Crash Investigation** A terror attack is suspected when a plane explodes after taking off from New York.

10.00 **To Catch a Smuggler** New edition Officers seize looted treasures and crack down on wildlife trafficking crimes.

11.00 **Air Crash Investigation**
12.00 M'T **Toronto Airport Uncovered** Documentary.
1.00 AM **Inside the CIA**
2.00 **Car S.O.S** A Ford Mondeo.
2.55 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Hardcore Pawn**
9.15 **Pawn Stars** A Fiat Microcar.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Secrets Declassified with David Duchovny**
2.00 **Digging for Britain** Four editions, including at: **5.00** Archaeological digs in the west of Britain.
6.00 **American Pickers** In Illinois, Robbie and Jersey get exclusive access to a former race car driver's stockpile.

9.00 Secrets Declassified

7.00 **Forged in Fire** Two smiths fashion one of the most widely used and dangerous medieval weapons – the Falchion.

8.00 **Secrets in the Ice** How and why humans have become frozen in time, featuring a frozen lake filled with human remains.

9.00 **Secrets Declassified with David Duchovny** New edition Investigating evidence from recently declassified files.

10.00 **The Proof Is Out There: Unexplained Edition** New edition Examining three claims, including Bigfoot in Florida.

11.00 **What on Earth?**
12.00 M'T **Digging for Britain**
2.00 AM **World War II with Tom Hanks** New editions The actor explores Operation Torch. **3.00** A group of academics work to crack Germany's unbreakable Enigma Code.
4.00 **Secrets Declassified with David Duchovny** As 9.00pm.
5.00 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Robert De Niro**
8.00 **The Directors** Phillip Noyce.
9.00 **Shaq** Documentary.
10.05 **The Good Fight Club**
11.00 **Seve** The story of golfer Severiano Ballesteros.
1.00 PM **Alexia: Labor Omnia Vincit** Triple bill of editions.
4.00 **The Directors** The work of film-maker Phillip Noyce.
5.00 **Discovering: Robert De Niro**
6.00 **The Wimbledon Kidnapping** The mysterious disappearance of Muriel McKay in 1969.

5.00 Discovering: Robert De Niro

7 PM **The Wimbledon Kidnapping** (started at 6.00pm)

8 PM **8.00** **FILM Tales of the Grim Sleeper** Documentary about a suspected serial killer in Los Angeles, telling the stories of the victims and examining how the alleged perpetrator was arrested. (2014, 15, 110min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM **10.00** **Kurt Cobain: Montage of Heck** Filmmaker Brett Morgen explores the frontman's childhood, career and tragic death.

12.30 AM **Mr Dynamite: The Rise of James Brown** The career of the singer and producer, charting his journey from his first hit to later chart success.
2.50 **Trees and Other Entanglements** The intertwined lives of people and the trees they love.
5.00 **to 6.00** AM **Discovering: Robert De Niro**

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Shed and Buried: Classic Cars** Henry Cole and Fuzz Townshend find a Model T Ford.
9.00 **Shed and Buried** New editions Double bill of the series unearthing vintage vehicles lying abandoned in Britain's sheds.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Married to Evil**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer Beside Me**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **Judge Rinder's Crime Stories** A woman's anger over a neighbourhood dispute has tragic consequences.
8.00 **Murder on CCTV** The murder of Keith Reed.
9.00 **The Killer in My Family** The case of Steve Wright.
10.00 **Britain's Deadliest Kids**
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** Exploring the story of Evie Adams.
8.00 **UK Crime Files: The Seaside Strangler** Stephen Akinmurele.
9.00 **UK Crime Files: Murder of a Showgirl** Exploring the case of George Shotton, who murdered his wife.
10.00 **Donal MacIntyre's Killer Evidence** A homeless man finds human limbs wrapped in black bin bags.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: The Seaside Strangler**
1.00 AM **UK Crime Files: Murder of a Showgirl**
2.00 **Donal MacIntyre's Killer Evidence**
3.00 **Murder UK**
4.00 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Facebook Killer**
9.55 **UK Crime Files**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Child Killers**
3.00 **UK Crime Files: The Twilight Killers** An incident of matricide.
4.00 **48 Hours** Examining the case of Rhonda Casto.
5.00 **Medical Detectives** Four editions, including at: **6.00** How detectives caught a suspect within 12 hours of the crime. **6.30** Using computer forensics to catch a killer when no fingerprints or hairs are found at the scene of the crime.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Patrol**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **The Forgotten West Memphis Three**
3.45 **How I Caught the Killer**
4.50 **Killer in My Village**
5.55 **Killing Mum and Dad**
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **The Real CSI: Miami**
10.00 **What the Killer Did Next** Michael Ryan.
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil...**
1.00 AM **Killing Mum and Dad** Anmol Chana.
2.00 **Murders That Shocked the Nation**
3.00 **Britain's Most Evil Killers**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Full Steam Ahead**
10.00 **Alexandria: The Greatest City**
11.10 **Cheating Hitler: Surviving the Holocaust**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Full Steam Ahead**
2.55 **Alexandria: The Greatest City**
4.00 **Cheating Hitler: Surviving the Holocaust**
5.55 **Full Steam Ahead**
7.15 **Alexandria: The Greatest City**
8.15 **Cheating Hitler: Surviving the Holocaust** Three Canadian survivors look for clues to unanswered questions.
10.15 **Alexandria: The Greatest City**
11.25 **Grand Tours of the Scottish Islands**
12.00 M'T **to 2.00** AM **Cheating Hitler: Surviving the Holocaust**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Waterworld Africa**
7.00 **Monkey Life** Double bill.
8.00 **Orangutan Jungle School**
9.00 **Arctic Secrets**
10.00 **Gangs of Lemur Island**
11.00 **Africa's Hunters**
12.00 NOON **Secrets of Wild Australia** As 10.00pm.
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle School**
3.00 **Arctic Secrets**
4.00 **Gangs of Lemur Island**
5.00 **Africa's Hunters**
6.00 **Secrets of Wild Australia**
7.00 **Monkey Life** Double bill.
8.00 **Wild Sky** The volatile weather above four different continents.
9.00 **Wild Latin America**
10.00 **Secrets of Wild Australia** The wildlife found in the tropical forests of Australia.
11.00 **Africa's Hunters**
12.00 M'T **Brazil Untamed**
1.00 AM **Waterworld Africa**
2.00 **Wild Sky** As 8.00pm.
3.00 **Wild Latin America**
4.00 **Orangutan Jungle School**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
9.00 **Combat Ships**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Digging for Britain**
6.00 **Combat Ships** Tactics used to pass strategically important ships under the nose of the enemy.
7.00 **Crimes That Shook Britain** The crimes of Bradford serial killer Stephen Griffiths.
8.00 **Life After People** Exploring the impact on buildings if humanity vanished.
9.00 **The Proof Is Out There** An examination of seemingly impossible things, such as a UFO apparently tracking an American fighter plane.
10.00 **History's Most Shocking** Footage of real-life events, including a woman nearly sucked up by a tornado.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Crimes That Shook Britain** As shown at 7.00pm.
2.00 **Digging for Britain**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Alien Highway** Double bill.
1.00 PM **The Dino Hunters**
3.00 **How the Universe Works**
6.00 **How It's Made** Plasma gems and special effects snow. **6.30** How three-wheel electric bikes are manufactured. **7.00** How Wild West holsters are manufactured and water video housings are made. **7.30** Creating garage doors and animatronic dinosaurs. **8.00** The technology behind the manufacture of Grammy awards and bike lights. **8.30** The technology behind the manufacture of apple cider.
9.00 **How the Universe Works** New discoveries surrounding dark matter and energy. **10.00** How new discoveries reveal NASA's Cassini spacecraft's secrets.
11.00 **NASA's Unexplained Files**
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Green Eyed Killers**
8.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam** Documentary.
11.00 **Judge Rinder** Triple bill.
2.00 PM **NEW SERIES Green Eyed Killers** A look at what happens when jealousy turns deadly.
3.00 **Green Eyed Killers** Triple bill.
6.00 **On the Case with Paula Zahn**
7.00 **The First 48** True-crime.
8.00 **Green Eyed Killers**
9.00 **Rob Rinder: The Crime I Can't Forget** The former barrister revisits a haunting case.
10.00 **Look What You Made Me Do**
11.00 **The Death Investigator with Barbara Butcher**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Real Murders of Atlanta**
2.00 **The Death Investigator with Barbara Butcher** New edition A body buried in the desert.
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Exotic Animal ER**
10.00 **Monster Fish**
11.00 **Savage Kingdom**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Heartland Docs**
3.00 **Shark Men** Documentary.
4.00 **Savage Kingdom**
5.00 **To Catch a Smuggler**
6.00 **Yukon Vet** Dr Oakley meets a dog with a badly infected paw.
7.00 **The Incredible Dr Pol** New edition At Pol Vet, staff race to save beloved pets.
8.00 **The Incredible Dr Pol Compilations** New edition
9.00 **Chimp School** Documentary.
10.00 **Border Protection Spain** Bales of hashish are hidden beneath the waves.
11.00 **To Catch a Smuggler**
12.00 M'T **Trafficked with Mariana Van Zeller**
1.00 AM **Last of the Giants: Wild Fish** Documentary.
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Savage Kingdom**

Discovery History

161/172 147 181

7.00 AM **Tony Robinson's VE Day: Minute by Minute**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Documentary.
1.00 PM **NASA's Unexplained Files**
2.00 **Aliens in Alaska**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Tony Robinson's VE Day: Minute by Minute** The key events that made VE Day such a momentous 24 hours.
9.00 **Paranormal Declassified** Paul Beban examines rumours of a secret US military program.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Train Rescue Down Under**
1.00 PM **Train Rescue Down Under**
5.00 **Whatever Happened to the Likely Lads?** Triple bill.
7.00 **Whatever Happened to the Likely Lads?** 5/14. Bob and Terry show competitive spirit. **7.35** 6/14. Terry carries out home improvements. **8.15** 2/14. Bob becomes increasingly worried about Terry, who seems to have gone off beer and mellowed into a strange state of middle-aged contemplativeness. **9.00** 3/14. Bob becomes disheartened by some of the responsibilities of married life. **9.35** 4/14. Bob is arrested for drink-driving after going out for dinner with Thelma. **10.20** 5/14. Bob and Terry challenge each other to a cross-country cycle race. (S2)
11.00 **Whatever Happened to the Likely Lads?** Sitcom.
5.35 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Evil Stepmothers**
12.00 NOON **Dead of Night**
1.00 PM **American Monster**
3.00 **Murder in the Heartland**
7.00 **The Big Swindle** A photograph raises suspicions around a lifesaving cancer fundraiser. **8.00** Police uncover the crimes of scammer Rajesh Ghedia.
9.00 **Faking It: Tears of a Crime** Exploring the cases of John Tanner, who took part in a police reconstruction when his fiancée vanished, and Paul Dyson whose TV plea for his missing lover raised suspicions.
10.00 **American Monster** Ashley's new confidence enrages estranged husband Terry, who stalks her to a secluded lot, ready to reclaim control in the deadliest way.
11.00 **The Exorcism of Roland Doe**
1.00 AM **The Real Murders on Elm Street** Investigators respond to a bloody quadruple homicide.
2.00 **Murder in the Heartland**
4.00 **to 6.00** AM **The Big Swindle**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **G.A.S. Extreme Customs**
2.00 **Ant Anstead: Born Mechanic**
3.00 **Incredible Engineering Blunders: Fixed**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Iron Resurrection**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Iron Resurrection** Part three of three. The owner of the Whiskey Van changes his plans.
9.00 **Outback Car Hunters** Restoring a Nissan Patrol 4WD.
10.00 **Incredible Engineering Blunders: Fixed**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Iron Resurrection**
1.00 AM **Richard Hammond's Workshop** A 1930s Morris 8.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.15 AM **Sky Cinema Preview**
7.15 **The Plague** Horror thriller. (2025, 15, 98min) ★★★★
9.05 **They Will Kill You** As 4.30pm.
10.50 **The Internship** Thriller. (2026, 15, 87min)
12.40 PM **The Choral** As 8.00pm.
2.40 **Dead Man's Wire** Thriller. (2025, 15, 104min) ★★★★
4.30 **They Will Kill You** Comedy. (2025, 15, 94min) ★★★
6.15 **Fuze** Thriller with Theo James. (2026, 15, 97min) ★★★

8.00 The Choral

8.00 **The Choral** Comedy drama starring Ralph Fiennes, Mark Addy and Emily Fairn. A choral society's male members enlist in World War One, leaving a doctor to recruit teenagers in their place. (2025, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **No Ordinary Heist** Thriller starring Eddie Marsan. Two feuding bank employees are forced to execute a heist after their families are kidnapped. (2026, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Him** Horror. (2025, 18, 96min)
1.30 AM **One Last Deal** Drama. (2026, 18, 89min)
3.05 **Sisu: Road to Revenge** Finnish action sequel. Partly subtitled. (2025, 15, 89min) ★★★★
4.45 **Sky Cinema Preview**
5.15 **to 7.00** AM **Gabby's Dollhouse: The Movie** Comedy. (2025, U, 99min)

Sky Cinema The Hangover

303 303 403 503 517

7.15 AM **The Hangover** As 6.15pm.
9.05 **The Hangover Part II** (2011)
10.55 **The Hangover Part III** (2013)
12.45 PM **The Hangover** As 6.15pm.
2.35 **The Hangover Part II** (2011)
4.25 **The Hangover Part III** (2013)
6.15 **The Hangover** Dark comedy starring Bradley Cooper, Ed Helms and Zach Galifianakis. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. (2009, 15, 99min) ★★★★

9.45 The Hangover Part III

8.00 **The Hangover Part II** Comedy sequel starring Bradley Cooper. A drug-fuelled bachelor party in Bangkok leaves three friends looking for the bride's vanished brother despite memory loss. (2011, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Hangover Part III** Dark comedy sequel starring Bradley Cooper, Ed Helms and Zach Galifianakis. The friends go in search of a Chinese criminal after they are captured by his mobster rival. With Justin Bartha. (2013, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Hangover** As 6.15pm.
1.20 AM **The Hangover Part II** As shown at 8.00pm.
3.10 **The Hangover Part III** As shown at 9.45pm.
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.30 AM **Burning an Illusion** (1981)
9.25 **Terms of Endearment** Drama starring Shirley MacLaine. (1983, 15, 132min) ★★★★★
11.40 **Boyz N the Hood** As 10.15pm.
1.40 PM **A Mistake** Medical drama starring Elizabeth Banks. (2024, 15, 101min) ★★★
3.30 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper. (2018, 15, 136min) ★★★★★
5.55 **Chicago** Musical starring Renée Zellweger and Richard Gere. (2002, 12, 112min) ★★★★
8.00 **About Time** Romantic comedy fantasy starring Domhnall Gleeson. A young man inherits the ability to time-travel into his past. (2013, 12, 120min) ★★★
10.15 **Boyz N the Hood** Drama with Larry Fishburne and Cuba Gooding Jr as a father and son confronting violence and racism in South Central Los Angeles. (1991, 15, 111min) ★★★★★
12.20 AM **Girl You Know It's True** Drama starring Elan Ben Ali. (2023, 15, 124min) ★★★
2.35 **Burning an Illusion** Drama. (1981, 15, 103min) ★★★
4.30 **to 6.25** AM **Chuck Chuck Baby** Drama starring Louise Brealey. (2023, 15, 101min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.45 AM **The Cinema List: Spielberg**
7.05 **Arcadian** As shown at 12.10am.
8.45 **Westworld** Sci-fi thriller. (1973, 15, 89min) ★★★★
10.25 **Flash Gordon** Sci-fi adventure romp. (1980, PG, 115min) ★★★
12.20 PM **The Craft** Horror fantasy. (1996, 15, 101min) ★★★
2.05 **The Crazies** Horror thriller starring Timothy Olyphant. (2010, 15, 101min) ★★★★
3.55 **Pitch Black** Sci-fi horror. (1999, 15, 108min) ★★★★
5.55 **The Chronicles of Riddick** Adventure sequel starring Vin Diesel. (2004, 15, 119min) ★★★
8.00 **Riddick** Sci-fi thriller sequel starring Vin Diesel, Jordi Mollà, Matt Nables and Katee Sackhoff. (2013, 15, 122min) ★★★
10.05 **The Exorcist** Horror chiller starring Max von Sydow. A priest battles to exorcise a powerful demon possessing a young girl. (1973, 18, 121min) ★★★★★
12.10 AM **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
1.50 **Die Alone** Apocalypse drama. (2024, 15, 91min) ★★★★
3.30 **Chappie** Sci-fi thriller with Dev Patel. (2015, 15, 120min) ★★
5.35 **to 6.35** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **MouseHunt** Comedy. (1997, PG, 98min) ★★★★
7.45 **Zoo** Drama. (2018, PG) ★★★
9.25 **Monster Trucks** Adventure. (2016, PG, 104min) ★★★
11.15 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
12.50 PM **Pokemon: Detective Pikachu** (2019, PG) ★★★★
2.40 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
4.30 **Cats & Dogs** (2001, PG) ★★★
6.00 **The Smurfs** (2011, U) ★★

6.00 The Smurfs

7.50 **Karate Kid: Legends** Martial arts drama sequel starring Jackie Chan, Ben Wang, Ralph Macchio and Joshua Jackson. (2025, 12, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan. A chauffeur tries on a secret agent's tuxedo and discovers that it gives the wearer amazing powers. With Jennifer Love Hewitt. (2002, 12, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Free Willy** Adventure starring Jason James Richter and Lori Petty. (1993, U, 112min) ★★★★
1.25 AM **Deep Sea** Animation with the voice of Brian Flaccus. (2023, PG, 112min) ★★★
3.25 **Teen Titans Go! to the Movies** Animated adventure with the voice of Greg Cipes. (2018, PG, 84min) ★★★
5.05 **to 7.15** AM **The Portable Door** Fantasy adventure. (2023, PG, 130min) ★★★

Sky Cinema Action

306 306 407 507 521

7.10 AM **Novocaine** As 2.30am.
9.05 **The Shadow's Edge** (2025)
11.30 **Mr Nice Guy** Action comedy. (1996, 15, 88min) ★★★
1.05 PM **Bad Boys II** Comedy thriller sequel with Will Smith. (2003, 15, 147min) ★★★
3.40 **The Meg** Action thriller. (2018, 12, 113min) ★★★
5.40 **Godzilla** Monster movie remake starring Matthew Broderick and Maria Pitillo. (1998, PG, 139min) ★★★

3.40 The Meg

8.00 **Fuze** Thriller starring Aaron Taylor-Johnson and Gugu Mbatha-Raw. An unexploded bomb is discovered on a construction site in the centre of London, leading to a mass evacuation. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Venom: The Last Dance** Fantasy adventure sequel starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their relationship grows near. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Troy** Drama starring Brad Pitt. (2004, 15, 163min) ★★★
2.30 AM **Olympus Has Fallen** Thriller starring Gerard Butler. (2011, 15, 119min) ★★★
4.30 **The Cinema List: Remakes**
4.45 **to 7.15** AM **The Shadow's Edge** Thriller starring Jackie Chan. (2025, 15, 141min)

Sky Cinema Comedy

308 308 408 508 522

7.30 AM **Blue Moon** Comedy. (2025, 15, 100min) ★★★★
9.20 **Caddyshack** (1980, 15) ★★★
11.10 **Police Academy 2: Their First Assignment** (1985, 12) ★★
12.50 PM **The Wedding Singer** Comedy. (1998, 12) ★★★★
2.40 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★
4.20 **American Pie** Comedy. (1999, 15, 96min) ★★★★
6.10 **American Pie 2** Comedy. (2001, 15, 106min) ★★★

8.00 You've Got Mail

8.00 **You've Got Mail** Romantic comedy starring Tom Hanks and Meg Ryan as two bookshop owners who hate one another in real life but are email lovers in cyberspace. With Parker Posey and Greg Kinnear. (1998, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Two Weeks Notice** Comedy starring Sandra Bullock and Hugh Grant. Opposites attract when a liberal lawyer goes to work for a billionaire property tycoon. (2002, 12, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **'About Last Night...'** Comedy drama. (1986, 18, 113min) ★
1.40 AM **Beetlejuice Beetlejuice** Fantasy comedy sequel. (2024, 12, 105min) ★★★★
3.40 **Seven Psychopaths** Comedy. (2012, 15, 106min) ★★★★
5.35 **to 7.15** AM **Adulthood** Drama. (2025, 15, 97min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.40 AM **Jaws 2** Adventure sequel. (1978, PG, 115min) ★★★
8.40 **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
11.00 **The Firm** John Grisham thriller. (1993, 15, 155min) ★★★
1.40 PM **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★
3.50 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
5.50 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★

5.50 The Perfect Storm

8.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Andy Garcia and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Equalizer** Thriller with Denzel Washington and Chloë Grace Moretz. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of a prostitute. (2014, 15, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **The Equalizer 2** Action thriller sequel starring Denzel Washington and Pedro Pascal. (2018, 15, 121min) ★★★
2.35 **Drop** Thriller with Meghann Fahy. (2025, 15, 95min) ★★★★
4.25 **to 6.35** AM **Juror #2** Thriller. (2024, 12, 113min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Straight Story** Drama. (1999, U, 111min) ★★★★
1.15 PM **The Guns of Fort Petticoat** Western with Audie Murphy. (1958, PG, 82min) ★★
2.55 **The Admirable Crichton** Comedy. (1957, U) ★★★
4.45 **The Ghost and Mrs Muir** Comedy with Gene Tierney. (1947, b/w, U, 104min) ★★★★
6.50 **The Lost City** Adventure. (2022, 12, 112min) ★★★★

6.50 The Lost City

The Lost City (film started at 6.50pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Die Hard** Action thriller starring Bruce Willis and Alan Rickman. A vacationing New York cop tackles a gang of terrorists when they seize control of a tower office block in LA. With Bonnie Bedelia. (1988, 15, 131min) ★★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.40 **Darkman** Fantasy thriller starring Liam Neeson. A scientist left horribly scarred after a brutal attack retreats from the world to begin a new life as a shadowy superhero. (1990, 18, 95min) ★★★ **11 PM**
1.30 **to 3.30** AM **Gagarine** Drama with Alseni Bathily. Subtitled. In French, Romany and Russian. (2020, 12, 98min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema Directors

302 302 402 502 516

6.45 AM **The Cinema List: Spielberg**
7.00 **Presence** As 5.05am.
8.30 **Through a Glass Darkly** Swedish drama. Subtitled. (1959, b/w, 15, 91min) ★★★★
10.05 **Fanny and Alexander** Swedish drama. Subtitled. (1982, 15, 301min) ★★★★★
1.15 PM **Cries and Whispers** Swedish drama. Subtitled. (1972, 18, 106min) ★★★★★

2.50 **The Post** Fact-based drama starring Meryl Streep and Tom Hanks. (2017, 12, 113min) ★★★★
4.50 **The Room Next Door** Drama. (2024, 12, 102min) ★★★★
6.45 **Erin Brockovich** Drama starring Julia Roberts and Albert Finney. (2000, 15, 133min) ★★★★
9.00 **Anora** Romantic comedy starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. (2024, 18, 139min) ★★★★★

11.25 **Caught Stealing** Comedy. (2025, 15, 107min) ★★★★
1.15 AM **Se7en** Thriller starring Brad Pitt. (1995, 18, 127min) ★★★★
3.25 **Black Bag** Espionage thriller. (2024, 15, 94min) ★★★★
5.05 **to 6.35** AM **Presence** Horror. (2024, 15, 84min) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.00 AM **The First Wives Club** Comedy. (1996, PG) ★★★
8.50 **Fools Rush In** Romantic comedy. (1997, 12, 109min) ★★
10.40 **Ferris Bueller's Day Off** Comedy. (1986, 12, 103min) ★★★★
12.25 PM **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
2.05 **Ace Ventura: When Nature Calls** Comedy sequel with Jim Carrey. (1995, PG, 89min) ★★★

3.55 **Annie** Musical starring Albert Finney. (1982, U, 128min) ★★★
6.05 **Kindergarten Cop** Comedy. (1990, 15, 111min) ★★★
8.00 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
9.30 **The Naked Gun 2½: The Smell of Fear** Police comedy sequel starring Leslie Nielsen. (1991, 15, 81min) ★★★
11.00 **The Naked Gun 33⅓: The Final Insult** Spoof comedy sequel. (1994, 12, 83min) ★★★

12.30 AM **Risky Business** Comedy. (1983, 18, 98min) ★★★★
2.10 **The Long Kiss Goodnight** Thriller. (1996, 18) ★★★★
4.15 **The Cinema List: British Women Directors**
4.45 **to 6.45** AM **Gremlins 2: The New Batch** (1990, 12) ★★★

Disney+ Cinema

305 305

6.00 AM **A Bug's Life** Animation. (1998, U, 94min) ★★★★★
7.40 **Pocahontas** Animated adventure. (1995, U, 81min) ★★★
9.05 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
11.25 **Alice in Wonderland** Animated fantasy adventure. (1951, U, 75min) ★★★★

12.45 PM **Up** Animated adventure. (2009, U, 96min) ★★★★★
2.25 **Hannah Montana: The Movie** Teen musical comedy spin-off. (2009, U, 98min) ★★★
4.10 **Big Hero 6** Animated adventure. (2014, PG, 102min) ★★★★
5.50 **WALL-E** Animated adventure. (2008, U, 98min) ★★★★
7.35 **Flubber** Comedy starring Robin Williams. (1997, U, 94min) ★★★
9.00 **Death on the Nile** Mystery with Kenneth Branagh and Gal Gadot. (2021, 12, 127min) ★★★

11.05 **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★
12.40 AM **Spy** Comedy adventure. (2015, 15, 115min) ★★★★
2.40 **The East** Political thriller. (2013, 15, 111min) ★★★★
4.40 **to 6.00** AM **Piglet's Big Movie** Animation. (2003, U) ★★

Movies 24

312 313 419

7.00 AM **Romance with a Twist** Drama. (2024, PG, 84min) ★★
9.00 **The Magic of Lemon Drops** Fantasy. (2024, PG, 84min) ★★
11.00 **Never Too Late to Celebrate** Drama. (2023, PG, 90min) ★★
1.00 PM **My Dreams of You** Drama. (2024, PG, 90min) ★★
3.00 **Return to Office** Romantic drama starring Janel Parrish. (2025, PG, 84min) ★★

5.00 **A Case for the Winemaker** Drama with Candace Cameron Bure. (2024, PG, 90min) ★★
7.00 **Finding Love In Saint Lucia** Drama starring Brooke Burfitt and Philip Boyd. An ornithologist and a journalist partner up to save an endangered bird species in the jungle of Santa Lucia. (2023, PG, 90min) ★★
9.00 **A Whitewater Romance** Drama starring Cindy Busby and Benjamin Hollingsworth. (2024, U, 84min) ★★

11.00 **The Love Issue** Romantic drama. (2023, PG, 85min) ★★
1.00 AM **Write Place, Write Time** Comedy. (2023, PG, 85min) ★★
3.00 **to 5.00** AM **Autumn at Apple Hill** Comedy. (2024, PG) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **The Vise** 9/39. (S1)
6.30 **Look at Life** Documentary.
6.45 **The Cuckoo Patrol** Musical. (1967, b/w, U, 75min) ★★
8.15 **Beat the Devil** Comedy thriller. (1953, b/w, U, 89min) ★★★
10.00 **Z Cars** 10/28. (S9)
11.00 **Inspector Morley Investigates: The False Alibi** Crime drama. (1952, b/w, PG, 82min) ★★
11.30 **Four Star Theatre** 17/19. (S1)

12.00 NOON **Sergeant Cork** (S3)
1.05 PM **Richard the Lionheart**
1.35 **SOS Pacific** Adventure. (1959, b/w, PG, 91min) ★★
3.20 **Carnival in MUnich**
3.35 **The Betrayal** Crime drama. (1957, b/w, 12, 82min) ★★
5.15 **Look at Life** Documentary.
5.30 **The Directors** 4/10. (S2)
6.30 **The Veil** 8/12. (S1)
7.00 **The Footage Detectives**
8.00 **Maigret** 1/4. (S2)
9.50 **Mother Love** 2/4. (S1)
11.00 **The Lawless Years** 4/18. (S1)

11.30 **Piccadilly Third Stop** Thriller. (1960, b/w, PG, 90min) ★★
1.15 AM **Murders in Aigues-Mortes** Thriller. (2015, 15, 87min) ★★
3.15 **Round the Ring**
4.00 **Star Treatment Show**
4.30 **Honey West** 25/30. (S1)
5.00 **to 6.00** AM **Danger UXB**

Monday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report** Featuring a round-up of all the day's World Cup news.
7.00 **World Cup Breakfast** Stories surrounding the World Cup.
10.00 **World Cup Matchday** Analysis and discussion on the latest matches from the World Cup.
3.00 PM **World Cup Matchday** In-depth analysis and discussion.
7.00 **World Cup Show** An essential daily guide to the World Cup.
10.00 **World Cup Report** A round-up of all the day's World Cup news.
1.00 AM **LIVE WNBA** **Dallas Wings v Las Vegas Aces.** Coverage of the Commissioner's Cup match staged at College Park Center in Arlington. Both these teams struggled in this in-season competition last year, despite the Aces ending the campaign as overall WNBA champions. Tip-off **1.00am**.
3.30 **LIVE WNBA** **Golden State Valkyries v Los Angeles Sparks.** Coverage of the Commissioner's Cup match at Chase Center, joining in progress 30 minutes after the tip-off.
5.30 **to 6.00** AM **World Cup Report**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
9.00 **Premier League Highlights**
4.00 PM **Premier League Highlights** Sunderland v Crystal Palace. **4.30** Action from Tottenham Hotspur v West Ham United. **5.00** Action from Wolverhampton Wanderers v Newcastle United. **5.30** Aston Villa v Everton.
6.00 **MNF Hlts** Action from Brighton & Hove Albion v Bournemouth.
6.30 **Premier League Stories** A look at Mauricio Pochettino's Tottenham Hotspur team.
7.00 **Premier League Review** Some of the finest strikes throughout the 2025/26 campaign.
8.00 **Netbusters** Fast-paced highlights using alternative angles.
9.00 **Premier League Review** Action from the 21st round of fixtures.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from 2006/07.
1.00 AM **PL Retro** Leicester City v Manchester United from 2014.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Best PL Goals: Solo Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro** Swansea City v Bradford City in the 2013 final.
8.00 **Best Scottish Premiership Goals 2022/23**
8.30 **Best Scottish Premiership Goals 2023/24**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Cup Highlights**
11.30 **EFL** Archive highlights.
3.00 PM **EFL Greatest Games**
4.00 **EFL Cup Highlights** Action from Arsenal v Man City in this year's final at Wembley Stadium.
5.00 **Best Goals: EFL Cup 25/26**
5.30 **EFL Trophy** Luton Town v Stockport County in the final.
6.00 **SPFL Greatest Games** Motherwell v Hibernian in 2010.
8.00 **SPFL Highlights**
8.45 **SPFL Greatest Games**
9.45 **SPFL Highlights**
11.30 **SPFL Greatest Games**
12.00 M'T **EFL Cup Retro** Arsenal v Manchester City in the 2018 final.
2.00 AM **1983: When Aberdeen Ruled Europe**
3.00 **EFL Greatest Games**
3.30 **Championship Season Review**
5.00 **Best Goals: EFL Cup 23/24**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **ICC Women's World Cup 2017** Archive highlights.
7.00 **ICC Women's World Cup**
8.30 **ICC Women's T20 World Cup – Crowned** With Sophie Devine.
9.00 **Women's T20 World Cup**
12.30 PM **ICC Women's T20 World Cup – Crowned**
1.00 **ICC Women's World Cup**
2.00 **Women's T20 World Cup**
3.00 **ICC Women's World Cup 2017**
3.30 **Women's T20 World Cup**
4.30 **ICC Women's T20 World Cup – Crowned** With Sophie Devine.
5.00 **ICC Women's World Cup**
6.00 **Women's T20 World Cup** Ireland v Scotland at Old Trafford. **6.30** Australia v South Africa.
7.00 **ICC Women's World Cup 2017**
7.30 **Women's T20 World Cup** West Indies v New Zealand. **8.00** England v Sri Lanka staged at Edgbaston in Birmingham.
8.30 **ICC Women's T20 World Cup – Crowned** With Sophie Devine.
9.00 **ICC Women's World Cup**
10.00 **Test Cricket** England v New Zealand in the first Test at Lord's.
3.00 AM **Women's T20 World Cup**
5.30 **to 6.00** AM **ICC Women's T20 World Cup – Crowned**

Sky Sports Golf

406 406 506 423 443

6.00 AM **The Players Championship**
7.00 **The Masters** The final round.
8.30 **PGA Championship Golf**
9.30 **Curtis Cup Golf** The final day.
1.30 PM **PGA Tour Golf**
6.30 **DP World Tour Golf**
7.00 **PGA Tour Golf** Canadian Open.
8.00 **PGA Tour Champions** American Family Insurance Championship.
9.00 **US Open Official Films**
10.00 **PGA Tour Golf** Canadian Open.
11.00 **Rose Ladies Series**
11.30 **HotelPlanner Tour Golf Highlights** The Swiss Challenge.
12.00 M'T **US Open Official Films**
4.00 AM **Golf Academy** Expert tips.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP Tennis** Recent action.
8.00 **WTA Tennis** The WTA S-Hertogenbosch Open final.
10.00 **LIVE WTA & ATP Tennis** Coverage from the ATP Halle Open and the WTA Berlin Open, ATP 500 and WTA 500 events, both of which are grass-court tournaments held in Germany.
6.30 PM **Tennis** Indian Wells Open.
7.00 **ATP Tennis** Stuttgart Open final.
8.00 **Tennis** S-Hertogenbosch Open.
10.00 **WTA All Access**
10.30 **ATP Tour This Week**
11.00 **ATP Tennis** Stuttgart Open final.
12.00 M'T **WTA & ATP Tennis**
3.00 AM **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Stories**
6.30 **Premier League Review**
4.30 PM **Premier League Stories** A look at Mauricio Pochettino's Tottenham Hotspur side.
5.00 **One-Day International Cricket** Bangladesh v Australia: Action from the third ODI in the three-match series at Sher-e-Bangla National Cricket Stadium.
6.00 **LIVE Ultimate Pool** Coverage of the Group 1 matches in the Champions League tournament, as four players compete in a series of round-robin matches to earn a place in the Super 8's.
9.30 **UFC** Another chance to see UFC Freedom 250 held on the South Lawn of the White House.
12.30 AM **UFC Fight Flashback** A look at Jon Jones v Daniel Cormier I.
1.00 **World Superbike Highlights** Action from the seventh round of the season at Misano World Circuit in Emilia-Romagna, Italy.
2.00 **MLB Highlights**
3.00 **to 6.00** AM **LIVE MLB** **Los Angeles Dodgers v Tampa Bay Rays.** Coverage of the inter-league match at Dodger Stadium. Start-time **3.00am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **World Superbikes**
7.30 **UCI Mountain Bike World Series**
10.30 **Women's Cycling Pro Series**
11.30 **Men's Cycling Pro Series**
12.30 PM **Cycling** Action from the men's eighth stage of the Tour Auvergne Rhone Alpes.
1.30 **Men's Cycling Pro Series**
2.30 **Cycling** Copenhagen Sprint.
4.30 **UCI Mountain Bike World Series Women** Recent action.
6.00 **UCI Mountain Bike World Series Men** Recent action.
7.30 **The Gruppetto** Cycling news.
7.45 **TNT Sports Cricket Reload**
8.00 **World Superbike Highlights** Action from the seventh round of the season in Italy.
9.00 **International T20 Cricket Highlights** West Indies v Sri Lanka at Kingston Park, Jamaica.
10.00 **One-Day International Cricket** Action from India v Afghanistan in the first ODI in Dharamshala.
11.00 **One-Day International Cricket** Bangladesh v Australia in Dhaka.
2.00 AM **Longines Global Champions Tour**
3.00 **UEFA Champions League – Stories of the Finals**
5.00 **to 6.00** AM **World Superbikes**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Huddersfield Giants v Leigh Leopards in 2025. **9.00** A replay of Hull Kingston Rovers v St Helens from 2025.
12.00 NOON **Super Bowl LX** Seattle Seahawks v New England Patriots.
1.00 PM **Good Morning Football**
3.00 **NBA Basketball** Los Angeles Lakers v Golden State Warriors.
5.00 **NFL Highlights** Philadelphia Eagles v Los Angeles Rams.
6.00 **NBA Basketball** Memphis Grizzlies v Philadelphia 76ers. **8.00** Action from San Antonio Spurs v New York Knicks.
10.30 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Carolina Panthers v Seattle Seahawks.
12.00 M'T **The Insiders** NFL news.
1.00 AM **LIVE WNBA** **Dallas Wings v Las Vegas Aces.** Coverage of the Commissioner's Cup match at College Park Center in Arlington. Tip-off **1.00am**.
3.30 **LIVE WNBA** **Golden State Valkyries v Los Angeles Sparks.** Coverage of the Commissioner's Cup match at Chase Center, joining in progress 30 minutes after the tip-off.
5.30 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast** Stories surrounding the World Cup.
8.00 **Formula 1** The Australian Grand Prix from Albert Park Circuit.
9.00 **World Cup Breakfast**
10.00 **LIVE WTA & ATP Tennis** Coverage from the ATP Halle Open and the WTA Berlin Open, the ATP 500 and WTA 500 events, both are grass-court tournaments held in Germany.
6.30 PM **World Cup Matchday** In-depth analysis and discussion.
7.00 **World Cup Show** An essential daily guide to the World Cup.
10.00 **World Cup Report** A round-up of all the day's World Cup news.
12.00 M'T **Super League** A chance to see St Helens v Warrington held at The BrewDog Stadium.
2.45 AM **EFL Greatest Games** Arsenal v Manchester City in the 2017/18 EFL Cup final.
3.00 **LIVE WNBA** **Golden State Valkyries v Los Angeles Sparks.** Coverage of the Commissioner's Cup match at Chase Center. Tip-off **3.00am**.
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Formula 1** Action from Spain.
8.00 **Women's ICC World T20 Cricket** Recent highlights.
10.00 **Premier League Darts**
2.00 PM **PL Greatest Games**
3.00 **WTA Tennis** Recent action.
5.00 **Women's T20 World Cup**
6.00 **Formula 1** Action from the Barcelona-Catalunya Grand Prix.
7.00 **Super League** Another chance to see St Helens v Warrington.
9.45 **EFL Greatest Games** Action from the 2018/19 season.
10.00 **Women's T20 World Cup** Action from England v Sri Lanka.
10.30 **HotelPlanner Tour Golf Highlights** The Swiss Challenge.
11.00 **Formula 1** Action from the Barcelona-Catalunya Grand Prix.
12.00 M'T **Premier League Darts** Action from night eight in Berlin.
4.00 AM **PGA Tour Golf**
5.00 **Women's Super League**
5.15 **to 6.00** AM **Super League Highlights**

TNT Sports 3

413 415 523 410 432

6.00 AM **The Gallagher PREM**
8.00 **Premiership Women's Rugby**
10.00 **One-Day International Cricket**
12.00 NOON **Test Cricket Highlights**
1.00 PM **MLB Highlights**
2.00 **TNT Sports Cricket Reload**
2.30 **World Superbikes**
4.00 **Premiership Women's Rugby** Action from the semi-finals.
6.00 **The Gallagher PREM** Action from two play-off matches.
8.00 **Unbreakable: England 2003** A look back at England's Rugby World Cup-winning team of 2003.
9.30 **MLB Highlights** Action from Major League Baseball.
10.30 **FA Cup: The People's Story** The untold stories of the FA Cup.
12.00 M'T **The Emirates FA Cup** Chelsea v Man City in the final.
1.30 AM **The Muddy Roots of Football** Documentary.
2.00 **Premiership Women's Rugby**
4.00 **to 6.00** AM **The Gallagher PREM**

TNT Sports 4

414 416 524 411 434

6.00 AM **Tennis: French Open**
7.00 **AFL** Four match replays.
1.00 PM **AFL** A chance to see Port Adelaide Power v Sydney Swans. **2.30** Richmond v Brisbane Lions. **4.00** St Kilda v GWS Giants.
5.30 **MLB Highlights**
6.30 **UEFA Europa League** Highlights of SC Freiburg v Aston Villa.
7.00 **UEFA Conference League** Highlights from Crystal Palace v Rayo Vallecano in the final.
7.30 **UEFA Champions League** Action from Paris Saint-Germain v Arsenal in the final in Budapest.
8.00 **TNT Sports Cricket Reload**
8.30 **Premier League Stories**
9.00 **Fishing: On the Bank** The Blue Fin Tuna Championship.
10.00 **Women's Cycling Pro Series**
11.00 **Men's Cycling** Highlights.
3.00 AM **Women's Cycling**
4.00 **Women's Giro d'Italia**
5.00 **to 6.00** AM **International T20 Cricket Highlights**

Premier Sports 1

419 APP 528

6.00 AM **Ultimate Karting Championship** Highlights.
9.00 **Mass Participation**
10.00 **Top 14 Rugby Union**
12.00 NOON **Top 14 Rugby Union** Action from a play-off match.
2.00 PM **Sporting Greats**
2.30 **United Rugby Championship** Action from Glasgow Warriors v Bulls in the first semi-final.
4.30 **United Rugby Championship** Another chance to see Leinster v Stormers in the second semi-final.
6.30 **Sporting Greats** Sporting figures discuss their careers.
7.00 **Top 14 Rugby Union** Action from two play-off matches.
11.00 **Sporting Countdowns**
12.00 M'T **Premier Sports Cup** St. Mirren v Celtic in the final.
2.00 AM **Sporting Countdowns**
2.30 **Champions Cup** The final.
4.30 **Sporting Countdowns**
5.00 **to 6.00** AM **FIM Quadcross Championship**

Premier Sports 2

420 APP 529

6.00 AM **Temples of Sport** Sporting venues from around the globe.
6.30 **NASCAR** A chance to see the Great American Getaway 400.
10.30 **Bike World** The latest action from the world of two wheels.
11.00 **NASCAR O'Reilly Series** Action from Pocono Raceway.
2.00 PM **Temples of Sport** Sporting venues from around the globe.
3.00 **EUT20 Belgium** Another chance to see the final of the T20 cricket competition from Stars Arena in Hofstade, Belgium.
7.00 **Temples of Sport** Iconic sporting venues from around the globe.
8.00 **Motorsport** Drew Gibson.
9.00 **NASCAR** A chance to see the Great American Getaway 400.
1.00 AM **Bike World** Action from the high octane world of two wheels.
1.30 **Temples of Sport**
2.00 AM **NASCAR O'Reilly Series** Highlights from Pocono Raceway.
5.00 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** The Barcelona-Catalunya Grand Prix in Spain.
10.30 **Franco Colapinto in Argentina**
10.40 **McLaren Show Run in Miami**
10.50 **Ollie Bearman IV**
11.00 **Formula 1** Barcelona-Catalunya.
1.30 PM **The F1 Show**
2.30 **Formula 1** Barcelona-Catalunya.
3.45 **Naomi Hot Laps with Kimi Antonelli** At the Miami circuit.
4.00 **Formula 1** Barcelona-Catalunya.
6.00 **Ted's Notebook**
6.30 **Charles Leclerc IV3**
6.40 **Franco Colapinto in Argentina**
6.50 **McLaren Show Run in Miami**
7.00 **Formula 1** A chance to see the Barcelona-Catalunya Grand Prix.
9.15 **Ted's Notebook**
9.45 **Naomi Hot Laps with Kimi Antonelli** At the Miami circuit.
10.00 **Ferrari Challenge Europe**
12.00 M'T **Formula 1** From Spain.
1.00 AM **F1 Explained**
2.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

16 June

Planner

Rosa Elettrica

THRILLER Sky Atlantic, 9pm

Italian drama following an undercover agent who is tasked to protect a young Camorra trying to escape his life of crime – an assignment which ultimately puts them both in mortal danger.

The Light in the Hall: Still Waters

DRAMA C4, 9pm (box set, C4 streaming)

In this follow-up to the 2022 series, journalist Caryl Huws (Siân Reese-Williams) unearths the secrets from a 30-year old tragedy which led to local man Rhys Owen (Mark Lewis Jones) being imprisoned for murder – but was he really the one responsible?

Royal Ascot

RACING ITV1 & ITV4, coverage from 1.30pm

The opening day of the race meeting starts with the traditional Royal Procession, with members of the Royal Family arriving in open carriages. Today's races include the Queen Anne Stakes and the King Charles III Stakes.

Women's T20 World Cup

CRICKET Sky Sports Main Event/Cricket & Sky Mix, play starts 6.30pm

As England take on Ireland, the hosts will want to erase memories of Ireland's historic five-wicket victory in 2024, helped in part by Orla Prendergast's 80 runs off just 51 balls.

Tuesday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Football: World Cup – Live: France v Senegal (Kick-off 8.00)					10.15 News; Local News	
	102 BBC2	7.00 Villages by the...	7.30 EastEnders	8.00 Digging for Britain		9.00 Scamanda			10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Changing Ends	8.00 Emmerdale		9.00 Coronation Street		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 The Light in the Hall: Still Waters		10.00 24 Hours in A&E	
	105 5	7.00 A Yorkshire Farm		8.00 Reuben Owen: Life in the Dales		9.00 Little Disasters		10.00 HMP Whitemoor: Evil Behind Bars	
	106 SKY ONE	7.00 The Simpsons		8.00 Best Medicine		9.00 Bear Grylls Is Running Wild		10.00 Film: Final Score	
ENTERTAINMENT	115 BBC3		7.10 Walking with Dinosaurs	8.00 Film: Divergent				10.10 Film: Divergent: Insurgent	
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Keeping Up...	8.30 One Foot in...	9.00 A History of Britain by Simon Schama		10.00 The American Revolution	
	118 ITV2	7.00 The Floor USA		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Ancient Greece by Train with Alice...		10.00 Castle Secrets	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 The Rookie		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.45 The Gilded Age				9.00 Rosa Elettrica			
	110 U&GOLD	‹ 6.50 Keeping Up...	7.30 Dad's Army: The...	8.10 Red Dwarf			9.25 Not Going Out	10.00 Red Dwarf	
	111 U&DAVE	7.00 Mortimer &...	7.40 Would I Lie to You?			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Law & Order: UK	
	120 ITV4	7.00 American Pickers		8.00 World Superbike Highlights		9.00 Ice Road Truckers		10.00 Wrestling: AEW Collision	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Iain Stirling's Roast the Internet		10.00 Mr Bean	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 'Allo 'Allo!				10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Return to Paradise		9.00 Allegiance		10.00 The Hunting Party	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Bill Bailey's Musical Master Crafters...		9.00 I Am Johnny Cash			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 Hashtag Homicide			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour				9.00 Deadliest Catch		10.00 The Last Woodsmen	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Blood Ivory		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Cleopatra's Final Secret			9.30 Egypt's Sun King: Secrets and Treasures		10.30 Lost Tombs of...
	123 SKY HISTORY	7.00 Forged in Fire Armed Forces...		8.00 Modern Marvels: WWII		9.00 World War II with Tom Hanks			
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	114 SKY DOCS	‹ 6.00 I Am Luke Perry		8.00 Becoming Madonna				10.00 I Am Patrick Swayze	

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Doorbell Detectives** Series finale
11.15 **Homes Under the Hammer** New edition From Grimsby. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** New edition In East Yorkshire. (S)
3.45 **Garden Rescue** (S)(R)
4.30 **The Travelling Auctioneers** New edition James Broad and Lauren Wood visit a home over-run with inherited items. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 Football: World Cup

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 LIVE **Football: World Cup** France v Senegal: Gabby Logan presents all the action from the opening match in Group I held at New York/New Jersey Stadium in the USA. These teams famously met in the opening match of the 2002 finals, when Senegal produced one of the great World Cup upsets by prevailing 1-0 against the then-holders thanks to a goal by Papa Bouba Diop. With analysis from Wayne Rooney, Gael Clichy and Olivier Giroud. Kick-off is at 8.00. (S)

10.15 **BBC News** (S)
10.35 **Local News** (S)
10.45 LIVE **Football: World Cup** Iraq v Norway: Kelly Cates presents coverage of both teams' first match in Group I, held at Boston Stadium in the USA. Iraq are making only their second appearance in the finals, with the other coming back in 1986, when they lost all three games in the group stage, while Norway are also without a recent appearance on this stage, having not qualified since 1998. With analysis from Ellen White and Ashley Williams. Kick-off is at 11.00. (S)
1.15 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.20 **to 4.50** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bargain Hunt** New edition (S)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Farm 999** (S)(R)
8.30 **Sign Zone: Lost and Found in the Lakes** The team search for a son's last gift from his late father. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 LIVE **Tennis: Queen's** The HSBC Championships: Coverage of day two of the men's grass-court tournament at Queen's Club, with matches from the first round of the singles competition. (S)
6.00 **Richard Osman's House of Games** With guests Ben Bailey Smith, Robin Ince, Lara Ricote and Helen Skelton. (S)(R)
6.30 **Great Continental Railway Journeys** Michael Portillo travels from Myrdal to Heddal. (S)(R)(AD)

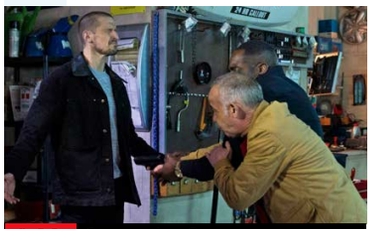
9.00 Scamanda

7.00 **Villages by the Sea** Ben Robinson investigates how St Agnes became world-famous for tin. (S)(R)
7.30 **EastEnders** Walford rallies behind Jack and Denise, while a familiar face returns to the Square. (S)(AD)
8.00 **Digging for Britain** Alice Roberts investigates the best archaeological discoveries of 2018 from the west of the UK, including the biggest maritime excavation since the *Mary Rose*. (S)(R)(AD)
9.00 NEW SERIES **Scamanda** 1/4. Four-part docuseries about mother and blogger Amanda Riley. (S)(AD)
9.40 New edition 2/4. When an investigative reporter digs into Amanda's story, she finds that things aren't adding up. *Previously shown on Disney+*. (S)
■ Entire series on BBC iPlayer
10.20 **It Happened to Me** New edition 4/6. The story of an endurance runner who survived a 2,000ft fall off a jagged mountain ridge. (S)
10.30 **Newsnight** (S)
11.05 **Brexit: A Very British Civil War** Remain's economic scare tactics fail to win over voters. (S)(R)(AD)
12.05 AM FILM **Letter to Brezhnev** Romantic comedy starring Peter Firth and Alexandra Pigg. (S) (1985, 15, 85min) ★★★
1.30 **Sign Zone: Springwatch** (S)(R)
2.30 **Sign Zone: Surgeons – At the Edge of Life** (S)(R)(AD)
3.30 **Sign Zone: Interior Design Masters with Alan Carr** (S)(R)(AD)
4.30 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** Current affairs and lifestyle features. (S)
9.30 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** A mix of celebrity chat, lifestyle features, advice and competitions. (S)
1.00 PM **ITV News** (S)
1.20 **Local News** (S)
1.30 LIVE **Racing: Royal Ascot** Ed Chamberlin and Francesca Cumani present coverage of day one of the festival, including the 2.30 Queen Anne Stakes, plus races at 3.05, 3.40, 4.20, 5.00 and 5.35. With analysis from Jason Weaver and Adele Mulrennan, and commentary by Richard Hoiles and Mark Johnson. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)


9.00 Coronation Street

7.30 **Changing Ends** 1/6. It is 1989 and Alan has been bitten by the love bug, but while literally trying to keep his head above water, he has a chance encounter that leaves him with a decision to make. (S3) (S)(R)(AD)
8.00 **Emmerdale** Cain and Moira are devastated to hear it is highly likely the cancer has spread beyond the prostate, while Caleb pressures Billy into doing a pick-up for their illegal side hustle. (S)(AD)
9.00 **Coronation Street** Tyrone and Ronnie are trapped as Kevin and Carl try to call the shots, while Brody welcomes protection from some formidable females. (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **G'wed** 2/7. Mia-Louise lands a football academy place, but clashes with disciplined team-mate Daisy. (S3) (S)(R)(AD)
11.20 FILM **Taken 3** Action thriller sequel starring Liam Neeson. (S) (AD) (2015, 12, 115min) ★★
1.15 AM LIVE **Football: World Cup** Argentina v Algeria: Laura Woods presents coverage of the Group J match at Kansas City Stadium in the USA. Kick-off is at 2.00. (S)
4.35 **Celebrity Lingo** (S)(R)
5.00 **Unwind with ITV** (S)
5.35 **to 6.00** AM **Fletchers' Family Farm** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 7-9/26. (S8) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 1-4/24. (S8) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A couple look for a holiday home in Crete. (S)(R)
4.00 **Narrow Escapes** New edition Rob and Ade hit radio trouble as they approach the complex locks at Goole. (S)(AD)
5.00 **Chateau DIY** Erin and JB try to finish renovations before the unveiling of their studio. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** The Rodriguez sisters help a couple from Glasgow find their ideal holiday home. (S)(R)

8.00 Bake Off: The Professionals

7.00 **News** (S)
8.00 **Bake Off: The Professionals** New edition 4/10. Ellie Taylor and Liam Charles present as the teams serve up 24 identical citrus tarts and create chocolate fudge showpieces inspired by their childhood hobbies. (S)(AD)
9.00 NEW SERIES **The Light in the Hall: Still Waters** 1/6. Rhys Owen returns home after 20 years in prison, and as protests erupt over a reservoir, Caryl Huws asks questions. *See feature, page 12.* (S2) (S)(AD)
■ Continues tomorrow
10.00 **24 Hours in A&E** The stories of people who changed the course of their lives by taking huge risks, including a consultant who swapped an army career for the frontline of emergency medicine. (S)(R)(AD)
11.05 **24 Hours in A&E** A patient with multiple stab wounds. (S)(R)
12.05 AM **Emergency** (S)(R)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(SL)(R)
1.55 **Free Nelson Mandela** (S)(SL)(R)
2.50 **Dispatches: Hunting the Debt Predators** (S)(SL)(R)(AD)
3.45 **Grand Designs** (S)(SL)(R)(AD)
4.40 **Couples Come Dine with Me** (R)
5.35 **Find It, Fix It, Flog It** (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)(R)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Undead Again:* 22/23. The author decides to end his partnership with Beckett. (S)(R) **3.55** *Always:* 23/23. The murder of an army veteran puts Beckett on the trail of the man who shot her. (S4) (S)(R)
4.50 **Love Nature** A centuries-old deer park located in the heart of the Vale of Glamorgan. (S)(R)
5.00 **5 News with Dan Walker** (S)
6.00 **Isle of Wight: Jewel of the South** A look at ice cream producers in Cowes. (S)(R)
6.55 **News** (S)

8.00 Life in the Dales

7.00 A Yorkshire Farm At Cannon Hall Farm, heritage and tradition are the order of the day as the farmers explore their woodland and plant new trees for future generations to enjoy. (S)(R)
7.55 **News** (S)

8.00 Reuben Owen: Life in the Dales New edition A new recruit learns just how quickly a straightforward job can go awry, while Reuben and Jess create a new path leading to a special monument. (S)(AD)

9.00 Little Disasters New episode *One of Them Is Lying:* 3/6. As the investigation continues, discoveries are made, while Liz gets caught in the crossfire between Jess, Ed and Social Services. (S1) (S)(AD)

10.00 HMP Whitemoor: Evil Behind Bars Documentary examining the Category A prison, which houses violent men who are inside for running organised crime networks in Britain and around the world. (S)(R)

11.30 **Prime Suspect: Hunting the Predators** The crimes of catfish, blackmailer and child abuser Anthony Burns. (S)(R)
1.00 AM **Teleshopping** (S)(R)
2.30 **Bargain Loving Brits: Christmas in the Sun** (S)(R)
3.20 **Friends** 10-12/24. (S9) (S)(R)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S7) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Wildlife ER** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *22 for 30:* Things go awry when Bart gets involved with the Mafia. (S)(R) **5.30** *The Nightmare After Krustmas:* A spooky Christmas toy haunts Maggie. (S)(R)
6.00 **The Office (US)** 22/25. Part one of two. Jim hatches a scheme to derail Dwight's plan. (S)(R) **6.30** 23/25. Part two of two. Andy has an audition. (S9) (S)(R)

9.00 Bear Grylls Is Running Wild

7.00 The Simpsons *A Father's Watch:* Grampa gives Bart a watch passed down by his own father. (S)(R) **7.30** *The Caper Chase:* Mr Burns decides to open his own university, and hires Homer as a professor. (S)(R)

8.00 Best Medicine New episode *Take Me Out of the Ballgame:* 3/13. On the eve of Port Wenn High School's baseball team's play-off game, Martin accidentally breaks the arm of the star player. (S1)

9.00 Bear Grylls Is Running Wild New edition 7/8. Bear takes comedian and actor Rhys Darby into Canyonlands National Park in Utah with the two taking danger and comedy to new heights.

10.00 FILM Final Score Action drama starring Dave Bautista and Pierce Brosnan. An ex-soldier is forced into action when armed terrorists take control of a packed football stadium. (S)(AD) (2018, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00 M'T **A League of Their Own Road Trip: Southeast Asia** Jamie Redknapp and Micah Richards are joined by Alan Carr, Joel Dommett and Emily Atack for the next leg of their Asian road trip. (S)(R)(AD)
1.00 AM **Grimm** 15/22. Monroe goes undercover to trap two wormlike creatures. (S4) (S)(R)
2.00 **Hawaii Five-0** (S4) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.30-3.00pm First Minister's Questions (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
11.05pm-12.05am First Minister's Questions (S)

ITV1

As main ITV1 except:

WALES
10.45pm Sharp End (S) **11.45** G'wed (S)(R) **12.20-1.15am** Face to Face (S)(R)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymru, Dad a Fi (AD) **12.30** Heno **1.00** Dim Cwsg i Quinnell (AD) **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cymoedd Roy Noble **6.30** Taclo'r Ty (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Llinell Las (AD) **10.00** Y Fets (AD) **11.00-11.35pm** Y Sin (AD)

TV&Streaming week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Tiger Dynasty: Natural World** Documentary following two tigers released into the wild to breed.
7.10 **Walking with Dinosaurs** A spinosaurus must embark on a dangerous voyage in order to feed his babies.
8.00 FILM **Divergent** Sci-fi adventure starring Shailene Woodley and Kate Winslet. A teenager in a strictly ordered future society discovers a conspiracy to wipe out a group of outsiders. (2014, 12, 136min) ★★★
10.10 FILM **Divergent: Insurgent** Sci-fi adventure sequel starring Shailene Woodley and Kate Winslet. (2015, 12, 116min) ★★
11.55 FILM **Divergent: Allegiant** Sci-fi adventure sequel starring Shailene Woodley. (2016, 12, 118min) ★★
1.45 AM NEW **Disclosure** The impact of antidepressants.
2.05 **Spinster** Comedy short.
2.15 **to 3.55** AM **Walking with Dinosaurs**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The second of the quarter-finals in the quiz.
7.30 **Only Connect** Three choir singers compete against a trio of postgraduates.
8.00 **Keeping Up Appearances** Richard is not looking forward to early retirement.
8.30 **One Foot in the Grave** Victor and Margaret return from holiday to a shock.
9.00 **A History of Britain by Simon Schama** Exploring the lives of Winston Churchill and George Orwell.
10.00 NEW SERIES **The American Revolution** 1/6. Exploring America's founding struggle and how 13 British colonies rose up in rebellion and won their independence. ■ Entire series on BBC iPlayer
11.00 **The American Revolution** New edition 2/6. George Washington takes command of the Continental Army.
12.00 M'T **Heatwave**
1.30 AM **Only Connect**
2.00 **to 3.00** AM **Stonehenge: The Lost Circle Revealed**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
9.55 **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The first visit is to Grange Farm Park in Maltby le Marsh, Lincolnshire. **4.50** From Edgecliff Boutique B&B in Birchington-on-Sea. **5.20** The third visit is to Vera's Kitchen and B&B in Lechlade, Gloucestershire. **5.50** The final visit is to The Preston Hotel in Yeovil. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** First-time buyers look for a home in Weybridge.
7.55 **PopMaster TV** With contestants from Winchester, Seaham, Stoke-on-Trent Salford and Reigate.
9.00 **Ancient Greece by Train with Alice Roberts** The presenter learns more about the Ancient Greek culture that thrived in Türkiye over 2000 years ago, visiting the preserved city of Ephesus.
10.00 **Castle Secrets** A manor is stripped of its former glory under the curse of the world's most expensive necklace.
11.00 **999: On the Front Line** Paramedics respond to a drunk nuisance caller.
12.05 AM **24 Hours in A&E**
2.10 **999: On the Front Line**
3.15 **to 3.45** AM **Food Unwrapped's Deep South Adventure**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Luton.
8.00 **Ramsay's Hotel Hell**
10.00 **Below Deck: Mediterranean**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons** Triple bill.
6.30 **Hollyoaks** Jenson is left with a big decision to make.
7.00 **Hollyoaks** Jenson receives a shocking revelation.
7.30 **The Simpsons** *To Cur with Love:* Santa's Little Helper suddenly disappears.
8.00 **Below Deck: Mediterranean** New edition Aesha issues a sharp warning about a love triangle onboard.
9.00 **Gogglebox** *I'm a Celebrity... Get Me Out of Here!* and *The Crown* are appraised. **10.00** Opinions on *Squid Game: The Challenge.*
11.05 **Naked Attraction**
12.05 AM **Dating Naked UK**
1.05 **Gogglebox**
2.10 **Below Deck: Mediterranean**
3.00 **Ramsay's Hotel Hell**
3.45 **Abbott Elementary**
4.10 **The Simpsons**
4.35 **The Goldbergs**
5.00 **to 6.00** AM **Don't Tell the Bride: Revisited**

+1 hr 235/236 306 30 123 256

Tuesday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **Motorway Patrol**
10.00 **Brit Cops: Rapid Response**
11.00 **Chicago Fire** 7/22. (S13)
12.00 NOON **FBI** 5&6/13. (S6)
2.00 PM **The Rookie** 5/14. Officer Nolan is taken hostage by a man with nothing to lose. (S3)
3.00 **Law & Order: Criminal Intent** 21/22. Goren and Eames discover a scrapbook belonging to a serial killer. (S6)
4.00 **Nothing to Declare**

9.00 The Rookie

7 PM
7.00 **Police 24/7** A look into how dealing with guns is part of the job for law enforcement.

8 PM
8.00 **Caught on Dashcam** Outrageous road disasters, captured in video form by drivers' dashboard cameras.

9 PM
9.00 **The Rookie** Series finale *The Bandit:* 18/18. The team launch a high-stakes search to take down a notorious criminal. (S8)

10 PM
10.00 **Blue Bloods** *Keeping The Faith:* 1/21. Eddie and Jamie deal with a case linked to Danny and Baez's investigation. (S13)
11.00 **The Rookie** 1/14. (S3)
12.00 M'T **FBI** Double bill. (S6)
2.00 AM **Matlock** New episode 15/16. Crime drama. (S2)
3.00 **Doc** New episode 20/22. (S2)
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 5&6/9. (S3)
11.15 **Westworld** 8/8. (S4)
12.15 PM **Deadwood** 1&2/12. (S2)
2.20 **Mussolini: Son of the Century** 2/8. Drama. (S1)
3.30 **Westworld** 8/8. (S4)
4.35 **Gomorrah** 1/12. First episode of the Italian crime drama. **5.40** 2/12. The police raid a shipment. Subtitled. (S1)
6.45 **The Gilded Age** 5/8. Gladys has trouble adjusting to her new circumstances. (S3)

9.00 Rose Elettrica

7.50 **The Gilded Age** *If You Want to Cook an Omelette:* 6/8. Bertha encourages Gladys to stand up for herself and her new husband, while George faces an uphill battle. (S3)

9.00 **NEW SERIES Rosa Elettrica** 1/6. Italian thriller starring Maria Chiara Giannetta. *See feature, page 12.*

10.05 **Rosa Elettrica** New episode 2/6. A new agent must protect a repentant member of the Camorra. Subtitled. (S1)
11.05 **Ponies** 5/8. Bea and Twila enlist an unlikely ally. **12.05** AM 6/8. Bea struggles to maintain her cover, while Twila goes undercover. (S1)
1.05 **Hacks** 4-6/9. (S3)
3.00 **The Gilded Age** (S3)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.25 **Billie and Greg: Family Diaries**
9.30 **The Only Way Is Essex**
10.30 **Real Housewives of Salt...**
11.20 **Real Housewives of Orange...**
12.10 PM **Real Housewives of Cheshire** Reality series.
1.10 **Celebrity Catchphrase**
2.10 **The Floor USA**
3.10 **The Only Way Is Essex**
4.10 **The Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**

10.35 Family Guy

7.00 **The Floor USA** New edition Rob Lowe hosts the game show as the 34 remaining players are in for a shock.

8.00 **Million Dollar Listing: LA** Altman and Tracy list a historic Hollywood estate, previously owned by legend John Barrymore.

9.00 **Love Island** New edition Relationship-based reality show in which singletons seeking a romance compete to find love.

10.05 **Love Island: The Debrief** New edition Daily *Love Island* reactions.
10.35 **Family Guy** 16/21. Peter gets on the wrong side of a gangster. (S2)
11.05 **Family Guy** 7/7. Brian runs away from home. (S1)
11.35 **American Dad!** (S1)
12.35 AM **Bob's Burgers** (S13)
1.30 **G'wed** 2/7. (S3)
2.05 **Plebs** 1/6. (S1)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Inspector Morse**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Schooled in Murder:* A dairy worker is crushed to death by a giant round of cheese.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Friends Like You:* Gina performs at a local nightclub, only to find herself accused of possessing drugs.

6.55 Heartbeat

6.55 **Heartbeat** *Old Ties:* Greengrass develops an interest in archaeology, convinced Aidensfield is full of buried treasures.

8.00 **Vera** *Silent Voices:* DCI Stanhope investigates the murder of a popular social worker and an infamous past case involving the death of a child appears to hold the key to solving the mystery.

10.00 **Law & Order: UK** *Honour Bound:* 6/6. Brooks comes under investigation after he helps an old friend. (S2)
11.00 **Law & Order: UK** 1/7. Two children go on trial for killing a toddler. (S3)
11.50 **Shetland** 3/6. Perez investigates a friend's death in a car accident. **1.05** AM 4/6. Drama. (S2)
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **Magnum, PI**
8.20 **The Saint**
9.30 **Racing: The Opening Show**
10.30 **The Sweeney**
11.35 **BattleBots**
12.40 PM **Magnum, PI**
2.35 **The Saint**
3.35 **Boon**
4.45 **The Sweeney**
5.50 **LIVE Racing: Royal Ascot** Coverage of the final race of the opening day.
6.30 **River Monsters**

5.50 Racing: Royal Ascot

7.00 **American Pickers** Mike Wolfe and Frank Fritz have high hopes for a Kiss pinball machine.

8.00 **World Superbike Highlights** The World Superbike Championship continues with the Pirelli Emilia Romagna Round.

9.00 **Ice Road Truckers** Lisa Kelly tackles the most dangerous haul of the season on a mission that could end her career.

10.00 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa and Jon Moxley.
12.00 M'T **Dark Side of the Ring** The life of Luna Vachon, a ground-breaking physical performer who sought to champion women's wrestling.
12.55 AM **Auf Wiedersehen, Pet**
1.55 **BattleBots**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Banjo and Ro's Grand Island Hotel** Isolation, money woes and house chaos mount.
8.00 **This Farming Life** Mel prepares to have her baby on the mainland.
9.00 **Reported Missing** Series finale 4/4. Police race against time to find a student who has been missing for 10 days.
10.00 **Inside Barlinnie** Series finale 3/3. After 18 months behind bars, Sean returns to Cambuslang where he struggles to manage his ADHD, battles with addiction and faces a court case for robbery.
11.00 **Scotcast** Discussion on Scotland's news stories.
11.30 PM **to 12.00** M'T **Life on the Bay** A permanent job is up for grabs.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S11)
9.00 **Sort Of** 5&6/8. (S2)
10.00 **Avenue 5** (7&8/8. S2)
11.15 **Will & Grace** (S4)
12.15 PM **Frayed** 1/6. (S1)
1.15 **The Reluctant Landlord**
1.45 **Avenue 5** 7&8/8. (S2)
3.00 **Will & Grace** (S3)
4.00 **Frayed** 1/6. (S1)
5.00 **Community** (S3)
6.00 **Will & Grace** (S4)
7.00 **The Office (US)** 23/25. Andy goes all out to nail his audition. **7.30** 24/25. Dwight and Angela's wedding has a special guest. (S9)
8.00 **Resident Alien** *Prisoners:* 1/10. Harry must escape an outer-space prison. (S4)
9.00 **FILM The Death of Stalin** Satire. (2017, 15, 106min) ★★★★
11.00 **Avenue 5** 7&8/8. (S2)
12.05 AM **Resident Alien** (S4)
1.05 **Community** (S3)
2.35 **Frayed** 1/6. (S1)
3.30 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Cirque du Soleil**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Classic Movies: The Story of The Ladykillers**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Discovering**
5.00 **Portrait Artist 2019**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Bill Bailey's Musical Master Crafters: Juniors**
9.00 **I Am Johnny Cash**
10.50 **Science Fiction in the Atomic Age**
11.50 **James Dean: The Emotional Man**
1.05 AM **Michael Caine: The Becoming of a Hollywood Star**
2.20 **Inside Guggenheim**
3.35 **Pompeii: Sin City**
5.00 **to 6.00** AM **Classic Movies: The Story...**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 15/26. (S4)
5.00 **Stargate SG-1** (S6)
6.00 **LIVE Cricket: Women's T20 World Cup** England v Ireland: Coverage of the second Group B match for both teams, held at Utilita Bowl in Southampton.
10.00 **FBI: International** (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S4)
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Warwick Davis hosts the quiz show as five family members from Blackpool take part.
3.00 **The Celebrity Chase** Bradley Walsh hosts a celebrity version of the general knowledge quiz.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Celebrity Chase** Bradley Walsh hosts a celebrity version of the general knowledge quiz.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **American Pickers**
11.00 **Narrow Escapes**
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **The Dog House** A family consider taking on a Jack Russell puppy.
8.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help two couples search for a new home in Edinburgh.
9.00 **24 Hours in A&E** In Nottingham, a patient is rushed to resus with multiple stab wounds to his chest and back.
10.00 **Dolly: The World's Most Famous Sheep**
11.05 **Celebrity Gogglebox**
1.10 AM **Gypsy Rose: Life After Lock Up**
3.00 **The Dog House**
4.00 **to 5.00** AM **Invasion of the Parakeets**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **Primeval** (S2&3)
4.00 **Stargate SG-1** 9/22. An assassin jeopardises refugees at the Alpha site. (S6)
5.00 **Star Trek: Voyager** 7/26. Seven of Nine loses her mind after being attacked. (S5)
6.00 **Star Trek: Enterprise** 4/26. The crew explore an unmanned station. (S2)

11.00 Westworld

7.00 **Stargate Atlantis** *The Lost Boys:* 10/20. Part one of two. The crew discover Ford living on a desert planet. (S2)
8.00 **Stargate SG-1** *Allegiance:* 9/22. An invisible assassin threatens to jeopardise the alliance between Tok'ra and Jaffa refugees. (S6)
9.00 **Grimm** *Chupacabra:* 8/22. Nick discovers the truth behind the story of a legendary monster. (S4)
10.00 **The Walking Dead** *Crossed:* 7/16. Rick leads a dangerous mission to rescue Beth and Carol from the hospital. (S5)
11.00 **Westworld** 2/8. Maeve and Caleb search for answers. (S4)
12.00 M'T **Primeval** 6/7. Cutter's plans are interrupted when an angry mammoth appears on a busy motorway. (S2)
1.00 AM **Primeval** (S2&3)
3.00 **The Walking Dead** As 10pm.
4.00 **Westworld** As 11pm.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S2)
9.00 **Father Brown**
10.00 **The Mentalist** 2/24. (S4)
11.00 **Hudson & Rex** 11/16. (S4)
12.00 NOON **Unforgettable** (S2)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S2)
4.00 **The Mentalist** 2/24. (S4)
5.00 **Hudson & Rex** 11/16. Charlie and Rex receive an award for heroism. (S4)
6.00 **Father Brown** *The Menace of Mephistopheles:* Goodfellow turns to Father Brown when he sees Mallory frame a man.

9.00 Allegiance

7.00 **Unforgettable** *Manhunt:* 10/13. The murder of a lawyer coincides with the parole of one of his former clients. (S2)
8.00 **Return to Paradise** *Curl Up and Dye:* 3/6. A hairdresser is found strangled to death in her locked beauty salon. (S1)
9.00 **Allegiance** New episode *The House Always Wins:* 3/10. A young man's life hangs in the balance. (S2) ■ Entire series on Box Sets
10.00 **The Hunting Party** *Lowe:* 3/10. In rural Montana, the team hunt down a brutal serial killer obsessed with wolves. (S1)
11.00 **Father Brown** As 6pm.
12.00 M'T **Death in Paradise** 6/8. The leader of a spiritual retreat is found strangled near the contemplation garden. (S7)
1.00 AM **Hudson & Rex** As 5pm.
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.10 **The Green Green Grass**
9.50 **Are You Being Served?**
10.30 **Last of the Summer Wine**
11.50 **Porridge**
12.30 PM **Keeping Up Appearances**
1.10 **The Green Green Grass**
1.45 **Dad's Army**
2.25 **Ever Decreasing Circles**
3.00 **Are You Being Served?**
3.40 **Red Dwarf**
4.55 **Dad's Army**
5.35 **Last of the Summer Wine**
6.50 **Keeping Up Appearances**

7.30 Dad's Army: TheAnimations

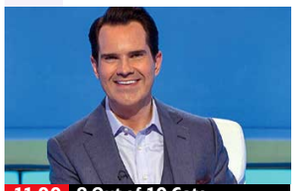
7.30 **Dad's Army: The Animations** Private Frazer gets a promotion to Lance Corporal.
8.10 **Red Dwarf** Kryten falls head over heels in love with a female mechanoid. **8.50** The crew find a miraculous machine able to transform the shape of any living thing.
9.25 **Not Going Out** The pals plan a surprise party for Lucy's 30th birthday.
10.00 **Red Dwarf** The crew land on a prison planet where crime is impossible. **10.40** Holly inadvertently endangers the crew.
11.15 **Harry Enfield and Chums**
11.55 **Not Going Out** As 9.25pm.
12.35 AM **Men Behaving Badly**
1.10 **Harry Enfield and Chums**
1.50 **Men Behaving Badly**
2.25 **Hi-de-Hi!** Double bill.
3.30 **to 4.00** AM **Ever Decreasing Circles**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.30 AM **Pointless** Quiz show.
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's Spain**
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** The River Ure.
3.00 **Simon Reeve's South America**
4.00 **The Hairy Bikers' Asian Adventure** From South Korea.
5.00 **Rick Stein's Spain** The chef travels to the land of El Cid and into the La Mancha region. **6.00** The chef travels through Extremadura to Seville.


11.00 8 Out of 10 Cats

7.00 **Mortimer & Whitehouse: Gone Fishing** Fishing for grayling on the River Ure in the Yorkshire Dales.
7.40 **Would I Lie to You?** With Sara Pascoe, Dan Walker, Nicola Coughlan and Mr Motivator. **8.20** With Joel Dommett, Sindhu Vee and AJ Odudu.
9.00 **Have I Got a Bit More News for You** Bill Bailey hosts the satirical quiz show, with Helen Lewis and Daliso Chaponda.
10.00 **QI XL** Stephen Fry hosts the peculiar panel quiz, with panellists Sandi Toksvig, Bill Bailey, Susan Calman and Alan Davies.
11.00 **8 Out of 10 Cats** With guests Tom Allen and Maya Jama.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** With Cal Wilson, Jack Whitehall and Jimmy Carr.
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Classic Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Tenko**
3.20 **Pie in the Sky**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** Compo's funeral day dawns, and emotions run high. **6.40** Clegg and Truly prepare to face life without Compo.

11.20 Silent Witness

7.20 **Last of the Summer Wine** Compo's son causes chaos when he goes on a mission to find a spare exhaust pipe for his van.
8.00 **'Allo 'Allo!** The group of British airmen make another escape attempt. **8.40** Rene and the gang are roped into helping dig a tunnel to the PoW camp from the mortuary. **9.20** Hans manages to vault over the perimeter fence at the POW camp
10.00 **New Tricks** *Things Can Only Get Better:* The team reopen the 16-year-old case of a political aide's murder.
11.20 **Silent Witness** *First Casualty:* Nikki looks into the death of a mother found in a river, and it soon emerges that the case may be linked to the apparent suicide of an Army lieutenant.
1.35 AM **Lovejoy**
2.35 **to 4.00** AM **Monsieur Spade**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 15-17/24. (S16)
12.00 NOON **Law & Order**
6.00 **NCIS** *Institutionalised:* PM 6/20. Kasie's lifelong best friend is suspected of murder. **7.00** *No Vacancy:* 7/20. The team uncover spy cameras hidden in the rooms of a motel. **8.00** *Musical Chairs:* 8/20. The team investigate the murder of a musician. (S17)
9.00 **Law & Order: Special Victims Unit** *Playing With Fire:* 19/22. Second of a two-part crossover event with *Law & Order*. The team see a pattern of rape and murder targeting women who are marginalised. (S26)
10.00 **Law & Order: Special Victims Unit** (S11&10)
1.50 AM **Beauty and the Beast** 5&6/22. (S1)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Emergency Call Out** A car crash leads to a manhunt for the driver.
10.00 **999: Critical Condition** Matthew is rushed into hospital after a collision between his motorbike and a tractor.
11.00 **Skin A&E**
12.00 M'T **Scam City**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Traffic Cops**
10.15 **Police Interceptors**
12.10 PM FILM **Dallas** Western. (1950, PG, 94min) ★★★
2.10 FILM **Vengeance Valley** Western drama. (1951, PG, 83min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** A child is knocked off his bike by a car in Gateshead. **9.00** Officers spot a motorbike using L-plates as a mud guard.
10.00 **Police Code Zero: Officer Under Attack**
11.00 **The X-Files** 23/24. (S3)
12.00 M'T **Seconds from Death: Caught on Camera** Documentary.
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Antiques Road Trip**
3.00 **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete meets Chow Chow Nugget who has a longer stay than planned.
9.00 **Hashtag Homicide** New editions In February 2021, Daisy De La O was murdered by her ex-boyfriend. **10.00** In June 2017, Ellen Higginbottom sent a final Snapchat before she was killed.
11.00 **Antiques Road Trip**
1.00 AM **The Gentle Art of Swedish Death Cleaning** Reality series.
2.00 **to 3.00** AM **Dangerous Breed: Crime. Cons. Cats**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Our Guy in Japan**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow** From Hatfield House.
7.00 **Canal Boat Diaries** Robbie receives a soaking inside the very wet Blisworth Tunnel.
8.00 **Bangers & Cash** Derek picks up a 1960 Aston Martin DB4.
9.00 **Bangers & Cash: Restoring Classics** The team take on one of Derek's favourites – an Austin A35 – but its age ensures some hefty bills.
10.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Our Guy in Japan**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** North Yorkshire.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family: Born Without Trace**
7.00 **The Yorkshire Auction House**
8.00 **Antiques Road Trip** Raj Bisram and Irita Marriott say hello to Shropshire.
9.00 **Rich House, Poor House** Property developers swap homes with a family who survive on just over £75 a week.
10.00 **Who Do You Think You Are?** With Sue Perkins.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

TUESDAY Entertainment

Great! TV
157 167 170 34 32

8.00 AM **Hart To Hart: Passport to Murder**
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 10&11/24. (S8)
1.00 PM **The Waltons** (S1)
4.00 **Little House on the Prairie** 12&13/24. (S8)
6.00 **Ballykissangel** (S5)
7.00 **M*A*S*H** 16/24. Henry delivers a lecture. **7.30** 17/24. A transplant surgeon arrives. **8.00** 18/24. Hawkeye is put under house arrest. **8.30** 19/24. Hawkeye bonds with Hot Lips. (S3)
9.00 **Brush Strokes** 6/8. Jacko loses his home. **9.40** 7/8. Jacko and Elmo go for a drink. **10.20** 8/8. Veronica leaves for Sicily. (S5)
11.00 **Robin's Nest** (S6)
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action
318 317 426 42 33

9.00 AM **FILM Panhandle** Western. (1948, b/w, U, 85min) ★★
11.00 **Tombstone Territory**
12.00 NOON **The High Chaparral** Double bill.
2.20 PM **FILM The Immortal Sergeant** Drama. (1943, b/w, PG, 91min) ★★
4.15 **FILM Khartoum** Historical drama. (1966, PG, 134min) ★★★
6.55 **FILM Mercenary for Justice** Action thriller. (2006, 18, 91min) ★★
9.00 **FILM Hercules** Mythological adventure. (2014, 12, 98min) ★★★
11.00 **FILM Predestination** Sci-fi thriller. (2014, 15, 98min) ★★★★
1.00 AM **Dragon Ball Super**
2.10 **Coast Guard Alaska**
3.05 **FILM Absolute Zero** Sci-fi disaster movie. (2005, 12, 87min) ★
4.30 **Coast Guard Alaska**
5.25 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery
320 318 425 50 48

8.10 AM **FILM An Inheritance to Die For: A Teagarden Mystery** Drama. (2019, PG) ★★
10.05 **In Plain Sight** (S1)
11.05 **Castle** 4/24. (S3)
12.05 PM **FILM True Justice: Eye for An Eye** Mystery. (2024, PG, 89min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 5/24. (S3)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** (S1)
10.00 **FILM Chronicle Mysteries** Crime drama. (2021, PG, 85min) ★★
11.55 **FILM Aurora Teagarden Mysteries: Til Death Do Us Part** Crime thriller. (2021, PG, 85min) ★★
1.50 AM **FILM Killer Reputation** Thriller. (2019, 12, 90min) ★
3.20 **to 5.00** AM **FILM The Wrong Babysitter** Thriller. (2017, 12) ★★

+1 hour 321

Great! Romance
322 319 424 52 47

8.15 AM **FILM Oh Christmas Tree!** (2013, U) ★★
10.10 **FILM Charming Christmas** Drama. (2015, PG, 85min) ★★
12.00 NOON **FILM Christmas with a Crown** Drama. (2020, PG, 89min) ★★
2.00 PM **FILM Twinkle All the Way** Festive drama. (2019, PG, 87min) ★★
3.55 **FILM A Christmas to Cherish** Comedy. (2019, U, 100min) ★★
5.50 **FILM Once Upon a Christmas Miracle** Drama. (2018, PG) ★★
7.45 **FILM Christmas Truce** Drama. (2015, PG) ★★
9.50 **FILM Double Christmas** Romantic comedy. (2019, U, 84min) ★★
11.50 **FILM Christmas Love Letter** Festive drama. (2019, PG, 86min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Twinkle All the Way**

+1 hour 323

Together TV
170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **Our Dream Farm with Matt Baker**
2.00 **Love Your Garden**
3.00 **New Home DIY**
4.00 **The Greatest Auction**
5.00 **Celebrity Coach Trip**
6.00 **Love Your Garden**
7.00 **Garden Rescue** Lee Burkhill and Chris Hull create a wildlife haven from a bland garden. **8.00** Chris Hull and Charlie Dimmock try to create a rose garden.
9.00 **Our Dream Farm with Matt Baker**
10.00 **FILM Escort Girls** Drama starring Maria O'Brien. (1974, 18, 101min) ★★
12.00 M'T **FILM Inside Out** Crime caper starring Telly Savalas. (1975, PG, 95min) ★★
2.00 AM **FILM Deadly Recruits** Spy thriller. (1986, PG, 92min) ★★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV
182 81 141

6.00 AM **Highlights**
10.00 **Doctor at Large** (S1)
10.30 **Two's Company** (S2)
11.00 **The Fenn Street Gang**
11.30 **Agony** 4/7. (S2)
12.00 NOON **Randall and...**
1.00 PM **The Lovers** (S2)
1.30 **The Dustbinmen** (S3)
2.00 **Father Brown**
3.00 **Rewind Time Machine**
3.05 **Hank the Cowboy**
3.20 **Rewind Time Machine**
3.25 **Boon** 7/13. (S3)
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S3)
6.30 **Only When I Laugh**
7.00 **Two's Company** (S2)
7.30 **Doctor at Large** (S1)
8.00 **Randall and Hopkirk (Deceased)** 9/26. (S1)
9.00 **Drop the Dead Donkey**
10.00 **FILM The Jekyll and Hyde Portfolio** Horror. (1971, 18, 81min) ★★
11.45 **FILM Grizzly** (1976) ★★
1.30 AM **Stereo Underground**
2.30 **to 6.00** AM **Highlights**

DMAX
159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **The Snake Catcher**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Jake battles a hurricane in the fleet's smallest boat. **8.00** Josh and Casey race to deliver live crab.
9.00 **Sewer Divers** Rick looks for a mysterious clog in a treatment plant's outflow pipe.
10.00 **Dirty Jobs** Mike learns how to build a tugboat.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network
144 152 168 43 148 39

6.00 AM **James Martin's Spanish Adventure**
7.00 **Classic Mary Berry**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Be My Guest with Ina Garten** Nathan Lane.
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin: Sweet**
3.00 **Classic Mary Berry**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Be My Guest with Ina Garten** With Faith Hill.
7.00 **Great British Bake Off**
8.30 **Rachel Allen: Bake!**
9.00 **Prue Leith's Cotswold Kitchen** With TV presenter Laura Jackson.
10.00 **100 Cooks** New edition The remaining 71 cooks compete in challenges.
11.30 **Diners, Drive-Ins and Dives** Triple bill.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 19/24. (S8)
9.00 **T.J. Hooker** 13/23. (S4)
10.00 **Babylon 5** 6/23. (S1)
11.00 **FILM The Land That Time Forgot** Fantasy. (2009, 12, 90min) ★★
1.00 PM **FILM Damn the Defiant!** Adventure. (1962, PG, 97min) ★★★
3.00 **FILM Treasure Island** Adventure. (1971, U, 95min) ★★★
5.00 **Star Trek** 23/26. (S2)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 7/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Oldboy** Thriller starring Josh Brolin. (2013, 18, 104min) ★★
11.10 **FILM Flight of the Intruder** War drama starring Danny Glover. (1991, 15, 113min) ★
1.30 AM **FILM Stratton** Thriller. (2017, 15) ★★
3.20 **to 5.00** AM **FILM Hannie Caulder** Western. (1971, 15, 85min) ★

Legend Xtra
316 316 171 69 138 51

9.00 AM **FILM Collision Earth** Sci-fi thriller. (2011, 12, 95min) ★★
11.00 **Andromeda** (S2)
12.00 NOON **FILM Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
2.00 PM **FILM Age of the Dragons** Action fantasy starring Danny Glover. (2010, 12, 90min) ★
4.00 **Walker, Texas Ranger**
5.00 **FILM Sherlock Holmes** Mystery with Ben Syder. (2010, 12, 89min) ★★
7.00 **Andromeda** 21/22. (S2)
8.00 **The A-Team** 8/14. (S1)
9.00 **FILM Ambushed** Action thriller with Vinnie Jones and Dolph Lundgren. (2013, 15, 92min) ★★
11.00 **FILM Vendetta** Action thriller with Danny Dyer and Roxanne McKee. (2013, 18, 106min) ★★
1.10 AM **FILM Ambushed**
3.10 **FILM Sherlock Holmes**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze
156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Skipton.
6.45 **Pawn Stars**
7.30 **Money for Nothing**
8.25 **Junk & Disorderly**
9.20 **Storage Wars**
1.05 PM **Pawn Stars**
2.05 **Outback Wreckers** New edition
3.05 **Money for Nothing**
4.05 **Ancient Aliens**
5.00 **Craig Charles: UFO Conspiracies**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **Outback Wreckers**
10.00 **Junk & Disorderly**
11.00 **Swamp People: Serpent Invasion**
12.00 M'T **Chaos Uncut**
1.00 AM **Craig Charles: UFO Conspiracies**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Yorkshire Great and Small with Dan and Helen** North York Moors.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo** Crime drama.
4.35 **Around the World by Train with Tony Robinson** In Thailand.
5.00 **World's Most Scenic Railway Journeys**
6.00 **Drain the Oceans**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Ellis** 2/3. DCI Ellis and DS Harper investigate the disappearance of a detective. (S1)
11.00 **Keeping Faith** (S1)
12.10 AM **Wentworth: The Final Sentence**
1.10 **Nazi Megastructures**
2.10 **Yorkshire Great and Small with Dan and...**
3.10 **to 4.00** AM **World's Most Scenic Railway Journeys**

Challenge
130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Dale's Supermarket Sweep** Game show.
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** With Colin Baker, David Weir, Chelsee Healey and Alex Horne.
8.00 **The Chase** Double bill of the quiz show.
10.00 **The Chase Celebrity Special** With Suzi Perry, Mark Porter, Rosemarie Ford and Louis Walsh.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC
133/134 139 113/128 12 144 17

7.00 AM **Georgie and Mandy's First Marriage**
8.00 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Georgie and Mandy's First Marriage**
3.00 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 11/24. The guys make fun of Penny's boyfriend Zack. **8.30** 12/24. Leonard and Sheldon fight for control of a project. (S4)
9.00 **1000-lb Sisters** New editions Chris and Misty worry about Amy. **10.00** Peace talks between Tammy and Amy go south.
11.00 **Dr Pimple Popper**
12.00 M'T **Mike & Molly**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central
112/113 135 132 345 360

8.00 AM **Friends** (S3&8)
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 14–19/25. (S5)
1.00 PM **Friends** (S7&8)
7.30 **Friends** 12/24. Rachel and Joey hit the town. **8.00** 13/24. Chandler discovers the pleasures of a scented bath. **8.30** 14/24. Joey takes Rachel to hospital. (S8)
9.00 **Iain Stirling's Roast the Internet** With Celya AB.
10.00 **Mr Bean** 1&2/14. (S1)
11.00 **Bradley & Barney Walsh: Breaking Dad**
11.30 **Whose Line Is It Anyway? USA**
12.30 AM **South Park** (S2)
2.00 **Teachers** 15/20. (S3)
2.30 **The Pep Talk**
2.35 **Dara O Briain Talks Funny: Live in London**
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154

6.00 AM **Everybody Loves Raymond** (S5)
6.50 **Modern Horror Stories**
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** With Eric Cantona.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S4)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 5/8. (S1)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's Big Show** With Eric Cantona.
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** 14–17/25. (S5)
9.00 **Friends** 16/25. A major row ensues between Rachel and Ross. (S3)
9.30 **Friends** (S8&7)
2.00 AM **Michael McIntyre's Big Show** As 5.00pm.
3.00 **Most Ridiculous**
3.45 **New Girl** 7–10/25. (S2)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV
171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 7/7. (S3)
10.45 **Steptoe and Son** (S5)
11.25 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 13/13. Drama. (S1)
2.40 **Minder** 6/11. (S1)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 7/7. (S3)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 6/6. (S4)
6.40 **Steptoe and Son** (S5)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 1/6. (S7)
9.00 **Benidorm** 6/9. (S10)
9.55 **Shameless** 3/7. (S1)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.05 AM **Benidorm** (S10)
1.05 **Minder** 2/11. (S1)
2.00 **Duty Free** 7/7. (S3)
2.55 **to 5.00** AM **Highlights**

MTV
126/127 137 134 351 366

6.00 AM **16 and Pregnant**
6.50 **Teen Mom OG**
8.00 **Judge Judy**
10.00 **Bar Rescue**
1.00 PM **Catfish: Fiendish Friends** Reality series.
2.00 **Catfish: The TV Show**
4.00 **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!**
7.00 **Beauty and the Geek Australia** Sophie Monk sets a challenge to test the geeks' confidence.
8.00 **Judge Judy**
9.00 **Bar Rescue** New edition A cajun-themed bar needs rescuing.
10.00 **Skin A&E** Documentary.
11.00 **Geordie Shore Turns 21!**
12.00 M'T **Ridiculousness** New edition Reality show.
12.30 AM **Ridiculousness**
1.00 **Ink Master**
2.00 **Help I Sexted My Boss**
2.45 **Caught in the Act: Double Life**
3.35 **to 4.00** AM **Queerpiphany**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Scrapyard Dynasty**
1.00 PM **Crikey! It's the Irwins**
3.00 **How Do They Do It?** Four editions, including at:
4.00 Crafting a baseball glove.
4.30 How 32,000 pairs of socks are knitted per day.
5.00 **The Last Alaskans** Behind the scenes from the series.
6.00 The participating families discuss what life is like in the Arctic wilderness.

9.00 Deadliest Catch

7.00 **Wheeler Dealers World Tour** Having wanted to buy a Ford Cortina for 20 years, Mike finally finds a rust-free Mk2 in Malta.

8.00 **Wheeler Dealers World Tour** Mike and Elvis only have a shoestring budget to fix up a Hillman Imp.

9.00 **Deadliest Catch** New edition A dream leads John to a crab hotspot, but a rival trawler shares the vision.

10.00 **The Last Woodsmen** New edition Jared and the crew race to build a backwoods bridge to reopen the logging road.

11.00 **Expedition X** Phil and Heather journey into the Everglades on the hunt for the Skunk Ape, a bloodthirsty cryptid.
12.00 M'T **Wild & Weird America**
1.00 AM **Deadliest Catch**
2.00 **The Last Woodsmen**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Phoenix**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** Wardens question a felon suspected of illegally hunting with a firearm.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog is brought in with a suspected broken leg, and a cat's appetite gets it in trouble.

6.00 Dr Jeff

7.00 **Treehouse Masters** Pete Nelson goes to Walden, New York, to build a treehouse tasting room for Angry Orchard.

8.00 **Blood Ivory** The rangers' anti-poaching operation causes trouble for other government agencies.

9.00 **Alaska: The Last Frontier** Atz Lee and Jane rush to the aid of a neighbour who has lost access to fresh water on her homestead.

10.00 **Alaskan Bush People** Matt, Bam, Bear, and Gabe head out on their first-ever hauling job without their father.

11.00 **Mountain Monsters** The hunters track a cloaked figure.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Ninja Sharks**
2.00 **Treehouse Masters: Out on a Limb** A bear observation spot.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation: Special Report** Double bill.
10.00 **Colossal Machines**
11.00 **Car S.O.S** Nissan Pulsar GTI-R.
12.00 NOON **Seconds from Disaster**
1.00 PM **Air Crash Investigation**
2.00 **WW2: Hell Under the Sea**
4.00 **Ancient Structures: Secrets Revealed** Documentary.
5.00 **Inside Sydney Airport** A man has an apparent heart attack.
6.00 **Hitler's Last Stand: Medal of Honor** An account of British and US troops fighting to capture Geilenkirchen.

8.00 Cleopatra's Final Secret

7.00 **Air Crash Investigation** Analysing the case of a plane that crashed into a seawall at San Francisco International Airport.

8.00 **Cleopatra's Final Secret** Archaeologist Kathleen Martinez unlocks the story of Cleopatra's last days.

9.30 **Egypt's Sun King: Secrets and Treasures** Experts explore the first tomb containing a body to be discovered since Tutankhamun's burial place was unearthed.

10.30 **Lost Tombs of the Pyramids** Archaeologists embark on an extraordinary excavation.

11.30 **Air Crash Investigation**
12.30 AM **Toronto Airport Uncovered** Documentary.
1.30 **Airport Security: Rome**
2.25 **Car S.O.S** A 1986 Rover SD1.
3.20 **Food Factory** Double bill.
4.10 **Prairie Dog Dynasty**
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
6.30 **Digging for Britain**
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars** Four editions.
12.00 NOON **Lost U-Boats of WWII**
1.00 PM **Modern Marvels: WWII**
2.00 **The Abyss: Rise & Fall of the Nazis** Four editions of the documentary, including at:
4.00 How a social protest turned into a racist movement.
5.00 Events of 1933 and 1934.
6.00 **American Pickers** Mike gets access to a racing driver's collection of motorbikes.

9.00 World War II

7.00 **Forged in Fire Armed Forces Tournament** Smiths are tasked to forge V-42 Stilettos and the US Army Officer's sword.

8.00 **Modern Marvels: WWII** Exploring the greatest machines, most impactful weapons and innovations of World War Two.

9.00 **World War II with Tom Hanks** New edition Exploring Operation Torch, the first joint US-British offensive of the war.

9.55 **World War II with Tom Hanks** New edition Academics work to crack Germany's Enigma Code.

10.50 **Bradley Walsh: Egypt's Cosmic Code** The host visits Ancient Egypt's greatest monuments.

11.50 **Bradley Walsh: Egypt's Cosmic Code** Considering the riddle of the Sphinx.
12.45 AM King Tutankhamun.
1.45 **The Abyss: Rise & Fall of the Nazis** Double bill of editions.
3.40 **American Pickers**
4.35 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Alain Delon**
8.00 **The Directors** David Fincher.
9.00 **Shaq** Shaquille signs a record-setting contract.
10.00 **The Good Fight Club**
11.00 **The Nazi Cartel**
12.00 NOON **Pee-wee as Himself**
4.00 PM **The Directors** The life and work of David Fincher.
5.00 **Discovering: Alain Delon** A profile of the French actor.
6.00 **I Am Luke Perry** Documentary celebrating the life and career of the actor.

8.00 Becoming Madonna

7.45 **My Icon: Martin Offiah** The former rugby league superstar discusses the individuals that have inspired him.

8.00 **Becoming Madonna** Documentary charting Madonna's rise to stardom, drawing from a cache of recently uncovered audio tapes in which the singer reflected on her extraordinary life and career.

10.00 **I Am Patrick Swayze** A tribute to the American actor, known for his roles in hits like *Dirty Dancing*, *Ghost* and *The Outsiders*.

11.50 **Giroud** A profile of French footballer Olivier Giroud.
1.20 AM **SIC: Prince of MotoGP** Profile of MotoGP rider Marco Simoncelli, made to mark the 10th anniversary of his death.
3.00 **Seve** The story of golfer Severiano Ballesteros, told by his brothers and other players.
5.00 **to 6.00** AM **Discovering: Alain Delon**

Tuesday

7 PM 8 PM 9 PM 10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Margie Cooper and Tim Medhurst search for antique treasures.
8.00 **Shed and Buried**
9.00 **FILM Transformers: Dark of the Moon** Sci-fi action adventure sequel starring Shia LaBeouf and Josh Duhamel. (2011, 12, 154min) ★★★
12.00 M'T **Mock the Week: Summer Specials**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Married to Evil**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer Beside Me**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Body Cam** New editions In Wisconsin, a hit-and-run takes a turn.
10.00 Officers arrive at an office where a child and two women are held hostage by a gunman.
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** The story of Suzanne Van Hagen.
8.00 **UK Crime Files: World's End Murders** The story of two teens who vanished after leaving a pub in 1977.
9.00 **UK Crime Files: Killer On the Run** The case of Terry Clifton, who murdered two men.
10.00 **Killers: Caught on Camera** New edition Kristil Krug, who was stabbed by her husband.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: World's End Murders**
1.00 AM **UK Crime Files: Killer on the Run**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **Murder UK**
4.00 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Child Killers**
9.55 **UK Crime Files: The Twilight Killers**
11.00 **48 Hours** Rhonda Casto.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: The Most Evil Woman in Britain** Documentary.
3.00 **UK Crime Files: Saturday Night Strangler** A look at the case of Joseph Kappen.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A forensic geologist tries to solve a murder.
5.30 Two men confess to the same murder.
6.00 Discovering the fate of a missing teacher.
6.30 A girl who was killed by her parents.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** True-crime.
1.00 PM **Catching the Killer**
2.00 **The Forgotten West Memphis Three**
3.45 **How I Caught the Killer**
4.50 **Killer in My Village**
5.55 **Killing Mum and Dad**
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **Killer in My Village**
10.00 **Catching the Killer**
11.00 **The Real Manhunter**
12.00 M'T **Most Evil Killers**
1.00 AM **Killing Mum and Dad** Martin Ruddy.
2.00 **Murders That Shocked the Nation**
3.00 **Britain's Most Evil Killers**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.35 **Besieged Fortresses, Legendary Battles**
9.40 **Cleopatra: Portrait of a Killer** Documentary.
10.55 **Titans of the Cold War**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Besieged Fortresses, Legendary Battles**
2.50 **Cleopatra: Portrait of a Killer** Documentary.
4.05 **Titans of the Cold War**
5.15 **Hitler's Gold**
6.15 **Besieged Fortresses, Legendary Battles**
7.20 **Cleopatra: Portrait of a Killer** Documentary.
8.35 **NEW SERIES Titans of the Cold War**
9.40 **Hitler's Gold**
10.40 **Cleopatra: Portrait of a Killer** Documentary.
12.00 M'T **Titans of the Cold War** Documentary.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Waterworld Africa**
7.00 **Monkey Life**
8.00 **Orangutan Jungle School**
9.00 **Arctic Secrets**
10.00 **Gangs of Lemur Island**
11.00 **Africa's Hunters**
12.00 NOON **Secrets of Wild Australia** Documentary.
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle School**
3.00 **Arctic Secrets**
4.00 **Gangs of Lemur Island**
5.00 **Africa's Hunters**
6.00 **Secrets of Wild Australia**
7.00 **Monkey Life** Double bill.
8.00 **Wild Science** Revealing how animals survive, tracing their evolution and future.
9.00 **Islands** K'gari in Queensland.
10.00 **Secrets of Wild Australia** The importance of waterholes.
11.00 **Africa's Hunters**
12.00 M'T **Brazil Untamed**
1.00 AM **Waterworld Africa**
2.00 **Wild Science** As 8.00pm.
3.00 **Islands** As 9.00pm.
4.00 **Orangutan Jungle School**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
9.00 **Combat Ships**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens** Double bill.
1.00 PM **History's Greatest Aircraft** Five editions, including at: **5.00** The B-24 Liberator, which was used in World War Two.
6.00 **Ultimate Mysteries** New theories shed light on the world's biggest mysteries.
7.00 **Crimes That Shook Britain** The murder of two-year-old James Bulger in 1993.
8.00 **The Abyss: Rise & Fall of the Nazis** Exploring the Nazis' defeat at Stalingrad in 1943.
9.00 **The UnXplained: Mysteries of the Universe** The ancient mysteries of the Sun.
10.00 **Secrets in the Dark** Exploring the intersection of science and the supernatural.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Crimes That Shook Britain** As shown at 7.00pm.
2.00 **History's Greatest Aircraft**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Alien Highway**
1.00 PM **The Dino Hunters**
3.00 **How the Universe Works**
6.00 **How It's Made** Six editions of the documentary, including at: **7.30** The development of car headlamps and directional drills. **8.00** The making of handcrafted skis, septic tanks and hydroformed chassis pants. **8.30** Zip line brakes, silk fibre lamps and comfort shoes.
9.00 **Savage Builds** Adam stages an epic food fight with Tory Belleci, and the pair build a weapon that shoots out hot dogs. **10.00** Adam teams up with Peter Jackson to restore a deadly fleet of fighter planes.
11.00 **You Have Been Warned** Clips of people using another person as a snowboard. **12.00** M'T Featuring the world's first skydive from a drone.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Green Eyed Killers**
8.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam** True crime.
11.00 **Missing Presumed Dead**
2.00 PM **Green Eyed Killers** New edition Jillian Angner.
3.00 **Buried in the Backyard**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48** True crime.
8.00 **Green Eyed Killers**
9.00 **Staged: Deadly Deception** New edition Cases where crime scenes were staged.
10.00 **The Death Investigator with Barbara Butcher**
11.00 **Very Scary People**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The Real Murders of Atlanta** Documentary.
2.00 **Crime in Progress** New edition Responders save a mother who has stopped breathing.
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Exotic Animal ER**
10.00 **Monster Fish**
11.00 **Savage Kingdom**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Red Sea: Evolution's Magic Garden** Documentary.
3.00 **Shark Men**
4.00 **Savage Kingdom: Uprising**
5.00 **To Catch a Smuggler**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa**
8.00 **Hunter Vs Hunted** Footage of people who stray into the territory of dangerous animals. **9.00** Footage of lions, baboons and alligators.
10.00 **Border Protection Spain** The Coastguard follow a trail.
11.00 **To Catch a Smuggler**
12.00 M'T **Trafficked with Mariana Van Zeller** Documentary.
1.00 AM **Last of the Giants: Wild Fish** Cyril lands a formidable barracuda.
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Savage Kingdom**

Discovery History

161/172 147 181

7.00 AM **Day After D-Day**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** How the creation of stars changed the cosmos.
1.00 PM **NASA's Unexplained Files**
2.00 **Aliens in Alaska**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Day After D-Day** Survivors of the Normandy invasion recall their experiences.
9.00 **Paranormal Declassified** Paul Beban explores what could happen if there was an actual zombie apocalypse.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Inside the Ambulance**
1.00 PM **Inside the Ambulance**
5.00 **Hornby: A Model World** Sam creates a model of Winston Churchill's funeral wagon. **6.00** Record producer Pete Waterman is commissioned by Chester Cathedral to construct a monster layout. **7.00** Hornby's young designer Paramjit Sembhi takes on the challenge of building a version of the iconic RAF fighter of World War Two – the Spitfire. **8.00** After visiting an original Mosquito at the de Havilland aircraft museum, Airfix designer Paramjit attempts to shrink the wooden wonder to 1:72 scale. **9.00** The Intercity 125 gets an overhaul and the pressure is on to design two quick build models of the Ford Mustang in time for the summer holiday.
10.00 **Hornby: A Model World** Eight editions of the documentary.
5.20 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Murder in the Heartland**
12.00 NOON **The Big Swindle**
1.00 PM **American Monster**
3.00 **Bride Killa** Vincent Viafore.
4.00 **The Killer Beside Me**
7.00 **The Lies That Bind** Exploring the case of Lisa Moore, who disappeared three months after a seemingly amicable divorce. **8.00** In 1996, the owner of a successful business took a trip to meet a mystery woman, but when he went missing, police believed something sinister had happened.
9.00 **Signs of a Psychopath** When a vehicle knocks down a 75-year-old Florida man in an apparent hit-and-run, detectives soon uncover a psychopath with an urge to thrill kill. **9.30** A Saint Paul mother's disappearance rocks the city.
10.00 **Evil Lives Here** Triple bill.
1.00 AM **Blood Relatives**
2.00 **Bride Killa** Vincent Viafore.
3.00 **The Killer Beside Me**
4.00 **to 6.00** AM **The Lies That Bind**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **G.A.S. Extreme Customs**
2.00 **Ant Anstead: Born Mechanic**
3.00 **Incredible Engineering Blunders: Fixed**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Iron Resurrection**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Iron Resurrection** A couple travels down from Missouri with a special project.
9.00 **Outback Car Hunters** A 1964 Ford Falcon XM delivery sedan.
10.00 **Incredible Engineering Blunders: Fixed**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Iron Resurrection**
1.00 AM **Richard Hammond's Workshop** Motoring series.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **The Bride!** As 1.25am.
9.10 **No Ordinary Heist** As 6.15pm.
10.55 **They Will Kill You** (2025)
12.45 PM **The Choral** As 8.00pm.
2.45 **Gabby's Dollhouse: The Movie** Comedy adventure. (2025, U, 99min)
4.30 **Fuze** Thriller starring Aaron Taylor-Johnson and Theo James. (2026, 15, 97min) ★★★
6.15 **No Ordinary Heist** Fact-based thriller starring Eddie Marsan. (2026, 15, 99min) ★★★

4.30 Fuze

8.00 **The Choral** Comedy drama starring Ralph Fiennes, Mark Addy and Emily Fairn. A choral society's male members enlist in World War One, leaving a doctor to recruit teenagers in their place. (2025, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **They Will Kill You** Comedy starring Zazie Beetz. A woman takes a job as a housekeeper in a high-rise, unaware of the building's history of disappearances. (2025, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Fuze** As shown at 4.30pm.
1.25 AM **The Bride!** Comedy horror starring Jessie Buckley. (2025, 15, 126min) ★★★★
3.45 **Sisu: Road to Revenge** Finnish action sequel. Partly subtitled. (2025, 15, 89min) ★★★★
5.30 **to 7.10** AM **The Internship** Thriller. (2026, 15, 87min)

Sky Cinema The Naked Gun

303 303 403 503 517

6.00 AM **The Naked Gun** (1988)
7.35 **The Naked Gun 2½...**
9.10 **The Naked Gun 33⅓...**
10.45 **The Naked Gun** As 5.00pm.
12.20 PM **The Naked Gun** (1988)
1.55 **The Naked Gun 2½: The Smell of Fear** As 8.00pm.
3.30 **The Naked Gun 33⅓: The Final Insult** As 9.30pm.
5.00 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★
6.30 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★

6.30 The Naked Gun

8.00 **The Naked Gun 2½: The Smell of Fear** Police comedy sequel starring Leslie Nielsen as the world's least competent cop. With Priscilla Presley and George Kennedy. (1991, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **The Naked Gun 33⅓: The Final Insult** Comedy sequel starring Leslie Nielsen and Priscilla Presley. Lt Frank Drebin emerges from retirement and goes undercover to foil a terrorist attack on the Oscars ceremony. With George Kennedy. (1994, 12, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **The Naked Gun** As 5.00pm.
12.50 AM **The Naked Gun** (1988)
2.30 **The Naked Gun 2½: The Smell of Fear** As 8.00pm.
4.10 **The Naked Gun 33⅓: The Final Insult** As 9.30pm.
5.50 **to 7.30** AM **The Naked Gun**

Sky Cinema Drama

310 310 410 510 524

6.25 AM **The Cut** As 2.00am.
8.15 **The Breakfast Club** As 6.15pm.
10.00 **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
11.50 **A Big Bold Beautiful Journey**
1.50 PM **...And Justice for All** Comedy starring Al Pacino. (1979, 15, 119min) ★★★
4.00 **About Time** Romantic comedy starring Domhnall Gleeson. (2013, 12, 120min) ★★★
6.15 **The Breakfast Club** John Hughes' comedy starring Emilio Estevez and Molly Ringwald. (1984, 15, 97min) ★★★★
8.00 **Grease** Musical starring John Travolta and Olivia Newton-John. An Australian teenager at a 1950s California high school falls in love with the leader of a gang. (1978, PG, 110min) ★★★★
10.00 **A Big Bold Beautiful Journey** Romantic drama starring Colin Farrell and Margot Robbie. (2025, 15, 109min) ★★★
12.05 AM **Wish You Were Here** Drama with Isabelle Fuhrman. (2025, 12, 99min) ★★★
2.00 **The Cut** Sports thriller starring Orlando Bloom and Caitríona Balfe. (2024, 12, 99min) ★★★
3.50 **to 6.05** AM **...And Justice for All** As shown at 1.50pm.

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.35 AM **The Nun** Horror sequel. (2018, 15, 96min) ★★★
8.15 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
10.15 **M3GAN 2.0** As 10.25pm.
12.25 PM **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*. (2004, 15, 119min) ★★★
2.25 **Riddick** Sci-fi thriller sequel starring Vin Diesel and Jordi Mollà. (2013, 15, 122min) ★★★
4.30 **Cloverfield** Offbeat disaster movie starring Lizzy Caplan. (2007, 15, 81min) ★★★
6.05 **10 Cloverfield Lane** Thriller with Mary Elizabeth Winstead. (2016, 12, 103min) ★★★★
8.00 **It** Stephen King chiller starring Bill Skarsgård. A group of bullied New England kids band together to destroy a clown. (2017, 15, 135min) ★★★★
10.25 **M3GAN 2.0** Sci-fi thriller sequel starring Violet McGraw. (2025, 15, 120min) ★★★
12.30 AM **Smile 2** Horror sequel with Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★
2.40 **Westworld** Sci-fi thriller. (1973, 15, 89min) ★★★★
4.25 **to 6.05** AM **The Woman in the Yard** Psychological horror. (2025, 15, 88min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.15 AM **Super Charlie** As 1.25am.
8.50 **Annie** As shown at 8.00pm.
10.50 **Karate Kid: Legends** Drama sequel. (2025, 12) ★★★
12.35 PM **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
2.20 **The Smurfs** Fantasy adventure. (2011, U, 103min) ★★
4.10 **The Smurfs 2** Adventure. (2013, U, 104min) ★★
6.00 **Sing** Animation with the voice of Matthew McConaughey. (2016, U, 108min) ★★★

6.00 Sing

8.00 **Annie** Musical remake starring Quvenzhane Wallis and Jamie Foxx. An orphan goes to live with a wealthy businessman running for mayor, and inspires him to change his cynical ways. (2014, PG, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **MouseHunt** Slapstick comedy starring Nathan Lane and Lee Evans. The efforts of two brothers to renovate an old mansion are thwarted by a tenacious mouse. (1997, PG, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Teen Titans Go! to the Movies** Animated adventure with the voice of Greg Cipes. (2018, PG, 84min) ★★★
1.25 AM **Buffalo Kids** Animation. (2024, PG, 79min) ★★★
3.00 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
4.55 **to 6.45** AM **MouseHunt**

Sky Cinema Action

306 306 407 507 521

7.15 AM **S.W.A.T.** Action thriller. (2003, 12, 115min) ★★★
9.15 **Gladiator II** Historical drama. (2024, 15, 148min) ★★★
11.45 **Godzilla** Monster movie. (1998, PG, 139min) ★★★
2.10 PM **Fuze** Crime thriller. (2026, 15, 97min) ★★★
4.00 **Venom: The Last Dance** Fantasy adventure sequel. (2024, 15, 110min) ★★★
6.00 **The Meg** Action thriller. (2018, 12, 113min) ★★★

8.00 Bad Boys

8.00 **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. With Téa Leoni and Theresa Randle. (1995, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. With Gabrielle Union. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Sudden Death** Thriller with Jean-Claude Van Damme. (1995, 18, 110min) ★★★
2.25 **Bumblebee** *Transformers* prequel with Hailee Steinfeld. (2018, PG, 114min) ★★★★
4.30 **to 6.20** AM **The Beekeeper** Thriller with Jason Statham. (2023, 15, 105min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Gremlins 2: The New Batch** Horror. (1990, 12) ★★★
9.05 **The Whole Nine Yards** Thriller. (2000, 15, 101min) ★★★
10.45 **One of Them Days** (2025)
12.25 PM **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
2.30 **LaRoy, Texas** Crime comedy. (2023, 15, 112min) ★★★★
4.25 **Big Daddy** Comedy. (1999, 12, 95min) ★★★
6.05 **Mamma Mia!** Musical comedy. (2008, PG, 108min) ★★★★

10.05 About Last Night

8.00 **Mamma Mia! Here We Go Again** ABBA-themed musical sequel starring Amanda Seyfried and Lily James. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. With Pierce Brosnan. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **About Last Night** Comedy remake starring Michael Ealy. Two people pursue a relationship after a one-night stand, despite the warnings of their cynical friends. (2014, 15, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Adulthood** Comedy drama. (2025, 15, 97min) ★★★
1.45 AM **The Wedding Banquet** Comedy with Bowen Yang. (2025, 15, 103min) ★★★
3.40 **One of Them Days** Comedy. (2025, 15, 97min) ★★★
5.30 **to 7.05** AM **Fords on Water** Comedy. (1983, 15) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.35 AM **Sky Cinema Preview**
7.35 **Jaws 3** Adventure sequel. (1983, 12, 99min) ★★
9.25 **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
11.20 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
1.20 PM **Nightcrawler** Thriller. (2014, 15, 115min) ★★★★
3.30 **The Perfect Storm** Drama. (2000, 12, 129min) ★★★★
5.50 **The Accountant** Thriller. (2016, 15, 123min) ★★★

10.15 Snatch

8.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney and Brad Pitt. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they attempt to steal $160million. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

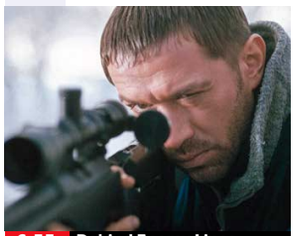
10.15 **Snatch** Crime comedy drama starring Jason Statham, Benicio Del Toro and Brad Pitt. A group of small-time British crooks plan to steal a diamond from a mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **One Last Deal** Sports drama starring Danny Dyer. (2026, 18, 89min)
1.45 **American Gangster** Ridley Scott's fact-based drama. (2007, 18, 157min) ★★★★
4.30 **to 7.00** AM **Detroit** Drama. (2017, 15, 143min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Western Union** Western. (1941, b/w, U, 94min) ★★★
12.55 PM **To Hell and Back** Drama. (1955, PG, 106min) ★★★
3.15 **Sign of the Pagan** Historical drama. (1954, U, 92min) ★★
5.05 **Destination Gobi** Adventure starring Richard Widmark. (1953, U, 91min) ★★
6.55 **Behind Enemy Lines** War drama starring Owen Wilson. (2001, 12, 106min) ★★★



6.55 Behind Enemy Lines

Behind Enemy Lines (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The King's Man** Action adventure prequel starring Ralph Fiennes and Gemma Arterton. A secret spy network leap into action when a mastermind orders the assassination of the Archduke Ferdinand. (2021, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.40 **Knives Out** Comedy mystery starring Daniel Craig. The apparent suicide of a wealthy crime novelist is investigated by a private detective. (2019, 12, 130min) ★★★★★
2.15 **to 4.00** AM **Career Girls** Drama starring Katrin Cartlidge and Lynda Steadman. Two women reminisce about college days. (1997, 15, 87mn) ★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Directors

302 302 402 502 516

6.35 AM **Fanny and Alexander** Swedish drama. Subtitled. (1982, 15, 301min) ★★★★★
9.45 **The Room Next Door** Drama. (2024, 12, 102min) ★★★★
11.40 **Dead Man's Wire** As 7.00pm.
1.40 PM **The Big Heat** Crime thriller. (1953, b/w, 15, 90min) ★★★★
3.15 **Escape from New York** Action adventure starring Kurt Russell. (1981, 15, 99min) ★★★★

5.00 **Juror #2** Thriller starring Nicholas Hoult and Toni Collette. (2024, 12, 113min) ★★★★
7.00 **Dead Man's Wire** Thriller with Bill Skarsgård and Al Pacino. (2025, 15, 104min) ★★★★
9.00 **Se7en** Dark thriller starring Brad Pitt, Morgan Freeman and Gwyneth Paltrow. A veteran homicide detective and his young partner pursue a serial killer who is selecting his victims according to the Seven Deadly Sins. (1995, 18, 127min) ★★★★

11.15 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★
1.05 AM **Weapons** Horror starring Julia Garner and Josh Brolin. (2025, 18, 128min) ★★★★★
3.20 **Escape from New York** (1981)
5.05 **to 7.05** AM **Juror #2** (2024)

Sky Cinema Greats

307 307 404 504 518

6.45 AM **Ferris Bueller's Day Off** Comedy with Matthew Broderick. (1986, 12, 103min) ★★★★
8.35 **Bye Bye Birdie** As 1.55am.
10.35 **The Taming of the Shrew** Romantic comedy drama. (1967, U, 126min) ★★★★
12.45 PM **Sleepless in Seattle** Comedy starring Tom Hanks. (1993, PG, 105min) ★★★★★
2.45 **The 'burbs** As 9.55pm.

4.30 **The Wizard of Oz** Musical. (1939, U, 98min) ★★★★★
6.15 **Jumanji** Fantasy starring Robin Williams and Bonnie Hunt. (1995, PG, 104min) ★★★★
8.00 **E.T. The Extra Terrestrial** Sci-fi fantasy starring Henry Thomas. (1982, U, 114min) ★★★★★
9.55 **The 'burbs** Comedy starring Tom Hanks and Bruce Dern. Three suspicious suburban neighbours try to discover the truth about a strange family. (1989, PG, 103min) ★★★

11.40 **Terms of Endearment** Drama. (1983, 15, 132min) ★★★★★
1.55 AM **Bye Bye Birdie** Musical. (1963, PG, 112min) ★★★
3.50 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
5.55 **to 6.25** AM **The Cinema List: Black British Actors**

Disney+ Cinema

305 305

6.00 AM **A Goofy Movie** Animated comedy. (1995, U, 78min) ★★
7.25 **Pocahontas** Animated adventure. (1995, U, 81min) ★★★
8.45 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
10.40 **Duck Tales the Movie: Treasure of the Lost Lamp** Animated adventure with the voices of Alan Young and Russi Taylor. (1990, U, 73min) ★★★

12.00 NOON **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Adventure. (2005, PG, 140min) ★★★★
2.20 PM **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★
3.55 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
5.40 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
7.25 **The Mighty Ducks** Comedy. (1992, PG, 103min) ★★
9.00 **Bad Company** Comedy thriller. (2002, 12, 112min) ★★★

10.55 **A Complete Unknown** Biopic. (2024, 15, 140min) ★★★★
1.20 AM **Aliens Vs Predator: Requiem** (2007, 15) ★
3.00 **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★
4.35 **to 6.00** AM **The Haunted Mansion** (2003, PG) ★★

Movies 24

312 313 419

7.00 AM **Paging Mr Darcy** Romantic drama. (2024, PG, 84min) ★★
9.00 **Signed, Sealed, Delivered: To the Moon and Back** Mystery. (2025, PG, 90min) ★★
11.00 **Royal-Ish** Drama with Nichole Sakura and William Moseley. (2025, PG, 84min) ★★
1.00 PM **CrimeTime: Freefall** Drama starring Lyndie Greenwood. (2024, PG, 90min) ★★

3.00 **Mystery Island: Winner Takes All** Drama starring Elizabeth Henstridge and Charlie Weber. (2025, PG, 90min) ★★
5.00 **Mr Pawsitively Perfect** Drama. (2023, PG, 90min) ★★
7.00 **An American In Austen** Romantic comedy starring Eliza Bennett and Nicholas Bishop. (2024, PG, 84min) ★★
9.00 **The Heiress and the Handyman** Romantic comedy starring Jodie Sweetin and Corey Sevier. (2024, PG, 84min) ★★

11.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★
1.00 AM **The Honeymoon Pact** Comedy. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **Love on the Right Course** Comedy. (2024, PG) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Adventures of Jim Bowie**
6.35 **Noose** Crime melodrama. (1948, b/w, PG, 98min) ★★
8.25 **The Treasure of San Teresa** Thriller with Eddie Constantine. (1959, b/w, PG, 81min) ★★
10.10 **Woman Who Came Back** Horror starring Nancy Kelly. (1945, b/w, PG, 67min) ★★
11.30 **Four Star Theatre** 28/31. (S2)
12.00 NOON **Sergeant Cork** (S3)

1.05 PM **Adventures of William Tell**
1.35 **The Hellbenders** Western. (1967, 15, 90min) ★★
3.20 **Jimmy Somerville: Smalltown Boy** Profile of the pop singer.
4.25 **Rebecca** 1/2. Drama.
6.25 **Whiplash** 19/34. (S1)
6.55 **The Man from UNCLE** (S1)
8.00 **The Mind of Mr JG Reeder**
9.05 **The Racing Game** 4/6. (S1)
10.10 **Twilights Last Gleaming** Action thriller starring Burt Lancaster and Richard Widmark. (1977, PG, 146min) ★★★★

1.00 AM **Fortean TV** The story of how Hitler's hair came to life.
1.35 **The Case of Marcel Duchamp** Mystery starring Guy Rolfe. (1984, PG, 103min) ★★
3.40 **Look at Life** Documentary.
4.00 **Target: The Corruptors** (S1)
5.00 **to 6.00** AM **Danger UXB**

Tuesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
10.00 **World Cup Matchday**
2.00 PM **LIVE Women's T20 Cricket World Cup** **New Zealand v Sri Lanka.** Coverage of both teams' second match in Group B staged at the Utilita Bowl in Southampton.
6.00 **LIVE Women's T20 Cricket World Cup** **England v Ireland.** Coverage of the second Group B match for both teams held at Utilita Bowl in Southampton. The teams last met in this format two years ago in Dublin, when England won the first match by 67 runs, but Ireland avenged that loss a day later with a shock five-wicket triumph.
10.00 **World Cup Report**
12.00 M'T **LIVE WNBA** **Indiana Fever v Toronto Tempo.** Coverage of the Commissioner's Cup match held at Gainbridge Fieldhouse Indianapolis. The Fever won this in-season cup last year and will be looking to impress against the newcomers to the WNBA. Tip-off is at **12.00m't**.
2.30 **to 6.00** AM **World Cup Report**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
9.00 **Premier League Highlights**
10.30 **SNF** Bournemouth v Liverpool.
11.00 **Premier League Highlights**
1.00 PM **MNF Hits** Action from Everton v Leeds United.
1.30 **Premier League Highlights** Brighton & Hove Albion v Everton. **2.00** Leeds United v Arsenal. **2.30** Action from Wolverhampton Wanderers v Bournemouth.
3.00 **SNF** Chelsea v West Ham United.
3.30 **Premier League Highlights** Aston Villa v Brentford. **4.00** Nottingham Forest v Crystal Palace at The City Ground. **4.30** Action from Manchester United v Fulham at Old Trafford. **5.00** Highlights of Tottenham Hotspur v Manchester City.
5.30 **MNF Hlts** Sunderland v Burnley.
6.00 **Premier League Review** A look back at the 2025/26 campaign.
8.00 **Netbusters** Recent action.
9.00 **Premier League Review**
11.00 **Premier League Years** A look back at the 2007/08 season.
1.00 AM **PL Retro** A replay of Arsenal v Tottenham Hotspur from 2010.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro** 2014 final.
8.00 **Old Firm Derby Best Goals**
8.30 **Edinburgh Derby Best Goals**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Cup Highlights**
11.30 **EFL Trophy Football**
12.00 NOON **EFL** A replay of Blackpool v Cardiff City in the 2009/10 Championship play-off final.
1.30 PM **EFL** Action from Reading v Swansea City in the 2010/11 Championship play-off final.
2.30 **EFL** Archive highlights.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Retro** Another chance to see Aston Villa v Manchester United in the 2010 final.
6.00 **EFL Cup Retro** Another chance to see Chelsea v Tottenham Hotspur in the 2015 final.
8.00 **Craig Brown: My Scotland**
8.30 **Jimmy Glass: The Great Escape**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Cup Best Goals 2020/21**
11.30 **EFL Trophy Football**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
3.30 **Championship Season Review**
5.00 **Best Goals: EFL Cup 24/25**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Women's World Cup**
1.00 PM **ICC Women's T20 World Cup – Crowned** Interviews.
1.30 **ICC Women's World Cup**
2.00 **LIVE Women's T20 Cricket World Cup** **New Zealand v Sri Lanka.** Coverage of both teams' second match in Group B staged at the Utilita Bowl in Southampton.
6.00 **LIVE Women's T20 Cricket World Cup** **England v Ireland.** Coverage of the second Group B match for both teams held at Utilita Bowl in Southampton. The teams last met in this format two years ago in Dublin, when England won the first match by 67 runs, but Ireland avenged that loss a day later with a shock five-wicket triumph.
10.00 **The Film Room: England v New Zealand** England's final Test of the 1999 summer at The Oval.
10.30 **ICC Women's T20 World Cup**
12.30 AM **ICC Women's T20 World Cup – Crowned**
1.00 **ICC Women's T20 World Cup**
3.00 **ICC Women's T20 World Cup – Crowned** Player interviews.
3.30 **to 6.00** AM **Women's World Cup**

Sky Sports Golf

406 406 506 423 443

6.00 AM **US Open Official Films**
7.00 **PGA Tour Golf** Canadian Open.
8.00 **DP World Tour Golf**
8.30 **Tour Golf Highlights**
9.00 **Fitzpatrick: Boss of Brookline**
10.00 **McGinley & Chamblee at the US Open** Preview of the Major.
11.30 **US Open Official Films**
12.30 PM **McGinley & Chamblee at the US Open** Event preview.
2.00 **Golf Channel Live from the US Open** Build-up ahead of the 126th staging of the Major.
10.00 **US Open Official Films**
11.00 **In Bloom: The Justin Rose Story**
12.30 AM **Tour Golf Highlights**
1.00 **to 6.00** AM **US Open Films**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis** Action from the ATP Halle Open and WTA Berlin Open events.
10.00 **LIVE WTA & ATP Tennis** Coverage of the ATP Halle Open and WTA Berlin Open events, both of which are grass-court tournaments held in Germany.
6.30 PM **ATP Tennis** Highlights.
7.30 **WTA Tennis** Miami Open.
8.00 **ATP Tennis** The ATP Halle Open and the WTA Berlin Open.
12.00 M'T **ATP & WTA Tour Classics**
2.00 AM **WTA & ATP Tennis**
3.00 **US Open Tennis Classics**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
3.00 PM **The Breakdown**
3.15 **The Gruppetto** Cycling action.
3.30 **LIVE Climbing** Coverage of the men's and women's para climbing final in the sixth meeting of the IFSC World Series season, which is held in Innsbruck, Austria.
8.30 **World Superbike Rewind** The seventh round of the season held at Misano World Circuit in Italy.
8.45 **The Gallagher PREM** Highlights of a match in the play-off stage. **9.45** Play-off match highlights.
10.45 **World Superbike Rewind** The most exciting moments from the seventh round of the season.
11.00 **MLB Highlights** Baseball action.
12.00 M'T **MLB Lead Off** A preview of tonight's match between St Louis Cardinals and San Diego Padres.
12.30 AM **LIVE MLB** **St Louis Cardinals v San Diego Padres.** Coverage of the National League match staged at Busch Stadium. Start-time **12.45am**.
3.30 **MLB Closer** Match review.
4.00 **Premier League Stories**
4.30 **One-Day International Cricket**
5.30 **to 6.00** AM **T100 Triathlon World Tour Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **UEFA Europa League**
6.30 **UEFA Conference League**
7.00 **UEFA Champions League**
7.30 **Sign Up – Into Football**
8.00 **Test Cricket Highlights** A review of India v Afghanistan.
10.00 **One-Day International Cricket** Action from India v Afghanistan. **11.00** Bangladesh v Australia.
12.00 NOON **International T20 Cricket Highlights** Action from West Indies v Sri Lanka.
1.00 PM **The Gallagher PREM** Highlights of a play-off match. **2.00** Action from a play-off game.
3.00 **Premiership Women's Rugby** Action from the first semi-final. **4.00** The second semi-final.
5.00 **The Cycling Show**
5.30 **Sign Up – Into Football**
6.00 **World Superbike Rewind** The seventh round of the season.
6.15 **LIVE Fencing** Second session on day one of the European Championship at Complexe Sportif Éric Tabarly in Antony, France.
8.30 **Tennis: French Open**
9.30 **UFC** UFC Freedom 250 replay.
12.30 AM **UFC Fight Flashback**
1.00 **UFC** Replay of UFC 326.
4.00 **to 6.00** AM **Gallagher PREM**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Hull Kingston Rovers v Catalans Dragons.
9.00 **Super League** Another chance to see Castleford Tigers v Hull Kingston Rovers from 2025.
12.00 NOON **Super Bowl LX Highlights** Action from Seattle Seahawks v New England Patriots.
1.00 PM **Good Morning Football** NFL news, headline-making interviews and local NFL stories.
3.00 **NBA Basketball** Los Angeles Clippers v Golden State Warriors.
5.00 **NFL Highlights** Philadelphia Eagles v Los Angeles Rams.
6.00 **NBA Basketball** Los Angeles Lakers v Golden State Warriors.
8.00 **NBA Basketball** A replay of Detroit Pistons v Boston Celtics.
10.00 **NFL Bitesize Highlights** Brief highlights of NFL matches.
11.00 **NFL Highlights** Carolina Panthers v Seattle Seahawks.
12.00 M'T **LIVE WNBA** **Indiana Fever v Toronto Tempo.** The Commissioner's Cup match held at Gainbridge Fieldhouse Indianapolis. Tip-off **12.00m't**.
2.30 AM **Super League** Leeds Rhinos v Warrington Wolves from 2025.
5.15 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 **Formula 1** Highlights of the Miami Grand Prix held at Miami International Autodrome, Florida.
9.00 **World Cup Breakfast** News surrounding the World Cup.
10.00 **LIVE WTA & ATP Tennis** Coverage of the ATP Halle Open and the WTA Berlin Open, both of which are grass-court tournaments held in Germany.
6.30 PM **World Cup Matchday** Analysis and discussion on the matches from the World Cup.
7.00 **World Cup Show** An essential daily guide to the World Cup.
10.00 **World Cup Report** A round-up of all the day's World Cup news.
12.00 M'T **Super League** Another chance to see Wakefield Trinity v Wigan Warriors staged at The DIY Kitchens Stadium.
2.45 AM **EFL Greatest Games** Charlton Athletic v Doncaster Rovers from the 2018/19 season.
3.00 AM **Formula 1** Highlights from the Miami Grand Prix at Miami International Autodrome, Florida. **4.00** The Canadian Grand Prix.
5.00 **to 6.00** AM **Formula 1**

Sky Sports Mix

416 412 511 429 449

6.00 AM **PGA Tour Golf**
7.00 **Super League** A replay of Wakefield Trinity v Wigan Warriors.
9.45 **PL Greatest Games**
10.00 **Premier League Darts** A replay of the 12th night in Liverpool.
2.00 PM **PL Greatest Games**
3.00 **Formula 1** Highlights from the Barcelona-Catalunya Grand Prix.
4.00 **ATP Tennis** Stuttgart Open final.
5.00 **WTA Tennis** Strasbourg Open.
6.00 **LIVE Women's T20 Cricket World Cup** **England v Ireland.** Coverage of the Group B match staged at the Utilita Bowl in Southampton. England are hoping to win this tournament for the first time since they won the inaugural event in 2009, when they beat New Zealand by six wickets in the final.
10.00 **PGA Tour Golf** Canadian Open.
11.00 **Women's T20 World Cup**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Premier League Darts**
5.00 **to 6.00** AM **Super League**

TNT Sports 3

413 415 523 410 432

6.00 AM **UCI Mountain Bike World Series Women** Event highlights.
7.30 **UCI Mountain Bike World Series Men** Action from races.
9.00 **Men's Cycling Pro Series**
10.00 **Women's Cycling Pro Series**
11.00 **Cycling** Highlights from the Copenhagen Sprint races.
1.00 PM **MLB Highlights**
2.00 **World Superbike Highlights**
3.00 **BMX Racing** From Papendal.
5.00 **LIVE Powerlifting World Classic Championship** Coverage of session one of the event in Druskininkai, Lithuania.
8.00 **One-Day International Cricket** Bangladesh v Australia in Dhaka.
9.00 **Test Cricket Highlights**
11.00 **One-Day International Cricket**
12.00 M'T **International T20 Cricket**
1.00 AM **Global Champions Tour**
2.00 **Men's Cycling Pro Series**
3.00 **Women's Cycling Pro Series**
4.00 **Women's Cycling** Highlights.
5.00 **to 6.00** AM **Men's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Five match replays.
1.30 PM **AFL** Another chance to see Richmond v Brisbane Lions. **3.00** St Kilda v GWS Giants.
4.30 **Serie A** Season review.
5.30 **UEFA Europa League & Conference League Magazine**
6.30 **Premier League Stories**
7.00 **FIA World Endurance Championship Highlights**
8.00 **Endurance Uncovered: Racing for Excellence**
8.30 **World Rally Raid Championship**
9.30 **Cycling Pro Series**
11.30 **Women's Giro d'Italia**
12.30 AM **FIA World Endurance Championship Highlights**
1.30 **Endurance Uncovered: Racing for Excellence**
2.00 **World Rally Raid Championship**
3.00 **World Superbike Highlights**
4.00 **UIM F1H2O World Championship Highlights**
4.30 **T100 Triathlon World Tour**
5.00 **to 6.00** AM **TNT Sports Reload**

Premier Sports 1

419 APP 528

6.00 AM **United Rugby Championship**
8.00 **Champions Cup Show**
8.30 **Michelin Le Mans Cup**
9.00 **NASCAR Highlights**
10.00 **United Rugby Championship** Glasgow Warriors v Bulls. **12.00** NOON Leinster v Stormers in the second semi-final.
2.00 PM **Sporting Greats**
2.30 **Top 14 Rugby Union** Another chance to see a play-off match.
4.30 **World of FreeSports**
5.00 **World Surf League**
5.55 **LIVE Swedish Speedway** **Lejonen v Smederna.**
8.00 **Motorsport** Valentino Rossi.
8.30 **Sporting Greats**
9.30 **United Rugby Championship** Action from Leinster v Stormers.
11.30 **Sporting Countdowns**
12.30 AM **Champions Cup** The final.
2.30 **Sporting Greats**
3.00 **Top 14 Rugby Union**
5.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 APP 529

6.00 AM **Abu Dhabi T10 Cricket** The Qualifier One play-off match.
8.00 **Abu Dhabi T10 Cricket** Replay of the Eliminator One play-off.
10.00 **Temples of Sport** Iconic sporting venues from around the globe.
11.00 **LaLiga** Another chance to see Barcelona v Real Madrid.
1.00 PM **German Cup** Another chance to see Bayern Munich v VfB Stuttgart in the final.
3.00 **Temples of Sport** Iconic sporting venues from around the globe.
4.00 **Coppa Italia** Another chance to see Lazio v Inter Milan in the final.
6.00 **NASCAR O'Reilly Series** Action from Pocono Raceway.
9.00 **Bike World** Magazine.
9.30 **MotorSport** A look back at the career of Valentino Rossi. **10.00** Drew Gibson's career.
11.00 PM **to 6.00** AM **Test Cricket** Another chance to see the first day of the first Test between Bangladesh and Pakistan.

Sky Sports F1

407 407 507 424 444

6.00 AM **The Australian Grand Prix That Never Was** From 2020.
7.00 **Formula 1** Races from 2020.
10.00 **The F1 Show** Race preview.
11.00 **Formula 1** Barcelona-Catalunya Grand Prix qualifying session.
1.00 PM **Ted's Notebook**
1.30 **Formula 1** A replay of the Barcelona-Catalunya Grand Prix.
6.00 **Ted's Notebook**
6.30 **Formula 2** The Barcelona-Catalunya Grand Prix sprint race. **7.30** The Barcelona-Catalunya Grand Prix feature race.
8.50 **Ollie Bearman IV**
9.00 **Formula 3** The Barcelona-Catalunya Grand Prix sprint race. **10.00** The Barcelona-Catalunya Grand Prix feature race.
11.00 **Formula 1** A replay of the Barcelona-Catalunya Grand Prix.
1.15 AM **Ted's Notebook**
1.45 **Naomi Hot Laps with Kimi Antonelli** The Miami circuit.
2.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday

17 June

Planner

Inside the Tower of London

***DOCUMENTARY** 5, 8pm*

As the series continues, Tracy Borman is in Portsmouth where she is granted rare access to the remains of the *Mary Rose*, to try to learn what happened to Henry VIII's favourite warship.

World Cup

FOOTBALL

BBC1 & ITV1

Captain Harry Kane leads his England team out against Croatia for their opening game of the tournament (ITV1, k-o 9pm), which takes place at the impressive Dallas Stadium. Also tonight, 41-year-old Cristiano Ronaldo will captain a heavily-fancied Portugal for their first group game against DR Congo (BBC1, 6pm).

England v New Zealand: 2nd Test

***CRICKET** Sky Sports Main Event & Sky Sports Cricket, play starts at 11am*

Coverage of day one of the second Test from the Oval, where Surrey's Gus Atkinson will be leading the England bowling line-up at his home-county ground.

Your Fault: London

***DRAMA** Prime Video*

The sequel to romantic drama *My Fault: London* sees the loved-up couple dealing with separation – Noah is away studying in Oxford, while Nick is trying to focus on his career. Can they manage the distance in their relationship?

Wednesday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 5.30 Football: World Cup – Live: Portugal v DR Congo			8.30 EastEnders	9.00 Death in Paradise		10.00 News; Local News	
	102 BBC2	7.00 Cricket: Today at the Test		8.00 The Repair Shop		9.00 QI XL	9.45 Live at the Apollo		10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Changing Ends	8.00 Football: World Cup – Live: England v Croatia (Kick-off 9.00)					
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 The Light in the Hall: Still Waters		10.00 Night Coppers	
	105 5	7.00 GPs: Behind Closed Doors		8.00 Inside the Tower of London		9.00 Surgeons: A Matter of Life or Death		10.00 Trauma Room One	
	106 SKY ONE	7.00 The Simpsons		8.00 Film: Blithe Spirit				10.00 The Simpsons	
ENTERTAINMENT	115 BBC3		7.10 Walking with Dinosaurs	8.00 Top Gear		9.00 Film: Children of Men			
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Universe		9.00 The Nazis: A Warning from...	9.50 One Foot...	10.15 Only Connect – Play of...	
	118 ITV2	7.00 The Floor USA		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Our Yorkshire Shop: A Victorian...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Matlock		10.00 Doc	
	108 SKY ATLANTIC	‹ 6.45 The Gilded Age				9.00 The White Lotus			10.30 A Knight of...
	110 U&GOLD	‹ 6.55 Keeping Up...	7.30 Dad's Army: The...	8.05 Red Dwarf			9.20 Not Going Out	10.00 Red Dwarf	
	111 U&DAVE	7.00 Mortimer &...		7.40 Would I Lie to You?		9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Law & Order: UK	
	120 ITV4	7.00 Gallagher PREM Unleashed		8.00 Junk & Disorderly		9.00 The Motorbike Show		10.00 Bullseye	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Christmas Show		10.00 8 Out of 10 Cats Uncut	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Sister Boniface Mysteries		9.00 The Chelsea Detective		10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise		9.00 Saint-Pierre		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Art Traffickers: Treasures Stolen from...		9.00 Celebrity Portrait Artist of the Year		10.00 The Seventies	
	132 U&W	7.00 DIY SOS: Homes for Veterans		8.00 Pete Wicks: For Dogs' Sake		9.00 Shades of Blue			
DOCUMENTARY	125 DISCOVERY	7.00 Kindig Customs		8.00 Sara Price: Chasing Dakar		9.00 Wheeler Dealers		10.00 Supercar Showroom	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Ancient Structures: Secrets Revealed		9.00 Colosseum: Rise and Fall		10.00 Witches: Truth Behind the Trials	
	123 SKY HISTORY	7.00 Forged in Fire Armed Forces...		8.00 Storage Wars		9.00 The Curse of Oak Island		10.00 Mysteries Unearthed with Danny Trejo	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Train Truckers		9.00 Seven Worlds, One Planet		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 The Alien Autopsy Scandal		8.00 Tina					10.15 Salt Path: A Very British...

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

4.50 AM **LIVE Football: World Cup** Austria v Jordan: Coverage of the Group J match at San Francisco Bay Area Stadium in the USA, as both sides make their tournament bow. Kick-off is at 5.00. (S)
7.15 **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Doorbell Detectives** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition Targeting antisocial behaviour. (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
4.00 **Garden Rescue** (S)(R)
5.00 **BBC News** (S)
5.15 **Local News** (S)

8.30 EastEnders

7 PM

5.30 **LIVE Football: World Cup** Portugal v DR Congo: Mark Chapman presents action from the opening match in Group K held at Houston Stadium in the USA. Kick-off is at 6.00. (S)

8 PM

8.30 **EastEnders** Penny worries about telling Gina her plans with Vinny, Chelsea gets overwhelmed with mounting worries, and Ian fears one mistake could cost him everything. (S)(AD)

9 PM

9.00 **Death in Paradise** *Last Call to Honore:* 1/9. When a seemingly simple kidnapping ends in murder, Neville and the team must work out what went wrong and how someone wound up dead. (S11) (S)(R)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **FILM The Idea of You** Romantic comedy with Anne Hathaway. A 40-year-old single mother begins a secret romance with a 24-year-old – who just happens to be the singer of a world-famous boy band. (S) (2024, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Reported Missing** (S)(R)(AD)
1.30 **Celebrity Bridge of Lies** (S)(R)
2.15 **Blankety Blank** (S)(R)
2.50 **LIVE Football: World Cup** Uzbekistan v Colombia: Coverage of both teams' opening match in Group K held at Mexico City Stadium. Kick-off is at 3.00. (S)
5.10 **Weather for the Week Ahead** (S)
5.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.00 AM **Breakfast** (S)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Great Japanese Railway Journeys** (S)(R)(AD)
8.30 **Sign Zone: Great Central Asian Railway Journeys** (S)(R)(AD)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **LIVE Tennis: Queen's** The HSBC Championships: Day three of the men's grass-court tournament at Queen's Club in London, featuring singles matches from the second round. (S)
6.00 **Richard Osman's House of Games** With guests Ben Bailey Smith, Robin Ince, Lara Ricote and Helen Skelton. (S)(R)
6.30 **Great Continental Railway Journeys** Michael Portillo travels from Larvik to Holstebro. (S)(R)

7.00 Cricket: Today at the Test

7.00 **Cricket: Today at the Test** England v New Zealand: Action from day one of the second Test in the three-match series held at the Kia Oval. The teams had not met here in this format since 1999, when New Zealand prevailed by 83 runs. (S)

8.00 **The Repair Shop** Experts restore a fully working children's car, a Dutch doll from during the Troubles in Northern Ireland, a fez from Egypt and a soap sculpture carved in a PoW camp in Thailand during World War Two. (S)(R)(AD)

9.00 **QI XL** Sandi Toksvig hosts the comedy panel show with Bridget Christie, Mark Watson, Johnny Vegas and Alan Davies. (S)(R)
9.45 **Live at the Apollo** Loyiso Gola introduces fellow comedians Scott Bennett and Helen Bauer to the stage of the Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** A look at the week's major global news stories. (S)
11.30 **Britney: In Ten Pictures** (S)(R)
12.30 AM **Sign Zone: The Future with Hannah Fry** 5/6. Inclusion. (S)(R)
12.55 **Sign Zone: Do You Know Your Place?** From Wrexham. (S)(R)
1.25 **Sign Zone: Peelers: The PSNI for Real** 4/6. Documentary. (S)(R)
1.55 **Sign Zone: Two Weeks in August** 5/8. Thriller series. (S1) (S)(R)(AD)
2.40 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** A mix of celebrity chat and lifestyle features. (S)
1.00 PM **ITV News** (S)
1.20 **Local News** (S)
1.30 **LIVE Racing: Royal Ascot** Ed Chamberlin and Francesca Cumani present coverage of day two of the festival, headlined by the 4.20 Prince of Wales' Stakes, plus races at 2.30, 3.05, 3.40, 5.00 and 5.35. With analysis from Jason Weaver, Ruby Walsh and Adele Mulrennan, reports by Matt Chapman, Rishi Persad, Oli Bell and Luke Harvey, and commentary by Richard Hoiles and Mark Johnson. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Football: World Cup

7.30 **Changing Ends** 2/6. The Carrs head to London and that can only mean one thing, quality time with Terri, but Alan feels obliged to serve up some home truths to his love-addled auntie. (S3) (S)(R)(AD)

8.00 **LIVE Football: World Cup** **England v Croatia:** Mark Pougatch presents coverage of the Group L match at Dallas Stadium in the USA, as Thomas Tuchel's side get their campaign under way. These two teams last met at Euro 2020, with England winning a group stage encounter 1-0 at Wembley Stadium thanks to a second-half finish from Raheem Sterling. With analysis from Roy Keane, Gary Neville and Ian Wright, and commentary by Lee Dixon and Sam Matterface. Kick-off is at 9.00. *See feature, page 6.* (S)
HOME NATION!
11.40 **LIVE Football: World Cup** Ghana v Panama: Coverage of the Group L match at Toronto Stadium in Canada, as these two sides get their tournaments under way. Kick-off 12.00m't (S)
2.35 AM **Wrestling: AEW Collision** Hard-hitting action from AEW's newest show. (S)(R)
4.20 **Unwind with ITV** (S)
5.30 **to 6.00** AM **James Martin's American Adventure** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 10-12/26. (S8) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 5-8/24. (S8) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A motorcycle enthusiast looks for her dream holiday home in Brittany. (S)(R)
4.00 **Narrow Escapes** New edition Stuart throws a homecoming barbecue on the towpath. (S)(AD)
5.00 **Chateau DIY** Terry and Ashley try to finish their guest room as their inaugural guest arrives. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** Darren and Natalie help a couple from Hampshire upgrade their Spanish dwelling. (S)(R)

9.00 The Light in the Hall: Still Waters

7.00 **News** (S)

8.00 **Location, Location, Location** New edition A catch-up with two couples who were looking in east and south London, to see how they got on after the cameras stopped rolling – and where they are living now. (S)

9.00 **The Light in the Hall: Still Waters** New episode 2/6. As Caryl digs deeper, she encounters Mabli, an activist protesting reservoir expansion, while Eve feels cornered. (S2) (S)(AD)
■ Entire series on C4 streaming

10.00 **Night Coppers** Robbie takes on the response to a large fire that has engulfed a seafront hotel, while Zoe and Jodie respond to a domestic violence call and are determined to capture the suspect. (S)(R)
11.05 **Celebrity Gogglebox** (S)(R)(AD)
12.05 AM **Tip Toe** (S1) (S)(SL)(R)(AD)
1.00 **NEW Best of Iris: Cardiff Charm** Short films set in Cardiff. (S)(AD)
2.05 **FILM Happy Death Day 2U** Horror comedy sequel with Jessica Rothe. (S)(SL) (2019, 15, 100min) ★★★★
3.45 **NEW Iris Prize Best British Shorts: Hot Young Geek Seeks Blood-Sucking Freak** (S)(AD)
3.55 **Sarah Beeny's New Life in the Country** Documentary. (S)(R)(AD)
4.50 **Couples Come Dine with Me** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)(R)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *After the Storm:* 1/24. The author and Beckett face danger from the killers of Kate's mother. (S)(R) **3.55** *Cloudy with a Chance of Murder:* 2/24. A TV weather girl is murdered. (S5) (S)(R)
4.50 **Love Nature** A species of auk called black guillemots. (S)(R)
5.00 **5 News with Dan Walker** (S)
6.00 **Isle of Wight: Jewel of the South** Focusing on floating restaurant, the Best Dressed Crab in Bembridge. (S)(R)
6.55 **News** (S)

8.00 Inside the Tower of London

7.00 **GPs: Behind Closed Doors** War veteran Terence pops in to see Dr Katy Dudgeon about an old biking injury that has come back to haunt him. (S)(R)

7.55 **News** (S)

8.00 **Inside the Tower of London** New edition Tracy Borman sets out to solve one of the greatest mysteries of the Tudor age – what happened to Henry VIII's flagship, the *Mary Rose*. (S)(AD)

9.00 **Surgeons: A Matter of Life or Death** A man in need of a liver transplant gives surgeons cause for concern when there is a worrying lack of blood pressure to supply the new organ. (S)(R)

10.00 **Trauma Room One** Daniel is rushed to hospital with a life-threatening blood clot on the brain and undergoes emergency surgery to relieve the dangerous swelling. (S)(R)

11.05 **A&E After Dark** A patient suffering with a collapsed lung is rushed to hospital. (S)(R)
12.05 AM **A&E: Crash Scene Emergency** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **The Mountbattens: A Scandalous Marriage** (S)(R)
3.20 **Friends** 13-15/24. (S9) (S)(R)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S7) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Wildlife ER** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Looking for Mr Goodbart:* Bart spends time with the town's grandmothers. (S)(R) **5.30** *The Cad and the Hat:* Bart's guilt gets the better of him after he betrays Lisa. (S)(R)
6.00 **The Office (US)** 24/25. Part one of two. Dwight and Angela get married. (S)(R) **6.30** 25/25. Part two of two. Pam surprises Jim. (S9) (S)(R)

8.00 Blithe Spirit

7.00 **The Simpsons** *Moho House:* Moe helps Homer and Marge work on their marriage. (S)(R) **7.30** *Dogtown:* A court case causes the town's dogs to assert their dominance over their humans. (S)(R)

8.00 **FILM Blithe Spirit** Comedy starring Isla Fisher, Dan Stevens and Leslie Mann. A spiritualist medium holds a seance for a writer suffering from writer's block, but accidentally summons the spirit of his deceased first wife. That leads to an increasingly complex love triangle with his current spouse of five years. (S)(AD) (2020, 12, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.00 **The Simpsons** *A Midsummer's Nice Dream:* Homer becomes part of a comedy double-act. (S)(R) **10.30** *Mom and Pop Art:* A gallery owner mistakes Homer's DIY barbecue for a work of art. (S)(R)

11.00 **Micky Flanagan: An' Another Fing Live** Stand-up recorded at London's O2 Arena. (S)(R)
12.45 AM **Grimm** 16/22. A frog-like Wesen preys on men attracted to her. (S4) (S)(R)
1.35 **Road Wars** (R)
2.00 **From** New episode 8/10. Boyd weighs up a plan that could bring everyone home. (S4) (S)
3.00 **Hawaii Five-0** (S4) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.30-3.00pm Politics Scotland (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Funboys New episode (S) **11.00** Funboys Series finale (S) **11.25pm-12.30am** OnlyFans: Inside the Machine (S)(R)(AD)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno **1.00** Ciao! Colleen Ag Owain (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Stiwdio Grefftau (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ceffylau, Sheikhs a Chowbois **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Taclo'r Ty New edition (AD) **8.55** Newyddion a'r Tywydd **9.00** 3Cân New edition **9.30** Y Byd ar Bedwar **10.00** Codi Hwyl (AD) **10.30-11.35pm** Cynefin

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BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Planet Earth: A Monkey's Tale** The ruined temples of Sri Lanka are home to a baby toque macaque.
7.10 **Walking with Dinosaurs** In Utah, 130 million years ago, a band of dinosaurs battle to reach adulthood.
8.00 **Top Gear** The world's best four-seat supercar.
9.00 **FILM Children of Men** Sci-fi thriller starring Clive Owen and Julianne Moore. In a future world where humans are infertile and refugees have been herded into camps, a former activist tries to smuggle a pregnant woman out of the UK. With Clare-Hope Ashitey. (2006, 15, 109min) ★★★★★
10.40 **Thailand: The Dark Side of Paradise** 1/3. Zara McDermott discovers the dark side of Thailand's backpacker culture.
11.25 **Thailand: The Dark Side of Paradise** 2&3/3.
12.55 AM **Peacock** 1-6/6. (S2)
3.50 **to 4.00** AM **7 Minutes**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The third quarter-final.
7.30 **Only Connect** Three philosophers compete against three *Hitchhiker's Guide to the Galaxy* fans.
8.00 **Universe** Examining the hunt for extra-terrestrials.
9.00 **The Nazis: A Warning from History** Grassroots support for Goering's feared secret police, the Gestapo.
9.50 **One Foot in Arthur's Seat** Ian Richardson walks up the dormant volcano.
10.00 NEW **W Stephen Gilbert Remembers – Only Connect** W Stephen Gilbert looks back on the 1979 drama *Only Connect*.
10.15 **Only Connect – Play of the Week**
11.05 **Alison Steadman Remembers – Girl**
11.20 **Second City Firsts: Girl**
11.50 **Vienna: Empire, Dynasty and Dream**
12.55 AM **The Nazis: A Warning from History**
1.45 **Only Connect**
2.15 **to 3.15** AM **Universe**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
9.55 **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at the Castle Arms Inn in Snape, North Yorkshire. **4.50** A visit to Eden Valley Glamping in Cumbria. **5.20** The third visit is to Fernie Castle in Letham, Fife. **5.50** The fourth and final visit is to Cadillac Kustomz Hotel on the Isle of Bute. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer are house-hunting in and around Bristol.
7.55 **PopMaster TV** Contestants from London, Banbury, Newcastle-under-Lyme, Doncaster and Southport compete in the third heat.
9.00 **Our Yorkshire Shop: A Victorian Restoration** 2/4. The hunt for stock starts in earnest, with local produce including handmade candles from the Dales.
10.00 **24 Hours in A&E** A 14-year-old is rushed to St George's after an accident on her bike.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped's Caribbean Adventure**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Hertfordshire.
8.00 **Ramsay's Hotel Hell**
10.00 **Below Deck: Mediterranean**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons** Triple bill.
6.30 **Hollyoaks** Jenson receives a shocking revelation.
7.00 **Hollyoaks** Dee Dee is in the centre of attention.
7.30 **The Simpsons** *Homer Goes to Prep School:* With the guest voice of Tom Waits.
8.00 **Below Deck: Mediterranean** New edition The deck team come under fire for being too lax on the job.
9.00 **Gogglebox** Opinions on *Squid Game: The Challenge*. **10.00** The households' opinions on *Gladiators*.
11.05 **Naked Attraction**
12.10 AM **Dating Naked UK**
1.10 **Gogglebox**
2.10 **Below Deck: Mediterranean**
2.55 **Abbott Elementary**
3.20 **The Simpsons**
3.45 **The Goldbergs**
4.10 **Don't Tell the Bride: Revisited** Reality series.
5.05 **to 6.00** AM **Ramsay's Hotel Hell**

+1 hr 235/236 306 30 123 256

Wednesday primetime primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **Motorway Patrol**
10.00 **Brit Cops: Rapid Response**
11.00 **Chicago Fire** 8/22. (S13)
12.00 NOON **FBI** 7&8/13. (S6)
2.00 PM **The Rookie** 6/14. Officer Nolan's decision to return to school proves a tough ask. (S3)
3.00 **Law & Order: Criminal Intent** 22/22. Logan begins to investigate the murder of a police recruit. (S6)
4.00 **Nothing to Declare**

10.00 Doc

7 PM **7.00** **Police 24/7** Focusing on how law enforcement deals with the growing problem of illegal substances on the streets.

8 PM **8.00** **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM **9.00** **Matlock** New episode *Who Are You?* 15/16. The team face an unexpected final hurdle to bring Senior to justice. (S2)

10 PM **10.00** **Doc** New episode *The Big Chair:* 20/22. Joan arrives as a patient at the hospital on Michael's first day as chief. (S2)
11.00 **The Rookie** 2/14. (S3)
12.00 M'T **FBI** Crime drama. (S6)
1.00 AM **Law & Order: SVU** (S26)
2.00 **FBI** New episode 20/22. (S8)
3.00 **Road Wars** Double bill.
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 7&8/9. (S3)
11.15 **House of the Dragon** (S1)
12.20 PM **Deadwood** 3&4/12. (S2)
2.20 **Mussolini: Son of the Century** 3/8. Drama. (S1)
3.20 **House of the Dragon**(S1)
4.35 **Gomorrah** 3/12. Pietro orders the gang to destroy the Nigerian crack dealers. **5.40** 4/12. Imma takes charge. Subtitled. (S1)
6.45 **The Gilded Age** 7/8. Larry receive troubling news. (S3)

7.50 The Gilded Age

7.50 **The Gilded Age** *My Mind Is Made Up:* 8/8. Bertha finalises the guest list for the ball and finally faces the fall-out from her actions, while Dr Kirkland makes a decision. (S3)

9.00 **The White Lotus** *Amor Fati:* 8/8. Belinda negotiates a deal with Zion that could secure her future, Gaitok shares his plans with Mook. (S3)
10.30 **A Knight of the Seven Kingdoms** *Seven*: 4/6. Dunk requests a trial by combat. (S1)
11.15 **A Knight of the Seven Kingdoms** 5/6. Dunk's mettle is put to the test. **12.00** M'T 6/6. Fantasy. (S1)
12.40 AM **Hacks** 7&8/9. (S3)
2.00 **The Gilded Age** (S3)
4.10 **Homicide: Life on the Street**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.25 **Billie and Greg: Family Diaries**
9.30 **The Only Way Is Essex**
10.30 **Real Housewives of Salt...**
11.20 **Real Housewives of Orange...**
12.10 PM **Real Housewives of Cheshire** Reality series.
1.10 **Celebrity Catchphrase**
2.10 **The Floor USA**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**

8.25 Billie and Greg

7.00 **The Floor USA** New edition Rob Lowe hosts the game show as the remaining 25 players try to hang onto their turf.

8.00 **Million Dollar Listing: LA** Tracy decides to embrace technology to try and sell a property that no one is allowed to set foot in.

9.00 **Love Island** New edition Relationship-based reality show in which singletons seeking a romance compete to find love.

10.05 **Love Island: The Debrief** New edition Daily *Love Island* reactions.
10.35 **Family Guy** 17/21. Peter gets plastic surgery. (S2)
11.05 **Family Guy** 12/21. The Griffins are offered their own reality TV show. (S2)
11.35 **American Dad!** (S2&1)
12.35 AM **Bob's Burgers** (S13)
1.30 **Transaction** 2/6. (S1)
2.00 **Piglets** 1/6. (S1)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Inspector Morse**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Let Us Prey:* A killer uses ancient torture methods to punish modern-day 'sinners'.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *David Stockwell's Ghost:* A couple who have returned to town accuse their housekeeper of stealing.

11.50 Shetland

6.55 **Heartbeat** *Testament:* Jackie refuses to believe that her uncle could be responsible for a hit-and-run incident.

8.00 **Midsomer Murders** *Death's Shadow:* Barnaby and Troy investigate the murder of a terminally ill property developer, and Cully works with a theatre director connected to the dead man. Guest stars Richard Briers.

10.00 **Law & Order: UK** *Hounded:* 2/7. Steel pushes the boundaries of the law to the limit in a prosecution. (S3)
11.00 **Law & Order: UK** 3/7. Steel finds himself pitted against a brilliant defence lawyer. (S3)
11.50 **Shetland** 5/6. A scientist is found dead in the bird observatory on Fair Isle. **1.05** AM 6/6. Drama. (S2)
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.25 **Magnum, PI**
8.20 **The Saint**
9.30 **Racing: The Opening Show**
10.30 **The Sweeney**
11.35 **BattleBots**
12.35 PM **Magnum, PI**
2.35 **The Saint**
3.40 **Boon**
4.45 **The Sweeney**
5.50 **LIVE Racing: Royal Ascot** Coverage of the final race on day two of the festival.
6.30 **River Monsters**

9.00 The Motorbike Show

7.00 **Gallagher PREM Unleashed** Action from the semi-finals, as four teams looked to secure their place in the final.

8.00 **Junk & Disorderly** Henry Cole delves into the cast-offs of top collector Matt XX and finds a vintage Chopper.

9.00 **The Motorbike Show** Henry Cole takes a ride through the Lake District to celebrate the Vincent motorbike.

10.00 **Bullseye** Freddie Flintoff hosts the revival of the darts-themed game show. With guest Luke Littler.
11.00 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley, Jay White, Bryan Danielson and Miro.
1.00 AM **The Saint**
1.55 **The Sweeney**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Food Fest Scotland** Edith Bowman and Colin Murray explore the Foodies Festival in Glasgow, where they discover the secrets to the best egg fried rice with chef Jimmy Lee.
8.00 **Born to Be Wild** Acting head of large mammals April rears an orphaned badger cub.
9.00 **The Rise and Fall of Michelle Mone** 1/2. How the businesswoman became embroiled in a PPE scandal that broke in the aftermath of the COVID-19 pandemic. **10.00** 2/2. A look at the entrepreneur's elevation to the House of Lords.
11.00 **Scotcast** Discussion on Scotland's news stories.
11.30 PM **to 12.00** M'T **Jules and Greg's Wild Swim**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S11)
9.00 **Sort Of** 7&8/8. (S2)
10.00 **Avenue 5** 1&2/8. (S2)
11.15 **Will & Grace** (S4)
12.15 PM **Frayed** 2/6. (S1)
1.15 **The Reluctant Landlord**
1.40 **Based on a True Story**
3.00 **Will & Grace** (S3)
4.00 **Frayed** 2/6. (S1)
5.00 **Community** (S3)
6.00 **Will & Grace** (S4)
7.00 **The Office (US)** 25/25. Ryan makes a grand gesture for Kelly. (S9) **7.30** 1/6. Pilot episode of the comedy starring Steve Carell. (S1)
8.00 **Resident Alien** (S4)
9.00 **Last Week Tonight with John Oliver** Talk show.
9.45 **Ania Magliano: I Can't Believe You've Done This** Stand-up show.
10.50 **The Reluctant Landlord**
11.50 **Based on a True Story**
1.30 AM **Resident Alien** (S4)
2.30 **Community** 7/22. (S3)
3.00 **Frayed** 2/6. (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **A Swan Lake**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Classic Movies**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Discovering**
5.00 **Portrait Artist 2019**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Art Traffickers**
9.00 **Celebrity Portrait Artist of the Year**
10.00 **The Seventies**
11.00 **DH Lawrence: Sex, Exile and Greatness**
12.00 M'T **Dolly Parton: America Reunited**
1.15 AM **Johnny Cash: The Man in Black in Britain**
2.15 **The World in a Painting**
3.30 **Ai Weiwei: The Artivist**
4.45 **shortFLIX Presents Seven Sisters**
5.00 **to 6.00** AM **Classic Movies**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 16/26. (S4)
5.00 **Stargate SG-1** (S6)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: The Next Generation** *Tin Man:* 20/26. The *Enterprise* establishes contact with a new life form. (S3)
8.00 **Star Trek: Voyager** (S2)
9.00 **The Rookie** (S4)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S4)
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Warwick Davis hosts the quiz show as five friends take part.
3.00 **The Celebrity Chase** Bradley Walsh hosts a celebrity version of the general knowledge quiz.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Chase Celebrity Special** Cherry Healey, Dallas Campbell, Ria Hebden and Robert Peston take part.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **American Pickers**
11.00 **Narrow Escapes**
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **Invasion of the Parakeets** Chris Packham follows a family of parakeets as they grow.
8.00 **Bake Off: The Professionals** The teams serve up citrus tarts and chocolate fudge showpieces.
9.00 **Grand Designs** Building a house wrapped around an ancient oak tree in rural Suffolk.
10.00 **Building Monaco's Superhomes** Double bill.
12.05 AM **Emergency**
1.10 **999: On the Front Line**
2.10 **Celebrity Gogglebox**
3.10 **Gogglebox**
4.10 **to 5.10** AM **Night Coppers**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **Primeval** 2&3/10. (S3)
4.00 **Stargate SG-1** 10/22. An alien world offers Earth a medicine able to cure any illness. (S6)
5.00 **Star Trek: Voyager** 8/26. An alien life form attaches itself to Torres. (S5)
6.00 **Star Trek: Enterprise** 5/26. Archer becomes depressed when his dog falls ill. (S2)

9.00 Grimm

7.00 **Stargate Atlantis** *The Hive:* 11/20. Part two of two. The Wraith hold the team hostage on a hive ship. (S2)
8.00 **Stargate SG-1** *Cure:* 10/22. An alien world offers Earth a medicine with the power to cure any illness. (S6)
9.00 **Grimm** *Wesenrein:* 9/22. Nick and Hank tell Wu the truth about the existence of Wesen. (S4)
10.00 **The Walking Dead** *Coda:* 8/16. Rick attempts to find a peaceful agreement to the hostage situation. (S5)
11.00 **Westworld** 3/8. Bernard embarks on his journey. **12.00** M'T 4/8. The resistance search for a weapon. (S4)
1.00 AM **Primeval** 2/10. The team battle a creature that blends into its surroundings. (S3)
2.00 **The Walking Dead** As 10pm.
3.00 **Westworld** 3&4/8. (S4)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S2)
9.00 **Father Brown**
10.00 **The Mentalist** 3/24. (S4)
11.00 **Hudson & Rex** 12/16. (S4)
12.00 NOON **Unforgettable** (S2)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S2)
4.00 **The Mentalist** 3/24. (S4)
5.00 **Hudson & Rex** 12/16. Charlie, Rex and Sarah visit an island community caught up in a resettlement dispute. (S4)
6.00 **Father Brown** *The Viper's Tongue:* Mrs McCarthy gets an unwelcome birthday surprise.

9.00 Saint-Pierre

7.00 **Unforgettable** *East of Islip:* 11/13. As Carrie and Al investigate a murder in the Hamptons, the residents close ranks. (S2)
8.00 **Death in Paradise** *Melodies of Murder:* 8/8. A band's reunion is blighted when the guitarist is found dead. (S7)
9.00 **Saint-Pierre** New episode *Bad Friends, Bons Ennemis:* 9/10. Fitz's enemy is the prime suspect in a case. (S1)
10.00 **Death in Paradise** *Somewhere in Time:* 7/9. The host of a fishing trip is found harpooned on a beach. (S10)
11.00 **Father Brown** As 6pm.
12.00 M'T **Death in Paradise** (S7)
1.00 AM **Hudson & Rex** As 5pm.
2.00 **Murdoch Mysteries** 4/13. The detective meets Harry Houdini during an investigation. (S2)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
9.10 **The Green Green Grass**
9.50 **Are You Being Served?**
10.30 **Last of the Summer Wine**
11.50 **Porridge**
12.25 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army: The Animations**
2.20 **Ever Decreasing Circles**
3.00 **Are You Being Served?**
3.40 **Red Dwarf**
4.55 **Dad's Army: The Animations**
5.35 **Last of the Summer Wine**
6.55 **Keeping Up Appearances**

9.20 Not Going Out

7.30 **Dad's Army: The Lost Episodes** Mainwaring decides to use all his standing to excuse Walker from service.
8.05 **Red Dwarf** The crew land on a prison planet where crime is impossible. **8.45** Lister and Rimmer risk their lives while trying to boost Holly's IQ.
9.20 **Not Going Out** Lucy continues to worry about the age gap between her and Guy.
10.00 **Red Dwarf** Rimmer comes face to face with his double, Ace. **10.35** A leak from the suspended animation chamber gives the crew a doorway to the past.
11.15 **Harry Enfield and Chums**
11.55 **Not Going Out** As 9.20pm.
12.35 AM **Bottom Live**
2.55 **Harry Enfield and Chums**
3.30 **to 4.00** AM **The Power of Parker**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.30 AM **Pointless** Quiz show.
8.20 **Border Force: America's Gatekeepers**
10.20 **Rick Stein: From Venice to Istanbul** Double bill.
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** River Tweed.
3.00 **Simon Reeve's South America**
4.00 **The Hairy Bikers' Chicken and Egg** Roast chicken.
5.00 **Rick Stein: From Venice to Istanbul** A road trip through the former Byzantine Empire. **6.00** A trip across Croatia.

3.00 South America

7.00 **Mortimer & Whitehouse: Gone Fishing** Fishing for salmon in the River Tweed.
7.40 **Would I Lie to You?** With Maya Jama, Roisin Conaty, Roman Kemp and Xand van Tulleken. **8.20** With Johnny Vegas, Alex Jones, Martin Lewis and Anna Maxwell-Martin.
9.00 **QI XL** Comedians Cal Wilson, Jack Whitehall and Jimmy Carr join Stephen Fry and regular panellist Alan Davies.
10.00 **Have I Got a Bit More News for You** Jason Manford hosts the quiz, with guests Glenn Moore and Jess Phillips MP.
11.00 **8 Out of 10 Cats** With Sara Pascoe and Oti Mabuse.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** With Shappi Khorsandi, Ross Noble and Johnny Vegas.
2.55 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Classic Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Tenko**
3.20 **Pie in the Sky**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** Clegg and Truly collect music. **6.30** Tom's niece disappears following his bid to launch her into showbiz stardom at a pub.

9.00 The Chelsea Detective

7.20 **Last of the Summer Wine** Compo's son Tom settles into his father's old house, but soon runs into trouble.
8.00 **Sister Boniface Mysteries** *Don't Try This at Home:* The nun investigates a murder on the set of a TV show.
9.00 **The Chelsea Detective** *A Chelsea Education – Part One:* 7/8. A respected educator is found bludgeoned to death. (S1)
10.00 **New Tricks** *The One That Got Away:* The discovery of a photograph featuring a missing woman leads to the hunt for a serial killer.
11.20 **Silent Witness** *Bloodlines:* Harry travels to Budapest to help his lover Anna Sandor investigate a suspicious death.
1.35 AM **Lovejoy** *No Strings:* Eric gets involved with a rock band.
2.35 **Waiting for God**
3.05 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

Wednesday

7 PM · 8 PM · 9 PM · 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 18-20/24. (S16)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *IRL:* 9/20. The team investigate a petty officer's murder. **7.00** *The North Pole:* 10/20. Gibbs and the team assist Ziva. **8.00** *In the Wind:* 11/20. Gibbs must face the consequence of his actions. (S17)
9.00 FILM **Jesse Stone: Stone Cold** Detective drama starring Tom Selleck and Mimi Rogers. A sleepy backwater town's hard-drinking chief of police pursues a serial killer and investigates the rape of a teenager. (2005, 12, 83min) ★★
10.50 **Law & Order: Special Victims Unit** (S11)
12.50 AM **Law & Order: Special Victims Unit**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
1.00 PM **Traffic Cops: Over the Limit**
2.00 **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A man is blue-lighted in with shortness of breath.
9.00 **Ambulance: Code Red** A 42-year-old has broken his leg from a fall at the Royal Mail sorting office. **10.00** Critical care teams race to save lives as a 61-year-old is injured in a motorcycle crash.
11.00 **Nightmare Tenants, Slum Landlords**
1.00 AM **Police Interceptors**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Traffic Cops**
10.15 **Police Interceptors**
12.15 PM FILM **Red Sundown** Western. (1955, U) ★★
2.00 FILM **The Proud Ones** Western. (1956, U) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Sgt Dave Roberts pursues a car suspected of having cloned number plates.
9.00 **Police Interceptors** Officers take part in a high-speed pursuit of a suspected drink driver.
10.00 **Police: Night Shift 999**
11.00 **The X-Files** 24/24. (S3)
12.00 M'T **Seconds from Death: Caught on Camera** Documentary.
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: Homes for Veterans** Double bill.
12.00 NOON **DIY SOS: The Big Build** Property series.
1.00 PM **Antiques Road Trip**
3.00 **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: Homes for Veterans** Double bill.
8.00 **Pete Wicks: Dogs' Sake**
9.00 **Shades of Blue** *Equal & Opposite:* A drug lord tells Harlee he has some dirt on Wozniak. **10.00** *Fall of Man:* An imprisoned ex-lover asks Harlee to find a man who framed him for murder. ■ Series 1-3 on U
11.00 **Antiques Road Trip**
1.00 AM **The Gentle Art of Swedish Death Cleaning**
2.00 **to 3.00** AM **Dangerous Breed: Crime. Cons. Cats**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Martin Clunes: Islands of America**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries** During a cold snap, Robbie gets iced in on the Grand Union Canal.
8.00 **Train Truckers** The Royal Highland Fusilier must be hauled to Wirksworth in Cheshire.
9.00 **Seven Worlds, One Planet** David Attenborough looks at life in South America.
10.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Martin Clunes: Islands of America**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Mallorca.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family: Born Without Trace**
7.00 **The Yorkshire Auction House** Angus helps a daughter sell her late father's CB radios.
8.00 **Antiques Road Trip** Irita Marriott and Raj Bisram meander through the Midlands.
9.00 **Who Do You Think You Are?** With Nigel Havers.
10.00 **Rich House, Poor House** Documentary.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Hart to Hart** (S1)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 12&13/24. (S8)
1.00 PM **The Waltons** (S2)
4.00 **Little House on the Prairie** 14&15/24. (S8)
6.00 **Ballykissangel** (S5)
7.00 **M*A*S*H** 20/24. Trapper helps a Korean soldier join his pregnant wife. **7.30** 21/24. The camp prepare for a visit by General MacArthur. **8.00** 22/24. Trapper gives away his jackpot. **8.30** 23/24. Colonel Flagg arrives. (S3)
9.00 FILM **Mother's Day on Walton's Mountain** Drama with Ralph Waite. (1982, U, 104min) ★★
11.05 **M*A*S*H** 20-13/24. (S3)
1.05 AM **Rising Damp** (S2)
1.35 **Man About the House**
2.05 **Air Rescue** Double bill.
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM FILM **Gung Ho!** Drama. (1943) ★★★
11.00 **Tombstone Territory**
12.00 NOON **The High Chaparral** Double bill.
2.10 PM **Wanted: Dead or Alive**
2.50 FILM **Angel and the Badman** Western. (1947, b/w, U, 100min) ★★★
5.10 FILM **Super Eruption** Disaster movie. (2011, 15, 89min) ★★
7.05 FILM **The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
9.00 FILM **Bandidas** Western. (2006, 12, 92min) ★★
11.00 FILM **Sniper Elite** Drama. (2014, 15, 91min) ★★
1.05 AM **Dragon Ball Super**
2.05 **Coast Guard Alaska**
3.05 FILM **Seattle Superstorm** Thriller. (2012, PG, 95min) ★★
4.30 **Air Rescue**
5.05 **to 6.00** AM **Coast Guard Alaska**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **An Aurora Teagarden Mystery: A Very Foul Play** Whodunit. (2019, PG, 85min) ★★
10.05 **In Plain Sight** (S1)
11.05 **Castle** 5/24. (S3)
12.05 PM **Hailey Dean Mysteries** 5/9. (S1)
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 6/24. (S3)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** (S1)
10.00 FILM **Picture Perfect Mysteries: Newlywed and Dead** Whodunnit. (2019, PG, 90min) ★★
11.55 FILM **Aurora Teagarden Mysteries: Honeymoon, Honeymurder** Drama. (2021, PG, 84min) ★★
1.50 AM FILM **Her Final Bow** Thriller. (2017, PG) ★★
3.25 **to 5.00** AM FILM **Killer in Red** Thriller. (2018, 12, 90min) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.00 AM FILM **The Christmas Ball** Drama. (2020) ★★
10.10 FILM **Christmas with a Prince: Becoming Royal** Drama. (2019, PG) ★★
12.10 PM FILM **Royal Christmas Crush** Drama. (2023, U, 90min) ★★
2.00 FILM **Christmas Cookies** Drama. (2016, PG) ★★
3.55 FILM **A Christmas Recipe for Romance** Drama. (2019, U) ★★
5.50 FILM **Baking All the Way** Romantic drama. (2022, PG, 85min) ★★
7.40 FILM **The Sweetest Christmas** Romance. (2017, PG, 90min) ★★
9.40 FILM **Christmas Comes Home** Festive romance. (2020, PG, 84min) ★★
11.45 FILM **Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Christmas Cookies**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **Our Dream Farm with Matt Baker**
2.00 **Love Your Garden**
3.00 **New Home DIY**
4.00 **Highclere: The Real Downton Abbey**
5.00 **Celebrity Coach Trip**
6.00 **Love Your Garden**
7.00 **Garden Rescue** A garden in Redditch gets a makeover. **8.00** A wooded wonderland in Witney.
9.00 **Our Dream Farm with Matt Baker** With the ewes lambing, they need to be looked after at all hours.
10.00 FILM **Frustrated Wives** Comedy. (1974, 12) ★★
12.00 M'T FILM **Intimate Games** Comedy. (1976, 18, 90min) ★★
2.00 AM FILM **The Blood on Satan's Claw** Chiller. (1970, 18, 93min) ★★★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **Two's Company** (S2)
11.00 **The Fenn Street Gang**
11.30 **Agony** 5/7. (S2)
12.00 NOON **Randall and...**
1.00 PM **Hallelujah** (S1)
1.30 **The Dustbinmen** (S3)
2.00 **Father Brown**
3.00 **Rewind Time Machine**
3.05 **Hank the Cowboy**
3.20 **Rewind Time Machine**
3.25 **Boon** 9/13. (S3)
4.30 **Jack Hargreaves' Old Country** (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S3)
6.30 **Only When I Laugh**
7.00 **Two's Company** (S2)
7.30 **Doctor at Large** (S1)
8.00 **Randall and Hopkirk (Deceased)** 10/26. (S1)
9.00 **Drop the Dead Donkey**
10.00 FILM **On the Game** Comedy. (1974, 18) ★★
11.40 FILM **Sasquatch** Horror. (1976, U, 95min) ★★
1.25 AM **Stereo Underground**
2.25 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **The Snake Catcher**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Keith risks pushing through jagged ice in search of the Wizard's lost pots.
9.00 **Alaska: Homestead Rescue** The Raneys scramble to ready their homestead for winter, and Marty helps a fellow Alaskan who has lost access to his homestead.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Prue Leith's Cotswold Kitchen**
7.00 **The Hairy Bikers' Comfort Food**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Be My Guest with Ina Garten** With Faith Hill.
11.00 **The Great British Bake Off** Bread Week.
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin: Sweet**
3.00 **The Hairy Bikers' Comfort Food**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Be My Guest with...**
7.00 **Great British Bake Off**
8.30 **Rachel Allen: Bake!**
9.00 **Nigella Bites**
10.00 **Prue Leith's Cotswold Kitchen** With television presenter Laura Jackson.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 20/24. (S8)
9.00 **T.J. Hooker** 14/23. (S4)
10.00 **Babylon 5** 7/23. (S1)
11.00 FILM **Dark Storm** Sci-fi thriller. (2006, 15, 89min) ★★
12.50 PM FILM **The Shooting** Haunting Western. (1966, 15, 82min) ★★★
2.25 FILM **Mackenna's Gold** Western drama. (1968, 15, 136min) ★★★
5.00 **Star Trek** 24/26. (S2)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 8/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **Congo** Jungle adventure. (1995, 12, 108min) ★★★
11.10 FILM **They Live** Sci-fi adventure. (1988, 15, 95min) ★★★
1.15 AM FILM **Nowhere to Run** Romantic thriller. (1993, 15, 95min) ★★
3.10 **to 5.00** AM FILM **Executive Command** Thriller. (1997, 15) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Age of the Dragons** Action fantasy. (2010, 12, 90min) ★
11.00 **Andromeda** 21/22. (S2)
12.00 NOON FILM **Sherlock Holmes** Mystery drama. (2010, 12, 89min) ★★
2.00 PM FILM **Independents' Day** Adventure starring Jacquelin Arroyo. (2016, 15, 91min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Shark** Thriller. (1969, 15, 88min) ★★
7.00 **Andromeda** (S2)
8.00 **The A-Team** 9/14. (S1)
9.00 FILM **Hitman** Action thriller starring Timothy Olyphant. (2007, 15, 100min) ★★★
10.55 FILM **Cold in July** Crime thriller starring Michael C Hall. (2014, 15, 108min) ★★★★
1.10 AM FILM **Hitman** As shown at 9.00pm.
3.05 FILM **Shark** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.45 **Pawn Stars**
7.30 **Money for Nothing**
8.25 **Junk & Disorderly**
9.20 **Canadian Pickers**
1.05 PM **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Money for Nothing**
4.05 **Ancient Aliens**
5.00 **Craig Charles: UFO Conspiracies**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **Weird Britain** New edition
10.00 **The UnXplained**
11.00 **Paranormal: Caught on Camera**
12.00 M'T **Mysteries from Above** Documentary.
1.00 AM **Craig Charles: UFO Conspiracies**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Yorkshire Great and Small with Dan and Helen** Nidderdale.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo** Crime drama.
4.30 **Around the World by Train with Tony Robinson** In Australia.
5.00 **World's Most Scenic Railway Journeys**
6.00 **Drain the Oceans**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Keeping Faith** 5/8. Dr Alpay names a price for information. (S1)
10.05 **The Madame Blanc Mysteries** 6&7/7. (S2)
12.05 AM **Wentworth: The Final Sentence**
1.10 **The Yorkshire Vet**
2.10 **Yorkshire Great and Small with Dan and...**
3.10 **to 4.00** AM **World's Most Scenic Railway Journeys**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze** Game show.
1.00 PM **Dale's Supermarket Sweep** Game show.
2.00 **The Chase Celebrity Special** With Eddie Hall and Dani Harmer.
3.00 **The Chase** Quiz show.
4.00 **Who Wants to Be a Millionaire?** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** With Toyah Willcox and John Barnes.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With David Grant, Jonnie Peacock and Pixie McKenna.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Georgie and Mandy's First Marriage**
8.00 **Young Sheldon** (S2)
10.00 **The Big Bang Theory**
2.00 PM **Georgie and Mandy's First Marriage**
3.00 **Young Sheldon** (S2)
5.00 **The Big Bang Theory**
9.00 **The 600lb Diaries with Dr. Now** New edition After Crystal's weight spiralled, she became bedridden.
10.00 **Dangerously Obese** New edition Niki's high school softball career was cut short by her weight. She now wants to coach her son, but her food addiction threatens her plans.
11.00 **Dr Pimple Popper**
12.00 M'T **Mike & Molly**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends** (S3&1)
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S5)
1.00 PM **Friends** (S8)
7.00 **Friends** 19/24. Joey is interviewed for a television magazine. **7.30** 20/24. Rachel's mother plans to move in. **8.00** 21/24. Ross makes Rachel jealous. **8.30** 22/24. Chandler falls asleep at Joey's film premiere. (S8)
9.00 **Michael McIntyre's Big Christmas Show**
10.00 **8 Out of 10 Cats Uncut**
11.40 **Teachers** New episode 16/20. Comedy. (S3)
12.10 AM **Whose Line Is It Anyway? USA**
1.10 **South Park** (S2)
3.05 **Michael McIntyre's Big Christmas Show**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S5)
6.50 **Rosie Jones Tries to Help** With Ed Gamble.
7.00 **Teleshopping**
9.00 **Michael McIntyre's The Wheel** With Alex Jones.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S4)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 6/8. (S1)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's The Wheel** With Alex Jones.
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** (S5)
9.00 **Friends** (S1)
10.00 **South Park** (S5)
1.00 AM **Friends** (S7)
2.00 **Michael McIntyre's The Wheel** With Alex Jones.
3.00 **Most Ridiculous**
3.45 **New Girl** 11-14/25. (S2)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 1/7. (S4)
10.45 **Steptoe and Son** (S5)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.35 PM **Man About the...**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 1/13. Drama. (S2)
2.40 **Minder** 7/11. (S1)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 1/7. (S4)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 1/7. (S1)
6.40 **Steptoe and Son** (S5)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 2/6. (S7)
9.00 **Benidorm** 7/9. (S10)
9.55 **Shameless** 4/7. (S1)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 7/9. (S10)
12.55 AM **Minder** 3/11. (S1)
1.55 **Duty Free** 1/7. (S1)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.00 **Bar Rescue**
11.00 **Catfish: The TV Show**
4.00 PM **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!**
7.00 **Beauty and the Geek Australia** Reality series.
8.30 **Judge Judy**
9.00 **Bar Rescue** New edition Jon Taffer sends mixologist Phil Wills to Toledo, Ohio to help rescue an ailing owner.
10.00 **Tattoo Fixers** A tattoo creates a challenge.
11.00 **Geordie Shore Turns 21!**
12.00 M'T **Ridiculousness** New edition Reality show.
12.30 AM **Ridiculousness**
1.00 **Ink Master**
2.45 **Caught In the Act: Double Life**
3.35 **to 4.00** AM **Queerpiphany**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Scrapyard Dynasty**
1.00 PM **Crikey! It's the Irwins**
3.00 **How Do They Do It?** Four editions, including at: **4.00** How the world's sharpest knives are forged. **4.30** Feather dusters.
5.00 **The Last Alaskans** The Arctic summer comes to an end. **6.00** Heimo and Edna's daughter visits with their new grandson Colby.

8.00 Sara Price: Chasing Dakar

7.00 **Kindig Customs** The owner of a 1968 Camaro has a load of upgrades he wants to accomplish.
8.00 **Sara Price: Chasing Dakar** Series finale With a podium place within reach, Sara takes on Dakar's dunes.
9.00 **Wheeler Dealers** The boys are determined to mark the MGB's 60th anniversary in style.
10.00 **Supercar Showroom** Dean and Trudie jet off to Milan as they plan to expand the business from supercars into hypercars.
11.00 **Expedition X** The team explore Chillingham, Britain's most haunted castle.
12.00 M'T **Wild & Weird America**
1.00 AM **Sara Price: Chasing Dakar** As 8.00pm.
2.00 **Supercar Showroom**
3.00 **Edge of Alaska**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Phoenix**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** Wardens question a group of hunters suspected of trespassing.
6.00 **Dr Jeff: Rocky Mountain Vet** A micro-pig with an injured leg requires surgery but anaesthesia could be deadly.

8.00 Rugged Justice

7.00 **Treehouse Masters** Zac Brown tasks Pete Nelson with building an out-of-this-world treehouse at Camp Southern Ground.
8.00 **Rugged Justice** The Fish and Wildlife Police arrest a salmon poacher, and confront a duck hunter who has a criminal past.
9.00 **Alaska: The Last Frontier** Otto and Eivin fight to douse a coal fire on Kilcher beach that threatens the homestead.
10.00 **Alaskan Bush People** The *Integrity* begins to show its age, stranding the Browns in the middle of the water.
11.00 **Mountain Monsters**
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Blood Ivory**
2.00 **Treehouse Masters: Out on a Limb** Pete Nelson builds a butterfly-themed treehouse.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Colossal Machines**
11.00 **Hidden Beneath the Cities**
12.00 NOON **Seconds from Disaster**
1.00 PM **Air Crash Investigation**
2.00 **Liberation: D-Day to Berlin**
4.00 **Pirates: Behind the Legends** The stories behind pirates, beginning with Francis Drake.
5.00 **Inside Sydney Airport** A busy Friday sees a passenger with illegal drugs.
6.00 **World War II: Secrets from Above** German battleships attack key Norwegian ports.

8.00 Ancient Structures

7.00 **Air Crash Investigation** A plane that crashed into an apartment complex in the Netherlands.
8.00 **Ancient Structures: Secrets Revealed** New edition The Colosseum and the Great Wall of China.
9.00 **Colosseum: Rise and Fall** Archaeologists dig beneath the Colosseum to uncover the remains of ancient beasts.
10.00 **Witches: Truth Behind the Trials** The lives of two witch-hunters during England's Civil War.
11.00 **Air Crash Investigation**
12.00 M'T **Toronto Airport Uncovered** Documentary.
1.00 AM **Amsterdam Central 24/7**
2.00 **Car S.O.S** Documentary.
2.55 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
6.30 **The Abyss: Rise & Fall of the Nazis** Triple bill of editions.
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars**
1.00 PM **The Curse of Oak Island**
2.00 **Mysteries Unearthed with Danny Trejo**
3.00 **Junk & Disorderly: Henry's Wreck-trospective** Compilation of editions from the show *Junk & Disorderly*.
6.00 **American Pickers** Mike trawls the assets of a three-generation family business.

10.00 Mysteries Unearthed

7.00 **Forged in Fire Armed Forces Tournament** Four airmen from the US Air Force are tasked with forging a bolo knife.
8.00 **Storage Wars** New edition Following the work of people who make a living bidding for the contents of abandoned storage units.
9.00 **The Curse of Oak Island** New edition Documentary following two brothers searching for treasure on a Nova Scotia island.
10.00 **Mysteries Unearthed with Danny Trejo** New edition Exploring the world's most significant discoveries.
11.00 **Cursed Treasures** The origins of the curses surrounding the Koh-i-Noor and Neo-Assyrian Stele.
12.00 M'T **Junk & Disorderly: Henry's Wreck-trospective**
2.50 AM **The Curse of Oak Island**
3.40 **Mysteries Unearthed with Danny Trejo** As 10.00pm.
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Maggie Smith**
8.00 **The Directors** Nancy Meyers.
9.00 **Shaq** Documentary.
10.00 **The Good Fight Club**
11.00 **The Nazi Cartel**
12.00 NOON **Discovering: Michael Caine** Documentary.
1.00 PM **Terry Venables: A Man Can Dream**
3.00 **Bobby Robson: More Than a Manager** Documentary.
5.00 **FILM Bobby** Documentary celebrating Bobby Moore. (2016, PG, 95min) ★★★★

8.00 Tina

7.00 **The Alien Autopsy Scandal** Entrepreneurs who claimed to have unearthed footage showing an alien corpse.
8.00 **Tina** A celebration of Tina Turner's life and career, featuring contributions from the Grammy Award-winning artist, as well as Angela Bassett and Oprah Winfrey.
10.15 **Salt Path: A Very British Scandal** Allegations of factual inaccuracies in Raynor Winn's book.
11.45 **Spitfire** The story of British single-seat fighter plane the Supermarine Spitfire.
1.45 AM **I Am Steve McQueen** The career of the actor.
3.15 **On the Line: The Richard Williams Story** The father of tennis stars Venus and Serena retraces his family's journey.
5.00 **to 6.00** AM **Discovering: Maggie Smith**

Wednesday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House** Angus discovers fairground items and a 1920s Ford Model T.
9.00 **Angus Ashworth: Yorkshire Heritage Hero** Angus Ashworth helps with a renovation project beneath the historic Carlton Towers.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Deadly Affairs**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer Beside Me**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **NEW SERIES Hunt for the Missing: Chicago** A detective uncovers secrets and a mysterious person of interest.
10.00 **American Detective with Lt Joe Kenda**
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** The case of Hollie Gazzard, who was tragically killed by her ex.
8.00 **UK Crime Files: Justice For My Brother** The case of Stuart Diamond.
9.00 **UK Crime Files: Murdered For Love** Documentary exploring the case of Paul Gault.
10.00 **Bloodline Detectives** New edition The story of how five-year-old Anne Pham's murder was solved after 40 years.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: Justice For My Brother**
1.00 AM **UK Crime Files: Murdered For Love**
2.00 **Bloodline Detectives**
3.00 **Murder UK**
4.00 **to 5.45** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: The Most Evil Woman in Britain** Myra Hindley.
9.55 **UK Crime Files: Saturday Night Strangler** Documentary.
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Double Murders**
3.00 **UK Crime Files: Family Murders**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A computer bug cripples a thriving company. **5.30** Two agents are killed during a routine motorcade for the Queen's visit to America. **6.00** A train crash in Alabama in 1993. **6.30** An inferno at King's Cross station in London.
7.00 **Judge Judy**
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **How I Caught the Killer**
4.00 **What the Killer Did Next** Documentary.
5.00 **Killer in My Village**
6.00 **Killing Mum and Dad**
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **Murdered at First Sight**
10.00 **Murder Uncut**
11.00 **The Real Manhunter**
12.00 M'T **Most Evil Killers**
1.00 AM **Killing Mum and Dad**
2.00 **Murders That Shocked the Nation**
3.00 **Britain's Most Evil Killers**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Besieged Fortresses, Legendary Battles**
9.50 **Cleopatra**
10.50 **Titans of the Cold War**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Besieged Fortresses, Legendary Battles**
2.45 **Cleopatra**
3.40 **Titans of the Cold War**
4.45 **Hitler's Gold**
5.40 **Besieged Fortresses, Legendary Battles**
6.50 **Cleopatra**
7.50 **Titans of the Cold War** New edition Khrushchev and Eisenhower navigate Cold War tensions.
8.55 **Hitler's Gold**
9.55 **Cleopatra**
10.55 **Besieged Fortresses, Legendary Battles**
12.00 M'T **Titans of the Cold War** Documentary.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

WEDNESDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Waterworld Africa**
7.00 **Monkey Life** Double bill.
8.00 **Orangutan Jungle School**
9.00 **Arctic Secrets**
10.00 **Gangs of Lemur Island**
11.00 **Africa's Hunters**
12.00 NOON **The Kimberley: Australia's Wild West**
1.00 PM **Monkey Life** Double bill.
2.00 **Orangutan Jungle School**
3.00 **Arctic Secrets**
4.00 **Gangs of Lemur Island**
5.00 **Africa's Hunters**
6.00 **The Kimberley: Australia's Wild West** Documentary.
7.00 **Monkey Life** Double bill.
8.00 **Untamed Valley** The creatures of Luangwa Valley's grasslands.
9.00 **Tales from Zambia**
10.00 **The Kimberley: Australia's Wild West** Documentary.
11.00 **Africa's Hunters**
12.00 M'T **Brazil Untamed**
1.00 AM **Waterworld Africa**
2.00 **Untamed Valley** As 8.00pm.
3.00 **Tales from Zambia**
4.00 **Orangutan Jungle School**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
9.00 **Combat Ships**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Ancient Aliens**
6.00 **Ultimate Mysteries**
7.00 **The Murder of Sally Anne Bowman: Crimes That Shook Britain** Examining the murder of Sally Anne Bowman in 2005.
8.00 **The Abyss: Rise & Fall of the Nazis** In 1945, it was unclear whether the Germans had broken with the Nazis.
9.00 **History's Greatest Myths** The leaders and legends who have shaped the course of history.
10.00 **Pharaohs at War** The Battle of Raphia, fought in 217 BC.
11.00 **Ancient Aliens** The Book of Enoch, removed from the Bible. **12.00** M'T The mystery behind man-made stone giants.
1.00 AM **The Murder of Sally Anne Bowman: Crimes That Shook Britain** As 7.00pm.
2.00 **Ancient Aliens** Triple bill.
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **The Gamechangers: Inventing the World** Double bill.
1.00 PM **The Dino Hunters**
3.00 **How the Universe Works**
6.00 **How It's Made** The creation of armoured vehicles, tension fabric buildings and rowers. **6.30** The production of mountain bike suspensions. **7.00** Downhill ski bindings, immersion parts washers and pencil sharpeners. **7.30** Gingerbread houses, livestock trailers and figurines. **8.00** Traffic signal poles, coffee filters and mining machines. **8.30** Making crystal chandeliers.
9.00 **In Search of Monsters** The Beast of Bray Road, apparently terrorising a Wisconsin town. **10.00** New evidence to prove the existence of the legendary Chupacabra.
11.00 **Expedition X** Double bill.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Green Eyed Killers**
8.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam** True-crime.
11.00 **999: Killer on the Line**
2.00 PM **Green Eyed Killers** New edition Investigating the story of Rosemary Espinoza.
3.00 **Murder at the Motel**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48** A young father loses his life at a nightclub.
8.00 **Green Eyed Killers**
9.00 **Crime in Progress** Responders race to save a mother who has stopped breathing.
10.00 **City Confidential** A toddler goes missing in New Jersey.
11.00 **Spring Break Murders**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The Real Murders of Atlanta** Documentary.
2.00 **Green Eyed Killers**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Exotic Animal ER**
10.00 **Monster Fish**
11.00 **Savage Kingdom Compilations**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Mississippi**
3.00 **Shark Men** Documentary.
4.00 **Savage Kingdom: Uprising**
5.00 **To Catch a Smuggler**
6.00 **Yukon Vet** Documentary.
7.00 **Secrets of the Zoo: Tampa** Bonds are made between lemurs and wallabies.
8.00 **Crocodile: Australia's Greatest Survivor** Analysing dominant saltwater crocodiles.
9.00 **Crocodile King** Examining the territorial crocodile.
10.00 **Border Protection Spain**
11.00 **To Catch a Smuggler**
12.00 M'T **Trafficked with Mariana Van Zeller** An online scam.
1.00 AM **Last of the Giants: Wild Fish** Documentary.
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** A reindeer herd.
4.00 **to 5.00** AM **Savage Kingdom Compilations**

Discovery History

161/172 147 181

7.00 AM **Coast Guard at War**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Black hole formation.
1.00 PM **NASA's Unexplained Files**
2.00 **Aliens in Alaska**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Coast Guard at War** A look into the role of the Coast Guard in the Vietnam War.
9.00 **Secrets Underground** A train filled with stolen Nazi gold said to be hidden in Poland.
10.00 **How Do They Do It?**
11.00 **Combat Dealers** A mysterious soldier's medal from the Battle of the Somme.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Expedition with Steve Backshall** Five editions.
2.00 PM **Expedition with Steve Backshall** Triple bill of editions.
5.00 **Bangers & Cash** Double bill.
7.00 **Bangers & Cash** An impressive collection of five iconic cars arrives at Thornton le Dale. **8.00** Derek Mathewson heads to Brigg to value a 1974 Mk3 Ford Cortina 2000E. **9.00** Dave Mathewson goes to Wales to bag a Sierra Cosworth, a sought-after car in the bidding market.
10.00 **Trawlermen** Force 11 storms are expected to hit Peterhead, Aberdeenshire. **10.30** Charlie and Charles McBride have a disastrous week. **11.00** Chaz Bruce runs into difficulty when a rope wraps around a propeller. **11.30** The dangerous job of lone fisherman John Alexander.
12.00 M'T **Bangers & Cash**
5.20 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Bride Killa**
9.00 **The Killer Beside Me**
12.00 NOON **The Lies That Bind**
1.00 PM **American Monster**
3.00 **Homicide City: Charlotte**
7.00 **Murder Under the Friday Night Lights** Two high school football coaches mysteriously vanish in 1976. **8.00** In Texas, a popular high school athlete is found murdered in her bedroom.
9.00 **Body Cam** A domestic dispute turns into a hostage situation with children's lives at stake.
10.00 **Crime Scene Confidential** CSI Alina Burroughs investigates a furniture store massacre that claimed four lives in 1975.
11.00 **Homicide Hunter: Never Give Up** Exploring the unsolved rape, mutilation and murder of young GI Darlene Krashoc.
1.00 AM **Killing Time** Exploring the murder of Kelley Clayton.
2.00 **Homicide City: Charlotte**
4.00 **to 6.00** AM **Murder Under the Friday Night Lights**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **G.A.S. Extreme Customs**
2.00 **Ant Anstead: Born Mechanic**
3.00 **Incredible Engineering Blunders: Fixed**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Iron Resurrection**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Iron Resurrection** The owner of the '36 Ford Coupe gets to drive her family heirloom.
9.00 **Outback Car Hunters** A shabby 1989 Range Rover is revamped.
10.00 **Incredible Engineering Blunders: Fixed**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Iron Resurrection**
1.00 AM **Richard Hammond's Workshop** A vintage Bentley.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **The Cinema List**
7.30 **Gabby's Dollhouse: The Movie** Comedy. (2025, U, 99min)
9.15 **The Choral** As 8.00pm.
11.15 **They Will Kill You** As 4.25pm.
1.00 PM **No Ordinary Heist** (2026)
2.45 **Sisu: Road to Revenge** Finnish action sequel. Partly subtitled. (2025, 15, 89min) ★★★★
4.25 **They Will Kill You** Comedy. (2025, 15, 94min) ★★★
6.15 **No Ordinary Heist** Thriller. (2026, 15, 99min) ★★★

11.40 One Last Deal

8.00 **The Choral** Comedy drama starring Ralph Fiennes, Mark Addy and Emily Fairn. A choral society's male members enlist in World War One, leaving a doctor to recruit teenagers in their place. (2025, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Fuze** Thriller starring Aaron Taylor-Johnson. An unexploded bomb is discovered on a construction site in the centre of London, leading to a mass evacuation. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **One Last Deal** Sports drama starring Danny Dyer and Elliott Rogers. (2026, 18, 89min)
1.15 AM **Him** Supernatural horror. (2025, 18, 96min)
2.55 **Sisu: Road to Revenge** (2025)
4.35 **to 6.20** AM **The Plague** Thriller starring Joel Edgerton. (2025, 15, 98min) ★★★★

Sky Cinema The Naked Gun

303 303 403 503 517

7.30 AM **The Naked Gun** (1988)
9.10 **The Naked Gun 2½: The Smell of Fear** As 9.30pm.
10.45 **The Naked Gun 33⅓: The Final Insult** As 5.00pm.
12.20 PM **The Naked Gun** (2025)
1.55 **The Naked Gun** As 8.00pm.
3.30 **The Naked Gun 2½: The Smell of Fear** As 9.30pm.
5.00 **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★
6.30 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★

6.30 The Naked Gun

8.00 **The Naked Gun** Spoof thriller starring Leslie Nielsen. LA's most inept detective uncovers a smuggling ring and foils an assassination attempt on Queen Elizabeth. With George Kennedy. (1988, 15, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **The Naked Gun 2½: The Smell of Fear** Police comedy sequel starring Leslie Nielsen as the world's least competent cop. With Priscilla Presley and George Kennedy. (1991, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Naked Gun 33⅓: The Final Insult** Comedy sequel starring Leslie Nielsen, Priscilla Presley and George Kennedy. (1994, 12, 83min) ★★★
12.30 AM **The Naked Gun** (2025)
2.00 **The Naked Gun** As 8.00pm.
3.30 **Sky Cinema Preview**
4.30 **to 6.00** AM **The Naked Gun 2½: The Smell of Fear**

Sky Cinema Drama

310 310 410 510 524

6.05 AM **Beach Rats** Drama. (2017, 15, 98min) ★★★
7.55 **Wish You Were Here** Drama. (2025, 12, 99min) ★★★
9.50 **Jackie** As shown at 12.10am.
11.45 **The Blind Side** Sports drama. (2009, 12, 129min) ★★★
2.10 PM **Drift** Drama with Cynthia Erivo. (2023, 15, 93min) ★★★★
4.00 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
6.00 **Grease 2** Musical sequel starring Maxwell Caulfield. (1982, PG, 109min) ★★
8.00 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated in hospital. (2024, 15, 138min) ★★★★
10.20 **Footloose** Teen musical starring Kevin Bacon as a Chicago kid who moves to the Midwest Bible Belt where rock 'n' roll is banned. (1984, 12, 107min) ★★★
12.10 AM **Jackie** Biopic drama starring Natalie Portman, Peter Sarsgaard and Greta Gerwig. (2016, 15, 100min) ★★★★
2.00 **Grease 2** As shown at 6.00pm.
4.10 **to 6.15** AM **The Friend** Drama starring Naomi Watts. (2024, 15, 120min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.05 AM **I Know What You Did Last Summer** As shown at 2.45pm.
8.05 **Salem's Lot** Horror chiller. (2024, 15, 109min) ★★★
10.05 **Spin the Bottle** Horror thriller. (2024, 15, 119min) ★★
12.20 PM **It** Horror with Bill Skarsgård. (2017, 15, 135min) ★★★★
2.45 **I Know What You Did Last Summer** Mystery horror reboot. (2025, 15, 119min) ★★★
4.40 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
6.15 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
8.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
10.00 **Mickey 17** Comedy with Robert Pattinson. Criminal Mickey Barnes agrees to be reprinted every time he perishes, but eventually meets a copy of himself. (2024, 15, 137min) ★★★
12.30 AM **Final Destination: Bloodlines** Supernatural horror. (2025, 15, 110min) ★★★★
2.25 **Cloverfield** (2007, 15) ★★★
3.55 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
5.50 **to 6.15** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.45 AM **Teenage Mutant Ninja Turtles** As shown at 1.30am.
8.30 **Teenage Mutant Ninja Turtles: Out of the Shadows**
10.30 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
12.15 PM **DC League of Super-Pets** (2022, PG) ★★★
2.10 **Sing** (2016, U) ★★★
4.05 **The Smurfs 2** Adventure. (2013, U, 104min) ★★
6.00 **Smurfs: The Lost Village** Animation. (2017, U) ★★★

6.00 Smurfs: The Lost Village

7.40 **Jumanji: Welcome to the Jungle** Fantasy with Dwayne Johnson. Four teenagers get transported into a video game and transformed into a party of jungle explorers. (2017, 12, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Peter Rabbit** Comedy with the voices of James Corden and Margot Robbie. A mischievous rabbit takes on a farmer in a battle of wits. (2018, PG, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★
1.30 AM **Teenage Mutant Ninja Turtles** Fantasy with Megan Fox and William Fichtner. (2014, 12, 101min) ★★
3.20 **Teenage Mutant Ninja Turtles: Out of the Shadows** Action adventure sequel. (2016, 12, 112min) ★★★
5.20 **to 7.30** AM **Annie** Musical. (1982, U, 128min) ★★★

Sky Cinema Action

306 306 407 507 521

6.20 AM **Blood for Dust** Thriller. (2023, 15, 98min) ★★★
8.05 **Prisoner of War** Action thriller. (2025, 15, 112min) ★★★
10.00 **Wrath of the Titans** Fantasy. (2012, 12, 99min) ★★
11.45 **Bumblebee** (2018, PG) ★★★★
1.45 PM **Gladiator II** Drama. (2024, 15, 148min) ★★★
4.15 **Bad Boys** Comedy thriller. (1995, 15, 118min) ★★★
6.15 **Nobody 2** Comedy thriller. (2025, 15, 89min) ★★★

6.15 Nobody 2

8.00 **Batman** Tim Burton's comic-book adventure starring Michael Keaton and Jack Nicholson. Gotham City's mysterious black-cloaked vigilante tackles a psychotic villain known as The Joker. With Kim Basinger. (1989, 15, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Batman Returns** Adventure sequel starring Michael Keaton as Batman, Michelle Pfeiffer as Catwoman and Danny DeVito as The Penguin. (1992, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
2.20 **Nobody 2** As 6.15pm.
3.55 **S.W.A.T.** Crime action thriller. (2003, 12, 115min) ★★★
5.55 **to 7.40** AM **Jackie Chan's Police Story** Hong Kong comedy thriller. Subtitled. (1985, 15, 98min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **My Dead Friend Zoe** Comedy. (2024, 15) ★★★
8.50 **Napoleon Dynamite** Comedy. (2004, PG, 95min) ★★★★
10.25 **Eddington** (2025, 15) ★★★★
12.55 PM **Big Daddy** Comedy. (1999, 12, 95min) ★★★
2.30 **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
4.20 **Mamma Mia! Here We Go Again** (2018, PG) ★★★★
6.20 **Arthur** Romantic comedy. (1981, 15, 93min) ★★★★

6.20 Arthur

8.00 **Bridget Jones's Diary** Romantic comedy starring Renée Zellweger, Colin Firth and Hugh Grant. A woman finds herself torn between her untrustworthy boss and a seemingly aloof lawyer. (2001, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Two Weeks Notice** Comedy starring Sandra Bullock and Hugh Grant. Opposites attract when a liberal lawyer goes to work for a billionaire property tycoon. (2002, 12, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Fords on Water** Comedy with Elvis Payne and Mark Wingett. (1983, 15, 83min) ★★★
1.20 AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★
3.00 **Gremlins** Comedy horror. (1984, 12, 106min) ★★★★
4.55 **to 6.50** AM **Rumours** Horror. (2024, 15, 104min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.00 AM **Jaws 3** Adventure sequel. (1983, 12, 99min) ★★
8.45 **The Accountant** Thriller. (2016, 15, 123min) ★★★
11.00 **Ocean's Twelve** Thriller sequel. (2004, 12, 125min) ★★★★
1.10 PM **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
3.40 **Detroit** Fact-based drama. (2017, 15, 143min) ★★★★
6.10 **Snatch** Crime comedy drama. (2000, 18, 102min) ★★★★

10.15 Inception

8.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon and Al Pacino. A charismatic thief and his hand-picked gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Inception** Thriller starring Leonardo DiCaprio. A spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Patriot Games** Thriller. (1992, 15, 116min) ★★★
2.45 **Caddo Lake** Mystery thriller. (2024, 12, 99min) ★★★
4.35 **to 6.15** AM **All the Devils Are Here** Thriller with Eddie Marsan. (2025, 15, 87min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Garden of Evil** Western. (1954, PG, 100min) ★★
1.05 PM **Magnificent Obsession** Drama starring Jane Wyman. (1954, U, 108min) ★★★★
3.15 **The Enemy Below** War drama. (1957, PG, 98min) ★★★★
5.15 **The Lavender Hill Mob** Classic Ealing comedy. (1951, b/w, U, 81min) ★★★★★
6.55 **Dad's Army** War comedy. (2016, PG, 98min) ★★★

6.55 Dad's Army

8 PM **Dad's Army** (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Braveheart** Oscar-winning epic historical drama directed by and starring Mel Gibson as 13th-century Scottish warrior William Wallace, who led a ragged but courageous army against the English enemy. (1995, 15, 177min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **12.30** AM **The Hunt** Horror thriller starring Betty Gilpin. A group of elites gather for the first time to hunt ordinary Americans for sport. (2019, 15, 90min) ★★★
2.15 **to 4.00** AM **Far North** Eerie drama starring Michelle Yeoh and Sean Bean. A fugitive puts a strain on the relationship of two women in the Arctic tundra. (2007, 15, 89min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Directors

302 302 402 502 516

7.05 AM **The Cinema List: Spielberg**
7.20 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
9.40 **The Big Heat** Crime thriller. (1953, b/w, 15, 90min) ★★★★
11.15 **Psycho** Alfred Hitchcock horror starring Anthony Perkins. (1960, b/w, 15, 109min) ★★★★★
1.10 PM **Psycho** Horror chiller remake starring Vince Vaughn. (1998, 15, 100min) ★
3.00 **The Witches of Eastwick** Comedy starring Jack Nicholson. (1987, 18, 118min) ★★★★
5.00 **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
7.10 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★
9.00 **Weapons** Horror starring Julia Garner. When all but one child from the same class vanish, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★
11.10 **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
12.55 AM **Scarface** Brian De Palma's crime thriller starring Al Pacino. (1983, 18, 163min) ★★★★★
3.45 **to 6.00** AM **Chinatown** Roman Polanski's crime thriller. (1974, 15, 131min) ★★★★★

Sky Cinema Greats

307 307 404 504 518

6.25 AM **Multiplicity** As 2.05am.
8.25 **Harriet the Spy** As 4.10am.
10.10 **The Wizard of Oz** Musical. (1939, U, 98min) ★★★★★
11.55 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
1.40 PM **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy. (1982, U, 114min) ★★★★★
3.35 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
5.40 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★
8.00 **An Officer and a Gentleman** Drama with Richard Gere and Debra Winger. A working-class naval cadet strives to become an aviation officer and a mill worker dreams of marrying one. (1981, 15, 125min) ★★★★
10.05 **Cool Hand Luke** Prison drama with Paul Newman as a chain gang convict who becomes a hero to his fellow prisoners. (1967, 15, 126min) ★★★★★
12.15 AM **Peggy Sue Got Married** Romantic fantasy comedy. (1986, 15, 104min) ★★★★
2.05 **Multiplicity** Fantasy comedy. (1996, 12, 117min) ★★★
4.10 **to 6.05** AM **Harriet the Spy** Children's adventure comedy. (1996, PG, 97min) ★★★★

Disney+ Cinema

305 305

6.00 AM **Bambi** As 4.50am.
7.15 **Duck Tales the Movie: Treasure of the Lost Lamp** Animated family adventure. (1990, U, 73min) ★★★
8.35 **Cars 2** Animated comedy sequel. (2011, U, 102min) ★★★
10.20 **Hercules** Animated musical. (1997, U, 92min) ★★★★
12.00 NOON **Up** Animated comedy. (2009, U, 96min) ★★★★★
1.35 PM **Frozen** Animated musical. (2013, PG, 108min) ★★★★
3.20 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
5.45 **A Bug's Life** Animated comedy. (1998, U, 94min) ★★★★★
7.25 **Confessions of a Shopaholic** Comedy starring Isla Fisher. (2008, PG, 104min) ★★★
9.00 **The Fault in Our Stars** Drama starring Shailene Woodley. (2014, 12, 121min) ★★★
11.05 **Guardians of the Galaxy Vol. 2** Fantasy sequel. (2017, 12) ★★★
1.25 AM **Iron Man** Action adventure. (2008, 12, 120min) ★★★★
3.30 **Inspector Gadget** Adventure. (1999, U, 77min) ★★★
4.50 **to 6.00** AM **Bambi** Animation. (1942, U, 69min) ★★★★★

Movies 24

312 313 419

7.00 AM **My Dreams of You** Drama. (2024, PG, 90min) ★★
9.00 **Return to Office** Romantic drama. (2025, PG, 84min) ★★
11.00 **Hearts Under the Olive Tree** Comedy. (2023, PG, 89min) ★★
1.00 PM **Home Turf** Romantic comedy. (2025, PG, 84min) ★★
3.00 **Branching Out** Drama starring Sarah Drew and Cora Bella. (2024, PG, 90min) ★★
5.00 **Sugarplummed** Romantic drama. (2024, PG, 90min) ★★
7.00 **The Finnish Line** Comedy with Kim Matula. A dog sled racer travels to Finland to compete in an annual event that brought her father's career to an end. (2024, PG, 84min) ★★
9.00 **Something's Brewing** Drama starring Kristi Murdock and Jason Cook. As a woman's life spins out of control, she finds hope and new love in a coffee shop. (2023, PG, 89min) ★★
11.00 **The Proposal Spot** Romantic drama. (2023, PG, 90min) ★★
1.00 AM **Paging Mr Darcy** Romantic drama. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Food for the Heart** Comedy. (2023, PG, 83min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Fools Rush In** Thriller. (1955, b/w, PG, 69min) ★★
6.55 **The Voice of Merrill** Thriller. (1952, b/w, PG, 81min) ★★
8.35 **Look at Life** Documentary.
8.45 **Swamp Fire** Action adventure. (1946, b/w, U, 69min) ★★
10.00 **The Walking Target** Drama. (1960, b/w, PG, 75min) ★★
11.30 **Stage 7** 18/25. (S1)
12.00 NOON **Sergeant Cork** (S3)
1.05 PM **The Buccaneers** 14/39. (S1)
1.35 **The Lamp in Assassin Mews** Comedy. (1962, b/w, U) ★★
2.55 **Dial 999** 16/39. (S1)
3.25 **Rebecca** 2/2. Drama.
5.25 **San Ferry Ann** Comedy. (1965, b/w, U, 55min) ★★
6.30 **Give Us a Clue**
7.00 **Out of Town** Documentary.
7.30 **Scotland Yard** 38/39. (S1)
8.00 **A Man Called Harry Brent**
8.30 **Travelling Man** 5/6. (S1)
9.35 **Ghost Ship** Seafaring drama. (1952, b/w, U, 74min) ★★
11.05 **High Tide** Thriller starring Ian McShane. (1980, PG, 98min) ★★
12.55 AM **Fedora** Suspense drama. (1978, PG, 115min) ★★
3.10 **Prisoners of the Tower**
3.55 **Cinebox Memories**
4.00 **Stagecoach West** 13/38. (S1)
5.00 **to 6.00** AM **Danger UXB**

Wednesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
10.00 LIVE **Test Cricket** **England v New Zealand.** Coverage of day one of the second Test in the three-match series at the Kia Oval in London. The teams have not met here in this format since 1999, when New Zealand prevailed by 83 runs.
6.30 PM LIVE **Women's T20 Cricket World Cup** **South Africa v Pakistan.** Coverage of the Group A match at Edgbaston. South Africa were runners-up to New Zealand when the tournament was last held two years ago, while Pakistan failed to progress beyond the group stage.
10.00 **World Cup Report**
1.00 AM LIVE **WNBA** **Chicago Sky v New York Liberty.** Coverage of the match in the WNBA Commissioner's Cup at Wintrust Arena. Tip-off **1.00am**.
3.00 LIVE **WNBA** **Phoenix Mercury v Las Vegas Aces.** Coverage of the match in the Commissioner's Cup staged at PHX Arena. Tip-off **3.00am**.
5.30 **to 6.00** AM **World Cup Report**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
9.00 **FNF** Action from Leeds United v Nottingham Forest at Elland Road.
9.30 **Premier League Highlights**
12.00 NOON **SNF** Newcastle United v Brentford from St James' Park.
12.30 PM **Premier League Highlights**
3.30 **SNF** Highlights from West Ham United v Bournemouth.
4.00 **Premier League Highlights** Action from Sunderland v Fulham. **4.30** Highlights of Crystal Palace v Wolverhampton Wanderers. **5.00** Nottingham Forest v Liverpool at the City Ground. **5.30** Tottenham v Arsenal.
6.00 **MNF** Everton v Manchester Utd.
6.30 **Transfer 360** The inside story of Jurgen Klinsmann's move to Spurs.
7.00 **Premier League Stories**
7.30 **Gary Neville's Soccerbox** With guest Les Ferdinand.
8.00 **Netbusters** Revent action.
9.00 **Premier League Review**
11.00 **Premier League Years** A look back at the 2008/09 season.
1.00 AM **PL Retro** A replay of Crystal Palace v Liverpool from 2013/14.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup** The 2015 final.
8.00 **Craig Brown: My Scotland**
8.30 **Jimmy Glass: The Great Escape**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2020/21**
11.30 **EFL Trophy** Highlights of Sunderland v Tranmere Rovers.
12.00 NOON **EFL** Highlights from the 2012/13play-off finals.
3.00 PM **EFL Greatest Games**
4.00 **EFL Cup Retro** Birmingham City v Arsenal in the 2011 final. **6.00** Manchester City v Liverpool in the 2015/16 final.
8.45 **EFL Greatest Games** Sheffield Wednesday v Leeds United from 2013/14 at Hillsborough. **9.00** Highlights of Derby County v Nottingham Forest in 2013/14. **9.15** QPR v Nottingham Forest. **9.30** Brentford v Fulham. **9.45** Highlights of Derby County v Nottingham Forest in 2014/15.
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2021/22**
11.30 **EFL Trophy** The 2021/22 final.
12.00 M'T **EFL Cup Retro**
2.00 AM **Celtic's Invincibles**
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **to 6.00** AM **SPFL**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Recent action.
9.00 **The Film Room**
10.00 LIVE **Test Cricket** **England v New Zealand.** Coverage of the first day of the second Test held at the Kia Oval. The teams have not met here in this format since 1999, when New Zealand prevailed by 83 runs with the help of all-rounder Chris Cairns, who took five wickets in the first innings and scored 80 with the bat in the second innings.
7.00 PM LIVE **ICC Women's T20 Cricket World Cup** **South Africa v Pakistan.** Coverage of the Group A match held at Edgbaston in Birmingham.
10.00 **Test Cricket** Recent action.
11.00 **Lauren Bell Masterclass**
11.30 **Women's T20 World Cup**
12.30 AM **Test Cricket Bitesize**
12.45 **Women's T20 World Cup**
1.45 **Test Cricket** Recent action.
2.45 **Women's T20 World Cup**
3.15 **Test Cricket Bitesize**
3.30 **Women's T20 World Cup**
4.00 **Test Cricket** Recent action.
5.00 **Women's T20 World Cup**
5.30 **Test Cricket Bitesize**
5.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **US Open Official Films**
9.00 **PGA Tour Champions**
10.00 **McGinley & Chamblee at the US Open** A preview of the action.
11.30 **US Open Official Films**
12.30 PM **McGinley & Chamblee at the US Open** Event preview.
2.00 **Golf Channel Live from the US Open** Build-up ahead of the 126th staging of the Major.
10.00 **Rose Ladies Series** Highlights from North Hants Golf Club.
10.30 **PGA Tour Champions** Action from the Principal Charity Classic.
11.30 **HotelPlanner Tour Golf Highlights** Interwetten Open.
12.00 M'T **Legends Tour Golf**
1.00 **to 6.00** AM **US Open**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage from the ATP Halle Open and the WTA Berlin Open, ATP 500 and WTA 500 events, both of which are grass-court tournaments held in Germany.
6.30 PM **ATP Tour This Week**
7.00 **WTA Tennis** Action from the S-Hertogenbosch Open final.
8.00 **WTA & ATP Tennis** The ATP Halle Open and WTA Berlin Open.
12.00 M'T **ATP & WTA Tour Classics**
2.00 AM **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **World Superbike Highlights**
7.00 **The Gruppetto** Cycling action.
7.15 **TNT Sports Cricket Reload**
7.45 **One-Day International Cricket** Action from India v Afghanistan.
8.45 LIVE **One Day International Cricket** **India v Afghanistan.** Coverage of the second ODI in the three-match series staged at Ekana Cricket Stadium, Lucknow.
5.30 PM LIVE **MLB** **Cincinnati Reds v New York Mets.** Coverage of the National League match at Great American Ball Park. Start-time **5.40pm**.
8.30 LIVE **MLB** **Los Angeles Dodgers v Tampa Bay Rays.** Coverage of the inter-league match staged at Dodger Stadium. Start-time **8.10pm**.
11.00 **TNT Sports Reload**
11.30 **MLB Plays of the Week**
12.00 M'T LIVE **MLB** **Boston Red Sox v Toronto Blue Jays.** Coverage of the American League East match staged at Fenway Park. Start-time **11.45pm**.
3.00 AM **UEFA Champions League**
4.00 **to 6.00** AM **UEFA Europa League & Conference League**

TNT Sports 2

411 414 522 409 431

6.00 AM **BMX Racing**
8.00 **Women's Giro d'Italia**
9.00 LIVE **Women's Cycling** Coverage of stage one of the Tour of Switzerland, a route that starts and finishes in Sondrio, Italy.
12.00 NOON **The Cycling Show**
12.30 PM LIVE **Men's Cycling Pro Series** Stage one of the Tour of Slovenia, as the riders depart from Lake Velenje on a 141.6km route to Rogaska Slatina.
3.00 LIVE **Men's Cycling** Stage one of the Tour of Switzerland, a 144km circular route that starts and finishes in Sondrio, Italy.
5.30 **The Cycling Show**
6.00 **Ultimate Pool** Action from Group One of the Champions League.
7.30 **TNT Sports Reload**
8.00 LIVE **MLB** **Los Angeles Dodgers v Tampa Bay Rays.** Coverage of the inter-league match at Dodger Stadium. Start-time **8.10pm**.
11.00 **UFC** A replay of UFC Freedom 250 from the White House.
2.00 AM **UFC Fight Flashback**
4.30 **The Breakdown** Bristol Bears.
5.00 **to 6.00** AM **World Superbike Highlights**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
9.00 **State of Origin Rugby League**
10.00 LIVE **State of Origin Rugby League** **New South Wales Blues v Queensland Maroons.** Game two of the three-match series at Accor Stadium. Kick-off **11.05am**.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NFL Highlights**
6.00 **NBA Basketball**
8.00 **NBA on Fire** The latest news.
8.30 **NBA Basketball**
11.00 **NFL Highlights**
12.00 M'T **Women's Super League**
12.30 AM **World Club Challenge**
12.45 **Super League Highlights**
1.00 LIVE **WNBA** **Chicago Sky v New York Liberty.** Coverage of the match in the WNBA Commissioner's Cup at Wintrust Arena. Tip-off **1.00am**.
3.00 LIVE **WNBA** **Phoenix Mercury v Las Vegas Aces.** Coverage of the match in the Commissioner's Cup staged at PHX Arena. Tip-off **3.00am**.
5.30 **to 6.00** AM **Super League**

Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 **Formula 1** Canadian Grand Prix.
9.00 **World Cup Breakfast**
10.00 LIVE **Women's T20 Cricket World Cup** **Australia v Bangladesh.** Coverage of the Group A match from Headingley Cricket Ground in Leeds. Australia were semi-finalists when this tournament was last held two years ago in the United Arab Emirates, while Bangladesh were eliminated in the group stage after winning just one of their four contests.
2.00 PM LIVE **Women's T20 Cricket World Cup** **Netherlands v India.** Coverage of the Group A match staged at Headingley Cricket Ground, Leeds.
6.00 **World Cup Matchday**
7.00 **World Cup Show** An essential daily guide to the World Cup.
10.00 **World Cup Report**
12.00 M'T **EFL Greatest Games**
1.00 AM **WTA & ATP Tennis** Action from the Madrid Open finals.
3.00 **Super League** Hull Kingston Rovers v Castleford Tigers.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Women's T20 World Cup**
9.00 **PGA Tour Golf** Canadian Open.
10.00 **Premier League Darts**
2.00 PM **PL Greatest Games**
3.00 **PGA Tour Golf** Canadian Open.
4.00 **Formula 1** Action from the Barcelona-Catalunya Grand Prix.
5.00 **Women's T20 World Cup** India v Pakistan at Edgbaston. **5.30** New Zealand v Sri Lanka.
6.00 LIVE **Women's T20 Cricket World Cup** **South Africa v Pakistan.** Coverage of the Group A match held at Edgbaston. South Africa were runners-up to New Zealand when the tournament was last held two years ago, while Pakistan failed to progress beyond the group stage.
10.00 **WTA & ATP Tennis** Action from the S-Hertogenbosch Open finals.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Premier League Darts** The 10th night at Brighton Centre.
5.00 **to 6.00** AM **Super League Highlights**

TNT Sports 3

413 415 523 410 432

6.00 AM **Premier League Features**
8.30 **TNT Sports Cricket Reload**
8.45 LIVE **T20 Cricket** **Bangladesh v Australia.** The first T20 in the three-match series.
12.45 PM **World Superbike Rewind**
1.00 **MLB Highlights**
2.00 **Premier League Stories**
2.30 LIVE **Men's Cycling** The first stage of the Tour of Switzerland.
5.30 **Champions League Goals**
5.45 **It's a Numbers Game**
6.15 LIVE **Fencing European Championship** The second session on day two in France.
8.30 **The Cycling Show**
9.00 **Cycling** Event highlights.
12.00 M'T **Cricket Highlights**
2.00 AM **Serie A** Season review.
3.00 **FIA World Endurance Championship Highlights**
4.00 **Endurance Uncovered**
4.30 **World Rally Raid Championship**
5.30 **to 6.00** AM **UIM F1H2O World Championship Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **FIA World Endurance Championship Highlights**
7.00 **Endurance Uncovered: Racing for Excellence**
7.30 **World Rally Raid Championship**
8.30 **UIM F1H2O World Championship Highlights**
9.00 **Premiership Women's Rugby**
11.00 **The Gallagher PREM** Action from two play-off matches.
1.00 PM **MLB Highlights**
2.00 **AFL** Two match replays.
5.00 **AFL** A chance to see Melbourne Demons v Essendon Bombers. **6.30** North Melbourne Kangaroos v West Coast Eagles.
8.00 **AFL** A chance to see Port Adelaide Power v Sydney Swans. **9.30** Richmond v Brisbane Lions. **11.00** St Kilda v GWS Giants.
12.30 AM **World Superbike Highlights**
1.30 **Ultimate Pool** Recent action.
3.00 **Fishing: On the Bank**
4.00 **One-Day International Cricket**
5.00 **to 6.00** AM **T20 Cricket**

Premier Sports 1

419 APP 528

6.00 AM **United Rugby Championship**
8.00 **Top 14 Rugby Union**
10.00 **Champions Cup Show**
10.30 **Michelin Le Mans Cup**
11.00 **NASCAR Highlights**
12.00 NOON **Swedish Speedway** A replay of Lejonen v Smederna.
2.00 PM **Sporting Greats**
2.30 **World Surf League**
3.30 **Mass Participation**
4.30 **Premier Sports Cup** A replay of St. Mirren v Celtic in the final.
6.30 **Top 14 Rugby Union** Action from a play-off match.
8.30 **Champions Cup Show**
9.00 **KOTV Weekly** Boxing news.
9.30 **Motorsport** Drew Gibson.
10.30 **NASCAR Highlights** The Great American Getaway 400.
11.30 **United Rugby Championship**
1.30 AM **KOTV Weekly**
2.00 **Challenge Cup** The final.
4.00 **Sporting Greats**
5.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 APP 529

6.00 AM **Abu Dhabi T10 Cricket** Action from the Qualifier Two play-off at Zayed Cricket Stadium. **8.00** Highlights from the final staged at Zayed Cricket Stadium.
11.00 **Temples of Sport** Sporting venues from around the globe.
12.00 NOON **Coppa Italia** A replay of Lazio v Inter Milan in the final.
2.00 PM **Temples of Sport** Sporting venues from around the globe.
2.30 **NASCAR O'Reilly Series** Action from Pocono Raceway.
5.30 **Bike World** Featuring the latest action from the high octane world of two wheels.
6.00 **LaLiga** Real Madrid v Barcelona.
8.00 **Premier Sports Cup** Celtic v Rangers: A chance to see the semi-final at Hampden Park.
10.30 **Temples of Sport** Iconic sporting venues from around the globe.
11.00 PM **to 6.00** AM **Test Cricket** Bangladesh v Pakistan: The second day of the first Test.

Sky Sports F1

407 407 507 424 444

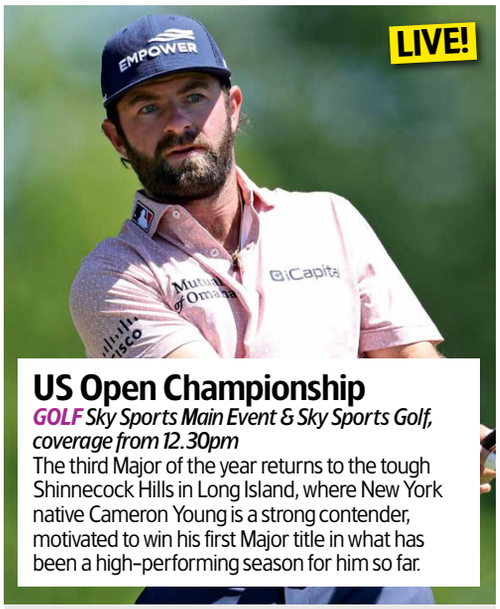
6.00 AM **Formula 1** From 2020.
10.00 **Formula 1** A replay of the Barcelona-Catalunya Grand Prix.
12.15 PM **Naomi Hot Laps with Kimi Antonelli** At the Miami circuit.
12.30 **Ted's Notebook**
1.00 **Formula 3** From Barcelona.
2.00 **Formula 2** Highlights from Spain.
3.20 **McLaren Show Run in Miami**
3.30 **Ted's Notebook**
4.00 **Formula 1** A replay of the Barcelona-Catalunya Grand Prix.
6.15 **Ted's Notebook**
6.45 **Golf with Sergio Perez**
7.00 **Formula 1** Highlights of the Barcelona-Catalunya Grand Prix.
8.00 **F1 Classic Races** A look back at the 2011 Singapore Grand Prix. **10.45** A look back at the 2012 Singapore Grand Prix.
1.15 AM **The Best of F1**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

18 June

Planner



US Open Championship

GOLF Sky Sports Main Event & Sky Sports Golf, coverage from 12.30pm

The third Major of the year returns to the tough Shinnecock Hills in Long Island, where New York native Cameron Young is a strong contender, motivated to win his first Major title in what has been a high-performing season for him so far.

Harlan Coben's I Will Find You

THRILLER Netflix

With more than just a sniff of *The Fugitive* about it, Sam Worthington stars as a man wrongfully imprisoned for the murder of his young son, who breaks out of prison when he learns his boy may still be alive, determined to find him and clear his name.

The Accused: Beyond Reasonable Doubt

DOCUMENTARY C4,10pm (box set, C4 streaming)

True-crime series about individuals who claim to be victims of miscarriages of justice, starting with a man jailed for murder in 2005 after a street brawl.

Queen James

DOCUMENTARY BBC2, 9pm

Historian Gareth Russell delves into the reign of King James VI & I, a misunderstood ruler whose scandalous relationships with male favourites influenced the monarchy, court politics and wider British history.

Thursday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	◂ 4.30 Football...	7.30 News; Local News		8.30 EastEnders	9.00 Reported Missing		10.00 News; Local News	10.40 Would...
	102 BBC2	7.00 The One Show	7.30 Cricket: Today at the Test		8.30 Villages by the...	9.00 Queen James		10.00 Swipe Right...	10.30 Newsnight
	103 ITV1	7.00 Football: World Cup – Live: Switzerland v Bosnia and Herzegovina (Kick-off 8.00); Canada v Qatar (Kick-off 11.00)							
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Beautiful Builds		9.00 24 Hours in Police Custody		10.00 The Accused: Beyond Reasonable...	
	105 5	7.00 Build Your Dream Home in the Country		8.00 Cornwall: A Year by the Sea		9.00 The Hardacres		10.00 Soham: The Murder of Holly & Jessica	
	106 SKY ONE	7.00 The Simpsons		8.00 Shark with Steve Backshall		9.00 From		10.00 Film: Beverly Hills Cop	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Top Gear USA Special		9.00 The Traitors US			
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Tim Peake: How to be an Astronaut...		9.00 Film: The Magnificent Seven			
	118 ITV2	7.00 The Floor USA		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Lorraine Kelly's Norwegian Odyssey		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 Below Deck: Mediterranean		9.00 Gogglebox 2023			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 FBI		10.00 The Rookie	
	108 SKY ATLANTIC	◂ 6.45 The White Lotus				9.00 Under Salt Marsh		10.05 True Detective: Night Country	
	110 U&GOLD	◂ 6.50 Keeping...	7.25 Dad's Army	8.00 Red Dwarf			9.20 Not Going Out	10.00 Red Dwarf	
	111 U&DAVE	7.00 Mortimer &...	7.40 Would I Lie to You?			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 Law & Order: UK	
	120 ITV4	7.00 American Pickers		8.00 Ice Road Truckers		9.00 Unbelievable Moments Caught on...		10.00 The Motorbike Show	
	112 COMEDY CENTRAL	◂ 6.55 Friends				9.00 Jimmy Carr's Am I the A**hole?		10.00 Jimmy Carr: Comedy Central Live	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm	9.50 The Walking Dead		
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Art Detectives		10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Saint-Pierre		9.00 Death in Paradise		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Denzel Washington		9.00 David Hockney: A Celebration			10.30 David...
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 DIY SOS: The Big Build			
DOCUMENTARY	125 DISCOVERY	7.00 Kindig Customs				9.00 Naked and Afraid			10.30 In the Eye of...
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Gator Boys		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Apocalypse: Hitler Takes on the West				10.00 Engineering by Catastrophe	
	123 SKY HISTORY	7.00 Forged in Fire Armed Forces...		8.00 Swamp People		9.00 MonsterQuest		10.00 Myths & Monsters	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash					
	114 SKY DOCS	◂ 6.00 My Mom Jayne		8.00 Amy					10.30 One to One...

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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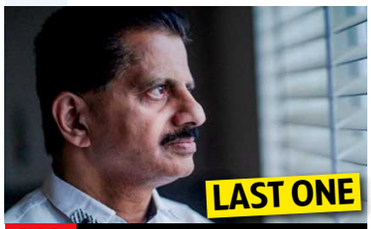
Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Doorbell Detectives** (S)(R)
11.15 **Homes Under the Hammer** New edition From Stoke. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition A package leads to the arrest of a man at a cruise ship terminal. (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition A garden in Henley-on-Thames. (S)
4.30 LIVE **Football: World Cup** Czech Republic v South Africa: Mark Chapman presents coverage of the Group A match at Atlanta Stadium in the USA. Kick-off is at 5.00. (S)



9.00 Reported Missing

7 PM
7.30 **BBC News** (S)

8 PM
8.00 **Local News** (S)
8.30 **EastEnders** Chelsea gets an unexpected offer, Ian turns to Kathy for help, while Bea meddles with Honey and Billy. (S)(AD)

9 PM
9.00 **Reported Missing** Series finale Police launch high-risk searches for two missing women, a 22-year-old student last seen on CCTV 10 days ago, and 52-year-old Laura who has been missing without trace for two weeks. (S)

10 PM
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Would I Lie to You?** Rob Brydon hosts, with guest panellists Jo Brand, Sam Quek, Bobby Seagull and Joe Thomas bolstering the deceitful talents of team captains Lee Mack and David Mitchell. (S)(R)
11.10 LIVE **Election: By-Election Special** Laura Kuenssberg presents as three constituencies choose a new MP, Chris Mason is at the count in Makerfield and Alex Forsyth keeps an eye on reactions from the studio. Professor Sir John Curtice analyses the key electoral trends and a panel of senior politicians give their reactions to the verdicts. (S)
4.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Escape to the Country** (S)(R)
7.15 **The Travelling Auctioneers** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 LIVE **Tennis: Queen's** The HSBC Championships: Coverage of day four of the men's grass-court tournament at Queen's Club, featuring singles matches from the second round. There were mixed fortunes for the British players at this stage last year, with Dan Evans losing out to Brandon Nakashima, but Jacob Fearnley and Jack Draper kept English hopes alive. (S)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Continental Railway Journeys** From Denmark's second city, Aarhus. (S)(R)(AD)

9.00 Queen James

7 PM
7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **Cricket: Today at the Test** England v New Zealand: Highlights of the second day of the second Test in the three-match series, held at the Kia Oval in London. (S)

8 PM
8.30 **Villages by the Sea** Ben Robinson visits tiny Hampshire village Buckler's Hard, which had a huge role in building ships for Horatio Nelson's victorious fleet at the Battle of Trafalgar. (S)(R)

9 PM
9.00 NEW **Queen James** One-off documentary in which author and historian Gareth Russell reveals the story of King James VI and I, focusing on a sensational murder trial that threatened to shake the monarchy to its core. (S)(AD)

10 PM
10.00 NEW **Swipe Right for Sperm** Gemma Dunstan investigates the unregulated world of sperm donation, as more people are turning to social media for sperm as fertility costs soar. (S)
10.30 **Newsnight** (S)
11.05 **Gods of Tennis** 1/3. A look at the golden age of tennis during the 1970s and 1980s. (S)(R)(AD)
12.05 AM FILM **The Phantom of the Open** Sports comedy drama starring Mark Rylance and Rhys Ifans. (S) (2021, 12, 105min) ★★★★
1.50 LIVE **Football: World Cup** Mexico v South Korea: Coverage of the Group A match staged at Guadalajara Stadium in Mexico. Kick-off is at 2.00. (S)
4.10 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
1.00 PM **ITV News** (S)
1.20 **Local News** (S)
1.30 LIVE **Racing: Royal Ascot** Ed Chamberlin and Francesca Cumani present coverage of day three of the festival, Ladies Day, including the highlight of the week, the 4.15 Ascot Gold Cup, plus races at 2.30, 3.05, 3.40, 4.50 and 5.35. With analysis from Jason Weaver, Ruby Walsh and Adele Mulrennan, reports by Matt Chapman, Rishi Persad, Oli Bell and Luke Harvey, and commentary by Richard Hoiles and Mark Johnson. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

1.30 Racing: Royal Ascot

7 PM
7.00 LIVE **Football: World Cup** Switzerland v Bosnia and Herzegovina: Laura Woods presents coverage of the Group B match at Los Angeles Stadium in Inglewood, USA. The Swiss suffered a heavy 6-1 loss to Portugal in the last-16 in Qatar four years ago, while the Bosnians failed to progress from the group stage at their only previous finals in Brazil in 2014. With analysis from Patrick Vieira, Karen Carney and Juan Mata, and commentary by Joe Speight and Lucy Ward. Kick-off is at 8.00. (S)

10 PM
10.30 LIVE **Football: World Cup** Canada v Qatar: Laura Woods presents coverage of the Group B match at BC Place Vancouver in Canada. With analysis from Emma Hayes, Bradley Wright-Phillips and Ange Postecoglou, and commentary by Andros Townsend and Seb Hutchinson. Kick-off is at 11.00. (S)
1.35 AM **The Essex Millionaire Murders** 1/2. The murders of Carol and Stephen Baxter. (S)(R)(AD)
2.30 **TikTok: Murder Gone Viral: The Mother and Daughter Killers** The murder of two men by an influencer and her mother. (S)(R)(AD)
3.20 **Celebrity Lingo** (S)(R)
3.45 **Unwind with ITV** (S)
5.30 **to 6.00** AM **Fletchers' Family Farm** (S)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 13-15/26. (S8) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 9-12/24. (S8) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Leah Charles-King helps a couple find a home in Spain's Valencia province. (S)(R)
4.00 **Narrow Escapes** New edition In Cheshire, Naomi and Eris the rabbit launch a sustainable floating farm shop. (S)(AD)
5.00 **Chateau DIY** At the Charente-Maritime, Bart and Sarah have a huge damp problem. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** In Almería, Steve and Sharon Garner help a couple relocating. (S)(R)

10.00 The Accused

7 PM
7.00 **News** (S)

8 PM
8.00 **George Clarke's Beautiful Builds** New edition After living in a 'doer-upper' with no experience of renovation, Michelle from Windsor asks George Clarke to help make her bungalow into her dream home. (S)(AD)

9 PM
9.00 **24 Hours in Police Custody** DCI Adam Gallop believes a man declared missing has been murdered – but has so far been unable to locate his body. The investigation takes officers across Europe in search of helpful clues. (S)(R)(AD)

10 PM
10.00 NEW SERIES **The Accused: Beyond Reasonable Doubt?** 1/4. Documentary following individuals fighting convictions that they believe are a miscarriage of justice, beginning with a look at the case of Jason Moore. (S)(AD)
■ Entire series on C4 streaming
11.05 **Murdered: The Baby on the Beach** 1-3/3. Triple bill. (S)(R)(AD)
1.50 AM **Ramsay's Hotel Hell** (S)(R)(AD)
2.40 NEW **Iris Prize Best British Shorts** *Sleazy Tiger.* (S)(AD)
2.55 FILM **Crawl** Horror thriller starring Kaya Scodelario and Barry Pepper. (S) (2019, 15, 90min) ★★★
4.25 **Travel Man: 48 Hours in Rovaniemi** (S)(SL)(R)(AD)
4.50 **Couples Come Dine with Me** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)(R)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Discussion. (S)
3.00 **Castle** *Secret's Safe with Me:* 3/24. A dying woman scrawls a number in blood as a clue. (R) **3.55** *Murder, He Wrote:* 4/24. A dying man stumbles into the writer's garden. (S5) (S)(R)
4.50 **Love Nature** A once neglected and rubbish-strewn walkway in Normanton, Derby. (S)(R)
5.00 **5 News with Dan Walker** (S)
6.00 **Isle of Wight: Jewel of the South** Cameras focus on the owner of a working watermill in Calbourne. (S)(R)
6.55 **News** (S)

9.00 The Hardacres

7.00 **Build Your Dream Home in the Country** New edition Mark Millar meets a young couple in Yorkshire with a huge old wreck in open countryside that needs rebuilding. (S)
7.55 **News** (S)
8.00 **Cornwall: A Year by the Sea** New edition In the picturesque village of Port Isaac, the volunteer crew of the RNLI lifeboat station head out on a demanding training exercise. (S)
9.00 **The Hardacres** Series finale 6/6. Mary spots a poster for the school board elections, Emma explains women can get elected, and Harry is invited to interview at Oxford. (S2) (S)(AD)
■ Entire series on 5 streaming
10.00 **Soham: The Murder of Holly & Jessica** 1/3. Examining the deaths of 10-year-old girls Holly Wells and Jessica Chapman in the Cambridgeshire town in August 2002, a crime that shocked the country. (S)(R)
11.35 **Soham: The Murder of Holly & Jessica** 2/3. The full horror of the crime is revealed. (S)(R)
1.00 AM **Teleshopping** (S)(R)
2.30 **The World's Most Luxurious Cruise** Seven hundred new guests board for a cruise. (S)(R)
3.15 **Friends** 16-18/24. (S9) (S)(R)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S7) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Wildlife ER** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Bart Gets an F:* Bart pulls out all the stops to pass a school exam. (S)(R) **5.30** *A Father's Watch:* Grampa gives Bart a watch passed down by his own father. (S)(R)
6.00 **The Office (US)** 1/6. Pilot episode of the comedy starring Steve Carell. (S)(R) **6.30** 2/6. Michael holds a racial sensitivity seminar. (S1) (S)(R)

9.00 From

7.00 **The Simpsons** *Dancin' Homer:* Homer becomes his local baseball team's mascot. (S)(R) **7.30** *Dead Putting Society:* Rivalry between the Simpson and Flanders families adds to a golf tournament. (S)(R)
8.00 **Shark with Steve Backshall** The naturalist joins scientists to find the shark hotspots in the Pacific Ocean, where their precious locations are under threat and numbers are plummeting. (S)(R)(AD)
9.00 **From** New episode *Heavy Is the Head:* 8/10. Boyd weighs up a dangerous plan that could bring everyone home, while Victor helps Tabitha and Ethan prepare for the worst as tensions escalate. (S4) (S)
10.00 **FILM Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills. With Judge Reinhold. (S) (1984, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **Evil** 4/10. The team come across a truck driver whose wife thinks he's possessed. (S3) (R)
1.00 AM **Bear Grylls Is Running Wild** Bear takes comedian and actor Rhys Darby on a trek into Canyonlands National Park. (R)
2.00 **Grimm** 17/22. Nick and Hank investigate murders committed by a rare Wesen. (S4) (S)(R)
3.00 **Hawaii Five-0** (S4) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.00pm Scottish First Minister's Questions (S)
2.30-3.00pm Policing Paradise New edition (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View (S)
11.20pm-4.00am Election 26: By-Election Special (S)

WALES
Sky 965, Virgin 864, Freesat 965
9.00pm Wales' Home of the Year New edition (S)
9.30-10.00pm Back in the Day (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
9.00-10.00pm Reported Missing Series finale (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Gwladfa: Gwilym Bowen Rhys **12.30** Heno **1.00** Pysgod i Bawb **1.30** Y Byd ar Bedwar **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Canu gyda Fy Arwr **4.00** Awr Fawr **5.00** Stwnsh **6.00** Dim Cwsg i Quinnell (AD) **6.30** 3Cân **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Cyfrinachau'r Llyfrgell **10.00** Busnes Bwyd **11.00-11.35pm** Ciao! Colleen Ag Owain (AD)

TV&Streaming week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall goes in search of puffins. **7.30** Steve searches for king cobras and the slow loris.
8.00 **Top Gear USA Special** Jeremy Clarkson, Richard Hammond and James May travel to America.
9.00 NEW SERIES **The Traitors US** 1/10. Strangers unite to embark on a game of detection and backstabbing. **9.45** New editions 2/10. The first Faithful is murdered, and overwhelming evidence is brought to the Round Table. **10.30** 3/10. The Faithfuls are given a chance to avenge the latest murder. **11.15** 4/10. Ten players are in danger of being murdered.
12.00 M'T **FILM A Simple Favour** Comedy thriller with Anna Kendrick, Blake Lively, Henry Golding and Rupert Friend. (2018, 15, 117min) ★★★★
1.50 AM **Is This Coercive Control?** Documentary.
2.50 **to 3.50** AM **OnlyFans: Inside the Machine**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The fourth quarter-final.
7.30 **Only Connect** Three neuroscientists pit their wits against a trio of rugby fans.
8.00 **Tim Peake: How to Be An Astronaut – Horizon Special** A video diary filmed over two years by astronaut Tim Peake.
9.00 **FILM The Magnificent Seven** Western starring Yul Brynner, Steve McQueen and Eli Wallach. The peasant inhabitants of a small Mexican village are at the mercy of a ruthless bandit. In desperation, they hire a group of American gunmen for protection. (1960, PG, 138min) ★★★★★
11.05 **Parkinson with Yul Brynner** Michael Parkinson in conversation with stage and screen star Yul Brynner.
12.05 AM **American Visions** The Civil War's cultural legacy.
1.05 **Tim Peake: How to Be An Astronaut – Horizon Special** As 8.00pm.
2.05 **to 2.35** AM **Only Connect**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
9.55 **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at My Way Guest House in Broompark. **4.50** From the Old Orleton Inn in Wellington, Shropshire. **5.20** The third visit is to Ambles House, Northampton. **5.50** The final visit of the week is to The Royal George in Tintern in Monmouthshire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer are house-hunting in Croydon.
7.55 **PopMaster TV** With contestants from Abington, Leeds, Newtownabbey, Stevenage and London.
9.00 **Lorraine Kelly's Norwegian Odyssey** The presenter travels through Norway to learn about their culture and traditions.
10.00 **24 Hours in A&E** A 74-year-old is rushed into St George's with a dangerously high heart rate. **11.05** A man is brought in after falling off his ladder.
12.10 AM **999: On the Front Line** Paul and Alex search for a father and his baby.
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped's South Korean Adventure**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** Three couples compete for £1,000 in north Devon.
8.00 **Ramsay's Hotel Hell**
10.00 **Below Deck: Mediterranean**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons** Four episodes of the animation.
7.00 **The Simpsons** *My Big Fat Geek Wedding:* Principal Skinner and Mrs Krabappel announce their engagement. **7.30** *A Test Before Trying:* Bart gets the chance to save the school from closure.
8.00 **Below Deck: Mediterranean** New edition The shock news of a romantic tryst is causing havoc among the stewards, the latest charter guests insult the crew, and during a day out at a beach club, sexual tension explodes.
9.00 **Gogglebox 2023** Appraisals of *The Crown*.
11.00 **Naked Attraction**
12.05 AM **Dating Naked UK**
1.05 **First Dates**
2.10 **Below Deck: Mediterranean**
3.00 **Ramsay's Hotel Hell**
3.50 **Abbott Elementary**
4.15 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **Motorway Patrol**
10.00 **Brit Cops: Rapid Response**
11.00 **Chicago Fire** 9/22. (S13)
12.00 NOON **FBI** 9&10/13. (S6)
2.00 PM **The Rookie** 7/14. The cops analyse a recent case featuring a former child actor with a cult following. (S3)
3.00 **Law & Order: Criminal Intent** 1/22. Eames re-examines the death of her husband. (S7)
4.00 **Nothing to Declare**

9.00 FBI

7 PM
7.00 **Police 24/7** An inside look at how law enforcement deals with the epidemic of car theft.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **FBI** New episode *Roleplay:* 20/22. The team investigate when a big city donor is murdered inside her apartment. (S8)

10 PM
10.00 **The Rookie** *La Fiera:* 3/14. Nolan's life is complicated by an unannounced visit from his mother. (S3)
11.00 **The Rookie** 4/14. (S3)
12.00 M'T **FBI** Double bill. (S6)
2.00 AM **FBI: International** (S2)
3.00 **Law & Order: Special Victims Unit** 13/22. (S26)
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** Double bill. (S3&4)
11.15 **House of the Dragon** (S1)
12.20 PM **Deadwood** 5&6/12. (S2)
2.25 **Mussolini: Son of the Century** 4/8. Drama. (S1)
3.25 **House of the Dragon** (S1)
4.35 **Gomorrah** 5/12. Ciro embarks on a dangerous mission. **5.40** 6/12. Ciro receives a message from Pietro that puts him in his place. Subtitled. (S1)
6.45 **The White Lotus** 1/7. Drama series. (S2)

9.00 Under Salt Marsh

7.55 **The White Lotus** *Italian Dream:* 2/7. Harper questions Cameron and Daphne's claims, and Tanya enlists Greg to help her live out her perfect Sicilian day. (S2)

9.00 **Under Salt Marsh** 2/6. Crime drama starring Kelly Reilly and Rafe Spall. Old accusations resurface. (S1)

10.05 **True Detective: Night Country** 6/6. Navarro and Danvers each confront the demons from their past. (S4)
11.25 **Hacks** 9/9. Deborah works to perfect her second run. (S3) **12.05** AM 1/10. Deborah tries to get Ava removed. (S4)
12.40 **The White Lotus** (S2)
2.55 **The Gilded Age** (S3)
4.10 **Homicide: Life on the Street**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.20 **Billie and Greg: Family Diaries**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.10 **Real Housewives of Orange...**
12.05 PM **The Real Housewives of Cheshire** Reality series.
1.05 **Celebrity Catchphrase**
2.05 **The Floor USA**
3.00 **The Only Way Is Essex**
4.10 **The Real Housewives of Salt Lake City** Reality series.
5.00 **The Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**

10.05 Love Island: The Debrief

7.00 **The Floor USA** Series finale The epic trivia face-off reaches its endgame as 17 remaining contestants compete.

8.00 **Million Dollar Listing: LA** Flagg lists a tear down on a great piece of land for a seller who does not want the house torn down.

9.00 **Love Island** New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.05 **Love Island: The Debrief** New edition With Shakira Khan, Toni Laites and Yasmin Pettet.
10.35 **Family Guy** 18/21. Peter decides to establish his own country. (S2)
11.05 **Family Guy** 13/21. (S2)
11.35 **American Dad!** (S2)
12.05 AM **American Dad!** (S1)
12.35 **Bob's Burgers** (S13)
1.30 **Botched** (S8)
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Wild Harvest:* A wealthy farmer is discovered mauled to death by a wild boar.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Manoeuvres in the Dark:* David ends up with egg on his face when Greengrass arranges a gourmet dinner.

4.40 Classic Coronation Street

6.55 **Heartbeat** *Tricks of the Trade:* Greengrass finds himself helping the police retrieve an old friend's stolen property.

8.00 **Vera** *A Certain Samaritan:* The ugly truth about a murder victim's past emerges when the body of a drug dealer washes up on a beach, while Vera copes with revelations of her own.

10.00 **Law & Order: UK** *Confession:* 4/7. Devlin investigates the murder of a police sergeant he had been friends with. (S3)
11.00 **Law & Order: UK** *Survivor:* 5/7. While investigating the murder of a prison officer, Brooks and Devlin discover he had been abusing his position and convicts in his charge. (S3)
11.50 **Shetland** 1&2/6. (S3)
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **Magnum, PI**
8.20 **The Saint**
9.30 **Racing: The Opening Show**
10.30 **The Sweeney**
11.35 **BattleBots**
12.35 PM **Magnum, PI**
2.35 **The Saint**
3.40 **Boon**
4.45 **The Champions**
5.50 **LIVE Racing: Royal Ascot** Coverage of the final race on day three of Royal Ascot.
6.30 **River Monsters**

7.00 American Pickers

7.00 **American Pickers** Mike Wolfe and Frank Fritz find themselves in one of the oddest haggling sessions of their careers.

8.00 **Ice Road Truckers** Alex Debogorski faces some tough questions from the police when a truck flips and smashes into a tree.

9.00 **Unbelievable Moments Caught on Camera** A student pilot who was forced to land her plane without a front wheel.

10.00 **The Motorbike Show** Henry Cole celebrates the life of designer Derek Rickman, and visits Sammy Miller's Museum.
11.00 **Berlin Station** New episode 6/10. Frost introduces Torres to Hector. (S3)
12.05 AM **Hell's Kitchen** The final two contestants battle it out.
1.00 **The Saint**
1.55 **The Sweeney**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.25 **Beechgrove Repotted**
7.30 **Grand Tours of Scotland's Rivers** Exploring the lower reaches of the Spey.
8.00 **Beechgrove Garden** New edition Lizzie Schofield compares hybrid and heritage varieties of tomato.
8.30 **Landward** New edition Rosie Morton visits a wool-grading depot in Selkirk in the Borders.
9.00 **Highland Cops** Officers raid a Stornoway house.
10.00 **Scot Squad** 1/5. Singh and McKirdy receive a rude awakening. (S3)
10.30 **Janey and Ashley Get a Real Job** 1/4. Janey Godley and Ashley Storrie work on a farm.
11.00 **Scotcast** News stories.
11.30 PM **to 12.00** M'T **Life on the Bay**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S11)
9.00 **Sort Of** (S3)
10.00 **Avenue 5** 3&4/8. (S2)
11.15 **Will & Grace** (S4)
12.15 PM **Frayed** 3/6. (S1)
1.15 **The Reluctant Landlord**
1.45 **Based on a True Story**
3.00 **Will & Grace** (S3)
4.00 **Frayed** 3/6. (S1)
5.00 **Community** (S3)
6.00 **Will & Grace** (S4)
7.00 **The Office (US)** 2/6. Michael holds a seminar on racial sensitivity. **7.30** 3/6. Michael decides to pass a job on to Dwight. (S1)
8.00 **Resident Alien** (S4)
9.00 **Jack Dee: Small World** Stand-up show.
10.30 **Last Week Tonight with John Oliver** Talk show.
11.15 **The Reluctant Landlord**
12.15 AM **Based on a True Story** 3&4/8. (S1)
1.30 **Resident Alien** (S4)
2.30 **Community** (S3)
3.00 **Frayed** 3/6. (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Classic FM Live**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Classic Movies: The Story of The Graduate** Documentary.
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Discovering**
5.00 **Portrait Artist of the Year 2019: The Winner's Story**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **David Hockney: A Celebration**
10.30 **David Hockney in London** The artist's life.
12.00 M'T **The Directors**
1.00 AM **Fellini by Fellini**
2.30 **Alec Guinness: Class Act**
4.30 **Boys** Short film.
5.00 **to 6.00** AM **Classic Movies: The Story of The Graduate**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 17/26. (S4)
5.00 **Stargate SG-1** (S6)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: The Next Generation** 21/26. (S3)
8.00 **Star Trek: Voyager**
9.00 **The Essex Murders** The hunt for an alternative suspect.
10.00 **Britain's Most Evil Killers**
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S4)
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five podcast-producing friends answer questions.
3.00 **The Chase Celebrity Special** Cherry Healey, Dallas Campbell, Ria Hebden and Robert Peston take part.
4.00 **Riddiculous** Quiz show.
5.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Nikki tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Chase Celebrity Special** With Richard Bacon, Daisy Arwen Campbell, Neil Jones and Gary Wilmot.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **American Pickers**
11.00 **Narrow Escapes**
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **George Clarke's Beautiful Builds**
8.00 **Location, Location, Location** Homes in east and south London.
9.00 **Night Coppers** A large fire has engulfed a hotel.
10.00 **Emergency** A 43-year-old moped delivery collides with a car.
11.05 **24 Hours in Police Custody** Documentary.
12.05 AM **The Accused: Beyond Reasonable Doubt?** Documentary.
1.10 **FILM Jojo Rabbit** Comedy. (2019, 12, 108min) ★★★★
3.10 **24 Hours in A&E**
4.10 **to 5.10** AM **Emergency Helicopter Medics**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **Primeval** 4&5/10. (S3)
4.00 **Stargate SG-1** 11/22. (S6)
5.00 **Star Trek: Voyager** 9/26. The crew discover a massive ocean populated by a maritime alien species. (S5)
6.00 **Star Trek: Enterprise** 6/26. Mining colonists need Archer's help to defend themselves against hostile Klingons. (S2)

8.00 Stargate SG-1

7.00 **Stargate Atlantis** *Epiphany:* 12/20. Sheppard tries to analyse the workings of an Ancient device. (S2)
8.00 **Stargate SG-1** *Prometheus:* 11/22. Part one of two. A reporter threatens to expose a secret project. (S6)
9.00 **Grimm** *Tribunal:* 10/22. The Wesenrein plot to execute Monroe. (S4)
9.50 **The Walking Dead** *What Happened and What's Going On:* 9/16. Rick and his band of survivors take Noah to his home. (S5)
10.40 **Westworld** *Zhuangzi:* 5/8. Christina questions the nature of her reality, while Charlotte gives William the task of tracking down a human outlier who has breached. (S4)
11.50 **Westworld** 6/8. (S4)
1.00 AM **Primeval** 3/10. (S3)
1.50 **The Walking Dead** (S5)
2.40 **Westworld** 5&6/8. (S4)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S2)
9.00 **Father Brown**
10.00 **The Mentalist** 4/24. (S4)
11.00 **Hudson & Rex** 13/16. (S4)
12.00 NOON **Unforgettable** (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S2)
4.00 **The Mentalist** 4/24. (S4)
5.00 **Hudson & Rex** 13/16. Rex's starring role in a television commercial is interrupted by a murder. (S4)
6.00 **Father Brown** *The Requiem for the Dead:* A child killer is found murdered.

4.00 The Mentalist

7.00 **Unforgettable** *Til Death:* 8/13. Al and Carrie go undercover as husband and wife to lure the killer out of hiding. (S2)
8.00 **Saint-Pierre** *Bad Friends, Bons Ennemis:* 9/10. Fitz's enemy, Premier O'Brien, is the prime suspect in a party gone wrong. (S1)
9.00 **Death in Paradise** *Murder on the Honore Express:* 1/8. A bus passenger is stabbed but no one else saw it happen. (S8)
10.00 **Father Brown** *The Alchemist's Secret:* The Roman Catholic priest sets out to investigate a 300-year-old secret.
11.00 **Father Brown**
12.00 M'T **Death in Paradise** (S8)
1.00 AM **Hudson & Rex** (S4)
2.00 **Murdoch Mysteries** *Shades of Grey:* William and Julia argue about abortion after a death.
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.10 **The Green Green Grass**
9.50 **Are You Being Served?**
10.25 **Last of the Summer Wine**
11.45 **Porridge**
12.25 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army: Lost Episodes**
2.15 **Ever Decreasing Circles**
2.55 **Are You Being Served?**
3.35 **Red Dwarf**
4.55 **Dad's Army: Lost Episodes**
5.30 **Last of the Summer Wine**
6.50 **Keeping Up Appearances**

6.50 Keeping Up Appearances

7.25 **Dad's Army** Mainwaring and the platoon welcome the first American troops to Walmington-on-Sea.
8.00 **Red Dwarf** Rimmer comes face to face with his double. **8.40** A leak from the suspended animation chamber gives the crew a doorway to the past.
9.20 **Not Going Out** Lee promises to stop treating Lucy's flat as if he owns it.
10.00 **Red Dwarf** Rimmer tries to be transferred to a ship crewed by holograms. **10.35** The Inquisitor arrives on board.
11.15 **Harry Enfield and Chums**
11.55 **Mrs Brown's Boys** Rory and Dino have a bust-up.
12.35 AM **Not Going Out**
1.15 **Harry Enfield and Chums**
1.55 **Mrs Brown's Boys**
2.40 **to 4.00** AM **The Power of Parker**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **James May's Cars of the People** Documentary.
8.20 **Border Force: America's Gatekeepers**
10.20 **Rick Stein: From Venice to Istanbul** Double bill.
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** The River Lea.
3.00 **Caribbean with Simon Reeve**
4.00 **The Hairy Bikers' Chicken and Egg** From Paris.
5.00 **Rick Stein: From Venice to Istanbul** The chef travels from Croatia to Albania.

9.00 QI XL

7.00 **Mortimer & Whitehouse: Gone Fishing** Paul and Bob are joined by Feargal Sharkey on the River Lea.
7.40 **Would I Lie to You?** Material from the comedy panel show. **8.20** Previously unseen material from the comedy panel show.
9.00 **QI XL** Stephen Fry hosts an extended version of the quiz, with guests Shappi Khorsandi, Ross Noble and Johnny Vegas.
10.00 **Have I Got a Bit More News for You** Phil Wang hosts the quiz, with guest panellists Ruth Davidson and Richard Osman.
11.00 **8 Out of 10 Cats** With Kerry Godliman, Nish Kumar, Fred Sirieix and Judi Love.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** With Jo Brand.
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Classic Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Tenko**
3.20 **Pie in the Sky**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** Howard is thrown into a panic. **6.40** The ladies of the village decide to hire a minibus to take them out for a picnic.

9.00 Art Detectives

7.20 **Last of the Summer Wine** Wesley makes use of his engineering background by designing a mobile vending machine.
8.00 **Father Brown** *The Folly of Jephthah:* Flambeau seeks Father Brown's help to get rid of an unwanted rival.
9.00 **Art Detectives** *Noble Rot:* 4/6. A wine critic and connoisseur dies during a tasting. Guest stars Patrick Robinson. (S1)
10.00 **New Tricks** *Roots:* The detectives meet their new boss, DCI Sasha Miller, who wastes no time getting on with her first case, the ritualistic killing of an Italian immigrant.
11.20 **Silent Witness** *The Prodigal:* Harry and Nikki investigate a shooting at the Dutch embassy.
1.35 AM **Lovejoy**
2.40 **Waiting for God**
3.10 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

Thursday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 21-23/24. (S16)
12.00 NOON **Law & Order**
6.05 PM **NCIS** *Flight Plan:* 12/20. The team investigate the crash of a fighter aircraft. **7.05** *Sound Off:* 13/20. A body is found at an aerial vehicle testing site. **8.00** *On Fire:* 14/20. Torres and Bishop become victims of a hit-and-run. (S17)
9.00 **Blue Bloods** *In Too Deep:* 7/16. Danny witnesses a drive-by shooting. (S11)
10.00 **Law & Order: Special Victims Unit** *Anchor:* 10/24. A serial killer targets the children of immigrants. (S11)
11.00 **Law & Order: Special Victims Unit** (S11&10)
1.50 AM **NCIS: Hawaii** (S3)
2.45 **Bull** 1/20. (S4)
3.40 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** New edition A doctor is concerned for a man rushed in after being found unconscious.
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **Shoplifters: Caught Red Handed**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Traffic Cops**
10.35 **Police Interceptors**
11.35 FILM **Springfield Rifle** Western starring Gary Cooper and David Brian. (1952, U, 92min) ★★★
1.30 PM FILM **North to Alaska** Western drama starring John Wayne. (1960, U, 122min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Rookie Truckers** New edition Shelley must pass her multi combination license.
10.00 **Ice Road Truckers**
11.00 **The X-Files** 1/24. (S4)
12.00 M'T **Car Crime: Caught on Camera**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary series.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Antiques Road Trip**
3.00 **Tipping Point**
4.00 **The Supervet at Christmas** An Alaskan malamute needs two knee replacements.
5.00 **The Supervet**
6.00 **DIY SOS: The Big Build** Transforming the family home of twins with global development delay. **7.00** Transforming the home of an ex-fireman.
8.00 **Pete Wicks: For Dogs' Sake** Pete helps rehabilitate a group of ex-racing greyhounds.
9.00 **DIY SOS: The Big Build**
11.00 **Antiques Road Trip**
1.00 AM **The Gentle Art of Swedish Death Cleaning**
2.00 **to 3.00** AM **Dangerous Breed: Crime. Cons. Cats**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Martin Clunes: Islands of America**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries**
8.00 **Bangers & Cash** Dave gets lost en route to pick up a rare Honda NSX. **9.00** Dave's collects a 2 litre Ghia Cortina and a Mark 1 Capri. **10.00** A 1964 Ford Capri Consul coupe comes up for auction. **11.00** A VW Cabriolet and a Lotus Elite.
12.00 M'T **Classic Car Garage**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Martin Clunes: Islands of America**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family: Born Without Trace**
7.00 **The Yorkshire Auction House** A hunt for lost gold in a Glasgow flat proves a challenge.
8.00 **Antiques Road Trip** Raj Bisram and Irita Marriott visit the east of England.
9.00 **Death Walker with Nick Groff** New edition Nick and Tessa investigate the American Legion in Kenmore.
10.00 **Help! My House Is Haunted** Four editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Thursday

Great! TV

157 167 170 34 32

8.10 AM **Hart to Hart** (S1)
9.10 **Highway to Heaven**
11.10 **Little House on the Prairie** 14&15/24. (S8)
1.10 PM **The Waltons** (S2)
4.10 **Little House on the Prairie** 17/24. (S8)
6.00 **Ballykissangel** (S5)
7.00 **M*A*S*H** 24/24. Henry bids the team a tearful farewell. (S3) **7.30** 1/25. Part one of two. BJ Hunnicutt joins the 4077th. **8.00** 2/25. Part two of two. Frank takes charge. **8.30** 3/25. Frank is demoted. (S4)
9.00 FILM **A Caribbean Mystery** Crime drama. (1983, PG, 101 min) ★★
11.05 **The Ruth Rendell Mysteries** 3/8. (S3)
12.15 AM **M*A*S*H** (S3&4)
2.25 **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM FILM **The Quick & the Dead** Western. (1987, PG, 94min) ★★★
11.00 **Tombstone Territory**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **Wanted: Dead or Alive** 3/36. (S1)
2.40 FILM **Jesse James** Western drama. (1939, U, 106min) ★★★
5.00 FILM **Asteroid: Final Impact** Disaster thriller. (2015, PG, 86min) ★
6.55 FILM **Eye for an Eye** Mystery thriller. (2019, 15, 98min) ★
9.00 FILM **Hard Target** Action thriller. (1993, 18, 95min) ★★★
11.05 FILM **Eliminators** Thriller. (2016, 15) ★★
1.05 AM **Dragon Ball Super**
2.05 **Coast Guard Alaska**
3.05 FILM **Jetstream** Disaster thriller. (2012, 12, 88min) ★★
4.25 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **Aurora Teagarden Mysteries: Heist and Seek** Mystery. (2020, PG, 84min) ★★
10.05 **In Plain Sight** 12/12. (S1)
11.05 **Castle** 6/24. (S3)
12.05 PM FILM **Picture Perfect Mysteries: Exit Stage Death** Whodunit. (2020, PG, 89min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 7/24. (S3)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 1/15. (S2)
10.00 FILM **An Emma Fielding Mystery: More Bitter Than Death** Mystery. (2019, PG) ★★
11.55 FILM **Aurora Teagarden Mysteries: Haunted By Murder** (2022, U) ★★
1.50 AM FILM **Famous and Fatal** (2019, 12) ★★
3.20 **to 5.00** AM FILM **Nowhere To Be Found** Thriller. (2019, PG) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM FILM **Christmas By Design** (2023) ★★
10.00 FILM **Christmas with a Prince: The Royal Baby** Drama. (2022) ★★
12.00 NOON FILM **Once Upon a Holiday** (2015) ★★
2.00 PM FILM **Christmas in Evergreen** (2017) ★★
3.55 FILM **Christmas in Evergreen: Letters to Santa** (2018, PG) ★★
5.50 FILM **Christmas in Evergreen: Tidings of Joy** Festive romance. (2019, U, 90min) ★★
7.40 FILM **Christmas Connection** Romance. (2017, U, 90min) ★★
9.35 FILM **Looks Like Christmas** Comedy. (2016, PG, 84min) ★★
11.35 FILM **The Christmas Swap** (2016, PG) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Christmas in Evergreen** Drama. (2017, U) ★★

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **Our Dream Farm with Matt Baker**
2.00 **Love Your Garden**
3.00 **New Home DIY**
4.00 **Highclere: The Real Downton Abbey**
5.00 **Celebrity Coach Trip**
6.00 **Love Your Garden**
7.00 **Garden Rescue** The team help create a romantic space. **8.00** Charlie Dimmock and Chris Hull work to renovate the garden of an 1800s farmhouse.
9.00 **Our Dream Farm with Matt Baker** The wannabe tenants buy livestock at a cattle market.
10.00 FILM **Groupie Girl** Drama. (1970, 18) ★★
12.00 M'T FILM **Permissive** Drama. (1970, 18) ★★
2.00 AM FILM **Deadly Recruits** Spy thriller. (1986, PG, 92min) ★★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **Doctor at Large** (S1)
10.30 **Two's Company** (S2)
11.00 **The Fenn Street Gang**
11.30 **Agony** 6/7. (S2)
12.00 NOON **Randall and Hopkirk (Deceased)**
1.00 PM **Hallelujah** (S1)
1.30 **The Dustbinmen** (S3)
2.00 **Father Brown**
3.05 **Hank the Cowboy**
3.25 **Boon** 8/13. (S3)
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S3)
6.30 **Only When I Laugh**
7.00 **Two's Company** (S2)
7.30 **Doctor at Large** (S1)
8.00 **Randall and Hopkirk (Deceased)** 11/26. (S1)
9.00 **Drop the Dead Donkey**
10.00 FILM **Spaced Out** Sci-fi. (1979, 18, 78min) ★★
11.35 FILM **Brimstone and Treacle** Black comedy. (1982, 15, 84min) ★★★
1.15 AM **Stereo Underground**
2.15 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **The Snake Catcher**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Sig pursues invasive Russian king crab in Norway.
9.00 **Expedition X** Jess hunts for a legendary creature known as Yacumama.
10.00 **Expedition Unknown** Josh Gates examines the mystery of real-life buccaneer Jean Lafitte.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Nigella Bites**
7.00 **The Hairy Bikers' Comfort Food**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Be My Guest with Ina Garten** With ballerina Misty Copeland.
11.00 **The Great British Bake Off** Mexican Week.
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin: Sweet**
3.00 **The Hairy Bikers' Comfort Food**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Be My Guest with Ina Garten** Double bill.
7.00 **The Great British Bake Off** Mexican Week.
8.30 **Rachel Allen: Bake!**
9.00 **James Martin's Great British Adventure**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 21/24. (S8)
9.00 **T.J. Hooker** 15/23. (S4)
10.00 **Babylon 5** 8/23. (S1)
11.00 FILM **Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
1.00 PM FILM **Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
3.00 FILM **A Study in Terror** Thriller. (1965, 15) ★★★
5.00 **Star Trek** 25/26. (S2)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 9/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **Bad Company** Offbeat western. (1972, 15, 92min) ★★★★
10.55 FILM **Rambo: Last Blood** Thriller sequel. (2019, 18, 89min) ★★
12.50 AM FILM **Man on Fire** Action thriller. (1987, 18, 92min) ★★
2.40 **to 4.45** AM FILM **Under Suspicion** Thriller. (2000, 15) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Independents' Day** Sci-fi adventure. (2016, 15, 91min) ★★
11.00 **Andromeda** 22/22. (S2)
12.00 NOON FILM **Shark** Thriller. (1969, 15) ★★
2.00 PM FILM **Arctic Apocalypse** Thriller. (2019, PG, 90min) ★
4.00 **Walker, Texas Ranger**
5.00 FILM **San Andreas Mega Quake** Thriller. (2019, 12, 87min) ★★
7.00 **Andromeda** 1/22. (S3)
8.00 **The A-Team** 10/14. (S1)
9.00 FILM **Armed Response** Thriller starring Wesley Snipes and Anne Heche. (2017, 15, 93min) ★
11.00 FILM **The Butterfly Effect** Sci-fi thriller starring Ashton Kutcher. (2003, 15, 113min) ★★★
1.20 AM FILM **Armed Response** As 9.00pm.
3.15 FILM **San Andreas Mega Quake** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Congleton.
6.45 **Pawn Stars**
7.30 **Money for Nothing**
8.25 **Junk & Disorderly: Wreck-trospective**
9.20 **Hardcore Pawn**
1.05 PM **Pawn Stars**
2.05 **Junk & Disorderly: Wreck-trospective**
3.05 **Money for Nothing**
4.05 **Ancient Aliens**
5.00 **Alien Files: Unsealed**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **UFO Chronicles** New editions Double bill of UFO mysteries.
10.00 **UFO POV**
11.00 **The Curse of Oak Island**
1.00 AM **Alien Files: Unsealed**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly: Wreck-trospective**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet: Back to the '70s**
10.00 **Yorkshire Great and Small with Dan and Helen** In Skipton.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo** Crime drama.
4.30 **Around the World by Train with Tony Robinson** In Japan.
5.00 **World's Most Scenic Railway Journeys**
6.00 **Drain the Oceans**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **An Unsuitable Job for a Woman** 2/6. (S1)
10.05 **The Good Ship Murder**
12.05 AM **Wentworth: The Final Sentence**
1.05 **The Yorkshire Vet: Back to the '70s**
2.00 **Yorkshire Great and...**
3.00 **World's Most Scenic Railway Journeys**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Dale's Supermarket Sweep** Game show.
2.00 **The Chase Celebrity Special** Charity edition.
3.00 **The Chase** Quiz show.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase Celebrity Special** With Sarah Willingham, Shaun Ryder, Eddie Edwards and Michelle Dewberry.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Donna Air, Amanda Lamb, Sarah Greene and Dan Snow.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Triple bill.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Georgie and Mandy's First Marriage**
8.00 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Georgie and Mandy's First Marriage**
3.00 **Young Sheldon**
5.00 **The Big Bang Theory** Back-to-back episodes of the comedy series.
9.00 FILM **Catch Me If You Can** Fact-based crime adventure starring Tom Hanks. In the 1960s, a runaway teenager enjoys a remarkable crime spree, passing himself off as a pilot, a doctor and a lawyer, and cashing millions of dollars in false cheques. (2002, 12, 141min) ★★★★★
12.00 M'T **Mike & Molly**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Christmas Show**
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S6)
1.00 PM **Friends** (S8&9)
7.55 **Friends** 5/24. The pals go out for Phoebe's birthday. **8.20** 6/24. Ross disagrees with Rachel's choice of nanny. (S9)
9.00 **Jimmy Carr's Am I the A**hole?**
10.00 **Jimmy Carr: Comedy Central Live 2**
10.30 **Jimmy Carr: Comedy Central Live**
11.00 **Whose Line Is It Anyway? USA**
12.30 AM **Most Ridiculous**
1.30 **South Park** (S2)
3.00 **The Pep Talk**
3.05 **Alan Carr Live: Spexy Beast**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S5)
6.50 **Rosie Jones Tries to Help** Harriet Kemsley.
7.00 **Teleshopping**
9.00 **Michael McIntyre's The Wheel**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S4)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 7/8. (S1)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's The Wheel**
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** (S6)
9.00 **Friends** (S8&3)
12.30 AM **Friends** (S5&7)
2.00 **Michael McIntyre's The Wheel**
3.00 **Most Ridiculous**
3.45 **New Girl** 15-18/25. (S2)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.15 **Bread** 2/7. (S4)
10.55 **Steptoe and Son** (S5)
11.35 **Oh, Doctor Beeching!**
12.10 PM **Rising Damp** (S1)
12.40 **Man About the House**
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 2/13. Drama. (S2)
2.50 **Minder** 8/11. (S1)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 2/7. (S4)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 2/7. (S1)
6.40 **Steptoe and Son** (S5)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 3/6. (S7)
9.00 **Benidorm** 8/9. (S10)
9.55 **Shameless** 5/7. (S1)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 8/9. (S10)
12.55 AM **Minder** 4/11. (S1)
2.00 **Duty Free** 2/7. (S1)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.00 **Bar Rescue**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Teams**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!**
7.00 **Beauty and the Geek Australia**
8.30 **Judge Judy** Real-life small-claims cases.
9.00 **Bar Rescue** New edition Jon Taffer sends Dustin Drai to Michigan to help a man save his business.
10.00 **Jersey Shore Family Vacation** Reality series.
11.00 **Geordie Shore Turns 21!**
12.00 M'T **Tattoo Fixers**
1.00 AM **Ink Master**
2.45 **Caught In the Act: Double Life**
3.35 **to 4.00** AM **Queerpiphany**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Scrapyard Dynasty**
1.00 PM **Crikey! It's the Irwins**
3.00 **How Do They Do It?** Four editions, including at: **4.00** Making peppermint oil. **4.30** A look at the production process of trombones.
5.00 **The Last Alaskans** Heimo and Krinn hunt caribou as winter continues to approach. **6.00** A marauding bear takes an interest in Heimo's cabin.

9.00 Naked and Afraid

7.00 **Kindig Customs** The '33 Roadster hits a roadblock with the hard top while the team design custom gauges and wheels.
8.00 **Kindig Customs** A friend wants Dave to turn a 1950s VW Bug into a glorified beach cruiser.
9.00 **Naked and Afraid** New edition Four survivalists attempt to survive for 21 days in the Kalahari Desert.
10.30 **In the Eye of the Storm: Chasers** New edition Brandon intercepts a tornado at a gas station.
11.30 **Discovery Changed My Life** How shows on *Discovery* transformed viewers lives.
12.00 M'T **Wild & Weird America** Death-defying scenarios.
1.00 AM **Naked and Afraid**
2.30 **Discovery Changed My Life**
3.00 **In the Eye of the Storm: Chasers** As 10.30pm.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Penguins**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Phoenix**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** The wardens pull nets from the river while looking for drug smugglers.
6.00 **Dr Jeff: Rocky Mountain Vet** A golden retriever is rushed into surgery after accidentally swallowing a child's dummy.

5.00 Lone Star Law

7.00 **Treehouse Masters** Pete builds a treehouse inspired by *The Swiss Family Robinson*.
8.00 **Gator Boys** Tre Burton's metal detector hobby becomes a distraction, and Paul Bedard comes up with a conclusive plan.
9.00 **Alaska: The Last Frontier** With predators closing in, Otto creates a calf caboose for his spring cattle drive at the bay.
10.00 **Alaskan Bush People** The four eldest Brown brothers prepare for a second solo mission.
11.00 **The Haunted** A woman's locked horses move into different stalls during the night.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Rugged Justice**
2.00 **Treehouse Masters: Out on a Limb**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Colossal Machines**
11.00 **Car S.O.S.** An Alfa Romeo.
12.00 NOON **Seconds from Disaster** Documentary.
1.00 PM **Air Crash Investigation**
2.00 **World War II: The Apocalypse** Double bill.
4.00 **Pirates: Behind the Legends**
5.00 **Inside Sydney Airport** A potentially catastrophic fire needs putting out.
6.00 **World War II: Secrets from Above** The battle to destroy the Nazi battleship *Bismarck*.

8.00 Apocalypse: Hitler...

7.00 **Air Crash Investigation** How UPS Flight 6 faced disaster when a fire on board left the cockpit full of smoke.
8.00 **Apocalypse: Hitler Takes on the West** 1/2. Nazi offensives on Western nations during World War Two.
9.00 **Apocalypse: Hitler Takes on the West** 2/2. A look at France under German occupation.
10.00 **Engineering by Catastrophe** How the destruction of the World Trade Center changed skyscraper design.
11.00 **Air Crash Investigation** A turboprop crashes.
12.00 M'T **Toronto Airport Uncovered** Documentary.
1.00 AM **Airport Security: Rome**
2.00 **Car S.O.S.**
2.55 **To Catch a Smuggler**
3.20 **Food Factory**
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
6.30 **Junk & Disorderly: Henry's Wreck-trospective**
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars**
12.00 NOON **Ramses the Great: King of Ancient Egypt**
2.00 PM **Salvage Kings** Four editions, including at: **5.00** The team prepare the station for a big open house to cap off the year.
6.00 **American Pickers** Mike Wolfe learns about Evel Knievel's Snake Canyon Jump.

8.00 Swamp People

7.00 **Forged in Fire Armed Forces Tournament** As the finals creep closer, the Marines' forge iconic combat knife, the KA-BAR.
8.00 **Swamp People** New edition Following alligator hunters on America's largest swamp.
9.00 **MonsterQuest** New edition A scientific look at creature sightings around the world.
10.00 **Myths & Monsters** An exploration of the story of Romulus and Remus, as well as the Trojan War.
11.00 **Myths & Monsters** This edition focuses on historical acts of love and betrayal, featuring the medieval romance of Tristan and Isolde.
12.00 M'T **Salvage Kings**
3.40 AM **MonsterQuest** A scientific look at creature sightings around the world.
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Ben Kingsley**
8.00 **The Directors** Clint Eastwood.
9.00 **Shaq** Documentary.
10.00 **The Good Fight Club**
11.00 **The Nazi Cartel**
12.00 NOON **Rise of the Superheroes** Documentary.
2.15 PM **FILM Searching for Sugar Man** Documentary. (2012, 12, 86min) ★★★★
4.00 **The Directors** The life and career of Clint Eastwood.
5.00 **Discovering: Ben Kingsley**
6.00 **My Mom Jayne**

8.00 Amy

My Mom Jayne (started at 6.00pm)

8.00 **FILM Amy** Asif Kapadia's portrait of soul, jazz and R'n'B singer-songwriter Amy Winehouse, whose death in July 2011 followed a well-publicised history of drugs and alcohol abuse. (2015, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **One to One: John & Yoko** Documentary examining the 18 months that John Lennon and Yoko Ono spent living in Greenwich Village in New York City in the 1970s.
12.30 AM **Look Away** Women groomed in their early teenage years by rock stars.
2.20 **Nike's Big Bet** A look into the story of the Alberto Salazar doping scandal.
4.00 **The Directors** As 4.00pm.
5.00 **to 6.00** AM **Discovering: Ben Kingsley**

Thursday 7 PM 8 PM 9 PM 10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Massive Engineering Mistakes** A look at the devastating effects of engineering disasters.
9.00 **In the Eye of the Storm** New edition Eyewitnesses film their attempts to escape the worst natural disaster in Maui history in 2023.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Deadly Affairs**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer Beside Me**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Lethally Blonde** New edition The lure of social media fame pulls a young woman into the dark side of cosplay. **10.00** The downfall of an adult film star.
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK**
8.00 **UK Crime Files: The Party Killer** A look at how Charlotte Pinkney vanished from Ilfracombe.
9.00 **UK Crime Files: Connecting a Killer** A look at a series of Pembrokeshire crimes.
10.00 **Britain's Countryside Killers** New edition The murder of Sarah Thomas, which shattered the peace of Nutfield.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: The Party Killer**
1.00 AM **UK Crime Files: Connecting a Killer**
2.00 **Britain's Countryside Killers** As 10.00pm.
3.00 **Murder UK**
4.00 **to 5.45** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Double Murders**
9.55 **UK Crime Files: Family Murders**
11.00 **48 Hours**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: The Murder Of An Author**
3.00 **UK Crime Files: Murder Without Motive**
4.00 **48 Hours**
5.00 **Medical Detectives** A sleeping bag contains evidence of a murder. **5.30** A woman's apparent accidental death looks suspicious. **6.00** The discovery of vital evidence helps piece together a case. **6.30** The body of a woman is found twenty years after she vanished.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **How I Caught the Killer**
4.00 **What the Killer Did Next** Nadine Aubras.
5.00 **Killer in My Village**
6.00 **Killing Mum and Dad**
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **Gilgo Beach Killer: House of Secrets**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil...**
1.00 AM **Killing Mum and Dad**
2.00 **Murders That Shocked the Nation**
3.00 **Britain's Most Evil Killers**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Besieged Fortresses, Legendary Battles**
9.50 **Cleopatra**
10.50 **Titans of the Cold War**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.35 **Besieged Fortresses, Legendary Battles**
2.40 **Cleopatra**
3.40 **Titans of the Cold War**
4.40 **Hitler's Gold**
5.40 **Besieged Fortresses, Legendary Battles**
6.50 **Cleopatra**
7.50 **Titans of the Cold War** New edition The Cold War intensifies with the Suez Crisis.
8.55 **Hitler's Gold**
9.55 **Cleopatra**
10.55 **Besieged Fortresses, Legendary Battles**
12.00 M'T **Titans of the Cold War** As 7.50pm.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Hope for Wildlife**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Orangutan Jungle School**
- 9.00 **Arctic Secrets**
- 10.00 **Gangs of Lemur Island**
- 11.00 **Africa's Hunters**
- 12.00 NOON **The Kimberley: Australia's Wild West**
- 1.00 PM **Monkey Life**
- 2.00 **Orangutan Jungle School**
- 3.00 **Arctic Secrets**
- 4.00 **Gangs of Lemur Island**
- 5.00 **Africa's Hunters**
- 6.00 **The Kimberley: Australia's Wild West** Documentary.
- 7.00 **Monkey Life** Double bill.
- 8.00 **The Big Dry** The species that call Luangwa Valley home.
- 9.00 **Wild Science** Documentary.
- 10.00 **The Kimberley: Australia's Wild West** Documentary.
- 11.00 **Africa's Hunters**
- 12.00 M'T **Brazil Untamed**
- 1.00 AM **Hope for Wildlife**
- 2.00 **The Big Dry** As 8.00pm.
- 3.00 **Wild Science** Documentary.
- 4.00 **Orangutan Jungle School**
- 5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **Crimes That Shook Britain**
- 9.00 **Combat Ships**
- 10.00 **History's Greatest Aircraft**
- 11.00 **Ancient Aliens** Double bill.
- 1.00 PM **What on Earth?**
- 6.00 **Ultimate Mysteries**
- 7.00 **Crimes That Shook Britain** The murder of 23-year-old Rachel Nickell on Wimbledon Common in July 1992.
- 8.00 **Hitler v Churchill: The Eagle and the Lion** The rivalry between the two war leaders.
- 9.00 **The Secret Nazi Expeditions** Himmler's study of runes, letters of ancient Germanic writing.
- 10.00 **Hitler's Coup 1923** The infamous Beer Hall Putsch.
- 11.00 **Ancient Aliens** The question of whether previous civilisations co-existed with extraterrestrials. **12.00** M'T Stories of ancestors from the Pleiades star cluster.
- 1.00 AM **Crimes That Shook Britain** As shown at 7.00pm.
- 2.00 **What on Earth?** Triple bill.
- 5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

- 8.00 AM **How the Universe Works**
- 11.00 **The Gamechangers: Inventing the World**
- 12.00 NOON **Extreme Engineering**
- 1.00 PM **Codes and Conspiracies**
- 3.00 **How the Universe Works**
- 6.00 **How It's Made** Ten editions of the documentary, including at: **7.30** How espresso machines and pizza ovens are made. **8.00** The making of steam cleaners and hand-held pizzas. **8.30** Industrial casters, wedding cakes, tetrahertz spectrometers and racing catamarans. **9.00** The creation of moulded limestone artwork. **9.30** Making guitars out of recycled skateboards. **10.00** Producing racing pulley systems and medicine balls. **10.30** The processing of almonds and the production of high-end motorcycles.
- 11.00 **How Do They Do It?**
- 1.00 AM **How the Universe Works**
- 4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Homicide Hunter**
- 9.00 **Fugitives Caught on Tape**
- 9.30 **My Strange Arrest**
- 10.30 **Court Cam** True-crime.
- 11.00 **When Missing Turns to Murder**
- 2.00 PM **Green Eyed Killers** New edition Martre Coles.
- 3.00 **Spring Break Murders**
- 6.00 **On the Case with Paula Zahn**
- 7.00 **The First 48** A man is killed at a party in a Georgia park.
- 8.00 **Green Eyed Killers**
- 9.00 **Predator Hunters** New edition When a predator targets a minor, agencies unite for an airport takedown.
- 10.00 **Fugitives Caught on Tape** Law enforcement pursue fugitives via multiple camera feeds.
- 11.00 **Homicide Hunter**
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **The Real Murders of Atlanta** Documentary.
- 2.00 **Homicide Hunter**
- 3.00 **Imperfect Murder**
- 5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

- 8.00 AM **The Incredible Dr Pol**
- 9.00 **Exotic Animal ER**
- 10.00 **Monster Fish**
- 11.00 **Savage Kingdom**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **Way of the Cheetah**
- 3.00 **Shark Men** Documentary.
- 4.00 **Savage Kingdom: Uprising**
- 5.00 **To Catch a Smuggler**
- 6.00 **Yukon Vet** The Oakleys are back at the Reindeer Farm.
- 7.00 **Secrets of the Zoo: Tampa** The vets have a full plate, including surgery on a dog.
- 8.00 **Equator's Wild Secrets** Exploring the wildlife of the equatorial region of Africa. **9.00** The coral reefs of the Asia-Pacific region.
- 10.00 **Border Protection Spain**
- 11.00 **To Catch a Smuggler**
- 12.00 M'T **Trafficked with Mariana Van Zeller** Documentary.
- 1.00 AM **Last of the Giants: Wild Fish** Cyril hooks a stingray.
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet** Tracking a tapir.
- 4.00 **to 5.00** AM **Savage Kingdom**

Discovery History

161/172 147 181

- 7.00 AM **Cuba's Secret Shark Lair**
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **How the Universe Works** Exploring how the universe came into existence.
- 1.00 PM **NASA's Unexplained Files**
- 2.00 **In Search of Monsters**
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **Cuba's Secret Shark Lair** Researchers seek out huge hammerhead and great white sharks in Cuban waters.
- 9.00 **Secrets Underground** Gold and silver artefacts believed to be lost in King Solomon's mines.
- 10.00 **How Do They Do It?**
- 11.00 **Combat Dealers**
- 12.00 M'T **How the Universe Works**
- 1.00 AM **Mysteries at the Museum**
- 3.00 **NASA's Unexplained Files**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

- 9.00 AM **The World at War**
- 11.00 **Secret Nazi Bases**
- 1.00 PM **The World at War**
- 3.00 **Secret Nazi Bases**
- 5.00 **Top of the Pops**
- 6.20 **The World at War** Superpower tensions in the post-war era. **7.30** The devastating legacy of World War Two, including reminiscences from people who regard it as the most significant experience of their lives.
- 8.40 **Secret Nazi Bases** Uncovering and examining hidden structures built by the Nazis. **9.40** Recently-excavated trenches, bunkers, barracks and gun encasements.
- 10.40 **Top of the Pops** Featuring Status Quo, Londonbeat, Adamski and Kylie Minogue.
- 12.00 M'T **The World at War**
- 2.20 AM **Secret Nazi Bases**
- 4.00 **Top of the Pops**
- 5.00 **Villages by the Sea**
- 5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1hour 266 376

ID

154 140 166

- 8.00 AM **Homicide City: Charlotte**
- 12.00 NOON **Murder Under the Friday Night Lights**
- 1.00 PM **American Monster**
- 3.00 **The Murder Tapes**
- 7.00 **Where Murder Lies** When Lori Ruff was found dead, her family and friends were left reeling, but the investigation revealed she had been lying to them. **8.00** When a young man who was next in line to inherit a family ranch in Colorado went missing in 2015, an investigation revealed lies, greed and deceit.
- 9.00 **The Grindr Killer: A Faking It Special** Experts reveal how easy it was for Stephen Port to deceive, and how and why those lies were believed.
- 10.00 **A Body in the Snow: The Trial of Karen Read** Karen's legal team suggests John may have been killed inside the house.
- 11.00 **Signs of a Psychopath**
- 12.00 M'T **Hostage 911** Double bill.
- 2.00 AM **The Murder Tapes**
- 4.00 **to 6.00** AM **Where Murder Lies**

+1hour 254 366

Discovery Turbo

158 146 180

- 7.00 AM **How Do They Do It?**
- 8.00 **Motor Pickers** Double bill.
- 9.00 **Salvage Hunters: Classic Cars**
- 10.00 **Shed and Buried**
- 11.00 **Richard Hammond's Workshop**
- 12.00 NOON **Roadworthy Rescues**
- 1.00 PM **G.A.S. Extreme Customs**
- 2.00 **Ant Anstead: Born Mechanic**
- 3.00 **Incredible Engineering Blunders: Fixed**
- 4.00 **Salvage Hunters: Classic Cars**
- 5.00 **Iron Resurrection**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried**
- 8.00 **Iron Resurrection** A neglected Ferrari gets back on track.
- 9.00 **Outback Car Hunters** A desert dash unearths two Mini Moke shells that could make a profit.
- 10.00 **Incredible Engineering Blunders: Fixed**
- 11.00 **Shed and Buried: Classic Cars**
- 12.00 M'T **Iron Resurrection**
- 1.00 AM **Richard Hammond's Workshop** Motoring series.
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- 6.20 AM **Sky Cinema Preview**
- 7.20 **Gabby's Dollhouse: The Movie** Comedy adventure. (2025, U, 99min)
- 9.05 **The Internship** Thriller with Lizzy Greene. (2026, 15, 87min)
- 10.55 **No Ordinary Heist** (2026)
- 12.45 PM **The Choral** As 8.00pm.
- 2.45 **Fuze** As shown at 11.45pm.
- 4.25 **Dead Man's Wire** Thriller. (2025, 15, 104min) ★★★★
- 6.15 **They Will Kill You** Comedy. (2025, 15, 94min) ★★★

4.25 Dead Man's Wire

8.00 The Choral Comedy drama starring Ralph Fiennes, Mark Addy and Emily Fairn. A choral society's male members enlist in World War One, leaving a doctor to recruit teenagers in their place. (2025, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 No Ordinary Heist Thriller starring Eddie Marsan. Two feuding bank employees are forced to execute Ireland's biggest heist after criminals kidnap their families. (2026, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.45 **Fuze** Thriller starring Aaron Taylor-Johnson and Theo James. (2026, 15, 97min) ★★★
- 1.30 AM **They Will Kill You** (2025)
- 3.20 **Him** Supernatural horror with Marlon Wayans and Tyriq Withers. (2025, 18, 96min)
- 5.00 **to 7.10** AM **The Bride!** Horror. (2025, 15, 126min) ★★★★

Sky Cinema American Pie

303 303 403 503 517

- 6.00 AM **Sky Cinema Preview**
- 7.00 **American Pie** As 10.00pm.
- 8.50 **American Pie 2** As 4.20pm.
- 10.50 **American Pie: The Wedding**
- 12.40 PM **American Reunion** (2012)
- 2.35 **American Pie** As 10.00pm.
- 4.20 **American Pie 2** Teen comedy sequel starring Jason Biggs. (2001, 15, 106min) ★★★
- 6.15 **American Pie: The Wedding** Comedy sequel starring Jason Biggs and Alyson Hannigan. (2003, 15, 96min) ★

10.00 American Pie

8.00 American Reunion Raunchy comedy sequel starring Jason Biggs and Alyson Hannigan. The group of friends get together some 13 years after leaving high school. With Chris Klein, Tara Reid and Eugene Levy. (2012, 15, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 American Pie Comedy starring Jason Biggs and Chris Klein. A group of teenage friends pledge to lose their virginity before the school prom – which is only three weeks away. (1999, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.40 **American Pie 2** Teen comedy sequel starring Jason Biggs, Shannon Elizabeth, Thomas Ian Nicholas and Chris Klein. (2001, 15, 106min) ★★★
- 1.35 AM **American Pie: The Wedding** As 6.15pm.
- 3.20 **American Reunion** (2012)
- 5.25 **to 7.15** AM **American Pie**

Sky Cinema Drama

310 310 410 510 524

- 6.15 AM **Drift** Drama with Cynthia Erivo. (2023, 15, 93min) ★★★★
- 7.55 **Beach Rats** Powerful drama. (2017, 15, 98min) ★★★
- 9.40 **A Different Man** As 11.55pm.
- 11.35 **Uproar** As shown at 3.45am.
- 1.30 PM **May December** Drama. (2023, 15, 117min) ★★★★
- 3.30 **Joker: Folie à Deux** Musical sequel with Joaquin Phoenix. (2024, 15, 138min) ★★★★
- 5.50 **The Blind Side** Fact-based drama starring Sandra Bullock. (2009, 12, 129min) ★★★
- 8.00 **The Post** Fact-based drama starring Meryl Streep and Tom Hanks. American newspapers race to expose a government cover-up of Vietnam War secrets. (2017, 12, 113min) ★★★★
- 10.00 **Pillion** Comedy with Alexander Skarsgård. A man is swept off his feet when an enigmatic biker takes him on as his submissive. (2025, 18, 107min) ★★★
- 11.55 **A Different Man** Comedy thriller. (2024, 15, 112min) ★★★★
- 1.55 AM **The End of the Affair** Drama starring Ralph Fiennes. (1999, 18, 101min) ★★★★
- 3.45 **Uproar** Drama. (2023, 12) ★★★
- 5.40 **to 7.30** AM **Aisha** Drama. (2022, 12, 94min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 6.15 AM **Spin the Bottle** Horror. (2024, 15, 119min) ★★
- 8.30 **Tremors** As 11.55pm.
- 10.15 **Xeno** As shown at 1.40am.
- 12.10 PM **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
- 1.50 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
- 4.10 **28 Years Later** Horror starring Jodie Comer and Ralph Fiennes. (2025, 15, 115min) ★★★★
- 6.10 **Zombieland: Double Tap** Comedy sequel starring Woody Harrelson and Jesse Eisenberg. (2019, 15, 99min) ★★★
- 8.00 **Final Destination: Bloodlines** Supernatural horror starring Kaitlyn Santa Juana and Tony Todd. (2025, 15, 110min) ★★★★
- 10.05 **The Running Man** Sci-fi adventure starring Arnold Schwarzenegger as an escaped convict forced to participate in a deadly, gladiatorial game show. (1987, 18, 101min) ★★★
- 11.55 **Tremors** Witty monster chiller. (1990, 15, 96min) ★★★★
- 1.40 AM **Xeno** Fantasy adventure. (2025, 15, 103min) ★★★
- 3.35 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
- 5.20 **to 7.05** AM **We Bury the Dead** Horror. (2024, 15, 94min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.30 AM **MouseHunt** As 3.15am.
9.10 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
10.55 **Jumanji: Welcome to the Jungle** (2017, 12) ★★★★
12.55 PM **Smurfs: The Lost Village** Animation. (2017, U) ★★★
2.30 **Peter Rabbit** (2018, PG) ★★★
4.10 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
6.00 **Teenage Mutant Ninja Turtles** Fantasy adventure. (2014, 12, 101min) ★★

7.50 Jumanji: The Next Level

7.50 **Jumanji: The Next Level** Fantasy adventure sequel starring Dwayne Johnson, Karen Gillan, Kevin Hart and Jack Black. Players of the rebooted Jumanji return and attempt to rescue one of their own. (2019, 12, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Last Airbender** Fantasy adventure starring Noah Ringer, Dev Patel and Nicola Peltz. In a divided world, hope rests on a 12-year-old boy who can control the elements. (2010, PG, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Mountain** Comedy. (2024, PG, 89min) ★★★★
1.25 AM **Harriet the Spy** Comedy. (1996, PG, 97min) ★★★★
3.15 **MouseHunt** Slapstick comedy. (1997, PG, 98min) ★★★★
4.55 **to 6.30** AM **Tafiti: Across the Desert** Animated adventure. (2025, PG, 81min)

Sky Cinema Action

306 306 407 507 521

7.40 AM **Jackie Chan's First Strike**
9.15 **Long Gone Heroes** (2024)
11.10 **Morbius** Adventure with Jared Leto. (2022, 12, 104min) ★★
1.10 PM **Batman** Adventure. (1989, 15, 121min) ★★★★
3.30 **Batman Returns** Adventure sequel with Michael Keaton. (1992, 12, 121min) ★★★★
5.40 **Bullet Train** Comedy thriller starring Brad Pitt, Joey King and Aaron Taylor-Johnson. (2022, 15, 127min) ★★★★

5.40 Bullet Train

8.00 **The Running Man** Comedy thriller starring Glen Powell and Lee Pace. Desperate to save his sick daughter, Ben Richards enters a deadly televised competition. With Colman Domingo and William H Macy. (2025, 15, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Mummy: Tomb of the Dragon Emperor** Adventure sequel starring Brendan Fraser, Maria Bello and Michelle Yeoh. (2008, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Jackie Chan's First Strike** Martial arts action thriller. (1996, 12, 83min) ★★
2.00 **Jackie Chan's Police Story** Martial arts comedy thriller. (1985, 15, 98min) ★★★★
3.50 **Long Gone Heroes** Action thriller starring Eden Brolin. (2024, 15, 101min) ★★★
5.45 **to 6.15** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
9.05 **Tootsie** (1982, 15) ★★★★
11.05 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
12.55 PM **Bridget Jones's Diary** Comedy. (2001, 15) ★★★★
2.45 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
4.35 **Billy Madison** Comedy. (1995, PG, 90min) ★★
6.15 **Blazing Saddles** Western. (1974, 12, 90min) ★★★★

9.45 Bridget Jones: Edge of...

8.00 **Caddyshack** Knockabout comedy starring Chevy Chase, Bill Murray and Rodney Dangerfield. The caddies at a posh golf club try to get the better of their employers. (1980, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Bridget Jones: The Edge of Reason** Comedy sequel starring Renée Zellweger. The insecure thirtysomething's blissful new relationship comes under threat when she is thrown together with her ex-boss on an assignment. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
1.45 AM **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
3.45 **Sky Cinema Preview**
4.35 **to 6.15** AM **Blades of Glory** Comedy starring Will Ferrell. (2007, 12, 93min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
8.45 **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
10.45 **Ocean's Thirteen** Thriller. (2007, PG, 122min) ★★★
1.00 PM **Vanilla Sky** As 2.20am.
3.25 **Inception** Christopher Nolan's thriller with Leonardo DiCaprio. (2010, 12, 148min) ★★★★★
6.05 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★

10.05 Psycho

8.00 **No Country for Old Men** Crime thriller starring Tommy Lee Jones, Javier Bardem and Josh Brolin. A dogged lawman and a ruthless contract killer pursue a Texan who has made off with $2million in drug money. (2007, 15, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Psycho** Alfred Hitchcock's horror chiller starring Anthony Perkins, Janet Leigh and John Gavin. (1960, b/w, 15, 109min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **True Romance** Crime thriller starring Christian Slater and Patricia Arquette. (1993, 18, 118min) ★★★★
2.20 **Vanilla Sky** Romantic fantasy starring Tom Cruise, Penélope Cruz and Cameron Diaz. (2001, 15, 136min) ★★★
4.50 **to 6.30** AM **Jericho Ridge** Thriller starring Nikki Amuka-Bird. (2023, 15, 87min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The True Story of Jesse James** Biopic. (1956, PG) ★★
12.50 PM **It Should Happen To You** Comedy starring Judy Holliday. (1953, b/w, U, 100min) ★★★
2.35 **The Incredible Shrinking Man** Thriller starring Grant Williams. (1957, b/w, PG, 81min) ★★★★
4.15 **The Kid Who Would Be King** Fantasy. (2019, PG) ★★★
6.40 **Ad Astra** Drama starring Brad Pitt. (2019, 12, 123min) ★★★★

6.40 Ad Astra

Ad Astra (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Commando** Action thriller starring Arnold Schwarzenegger as a retired commando who returns to combat when his daughter is kidnapped by a renegade former comrade. With Rae Dawn Chong and Dan Hedaya. (1985, 18, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.50 **Mission: Impossible – Ghost Protocol** Action spy thriller starring Tom Cruise. Ethan Hunt and his team strive to stop a rogue Russian scientist from provoking a global nuclear war. (2011, 12, 133min) ★★★★
1.30 **to 3.50** AM **Monday** Romantic drama with Denise Gough and Sebastian Stan. (2020, 15, 116min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Directors

302 302 402 502 516

6.00 AM **The Big Heat** Crime thriller. (1953, b/w, 15, 90min) ★★★★
7.40 **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
9.30 **The Alto Knights** Drama. (2024, 15, 123min) ★★★
11.40 **Boyz N the Hood** As 3.35am.
1.40 PM **Eddington** Western comedy. (2025, 15, 148min) ★★★★
4.10 **Caught Stealing** Comedy. (2025, 15, 107min) ★★★★

6.00 **Bad Boys** Action comedy thriller starring Martin Lawrence. (1995, 15, 118min) ★★★
8.00 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. (2003, 15, 147min) ★★★
10.30 **GoodFellas** Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood, starring Robert De Niro. (1990, 18, 143min) ★★★★★

12.55 AM **American Gangster** Ridley Scott's fact-based crime drama starring Denzel Washington. (2007, 18, 157min) ★★★★
3.35 **Boyz N the Hood** Urban drama. (1991, 15, 111min) ★★★★★
5.30 **to 7.00** AM **The Desperate Hour** Thriller. (2021, 12, 84min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.05 AM **The End of the Affair**
8.00 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★
10.20 **Peggy Sue Got Married** Romantic fantasy comedy. (1986, 15, 104min) ★★★★
12.05 PM **An Officer and a Gentleman** Romantic drama. (1981, 15, 125min) ★★★★
2.15 **Cool Hand Luke** Prison drama. (1967, 15, 126min) ★★★★★

4.25 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
6.10 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
8.00 **You've Got Mail** Romantic comedy starring Tom Hanks and Meg Ryan as two bookshop owners who hate one another in real life but are email lovers. (1998, PG, 114min) ★★★
10.00 **'About Last Night...'** Comedy starring Rob Lowe, Demi Moore, Elizabeth Perkins and James Belushi. (1986, 18, 113min) ★

11.55 **Risky Business** Comedy drama. (1983, 18, 98min) ★★★★
1.35 AM **Love Story** As 4.25pm.
3.20 **The End of the Affair** Romantic drama. (1955, PG, 106min) ★★
5.10 **The Cinema List: British Women Directors**
5.35 **to 7.00** AM **Fords on Water**

Disney+ Cinema

305 305

6.00 AM **Alice in Wonderland** Animation. (1951, U) ★★★★
7.25 **The Aristocats** Animation. (1970, U, 78min) ★★★★★
8.45 **Piglet's Big Movie** As 4.40am.
10.05 **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★
11.35 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
1.35 PM **Hercules** Animated musical. (1997, U, 92min) ★★★★

3.10 **Flubber** Fantasy starring Robin Williams. (1997, U, 94min) ★★★
4.50 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
6.45 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
9.00 **The Grand Budapest Hotel** Wes Anderson's comedy drama starring Ralph Fiennes. (2014, 15, 99min) ★★★★★
10.40 **Juno** Comedy starring Ellen Page. (2007, 12, 96min) ★★★★

12.20 AM **A Complete Unknown** Biopic with Timothée Chalamet. (2024, 15, 140min) ★★★★
2.40 **Alien: Romulus** Horror thriller. (2024, 15, 119min) ★★★★
4.40 **to 6.00** AM **Piglet's Big Movie** Animated family adventure. (2003, U, 75min) ★★

Movies 24

312 313 419

7.00 AM **Royal-Ish** Romantic drama. (2025, PG, 84min) ★★
9.00 **Mystery Island: Winner Takes All** Drama starring Charlie Weber. (2025, PG, 90min) ★★
11.00 **Aloha Heart** Romantic drama. (2023, PG, 90min) ★★
1.00 PM **An American In Austen** Comedy. (2024, PG, 84min) ★★
3.00 **Been There All Along** Romantic drama. (2023, PG, 89min) ★★

5.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★
7.00 **Retreat to You** Romantic drama starring Emilie Ullerup. (2023, PG, 120min) ★★
9.00 **The Marry Me Pact** Romantic comedy starring Meggan Kaiser and Tyler Harlow. A psychic tells a woman she is destined to marry her best friend, who comes home from holiday engaged. (2023, PG, 88min) ★★
11.00 **Love Marks the Spot** Adventure. (2023, PG, 86min) ★★

1.00 AM **My Dreams of You** Romantic drama starring Cecilia Lee. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Return to Office** Romantic drama starring Janel Parrish. (2025, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Black Saddle** 19/24. (S2)
6.30 **The Big Day** (1960, b/w, PG) ★★
7.45 **Puzzle Corner No 12** Quiz.
8.05 **The Crooked Sky** Thriller. (1957, b/w, PG, 77min) ★★
9.35 **Mr Beamish Goes South**
10.15 **Law of the Jungle** Adventure. (1942, b/w, PG, 61min) ★★
11.30 **Star Performance** 23/25. (S1)
12.00 NOON **Sergeant Cork** (S3)
1.05 PM **Adventures of Sir Lancelot**

1.35 **Broken Journey** Survival drama. (1948, b/w, PG, 89min) ★★
3.20 **The Happiest Days of Your Life** Comedy. (1950, b/w, U) ★★★★★
5.00 **A Pocketful of Rye**
5.20 **Railway Murders** Documentary.
6.20 **Strange But True**
6.55 **The Brothers** 2/13. (S3)
8.00 **Mark Saber** 27/38. (S6)
8.30 **The Wheeltappers and Shunters Social Club** 3/7. (S1)
9.20 **Frankenstein and the Monster from Hell** Horror starring Peter Cushing. (1973, 18, 99min) ★

11.15 **The Last Man on Earth** Horror. (1964, b/w, PG, 86min) ★★
1.00 AM **Doomwatch** 8/13. (S2)
2.00 **The Long Haul** Drama. (1957, PG, 100min) ★★★
3.45 **Look at Life** Documentary.
4.00 **Burke's Law** 25/32. (S1)
5.00 **to 6.00** AM **Footage Detectives**

Thursday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
10.00 **Test Cricket Bitesize** Highlights.
10.15 LIVE **Test Cricket England v New Zealand.** Coverage of the second day of the second Test in the three-match series staged at the Kia Oval in London. England have lost their last two Tests at this venue, falling to an eight-wicket defeat at the hands of Sri Lanka in 2024 and losing to India by six runs last year, but they had won five of their last six games in this format here before those contests.
6.30 PM LIVE **US Open Golf** Coverage of day one of the 126th staging of the Major at Shinnecock Hills Golf Club in Southampton, New York. JJ Spaun of America held a one-stroke lead over South Africa's Thriston Lawrence after carding a four-under 66 at this stage last year in Pennsylvania. He went on to win the title, having never previously finished in the top 20 at a Major, with Scotland's Robert MacIntyre finishing in second place. *See feature, page 28.*
1.00 **to 6.00** AM **World Cup Report**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Review**
9.00 **FNF** Action from Wolverhampton Wanderers v Aston Villa.
9.30 **Premier League Highlights**
11.00 **SNF** Leeds United v Manchester City staged at Elland Road.
11.30 **Premier League Highlights**
3.00 PM **SNF** Chelsea v Newcastle United at Stamford Bridge.
3.30 **Premier League Highlights** Nottingham Forest v Fulham. **4.00** Action from Crystal Palace v Leeds United at Selhurst Park. **4.30** Manchester United v Aston Villa staged at Old Trafford. **5.00** Highlights of Liverpool v Tottenham Hotspur at Anfield.
5.30 **MNF Hlts** Action from Brentford v Wolverhampton Wanderers.
6.00 **Premier League Stories** Former West Ham United defender Julian Dicks reflects on his career.
6.30 **Premier League Review** The finest strikes from 2025/26.
7.30 **Netbusters** Recent action.
9.00 **Premier League Review**
12.00 M'T **Premier League Years**
2.00 AM **PL Retro** Nottingham Forest v Liverpool from 1992.
4.00 **Best PL Goals 1997/98**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup** The 2016 final.
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2021/22**
11.30 **EFL Trophy** The 2021/22 final.
12.00 NOON **EFL** The 13/14 play-offs.
3.00 PM **EFL Greatest Games**
4.00 **EFL Cup Retro** Another chance to see the 2013 and 2017 finals.
8.00 **There's Only One Sauzee** An interview with Hibernian legend Franck Sauzee.
8.30 **Dundee United: Champions 83** The story of Dundee United's 1982/83 title triumph.
9.00 **EFL Greatest Games** Action from Wolverhampton Wanderers v Derby County in 2016. **9.15** Nottingham Forest v Newcastle United from 2016/17. **9.30** Leeds United v Aston Villa from the 2016/17 season. **9.45** Huddersfield Town v Leeds United from the 2016/17 season.
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2022/23**
11.30 **EFL Trophy** Action from Bolton Wanderers v Plymouth Argyle.
12.00 M'T **Celtic's Invincibles**
1.00 AM **SPFL** Goals from 2009/10.
1.30 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Highlights.
7.00 **ICC Women's World Cup**
8.00 **Test Cricket** England v N Zealand.
9.00 **ICC Women's World Cup**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v New Zealand.** Coverage of day two of the second Test at The Kia Oval in London.
7.00 PM LIVE **Women's T20 Cricket World Cup West Indies v Scotland.** Coverage of the Group B match staged at Headingley Cricket Ground, Leeds.
10.00 **Test Cricket** England v New Zealand at The Kia Oval, London.
11.00 **The Film Room** Archive action.
11.30 **ICC Women's T20 World Cup**
12.00 M'T **Test Cricket Bitesize**
12.15 AM **Women's T20 World Cup**
12.45 **Test Cricket** England v N Zealand.
1.45 **ICC Women's T20 World Cup**
2.15 **Test Cricket Bitesize**
2.30 **ICC Women's T20 World Cup**
3.00 **Test Cricket** England v N Zealand.
4.00 **ICC Women's T20 World Cup**
4.30 **Test Cricket Bitesize**
4.45 **ICC Women's T20 World Cup**
5.15 **Test Cricket Bitesize**
5.30 **to 6.00** AM **ICC Women's T20 World Cup**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Rose Ladies Series**
6.30 **HotelPlanner Tour Golf Highlights** Recent action.
7.00 **PGA Tour Champions**
8.00 **US Open Official Films**
11.00 **McGinley & Chamblee at the US Open** Event preview.
12.30 PM LIVE **US Open Golf** Coverage of the opening day of the 126th staging of the Major at Shinnecock Hills Golf Club in New York. JJ Spaun of America held a one-stroke lead over South Africa's Thriston Lawrence after carding a four-under 66 at this stage last year in Pennsylvania. *See feature, page 28.*
1.00 AM **PGA Tour Champions Learning Centre** Expert tips.
1.30 **US Open Official Films**
2.30 **US Open Golf** The first day.
3.30 **US Open Official Films**
4.30 **US Open Golf** Highlights.
5.30 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage from the ATP Halle Open and WTA Berlin Open, the ATP 500 and WTA 500 events, both of which are grass-court tournaments held in Germany.
6.30 PM **ATP Tennis** Stuttgart Open.
7.30 **ATP Tour This Week**
8.00 **WTA & ATP Tennis** The ATP Halle Open and WTA Berlin Open.
12.00 M'T **ATP & WTA Tour Classics**
2.00 AM **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
11.00 LIVE **AFL Fremantle v Geelong Cats.** Coverage of the match from the 15th round of fixtures at Optus Stadium. Bounce-up **11.10am**.
2.00 PM **Premier League Stories**
2.30 LIVE **Men's Cycling** Stage two of the Tour of Switzerland.
5.30 **MLB Plays of the Week**
6.00 **MLB Highlights**
7.00 LIVE **MLB Boston Red Sox v Toronto Blue Jays.** Coverage of the American League East match at Fenway Park. Start-time is at **6.35pm**.
10.00 **World Superbike Rewind**
10.15 **TNT Sports Cricket Reload** Bangladesh v Australia.
10.30 **MLB Highlights**
11.30 LIVE **MLB Philadelphia Phillies v New York Mets.** Coverage of the National League East match at Citizens Bank Park. Start-time **11.40pm**.
2.30 AM **MLB Plays of the Week**
3.00 **AFL** Fremantle v Geelong Cats.
4.30 **UEFA Champions League – Stories of the Finals**
5.00 **to 6.00** AM **Fishing: On the Bank**

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling Pro Series**
7.00 **Cycling** Tour of Switzerland.
9.00 LIVE **Women's Cycling World Tour** Coverage of stage two of the Tour of Switzerland, featuring a route of 105.3km that starts and finishes in Locarno.
12.00 NOON **The Cycling Show**
12.30 PM LIVE **Men's Cycling Pro Series** Stage two of the Tour of Slovenia, as the riders take on a 177.6km route that starts in Radlje ob Dravi and ends in Ormoz.
3.00 **Premier League Review** A look back at the action from matchdays 31 to 33 of the top flight, featuring Chelsea v Manchester City, Brentford v Fulham and Arsenal v Bournemouth.
6.00 **The Gruppetto** A look back at the latest cycling action.
6.15 LIVE **Fencing European Championship** Coverage of the second session on day three of the annual event in Antony, France.
8.30 **AFL** Fremantle v Geelong Cats.
10.00 **UFC** UFC Freedom 250 on the South Lawn of the White House.
1.00 AM **UFC Fight Flashback**
5.00 **to 6.00** AM **Formula E Flashback**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **Super Bowl LX Highlights** Action from Seattle Seahawks v New England Patriots.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Philadelphia Eagles v Los Angeles Rams.
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NBA on Fire** The latest action.
5.30 **State of Origin Rugby League**
7.30 LIVE **Super League Warrington Wolves v Leeds Rhinos.** Coverage of the match at Halliwell Jones Stadium. Maika Sivo scored a hat-trick as Rhinos claimed a hard-fought 26-22 win when the teams met at Headingley in March. Kick-off is at **8.00pm**.
10.15 **Super League Highlights** Warrington Wolves v St Helens in a 2024 Eliminator match.
10.30 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Carolina Panthers v Seattle Seahawks.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Women's Super League**
1.30 **World Club Challenge**
1.45 **Super League Highlights**
5.00 **Women's Super League**
5.15 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 **Formula 1** Monaco Grand Prix.
9.00 **World Cup Breakfast**
10.00 LIVE **WTA & ATP Tennis** Coverage from the ATP Halle Open and the WTA Berlin Open, both of which are grass-court tournaments held in Germany.
6.30 PM **World Cup Matchday** In-depth analysis and discussion.
7.00 **World Cup Show** An essential daily guide to the World Cup.
7.30 LIVE **Super League Warrington Wolves v Leeds Rhinos.** Coverage of the match staged at Halliwell Jones Stadium. Maika Sivo scored a hat-trick as Rhinos claimed a hard-fought 26-22 victory when the teams met at Headingley in March, and there has been little between the teams throughout the campaign so far, with both sides performing well. Kick-off is at **8.00pm**.
10.15 **World Cup Report**
12.00 M'T **EFL Greatest Games**
1.00 AM **Tennis** Italian Open finals.
3.00 **Super League** Hull Kingston Rovers v Wigan Warriors.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **Legends Tour Golf**
7.00 **PGA Tour Champions**
8.00 **Women's T20 World Cup**
9.00 **Test Cricket** Recent action.
10.00 **Premier League Darts**
2.00 PM **State of Origin Rugby League** Recent highlights.
2.15 **PL Greatest Games**
3.00 **State of Origin Rugby League**
4.00 **Women's T20 World Cup**
5.00 **Test Cricket** Recent action.
6.00 LIVE **Women's T20 Cricket World Cup West Indies v Scotland.** Coverage of the Group B match staged at Headingley Cricket Ground, Leeds.
10.00 **Legends Tour Golf**
11.00 **Women's ICC T20 World Cup**
12.00 M'T **Premier League Darts**
4.00 AM **State of Origin Rugby League** Recent highlights.
4.15 **PL Greatest Games**
5.00 **to 6.00** AM **Super League**

TNT Sports 3

413 415 523 410 432

6.00 AM **TNT Sports Reload**
6.30 **Ultimate Pool** Recent action.
8.00 **World Superbike Highlights**
9.00 **FIA World Endurance Championship Highlights**
10.00 **One-Day International Cricket**
11.00 **International T20 Cricket**
12.00 NOON LIVE **IFSC Climbing World Series** The women's boulder semi-final in Innsbruck.
2.45 PM **MLB Highlights**
3.45 **TNT Sports Reload**
4.00 **MLB Plays of the Week**
4.30 **Ultimate Pool** Recent action.
6.00 **TCR World Tour Review**
6.30 LIVE **IFSC Climbing World Series** Coverage of the women's boulder final in Innsbruck, Austria.
9.15 **The Gruppetto** Cycling news.
9.30 **Cycling** Event highlights.
12.30 AM **International T20 Cricket Highlights** Recent action.
1.30 **World Superbike Highlights**
2.30 **Test Cricket Highlights**
4.30 **to 6.00** AM **Ultimate Pool**

TNT Sports 4

414 416 524 411 434

6.00 AM **Women's FA Cup**
12.00 NOON **Women's FA Cup** Back-to-back editions, including at: **4.00** PM Liverpool v Everton. **5.00** Highlights from London City v Tottenham Hotspur.
6.00 **Women's FA Cup** Action from Arsenal v Brighton & Hove Albion. **7.00** Highlights from Charlton Athletic v Liverpool. **8.00** Action from Chelsea v Tottenham Hotspur. **9.00** Highlights from Birmingham City v Manchester City. **10.00** Liverpool v Brighton & Hove Albion in the semi-final. **11.00** Action from Chelsea v Manchester City in the semi-final.
12.00 M'T **Women's FA Cup** Action from Brighton & Hove Albion v Manchester City in the final.
1.30 AM **FA Cup: The People's Story – Women's FA Cup**
1.45 **TNT Sports Reload**
2.00 **Premiership Women's Rugby**
4.00 **to 6.00** AM **Gallagher PREM**

Premier Sports 1

419 APP 528

6.00 AM **United Rugby Championship**
8.00 **Top 14 Rugby Union**
10.00 **Sporting Greats**
10.30 **Mass Participation**
11.00 **World Surf League**
12.00 NOON **NASCAR Highlights**
1.00 PM **Premier Sports Cup** St. Mirren v Celtic in the final.
3.00 **Champions Cup** A replay of Leinster v Bordeaux in the final.
5.00 **Sporting Greats** Iconic sporting figures discuss their careers.
5.30 **European Le Mans Series**
6.30 **Top 14 Rugby Union** Action from a play-off match.
8.30 **Sporting Greats**
9.00 **World of FreeSports**
9.30 **Challenge Cup** A chance to see Montpellier v Ulster in the final.
11.30 **United Rugby Championship**
1.30 AM **World of FreeSports**
2.00 **NASCAR Highlights**
3.00 **Top 14 Rugby Union**
5.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 APP 529

6.00 AM **LaLiga** Another chance to see Barcelona v Real Madrid.
8.00 **Premier Sports Cup** Another chance to see Celtic v Rangers.
10.30 **German Cup** Bayern Munich v VfB Stuttgart in the final.
12.30 PM **Football's Greatest** The finest players discuss their careers.
1.30 **LaLiga** Real Madrid v Barcelona.
3.30 **Scottish Cup Football** Celtic v Dunfermline Athletic in the final.
5.30 **Football's Greatest** The finest players discuss their careers.
6.00 **Abu Dhabi T10 Cricket** Action from the Qualifier One play-off at Zayed Cricket Stadium.
8.00 **Abu Dhabi T10 Cricket** Action from the Eliminator One play-off at Zayed Cricket Stadium.
10.00 **Temples of Sport**
11.00 **Test Cricket** Action from the third day of the first Test between Bangladesh and Pakistan.
4.30 AM **Bike World** Highlights.
5.00 **to 6.00** AM **Motorsport**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
11.00 **GB3 Championship Highlights**
12.00 NOON **British GT Championship** At Oulton Park.
1.00 PM **Formula 1** A replay of the Barcelona-Catalunya Grand Prix.
3.15 **Ted's Notebook**
3.45 **Golf with Sergio Perez**
4.00 **Indycar** The Bommarito Automotive Group 500.
5.00 **Formula 1** Action from the Barcelona-Catalunya Grand Prix.
6.00 **GB3 Championship Highlights**
7.00 **British GT Championship**
8.00 **Formula 1** A replay of the Barcelona-Catalunya Grand Prix.
10.15 **Ted's Notebook**
10.45 **Naomi Hot Laps with Kimi Antonelli** The Miami circuit.
11.00 **Formula 1** From Barcelona.
12.00 M'T **Indycar** From Illinois.
1.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

19 June

Planner

World Cup
FOOTBALL BBC1 & ITV1
Scotland's second game of the tournament is against Africa Cup of Nations champions Morocco (ITV1, k-o 11pm). Also today, co-hosts USA play Australia (BBC1, k-o 8pm) in Seattle.

Sugar
THRILLER Apple TV
Season one of the crime thriller gifted us with the shock revelation that private investigator John Sugar (Colin Farrell) hailed from another world. Having decided to stick around in LA, Sugar continues the hunt for his sister, while also looking into the disappearance of the brother of a local boxer.

Funboys
COMEDY BBC3, from 9pm (box set, BBC iPlayer)
The soft-bellied lads from Ballymacnoose return for a second series of the award-winning Northern Ireland comedy, with Steve Coogan (pictured) joining the cast in a guest role – playing a frustrated actor working at a folk museum.

Isle of Wight Festival
MUSIC Sky Arts, Sky One & Sky Mix, from 7pm
While Glastonbury Festival takes a break this year, you can instead fill your music boots with coverage from Newport, IoW, with acts on today including Lewis Capaldi and Wet Leg – who hail from the island.

Friday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Football: World Cup – Live: USA v Australia (Kick-off 8.00)						10.30 News
	102 BBC2	7.00 Cricket: Today at the Test		8.00 Gardeners' World		9.00 Hidden Treasures of the National Trust		10.00 Inside No. 9	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Changing Ends	8.00 Emmerdale	8.30 Coronation...	9.00 Unbelievable Moments Caught on...		10.00 Football: World Cup – Live	
	104 CHANNEL 4	7.00 News		8.00 Our Farm Next Door: Amanda, Clive...		9.00 Celebrity Gogglebox		10.00 First Dates	
	105 5	7.00 Croatia: Jewel of the Mediterranean		8.00 Draining Loch Ness: In Search of the...		9.00 Milan with Michael Portillo			10.30 Piers Morgan...
	106 SKY ONE	7.00 The Simpsons			8.20 Joe Lycett's United States of...		9.20 Alan Carr: Regional Trinket		10.35 Isle of...
ENTERTAINMENT	115 BBC3		7.05 Deadly 60	7.35 Film: Shrek Forever After		9.00 Funboys			10.40 Young...
	116 BBC4	7.00 TOTP: Christmas 1999		8.00 TOTP: 1987	8.30 TOTP: 1990	9.00 Elvis Presley: '68 Comeback Special		10.15 Chuck Berry in Concert	
	118 ITV2	7.00 The Floor USA		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 The Sommerdahl Murders			
	135 E4	7.00 The Simpsons		8.00 Below Deck: Mediterranean		9.00 Film: Venom			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Law & Order: Special Victims Unit			
	108 SKY ATLANTIC	‹ 6.45 The White Lotus				9.00 Ponies			
	110 U&GOLD	‹ 6.50 Dad's Army	7.30 Keeping Up Appearances	8.10 Red Dwarf			9.25 Not Going Out	10.00 Red Dwarf	
	111 U&DAVE	7.00 Mortimer &...	7.40 Would I Lie to You?			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Doc Martin				10.00 Law & Order: UK	
	120 ITV4	7.00 American Pickers		8.00 Ice Road Truckers		9.00 Ice Road Truckers: Deadliest Roads		10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre: Showtime		10.00 Comedy Central Live	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 The Walking Dead		10.00 Westworld	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Happy Valley			10.20 New Tricks
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise				10.00 Father Brown	
	122 SKY ARTS	7.00 Isle of Wight Festival							
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake					
DOCUMENTARY	125 DISCOVERY	7.00 Kindig Customs		8.00 Gold Rush: Mine Rescue with Freddy...		9.00 Expedition Files		10.00 Bigfoot Took Her	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Intruders		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Disaster Autopsy	
	123 SKY HISTORY	7.00 Forged in Fire Armed Forces...		8.00 Secrets of Great British Castles		9.00 Royal B**tards: Rise of the Tudors		10.00 Ancient Aliens	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Citizen Smith				10.00 Bangers & Cash	
	114 SKY DOCS	7.00 I Am Patrick Swayze				9.00 The Alien Autopsy Scandal		10.00 Chernobyl: The Lost Tapes	

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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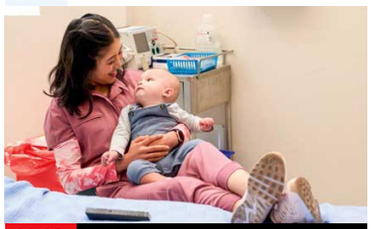
Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Doorbell Detectives** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Under the Vines** New episode 5/6. Tippy is in the spotlight at a wine conference. (S2) (S)(AD)
■ Entire series on BBC iPlayer
2.45 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** New edition An Indian-inspired garden. (S)
4.30 **The Travelling Auctioneers** New edition Exploring a man's puppet collection in Blackpool. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



11.10 St Denis Medical

7 PM
7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 LIVE **Football: World Cup** USA v Australia: Gabby Logan presents coverage of the Group D match at Seattle Stadium in the USA. These nations have faced each other on four previous occasions, but this is the first competitive fixture between the two, with all others being friendlies. The most recent of those games took place in Colorado last October, and saw the Americans dominate possession and eventually triumph 2-1. With analysis from Olivier Giroud, Wayne Rooney and Theo Walcott. Kick-off is at 8.00. (S)

8 PM

9 PM

10 PM
10.30 **BBC News** (S)

11.00 **Local News** (S)
11.10 **St Denis Medical** New episodes 15/18. Bruce gets an offer that's hard to refuse. (S)(AD)
11.30 16/18. Alex helps Joyce hire a head midwife. (S2) (S)(AD)
11.55 FILM **Road House** Action thriller starring Jake Gyllenhaal, Daniela Melchior and Conor McGregor. (S)(AD) (2024, 15, 110min) ★★★
1.45 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Escape to the Country** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Hidden Treasures of the National Trust** (S)(R)(AD)
9.00 **BBC News** (S)
11.45 **Political Thinking with Nick Robinson** Topical discussion. (S)
12.15 PM **Politics Live** (S)
1.00 LIVE **Tennis: Queen's** The HSBC Championships: Coverage of the fifth day of the men's grass-court tournament staged at Queen's Club in London, featuring the singles quarter-finals. (S)
6.00 **Richard Osman's House of Games** Guests Ben Bailey Smith, Robin Ince, Lara Ricote and Helen Skelton take part. (S)(R)
6.30 **Great Continental Railway Journeys** Travelling from Roskilde to Copenhagen. (S)(R)(AD)

9.00 Hidden Treasures of the...

7.00 **Cricket: Today at the Test** England v New Zealand: Highlights of day three of the second Test in the three-match series held at the Kia Oval in London. (S)

8.00 **Gardeners' World** New edition A special programme from Birmingham in the heart of Gardeners' World Live – an annual celebration of practical gardening and bold design. (S)

9.00 **Hidden Treasures of the National Trust** Series finale 6/6. Cameras focus on designer Getrude Jekyll's legacy, and the work of Oliver Messel at Nymans, West Sussex. Toby Jones narrates. (S)
■ Entire series on BBC iPlayer

10.00 **Inside No. 9** *Simon Says:* 5/6. An obsessive fan of a TV show plots to get the ending he wanted. (S6) (S)(R)
10.30 **Newsnight** (S)

11.00 NEW **TRNSMT** Coverage of the festival from Glasgow Green, with Richard Ashcroft, Wolf Alice and Nile Rodgers & Chic among the major names performing. (S)
1.00 AM **Sign Zone: Reported Missing** 1/4. Police race to find two missing teenagers who are struggling with their mental health. (S)(R)(AD)
2.00 **Sign Zone: Gareth Southgate – Changing the Game for Young Men** Documentary. (S)(R)(AD)
3.00 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** Celebrity chat and lifestyle features. (S)
12.55 PM **ITV News** (S)
1.20 **Local News** (S)
1.30 LIVE **Racing: Royal Ascot** Ed Chamberlin and Francesca Cumani present coverage of day four of the festival, headlined by the 4.20 Coronation Stakes, plus races at 2.30, 3.05, 3.40, 5.00 and 5.35. With analysis from Jason Weaver, Ruby Walsh and Megan Nicholls, reports by Matt Chapman, Rishi Persad, Oli Bell and Luke Harvey, commentary by Richard Hoiles and Mark Johnson. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Changing Ends

7.30 **Changing Ends** 3/6. Alan gets a shock about his future, while Christine gives an ill-judged interview in the paper that causes friction on the close. (S1) (S)(R)(AD)

8.00 **Emmerdale** Vinny surprises Lewis with a trip to Madeira. (S)(AD)
8.30 **Coronation Street** Recent events set Debbie's nerves on edge at the hotel, and Sam asks to see Roy. (S)(AD)

9.00 NEW SERIES **Unbelievable Moments Caught on Camera** Eyewitness footage filmed by members of the public, including two first responders in Arizona who rescue a woman trapped in an inferno. (S)

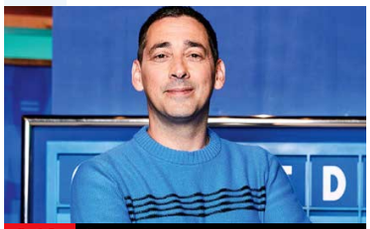
10.00 LIVE **Football: World Cup** HOME NATION! **Scotland v Morocco:** Mark Pougatch presents coverage of the Group C match at Boston Stadium in the USA. With analysis from Roy Keane, Duncan Ferguson and Ange Postocoglou, and commentary by Jon Champion and Ally McCoist. Kick-off is at 11.00. (S)
1.15 AM LIVE **Football: World Cup** Brazil v Haiti: Mark Pougatch presents coverage of the Group C match at Philadelphia Stadium in the USA. Kick-off is at 1.30. (S)
3.50 **to 6.00** AM LIVE **Football: World Cup** Turkey v Paraguay: Semra Hunter presents coverage of the Group D match at San Francisco Bay Area Stadium in Santa Clara, USA. Kick-off is at 4.00. (S)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 16-18/26. (S8) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 13-16/24. (S8) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** From the Balearic Island of Menorca. (S)(R)
4.00 **Narrow Escapes** New edition Debs and Mick race against time to moor their boat safely and make it to the church on time. (S)(AD)
5.00 **Chateau DIY** At Château Domaine de La Barde, Tim is busy crafting a custom-made BBQ. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** In Calp, a couple search for a retirement home that they can enjoy with their pets. (S)(R)



2.10 Countdown

7.00 **News** (S)

8.00 **Our Farm Next Door: Amanda, Clive and Kids** After a busy lambing season, the sheep return to the moor in the spring, and Amanda takes the chance to dig deeper into the recently transcribed Anthony Clarkson diary. (S)(R)

9.00 **Celebrity Gogglebox** New edition 3/7. A cast of famous faces, including Vernon Kay and Paddy McGuinness, Denise Van Outen and Johnny Vaughan, and Bez and Shaun Ryder, offer their thoughts on the week's TV. (S)(AD)

10.00 **First Dates** Outdoor lover Carmen and softly spoken hairstylist Eddie bond over camping, fitness and fun, while fun-loving 81-year-old Angela dreams of meeting someone who will make her laugh. (S)(R)(AD)
11.05 **Sarah Millican: Home Bird** Stand-up show recorded at Newcastle's Tyne Theatre & Opera House. (R)
12.10 AM FILM **The Invitation** Horror thriller starring Nathalie Emmanuel and Thomas Doherty. (S) (2022, 15, 105min) ★★★
1.55 NEW **Iris Prize Best British Shorts** *Lisbon.* (S)(AD)
2.10 **Ramsay's Hotel Hell** (S)(R)(AD)
3.00 **Four in a Bed** (S)(R)
5.10 **to 6.00** AM **Couples Come Dine with Me** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)(R)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Discussion. (S)
3.00 **Castle** *Probable Cause:* 5/24. The author becomes a fugitive when he is framed. (S)(R)
3.55 *The Final Frontier:* 6/24. A death at a sci-fi convention is investigated. (S5) (S)(R)
4.50 **Love Nature** Exploring the work of Nurture through Nature in Brighton. (S)(R)
5.00 **5 News with Dan Walker** (S)
6.00 **Isle of Wight: Jewel of the South** Café owner Vivette Fryatt plans a barbecue for the Sandown Carnival. (S)(R)
6.55 **News** (S)

9.00 Milan with Michael Portillo

7.00 **Croatia: Jewel of the Mediterranean** A look at Hvar, the Croatian island in the Adriatic Sea, which is home to more than 10,000 residents, and a magnet for the rich. (S)(R)
7.55 **News** (S)
8.00 **Draining Loch Ness: In Search of the Monster** Advanced technology is used to explore the depths of Loch Ness, but as a full sonar sweep of the loch's depths is performed, more than a monster is revealed. (S)(R)
9.00 **Milan with Michael Portillo** Michael explores the dynamic, northern powerhouse of Milan, Italy's capital of fashion, design and industry, where he is given a crash-course in coffee-drinking etiquette. (S)(R)
10.30 **Piers Morgan: Uncensored** Opinion-led news and debate show hosted by Piers Morgan. (S)
12.05 AM **Murder Suspect No 1** Detectives investigate after a man is beaten to death. (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **The World's Most Luxurious Cruise** The *Seven Seas Explorer* heads to St Petersburg. (S)(R)
3.15 **Friends** 19-21/24. (S9) (S)(R)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S7) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Wildlife ER** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Bart the Daredevil:* Bart becomes a daredevil skateboarder. (S)(R)
5.30 *Moho House:* Moe helps Homer and Marge work on their marriage. (S)(R)
6.00 **The Office (US)** 3/6. Dwight takes on the task of reorganising the company health plan. (S)(R)
6.30 4/6. Michael arranges a party for Meredith. (S1) (S)(R)

11.00 Isle of Wight Festival

7.00 **The Simpsons** *Itchy & Scratchy & Marge:* Marge protests about TV violence. (S)(R)
7.30 *Bart Gets Hit by a Car:* Bart is knocked down by Mr Burns' car. (S)(R)
7.55 *One Fish, Two Fish, Blowfish, Blue Fish:* Homer fears he has only 24 hours left to live. (S)(R)
8.20 **Joe Lycett's United States of Birmingham** The comedian visits cities in the US and Canada with the same name as his home town. His road trip begins in New Jersey and Pennsylvania. (S)(R)(AD)
9.20 **Alan Carr: Regional Trinket** A stand-up show by the comedian that is all about finding happiness and joy in the small things in life. (S)(R)
10.35 **NEW Isle of Wight Festival** Coverage of the Big Top set by Little Mix star Perrie at the event in Seaclose Park Newport. *See feature, page 8.*
11.00 **Isle of Wight Festival** The headline set by singer-songwriter Lewis Capaldi on the Main Stage at Seaclose Park. **12.40** Coverage of Tom Grennan's Big Top set.
1.05 **Grimm** 18/22. The spirit of a Native American inhabits the body of a teenager. (S4) (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** (S4) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Wales This Week New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Richard Holt: Yr Academi Felys **12.30** Heno **1.00** Taclo'r Ty (AD) **1.30** 3Cân **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cyfrinachau'r Llyfrgell **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Sioe Fwyd **6.30** Garddio a Mwy **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** LIVE Dartiau: Chwe Gwlad **11.15** Strip **11.30-11.50pm** Strip

TV&Streaming week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** The puma.
7.35 FILM **Shrek Forever After** Animated comedy sequel featuring the voice of Mike Myers. Shrek is tricked into signing a pact that erases his former life and turns Far Far Away into a hideous tyranny. (2010, U, 93min) ★★★★
9.00 NEW SERIES **Funboys** 1/4. The gang learn about the Great Famine. **9.25** New episodes 2/4. Callum finally gets his first match on a dating app. **9.50** 3/4. Callum walks in on Gemma and Lorcan in bed. **10.15** Series finale 4/4. Jordan suffers night terrors. *See feature, page 11.* (S2) ■ Entire series on BBC iPlayer
10.40 **The Young Offenders** 1/6. Conor and Jock clash with headteacher, Principal Walsh **11.10** 2/6. Conor and Jock's friendships with Walsh's daughters intensify. (S1)
11.45 **The Young Offenders**
1.50 AM **Ideal** 1-4/8. (S1)
3.50 **to 4.00** AM **Mobility**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: Christmas 1999** Music from DJ Jurgen Presents Alice Deejay, Cliff Richard, Robbie Williams and Martine McCutcheon.
8.00 **TOTP: 1987** Performances by Sam Fox, Whitesnake, Tom Jones, ABC, Chris Rea and Janet Jackson.
8.30 **TOTP: 1990** Featuring Magnum, Roxette, Yazz, Big Fun & Sonia, Wilson Phillips and Elton John.
9.00 **Elvis Presley: '68 Comeback Special** The singer's classic TV special, featuring *Hound Dog*, *All Shook Up* and *Don't Be Cruel*.
10.15 **Chuck Berry in Concert** The rock 'n' roll pioneer performs at the BBC Television Theatre in 1972.
11.35 **Tales of Rock 'n' Roll: Heartbreak Hotel** The story of Elvis Presley's first million-selling release.
12.10 AM **TOTP: Christmas 1999**
1.10 **TOTP: 1987** As 8.00pm.
1.40 **TOTP: 1990** As 8.30pm.
2.10 **to 3.25** AM **Elvis Presley: '68 Comeback Special**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
9.55 **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at the Old Rose & Crown in Lickey, Birmingham. **4.50** The second visit to Middlewick in Glastonbury. **5.20** The third visit of the week is to The Griffin Inn, in Irnham, Lincolnshire. **5.50** The final visit is to Crossroads House in Carlisle. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie catches up with two couples who wanted homes near the coast.
7.55 **PopMaster TV** With contestants from Poole, Leeds, Manchester, Birmingham and Shrewsbury.
9.00 **The Sommerdahl Murders** New episode 3&4/8. The body of a teenager is found in the local castle's garden after students hold an illegal party there, and evidence of drug use and dealing is found. Subtitled. In French. (S4)
11.00 **24 Hours in A&E** Featuring a motorcyclist who went over the handlebars. **12.05** AM A 21-year-old with a dislocated shoulder.
1.05 **999: On the Front Line**
2.10 **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** Three couples compete for £1,000 in north Devon.
8.00 **Ramsay's Hotel Hell**
10.00 **Below Deck: Mediterranean**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons** Four episodes of the animation.
7.00 **The Simpsons** *Catch 'Em If You Can:* Marge and Homer go on a second honeymoon. **7.30** *The Changing of the Guardian:* Marge and Homer seek out guardians.
8.00 **Below Deck: Mediterranean** New edition Chef Josh has to contend with yet another strange dish, and a late night for the guests ends with the boat being damaged.
9.00 FILM **Venom** Fantasy adventure starring Tom Hardy and Riz Ahmed. (2018, 15, 112min) ★★★
11.05 **Naked Attraction**
12.05 AM **Dating Naked UK**
1.10 **First Dates**
2.10 **Below Deck: Mediterranean**
3.00 **Abbott Elementary**
3.25 **The Goldbergs**
4.35 **to 6.00** AM **Ramsay's Hotel Hell**

+1 hr 235/236 306 30 123 256

Friday primetime primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **Motorway Patrol**
10.00 **Brit Cops: Law & Disorder**
11.00 **Chicago Fire** 10/22. (S13)
12.00 NOON **FBI** 11&12/13. (S6)
2.00 PM **The Rookie** 8/14. The son of a court judge with many enemies is kidnapped. (S3)
3.00 **Law & Order: Criminal Intent** 2/22. Logan and Falacci investigate the murder of an obstetrician. (S7)
4.00 **Nothing to Declare**

7.00 Police 24/7

7 PM
7.00 **Police 24/7** Focusing on how law enforcement acts when a suspected crime unfolds in real time.

8 PM
8.00 **Caught on Dashcam** A countdown of the most incredible, hilarious and spectacular real-life crashes in the world.

9 PM
9.00 **Law & Order: Special Victims Unit** *Calculated:* 12/22. A high-school principal catches a pupil sexting.

10 PM
10.00 **Law & Order: Special Victims Unit** *Extinguished:* 13/22. Velasco teams up with a community security guard. (S26)
11.00 **Matlock** 15/16. (S2)
12.00 M'T **FBI** Double bill. (S6)
2.00 AM **FBI: International** 8/22. Vo goes undercover. (S2)
3.00 **Road Wars**
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 2&3/10. (S4)
11.15 **House of the Dragon** (S1)
12.20 PM **Deadwood** 7&8/12. (S2)
2.25 **Mussolini: Son of the Century** 5/8. Drama. (S1)
3.25 **House of the Dragon** (S1)
4.35 **Gomorrah** 7/12. Ciro realises he must fall in line. **5.40** 8/12. Genny leads a campaign. Subtitled. (S1)
6.45 **The White Lotus** 3/7. Harper decides to be a more pleasant version of herself. (S2)

9.00 Ponies

7.55 **The White Lotus** *In the Sandbox:* 4/7. Tanya and Portia spend a day with expat Quentin and his nephew Jack, while Harper is blindsided by shocking evidence. (S2)

9.00 **Ponies** New episode *Livin' Thing:* 7/8. A stake-out across Moscow pushes Bea and Twila to their limits.

10.00 **Ponies** Series finale *The Stranger:* 8/8. Bea, Twila and Sasha flee the city. Emilia Clarke stars. (S1)
■ Entire series on Box Sets
11.00 **Under Salt Marsh** 3/6. Jackie and Bull are forced into an uneasy alliance. (S1)
12.00 M'T **Hacks** 2&3/10. (S4)
1.20 AM **The White Lotus** (S2)
3.40 **Homicide: Life on the Street**
4.35 **Sort Of** (S3)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Totally Bonkers Guinness World Records**
6.10 **Deal or No Deal**
7.10 **Dress to Impress**
8.10 **Billie and Greg: Family Diaries**
9.10 **The Only Way Is Essex**
10.25 **The Real Housewives...**
12.10 PM **The Real Housewives of Cheshire** Reality series.
1.10 **Celebrity Catchphrase**
2.10 **The Floor USA**
3.10 **The Only Way Is Essex**
4.10 **The Real Housewives...**
6.00 **Celebrity Catchphrase**

11.35 American Dad!

7.00 **NEW SERIES The Floor USA** US version of the game show, in which contestants compete to win a huge cash prize.

8.00 **Million Dollar Listing: LA** While listing a Hamptons-esque home, James and David find themselves at odds with each other.

9.00 **Love Island** New edition Relationship-based reality show in which singletons hope to finding love and win the £50,000 prize.

10.05 **Love Island: The Debrief** New edition Featuring reactions from Shakira Khan and Yasmin Pettet.
10.35 **Family Guy** 19/21. Meg and Peter are sued. (S2)
11.05 **Family Guy** 14/21. Peter assumes the guise of new student Lando Griffin. (S2)
11.35 **American Dad!** (S2&1)
12.35 AM **Bob's Burgers** (S13)
1.30 **Botched** Medical series.
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *The Flying Club:* An airfield owner is hit and dropped to his death from a plane. Guest stars June Whitfield.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Intuition:* An old woman is found dead in a mysterious house.

8.00 Doc Martin

6.55 **Heartbeat** *Puppet on a String:* Ventress tries to discover why an old foe has suddenly made a return to Aidensfield.

8.00 **Doc Martin** *The Shock of the New:* 2/8. Bert tries to rejuvenate trade at the restaurant by joining an online voucher scheme.

9.00 **Doc Martin** *It's Good to Talk:* 3/8. The irascible medic moves out of the surgery in order to give Louisa some space. (S7)

10.00 **Law & Order: UK** *Masquerade:* 6/7. A library book appears to connect two people to the murder of a student. (S3)
11.00 **Law & Order: UK** 7/7. A cyberstalking case becomes a murder investigation. (S3)
11.50 **Shetland** 3/6. The murder investigation takes Perez and Tosh to Glasgow. (S3)
1.05 AM **Shetland** 4/6. (S3)
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **Magnum, PI**
8.25 **The Saint**
9.30 **Racing: The Opening Show**
10.30 **The Sweeney**
11.35 **BattleBots**
12.35 PM **Magnum, PI**
2.35 **The Saint**
3.40 **Boon**
4.45 **The Champions**
5.50 **LIVE Racing: Royal Ascot** Coverage of the final race on day four of Royal Ascot.
6.30 **River Monsters**

3.40 Boon

7.00 **American Pickers** Mike Wolfe and Frank Fritz sort through three generations of clutter in Michigan.

8.00 **Ice Road Truckers** Jack Jesse faces his toughest challenge yet as he crosses a frozen river to reach an isolated town.

9.00 **Ice Road Truckers: Deadliest Roads** Lisa Kelly and Rick Yemm encounter some trouble from the local drivers.

10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
12.00 M'T **Dark Side of the Ring**
1.00 AM **The Best of the 70s**
1.15 **The Saint**
2.15 **The Sweeney**
3.15 **Two and a Half Men**
4.20 **Minder**
5.20 **River Monsters**
5.50 **to 6.00** AM **Best of the 90s**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
6.30 PM **Reporting Scotland**
7.30 **Stormborn** The animals in countries on the northern edges of the Atlantic Ocean face worsening weather in autumn and the first stirrings of winter.
8.30 **My Kind of Town** Ian Hamilton and his guide dog Major visit Peterhead in Aberdeenshire.
9.00 **Still Game** 3/6. Jack falls in love with a woman who works in the local charity shop. (S1)
9.30 **Two Doors Down** 6/6. Michelle and Alan's neighbours arrive for a housewarming party at their newly decorated home. (S4)
10.00 PM **to 12.00** M'T **TRNSMT** New edition Highlights of the first day of the festival from Glasgow Green.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S11)
9.00 **Sort Of** (S3)
10.00 **Avenue 5** 5&6/8. (S2)
11.15 **Will & Grace** (S4)
12.15 PM **Frayed** 4/6. (S1)
1.15 **The Reluctant Landlord**
1.45 **Based on a True Story**
3.00 **Will & Grace** (S3)
4.00 **Frayed** 4/6. (S1)
5.00 **Community** (S3)
6.00 **Will & Grace** (S4)
7.00 **The Office (US)** 4&5/6. Double bill. (S1)
8.00 **Resident Alien** *Truth Hurts:* 4/10. Harry and Heather reunite. (S4)
9.00 **Lucy Beaumont: Live from the Royal Court Theatre** A stand-up performance by the comedian.
10.00 **The Office Movers** (S2)
11.00 **The Reluctant Landlord**
12.00 M'T **Based on a True Story** 5&6/8. (S1)
1.05 AM **Resident Alien** (S4)
2.05 **Community** (S3)
3.05 **Frayed** 4/6. (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **André Rieu: Live in Dublin**
7.45 **Watercolour Challenge**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Classic Movies: The Story of Ran**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Discovering**
5.00 **Portrait Artist 2020**
6.00 **From the Vaults** 1985.
7.00 **LIVE Isle of Wight Festival** Coverage of the performances by Ash, Two Door Cinema Club, Alessi Rose, Wet Leg, Good Neighbours, Perrie, Lewis Capaldi and Tom Grennan. *See feature, page 8.*
1.05 AM **Neil Young**
1.35 **Peter Gabriel** A profile.
2.00 **Greatest Basslines**
5.00 **to 6.00** AM **Classic Movies: The Story of Ran**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 18/26. (S4)
5.00 **Stargate SG-1** (S7)
6.00 **Stargate Atlantis** *The Return - Part Two:* 11/20. Jack O'Neill is taken prisoner. (S3)
7.00 **NEW Isle of Wight Festival** Coverage of the event, which includes performances by Ash, Calvin Harris, the Cure and Lewis Capaldi. *See feature, page 8.*
1.05 AM **Brit Cops: War on Crime** Documentary.
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Game show.
3.00 **The Chase Celebrity Special** With Richard Bacon, Daisy Arwen Campbell, Neil Jones and Gary Wilmot.
4.00 **Riddiculous** Quiz.
5.00 **Deal or No Deal**
6.00 **Lingo** Duos from Essex, Birmingham and Aberdeen compete. **7.00** Two housemates, two sisters and a mother and daughter take part. **8.00** A father and son, a couple and two sisters compete in the quiz.
9.00 **The Chase Celebrity Special** Toby Anstis, Paula Radcliffe, Rav Wilding and Vanessa Feltz play for charity.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable**
1.50 **Riddiculous**
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **American Pickers**
11.00 **Narrow Escapes**
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **The Dog House** A family consider taking on a Jack Russell puppy.
8.00 **George Clarke's Beautiful Builds** A woman with no renovation experience.
9.00 **24 Hours in A&E** The stories of people who changed the course of their lives by taking risks. **10.00** A patient is rushed to Resus with multiple stab wounds.
11.05 **Celebrity Gogglebox**
1.05 AM **Gogglebox**
2.05 **The Dog House**
3.05 **Our Farm Next Door: Amanda, Clive and Kids**
4.00 **to 5.00** AM **Bake Off: The Professionals**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **Primeval** 6&7/10. (S3)
4.00 **Stargate SG-1** 12/22. Thor asks for help when an Asgard planet is overrun. (S6)
5.00 **Star Trek: Voyager** 10/26. Janeway is forced to put her faith in a defector. (S5)
6.00 **Star Trek: Enterprise** 7/26. Archer leaves Trip in charge of the *Enterprise*. (S2)

6.00 Star Trek: Enterprise

7.00 **Stargate Atlantis** *Critical Mass:* 13/20. The team race against time to foil a Goa'uld plan to destroy Atlantis. (S2)

8.00 **Stargate SG-1** *Unnatural Selection:* 12/22. Part two of two. Thor enlists the team's help when a planet is overrun. (S6)

9.00 **The Walking Dead** *Them:* 10/16. The group struggle with life on the road, and must continue to fight for survival. (S5)

10.00 **Westworld** *Metanoia:* 7/8. Charlotte begins to see her plans realised, while Bernard and Maeve fight to save the world. (S4)
11.00 **Westworld** 8/8. (S4)
12.10 AM **Primeval** 4/10. The team race to save the crew of a 747 from a gigantic predator. **1.10** 5/10. A deadly flesh-eating fungus threatens to spread its lethal spores. (S3)
2.00 **The Walking Dead** (S5)
2.50 **Westworld** 7&8/8. (S4)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S2)
9.00 **Father Brown**
10.00 **The Mentalist** 5/24. (S4)
11.00 **Hudson & Rex** 14/16. (S4)
12.00 NOON **Unforgettable** (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S2)
4.00 **The Mentalist** 5/24. A girl is killed on an island. (S4)
5.00 **Hudson & Rex** 14/16. Charlie and Rex track the killer to an underground casino. (S4)
6.00 **Father Brown** *The Children of Kalon:* A troubled soul from the past returns.

9.00 Death in Paradise

7.00 **Unforgettable** *Omega Hour:* 12/13. Eliot, the mayor and a businessman are taken hostage inside a lift. (S2)

8.00 **Death in Paradise** *Murder Most Animal:* 2/8. Jack has a fresh mystery to solve when a zoo owner is killed. (S8)

9.00 **Death in Paradise** *I'll Never Let You Go:* 8/9. A man confesses to murder, but Neville refuses to believe him. (S10)

10.00 **Father Brown** *The Sins of Others:* The Roman Catholic priest struggles to save Sid from himself when he vows vengeance.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S8)
1.00 AM **Hudson & Rex** 14/16. After the owner of a company is found dead, Charlie and Rex track the killer. (S4)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
9.05 **The Green Green Grass**
9.45 **Are You Being Served?**
10.25 **Last of the Summer Wine**
11.45 **Porridge**
12.25 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.35 **Dad's Army**
2.15 **Ever Decreasing Circles**
2.55 **Are You Being Served?**
3.35 **Red Dwarf** Double bill.
4.55 **Dad's Army**
5.30 **Last of the Summer Wine**
6.50 **Dad's Army**

2.55 Are You Being Served?

7.30 **Keeping Up Appearances** Hyacinth indulges another of her flamboyant whims and decides she and Richard need a posh new car.
8.10 **Red Dwarf** Rimmer tries to be transferred to a ship crewed by holograms. **8.50** A mechanical life form's quest to eliminate worthless beings brings him aboard *Red Dwarf*.
9.25 **Not Going Out** Lee and Tim try to befriend a lesbian couple.

10.00 **Red Dwarf** Rimmer is taken prisoner by the creations of his mind. **10.35** Rimmer decides to take his revenge on his fellow crewmen.
11.15 **Harry Enfield and Chums**
11.55 **Not Going Out** As 9.25pm.
12.30 AM **Bottom Live: The Big Number 2 Tour**
2.55 **Harry Enfield and Chums**
3.30 **to 4.00** AM **The Power of Parker**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **James May's Cars of the People** The microcar.
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein: From Venice to Istanbul** Double bill.
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** From Norfolk.
3.00 **Caribbean with Simon Reeve**
4.00 **The Hairy Bikers' Chicken and Egg** Chicken tagine.
5.00 **Rick Stein: From Venice to Istanbul** The chef arrives in the Greek Peloponnese.

4.00 The Hairy Bikers

7.00 **Mortimer & Whitehouse: Gone Fishing** The duo go to Norfolk, where they try to ensnare a large pike.
7.40 **Would I Lie to You?** Unseen material from the comedy panel show. **8.20** With John Cooper Clarke, Judi Love and Chris McCausland.

9.00 **QI XL** Stephen Fry hosts an extended edition of the quiz, with Jo Brand, John Sessions, Dara O Briain and Alan Davies.

10.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts, with guests Sophy Ridge and Chris McCausland.
11.00 **8 Out of 10 Cats** With Alex Brooker and Sophie Duker.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Have I Got a Bit More News for You** As 10.00pm.
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Classic Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.50 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Tenko**
3.20 **Pie in the Sky**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** An adventurer comes unstuck. **6.40** Howard has a gift for Marina's garden but must deliver it without Pearl realising.

9.00 Happy Valley

7.20 **Last of the Summer Wine** Howard has some explaining to do when Pearl discovers a long blonde hair on him.

8.00 **Father Brown** *The Numbers of the Beast:* The priest walks in on a man standing over the body of his dead wife.

9.00 **Happy Valley** 4/6. As Tommy's big day approaches, Catherine becomes suspicious, and Ryan finds a new way to defy her. (S3)
10.20 **New Tricks** *Wild Justice:* Sasha is asked to prove a crime boss was convicted on false evidence.
11.40 **Silent Witness** *Death Has No Dominion:* A triple murder looks like the work of a female serial killer, although Nikki has cause to question the direction they are heading in.
1.55 AM **Lovejoy**
3.05 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

Friday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Cops** Double bill.
10.00 **NCIS** (S16&17)
1.00 PM **Law & Order**
6.00 **NCIS** *Lonely Hearts:* 15/20. Sloane has a secret admirer on Valentine's Day. **7.00** *Ephemera:* 16/20. The team investigate the suspicious suicide of a retired Navy officer. **8.00** *In a Nutshell:* 17/20. An officer turns out to have been murdered in the same way as his parents. (S17)
9.00 **Beauty and the Beast** *Out of Control:* 7/22. Evan investigates a murder at a university. **10.00** *Trapped:* 8/22. Vincent has flashbacks about experiments. (S1)
11.00 **Law & Order: Special Victims Unit** (S11&10)
2.45 **Bull** 2/20. (S4)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A man with aortic dissection is brought in for treatment.
9.00 **999: Critical Condition** A man is rushed into resus with a significant laceration to his head.
10.00 **A&E After Dark** A patient brought in by police claims to have swallowed drugs.
11.00 **The Surgeon** Following brain tumour operations.
12.00 M'T **Skin A&E**
1.00 AM **Nightmare Tenants, Slum Landlords**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
11.00 FILM **Alvarez Kelly** Western drama. (1966, PG, 116min) ★★
1.15 PM FILM **El Dorado** Western. (1966, PG, 126min) ★★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police: Night Shift 999**
10.00 **Cops** New editions A suspect driving a stolen car is caught with a fake US Marshals vest. **10.30** A stolen motorcycle leads deputies up a mountain.
11.00 **The X-Files** 2/24. (S4)
12.00 M'T **Criminals: Caught on Camera**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.20 **Amanda & Alan's Italian Job**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Antiques Road Trip**
3.00 **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete meets Staffy Boxer Cross Crumble, who has been at the centre for three years. **9.00** Pete immerses himself in the emotional world of dog care at Basildon's Dogs Trust. **10.00** Pete meets a litter of pups who were abandoned in a crisp box.
11.00 **Ghosts** Triple bill.
12.55 AM **The Gentle Art of Swedish Death Cleaning** Reality series.
1.55 **to 3.00** AM **Hashtag Murder**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Martin Clunes: Islands of Australia**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries** Robbie Cumming bumps into a hire boat on the Oxford Canal.
8.00 **Citizen Smith** Wolfie decides to chase his dream of pop stardom. **8.40** The Tooting Popular Front is on the rise. **9.20** Shirley leaves a devastated Wolfie.
10.00 **Bangers & Cash**
12.00 M'T **Classic Car Garage**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Martin Clunes: Islands of Australia**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Corfu.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop: Windrush Special**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family: Born Without Trace**
7.00 **The Yorkshire Auction House** Documentary.
8.00 **Antiques Road Trip** Raj Bisram and Irita Marriott head to the seaside.
9.00 **Rock the Block** New edition Teams create one-of-a-kind spaces in their suites.
10.30 **My Lottery Dream Home** From Texas.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.10 AM **Hart to Hart** (S1)
9.10 **Highway to Heaven**
11.20 **Little House on the Prairie** 17/24. (S8)
1.00 PM **The Waltons** (S2)
4.00 **Little House on the Prairie** 18&16/24. (S8)
6.00 **Ballykissangel** (S5)
7.00 **M*A*S*H** 4/25. The 4077th is under pressure. **7.30** 5/25. Hawkeye's father is mistakenly told that his son is dead. **8.00** 6/25. The black market suddenly takes hold of the 4077th. **8.30** 7/25. Hawkeye and Radar become stranded. (S4)
9.00 FILM **The Horse Whisperer** Drama with Ralph Waite. (1998, PG, 169min) ★★★★
12.30 AM **M*A*S*H** (S4)
2.25 **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM FILM **The Virginian** Western drama. (2014, 12, 90min) ★★
11.00 **Tombstone Territory**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **Wanted: Dead or Alive** Double bill.
3.10 FILM **Between Heaven and Hell** Psychological war drama. (1956, PG, 94min) ★★
5.10 FILM **Meteor Storm** Sci-fi starring Michael Trucco and Kari Matchett. (2010, 12, 90min) ★
7.05 FILM **Contract to Kill** Action adventure starring Steven Seagal. (2016, 15, 90min) ★
9.00 FILM **Rob Roy** Romantic period adventure. (1995, 15, 139min) ★★
12.05 AM FILM **Driven** Thriller. (2018, 15, 113min) ★★★
2.25 **Dragon Ball Super**
3.25 **to 5.50** AM **Coast Guard Alaska**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **True Justice: Eye for An Eye** Crime mystery. (2024, PG, 89min) ★★
10.05 **In Plain Sight** 1/15. (S2)
11.05 **Castle** 7/24. (S3)
12.05 PM FILM **Garage Sale Mysteries: The Novel Murders** Whodunnit. (2016, PG, 84min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 8/24. (S3)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 2/15. (S2)
10.00 **Hailey Dean Mysteries**
11.55 FILM **An Aurora Teagarden Mystery: Something New** Whodunnit prequel. (2023, U, 87min) ★★
1.50 AM FILM **Pretty Cheaters, Deadly Lies** Thriller. (2020, PG) ★★
3.25 **to 5.00** AM FILM **Mistaken** Thriller. (2008, 12, 90min) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM FILM **The Christmas Getaway** (2017) ★★
10.15 FILM **A Dream of Christmas** (2016) ★★
12.05 PM FILM **Royal New Year's Eve** (2017) ★★
2.00 FILM **A Very Country Christmas Homecoming** Drama. (2020, PG) ★★
3.50 FILM **A Majestic Christmas** Drama. (2018, PG, 87min) ★★
5.40 FILM **Fixing Up Christmas** Romance. (2021, PG, 85min) ★
7.35 FILM **Grounded for Christmas** Romance. (2019, PG, 86min) ★★
9.30 FILM **Love You Like Christmas** Drama. (2016, U, 88min) ★★
11.35 FILM **A Very Corgi Christmas** Comedy. (2019, PG, 90min) ★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **A Very Country Christmas Homecoming**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **Our Dream Farm with Matt Baker**
2.00 **Love Your Garden**
3.00 **New Home DIY**
4.00 **Highclere: The Real Downton Abbey**
5.00 **Celebrity Coach Trip**
6.00 **Love Your Garden**
7.00 **Garden Rescue**
9.00 **Our Dream Farm with Matt Baker** The remaining applicants create a rotational grazing system.
10.00 FILM **Hussy** Drama starring Helen Mirren and John Shea. (1979, 18, 94min) ★★
12.00 M'T FILM **On the Game** Comedy starring Lloyd Lamble and Gloria Maley. (1974, 18, 90min) ★★
2.00 AM FILM **Die Screaming Marianne** Thriller with Barry Evans. (1971, 15, 99min) ★★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **Two's Company** (S3)
11.00 **The Fenn Street Gang**
11.30 **Agony** 7/7. (S2)
12.00 NOON **Randall and Hopkirk (Deceased)**
1.00 PM **Hallelujah** (S1)
1.30 **The Dustbinmen** (S3)
2.00 **Father Brown**
3.05 **Hank the Cowboy**
3.25 **Boon** 10/13. (S3)
4.30 **Old Country**
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S3)
6.30 **Only When I Laugh**
7.00 **Two's Company** (S3)
7.30 **Doctor at Large** (S1)
8.00 **Randall and Hopkirk (Deceased)** 12/26. (S1)
9.00 **Drop the Dead Donkey**
10.00 FILM **Confessions of a Sex Maniac** Comedy. (1974, 18, 78min) ★★
11.35 FILM **Mission Killfast** Action adventure. (1991, 18, 97min) ★★
1.35 AM **Stereo Underground**
2.35 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **The Snake Catcher**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Captain Rip Carlton races to save an injured deckhand. **8.00** Captain Rip heads into an Arctic storm.
9.00 **Helicopter ER** A farmer is impaled on a spike.
10.00 **Animal Cops Philadelphia**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Great British Adventure**
7.00 **The Hairy Bikers' Comfort Food**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Be My Guest with Ina Garten** Double bill.
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin's French Adventure**
3.00 **The Hairy Bikers' Comfort Food**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Be My Guest with Ina Garten** Double bill.
7.00 **Great British Bake Off**
8.30 **Rachel Allen: Bake!**
9.00 **River Cottage Every Day** Cooking meat.
10.00 **Nadiya's Simple Spices**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 22/24. (S8)
9.00 **T.J. Hooker** 16/23. (S4)
10.00 **Babylon 5** 9/23. (S1)
11.00 FILM **500 MPH Storm** Disaster thriller. (2013, PG, 86min) ★★
1.00 PM FILM **The Virginian** Western. (2014, 12) ★★
3.00 FILM **Law of the Lawless** Western. (1963, 15, 88min) ★
5.00 **Star Trek** 26/26. (S2)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 10/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **Texas Rangers** Western. (2001, 12) ★★
10.55 FILM **Rise of the Footsoldier** British gangster drama. (2007, 18, 119min) ★
1.35 AM FILM **The Football Factory** Violent drama. (2004, 18, 91min) ★
3.20 **to 5.05** AM FILM **We Still Kill the Old Way** Gangster drama. (2014, 18, 94min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Arctic Apocalypse** Thriller. (2019, PG, 90min) ★
11.00 **Andromeda** 1/22. (S3)
12.00 NOON FILM **San Andreas Mega Quake** Thriller. (2019, 12) ★★
2.00 PM FILM **Zodiac: Signs of the Apocalypse** Sci-fi disaster thriller. (2014, PG, 90min) ★
4.00 **Walker, Texas Ranger**
5.00 FILM **Dragonquest** Fantasy adventure. (2009, 12, 90min) ★★
7.00 **Andromeda** 2/22. (S3)
8.00 **The A-Team** 11/14. (S1)
9.00 FILM **Mechanic: Resurrection** Thriller. (2016, 15, 98min) ★★
11.05 FILM **The Guest** Thriller. (2014, 15) ★★★★
1.10 AM FILM **Mechanic: Resurrection** As shown at 9.00pm.
3.10 FILM **Dragonquest** As shown at 5.00pm.
4.55 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Skipton.
6.45 **Pawn Stars**
7.30 **Money for Nothing**
8.25 **Junk & Disorderly: Wreck-trospective**
9.20 **Storage Wars Canada**
1.05 PM **Pawn Stars**
2.05 **Junk & Disorderly: Wreck-trospective**
3.05 **Money for Nothing**
4.05 **Ancient Aliens**
5.00 **Alien Files: Unsealed**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **Chaos Uncut**
10.00 **Weird Britain**
11.00 **The UnXplained**
12.00 M'T **Paranormal Survivor** Documentary.
1.00 AM **Alien Files: Unsealed**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly: Wreck-trospective**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Yorkshire Great and Small with Dan and Helen** East Yorkshire.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo** Crime drama.
4.30 **Around the World by Train with Tony Robinson** In America.
5.00 **World's Most Scenic Railway Journeys**
6.00 **Drain the Oceans**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Taggart** *Dead Man's Chest:* Jardine and Reid investigate the murder of a crook who masterminded a theft.
11.45 **Ellis** 2/3. (S1)
1.45 AM **Yorkshire Great and Small with Dan and Helen** In Skipton.
2.45 **World's Most Scenic Railway Journeys**
3.35 **to 4.00** AM **Walking Wartime Britain**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Dale's Supermarket Sweep** Game show.
2.00 **The Chase Celebrity Special** Charity edition.
3.00 **The Chase** Quiz show.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase Celebrity Special** With guests Katherine Ryan, George Shelley, Faye Brookes and Bobby Davro.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Adam Garcia, Carol Decker, Holly Walsh and Rylan.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Triple bill.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Georgie and Mandy's First Marriage**
8.00 **Young Sheldon** (S2)
10.00 **The Big Bang Theory**
2.00 PM **Georgie and Mandy's First Marriage**
3.00 **Young Sheldon** (S2)
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **7.30** 11/24. Leonard confronts the man who tormented him at school. **8.00** 12/24. Sheldon is encouraged to feign an interest in Amy's career. **8.30** 13/24. Leonard asks Penny out. (S5)
9.00 **90 Day Fiancé** New edition Catie invites her past flings to Josh's welcome party.
11.00 **Dr Pimple Popper**
12.00 M'T **Mike & Molly** (S5)
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S6)
1.00 PM **Friends** (S8&9)
7.00 **Friends** 11/24. Rachel meets her work stand-in. **7.30** 12/24. Gavin surprises Rachel. **7.55** 13/24. Ross tries to make Rachel jealous. **8.30** 14/24. Joey and Phoebe play Cupid. (S9)
9.00 **Michael McIntyre: Showtime** Stand-up.
10.00 **Jack Whitehall: Comedy Central Live**
10.30 **Jeff Dunham: Comedy Central Live**
11.00 **Whose Line Is It Anyway? USA**
12.25 AM **8 Out of 10 Cats**
2.05 **Teachers** 16/20. (S3)
2.35 **Impractical Jokers**
3.20 **Utopia** 4/8. (S5)
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 7&8/24. (S6)
6.50 **Rosie Jones Tries to Help** Catherine Bohart.
7.00 **Teleshopping**
9.00 **Michael McIntyre's The Wheel**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S4&1)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 8/8. (S1)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's The Wheel**
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** 9-12/24. (S6)
9.00 **Friends** (S8, 3&1)
1.00 AM **Jimmy Carr's Am I the A**hole?**
2.30 **Michael McIntyre's The Wheel**
3.20 **Jeff Dunham: Live**
3.45 **New Girl**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 4/7. (S4)
10.50 **Steptoe and Son** (S5)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.30 PM **Man About the...**
1.00 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 3/13. Drama. (S2)
2.40 **Minder** 9/11. (S1)
3.45 **Whatever Happened...**
4.20 **Man About the House**
4.55 **Bread** 3/7. (S4)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 3/7. (S1)
6.40 **Steptoe and Son** (S5)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 4/6. (S7)
9.00 **Benidorm** 9/9. (S10)
10.00 **Shameless** 6/7. (S1)
11.00 **Man About the House**
11.35 **Mind Your Language**
12.05 AM **Benidorm** (S10)
1.05 **Minder** 5/11. (S1)
2.05 **Duty Free** 3/7. (S1)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.00 **Bar Rescue**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Judge Judy** Real-life small-claims cases.
6.00 **Help! I'm in a Secret Relationship!**
7.00 **Beauty and the Geek Australia** The geeks begin to wonder who will get their first kiss.
8.30 **Judge Judy** Real-life small-claims cases.
9.00 **Bar Rescue** New edition Jon Taffer travels to Illinois to rescue a bar.
10.00 FILM **Shade** Thriller. (2003, 15, 101min) ★
12.00 M'T **Geordie Shore Turns 21!** Reality show.
1.00 AM **Unplugged: 1997**
2.00 **Ink Master**
3.35 **to 4.00** AM **Queerpiphany**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Scrapyard Dynasty**
1.00 PM **Crikey! It's the Irwins**
3.00 **How Do They Do It?** Four editions, including at: **4.00** How a million tonnes of stainless steel is produced. **4.30** How water polo players are protected from injury.
5.00 **The Last Alaskans** Tyler stalks an elusive bull moose. **6.00** The Seldens help Tyler bring a moose home.

9.00 Expedition Files

7.00 **Kindig Customs** Dave and Kev take their talents Down Under when they visit Australia to host a car show.
8.00 **Gold Rush: Mine Rescue with Freddy & Juan** Freddy uses technology to uncover ancient gold.
9.00 **Expedition Files** New edition Josh Gates investigates historic coverups, including a suspicious royal death.
10.00 **Bigfoot Took Her** Shocking new testimonies from those closest to the case are uncovered.
11.00 **Expedition X** The team look into reports of a government conspiracy: the half-wolf, half-man monster, Dogman.
12.00 M'T **Wild & Weird America**
1.00 AM **Expedition Files**
2.00 **Bigfoot Took Her**
3.00 **Edge of Alaska**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Phoenix**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A feline rejects her owner's girlfriend. **4.00** A couple realise that they are fostering a feral cat.
5.00 **Lone Star Law** The wardens uncover a black market.
6.00 **Dr Jeff: Rocky Mountain Vet** A fat cat needs facial surgery.

8.00 Intruders

7.00 **Treehouse Masters** Roderick Romero tackles a build on land with six generations of history.
8.00 **Intruders** The son of a Texan family finds a venomous snake in the toilet, and a predator targets a Florida family.
9.00 **Alaska: The Last Frontier** Otto's hay season nearly comes to a halt when a broken tractor forces him to get creative.
10.00 **Alaskan Bush People** Matt, Bam, Bear and Gabe feel the strain of making deliveries in harsh conditions.
11.00 **The Haunted**
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Richard E Grant's Seven Deadly Sins** Greed.
2.00 **Treehouse Masters: Out on a Limb**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Colossal Machines**
11.00 **Car S.O.S.** Documentary.
12.00 NOON **Seconds from Disaster** Documentary.
1.00 PM **Air Crash Investigation**
2.00 **Hitler's Death Army: Das Reich** Double bill.
4.00 **Lost Treasures of Egypt** New edition Series highlights.
5.00 **Inside Sydney Airport**
6.00 **World War II: Secrets from Above** German and Italian forces threaten British-controlled Egypt.

5.00 Inside Sydney Airport

7.00 **Air Crash Investigation** A plane that crashed during a top-secret mission in 1961 with a UN Secretary on board.
8.00 **Air Crash Investigation** A plane that crashed into the Himalayan foothills as it made its final approach to Islamabad in heavy fog.
9.00 **Air Crash Investigation** The crash of Air Tahoma Flight 185, a late-night cargo flight from Memphis on approach to Cincinnati.
10.00 **Disaster Autopsy** Highlights from the series, including deep dive into Columbia.
11.00 **Air Crash Investigation** A plane with a fatal flaw.
12.00 M'T **Engineering by Catastrophe** Documentary.
1.00 AM **To Catch a Smuggler**
2.00 **Car S.O.S.**
2.55 **To Catch a Smuggler**
3.20 **Food Factory**
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
6.30 **Salvage Kings**
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars** Four editions.
12.00 NOON **History's Greatest Aircraft** Grumman Avenger.
1.00 PM **Ancient Aliens**
2.00 **Hardcore Pawn** Eight editions of the series, including at: **5.30** Seth's plan to sell the Pontiac shop hits a snag.
6.00 **American Pickers** Brian and Nick Wolfe explore a giant poultry barn that has been turned into a private arcade.

10.00 Ancient Aliens

7.00 **Forged in Fire Armed Forces Tournament** Four US Navy officers work to forge a naval Mark 3 dive knife.
8.00 **Secrets of Great British Castles** Exploring the history of Carrickfergus Castle in Co Antrim, Northern Ireland.
9.00 **Royal B**tards: Rise of the Tudors** 1/3. Docudrama about the Wars of the Roses and the Tudor dynasty.
10.00 **Ancient Aliens** New edition Mysteries on remote islands, such as huge stone structures, statues and local legends.
11.00 **Ancient Aliens** The ancient site of Gobekli Tepe, which challenges what archaeologists believe about the past. **12.00** M'T A look at the mysteries of the Aztecs, who built one of the world's most powerful and feared empires.
12.55 AM **Hardcore Pawn**
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Helen Mirren**
8.00 **The Directors** Ang Lee.
9.00 **Pee-wee as Himself**
1.00 PM **Italia 90: Four Weeks That Changed the World**
4.00 **The Directors** A look at the life and career of Ang Lee.
5.00 **Discovering: Helen Mirren** A glimpse into the world of the Academy Award-winning actor.
6.00 **David Frost Vs** Recalling some of the journalist's most famous interviews, starting with the Beatles.

9.00 The Alien Autopsy Scandal

7.00 **I Am Patrick Swayze** A tribute to the American actor, known for his roles in hits like *Dirty Dancing*, *Ghost* and *The Outsiders*. With contributions by Rob Lowe and Demi Moore.
8.50 **My Icon: Moeen Ali** The cricketer speaks about the people who inspire him.
9.00 **The Alien Autopsy Scandal** New edition The film is released across the globe to enormous fanfare.
10.00 **Chernobyl: The Lost Tapes** Newly discovered archive footage and witness accounts of the 1986 nuclear disaster.
12.00 M'T **Costa Concordia: Chronicle of a Disaster** Documentary told from different perspectives of the sinking of the cruise ship.
2.00 AM **Jackie Stewart** Documentary about Formula 1 great Jackie Stewart.
4.00 **The Directors** As 4.00pm.
5.00 **to 6.00** AM **Discovering: Helen Mirren**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Angus Ashworth: Yorkshire Heritage Hero** A major renovation project beneath the historic Carlton Towers.
9.00 **The Repair Shop** The team give a beloved clarinet its tune back. **10.00** Items include a domino set with an amazing history.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Deadly Affairs**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer Beside Me**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **People Magazine Investigates: Surviving a Serial Killer** New edition
10.00 **People Magazine Presents: Crimes of the 2000s** New edition
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** The story of Mitesh Patel, who killed his wife, Jessica.
8.00 **UK Crime Files: Murder Against All Odds** A case file which shocked the city of Newport in 1992.
9.00 **UK Crime Files: Murder: Smoke and Lies** The case of Nikitta Grender, who was found dead after a flat fire.
10.00 **Murder by the Sea**
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: Murder Against All Odds**
1.00 AM **UK Crime Files: Murder: Smoke and Lies** As 9.00pm.
2.00 **Murder by the Sea**
3.00 **Murder UK**
4.00 **to 5.45** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: The Murder of an Author**
9.55 **UK Crime Files: Murder Without Motive**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Deadly Taxi Driver**
3.00 **UK Crime Files: Eastbourne's Dr Death**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** Police dogs reveal a twisted perpetrator. **5.30** An investigation into a deadly blaze which killed a woman. **6.00** Investigators are baffled when a woman is poisoned with arsenic. **6.30** Investigators use a reconstructive process to bring a killer to justice.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Clair Ablewhite.
1.00 PM **Forensics: Catching the Killer** Documentary.
3.00 **How I Caught the Killer**
4.00 **What the Killer Did Next** Debbie Starbuck.
5.00 **Killer in My Village**
6.00 **Killing Mum and Dad**
7.00 **Britain's Most Evil Killers**
8.00 **Forensics: Catching the Killer** Documentary.
9.00 **Gilgo Beach Killer: House of Secrets**
11.40 **The Real CSI: Miami**
12.45 AM **Killer in My Village**
1.50 **Killing Mum and Dad**
2.55 **Britain's Most Evil Killers**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.35 **Besieged Fortresses, Legendary Battles**
9.45 **Egypt's Lost Queens**
11.00 **Titans of the Cold War**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Besieged Fortresses, Legendary Battles**
2.50 **Egypt's Lost Queens**
4.05 **Titans of the Cold War**
5.10 **Hitler's Gold**
6.15 **Besieged Fortresses, Legendary Battles**
7.25 **Egypt's Lost Queens**
8.40 **Titans of the Cold War** Series finale A look at John F Kennedy and Fidel Castro's clash.
9.50 **Hitler's Gold** The hunt for the Nazi criminals.
10.45 **Egypt's Lost Queens**
12.00 M'T **Titans of the Cold War** As 8.40pm.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Hope for Wildlife**
7.00 **Monkey Life** Double bill.
8.00 **Orangutan Jungle School**
9.00 **Arctic Secrets**
10.00 **Gangs of Lemur Island**
11.00 **Africa's Hunters**
12.00 NOON **The Kimberley: Australia's Wild West**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle School**
3.00 **Arctic Secrets**
4.00 **Gangs of Lemur Island**
5.00 **Africa's Hunters**
6.00 **The Kimberley: Australia's Wild West** As 10.00pm.
7.00 **Monkey Life** Double bill.
8.00 **Malawi Wildlife Rescue**
9.00 **Wildlife ER** A koala's spaying surgery takes a scary turn.
10.00 **The Kimberley: Australia's Wild West** Ancient fire traditions.
11.00 **Africa's Hunters**
12.00 M'T **Brazil Untamed**
1.00 AM **Hope for Wildlife**
2.00 **Malawi Wildlife Rescue**
3.00 **Wildlife ER** As 9.00pm.
4.00 **Orangutan Jungle School**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
9.00 **Combat Ships**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Combat Ships**
6.00 **Ultimate Mysteries**
7.00 **Crimes That Shook Britain** The family of Stephen Lawrence reflect on his murder.
8.00 **Hitler v Churchill: The Eagle and the Lion** Part two of two. The personal rivalry between the two war leaders.
9.00 **Alien Corridors** A strange formation is seen in the sky over the suburbs of Tinley Park.
10.00 **Evidence of the Unexplained** A look at recently declassified top secret UFO files.
11.00 **Ancient Aliens** The variety of objects witnessed in Earth's skies. **12.00** M'T The high number of UFO sightings in Chile.
1.00 AM **Crimes That Shook Britain** As shown at 7.00pm.
2.00 **Combat Ships** Triple bill.
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Extreme Engineering** (S8)
1.00 PM **Codes and Conspiracies**
3.00 **Killers of the Cosmos**
4.00 **How the Universe Works**
6.00 **How It's Made** The making of ceramic grills, punching machines and surfboards. **6.30** Vibrating mining screens, whoopie pies, wood utility poles, and roller conveyors. **7.00** Featuring exercise bikes. **7.30** A look into how aluminium aircrafts are made.
8.00 **How It's Made: Dream Cars** Creating a Morgan Aero Coupe. **8.30** A look at the Porsche 911.
9.00 **Mummies Unwrapped** Archaeologist Ramy Romany investigates mummified bodies found in the Peruvian jungle. **10.00** Ramy investigates the bodies of three Incan children.
11.00 **Cooper's Treasure**
1.00 AM **Killers of the Cosmos**
2.00 **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam** True-crime.
11.00 **Nightmare in Suburbia**
2.00 PM **Green Eyed Killers** New edition Michael Evers.
3.00 **Sin City Murders** Triple bill.
6.00 **On the Case with Paula Zahn**
7.00 **The First 48** A man is shot.
8.00 **Green Eyed Killers**
9.00 **Fugitives Caught on Tape** A felon bolts across a highway, nearly getting hit by a truck. **9.30** A man jumps from the Seven Mile Bridge.
10.00 **My Strange Arrest**
10.30 **Court Cam** Chaos erupts as a defendant attacks the bailiff.
11.00 **The People Vs. Michael Jackson** Documentary.
12.50 AM **Real Murders of Atlanta**
1.45 **Homicide Hunter**
2.45 **Court Cam** True-crime.
3.10 **Imperfect Murder**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Exotic Animal ER**
10.00 **Monster Fish**
11.00 **Savage Kingdom: Clash of Clans** Documentary.
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Snakes in the City**
2.00 **Shadow Cats**
3.00 **Shark Men** Documentary.
4.00 **Savage Kingdom: Uprising**
5.00 **To Catch a Smuggler**
6.00 **Yukon Vet** A dog that survived a fire needs treatment for a bite.
7.00 **Secrets of the Zoo: Tampa**
8.00 **Killer Safari** Hungry crocs battle a dangerous pod of hippos. **9.00** An impala gets manhandled by a hippo.
10.00 **Border Protection Spain** A case of domestic violence.
11.00 **To Catch a Smuggler**
12.00 M'T **Trafficked with Mariana Van Zeller** A fentanyl cocktail.
1.00 AM **Last of the Giants: Wild Fish** Documentary.
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Savage Kingdom: Clash of Clans**

Discovery History

161/172 147 181

7.00 AM **The Dinosaur Feather Mystery** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** The evolution of galaxies.
1.00 PM **NASA's Unexplained Files**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **The Dinosaur Feather Mystery** Theories concerning the evolution of birds, explaining how feathered creatures can be traced back to winged dinosaurs.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Indian Ocean with Simon Reeve** Six editions.
3.00 PM **Indian Ocean with Simon Reeve** The adventurer joins a peace-keeping force in Somalia. **4.00** The adventurer travels from Oman to the Maldives.
5.00 **Bread** Triple bill of episodes.
7.00 **Bread** 2/14. The family meet Jack at the airport when he returns from America. **7.40** 3/14. Joey feels he has to tell his mother he is in debt to the tune of £20,000. **8.20** 4/14. The recovery of a stolen piano causes conflict. (S6) **9.00** 12/14. Lilo Lil confronts the family when Dad comes home. **9.40** 13/14. Preparations for Aveline's wedding are chaotic, especially when Yizzel and his friend are in charge of the wedding cars. (S5) **10.20** 1/14. Adrian accidentally becomes a hero, and Billy is troubled by his divorce. (S6)
11.00 **Bread** Back-to-back episodes.
5.30 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **The Murder Tapes**
12.00 NOON **Where Murder Lies**
1.00 PM **American Monster**
3.00 **Evil Stepmothers** Four editions.
7.00 **Dead of Night** The death of Patricia Miller, found murdered just months after escaping a troubled relationship. **8.00** The case of 19-year-old Lisa Taylor, who vanished quietly into the darkness.
9.00 **The Real Murders on Elm Street** Detectives uncover an obsession and real-life horror.
10.00 **The Curse of Lizzie Borden** Dave Schrader assembles a team of paranormal experts to investigate whether a family curse led to the most infamous axe murders of all time.
12.00 M'T **Paranormal Lockdown UK** Nick Groff and Katrina Weidman visit Margam Castle, which is built on what has been considered sacred land.
1.00 AM **Destination Fear**
2.00 **Evil Stepmothers**
4.00 **to 6.00** AM **Dead of Night**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **G.A.S. Extreme Customs**
2.00 **Ant Anstead: Born Mechanic**
3.00 **Incredible Engineering Blunders: Fixed**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Iron Resurrection**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Iron Resurrection** Joe and Mike are hard at work on the surprise Harley for Pompa.
9.00 **Hell Roads** The people who drive along the world's most dangerous highways.
10.00 **World's Biggest Shipbuilders**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Iron Resurrection**
1.00 AM **Richard Hammond's Workshop** A 1950s Alvis.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **The Cinema List: Race Against Time**
7.30 **The Internship** Crime thriller. (2026, 15, 87min)
9.10 **They Will Kill You** As 6.15pm.
10.55 **No Ordinary Heist** (2026)
12.40 PM **Dead Man's Wire** Thriller. (2025, 15, 104min) ★★★★
2.30 **Fuze** As shown at 11.45pm.
4.15 **The Choral** Comedy drama. (2025, 15, 113min) ★★★★
6.15 **They Will Kill You** Comedy. (2025, 15, 94min) ★★★

9.45 The Black Phone 2

8.00 No Ordinary Heist Thriller starring Eddie Marsan. Two feuding bank employees are forced to execute Ireland's biggest heist after criminals kidnap their families. (2026, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 PREMIERE Black Phone 2 Horror starring Ethan Hawke. The survivor of a serial killer tries to stay alive when the vengeful psychopath he thought he killed returns. (2025, 18, 114min) ★★★★
See review, page 22.
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Fuze** Thriller starring Aaron Taylor-Johnson and Theo James. (2026, 15, 97min) ★★★
1.30 AM **One Last Deal** Sports drama. (2026, 18, 89min)
3.10 **Sisu: Road to Revenge** Finnish action sequel. Partly subtitled. (2025, 15, 89min) ★★★★
4.55 **to 6.45** AM **The Plague** Thriller. (2025, 15) ★★★★

Sky Cinema American Pie

303 303 403 503 517

7.15 AM **American Pie 2** (2001)
9.15 **American Pie: The Wedding**
10.55 **American Reunion** (2012)
12.55 PM **American Pie** As 8.00pm.
2.35 **American Pie 2** As 9.40pm.
4.25 **American Pie: The Wedding**
6.05 **American Reunion** Comedy sequel starring Jason Biggs, Alyson Hannigan, Chris Klein and Tara Reid. The group of friends get together some 13 years after leaving high school. (2012, 15, 108min) ★★

6.05 American Reunion

8.00 American Pie Comedy starring Jason Biggs, Chris Klein and Natasha Lyonne. A group of teenage friends pledge to lose their virginity before the school prom – which is only three weeks away. (1999, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 American Pie 2 Teen comedy sequel starring Jason Biggs. Four friends rent a lakeside house for the summer, and one decides he needs some sexual experience before the visit of a sexy Czech exchange student. (2001, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **American Pie: The Wedding** Comedy sequel starring Jason Biggs and Alyson Hannigan. (2003, 15, 96min) ★
1.10 AM **American Reunion**
3.15 **American Pie** As 8.00pm.
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.30 AM **Amadeus** As 9.55pm.
10.15 **Plainclothes** As 12.45am.
12.00 NOON **Uproar** Comedy drama starring Minnie Driver and Rhys Darby. (2023, 12, 110min) ★★★
1.55 PM **The Post** Drama starring Meryl Streep and Tom Hanks. (2017, 12, 113min) ★★★★
3.55 **The End of the Affair** Romantic drama starring Deborah Kerr. (1955, PG, 106min) ★★
5.45 **A Good Person** Zach Braff's drama starring Florence Pugh. (2022, 15, 129min) ★★★★
8.00 **Lost in Translation** Romantic comedy drama starring Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a tender friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
9.55 **Amadeus** Peter Shaffer's historical drama starring F Murray Abraham and Tom Hulce. (1984, PG, 158min) ★★★★★
12.45 AM **Plainclothes** Drama with Tom Blyth. (2025, 15, 95min) ★★★
2.35 **Carmen & Lola** Drama starring Rosy Rodríguez and Zaira Romero. (2018, 18, 105min) ★★★
4.35 **to 6.40** AM **Black Dog** Chinese drama with Eddie Peng. Subtitled. (2024, 12, 110min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.05 AM **Man Finds Tape** Horror. (2025, 15, 84min) ★★★★
8.40 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
10.25 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
12.25 PM **Zombieland: Double Tap** Zombie comedy horror sequel. (2019, 15, 99min) ★★★
2.15 **28 Years Later** Horror sequel. (2025, 15, 115min) ★★★★
4.20 **Until Dawn** Horror starring Ella Rubin. (2025, 15, 99min) ★★★
6.05 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
8.00 **Van Helsing** Fantasy with Hugh Jackman and Kate Beckinsale. (2004, 12, 132min) ★★★
10.15 **Smile 2** Horror sequel starring Naomi Scott and Kyle Gallner. A pop sensation faces increasingly terrifying events, leading her down a dark path into her past. (2024, 18, 127min) ★★★★
12.25 AM **The Exorcist** Occult horror chiller starring Max von Sydow. (1973, 18, 121min) ★★★★★
2.30 **Until Dawn** As 4.20pm.
4.20 **Sky Cinema Preview**
4.55 **to 6.40** AM **It Feeds** Horror starring Shawn Ashmore. (2025, 15, 102min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.30 AM **Batteries Not Included** Fantasy. (1987, PG) ★★★★
8.25 **Bad Guys 2** (2025) ★★★★
10.15 **Gabby's Dollhouse: The Movie** Comedy. (2025, U, 99min)
12.00 NOON **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12) ★★
1.50 PM **Jumanji: The Next Level** Fantasy. (2019, 12) ★★★★
4.00 **Sonic the Hedgehog 3** Fantasy. (2024, PG) ★★★
6.00 **Peter Rabbit 2: The Runaway** Adventure. (2021, U) ★★★

7.40 The Lego Movie

7.40 The Lego Movie Animated comedy with the voices of Chris Pratt, Elizabeth Banks and Morgan Freeman. (2014, U, 100min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 The Lego Movie 2: The Second Part Animated adventure featuring the voice of Chris Pratt. When Emmet is plagued by a vision of an impending cataclysm, he and Lucy fight to protect their city. (2019, U, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Pets on a Train** Animation with the voice of Wyatt Bowen. (2025, PG, 87min) ★★★
12.45 AM **The Ant Bully** Animated adventure with the voices of Julia Roberts and Nicolas Cage. (2006, U, 89min) ★★★★
2.20 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
3.55 **Transformers One** Animated sci-fi fantasy adventure. (2024, PG, 104min) ★★★★
5.45 **to 7.20** AM **Pets on a Train**

Sky Cinema Action

306 306 407 507 521

6.15 AM **Reckless** (2026, 15)
7.55 **Safe House** As 2.20am.
9.35 **Red Right Hand** Thriller. (2023, 15, 111min) ★★★
11.35 **Bullet Train** Comedy thriller. (2022, 15, 127min) ★★★★
1.50 PM **The Running Man** Thriller. (2025, 15, 133min) ★★★
4.05 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
6.00 **The Italian Job** Crime thriller. (2003, 12, 110min) ★★★

6.00 The Italian Job

8.00 Transformers Sci-fi adventure starring Shia LaBeouf, Tyrese Gibson and Josh Duhamel. A geeky teenager finds himself caught up in a titanic struggle between good and evil robots who are battling to recover their life source. (2007, 12, 144min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 Morbius Comic-book adventure starring Jared Leto. A biochemist tries to cure himself of a rare blood disease, but he infects himself with a form of vampirism. (2022, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Enter the Dragon** Thriller. (1973, 18, 97min) ★★★★
2.20 **Safe House** Crime thriller. (2025, 15, 90min) ★★★
4.05 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
5.50 **to 7.25** AM **Love Hurts** Comedy. (2025, 15, 83min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.15 AM **Honey Don't!** As 2.45pm.
7.50 **Seven Psychopaths** Comedy. (2012, 15, 106min) ★★★★
9.45 **Spinal Tap II: The End Continues** (2025, 15) ★★★
11.15 **Billy Madison** (1995, PG) ★★
12.55 PM **Bridget Jones: The Edge of Reason** (2004, 15) ★★★
2.45 **Honey Don't!** (2025, 15) ★★★
4.20 **Caddyshack** Slapstick comedy. (1980, 15, 95min) ★★★
6.10 **Mean Machine** Sports drama. (2001, 15, 99min) ★★

6.10 Mean Machine

8.00 Mean Girls Teen comedy starring Lindsay Lohan as a 15-year-old girl who moves from Africa to America and finds that she must learn a new law of the jungle when she enrols in a high school. (2004, 12, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Bridget Jones's Baby Comedy sequel starring Renée Zellweger and Colin Firth. After a pair of one-night stands, the now single Bridget Jones winds up pregnant. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Just Go With It** Romantic comedy. (2011, 12, 117min) ★
1.45 AM **Sausage Party** Animation. (2016, 15, 89min) ★★★
3.30 **Dumb and Dumberer: When Harry Met Lloyd** Comedy prequel. (2003, 12, 85min) ★
5.10 **to 7.00** AM **Gremlins 2: The New Batch** Horror sequel. (1990, 12, 107min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.30 AM **Parallel** Fantasy thriller. (2024, 15, 88min) ★★★★
8.10 **Promising Young Woman** Thriller. (2020, 15) ★★★★
10.10 **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
12.10 PM **Trap** (2024, 15) ★★★★
2.05 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
4.05 **No Country for Old Men** Thriller. (2007, 15) ★★★★
6.15 **Cellular** Crime thriller. (2004, 15, 94min) ★★★

6.15 Cellular

8.00 The Equalizer Action thriller starring Denzel Washington, Chloë Grace Moretz and Marton Csokas. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (2014, 15, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 The Equalizer 2 Action thriller starring Denzel Washington and Pedro Pascal. When a CIA friend is killed, vigilante Robert McCall sets out to avenge her death. (2018, 15, 121 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Caught Stealing** Comedy thriller starring Austin Butler. (2025, 15, 107min) ★★★★
2.20 **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
4.25 **to 6.30** AM **Sharp Corner** Thriller starring Ben Foster. (2024, 15, 110min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Admirable Crichton** Comedy. (1957, U) ★★★
12.55 PM **The Frogmen** Adventure. (1951, b/w, U, 96min) ★★★
2.50 **The Man from Colorado** Western starring Glenn Ford. (1948, PG, 99min) ★★★
4.50 **Anzio** World War Two drama. (1967, PG, 117min) ★★★
7.10 **The Old Man & the Gun** Fact-based crime drama. (2018, 12, 93min) ★★★★

9.00 Terminator: Dark Fate

The Old Man & the Gun (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 Terminator: Dark Fate Sci-fi adventure starring Arnold Schwarzenegger and Linda Hamilton. Sarah Connor must stop an advanced liquid Terminator from hunting down a girl, whose fate is critical to the human race. (2019, 15, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.30 **New Life** Horror starring Hayley Erin and Sonya Walger. A mysterious woman on the run and the determined agent tasked to track her down have their stories inexplicably linked. (2023, 15, 100min) ★★★★
1.10 **to 3.20** AM **Hotel Splendide** Offbeat black comedy starring Toni Collette and Daniel Craig. (1999, 15, 98min) ★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Directors

302 302 402 502 516

7.00 AM **Days of Thunder** Drama. (1990, 15, 107min) ★★★
9.00 **Justice League** As 10.15pm.
11.05 **Superman** As 8.00pm.
1.15 PM **Wonder Woman** (2017)
3.40 **Batman** Fantasy adventure. (1989, 15, 121min) ★★★★
5.50 **Batman Returns** Comic-book adventure sequel with Michael Keaton and Danny DeVito. (1992, 12, 121min) ★★★★

8.00 **Superman** Fantasy adventure starring David Corenswet. One of the last survivors of the planet Krypton tries to protect Earth from evil genius Lex Luthor. (2025, 12, 129min) ★★★★
10.15 **Justice League** Adventure starring Ben Affleck, Gal Gadot and Henry Cavill. Bruce Wayne enlists the help of Wonder Woman, Aquaman, Cyborg and The Flash in the fight against supervillain Steppenwolf. (2017, 12, 120min) ★★

12.20 AM **Wonder Woman** Fantasy adventure starring Gal Gadot. (2017, 12, 121min) ★★★★
2.45 **A League of Their Own** Comedy starring Tom Hanks. (1992, PG, 124min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

307 307 404 504 518

7.00 AM **Smokey and the Bandit**
8.45 **The Natural** As 4.30am.
11.10 **See No Evil, Hear No Evil** Comedy starring Gene Wilder. (1989, 15, 107min) ★★★
12.55 PM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
2.40 **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
4.40 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★

6.30 **Ace Ventura Pet Detective** Hit comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey and Ian McNeice. (1995, PG, 89min) ★★★
9.40 **The Wedding Singer** Comedy starring Adam Sandler. A waitress saves a singer from despair after he is jilted at the altar. (1998, 12, 97min) ★★★★
11.20 **National Lampoon's Vacation** Comedy. (1983, 15, 95min) ★★

1.05 AM **Planes, Trains and Automobiles** Comedy drama. (1987, 15, 92min) ★★★★★
2.50 **Smokey and the Bandit** Action comedy starring Burt Reynolds. (1977, PG, 96min) ★★★
4.30 **to 6.50** AM **The Natural** Drama. (1984, PG, 137min) ★★★

Disney+ Cinema

305 305

6.00 AM **Monsters, Inc** As 2.00pm.
7.40 **Cars 2** Animated comedy sequel. (2011, U, 102min) ★★★
9.25 **Alice in Wonderland** Animation. (1951, U, 75min) ★★★★
10.45 **Hercules** Animated musical. (1997, U, 92min) ★★★★
12.25 PM **Beverly Hills Chihuahua** Comedy. (2008, U, 91min) ★★
2.00 **Monsters, Inc** Animated comedy. (2001, U, 95min) ★★★★★

3.35 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
6.00 **Big Hero 6** Animated adventure with the voice of Ryan Potter. (2014, PG, 102min) ★★★★
7.45 **Inspector Gadget** Adventure starring Matthew Broderick. (1999, U, 77min) ★★★
9.00 **Solo: A Star Wars Story** Sci-fi action adventure prequel starring Alden Ehrenreich. (2018, 12, 135min) ★★★★

11.15 **Conan the Barbarian** Action fantasy. (1981, 15, 129min) ★★★
1.25 AM **Flightplan** Mystery thriller. (2005, 12, 98min) ★★★★
3.05 **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★
4.35 **to 6.00** AM **The Many Adventures of Winnie the Pooh**

Movies 24

312 313 419

7.00 AM **Home Turf** Romantic comedy. (2025, PG, 84min) ★★
9.00 **Branching Out** Romantic drama. (2024, PG, 90min) ★★
11.00 **Sugarplummed** Romantic drama. (2024, PG, 90min) ★★
1.00 PM **The Finnish Line** Romantic comedy. (2024, PG, 84min) ★★
3.00 **Eat, Love, London** Romantic drama starring Georgia May Foote. (2024, PG, 90min) ★★

5.00 **Mountain Rescue Romance** Comedy with Ashley Newbrough. (2023, PG, 84min) ★★
7.00 **The Dancing Detective: A Deadly Tango** Murder mystery starring Lacey Chabert and Will Kemp. (2023, PG, 84min) ★★
9.00 **The Greek Aisle** Romantic drama starring Nikki DeLoach and Apostolis Totsikas. A woman travels to Corfu to finalise an inheritance, but the will requires her to marry her co-inheritor. (2026, PG, 90min) ★★

11.00 **Fourth Down and Love** Drama. (2023, PG, 90min) ★★
1.00 AM **Royal-Ish** Romantic drama. (2025, PG, 84min) ★★
3.00 **to 5.00** AM **Mystery Island: Winner Takes All** (2025) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Lancashire Luck** Comedy. (1937, b/w, PG, 74min) ★★
7.30 **There Is Another Sun** Drama. (1951, b/w, PG, 95min) ★★
9.25 **Rogue's Yarn** (1957, b/w, PG) ★★
11.00 **The Lucy Show** 2/22. (S5)
11.30 **Star Performance** (S1)
12.00 NOON **Sergeant Cork** 5/6. (S4)
1.05 PM **Edgar Wallace Mystery Theatre** 6/9. Drama. (S4)
2.15 **The Adventures of Robin Hood**

2.45 **Train of Events** Comedy drama. (1949, b/w, PG, 85min) ★★★
4.30 **The Cheaters** 4/27. (S2)
5.00 **A Family at War** 7/13. (S1)
6.00 **Hannay** 1/7. (S2)
7.00 **Z Cars** 21/42. (S3)
8.00 **Public Eye** 7/13. (S5)
9.05 **Time Lock** Suspense drama. (1957, b/w, PG, 73min) ★★
10.35 **Cellar Club with Caroline Munro**
10.40 **The Omega Factor** 9/10. (S1)
11.40 **Cellar Club with Caroline Munro**
11.45 **Cathy's Curse** Horror with Alan Scarfe. (1977, 18, 82min) ★★

1.25 AM **Cellar Club with Caroline...**
1.30 **Horrors of the Black Museum** Horror. (1959, 15, 81min) ★★
3.10 **Mites and Monsters** Short film.
3.30 **The Vise** 5/39. (S1)
4.00 **The Footage Detectives**
5.00 **to 6.00** AM **Remembering John Gregson**

Friday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 LIVE **Golf** Coverage of the first day of the R&A Men's Amateur Championship staged at Royal Liverpool and West Lancashire.
10.15 LIVE **Test Cricket England v New Zealand.** Coverage of day three of the second Test in the three-match series held at the Kia Oval in London. These two teams haven't met at this venue since August 1999 when the visitors won the final Test in a four-match series. New Zealand won the game by 83 runs after setting England 246 to win, as the Kiwis claimed a 2-1 series victory after losing the first match by seven wickets.
6.30 PM LIVE **US Open Golf** Coverage of the second day's play of the 126th staging of the Major held this year at Shinnecock Hills Golf Club in Southampton, New York. American JJ Spaun won this event last year after he finished on one-under-par, two strokes ahead of nearest challenger Robert MacIntyre.
1.00 **to 6.00** AM **World Cup Report**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Review**
9.00 **FNF** Highlights from Bournemouth v Manchester United.
9.30 **Premier League Highlights**
10.00 **SNF** Recent action.
11.00 **Premier League Highlights**
12.30 PM **FNF** West Ham United v Wolverhampton Wanderers.
1.00 **Premier League Highlights** Action from Brentford v Everton. **1.30** Highlights from Burnley v Brighton & Hove Albion. **2.00** Highlights from Crystal Palace v Newcastle United. **2.30** Nottingham Forest v Aston Villa held at the City Ground.
3.00 **SNF** Liverpool v Fulham.
3.30 **Premier League Highlights** Sunderland v Tottenham Hotspur.
4.30 **MNF Hlts** Action from Manchester United v Leeds United.
5.00 **Premier League Review**
7.00 **Premier League Stories** Julian Dicks reflects on his career.
7.30 **Netbusters** Recent action.
9.00 **Premier League Review**
12.00 M'T **Premier League Years**
2.00 AM **PL Retro** Portsmouth v Southampton from 2005.
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **There's Only One Sauzee**
8.30 **Dundee United: Champions 83** Dundee United's title triumph.
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2022/23**
11.30 **EFL Trophy** Action from Bolton Wanderers v Plymouth Argyle.
12.00 NOON **EFL** The 14/15 play-offs.
3.00 PM **EFL Greatest Games**
4.00 **EFL Cup Retro** Manchester City v Sunderland in the 2014 final.
6.00 **EFL Cup Retro** Arsenal v Manchester City in the 2018 final.
8.00 **1983: When Aberdeen Ruled Europe** The story of the greatest year in the history of Aberdeen.
9.00 **EFL Greatest Games** Ipswich Town v Sheffield Wednesday from the 2017/18 season. **9.15** Queens Park Rangers v Brentford from 2017.
9.30 **Championship Season Review**
11.00 **Best Goals: EFL Cup 23/24**
11.30 **EFL Trophy** The 2023/24 final.
12.00 M'T **Championship Retro**
2.45 AM **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Best Scottish Premiership Goals 2021/22**
5.30 **to 6.00** AM **SPFL**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket**
7.00 **ICC Women's World Cup**
8.00 **Test Cricket** England v N Zealand.
9.00 **Women's T20 World Cup**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v New Zealand.** The third day of the second Test held at the Kia Oval in London.
7.00 PM LIVE **Women's T20 Cricket World Cup Ireland v New Zealand.** The Group B match staged at the Utilita Bowl in Southampton.
10.00 **Test Cricket** England v New Zealand at The Kia Oval, London.
11.00 **The Film Room: England v New Zealand** From 1999.
11.30 **Women's T20 World Cup**
12.00 M'T **Test Cricket Bitesize**
12.15 AM **Women's T20 World Cup**
12.45 **Test Cricket** England v N Zealand.
1.45 **Women's T20 World Cup**
2.15 **Test Cricket Bitesize**
2.30 **Women's T20 World Cup**
3.00 **Test Cricket** England v N Zealand.
4.00 **Women's T20 World Cup**
4.30 **Test Cricket Bitesize**
4.45 **Women's T20 World Cup**
5.15 **Test Cricket Bitesize**
5.30 **to 6.00** AM **T20 World Cup**

Sky Sports Golf

406 406 506 423 443

6.00 AM **US Open Golf**
7.00 **Legends Tour Golf**
8.00 LIVE **Golf** Coverage of the first day of the R&A Men's Amateur Championship from Royal Liverpool and West Lancashire. America's Ethan Fang won this event last year as he became the first American player to win the title since Drew Weaver in 2007.
12.30 PM LIVE **US Open Golf** Coverage of day two of the 126th staging of the Major at Shinnecock Hills Golf Club in Southampton, New York. American JJ Spaun won this event last year after he finished on one-under-par, two strokes ahead of nearest challenger Robert MacIntyre.
1.00 AM **Rose Ladies Series**
1.30 **US Open Official Films**
2.30 **US Open Golf** The second day.
3.30 **US Open Official Films**
4.30 **US Open Golf** Highlights.
5.30 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage from the ATP Halle Open and the WTA Berlin Open, both of which are grass-court tournaments held in Germany.
6.30 PM **WTA & ATP Tennis**
8.00 **WTA & ATP Tennis** The ATP Halle Open and WTA Berlin Open.
12.00 M'T **ATP & WTA Tour Classics**
2.00 AM **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Cycling** Highlights.
9.00 LIVE **Women's Cycling** Stage three of the Tour of Switzerland.
12.00 NOON LIVE **Men's Cycling Pro Series** Coverage of stage three of the Tour of Slovenia.
2.00 PM **The Cycling Show**
2.30 LIVE **Men's Cycling** Stage three of the Tour of Switzerland.
5.30 LIVE **UCI Mountain Bike World Series** The men's men's elite cross-country short track race in Lenzerheide, Switzerland.
6.45 **TNT Sports Cricket Reload**
7.00 LIVE **MLB Chicago Cubs v Toronto Blue Jays.** The inter-league match at Wrigley Field. Start-time **7.20pm**.
10.00 **MLB Plays of the Week**
10.30 **MotoGP** Grand Prix of Czechia.
11.00 **Premier League Stories**
11.30 **TNT Sports Reload**
12.00 M'T **International T20 Cricket**
1.00 AM LIVE **MLB Houston Astros v Cleveland Guardians.** Coverage of the American League match held at Daikin Park. Start-time **1.10am**.
4.00 **MLB Highlights**
5.00 **to 6.00** AM **PREM Rugby Cup**

TNT Sports 2

411 414 522 409 431

6.00 AM **The Breakdown**
6.30 **Fishing: On the Bank**
7.30 **It's a Numbers Game**
8.00 LIVE **MotoGP** Coverage of the Grand Prix of Czechia first free practice session at Masaryk Circuit.
10.45 **FIA World Endurance Championship Highlights**
11.45 **It's A Numbers Game**
12.15 PM LIVE **MotoGP** Coverage of the Grand Prix of Czechia practice session from Masaryk Circuit.
3.15 **MotoGP Rewind**
3.30 **World Superbike Highlights**
4.30 LIVE **UCI Mountain Bike World Series** Coverage of the elite cross-country short track races in Lenzerheide, Switzerland.
6.45 **World Superbike Rewind**
7.00 **MotoGP** GP of Czech Republic.
7.30 **AFL** Gold Coast Suns v Hawthorn.
9.00 **Women's Cycling**
10.00 **Men's Cycling** Action from stage three of the Tour of Switzerland.
11.00 **Men's Cycling Pro Series**
12.00 M'T **UCI Mountain Bike World Series** From Switzerland.
1.00 AM **Women's Cycling Pro Series**
2.00 **MotoGP** Grand Prix of Czechia.
2.30 **Cycling** News and highlights.
5.00 **to 6.00** AM **Men's Cycling**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
9.00 **NBA Basketball** Los Angeles Lakers v Oklahoma City Thunder.
11.00 **State of Origin Rugby League**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Philadelphia Eagles v Los Angeles Rams.
4.00 **Super League Highlights**
4.45 **State of Origin Rugby League**
5.00 **NBA on Fire** The latest news.
5.30 **NBA Basketball** Golden State Warriors v Los Angeles Clippers.
7.30 LIVE **Super League Hull Kingston Rovers v Leigh Leopards.** Coverage of the match in the 15th round of fixtures staged at Sewell Group Craven Park Stadium. Kick-off **8.00pm**.
10.15 **NFL Bitesize Highlights** Action from Seattle Seahawks v San Francisco 49ers at Lumen Field. **10.30** Highlights of New England Patriots v Pittsburgh Steelers. **10.45** Action from San Francisco 49ers v Seattle Seahawks.
11.00 **NFL Highlights**
1.00 AM **Women's Super League**
1.30 **World Club Challenge**
1.45 **Super League Highlights**
5.00 **Women's Super League**
5.15 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 **Formula 1** Highlights.
10.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the WTA and ATP Tours.
6.30 PM **World Cup Matchday**
7.00 **World Cup Show**
7.30 LIVE **Super League Hull Kingston Rovers v Leigh Leopards.** Coverage of the match in the 15th round of fixtures staged at Sewell Group Craven Park Stadium. Kick-off **8.00pm**.
10.15 **World Cup Report** A round-up of all the day's World Cup news.
12.00 M'T **EFL Greatest Games** Charlton Athletic v Doncaster Rovers from the 2018/19 season. **12.15** AM Coventry City v Fulham from the 2021/22 season. **12.30** Blackburn Rovers v Fulham from the 2021/22 season. **12.45** Charlton Athletic v Sunderland in the 1997/98 First Division play-off final.
1.00 **WTA & ATP Tennis**
3.00 **Super League** Hull Kingston Rovers v Leigh Leopards.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **Test Cricket** Highlights.
7.00 **US Open Golf** The first day.
8.00 LIVE **Golf** Coverage of the first day of the R&A Men's Amateur Championship from Royal Liverpool and West Lancashire.
4.30 PM **Rose Ladies Series**
5.00 **Women's ICC T20 World Cup**
6.00 LIVE **Women's T20 Cricket World Cup Ireland v New Zealand.** The Group B match staged at the Utilita Bowl in Southampton.
10.00 **State of Origin Rugby League**
11.00 **One Championship Weekly**
11.30 **PL Greatest Games**
12.00 M'T **Premier League Darts** The 12th night at M&S Bank Arena.
4.00 AM **PL Greatest Games**
5.00 **to 6.00** AM **Super League Highlights**

TNT Sports 3

413 415 523 410 432

6.00 AM **Cricket Highlights**
8.45 LIVE **International T20 Cricket Bangladesh v Australia.** Coverage of the second T20 in the three-match series in Chittagong.
12.45 PM **One-Day International Cricket** India v Afghanistan.
1.45 **TNT Sports Cricket Reload**
2.15 **Premier League Review**
3.15 **UEFA Europa League Goals**
3.30 LIVE **Women's Cycling Pro Series** Coverage of the opening stage of the Tour of Catalunya.
5.30 **Premier League Stories**
6.00 LIVE **Longines League of Nations** Coverage of the qualifier event in Kralingse Bos, Rotterdam.
8.00 **UEFA Champions League Goals**
8.15 **Miracle of Istanbul**
9.15 **UFC** UFC Freedom 250.
12.15 AM **Premier League**
3.45 **UEFA Conference League**
4.00 **to 7.00** AM LIVE **AFL Adelaide Crows v Melbourne.**

TNT Sports 4

414 416 524 411 434

6.00 AM **TNT Sports Reload**
6.15 **Supercars Championship**
8.15 LIVE **V8 Supercars** Coverage of the Darwin Triple Crown.
9.30 LIVE **Formula E** Sanya ePrix.
10.30 LIVE **AFL Gold Coast Suns v Hawthorn.**
1.30 PM **MLB Highlights**
3.00 **TNT Sports Reload**
3.15 **World Rally Raid Championship**
4.15 LIVE **Fencing** From France.
6.30 LIVE **Climbing** From Innsbruck.
8.45 **Mass Participation World**
9.45 **TNT Sports Cricket Reload**
10.00 **Tom Daley: 1.6 Seconds**
11.30 **World Superbike Highlights**
12.30 AM **FIA World Endurance Championship Highlights**
1.30 LIVE **Formula E** Sanya ePrix.
2.15 **Endurance Uncovered**
2.45 **TNT Sports Reload**
3.00 **MotoGP** Grand Prix of Czechia.
3.30 LIVE **Formula E** Sanya ePrix.
5.15 **to 6.00** AM **Highlights**

Premier Sports 1

419 APP 528

6.00 AM **United Rugby Championship** Leinster v Lions.
8.00 **Sporting Countdowns**
8.30 **Swedish Speedway**
10.30 **Sporting Countdowns**
11.00 **Premier Sports Cup**
1.00 PM **NASCAR Highlights**
2.00 **Mass Participation**
2.30 **Top 14 Rugby Union** Action from two play-off matches.
6.25 **NASCAR Highlights** Action from the Great American Getaway 400.
7.25 **Champions Cup Show** A look back at this year's final.
7.55 LIVE **Top 14 Rugby Union** Coverage of the first semi-final.
10.30 **Sporting Greats**
11.00 **Challenge Cup** A chance to see Montpellier v Ulster in the final.
1.00 AM **Top 14 Rugby Union** Action from the first semi-final.
3.00 **World of FreeSports**
3.30 **KOTV Weekly** Boxing news.
4.00 **NASCAR Highlights**
5.00 **to 6.00** AM **Motorsport**

Premier Sports 2

420 APP 529

6.00 AM **NASCAR O'Reilly Series** Action from Pocono Raceway.
9.00 **Temples of Sport** A look at a selection of iconic sporting venues from around the globe.
10.00 **Coppa Italia** Another chance to see Lazio v Inter Milan in the final.
12.00 NOON **Scottish Cup Football** Another chance to see Celtic v Dunfermline Athletic in the final.
2.00 PM **Football's Greatest** The finest players in history discuss their careers.
3.00 **Motorsport** Drew Gibson.
4.00 **LaLiga** The LaLiga game between Barcelona and Real Madrid.
6.00 **Abu Dhabi T10 Cricket** Action from the Qualifier Two play-off at Zayed Cricket Stadium. **8.00** Highlights from the final staged at Zayed Cricket Stadium.
11.00 PM **to 6.00** AM **Test Cricket** Another chance to see the fourth day of the first Test between Bangladesh and Pakistan.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
9.00 **Eifel F1 GP Highlights**
10.00 **Formula 3 Championship**
12.00 NOON **Formula 2 Championship**
2.20 PM **Charles Leclerc IV3**
2.30 **Ted's Notebook**
3.00 **Formula 1** Highlights.
5.15 **Ted's Notebook**
5.45 **Golf with Sergio Perez**
6.00 **Formula 1** Action from the Barcelona-Catalunya Grand Prix.
7.00 **British Kart Championships**
8.00 **Indycar** The Bommarito Automotive Group 500.
9.00 LIVE **Indycar** Coverage of the Xpel Grand Prix at Road America first practice session from Elkhart Lake, Wisconsin.
10.30 **Formula 1** A chance to see the Barcelona-Catalunya Grand Prix.
12.45 AM **Naomi Hot Laps with Kimi Antonelli** The Miami circuit.
1.00 **F1 Explained**
2.00 **The Best of F1** Highlights.
5.00 **to 6.00** AM **F1 Explained**

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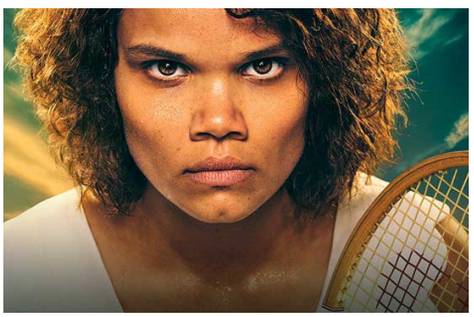
Next week *On sale Tuesday 16 June*

The Agency

Michael Fassbender returns for a second run of Paramount+'s spy drama as CIA agent Martian, who finds himself increasingly torn over where his loyalties lie.



Goolagong

BBC4's biopic explores the life and career of tennis champion Evonne Goolagong (Lila McGuire) and highlights the challenges she faced in making it to the top.

House of the Dragon

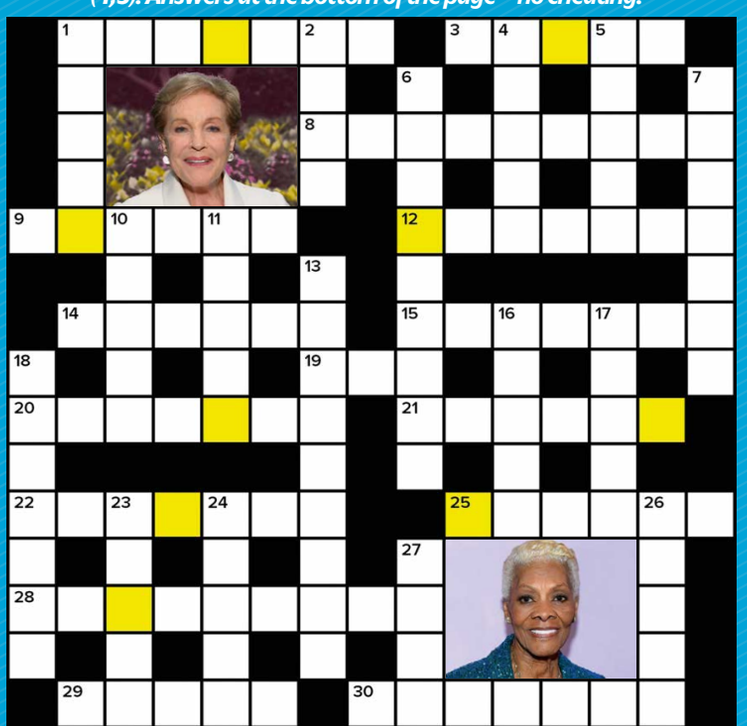
Lives are set to change for ever as war brings carnage to Westeros in a third outing for HBO Max and Sky Atlantic's *Game of Thrones* prequel.

The Bear

The fifth and final series of Disney+'s comedy drama follows the fallout after Carmy (Jeremy Allen White) revealed that he was leaving the restaurant behind.

Crossword

Solve the clues in our just-for-fun crossword puzzle and rearrange the shaded squares so the letters spell out the name of a British comedian (4,5). Answers at the bottom of the page – no cheating!



ACROSS

1 Played Marcus Brody in two Indiana Jones films, ------- Elliott (7)
3 ----- *Movie*, 2000 Wayans brothers comedy film (5)
8 Presenter and consumer journalist (5,4)
9 BBC daytime show, ------ *to the Country* (6)
12 Adam -------, US singer who has sung with Queen (7)
14 See picture clue: Soul singer, ------ Warwick (6)
15 Sir Michael Caine film from 1965, *The* ------- *File* (7)
19 1997 movie starring Ray Winstone, --- *by Mouth* (3)
20 Rock group with singer Gwen Stefani (2,5)
21 Star of 2019 film *Captain Marvel*, Brie ------ (6)
22 Played Thomas Cromwell in period drama *Wolf Hall*, Sir Mark ------- (7)
25 *Ready* ------ *One*, 2018 Steven Spielberg movie (6)
28 Stand-up comedian and actor, Jack --------- (9)
29 ----- Turner, plays Stacey in *EastEnders* (5)
30 ABBA song featured in 2008 film *Mamma Mia!*, Super ------- (7)

DOWN

1 ----- Leary, voiced Diego in the Ice Age films (5)
2 Old BBC Jack Dee sitcom, ---- *Balloon* (4)
4 1960s supergroup with Jack Bruce, Eric Clapton and Ginger Baker (5)
5 Simon -----, presenter of travel documentaries (5)
6 Netflix movie with Glenn Close, --------- *Elegy* (9)
7 C4 cookery show, *The Great* ------- *Bake Off* (7)
10 Beyoncé's former group, Destiny's ----- (5)
11 Animated TV penguin (5)
13 *An Officer and a* ---------, 1983 Richard Gere film (9)
16 British weather presenter, ----- Kirkwood (5)
17 ----- *and Ivory*, 1982 hit by Sir Paul McCartney and Stevie Wonder (5)
18 See picture clue: Dame Julie -------, *The Sound of Music* star (7)
23 Former *Holby City* actor, ----- Rouass (5)
24 Meg Richardson in soap *Crossroads*, ----- Gordon (5)
26 Gavin -----, former host of *Newsnight* (5)
27 Damon Albarn's band (4)

CROSSWORD SOLUTION
ANSWER: Paul Sinha **ACROSS:** 1 Denholm 3 Scary 8 Alice Beer 9 Escape 12 Lambert 14 Dionne 15 Ipcress 19 Nil 20 No Doubt 21 Larson 22 Rylance 25 Player 28 Whitehall 29 Lacey 30 Trouper
DOWN: 1 Denis 2 Lead 4 Cream 5 Reeve 6 Hillbilly 7 British 10 Child 11 Pingu 13 Gentleman 16 Carol 17 Ebony 18 Andrews 23 Laila 24 Noele 26 Esler 27 Blur

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Coming soon

Glenn Close as Maud

FIRST LOOK

Up to No Good

Glenn Close plays a homicidal pensioner in a blackly comic drama

Murder and mystery are at the heart of C4's wry upcoming drama *Up to No Good*, starring Glenn Close.

Based on Helene Tursten's short story collections *An Elderly Lady Is up to No Good* and *An Elderly Lady Must Not Be Crossed*, the six-part series, which has been filmed in London and penned by playwrights Nina and Moses Raine, sees the Hollywood legend portray grouchy secret killer Maud Oldcastle, who has spent her life caring for her sister Charlotte (Dame Penelope Wilton) and now wants to grab a last chance at happiness.

RECKONING

But when shrewd detective Hannah (Claudia Jessie) starts looking into a death that has taken place in Maud's building, suspicions quickly mount and the sinister OAP must face up to what she has done in both the past and the present.

Richard E. Grant, Gloria Obianyo, Anita Dobson, Ben Crompton and Dame Meera Syal also appear, along with Peter Egan, Tanya Reynolds, Mathew Baynton, Iain Glen, Raphaël Acloque, Nadia Albina, Louisa Binder, Meg Bellamy and Madeleine Mantock.

'I am honoured to bring this highly original series to life,' says Close. 'Nina and Moses Raine are deliciously brilliant writers and Maud Oldcastle is not like any character I have played before. I am thrilled to be a part of such a stellar team.'

Legal dramas to look forward to

The Split Up

Dimitri Leonidas, Sanjeev Bhaskar and Ritu Arya star in BBC1's spin-off from *The Split*, which follows a family-run legal firm.

Saviour

In ITV1's drama, Anjli Mohindra plays a criminal defence solicitor aiding a young man (Archie Fisher) accused of murder.

War

Rival lawyers do battle over the divorce of a tech guru (Dominic West) and his actor wife (Sienna Miller) in Sky's courtroom saga.

WHAT'S NEXT FOR...

Bill Bailey

C4's four-part competition **Ingenious** will see the comedian host the hunt for Britain's best home inventor, as contestants take part in a range of challenges to test their skills at devising quirky but useful contraptions.

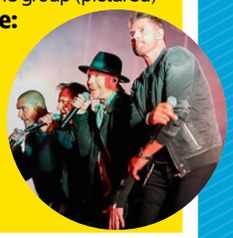
Amy Gledhill

The comedian will write and star in BBC1's six-part Manchester-set sitcom **Opening Up**, about Penny and her partner Rhys who try to save their long-term relationship by sleeping with other people, but disaster ensues.

Coming Back

Alan Carr and Susie Dent (both pictured) will oversee proceedings on a second seven-part run of C4's contest **Secret Genius**, in which ordinary people with incredible brainpower compete in a variety of intelligence-based tasks.

In a follow-up to the documentary *Boyzone: No Matter What*, cameras will now shadow the group (pictured) for Sky's **Boyzone: One for the Road**, as they get ready to reunite for their two final gigs at London's Emirates Stadium.



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